

The image features a close-up of several dried, pressed leaves against a textured, warm-toned background. The leaves are translucent, showing their intricate vein patterns and some dark spots, possibly from insect damage or natural decay. The colors range from pale yellow to deep green. The background has a mottled, painterly texture with shades of cream, gold, and light brown.

PACIFICA
GRADUATE INSTITUTE

2015–2016 COURSE CATALOG

Psy.D. in Clinical Psychology

Pacifica Graduate Institute is an accredited, employee-owned graduate school dedicated to excellence in education. The Institute's programs in psychology, the humanities, and mythological studies are informed by the rich tradition of depth psychology.

Depth psychology calls attention to the importance of what lies beneath the surface of conscious awareness. That vital importance is clearly revealed in the arts and literature of every culture, as well as through the dreams and collective symptoms of individuals and societies.

At Pacifica, leading scholars have developed a cutting-edge curriculum that meets the complex needs of a diverse student body. Educational formats include three- and four-day monthly learning sessions, and blended distance learning, low-residency degree programs.

The Institute's two campuses lie between the Pacific Ocean and Santa Ynez Mountains, a few miles south of Santa Barbara, California. Tranquil and beautiful, they form ideal settings for contemplation and study.

Pacifica was born during the cultural upheaval of the early 1970s—a time when existing paradigms were questioned and new ones came into being. That sense of innovation, coupled with an abiding respect for the power of ideas, has remained central to the Institute's culture and curriculum.

Pacifica is accredited by the Western Association of Schools and Colleges (WASC). For gainful employment information, visit pacifica.edu/gainfulemployment

The information in this catalog is as accurate as possible at the time of publication; however, the Institute reserves the right to make changes during the life of this catalog.

Doctoral Programs in Clinical Psychology

Pacifica Graduate Institute's Clinical Psychology Programs have been designed to engage students' intellectual and relational capacities in addition to inviting them toward a transformative relationship with themselves and the world. The programs offer training within both the human sciences and natural sciences paradigms, including broad and general foundational courses in psychology as well as courses that draw on areas outside of psychology such as humanities, philosophy, anthropology, cultural studies, and medicine.

The programs' foundational courses provide training in areas of psychology required for licensure as a clinical (health service) psychologist, including social, affective, cognitive and biological bases of behavior, assessment, ethics, and research. These courses are taught by faculty who actively bridge prevailing and depth psychological approaches in their scholarship and practice. Students also gain direct experience in advanced clinical and research training specific to depth psychological traditions. Depth psychology, found in multiple cultural contexts and perspectives, often includes the systematic explorations of S. Freud, C.G. Jung, and those who followed their exploration into the significance of the unconscious and relational phenomena in human experience. The programs' depth orientation is infused throughout the curriculum and includes the student of recent scholars of relational psychoanalysis, archetypal psychology, phenomenology, social constructivism, post-colonial and feminist approaches, and other recent developments related to psychoanalytic and Jungian practices.



Psy.D. in Clinical Psychology

WITH EMPHASIS IN DEPTH PSYCHOLOGY

Following a practitioner-scholar model of training, this program represents Pacifica's commitment to grounding the principles of depth psychology in clinical practice within community settings.

The Psy.D. Program's mission is to prepare clinical (health service) psychologists to apply foundational as well as depth psychological knowledge and skills within diverse inter-professional practice settings. It is designed to produce clinical psychologists who are skilled in a broad range of clinical work, including psychotherapy, assessment, supervision, and consultation, as well as integrative approaches to health, informed and enriched by depth psychological perspectives. Pacifica trains students to achieve a successful integration of broad and general knowledge in clinical psychology, including core clinical skills, with personal experience of the unconscious and relational factors, which motivate individual and collective behavior.

Although the program is relatively new, it is rooted in the in clinical psychology program offered by Pacifica since the late 1980s. Thus, the program bridges the rich history of teaching depth psychology with the contemporary world of clinical psychology. This practical integration emphasizes depth psychological perspectives within current areas of psychological studies such as: relational approaches and attachment; evidence-based practices; integrative assessment; interpersonal neurobiology and biopsychosocial approaches to integrative health care; community-based practice approaches; and mental health public policy.

The curriculum reflects a commitment to bringing compassionate and socially responsible scholarship and values to the important questions posed by applied clinical psychology, including emphases on the unconscious determinants of behavior. The program offers courses that provide foundational knowledge in psychology as well as those that focus on depth

psychological treatments, community mental health, diversity, and indigenous perspectives in psychology.

The Psy.D. program includes four years of coursework designed to teach increasingly complex, sequential, competency-based and integrative content, which serves as the building blocks of professional competence in clinical psychology. The first two years include emphasis on knowledge and practice skills in such core topics as psychopathology, diagnosis, psychological testing and assessment, ethics, and research, including depth psychology approaches in these areas. We also offer training in integrative approach to health, treatment of trauma, indigenous approaches to mental health, gender and sexuality, treatment of substance abuse disorders and cultural diversity. The third and fourth years include increasing focus on advanced psychotherapy skills, with particular focus on psychodynamic, brief psychodynamic, Jungian, and psychoanalytic approaches.

The Dissertation is embedded within the curriculum, which is designed to help students complete their degree in a timely way and be competitive for pre-doctoral internships.

Pacifica's Psy.D. program offers a uniquely integrative and depth-focused education, which carefully preserves the importance of the role of unconscious life not only in clinical practice but also within larger community structures, while ensuring a solid education critical to a successful career as a clinical psychologist working in diverse inter-professional settings.

Degree Programs and Academic Formats

CURRICULUM OVERVIEW

Clinical Psychology Psy.D. classes take place in four-day sessions (Thursday evening through Sunday afternoon) once each month during fall, winter, and spring. Between learning sessions, study and instruction continues through individual mentorship from faculty, web-enhanced learning, and cohort support groups.

First Year

Practicum Seminars

Professional Development Seminar I, II, III
– CY 755, CY 756, CY 757, 1 Unit each

Clinical Practice Courses

Cognitive and Intellectual Assessment – CY 930, 3 Units
Objective Personality Assessment – CY 931, 3 Units
Advanced Psychopathology I – CY 730, 2 Units
Legal, Ethical, & Professional Practice – CY 832, 2 Units

Depth Psychology Courses

Introduction to Depth Psychology and the Human Science Traditions
– CY 819, 2 Units
Jungian-Based Psychotherapy I – CY 810, 2 Units

Research and Scholarly Inquiry

Statistics and Quantitative Research Designs and Methods I
– CY 950, 3 Units
Statistics and Quantitative Research Designs and Methods II
– CY 951, 3 Units
Theories of Psychometric Measurement – CY 933, 3 Units

Annual Assessment

1st Year Assessment for Program Advancement – CY 758, 0 Units

Second Year

Practicum Seminars

Assessment Practicum Seminar I, II, III
– CY 759, CY 760, CY 761, 1 Unit each

Clinical Practice Courses

Projective Personality Assessment – CY 938, 2 Units
Clinical Interviewing – CY 940, 1 Unit
Biological Foundations of Human Behavior – CY 735, 3 Units
History and Systems of Psychology – CY 700, 2 Units
Alcohol, Chemical Dependency and Addictive Behaviors
– CY 900, 2 Units
Evidence-Based Psychotherapy – CY 913, 2 Units
Psychotherapy with Diverse Populations – CY 845, 2 Units
Integrative and Inter-professional Treatment Approaches – CY 920, 1 Unit

Depth Psychology and Humanities Courses

Psychoanalytic-Based Psychotherapy I – CY 711, 2 Units

Research and Scholarly Inquiry

Qualitative Research Designs and Methods – CY 952, 2 Units
Dissertation Development – CY 955, 2 Units

Annual Assessment

2nd Year Assessment for Program Advancement – CY 762, 0 Units

Third Year

Practicum Seminars

Psychotherapy Practicum Seminar I, II, III
– CY 763, CY 764, CY 765, 1 Unit each

Clinical Practice Courses

Cognitive Foundations of Human Behavior – CY 837, 3 Units
Advanced Psychopathology II – CY 731, 2 Units
Comparative Approaches to Psychotherapy – CY 770, 2 Units
Social Foundations of Human Behavior I – CY 800, 3 Units
Developmental Psychology I: Childhood thru Adolescence – CY 830, 2 Units
Gender and Human Sexuality – CY 901, 1 Unit
Community Mental Health, Public Policy, and Depth Psychology
– CY 825, 2 Units

Depth Psychology and Humanities Courses

Psychoanalytic-Based Psychotherapy II – CY 712, 2 Units
Psychoanalytic-Based Psychotherapy III – CY 715, 2 Units

Research and Scholarly Inquiry

Advanced Research Methods in Clinical Psychology I – CY 956, 3 Units
Advanced Research Methods in Clinical Psychology II – CY 957, 2 Units
Dissertation Completion I – CY 958, 3 Units

Annual Assessment

3rd Year Assessment for Program Advancement – CY 766, 0 Units
Comprehensive Portfolio – CY 989, 0 Units

Fourth Year

Clinical Practice Courses

Developmental Psychology II: Adulthood thru Old Age – CY 801, 3 Units
Social Foundations of Human Behavior II: Group Processes – CY 802, 3 Units
Principles of Clinical Supervision and Consultation – CY 752, 2 Units
Principles of Psychopharmacology – CY 873, 3 Units
Indigenous Approaches to Psychology – CY 803, 1 Unit
Affective Foundations of Human Behavior – CY 838, 2 Units
Violence and Trauma – CY 834, 3 Units
Mindfulness and Imagery in Integrative Treatment – CY 923, 1 Unit

Depth Psychology and Humanities Courses

Psychoanalytic Psychotherapy IV – CY 716, 2 Units
Post-Jungian Based Psychotherapy – CY 815, 2 Units
Jungian-Based Psychotherapy II – CY 811, 2 Units

Research and Scholarly Inquiry

Dissertation Completion II – CY 959, 3 Units

Oral Defense

Faculty Approval of Dissertation

Fifth Year

Internship

Completion of 1,500 hours of a Pre-Doctoral Internship in
Clinical Psychology – CY 980, 3 Units

Selected courses may have online components. This curriculum is not intended to meet all the requirements of each state for licensure in clinical psychology. This curriculum may vary depending upon changing academic needs.

Psy.D. in Clinical Psychology

COURSE DESCRIPTIONS

PRACTICUM SEMINARS

The Practicum Seminars prepare students for applied clinical work in practicum and internship sites. Practicum Seminars offer students a forum to integrate academic coursework with the clinical experiences from their practicum sites. Practicum Seminars also serve as a place for students to be mentored into the profession by the Clinical Psychology Faculty. Seminars are typically limited to six to eight students. Through this intimate seminar setting students are exposed to the clinical diversity of the faculty in order to develop a strong professional identity as a clinical psychologist with a depth specialty.

During the first year Practicum Seminars focus on professional development in preparation for a diagnostic practicum. During the first year students begin the process of developing an identity as a professional psychologist with a depth psychology specialty. The second year focus is on diagnostics and preparation for psychotherapeutic practicum. Second year seminars are designed to offer students a forum by which to integrate diagnostic experiences of their practicum sites with their academic coursework. The third year focus is on the practice of psychotherapy, particularly from a depth psychological perspective. Third year seminars are designed to offer students a forum by which to integrate psychotherapeutic experiences of practicum sites with academic coursework.

Professional Development Seminar I

CY 755, 1 unit

This seminar provides an initial exposure to the professional practice of psychology with focus on ethical practices, basic clinical skills, and attention to issues of context and diversity. Pass/No Pass

Professional Development Seminar II

CY 756, 1 unit

This seminar provides an initial exposure to the professional practice of psychology with focus on ethical practices, basic clinical skills, and attention to issues of context and diversity. Pass/No Pass

Professional Development Seminar III

CY 757, 1 unit

This seminar expands professional preparation for the advanced practice in doctoral practicum training. The focus is given to development of case conceptualization, integration of depth and non-depth strategies across clinical settings, and application of ethical knowledge to working with complex cases. Pass/No Pass

1st Year Annual Assessment for Program Advancement

CY 758, 0 units

In this module, each student will have a face-to-face evaluation by Clinical Psychology Faculty to assess academic, clinical, and research progress in order to advance to the second year of the clinical program and to a Supervision Practicum. Pass/No Pass

Assessment Practicum Seminar I

CY 759, 1 unit

This seminar is designed to assist students in the integration of clinical training and issues at their practicum sites with the academic coursework at Pacifica. The students discuss issues of case formulation, assessment, and treatment planning. Ethical and cultural aspects of clinical practice and supervision are emphasized. Prerequisite: CY 758. Pass/No Pass

Assessment Practicum Seminar II

CY 760, 1 unit

This seminar continues assisting students in the ongoing integration of clinical training and issues at their practicum sites with coursework at Pacifica. The students discuss issues related to affective regulation, therapeutic communication, symptomology, and function of defenses. Ethical and cultural aspects of clinical practice and supervision are emphasized. Prerequisite: CY 758. Pass/No Pass

Assessment Practicum Seminar III

CY 761, 1 unit

This seminar completes the second-year diagnostic practicum sequence. It offers students a forum by which to further integrate clinical training and issues at their practicum site with academic coursework at Pacifica. Issues of transference and countertransference, boundaries, and projective functions are discussed. Ethical and cultural aspects of clinical practice and supervision are emphasized. Prerequisite: CY 758. Pass/No Pass

2nd Year Annual Assessment for Program Advancement

CY 762, 0 units

In this assessment, each student will be evaluated to assure readiness to perform in the advanced practicum. Prerequisite: CY 758. Pass/No Pass

Psy.D. in Clinical Psychology

COURSE DESCRIPTIONS

Psychotherapy Practicum Seminar I

CY 763, 1 unit

This seminar offers students a forum in which to integrate psychotherapy experiences of practicum with academic coursework at Pacifica. This seminar will include topics on empathy and attunement to affect, relational function, managing boundaries in psychotherapy, and evidence-based best practices. Prerequisite: CY 762. Pass/No Pass

Psychotherapy Practicum Seminar II

CY 764, 1 unit

This seminar offers students a forum to integrate the psychotherapeutic experiences of their practicum site with academic coursework. Scheduled topics include Imaginal techniques in therapy, therapeutic use of dreams, the therapeutic frame, transference/countertransference, and continued discussion of appropriate therapeutic boundaries. Prerequisite: CY 762

Psychotherapy Practicum Seminar III

CY 765, 1 unit

This seminar is the final seminar in the psychotherapy sequence. This seminar provides students a forum to continue the integration of their psychotherapeutic experiences at their practicum site with academic coursework. Topics include active listening, appropriate use of psychodynamic interpretations, importance of personal and professional boundaries in psychotherapy and issues related to the development of a private practice. Prerequisite: CY 762. Pass/No Pass

3rd Year Annual Assessment for Program Advancement

CY 766, 0 units

In this module, each student will have a face-to-face evaluation by Clinical Psychology Faculty to assess academic, clinical, and research progress in order to advance to the fourth year of the clinical psychology program. Prerequisite: CY 762. Pass/No Pass

CLINICAL PRACTICE COURSES

The Clinical Practice courses provide a broad foundation for the development of a generalist practitioner in clinical psychology with diverse training in multiple psychotherapeutic orientations, assessment, consulting, and evidence-based best practices.

History and Systems of Psychology

CY 700, 2 units

Students will explore the scientific evolution of psychological systems from antiquity to the present era. The course will examine how the historic development of the schools of psychoanalysis, behaviorism, Gestalt, humanistic and postmodern psychology has led to current practices in clinical psychology. The importance of a multicultural perspective will be emphasized. The systems developed throughout history to treat mental illness will be evaluated. The course will examine the history of the American Psychological Association in the context of current trends in clinical psychology as a scientific discipline and profession.

Cognitive and Intellectual Assessment

CY 930, 3 units

The psychological assessment course series begins with the study of psychometric theory including test construction, standardization, validity, reliability, and the appropriate and ethical use of assessment for individuals from diverse backgrounds. The administration, scoring, and interpretation of the Wechsler intelligence scales, Wechsler Memory Scales-IV, and Bender Visual Motor Gestalt Test are highlighted with special emphasis on integrating the results with clinical judgment, effective report writing, evidence-based treatment planning, and communication of assessment results. The course will focus on foundational psychometric theory in the context of emphasizing practical, evidence-based best practices in cognitive assessment.

Objective Personality Assessment

CY 931, 3 units

The course focuses on foundational psychometric theory in the context of emphasizing practical, evidence-based best practices in personality assessment. Students learn the principles of personality assessment and become familiar with, and learn how to administer, score, and interpret the MMPI-2, MCMI-III, CPI, PAI, MBTI, and BDI-II. Students are provided with an overview of neuropsychological assessment including interviewing, familiarity with common tests, and strategies of interpreting and integrating neuropsychological assessment data. There is a focus on integrating results into user-friendly, case-focused, problem-oriented reports for clinical, vocational, medical, and forensic settings. Prerequisite: CY 930

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COURSE DESCRIPTIONS

Projective Personality Assessment

CY 938, 2 units

This course focuses on psychometric theory, controversies, and practical applications of performance-based personality instruments (projectives) with an emphasis on the Rorschach. Course includes examination of the Thematic Apperception Test, Sentence Completion Test and projective drawings. Information derived from performance-based personality assessment will be used to develop clear, user-friendly, case-focused reports that describe the psychological context of the client as well as answer the referral question. There is an emphasis on using assessment results to enhance the therapeutic process utilizing evidence-based best practices.

Clinical Interviewing

CY 940, 1 unit

Students learn the essential skill sets involved in biospsychosocial assessment and related clinical interviewing. The course focuses on how to conduct a clinical interview as part of an initial assessment. The course also examines the ethical dilemmas, interdisciplinary conflicts, human diversity and system of care issues that surface during the clinical interview. Students practice their interviewing skills through mock case presentations, role play, vignettes, and other forms of case applications.

Comparative Approaches to Psychotherapy

CY 770, 2 units

This course provides a theoretical and applied introduction to current approaches in psychotherapeutic treatment. Students examine the therapeutic applications and the theoretical tenets of the schools of

psychoanalysis, Jungian analysis, cognitive-behavioral, person-centered, humanistic existential, and postmodern psychology. Students develop the ability to compare, contrast and integrate psychotherapeutic approaches in the context of clinical research, and evidence-based best practices.

Legal, Ethical, and Professional Practice

CY 832, 2 units

The ethical and legal considerations involved in the practice of clinical and scientific psychology are examined with an emphasis on the American Psychological Association's ethical guidelines. The course features discussion of key issues involved in academic work, research and professional practice with an emphasis on the development of ethical and professional judgment. Topics include forensic psychology, cultural competence, malpractice, and legal responsibilities. This course meets the criteria set forth by the California Board of Psychology for training in Legal, Ethical, and Professional Practice required for California licensure.

Advanced Psychopathology I

CY 730, 2 units

This course will cover the phenomenology, structural organization and psychodynamics of neurotic and psychotic processes. Psychoanalytic and depth therapeutic approach to psychopathology will be illustrated. Basic anxiety states, hysteria, conversions, obsessions, phobias, and compulsions will be studied. Major affective states and the psychodynamics, disorganization of personality, and the language of schizophrenia will be explored.

Advanced Psychopathology II

CY 731, 2 units

This course will focus on the diagnosis, psychodynamics, and treatment of disintegrated and disordered personality organizations. Borderline, narcissistic, hysterical, obsessive, and paranoid organizations of self and consciousness will be focused. Issues of negation, destructiveness, masochism, and narcissism will be studied in depth. Envy, rage, shame, humiliation, and their relationship to early traumas and primitive mental states will be explored. Impairment in symbol formation, blank depression and difficulties in mourning will be studied. Prerequisite: CY 730

Biological Foundations of Human Behavior

CY 735, 3 units

Students examine the theoretical concepts and constructs that explain the phylogenetic origins underlying human experience, behavior, and the processes of change. This course reviews anatomical and neurological functioning, examining the importance on behavior of micro- biological systems (neuron, synapse, neurotransmitter systems) and macro-level biological systems (central and autonomic nervous systems). Current trends in psychological research regarding the neurobiological foundation of consciousness, dreaming, sensory-motor systems, cognitions, motivation, memory, mindfulness, and attention will be evaluated. The sense of a biological self in relation to attachment, trauma, empathy, neuroplasticity, and the expression of archetypes throughout the life cycle will be examined.

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COURSE DESCRIPTIONS

Principles of Psychopharmacology

CY 873, 3 units

This course examines the principles of psychopharmacology as well as an overview of pertinent neurochemistry. The indications and side effects of common psychoactive medications are evaluated. The impact of medications on the psychotherapeutic process and the importance of a coordinated treatment plan with the prescribing psychiatrist are examined. Prerequisite: CY 735

Alcohol, Chemical Dependency, and Addictive Behaviors

CY 900, 2 units

This course examines the theoretical foundation for the treatment of addictive behaviors. The focus of the course includes the current theories related to etiology, physiological and medical aspects, dual-diagnosis, cultural and ethnic considerations, iatrogenic dependency, current evidence-based treatment approaches, family issues, prevention and education, and ethical and legal issues. The course meets the criteria of the California Board of Psychology for training in Alcoholism/Chemical Dependency Detection and Treatment required for California licensure.

Social Foundations of Human Behavior I

CY 800, 3 units

This course studies current advancements in social psychology and provides an overview of the three main areas of social psychological thought which include social thinking, social influence, and social relations. Social thinking area includes discussion of self, beliefs, judgments, and attitudes. The study

of social influence includes the impact of culture, conformity, persuasion, and group behavior on social functioning. Social relations area examines social relationships and how they are influenced by prejudice, aggression, attraction, and helping. This course emphasizes social thinking and social relationships as well as current social psychological research findings and the role of depth psychology in each of these areas.

Social Foundations of Human Behavior II

CY 802, 3 units

This course continues the examination of social psychology with an emphasis on social influence which includes the principles and theory of group formation and development, impact of culture on group behavior, conformity, and persuasion. The course also examines current research in group dynamics, interpersonal behavior, intimacy, leadership, and helping. Discussion also includes relevance of social psychological research to clinical practice and depth psychology.

Psychotherapy with Diverse Populations

CY 845, 2 units

Cultural competency or the knowledge, skills, and attitudes necessary to work effectively as a diversity-sensitive clinician is an ethical responsibility in a multicultural society. This course examines the role of culture in counseling, psychotherapy, and assessment, as well as key issues in the provision of psychological services to under-represented populations. Biases in traditional clinical theory and practice are discussed, while appropriate intervention strategies with

individuals of different cultural backgrounds are introduced. Depth psychological concepts in relation to culture, such as the notion of an ethnic or minority unconscious, are also explored.

Developmental Psychology I - Childhood through Adolescence

CY 830, 2 units

Students study developmental theories, constructs, research, and methods as they contribute to understanding normative human development and its variants in early childhood and adolescence. Emphasis is on the psychological and neurological development from conception through childhood and adolescence and attachment issues that shape early human development. Current developmental research, clinical implications, cultural considerations, and contemporary trends in childhood and adolescent development are examined.

Developmental Psychology II – Adulthood through Old Age

CY 801, 3 units

This course continues the study of developmental theories, constructs, research, and methods as they contribute to understanding normative human development and its variants in adulthood through old age. Emphasis is on the psychological and neurological development during adulthood and the later stages of life. Current developmental research, clinical implications, cultural considerations, and contemporary trends in adulthood and old age are examined.

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Principles of Clinical Supervision and Consultation

CY 752, 2 units

This course provides an exposure to the professional role of psychologists as supervisors and consultants. Approaches to clinical supervision and consultation are examined with special attention given to the interpersonal and psychodynamic aspects of the supervisor-supervisee interaction. The goal is for students to develop an “internal supervisor.” Ethics, diversity, and other professional issues related to clinical supervision and consultation are examined.

Integrative and Interprofessional Treatment Approaches

CY 920 1 unit

The course introduces students to foundations of integrative and interprofessional functioning as a psychologist within health care and community-based settings. In addition to collaborative team approaches, students will learn about integrative assessment practices, family and community systems of care, prevention, and collaborative interventions. Integration of depth psychological values and principles within interprofessional settings serves as a framework for the course.

Mindfulness and Imagery in Integrative Treatment

CY 923, 1 unit

This course is designed to introduce students to mindfulness practice and imagery as applied to integrative health service settings and patient-centered healthcare frameworks. Practical application will be emphasized. Ethical and cultural aspects will be incorporated as well.

Evidence-Based Best Practices

CY 913, 2 units

This course is an overview of clinical treatments that are supported by research. The latest findings in outcome research regarding therapeutic interventions are evaluated. Optimal interventions or combinations of interventions for the major disorders are examined, as well as the integration of individual, group, and psychopharmacological therapy. Specific focus is given to short term psychoanalytic and psychodynamic approaches as well as the scientific evidence supporting the efficacy of depth psychological practices.

Gender and Human Sexuality

CY 901, 1 unit

This course will focus on cultural, historical, theoretical and clinical constructions of gender and sexuality. Biological and psychological as well as socio-cultural variables associated with gender, sexual identity, sexual desire, sexual behavior are discussed. Feminist, critical, cross-cultural and depth psychological lens will be applied within the material. The course meets the criteria set forth by the California Board of Psychology for training in Human Sexuality required for licensure.

Cognitive Foundations of Human Behavior

CY 837, 3 units

This course examines the interdependence of cognition and emotion in psychological experience and behavior. Discussion of this relationship includes the interactive influence of perception, attention, learning, memory, contextual appraisals and biases, emotional regulation, creative thinking, conscious and unconscious processing and problem solving.

Related topics include sensation, perception, memory, cognition, emotion, motivation, and psychophysiological processes.

Community, Mental Health, Public Policy, and Depth Psychology

CY 825, 2 units

This course emphasizes how public policy impacts all aspects of clinical practice in both the public and private mental health service delivery system. Examples of key mental health policy documents will be explored. Students learn how to utilize the principles of depth psychology in the community mental health system. The importance of learning administrative skills to improve service delivery is emphasized including the development of administrative strategies that include the Jungian concepts of organizational archetypes, complexes, and the shadow in order to create a healthier and more effective work place environment.

Indigenous Approaches to Psychology

CY 803, 1 unit

The course will introduce students to indigenous approaches to psychology, which emphasize integration of folk healing, traditions in addressing the psychological, physical and spiritual challenges faced by individuals, families, and communities. Integrative views on mind-body-spirit will be discussed. The course will review this history and current practices employed by indigenous healers both outside and inside the U.S. The efficacy of alternative healing traditions will be explored in the context of cultural diversity as well as current psychological practices.

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COURSE DESCRIPTIONS

Affective Foundations of Human Behavior

CY 838, 2 units

This course aims to provide an overview and clinical implications of understanding the development of affective regulation related to psychological functioning. In addition to discussing theories of emotions and emotional regulation, the course focuses on how capacity for affective self-regulation and communication is influential in intrapersonal and relational functioning of individuals and communities. Discussion of emotion involves the biological and social bases of emotion, its cognitive correlates, and the impact on emotional states. Specifically, the course emphasizes classic and contemporary psychoanalytic literature on affect.

Violence and Trauma

CY 834, 3 units

The course will review the occurrence of violence in intimate relationships and families with special focus on partner abuse, detection, intervention and prevention. The intrapersonal and interpersonal dynamics related to trauma and recovery will be discussed. The impact of early trauma, including splitting, dissociation, and interjection as well as depth psychological treatment approaches will be emphasized. The course meets the criteria set forth by the California Board of Psychology for training in Child Abuse and Spousal/Partner Abuse required for licensure.

Personal Psychotherapy

CP 950, 0 units

During the program, students must take part in a total of 60 hours of personal psychotherapy (preferably with a depth orientation) with a licensed psychotherapist or a certified analyst of their choice.

DEPTH PSYCHOLOGY AND THE HUMANITIES COURSES

The Depth Psychology and the Humanities courses prepare clinical students for the practice of a specialty in depth (psychoanalytic and Jungian) psychology. This includes an understanding of the rich traditions of depth psychology, the humanities, and interdisciplinary and cultural studies. Students learn how literature, culture, myth, history, and art infuse the science of clinical psychology and the practice of psychotherapy.

The coursework in the theory and practice of Jungian and psychoanalytic psychotherapy is presented in an organized and sequential manner in order for students to develop strong psychotherapeutic skills in the practice of depth psychology throughout the academic program.

Introduction to Depth Psychology and the Human Science Traditions

CY 819, 2 units

This course is a scholarly introduction to the theories and traditions of depth psychology with an emphasis on the role that depth psychology attributes to the unconscious. Exploration of the cultural-historical contexts of depth psychology in relation to myth, religion, philosophy, art and literature is explored. Particular attention is given to the origins of depth psychology in the works of Sigmund Freud and C.G Jung, the traditions that followed, as well as contemporary developments in depth psychology.

Jungian-Based Psychotherapy I

CY 810, 2 units

Classical Jungian concepts such as ego, Self, persona, shadow, anima/animus, archetype, collective unconscious, transcendent function,

and individuation are examined. Clinical application of Jungian thought is demonstrated through theoretical discussions, case examples, and the reading of primary Jungian sources. Particular attention is given to understanding how various forms of psychopathology can be imagined as manifestations of ego-Self axis dynamics. An analysis is provided of the critiques of Jungian concepts from postmodern and multicultural perspectives,

Jungian-Based Psychotherapy II

CY 811, 2 units

This course will expand consideration of classical Jungian concepts to include the individuated ego, personal and collective shadow, the contra-sexual archetypes anima/animus, manifestations of the Self, dreams and numinous experiences, and their application to clinical practice. In addition, Jungian typology is examined, archetypal figures and patterns explored and the use of myths in depth psychotherapy elaborated. The course also examines the works of post-Jungian scholars. Students continue the work of self-reflection to further their individuation process as central to their work as clinical and depth psychologists. Prerequisite: CY 810

Post-Jungian Based Psychotherapy

CY 815, 2 units

This course examines the works of post-Jungian theorists and scholars. Archetypal and Imaginal psychology contributions are examined. The course discusses recent developments in the evolution of Jungian thought and practice, which includes cultural, alchemical, neuroscientific, somatic, and ecological considerations. The importance of cultural myths and wisdom traditions is explored in relation to their applicability to clinical practice. Prerequisites: CY 810, CY 811.

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Psychoanalytic-Based Psychotherapy I

CY 711, 2 units

This course focuses on the fundamental assumptions underlying psychoanalytic treatment beginning with the seminal contributions of Sigmund Freud. The establishment of the therapeutic frame and the building of a therapeutic alliance are examined. Students explore the complexities of the transference-countertransference field and develop an understanding and rationale of specific types of psychoanalytic interventions. The work of Nancy McWilliams serves as a basis for exploration of current trends in psychoanalytic assessment and treatment.

Psychoanalytic-Based Psychotherapy II

CY 712, 2 units

This course continues examining psychoanalytic theory and practice, including a focus on cultural dimensions of practice. In particular, the contributions of Winnicott, Klein, Lacan, Bion, and Green who helped delineate the dynamics and treatment of Borderline, narcissistic, and psychotic conditions. Prerequisite: CY 711

Psychoanalytic Psychotherapy III

CY 715, 2 units

This course examines contemporary relational psychoanalysis as derived from the work of Kohut and Stolorow. The implications of conflict versus deficit psychology on psychoanalytic technique will be examined. The major paradigmatic changes brought forth by Self psychology are compared and contrasted with classical theory illuminating the different approaches to the therapeutic frame and to psychoanalytic interpretation. Prerequisites: CY 711, CY 712

Psychoanalytic Psychotherapy IV

CY 716, 2 units

The final course in the psychoanalytic sequence addresses current trends in psychoanalytic thought including neurophysiological and psychodynamic research and psychoanalytic psychotherapy. The seminal work of Alan Schore serves as a basis for the exploration of therapeutic issues related to affect regulation and construction of the self. The recent efficacy research of Jonathan Shedler, which establishes psychodynamic psychotherapy as an evidence-based best practice, serves as a model for further psychodynamic research. Students examine ways to integrate the variety of psychoanalytic perspectives into an analytic perspective in their clinical practice. Prerequisites: CY 711, CY 712, CY 715

RESEARCH AND SCHOLARLY INQUIRY COURSES

The program of study in research provides a solid grounding in both quantitative and qualitative research traditions while specializing in innovative human science methodologies addressing the multiple dimensions of psychological life. Research courses emphasize the complementary interdependence of clinical intervention and empirical inquiry providing the skills necessary to complete a Dissertation in order to make a significant research contribution to the practice of clinical psychology. The Dissertation research process is integrated throughout the academic program in order to model the importance of research and scholarly inquiry in the daily practice of a clinical psychologist. The integration of the Dissertation with the academic program assures the completion of doctoral research in order to advance in a timely manner toward Internship and licensure as a clinical psychologist.

Theories of Psychometric Measurement

CY 933, 3 units

The course covers classical and current psychometric theory and procedures involved in constructing and evaluating measurement instruments in clinical psychology including the key concepts of scale development. Cronbach's alpha, exploratory and confirmatory factor analysis, types of reliability and validity, multi-trait and multi-method validation, item response theory, psychometric scaling and structural equation modeling are examined.

Statistics and Quantitative Research Designs and Methods I

CY 950, 3 units

This course provides an overview of univariate statistical methods or those pertaining to analysis of a single, continuous, dependent variable. The goal of this overview is to prepare students to be competent and critical consumers of quantitative research for clinical practice. An applied overview of both descriptive and inferential statistics is provided. Topics covered include: (1) Descriptive statistics (Measurement scales, frequency distributions, measures of central tendency, measures of spread (variability), measures of linear relationships, and standard scores), and (2) Inferential statistics (hypothesis testing, correlation and regression, Z-tests, t-tests, one way analysis of variance [ANOVA], Chi-Square tests and estimation of population parameters from sample data). Survey and experiential approaches to research and clinical investigations are examined.

Psy.D. in Clinical Psychology

COURSE DESCRIPTIONS

Statistics and Quantitative Research Designs and Methods II

CY 951, 3 units

This course continues to prepare students to be competent and critical consumers of quantitative research for clinical practice by the examination and applicability of advanced quantitative methods including multivariate statistical analysis. This course assists students in becoming skilled in reading, understanding, and using quantitative research designs. Course also examine the broad principles and application of multivariate statistical models for the design of quantitative studies and the treatment of data as well as the statistical methods employed in clinical research studies. Topics include multivariate analysis of variance and covariance, factor analysis, binary logistic regression, multiple regression, discriminant analysis, power, and meta-analysis. Prerequisite: CY 950.

Qualitative Research Designs and Methods

CY 952, 2 units

The course examines the strengths and weaknesses of the major human science traditions such as phenomenology, hermeneutics, heuristic approaches, ethnography, grounded theory, biography and case study. Theory and praxis of these approaches are examined with students having an experience with a particular qualitative approach (i.e., phenomenology). Emphasis is given to ethics and cultural diversity as well as the parallels between research and clinical practice.

Dissertation Development

CY 955, 2 units

This course emphasizes the development of critical thinking skills related to evaluating research studies and the writing of a dissertation in clinical psychology. The course focuses on the completion of an initial proposal, which contains a literature review of the seminal sources, a well-defined clinical research question, a preliminary review of method(s) to be used in addressing the question and an explication of the relevance of the question for the practice of clinical psychology. Prerequisites: CY 950, CY 951, CY 952

Advanced Research Methods in Clinical Psychology I

CY 956, 3 units

This course focuses on the review of current approaches to applied research in clinical psychology. Particular attention is given to research methodologies as well as the philosophical and epistemological foundations of clinical research. The course results in an advanced review of the literature on a selected topic related to the clinical research question developed for the dissertation. Prerequisite: CY 955

Advanced Research Methods in Clinical Psychology II

CY 957, 2 units

This course critically examines the variety of applied methods in clinical psychology, including both quantitative and qualitative methods as well as theoretical and interpretative approaches. The course results in an advanced application of selected research method(s) to the clinical research question of the dissertation. Prerequisites: CY 955, CY 956

Dissertation Completion I

CY 958, 3 units

At the beginning of the third year in order to assure timely completion of the dissertation students must (1) complete the composition of their dissertation committee, (2) complete Introduction, Literature Review and Methods sections and (3) finalize their ethics application. In addition students are encouraged to begin their data collection and analysis. This course is taken under the direction of the Chair of the dissertation committee and concurrently with third year academic courses. Students are required to complete all three units by the end of the third academic year. Prerequisite: CY 955. Pass/No Pass.

Dissertation Completion II

CY 959, 3 units

At the beginning of the fourth year in order to assure timely completion of the dissertation students must (1) complete data collection (2) complete data analysis (3) complete the final dissertation document including Results and Discussion sections (the Discussion section needs to include implications of dissertation for the advancement of the practice of clinical psychology), (4) participate successfully in the Oral Defense of the dissertation and (5) complete the final document edits as required by the Dissertation Office. This course is taken under the direction of the Chair of the dissertation committee and concurrently with fourth year academic courses. Students are required to complete all three units by the end of the fourth academic year to advance to Internship. Prerequisite: CY 958 Pass/No Pass.

Psy.D. in Clinical Psychology

COURSE DESCRIPTIONS

Psy.D. Dissertation Completion Extension

CY 959A, 0 units

Students who have not completed Dissertation Completion I or Dissertation Completion II during the third and/or fourth year register for a dissertation extension. Students will be billed for this extension.

Comprehensive Portfolio

CY 989, 0 units

Upon completion of nine quarters of Psy.D. coursework, a student in good academic standing is eligible to take the Comprehensive Portfolio. The Comprehensive Portfolio is designed to assess student competencies in the area of each of the three Program Domains: Clinical Practice, Research and Scholarly Inquiry, and Depth Psychology and Humanities. Students must pass all components of the Comprehensive Portfolio in order to advance to Internship. Students must retake any failed portion of the Portfolio within a quarter following the initial submission of the Portfolio. A student is eligible to take an academic tutorial in preparation for re-examination. If a student does not pass any aspect of the Comprehensive Portfolio within two attempts he or she will be academically disqualified. Pass/No Pass

Pre-Doctoral Internship in Clinical Psychology

CY 980, 3 units

Pre-doctoral internship in clinical psychology is a supervised summative training experience, which integrates academic learning and previous applied clinical training at the practicum level. Upon completion of the academic program, comprehensive exam, dissertation, and 1,000 hours of practicum training, students in good standing are required to complete 1,500 hours of pre-doctoral internship in clinical psychology. Students from California may participate in the California matching system for internships through the California Psychology Internship Council (CAPIC). Candidates for internship must demonstrate readiness to apply for internship to the Director of Clinical Training. Students may apply for financial aid for the initial 3 quarter enrollment period. A quarterly fee will apply. Students must submit quarterly evaluations to be eligible to pass the quarter and register for the next quarter. The inability to pass Internship may result in loss of enrollment status, financial aid, and possible disqualification from the Clinical Psychology Program.

Pre-Doctoral Internship Extension in Clinical Psychology

CY 980A, 0 units

Upon completion of three quarters of pre-doctoral internship, all students who are continuing to accrue pre-doctoral internship hours will be eligible to enroll in pre-doctoral internship extension. Students must submit quarterly evaluations to be eligible to pass the quarter and register for the next quarter.

Psy.D. in Clinical Psychology

REQUIREMENTS

DEGREE REQUIREMENTS FOR GRADUATION

1. Students must complete a total of 116 quarter units to fulfill the unit requirement for graduation. A total of 107 academic units and a total of 9 pre-doctoral internship units.
2. A minimum grade of “B” is required in each completed course.
3. A cumulative grade point average of 3.0 must be maintained.
4. Students must meet attendance requirements as articulated in the Student Handbook. Students can only miss four classes throughout the academic year, and no more than 1/3 of total class hours in a specific academic course.
5. Students must submit and defend a dissertation accepted by the faculty.
6. Students are required to complete a minimum 1,000 hours of practicum.
7. Students are required to complete 1,500 hours of internship.
8. Students are required to complete 60 hours of personal therapy.
9. Students must successfully pass the Comprehensive Examination at the end of the third year.
10. Students must comply with all the policies and procedures articulated in the Student, Dissertation, and Clinical Handbooks.

CLINICAL TRAINING

A minimum of 1,000 hours of practicum and 1,500 hours of internship are required. Students will be placed in practicum by the Director of Clinical Training. Students must obtain Internship through a competitive application process. It is recommended that internships be completed in a multidisciplinary setting offering a variety of training experiences. The choice of a culturally diverse site is encouraged. For a full description of all clinical training requirements consult the current edition of the Clinical Training Handbook.

FACULTY MENTORSHIP

Each Student is assigned a Faculty Advisor for mentorship throughout the program. Faculty Advisors meet regularly with their student advisees to monitor their academic performance, discuss research interests, oversee clinical development, assist with dissertation progress, and provide personal and professional support.

PREPARATION FOR CLINICAL PSYCHOLOGY LICENSURE

This curriculum is not intended to meet all the requirements of each state for licensure in clinical psychology. Students that seek licensure in California acquire regional accredited doctoral training necessary for licensure as a clinical psychologist in the state of California. Students may need to meet additional licensure requirements in their home states. Each student is responsible for determining and remaining current on their state licensure requirements.