

The top half of the cover features a photograph of several dried, pressed leaves against a textured, warm-toned background. The leaves are translucent, showing their intricate vein patterns and some dark spots. The colors range from pale yellow to deep green. The background has a mottled, painterly texture with shades of cream, gold, and light brown.

**PACIFICA**  
GRADUATE INSTITUTE

**2015–2016 COURSE CATALOG**

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M.A. and Ph.D. in Depth Psychology  
with Specialization in Community Psychology,  
Liberation Psychology and Ecopsychology

Pacifica Graduate Institute is an accredited, employee-owned graduate school dedicated to excellence in education. The Institute's programs in psychology, the humanities, and mythological studies are informed by the rich tradition of depth psychology.

Depth psychology calls attention to the importance of what lies beneath the surface of conscious awareness. That vital importance is clearly revealed in the arts and literature of every culture, as well as through the dreams and collective symptoms of individuals and societies.

At Pacifica, leading scholars have developed a cutting-edge curriculum that meets the complex needs of a diverse student body. Educational formats include three- and four-day monthly learning sessions, and blended distance learning, low-residency degree programs.

The Institute's two campuses lie between the Pacific Ocean and Santa Ynez Mountains, a few miles south of Santa Barbara, California. Tranquil and beautiful, they form ideal settings for contemplation and study.

Pacifica was born during the cultural upheaval of the early 1970s—a time when existing paradigms were questioned and new ones came into being. That sense of innovation, coupled with an abiding respect for the power of ideas, has remained central to the Institute's culture and curriculum.

Pacifica is accredited by the Western Association of Schools and Colleges (WASC). For gainful employment information, visit [pacifica.edu/gainfulemployment](http://pacifica.edu/gainfulemployment)

The information in this catalog is as accurate as possible at the time of publication; however, the Institute reserves the right to make changes during the life of this catalog.

# M.A. and Ph.D. in Depth Psychology

## WITH THREE OPTIONS FOR DEGREE SPECIALIZATION

Pacifica's Depth Psychology Program educates students in the history and lineage of depth psychology, and explores the non-clinical frontiers of the field. While deepening their understanding of the roots and development of depth psychology, faculty, students, and alumni are also extending the field beyond the limits of clinical work and across the traditional lines of professional and academic disciplines.

**The Depth Psychology Program offers incoming students three different options for degree specialization:**

### **SOMATIC STUDIES**

### **JUNGIAN AND ARCHETYPAL STUDIES**

### **COMMUNITY PSYCHOLOGY, LIBERATION PSYCHOLOGY, AND ECOPSYCHOLOGY**

All students in the program share a core course of study in depth psychological theory, interdisciplinary studies, and depth psychological approaches to research. This includes theories from psychoanalysis, Jungian studies, archetypal psychology, and ecopsychology; as well as attention to dreamwork, somatic practices, and the mythopoetic imagination.

Each degree specialization blends the core curriculum with courses in the area of specialization, leading to a highly focused and innovative graduate education.

### **SPECIALIZATION IN SOMATIC STUDIES**

By infusing depth psychology with a somatic perspective, students learn to work deeply and skillfully at the intersection of body and soul across a range of professions. The interdisciplinary focus of the Somatic Studies specialization is grounded in embodied learning, fieldwork practice, and original research that illuminates for each student how the felt experience and understanding of the body can inform their work.

### **SPECIALIZATION IN JUNGIAN AND ARCHETYPAL STUDIES**

This blended online/low-residency program affirms Pacifica's mission to tend soul in and of the world through an in-depth engagement with the work of C.G. Jung and post-Jungians. It surveys Jungian and archetypal theories and practices most applicable to healing, transformation, self-expression, and the development of consciousness. Student critically evaluate both the limitations and the potentials of Jungian psychology in contemporary contexts, and work together in a dynamic learning community to advance, apply, and imagine new extensions for these theories and practices in the world.

### **SPECIALIZATION IN COMMUNITY PSYCHOLOGY, LIBERATION PSYCHOLOGY, AND ECOPSYCHOLOGY**

This specialization is creating a 21st century depth psychologically informed critical community psychology. To address the personal, community, cultural, and ecological challenges of our time, Euro-American depth psychological theories and practices are placed in dynamic dialogue with ecopsychology, cultural studies, indigenous, and liberation psychologies. Students become sensitive to the interdependence of individual, cultural, and collective dynamics, and to the arts and the imaginal as catalysts to vision and transformation. Praxis classes mentor students in creative approaches to working in organizations, non-profits, community groups, and educational settings. Community and ecological fieldwork and research are designed to help students pursue their distinctive areas of interest, gathering the theoretical understanding and fieldwork and research skills to deepen their engagement.



# M.A. and Ph.D. in Depth Psychology

## WITH SPECIALIZATION IN COMMUNITY PSYCHOLOGY, LIBERATION PSYCHOLOGY, AND ECOPSYCHOLOGY

This doctoral specialization is designed to deepen and expand the student's psychotherapeutic practice, and individuation work, as well as addressing the wide range of personal, social, and cultural challenges of our time.

**This degree program specialization is a bold initiative** to forge transdisciplinary and transformative approaches to the critical personal, community, cultural, and ecological challenges of our time. Accomplishing this necessitates a radical engagement in re-conceiving psychology as a potentially liberatory and restorative force in society, one engaged in initiatives to promote social, economic, and environmental justice, peace-building, and ecological sustainability. The specialization is committed to rebuilding fragmented cultural and ecological connections, and to co-creating democratic, dialogical, joyful, sustainable, and nonviolent living.

To study community and ecopsychology in the light of liberation and indigenous psychologies commits us to deeply explore and address the profound effects of injustice, violence, and exploitation on psychological, communal, and ecological well-being.

The curriculum places multicultural approaches to depth psychological theories and practices in dynamic dialogue with ecopsychology, indigenous psychologies, critical community psychology, and psychologies of liberation from diverse cultural settings. Students gain an understanding of the interdependence of individual, community, cultural, and ecological well-being.

Coursework nurtures creative approaches to collaboration in organizations, non-profits, community groups, and educational settings. Through community and ecological fieldwork and research, students are supported in the pursuit of their distinctive areas of interest, and in strengthening their research and practice skills so that they are able to make their own significant contributions.

### STUDENTS IN THE COMMUNITY PSYCHOLOGY, LIBERATION PSYCHOLOGY, AND ECOPSYCHOLOGY SPECIALIZATION:

Deepen insight about individual, group, and cultural life through study of depth psychology.

Develop scholarly and creative writing skills.

Learn innovative and historical approaches to trauma healing, restorative justice, ecological sustainability, community building, economic justice, forced migration, alternatives to violence, peace-building, and reconciliation.

Practice participatory action research and program and organizational evaluation, while deepening ethical discernment of issues of power and privilege.

Train in a wide variety of group approaches to cultural and ecological work.

Heighten sensitivity to the imaginal, the metaphorical, and the mythical.

Develop the capacity to teach in academic and community learning environments.

Apply insights to leadership positions in a wide variety of professions, including: health services; youth, secondary, adult, and alternative education; organizational development and transformation; prison reform and restorative justice initiatives; non-profits and non-governmental organizations; social justice, advocacy and grass roots coalitions; arts-based community building; trauma healing; and environmental sustainability.

# Degree Programs and Academic Formats

## CURRICULUM OVERVIEW

Classes for the Community Psychology, Liberation Psychology, and Ecopsychology specialization take place in nine three-day sessions (Monday, Tuesday, Wednesday), approximately once each month during fall, winter, and spring. In the first and second summers, students complete fieldwork and research in their home communities or other off-campus sites. In the third summer and subsequent year(s), students are involved in writing their dissertations in their home communities.

### M.A. PROGRAM

#### First Year

- Fall** Introduction to Depth Psychology – DPC 730, 2 Units  
Introduction to Critical Community Psychology – DPC 700, 2 Units  
Psychoanalytic Tradition: Social Psychoanalysis – DPC 760, 2 Units  
Council Practice – DPC 871, 2/3 Unit
- Winter** Jungian Psychology – DPC 761, 2 Units  
Psychologies of Liberation – DPC 781, 2 Units  
Ecopsychology I: The Ethics of Place – DPC 732, 2 Units  
Appreciative Inquiries – DPC 872, 2/3 Unit
- Spring** Indigenous Psychologies I – DPC 710, 2 Units  
Foundations for Research in Depth Psychology: Participatory Qualitative Research – DPC 881, 2 Units  
Mythopoetic Imagination: Community Theater – DPC 873, 1-1/3 Units  
Community Dreamwork – DPC 874, 1-1/3 Units
- Summer** Community/Ecological Fieldwork Practicum – DPC 783, 5 Units

#### Second Year

- Fall** Archetypal Psychology – DPC 762, 2 Units  
Phenomenology and Communication of Depth Psychological Cultural & Ecological Work – DPC 880, 2 Units  
Depth Psychology of Violence and its Prevention – DPC 731, 2 Units  
Restorative Justice – DPC 875, 2/3 Unit
- Winter** Hermeneutic and Phenomenological Traditions – DPC 991, 2 Units  
Liberation Studies and Action – DPC 965, 2 Units  
Indigenous Psychologies II – DPC 860, 2 Units  
Public Conversation – DPC 876, 2/3 Units
- Spring** Community Program and Organization Evaluation – DPC 879, 2 Units  
Ecopsychology II: Environmental and Earth Justice – DPC 847, 2 Units  
Individual and Collective Trauma – DPC 923, 2 Units  
Somatic Approaches to Trauma Healing – DPC 877, 2/3 Unit
- Summer** Community/Ecological Fieldwork and Research Practicum – DPC 883, 5 Units  
Depth Transformative Practices – DPC 997, 0 Units

### PH.D. PROGRAM

#### Third Year

- Fall** Participatory Research Practicum: Creating an Interpretive Community – DPC 990, 2 Units  
Community Building and Empowerment – DPC 720, 2 Units  
Social Network Analysis – DPC 878, 1 Unit  
Frontiers of Psyche-in-Community-and-Nature: Myth, Image, and the Sacred – DPC 925, 1.66 Units
- Winter** Advocacy and Policy Development – DPC 886, 2 Units  
Coalition Building and Resource Mobilization – DPC 885, 1 Unit  
Community and Organizational Careers Skill Building – DPC 884, 1 Unit  
Reconciliation and Peacebuilding – DPC 740, 2 Units  
Dissertation Development I – DPC 932A, 2/3 Unit
- Spring** Frontiers of Depth Psychologies – DPC 963, 2 Units  
Frontiers of Liberation Psychologies – DPC 964, 1 Unit  
Liberatory Pedagogy – DPC 992, 2 Units  
Frontiers of Ecopsychology – DPC 832, 1 Unit  
Dissertation Development II – DPC 932B, 2/3 Unit
- Summer** Research Writing: Conceiving the Dissertation – DPC 933, 5 Units

#### Continuing

Dissertation Writing – DPC 980, 15 Units

The required fourth and fifth years of study focus on reading, research, and dissertation writing.

This curriculum may vary, based upon evolving academic needs.

# M.A. and Ph.D. in Depth Psychology with Specialization in Community, Psychology, Liberation Psychology and Ecopsychology

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## COURSE DESCRIPTIONS

### **TRADITIONS, LEGACIES, AND FRONTIERS OF DEPTH PSYCHOLOGY**

This portion of the curriculum grounds students in the psychoanalytic, Jungian, archetypal, and phenomenological lineages of depth psychology, as well as in the contemporary flowering of these traditions that aid cultural, community, and ecological understanding and transformation.

### **Introduction to Depth Psychologies**

#### **DPC 730, 2 units**

Students will be introduced to the history of depth psychology, in order to help build and practice an intercultural 21st century depth psychology. Rather than following the clinical lineage of depth psychology with its focus on psychopathology and individual treatment, this course will concentrate on how depth psychology can contribute to the creation of vibrant communities and sustainable environments.

### **Psychoanalytic Tradition: Social Psychoanalysis**

#### **DPC 760, 2 units**

Freud's students, colleagues, and dissenters generated a body of work that extended the focus of psychoanalysis to the relation between psyche and culture. The works of key psychoanalysts who have made important contributions to this body of work are explored.

### **Jungian Psychology**

#### **DPC 761, 2 units**

The basic concepts of Jungian psychology such as persona, anima, animus, shadow, the ego-Self axis and others are studied. Attention is brought to the historical, philosophical, psychological, and religious influences acting upon Jung's psychology. We explore the usefulness of Jungian concepts for understanding inter and intrapsychic processes, as well as for seeing more deeply into the issues of our time.

### **Archetypal Psychology**

#### **DPC 762, 2 units**

Archetypal psychology, as envisioned by James Hillman, moves beyond clinical inquiry and locates its identity within the Western imagination, finding affiliation with the arts, culture, and history of ideas. Its central aim is the appreciation and development of soul through the cultivation of the life of the imaginal. We investigate the history and central ideas of this rich psychological perspective, focusing on concepts such as archetype, image, seeing-through, and the soul of the world, anima mundi.

### **Hermeneutic and Phenomenological Traditions**

#### **DPC 991, 2 units**

This course introduces students to hermeneutics and phenomenology, two broad philosophical traditions that underlie the theory and practice of research in depth psychology. Historical, conceptual, and methodological foundations of both traditions are examined. Critical problems

and conundrums in the theory and practice of hermeneutics and phenomenology are addressed, as well as cultural and ethical perspectives and implications.

### **Frontiers of Psyche-in-Community-and-Nature: Myth, Image, and the Sacred**

#### **DPC 925, 1.66 units**

In their commitment to witnessing and understanding the unconscious dimensions of subjectivity, depth psychologies have practiced an interdisciplinarity that has welcomed the imaginal, the mythic, and the sacred. In the light of liberation psychologies, it is important to attend to the decolonization of our approaches to image, art, myth, and religion as we very psychological life in the context of community and nature. This class welcomes emerging perspectives on these topics.

### **Frontiers of Depth Psychologies**

#### **DPC 963, 2 units**

Depth psychological theories and practices are placed in dynamic dialogue with ecopsychology, psychologies of liberation, and cultural studies from diverse cultural settings as we create a critical depth oriented community psychology for the 21st century. Contemporary work in Freudian, Jungian, archetypal, and phenomenological schools is explored, enabling students to begin to place their own evolving scholarship in dialogue with the frontiers of depth psychology.

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## COURSE DESCRIPTIONS

### **CRITICAL COMMUNITY PSYCHOLOGY, LIBERATION PSYCHOLOGY, ECOPSYCHOLOGY**

These courses enlist us to create a depth psychologically informed critical and liberatory community and ecopsychology for the 21st century. Community psychology, liberation psychologies, and ecopsychology are placed in conversation with depth psychology to explore the interface between psyche, culture, and nature, as we seek to create paths for psychological, community, cultural, and environmental well-being.

### **Introduction to Critical Community Psychology**

#### **DPC 700, 2 units**

Students will be introduced to the history of community psychology and the application of critical theory to examine its concepts, methodologies, and frameworks within diverse socio-cultural, economic, and political contexts (i.e., social and human services, schools, youth development, the health care system, non-governmental, governmental, and community-based organizations). The process and outcome of the community mental health movement will be examined, showing how a depth psychological understanding of community assets and stressors, coping strategies, social networks, and social support contributes to the application of community-based approaches to holistic community health and well-being. Discourse on key concepts such as oppression, social class, ethnicity and racism, social justice, and social change will lead to the acquisition of practical skills in assessing community health and in utilizing lessons learned for social change and policy development.

### **Psychologies of Liberation**

#### **DPC 781, 2 units**

This course places Euro-American approaches to depth psychology into conversation with psychologies of liberation arising from Asia, Africa, Central, and South America. By focusing on dialogue as their common methodology, we reflect on how one can integrate psychologies that have focused primarily on the individual and the intrapsychic with psychologies that look at the psychological through the lens of culture. How does this integration lead us to work with dream, symptom, image, and calling? How does it help us imagine depth psychological work with psychological suffering and well-being through small group and community participatory fieldwork and research? We examine the development of dialogical capacities across the intrapsychic, interpersonal, and group domains. This course lays the theoretical and practical foundation for depth psychologically oriented community fieldwork and research.

### **Indigenous Psychologies I**

#### **DPC 710, 2 units**

The goal of this course is to initiate the student into the practice of seeing culture and cultural variation through a depth psychological lens, and into the practice of seeing depth psychology as a cultural phenomenon in itself. Students will learn how psychoanalysis has been applied in diverse cultural settings, integrating disciplines such as anthropology, sociology, religion, mythology, and philosophy. Students will apply depth psychological methods and approaches to conduct cultural analysis of rituals, symbols, myths, magic, and healing strategies from indigenous cultures. Critical reflection will be used to nurture awareness of cultural counter-transference in understanding depth psychological cultural phenomena.

### **Indigenous Psychologies II**

#### **DPC 860, 2 units**

Psychological knowledge with scientific ambitions has primarily emerged in the Western World. New movements around the world are seeking to create ownership of psychological and cultural knowledge in an expanded sense as a means of liberation from centuries of intellectual imposition. As a result, indigenous psychologies are proposing emic versus etic research, ethno-cultural methodologies, ethno-semantics, and ethno-epistemologies. These movements are furnishing the making of a promising Ethno-Depth Psychology. This course will address the plurality of perspectives and voices representing cultural analyses of Depth Psychology and psychological phenomena in diverse geographical settings. Students will critically apply indigenous psychologies' methodologies, tools, and approaches and discern the interplay of intersubjectivity in the description of depth psychological cultural phenomena, as well as in the interaction of self-subject-culture-ecology.

### **Community Building and Empowerment**

#### **DPC 720, 2 units**

Students will analyze studies on community participation and empowerment, learning to assess (diagnose) pathways of community change, and designing interventions to foster community health. Students will learn to apply community capacity building strategies, interventions, and assessments to promote community empowerment, organizing, mobilization, and social activism. Lastly, students will be exposed to the analysis and development of participatory community visioning, planning and action models, and community learning, fostering a sense of community efficacy to strengthen holistic community health.

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## COURSE DESCRIPTIONS

### **Advocacy and Policy Development**

#### **DPC 886, 2 units**

This course will address processes and outcomes of community advocacy that address policy development for sustainable systems change. Students will learn skills in analyzing the social, cultural, economic, and ecological impacts of policies. Strategies and interventions that mobilize communities to participate in advocacy and policy development from the bottom up will be highlighted. Further, students will understand, analyze, and evaluate diverse procedures such as rapid response briefs, bills, and ordinances to influence legislation. Depth psychological factors that influence community mobilization will shed light into conscious and unconscious dynamics that emerge in the process of coalition and partnership formations to effect sustainable policy change. Important lessons learned from community case studies will bring these strategies and techniques into real life scenarios from which students will learn how to apply skills to influence policy development for social and environmental justice.

### **Liberation Studies and Action**

#### **DPC 965, 2 Units**

Roderick Watts coined the term “liberation studies and action (LiSA)” reminding liberation psychologists that psychology is not sufficient for the challenges we face. We need to work in a transdisciplinary manner (i.e., arts, spirituality, economics, history, philosophy, civil resistance) to create the social movements that are needed to achieve greater justice, dynamic peace, and sustainability. This course will distill lessons learned from liberatory social movements that can be used in our current and future work.

### **Individual and Collective Trauma**

#### **DPC 923, 2 units**

The ever-enlarging literature on personal and community trauma is reviewed. The trauma literature is linked to the social and cultural environments that historically produced depth psychologies as well as contemporary perspectives. We explore the roles of victim, oppressor, collaborator, bystander, witness, and ally in relation to traumatic events. Approaches to the healing of collective trauma are discussed.

### **Depth Psychology of Violence and Its Prevention**

#### **DPC 731, 2 units**

With the hope of deepening our capacities for both the prevention and treatment of violent behaviors, we will explore the archetypal foundations of violence in various myths, cultural beliefs about violence, and psychological theories that account for it. Innovative community treatment and prevention programs will be presented.

### **Ecopsychology I: The Ethics of Place**

#### **DPC 732, 2 units**

Our human selves are part of a vast nexus that includes other selves, animals, plants, earth, and sky. The psychological is always already ecopsychological. The collective unconscious as well as conscious being in the world are continuous with the natural world. We shall move from Jung’s writings on nature and spirit to new approaches to be found in contemporary ecopsychologists, anthropologists, poets of place, environmentalists, and ecologists. The aim is to rethink nature and psyche at once and together, and to illuminate our place as humans within the surrounding environment.

### **Ecopsychology II:**

### **Environmental and Earth Justice**

#### **DPC 847, 2 units**

Ecopsychology introduces into Euro-American psychology knowledge common to Indigenous environmental justice leaders and their communities: the idea that all living beings are part of a complex web of interconnection, and that culturally embedded strategies for ecological sustainability are critical to the Earth’s future. Knowledge in this area can provide insights and opportunities for dialogue with Westernized modes of thought that not only separate humans from other-than-human nature, but segregate some communities from others and needed resources, disproportionately exposing them to toxicities, and other forms of violence. This course connects structural violence imposed on human communities with violence against other-than-human nature, emphasizing the role of racial disparities, neoliberal corporate and state interests in undermining local economies and ecologies, and environmental and earth justice movements that address this destruction.

### **Frontiers of Ecopsychology**

#### **DPC 832, 1 Unit**

This course explores ecopsychological approaches to selected environmental issues, such as climate change, environmental justice, interspecies communication, sustainability, addiction to consumerism, and the human/earth interface.

# M.A. and Ph.D. in Depth Psychology with Specialization in Community, Psychology, Liberation Psychology and Ecopsychology

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## COURSE DESCRIPTIONS

### **Phenomenology and Communication of Depth Psychological Cultural and Ecological Work**

#### **DPC 880, 2 units**

Students orally present their community and ecological fieldwork and research, examining how depth, community, and liberation psychologies oriented their work. Through reflection on the array of fieldwork, students work toward discerning a phenomenology of depth psychological cultural and ecological work. Attention to the interfaces between culture and intrapsychic experience, between cultural/ecological symptom and individual suffering or psychopathology, ecological/cultural/institutional transformation and psychological and communal healing are stressed. Students study how such community based depth psychological work is of value to cultural work and to the evolution of depth psychological theory and practice. Scholarly and community based communication is explored, including approaches to oral presentation, development of posters, creation of videos, and community publication venues.

### **Reconciliation and Peacebuilding**

#### **DPC 740, 2 units**

This course explores how cycles of revenge can be interrupted, as well as how efforts of reconciliation and reparation in postconflict situations can pave the path to ongoing and sustainable peace. The limits of peacebuilding in the aftermath of violent conflict will be confronted.

### **Frontiers of Liberation Psychologies**

#### **DPC 964, 1unit**

This course offers theoretical and experiential study of various participatory, dialogical, and restorative approaches being developed throughout the world to foster critical consciousness, build community, reconcile divisive differences, heal community trauma, transform oppressive social conditions, and imagine utopic possibilities.

### **Liberatory Pedagogy**

#### **DPC 992, 2 units**

In this culminating course students create their philosophies of teaching, and then embody them as they teach the work that draws them into their dissertations and professional work beyond the dissertation. This course fulfills the oral exam requirement. Pass/No Pass.

### **APPROACHES TO GROUP AND COMMUNITY PRACTICE**

These didactic-experiential classes introduce students to a wide variety of dialogical, arts, and image based approaches to community and organizational issues and dynamics.

### **Council Practice**

#### **DPC 871, 2/3 unit**

Circle and council practices build on ancient traditions of many cultures. They draw upon practices of deep listening to self and other, the honoring of contributions of all participants, and the sharing of leadership. Attention will be given to the use of council in educational and organizational environments.

### **Appreciative Inquiries**

#### **DPC 872, 2/3 unit**

This is an innovative approach used to guide communities in visualizing their community assets and how these can contribute to community health and well-being. Using participatory methodologies, students will learn to identify and map community assets and their impacts as well as design individual, group, and community applications.

### **Mythopoetic Imagination: Community Theater**

#### **DPC 873, 1-1/3 units**

Theater of the Oppressed, Legislative Theater, and Playback Theater will be explored for their potential to raise awareness, to build community, and to support community visioning and future planning.

### **Community Dreamwork**

#### **DPC 874, 1-1/3 units**

This class will reclaim dreams as a community resource and practice methods (i.e., social dreaming, cultural dreaming, dream theater, communal vision questing) that allow us to hear the metaphorical resonance between dreaming and waking life, and to widen our perception to include the imaginal.

### **Restorative Justice**

#### **DPC 875, 2/3 unit**

From Gacaca rituals in Rwanda to juvenile justice courts in the U.S., people are exploring both old and new alternatives to retributive justice. In the hope of re-including perpetrators into the human community, practices are developed to share the effects of the action in question and to search for ways to make human recompense, opening the path for forgiveness and mutual understanding.

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## COURSE DESCRIPTIONS

### Public Conversation

#### DPC 876, 2/3 unit

Students will learn approaches to working with groups when there is a history of divisive conflict. Structured conversation to promote mutual understanding and conflict transformation will be practiced.

### Somatic Approaches to Trauma Healing

#### DPC 877, 2/3 unit

Community based somatic approaches to healing trauma, re-establishing a sense of trust, and engendering resilience will be explored.

### Social Network Analysis

#### DPC 878, 1 unit

Students will learn the theory and methodological approaches to conduct Social Network Analysis. They will learn how to assess group and community relations and to determine pathways to improve community health, identifying key organizational and community assets to design and evaluate community and group interventions.

### Depth Transformative Practices

#### DPS 997a, 2.5 units

Many traditions within depth psychology understand the process of personal transformation as inherently relational, typically held within the container of a therapeutic relationship with a professional counselor or psychotherapist. These traditions are dynamically linked to the transformative nature of the course material contained within this curriculum. In order to effectively support their transformative journey, students are expected to engage in a

minimum of 50 hours of individual counseling or psychotherapy during their coursework. Students must have an approved proposal for these depth transformative practice hours by the end of the fall quarter of the first year and submit documentation of 25 hours of completed therapy by the end of the first year. No incompletes. Pass/No Pass.

### Depth Transformative Practices

#### DPS 997b, 2.5 units

Many traditions within depth psychology understand the process of personal transformation as inherently relational, typically held within the container of a therapeutic relationship with a professional counselor or psychotherapist. These traditions are dynamically linked to the transformative nature of the course material contained within this curriculum. In order to effectively support their transformative journey, students are expected to engage in a minimum of 50 hours of individual counseling or psychotherapy during their coursework. Students must complete the remaining 25 hours of depth transformative practice to complete their MA degree. No incompletes. Prerequisite DPS 997a, Pass/No Pass.

### PARTICIPATORY FIELDWORK AND RESEARCH

Through participatory and dialogical fieldwork and research, students learn how to apprentice to community groups and issues, to be a witness to the ongoing work of such groups, to work collaboratively toward mutually desired transformations and actions, and to evaluate to what extent these goals have been reached. Research approaches—such as hermeneutic, phenomenological, critical, participatory action,

and feminist—enable students to deeply engage a group's questions and concerns, while deepening ethical discernment around issues of power and privilege.

### Foundations for Research in Depth Psychology: Participatory Qualitative Research

#### DPC 881, 2 units

Students are provided with the theoretical perspectives and methodological tools to engage in community and ecological fieldwork and research to address issues of social and restorative justice, and ecological sustainability. This form of research draws on qualitative, visual, and indigenous research methodologies. It requires that researchers participate collaboratively with those in their research community to foster the collective production of knowledge, with the goal of increasing individual and community well-being.

### Community/Ecological Fieldwork Practicum: Tending the Soul of the World

#### DPC 783, 5 units

This summer externship helps students to create a bridge from their growing theoretical knowledge of depth and liberation psychologies to cultural and ecological fieldwork that supports psychological and community well-being. Through participatory work in community settings connected to a contemporary cultural, community, or ecological issue that interests them, students explore and practice applications of depth psychology that extend beyond the consulting room. Pass/No Pass.

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## COURSE DESCRIPTIONS

### **Community/Ecological Fieldwork and Research Practicum**

#### **DPC 883, 5 units**

In this externship students either return to the site of their original fieldwork or choose a new one. Some fieldwork may involve the student in the ongoing work at that site; some may involve depth psychologically oriented work that is initiated by the student in consultation with members of the community. This summer students also have the option to engage in a pilot piece of research in order to hone the research skills that will assist them in the work of their dissertation. Through deep listening to or dialogue with the community where they are working, students generate research questions that may be explored using various phenomenological/heuristic/hermeneutic methodologies and/or participatory action research approaches. Pass/No Pass.

### **Community Consultation and Research**

#### **DPC 884, 1 unit**

Students will learn skills in proposing and conducting research and advocacy in non-governmental and community-based organizations. Further, students will acquire grant-writing skills to help organizations and grassroots groups find economic means to conduct their own projects.

### **Coalition Building and Resource Mobilization**

#### **DPC 885, 1 unit**

A resource mobilization approach to community organizing emphasizes the critical study of structural and natural ecologies that both enable and constrain

the availability and equitable distribution of existing and future assets and their impact on the sociopolitical and built and natural environments. It examines these assets and resources, the existing and potential social networks, and the necessary strategies and opportunities to mobilize them for social justice, peace building, and sustainability. In this course students will gain foundational skills in community organizing to mobilize community assets to attain desired community and/or ecological goals, and in the critical discernment of conscious and unconscious dynamics of collective action and solidarity. Students will acquire skills in grant writing, community asset mapping, and strategy development to identify key community organizations and groups to build coalitions for sustainable systems change.

### **Community Program and Organization Evaluation**

#### **DPC 879 2 units**

Students will learn to conduct community program and organizational evaluations using depth psychological frameworks, for example, collecting and analyzing symbols, rituals, myths, and collective dreams, interpreting results and applying lessons learned for community and organizational healing and development. Particular emphasis will be given to the role of worldview and political ideology in addressing evaluative inquiry and the framing of an evaluation approach. Students will learn to design evaluations, develop evaluation plans, and align evaluation questions to program and organizational learning needs. In addition, students will conduct needs assessments, define and prioritize program goals and objectives, and develop procedures and

techniques to identify evaluation data sources and target population. Emphasis will be placed on participatory and empowering evaluation approaches that increase program sustainability.

### **Participatory Research Practicum: Creating an Interpretive Community**

#### **DPC 990, 2 units**

Students will work with a variety of qualitative interpretive frameworks, including phenomenological, heuristic, voice-centered, and intuitive inquiry, in order to learn how to deepen their analysis of interview data. By engaging together in research, students will deepen their sensitivity to ethical issues and the impact of social location on interpretation, as well as practice strategies to include interviewees in the analysis of their own experiences.

### **Dissertation Development I**

#### **DPC 932A, 2/3 unit**

The Dissertation Development two-course sequence provides the framework for writing the concept paper, which serves as the basis for the dissertation proposal. The focus of the first course is on crafting a research question/area and choosing a methodological approach that is appropriate to it. Pass/No Pass.

### **Dissertation Development II**

#### **DPC 932B, 2/3 unit**

Students complete a concept paper and learn to craft a literature review. Prerequisite: DPC 932A. Pass/No Pass.

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## C O U R S E   D E S C R I P T I O N S

### **Research Writing: Conceiving the Dissertation**

#### **DPC 933, 5 units**

For students who do not yet have an approved concept paper, this course provides another opportunity to have their concept paper submitted and approved. Students begin to craft their dissertation literature review. Prerequisites: DPC 932A, DPC 932B. Pass/No Pass.

### **Dissertation Writing**

#### **DPC 980, 15 units**

During this course, students assemble their dissertation committees, write their proposals, complete the dissertation process, and defend their dissertations in a public forum. This course may be taken concurrently with other courses. Additional fees are assessed for this course. Pass/No Pass. Prerequisites: DPC 932A, DPC 932B, DPC 933.

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## REQUIREMENTS AND EXAMINATIONS

### M.A./Ph.D. in Depth Psychology, Community Psychology, Liberation Psychology, and Ecopsychology Specialization

#### DEGREE REQUIREMENTS FOR GRADUATION

1. Students must complete a total of 90 quarter units for the Ph.D. to fulfill the degree requirements for graduation. A minimum grade of C is required in each completed course. A cumulative grade point average of 3.0 must be maintained.
2. Students must attend at least 2/3 of each course.
3. During the second year of coursework, students must pass a written comprehensive examination. The M.A. degree is awarded when the exam is passed and 50 units of first and second year coursework and fieldwork, and 60 hours of depth transformative practices are completed.
4. Students must petition to proceed with the third year. Faculty approval is based on a comprehensive review of coursework, exam results, writing skills, and readiness to conduct research.
5. Students must pass an oral examination at the end of the third year of coursework.
6. Students must submit and defend an original dissertation accepted by the faculty.

#### COMPREHENSIVE EXAMINATIONS

The comprehensive examinations consist of a written portion at the end of the second year, and an oral portion at the end of the third. The written examination is designed to assess knowledge gained in the first two years, and is a requirement for the awarding of the M.A. degree. The written exam is taken after the successful completion of at least five quarters.

The third year oral examination consists of the student's formal oral presentation addressing the ways the three years of study have informed and seeded their work leading to the dissertation.

#### DOCTORAL DISSERTATION

The dissertation process involves the completion of Dissertation Development and Dissertation Writing courses. Students must have completed all requirements for the M.A. degree and have an approved concept paper before enrolling in Dissertation Writing. The Dissertation Committee is comprised of a Chair, an Internal Reader, and an External Reader. Each member of the committee must possess an earned doctorate based in part on a dissertation unless this requirement is waived by the Program Chair.

#### OTHER REQUIREMENTS: COMMUNITY AND ECOPSYCHOLOGICAL FIELDWORK AND RESEARCH (DPC 783, 883)

Students are required to arrange for community/ecological fieldwork in their home communities or other settings during the first and second summers. A minimum of 70 hours of direct participation in a setting, and 140 hours of related reading, writing, and reflection are required in the first summer. This is also true in the second summer, unless a student chooses to engage in community/ecological research, in which case hours of direct participation may be less to allow for in depth data analysis.

NOTE: The Depth Psychology Program and its specializations are designed to provide students with knowledge of theoretical traditions of depth psychology and its contemporary applications to personal, cultural, community, and ecological health and well-being. The program does not prepare students to become licensed or to practice psychotherapy. Although some students may wish to pursue licensure after gaining their doctorate in this program, the curriculum does not contain specific coursework aimed at any type of licensure, nor does it arrange or administratively support traineeships, pre- or post-doctoral internships, or other practice requirements related to licensure.