

## **Pacifica Graduate Institute**

### **M.A. Counseling Psychology with Emphasis in Depth Psychology**

#### **Program Goals for Student Learning Outcomes, 2012-15**

The program's goals are reflected in its 12 Learning Outcomes, which are clustered into the three curricular domains pertaining to marriage and family therapy and professional clinical counseling:

##### **Theory and Praxis:**

**Theory:** Development and proficiency with a wide range of theoretical orientations that offers psychological perspective and provides meaning to systemic patterns and human behavior. Evaluate the contemporary debates originating within various theoretical perspectives.

**Legal and Ethical:** Application of current legal and ethical standards and guidelines to diverse clinical populations and community systems.

**Diversity:** Understanding of individual, systemic, community, political, and biologic aspects of diversity as they relate to the resilience of a multi-cultural society, addressing issues of power, privilege, marginalization, and oppression, inclusive of advocacy, referrals, and community strengths.

**General Systems Theory:** Clinical application of archetypal, developmental, and multi-generational processes, in contextual and systemic dynamics, utilizing evidence-based research to promote resiliency and healthy adaptation to life cycle stressors.

##### **Professional Clinical Counseling and Marriage, Family, Therapy**

**Process and Relationship:** Demonstrate process and clinical skills including personal responsibility, insight, self-awareness of one's internal process, and responsive listening skills related to diverse interpersonal dynamics within the practice of marriage and family therapy and professional clinical counseling.

**Clinical Assessment:** Understand and apply evidence-based assessment procedures relevant to clinical presenting problems. Identify underlying psychological and systemic dynamics of human interaction inclusive of clinical, biological, contextual, community, and diversity-related considerations in order to foster recovery and resilience.

**Clinical Skills and Interventions:** Development and implementation of a variety of co-created evidence-based treatment plans congruent with evidence-based assessment, diagnosis, and theoretical orientation that best meets the needs of diverse clients and community systems.

**Substance Use, Abuse, and Dependence:** Assess, diagnose, and treat, using evidence-based recovery orientations, the symptoms and characteristics of behavioral addictions, substance use, and dependence in theoretical, individual, systemic, community, and cultural contexts.

**Resources and Community Mental Health:** Multi-culturally sensitive adjunctive networking to enhance the functioning and well-being of the client, including referrals with an emphasis on recovery and resilience within the public and private systems of care. Understand how the depth psychological traditions enhance community

mental health service delivery and the theories and skills required in contemporary community mental health settings to achieve a collaborative evidence-based approach to treatment, and knowledge of community resources.

**Self-Assessment:** Students will demonstrate an evolving capacity to discriminate and articulate one's own strengths and growing edges in the areas of psychotherapeutic readiness and practice.

### **Humanities and the Depth Tradition**

**Research:** Evaluate, integrate, and apply evidence based, recovery oriented, and depth psychological approaches to scholarly research and writing inclusive of researcher reflexivity; ethical considerations; diversity; professional development; identification and comprehension of intrapsychic, somatic, interpersonal, group, community, cultural, ecological, and archetypal perspectives.

**Depth:** Appraise and apply symbolic, mythopoetic, and archetypal perspectives to theoretical, systemic, individual, and cultural contexts. Interpret psychological meaning in cultural expressions of myth, literature, and religious traditions.