

Clinical Psychology Program Newsletter

A Note from the Program Chair

Dear Clinical Community,

I wanted to open our Fall Newsletter with a variation of my Orientation talk this session, a FAIR AND BALANCED talk on MAKING AMERICA GREAT AGAIN! I believe that Depth psychology can offer a fair and balanced response to problematic cultural narratives outside and inside psychology.

These narratives have been alive and well in American cultural and political landscape for a long time, and certainly are very active right now. Persecuted-feeling, angry people seek to build walls between themselves and those “bad others,” feeling free to abuse and point fingers and blame all so-called Others, claiming they are good, right, and justified whereas the others are...

I think that, in contrast, our education at Pacifica gives us an opportunity—through our inner work, readings, class work, interactions with each other, our clinical work, our writings, presentations, activism and more – to question and tear at these walls. Question the walls of racism, sexism, homophobia, especially those individually and collective walls that are unconsciously held by all of us. Walls inside us to keep the rest out. I believe we must have courage to name and work with (not shove behind walls) the suffering brought on by historical, relational, economic, cultural, and personal wounds, most of which are unconscious or repressed. Suffering that we see in others or have experienced ourselves. I think that it is important that all of us to commit to making America, where we currently live, the space we claim—great again, by naming these walls, working with them within ourselves, asking hard questions, seeking difficult answers, hearing

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them together, and working toward change. Because, in my view, our Psyches, our World, our Global community also deserve to be great – as in honored, respected, and passionately loved.

I hope that we approach even this depth task of working with the walls with humility and humanity. I hope that we treat Pacifica, our program, and each other—with humility and humanity, making room for compassion and care as much as we do for justice and truth. Doing this with an understanding that all of us will try and fail, struggle and suffer, learn and grow. And that at the end will not meet some definition of the American Dream but maybe something closer to a dream that enters our inner world in the night with its imagination, creativity, ability to hold the opposites, to challenge our rationality and self control. The real human dreams come to stir, confuse, scare, heal, and guide us.

With that, let's dream forward the human dream while together this year take chances to learn with true passion, to engage with compassion, and to challenge with fearless care. I hope we make room this year in our education, this time at Pacifica, and our lives for the dream of humanity being great (again) in its own right. I think this is a fair and balanced dream...

Honored to work with you all as a Chair,

Oksana Yakushko

(...pictured here (top left) with Dr. Fanny Brewster, followed by some of our beloved students, faculty and staff!)



News from the Clinical Training Office

Dear Clinical Program Students,

As we move into this academic year, many of you will be starting new practicum sites and a group of you are beginning your internships. Our third year Ph.D. group has secured internships at sites such as:

- ◆ C. G. Jung Institute, Los Angeles, CA
- ◆ Wright Institute, Los Angeles, CA
- ◆ Children's Hospital: Division of Adolescent Medicine, Los Angeles, CA
- ◆ C.G. Jung Institute, San Francisco, CA
- ◆ Reiss-Davis Child Study Center, Los Angeles, CA
- ◆ Community Center for Health and Wellness, Palo Alto, CA
- ◆ Valley Community Healthcare, Los Angeles, CA
- ◆ The New School Student Health Support Services, NY, NY
- ◆ Rose City Counseling Center, Pasadena, CA
- ◆ Center for Discovery, Los Alamitos, CA
- ◆ Nevada Psychology Internship Consortium, Las Vegas, NV

Bridget Carlson, our Clinical Training Coordinator, and I will continue to orient those eligible to the internship process this term, as a new group of you are beginning to apply to sites. I hope to invite clinical directors from some practicum and/or internship sites to visit our campus so that you can hear from them directly about what they expect.

Please continue to stay in communication with us on a regular basis and to keep up with your paperwork for our office as well as with your state's requirements for licensure. Boards of psychology change their requirements sometimes, so it is important to stay up to date with what is expected.

One of the new developments happening as we speak is that Bridget is leading the charge to move toward online signing and submission of documents! She will be in touch with all of you with updates and information on this improvement.

The Clinical Training Office will also be creating a set of webinars intended to help you navigate the training processes.

I have been serving on the CAPIC board along with your fellow student colleague, Nadia Thalji, who serves as a Southern California School representative. Dr. Jaclyn Deilgat, a recent graduate, is serving as a quality assess-

ment reviewer for Southern California in the San Diego area as well, so there is a lot of Pacifica presence in this impressive organization that is committed to overseeing internships that are responsive to the needs of diversity and adult learners. Nadia and I attended the California Psychological Association conference to represent our involvement with the board at the CAPIC 25th Anniversary Celebratory Luncheon (below).



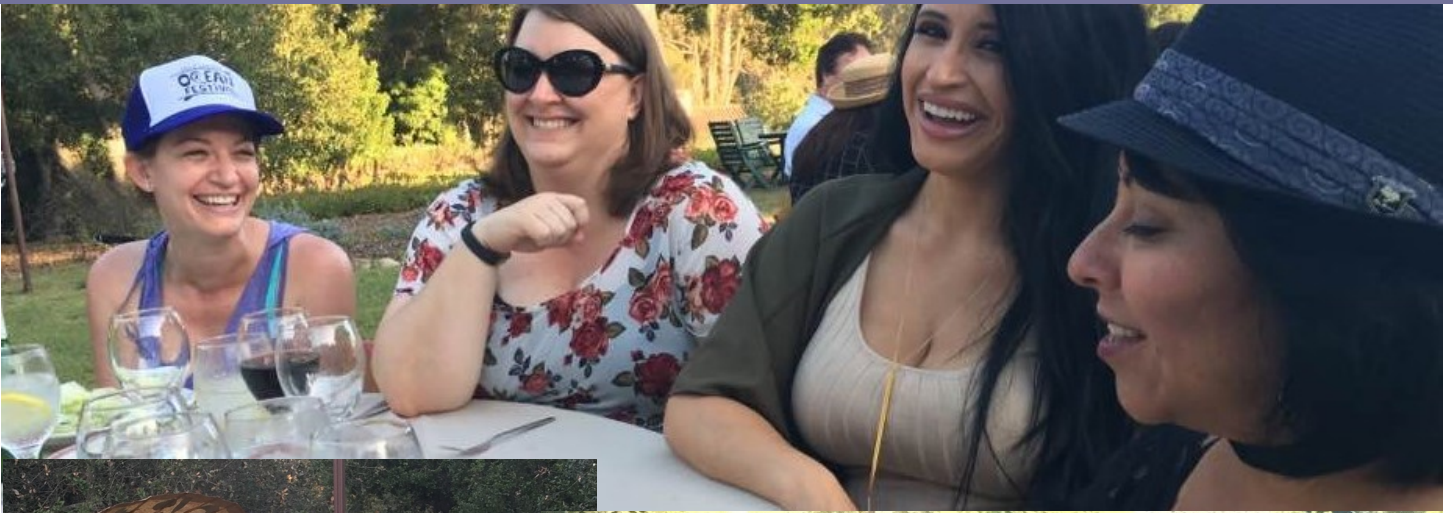
Several alumni are serving as supervisors, including but not limited to Sarette Zecharia (Arizona), Carola Hauer (Southern California), Claire Mercurio, (Southern California), Celeste Howe (Southern California), Linda Holder (Antelope Valley), Johanna Hays (San Fernando Valley), among others, and we have heard from an alumnus from Dallas, Texas, who is welcoming students to a site called *Richland Oaks Counseling Center*. Santa Barbara Rescue Mission has a supervisor, Dr. Kristi Walsh, who is also a psychoanalyst. She is hoping to have at least two of our doctoral students in practicum at her site each year. We hope to be able to host a recognition/appreciation reception for our supervisors sometime. We will keep you posted.

I look forward to seeing you and meeting with you while you are on campus! I encourage you to stop by and/or contact me whenever you have questions or when you simply wish to check in and have a conversation.

The best of wishes with your clinical goals and pursuits this term! Don't forget to pay attention to self-care as well!

Warm wishes, *Juliet Rohde Brown*

Spring and Summer Photos



Psy.D. End of Year Dinner





Ph.D. Graduation dinner





We were inspired and enriched by the presence of **Donald Kalsched, Ph.D.**, who joined us for our Ph.D. Special Topics Summer course. Dr. Kalsched is a Jungian psychoanalyst and clinical psychologist, a senior faculty member and supervisor with the Inter-Regional Society of Jungian Analysts, and he teaches and leads workshops nationally and internationally.

Kalsched Event Aug 20, 2016

For one day, we were also gratified to be joined by those of our extended community: Clinical alumni, those in dissertation writing, some of our excellent Psy.D. students, and other close and like-minded friends of our program. This course explored the inner world of trauma related to working with individuals in diverse clinical practice settings and included recent developments in attachment theory and neuroscience, as well as relational theory and recent ideas of how to work with affect-in-the-body. Unanimous feedback indicated that this was a program of unique depth, sensitivity and value to all who participated. We thank Dr. Kalsched for holding an impeccable container for the numinous power of this work with trauma.



APA Convention: Presentations from Pacifica Students and Faculty - August 2016

Denise C. Maratos, MEd,

B.R.E.A.T.H.E., Bringing Resilience and Engaging Awareness of Tobacco Habits for Everyone.

Chaired/co-chaired by Oksana Yakushko, Ph.D.:

- ♦ Symposium: On Monoculture— Theoretical, Organizational, and Cultural Nondiversity in Psychology
 - ♦ Symposium: Ethics of Social Justice/Social Justice of Ethics—Implications for Psychologists and Psychology
- ♦ Skill-Building Session: Psychology Without Borders—Roundtables on International Teaching, Research, and Service Convention Center

Chaired Michael P. Sipiora, Ph.D.

Symposium: The Inescapable, Ever-Evolving Dynamic of the Social and the Psychological (with)

- ♦ Robert Romanyshyn, Ph.D. “On Becoming and Un-Becoming a Psychologist: What is Psychological about our Technology?”
 - ♦ Michael P. Sipiora, Ph.D.. “Psychotherapy as a Response to Cultural Illiteracy”

PGI Poster Sessions

Camille M. Price

Paraphilias: A Depth Psychological Perspective.

Maristela Smith, MSW

Silenced by the Myth: Racial Identity Among Brazilian College Students of African Descent.

Ericka Hofmeyer, MA, and Oksana Yakushko, Ph.D.

An Exploration of Women in Long-Term Recovery From Alcoholism: A Phenomenological Study.

Melissa Depa, MEd

Filling the Void: A Comparative Case Study of Women Seeking Divergent Treatment for Binge Eating Disorder.

Diane Eardley, Ph.D., and Oksana Yakushko, Ph.D.

Repressed Feminine in Professional Women.

Dylena Pierce, MSW

Seeking Synchronicity, Self, and Soul Through the Wake of Death and Dying.

Our Pacifica Group at the APA Psychoanalytic Conference



Congratulations to these recipients of 2016–2017 Multicultural Scholar Award awards from APA Division 39, Multicultural Concerns Committee! (L-R) Kenji Miyamoto, Nadia Khalil Thalji, William James Jones, and Justin Weiss (with Dr. Oksana Yakushko on right).



Presenting with Dr. Neil Altman (center), the foremost authority on social psychoanalysis, were Yasaman Mostajeran, Nadia Khalil Thalji, Dr. Oksana Yakushko, Evelina Blodgett and Anna Lomovskaya

William James Jones has a full-time post doctoral fellowship at Emmons Wellness Center at Occidental college. As a Fellow, he provides direct counseling and psychotherapeutic services to undergraduate students, including intake, crisis intervention, and individual and group psychotherapy. He is a member of the Psychologists for Social Justice Chapter at Pacifica. He shares: “I tried something different and started a drama-therapy group for Occidental College and it has sparked some interest. A reporter from the school showed up and decided to do a piece about my group for the Occidental Weekly.” Click here for the [whole article](#).

A group of CAPIC board members including **Dr. Juliet Rohde Brown**, (student rep) **Nadia Thalji**, Andrea Kaplan and René Puliatti traveled to Washington, D.C. to advocate for fairness within the psychological community around internship sites, especially in regard to providing sites that focus on underserved communities and specialized areas of practice as well as the availability of part-time venues. (Dr. Oksana Yakushko was also present). In January **2017**, at the midwinter conference of the Northern California Society for Psychoanalytic Psychology (**NCSPP**), they will offer a presentation regarding their trip to the NACIQI hearing: **“Bringing diversity, inclusiveness, and social justice concerns to public awareness: Our experiences at NACIQI and beyond to create change and reclaim our core roles.”**

Fall 2016: Psy.D. Program complete with 4th year!



We were honored and inspired to welcome new and returning students to campus at both of our recent orientations in October. Among those who offered words of welcome and wisdom to the Psy.D. track were Joe Cambray (at podium), (L-R) Brenda Murrow, Victoria Stevens, Juliet Rohde Brown, Oksana Yakushko, Jim Broderick, Doug Thompson (see pp.10-11), & Christine Downing. The Ph.D. orientation included remarks from Michael Sipiora and Avedis Panajian.

Congratulations to our Psy.D. program which now hosts all four years of students engaged in its curriculum on campus!

The program's growing dedication to bridging depth psychology and psychologies in and for communities is making it a distinct educational space in psychology.

Moreover, in line with program commitments to include dissertation process as part of the program four-year course curriculum, several of our fourth year students are preparing to defend their dissertations.

Bringing depth psychology to communities and community mental health is as vital as ever, and we celebrate the growth of the Psy.D. program to reflect this commitment!

We have created several **orientation webinars** covering everything from the approach to education at Pacifica, to policies and procedures, to reminders and updates.

Please see the following links:

[Welcome and Reminders from your Chair: Learning and Studying Approaches at Pacifica](#)

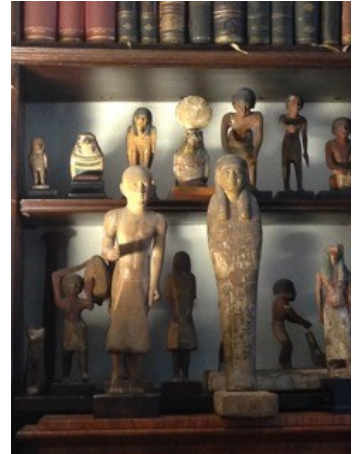
[Welcome and Reminders from your Chair: Processes, Policies and Resources at Pacifica](#)

[Welcome from Program Administrator: Nuts & Bolts to Getting Started and Navigating Through the Program](#)

Address to Clinical Students at Opening of Academic Year, Fall 2016

Douglas Thomas, Ph.D., LCSW

Good morning. I'd like to share with you what I did over my summer vacation. It's a popular topic at schools this time of year. Over the break I visited France and England, and a week ago today I was standing in Sigmund Freud's office at the Freud Museum in London. How many of you have visited there? It truly is a pilgrimage worth taking if you ever have the chance. You've probably heard before about how Freud was such an avid collector of antiquities, but it's quite remarkable to stand there in the room with all the objects he collected, the bookshelves and cases just filled with tiny figures, statues, beautiful sculptures from ancient Egypt, Greece, Rome, China, masks lining the bookshelves. The effect is quite impressive. What I hadn't known is that Freud actually died in this room. And I thought about all those faces, all those eyes, gazing out from across the centuries with some ancestral intelligence that witnessed the old man as he drew his final breath. He loved those figures so much, they were so important to him, and surely they remained important to him as he himself entered eternity. That got me thinking about death.



The truth is, I was thinking about death before then. I had been in Paris before London, and I got to visit the catacombs, which are famous as one of the largest ossuaries in Europe. The French piled so many bones in those underground passageways because the tunnels already existed as part of a network of quarries for limestone to build the great monuments and palaces of Paris, including the Louvre. The passageways actually created sinkholes that on some occasions swallowed up entire houses. At the same time, the cemeteries of Paris were so filled to capacity that bodies were occasionally bursting through the walls of the cellars in neighboring homes. Creating the catacombs was the solution to both problems. I'm not sure how a city in the United States might create an underground ossuary, but the French have their own particular style for such a project. There's an incredible theatricality to the space they created. You have to walk quite a ways through the underground tunnels before you get to the actual catacombs, and at the entrance, there's an inscription in marble over the lintel that reads, "Stop. You are entering the empire of the dead." That's enough to give you goosebumps. What you find on the other side of that threshold is not just a pile of old bones. The remains have been arranged with such

aesthetic care, the designers must have engaged masons who normally would create stone walls with no gaps between the rocks, because you pass through dimly lit corridors between walls made of tibias, femurs, skulls, and other bones, all perfectly arranged in a seamless configuration. And along the way, there are plaques with inscriptions of passages from French and Latin poetry and literature, meditations on the nature of existence and our finitude. It becomes a profound contemplative journey on the great mysteries of life and death.

Each year when we prepare these talks, it seems Dr. Downing and I manage to dovetail our topics without consulting with each other. So this year she says, "Welcome," and I say, "You're going to die." That sort of covers all the bases between us.

But I'd like to reflect a bit further on the significance of death and particularly the dead. After Freud developed the notion of sexuality and aggression as the roots of our unconscious drives, it was Sabine Spielrein who pioneered the concept of the death instinct, or Thanatos. Death has been an important part of depth psychology from almost the very beginning.

In *Memories, Dreams, Reflections*, Jung describes the period after the break with Freud. He had recurring fantasies of something both dead and alive; then he had a dream: Alysamps near Arles; a lane w/a long row of tombs, the dead mummified in place of sarcophagi; a dead man from the 1830s comes to life and unclasps his hands. It happens again with a man from the 18th c., and on to a knight from the 12th c. He experienced these figures not as dead outmoded forms as Freud suggested, but as part of our living being. The theory of archetypes eventually developed from this idea (p. 173).

In 1916, he writes the *Septem Sermones ad Mortuos* as an expression of what his imaginal guide Philemon might have said. Jung writes about the fantasy of the soul flying away from him:

The soul, the anima, establishes the relationship to the unconscious. In a certain sense this is also a relationship to the collectivity of the dead; for the unconscious corresponds to the mythic land of the dead, the land of the ancestors. If, therefore, one has a fantasy of the soul vanishing, this means that it has withdrawn into the unconscious or into the land of the dead. There it produces a mysterious animation and gives visible form to the ancestral traces, the collective contents. Like a medium, it gives the dead a chance to manifest themselves. Therefore, soon after the disappearance of my soul the 'dead' appeared to me, and the result was the *Septem Sermones*. (p. 191)

Then he continues:

From that time on, the dead have become ever more distinct for me as the voices of the Unanswered, Unresolved, and Unredeemed; for since the questions and demands which my destiny required me to answer did not come to me from outside, they must have come from the inner world. These conversations with the dead formed a kind of prelude to what I had to communicate to the world about the unconscious. (p. 192)

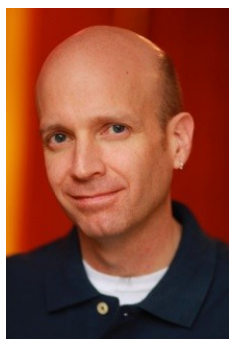
So my proposal today is that we not forget the dead. Let us remember them, especially our ancestors, the people and the creatures who have gone before us, who have some hand in our being here in this room today, embarking on this strange course of scholarly enquiry as a colloquy between the soul and those ancestral questions and demands. May the work that we undertake be in the service of their unfinished business, just as I like to imagine this room some day being filled with other teachers, and other students, picking up the pieces of the work that we were unable to carry to fruition.

I'll conclude with a poem by Billy Collins:

THE DEAD

**The dead are always looking down on us, they say,
while we are putting on our shoes or making a sandwich,
they are looking down through the glass bottom boats of heaven
as they row themselves slowly through eternity.**

**They watch the tops of our heads moving below on earth,
and when we lie down in a field or on a couch,
drugged perhaps by the hum of a long afternoon,
they think we are looking back at them,
which makes them lift their oars and fall silent
and wait, like parents, for us to close our eyes.**



Douglas Thomas, Ph.D., LCSW

has a private Jungian based psychotherapy practice in Pasadena and he teaches as adjunct faculty at Pacifica Graduate Institute in Carpinteria, California. He has presented workshops and talks throughout the state of California on LGBTQ issues and on dream therapy, his two areas of specialization. Dr. Thomas holds a masters degree from the USC School of Social Work, and a Ph.D. in Depth Psychology with an emphasis in psychotherapy from Pacifica Graduate Institute. Over the past decade he has studied and refined Steven Aizenstat's method of Dream Tending through ongoing training and collaboration with its creator in workshops, seminars, and retreats. For more information, visit Dr. Thomas' website at drdouglasthomas.com.

Alumni Interview : Annamarie Fidel-Rice, Ph.D.



Could you tell current students about your work after graduation from Pacifica?

Four months prior to beginning my Pacifica Doctoral program, my niece, Jennifer, was killed. I was devastated....in shock...and nothing spoke to the grief I was experiencing until I took a course from Dr. Robert Romanyshyn that included a lecture on Alchemy. Suddenly I had a container for my grief using alchemy and her processes. Little did I know then that the papers I wrote that quarter would become chapters of my dissertation, *The Alchemy of Grief*.

Upon graduation, I wanted to educate as many people as I could about loss and grief. Afterward, I was hired as Assistant Professor at Regis University in Denver, Colorado. I was one of four faculty members (two of those also graduates of Pacifica) who created a Depth Psychotherapy Certificate. I created one of the six courses offered in this program, *Grief Therapy and Life Transitions from a Depth Perspective*, well over 8 years ago. I transformed my dissertation into a book, *The Alchemy of Grief: Embracing Mourning through Grace*, which was published in February, 2014. I published because I wanted to help people manage their grief *consciously*, to use the book for my course, and to have the opportunity lecture outside of Regis. I have met all three goals. Our students who complete either the Masters in Counseling or Masters in Marriage and Family Therapy and complete the certificate will have an emphasis in Depth Psychotherapy. There is no other program in the state, or in neighboring states, that offers this unique training. My course is offered twice a year because of the demand for it.

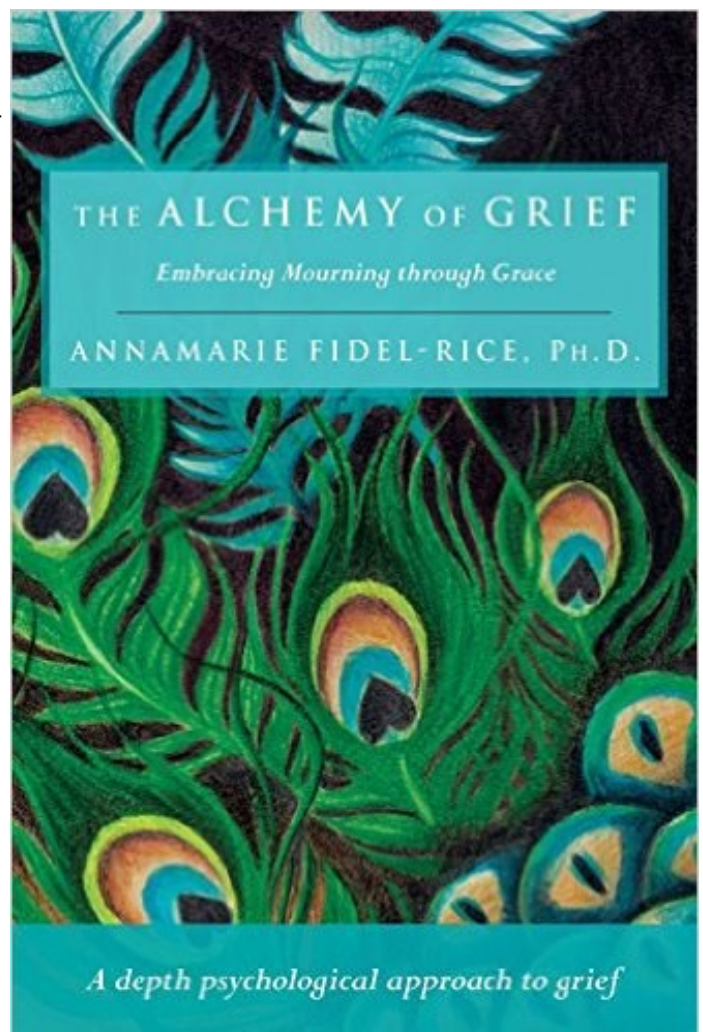
How has Pacifica contributed to your professional identity?

None of the above would have happened without doing my Doctoral work at Pacifica. Pacifica, in itself, became a loving and contained vessel for my grief every single month as I traveled with to Pacifica for course work. Pacifica was a healing haven for my aching heart and soul – and the writing required was a gift! My practice continues to thrive as does my teaching and both are from a depth perspective. I am well established in the community and often sought after for lectures/workshops on loss and grief.

In addition to my work with grief, I developed a program in which I lead groups of women to Peru with a focus on celebrating the feminine and to immerse in the Inka, Quechua, and Peruvian cultures. We meet with shamans, mystics and healers. We go to sacred sites and participate in Quechua rituals. Most of all, participants experience healing on many different levels. (More information [here](#)). Pacifica has been the most important gift I have given myself. Because of my experience there, I am able to share such deep and meaningful information, images, dreams and symbols with my patients and my students.

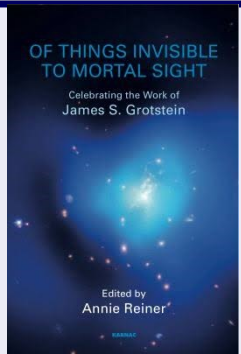
What advice can you give to current students toward their professional development?

Follow your soul's needs! We are all here for very important reasons – to make an impact in others' lives – to be fortunate enough to facilitate healing for another's heart in angst. The most important tool I use in my private practice with my patients is dream tending! What are you passionate about? Know as much as you can about your passion and share it with others through your practice, your writing, your teaching, and your life!



Faculty News – Fall 2016-2017

Avedis Panajian, Ph.D., was invited to become a member of the International Scientific Committee on Bion. Their conference, [BION 2016](#) “*Emotions, Transformations and Psychic Vitality*” International Congress, was just held in Milan Sept 30th – Oct 2, at the historical Milan University. Below is a selection from the many photos from his trip. Relatedly, Avedis also contributed to the new volume [Of Things Invisible to Mortal Sight](#) which is a tribute to James S. Grotstein and Wilfred Bion.



Faculty News – Continued



Oksana Yakushko, Ph.D. used her sabbatical last Spring to complete several writing projects, some of which have been accepted for publication and some are in revision/review in scholarly journals.

Among the accepted publications are:

- ♦ Whatever Happened to Human Experience? Comment on Special Issue on U.S. Undergraduate Education in Psychology. O. Yakushko & D. Hook, *The American Psychologist*.
- ♦ On Methods, Methodologies, and Continued Colonization of Knowledge in the Study of “Ethnic Minorities:” Comment on Hall et al. (2016) by O. Yakushko, L. Hoffman, M. Morgan Consoli, & G. Lee.
- ♦ Cultural unconscious in research: integrating multicultural and depth paradigms in qualitative research by O. Yakushko, P. Miles, I. Rajan, B. Bujko, & D. Thompson. in *Journal of Analytic Psychology*

Upcoming:

- ♦ Witches, Charlatans, and Old Wives: Critical Perspectives on History of Women’s Indigenous Knowledge
- ♦ "Right to Myself:" Reading Xenophobia through Fanon's Black Skins/White Skins
- ♦ Negative Reflections about Positive Psychology: In Resistance to Profession-Wide Focus on Happiness and Individual Achievement
- ♦ Don't Worry, Be Happy: On Erasure of Racism, Sexism, and Poverty in Positive Psychology
- ♦ Who's Afraid of the Goddess: Exclusion of Feminism and Feminist Spirituality in Psychology of Reli-



Michael Sipiora, Ph.D.

Chaired the APA Symposium: The Inescapable, Ever-Evolving Dynamic of the Social and the Psychological (last August in Denver). His talk was titled “Psychotherapy as a Response to Cultural Illiteracy”

Professor Emeritus, **Robert Romanyshyn, Ph.D.** was part of the same symposium, speaking “On Becoming and Un-Becoming a Psychologist: What is Psychological about our Technology?”



Professor Emerita
Veronica Goodchild, Ph.D. recently participated in the online summit: The Interplay of Ancient Wisdom and Modern Science: Illuminating our Path for the Future.





Juliet Rohde-Brown, Ph.D. has many roles, including Board Secretary for CAPIC, member of the CE Committee for the Santa Barbara County Psychological Association and selection committee member for the California Psychological Association 2016 conference. A few of her recent adventures:

- ◆ **Selection committee member** for Annual Convention–California Psychological Association 2016, Transformation and Innovation in Psychology–Meeting the Needs of our Complex and Diverse World, Hotel Irvine, Irvine, CA April 14-17, 2016
- ◆ 18th Annual Energy Psychology Conference, Changing the World through Personal Healing and Transformation, Santa Clara, CA, June, 2016
- ◆ **Presenter: “The Image of the Desert”** at the Jungian Society for Scholarly Studies Conference, Earth/Psyche: Foregrounding the Earth’s Relation to Psyche. Santa Fe, NM, June, 2016
- ◆ **Co-Presenter with Pat Katsky, Ph.D. “Mindfulness, Openness, and Creativity”** at Yoga Meets Depth Psychology: Embodying the Sacred, Encountering the Soul, Pacifica Graduate Institute Public Program, July, 2016
- ◆ The American Institute of Medical Education: Creativity and Madness-Psychological Studies of Art and Artists, Santa Fe Convention Center, August, 2016.
- ◆ **Co-Presenter with Monique Fay “Imagery, Contemplation, and The Book of Fay”** at The Eighth Annual Imagery Conference: On the Wings of Expansion, Imagery International, October 2016 .



Juliet was asked by Richard Bargdill, an active leader of APA Division 32: Humanistic Psychology to contribute a simple black and white drawing for a book chapter for a Routledge publication entitled *Existentialism and Daoism*. He gave the assignment of the chapter entitled “*Flight of the Shadow*” that involved a story of a man who desperately ran away from his shadow until it caught up and crushed him, only for him to recognize that the key for him would have been to stop (to stand/sit still in the present moment). This is the drawing that he chose.



Jim Broderick, Ph.D.

It was great to be on sabbatical during the Spring quarter. In modern times sabbatical has become a time for a faculty member to "rest" from their typical duties in order to have more time for other academic and personal activities. Besides traveling to Alaska and Big Sur, I took time to further develop my research, clinical and writing skills in the areas that I love. I began to explore the possibility with Lionel Corbett of developing a textbook on the history of psychology from a depth perspective, publishing an article on Geel and alternatives to traditional approaches to treat serious mental illness, and applied for American Board of Professional Psychology (ABPP) certification - which since 1947 has been the APA's highest acknowledgement of clinical competence. I also agreed to be an APA Site Visitor in the Fall for an Internship Program on the east coast. I have to admit that I did miss our incredible Psy.D. students and thoroughly enjoyed seeing everyone at the inspiring year end Psy.D. dinner.

Introducing: Psy.D. Adjunct Faculty



Brenda Murrow, Ph.D. returns to the Psy.D. and Ph.D. programs for a second year of teaching the world's most accessible statistics classes. She is a graduate of the Clinical Psychology program here at Pacifica. Brenda's passions include animals, animal-assisted therapy, play therapy, and research methods. She is enthusiastic about supporting students both in the classroom, and through sharing her clinical experiences when they support students in exploring their own clinical interests.

As part of her clinical training, Brenda's experiences span a wide array of environments. In her practicum placement with a community sexual assault support center, she did equine-assisted psychotherapy with adult survivors of abuse. From there, she spent the rest of her internship and post-doc fellowship primarily focused on children's therapy, including infant-parent attachment, play therapy, and psychoanalytic interventions with emotionally disturbed children. Her dissertation was a study of how child survivors of domestic violence, physical, and sexual abuse responded to a therapy dog entering session. The common thread through these experiences is how the relationship (either between patient and animal, child and parent, or patient and therapist) informs us as therapists about the most supportive direction to take in therapy. Brenda welcomes your insights and questions about any of these topics. Having been both a student and now adjunct faculty in the program gives Brenda a unique perspective into Pacifica's particular format, and she is looking forward to supporting students in traversing their own journeys to becoming academically-informed and depth-oriented clinicians.



Victoria Stevens, Ph.D. Joins us this fall as a dedicated Psy.D. faculty in a role of Senior Adjunct faculty. In addition to teaching, she will also lead dissertations, advise, and participate in all program matters.

Dr Stevens is a licensed clinical psychologist, psychoanalyst, speaker, researcher and educator. She holds a BA with honors in philosophy, cello and theatre from the University of Kansas, an MA and Ph.D. in clinical psychology from The Chicago School of Professional Psychology (CGI in Los Angeles) and specialized certifications in Hypnosis and the Treatment of Victims and Perpetrators of Violent Crimes. Her psychoanalytic certification is from the Psychoanalytic Center of California, and she has studied interpersonal affective neurobiology with Allan Schore for over 10 years. Her research specialty is the study of the development and inhibition of creativity in children and adults, with an emphasis on the relationship between creative thinking, neurobiology, emotional development and affect regulation, the arts and cognitive processes. She has integrated her experience as a classically trained cellist, singer, actress and dancer with her expertise in psychology, trauma, creativity and pedagogical theory to develop innovative art education curricula and assessments, teacher training programs and trainings for mentors and teaching artists who work with foster children, veterans and "at-risk" youth.

She is a founding faculty member of the California Institute of the Arts Teaching Artist Training Program and on the faculty of Antioch University Santa Barbara in Trauma Counseling. She has been a faculty member at a number of institutions: California Institute of the Arts School of Critical Studies, Mount St. Mary's College, Pacifica Graduate Institute and the Santa Barbara Graduate Institute for Infant and Child Development. She provides professional development training for teachers in public and private schools across the country on the subjects of creativity, the arts, emotional regulation, empathy, imagination and metacognition as they relate to life-long learning and academic achievement for all children.

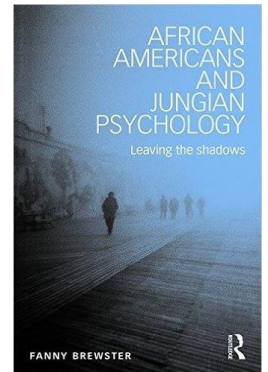
More News from Adjuncts & Alumni



In March, 2017, **Fanny Brewster, Ph.D.**, alumnae and adjunct faculty, will publish ***African Americans and Jungian Psychology: Leaving the Shadows***, which explores the little known racial relationship between the African diaspora and C.G. Jung's analytical psychology. In this unique book, Fanny Brewster explores the culture of Jungian psychology in America and its often difficult relationship with race and racism.

Beginning with an examination of how Jungian psychology initially failed to engage African Americans, and continuing to the modern use of the Shadow in language and imagery, Brewster creates space for a much broader discussion regarding race and racism in America. Using Jung's own words, Brewster establishes a timeline of Jungian perspectives on African Americans from the past to the present. She explores the European roots of analytical psychology and its racial biases, as well as the impact this has in contemporary society. The book also expands our understanding of the negative impact of racism in American psychology, beginning a dialogue, and proposing how we might change our thinking and behaviors to create a 21st century Jungian psychology that recognizes an American multicultural psyche and a positive African American culture.

African Americans and Jungian Psychology: Leaving the Shadows explores the positive contributions of African culture to Jung's theories and will be essential reading for analytical psychologists, academics and students of Jungian and post-Jungian studies, African American studies and American studies.



Matthew Silverstein, Ph.D. (Clinical Adjunct) presented at the June Jungian Society for Scholarly Studies conference in Santa Fe: **Going Black: Dreaming Depth Psychology Forward**. He discussed the necessity of facing the white cultural complex haunting the field of depth psychology and working toward a next stage of socio-cultural consciousness. He has been using social dreaming and mindfulness as techniques to facilitate this community conversation tapping into the wisdom of the community unconscious. This work is inspired by Jung's account of his fear of "going black" during his historic travels to Africa discussed in relation to a significant dream.



Azarm Ghareman, Ph.D. (Clinical Adjunct) is in private practice in San Luis Obispo, California. She also holds advanced degrees in chemistry and business administration. She is the author of *Longing for a Land: A Persian Woman's Story of Individuation*, as well as *Soul of Word, Soul of World; Persian Poets Make an Offering to the West*, and *Six Life Secrets of Content Women; A Guide for Emotional Self-Care*. Her clinical interests include Cultural Individuation, Cross-Cultural Issues, Masculine/Feminine Integration in Therapy, Business/Science/Psychology Overlap. For more information, visit [her website](#).



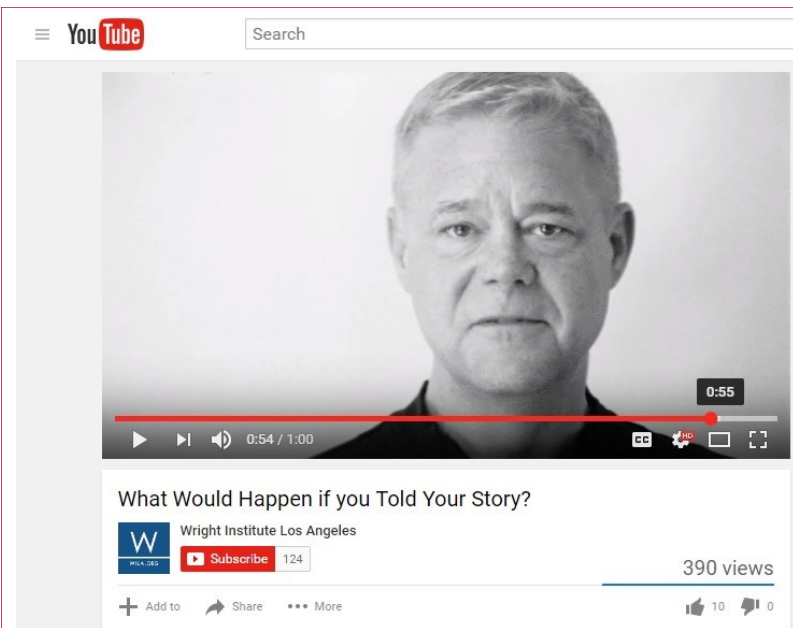
Hallie B. Durchslag, Ph.D., LISW-S recently published [Severe Mental Illness: A Bridge between Neurochemistry and the Collective Unconscious](#). *Psychological Perspectives*, 59(1), 30-45. "This article builds a relationship between neurochemistry and Jung's a priori construct of the collective unconscious through an exploration of the psychotic delusions present in severe mental illness and the psychopharmacological drugs used to treat them. Narrative analysis of qualitative data on severe mental illness adds psychic dimension to medical research and offers evidence that the rise and fall of delusional content, replete with archetypal patterns of expression, are related to the presence or absence of psychopharmacological drugs used for the treatment of bipolar disorder." (Click the link for the full article).



Bryce McDavitt, Ph.D., Staff Psychologist at Engemann Student Health Center, University of Southern California (with colleagues) has published: **Dissemination as Dialogue: Building Trust and Sharing Research Findings Through Community Engagement**. Preventing Chronic Disease (PCD) is a peer-reviewed electronic journal established by the National Center for Chronic Disease Prevention and Health Promotion. PCD provides an open exchange of information and knowledge among researchers, practitioners, policy makers, and others who strive to improve the health of the public through chronic disease prevention. For the full article click [here](#).



Omyda Roundez, Ph.D. (2015) is in the process of completing her post-doctoral hours and recently obtained a staff psychologist position at Napa State Hospital. She is doing forensic assessment and competency restoration work on an in-patient unit with patients who were deemed incompetent to stand trial.



Brant Anderson shares this new video from his CAPIC internship site, The Wright Institute Los Angeles, where he and fellow Pacifica intern **Yasaman Mostajeran** share on office with five other interns. Click to [watch the video](#).

"One of the many great gifts that Wright offers its interns is the chance to participate in marketing and program development. As trainees, we are encouraged to push ourselves in this respect, knowing that one day we will need to market ourselves as therapists in private practice."



Lee Weiser, Ph.D., has been officially recognized as a Certified Gestalt Therapist with Children and Adolescents by The [West Coast Institute for Gestalt Therapy](#). This honor builds upon many years of working with Dr. Violet Oaklander, Emeritus Founder of the Oaklander Model, and follows years of teaching aspiring therapists the model at the graduate level. Dr. Weiser was also asked to submit a case study for a book that will be sold through the Violet Soloman Oaklander [website](#) with proceeds going toward the VSOF scholarship fund. Students from South Africa, the Republic of Georgia, Mexico, Canada, Colombia, the Czech Republic, Romania, and across the U.S., have been assisted by the Fund.



Keith Burke, Ph.D., is a tenured Behavioral Sciences professor at San Diego City College.



Shanna Butler, MSW, has taken a visiting Assistant Professor position at Sonoma State University in the Masters of Counseling Program.



Jane Kepner, M.Div., Ph.D. (2003) is a Zurich trained Jungian Analyst. In Port Townsend, WA, she co-facilitated a seven week course showing the films made by Frazer Boa in which he interviews Marie-Louise von Franz on "The Way of the Dream " Jane shares "It is quite a wonderful challenge to introduce and to bring dream work to people not necessarily steeped in or familiar with dreaming." See her website [here](#).



Three of our alumni, (clockwise from left) **Pecti Miles, Ph.D.**, **Indhushree Rajan, Ph.D.**, **Biljana Bujko, Ph.D.**, with **Doug Thomas, Ph.D.**, (adjunct) and **Oksana Yakushko, Ph.D.**, have a new publication in the Journal of Analytical Psychology:

Cultural Unconscious in Research: Integrating Multicultural and Depth Paradigms in Qualitative Research

For the full article click [here](#).



Alan Ostby Ph.D. is currently working as a Prescribing Clinical Psychologist for the Indian Health Service on the Fort Peck Reservation in Montana, providing a full range of services as a licensed clinical psychologist and licensed prescriber to Native Americans. Alan shares “My work is very challenging and rewarding. I couldn't be doing any of this without my PGI degree. I cherish my years at Pacifica and especially the people and enduring friendships. I would be happy to share my experience with any who are interested.”



JoAnn Cimo, Ph.D. (2001) was just recently accepted as a candidate in psychoanalysis at the Chicago Institute for Psychoanalysis. She plans to become certified by the International Psychoanalytic and American Psychoanalytic Societies when she completes requirements, which include a rigorous study program requiring being in psychoanalysis 4 times a week, analyzing 4 cases over a 2 year period each 4 times a week, and completion of certification requirements and coursework. Joann completed two post docs required for her by Illinois, her licensing state, and completed her licensing exam.



Ifat Peled, Ph.D. (2014) is a licensed clinical psychologist with a private practice in Encino, CA. She taught psychology at Burlington College in Vermont, is now adjunct faculty at College of the Canyon, gives workshops at Counseling West to Master's and doctorate level clinical psychology interns and serves on the board of trustees at Highland Hall Waldorf School.

Lost

Stand still. The trees ahead and bushes beside you
Are not lost. Wherever you are is called Here,
And you must treat it as a powerful stranger,
Must ask permission to know it and be known.
The forest breathes. Listen. It answers,
I have made this place around you.
If you leave it, you may come back again, saying
Here.

No two trees are the same to Raven.
No two branches are the same to Wren.
If what a tree or a bush does is lost on you,
You are surely lost. Stand still. The forest knows
Where you are. You must let it find you.

~David Wagoner

Announcements and Opportunities

The C.G. Jung Institute in Los Angeles

In “**Psyche’s Response to the Intersections of Cultural Complexes: Mexican American Male Identity Formation**” **John Valenzuela, Ph.D.** will discuss the psyche of living with a bi-ethnic identity, and how the collective psyche compels individuals to split the values and attitudes between the heritage cultural and the dominant culture identity. Dream images and symbols reflecting the unconscious response to these messages relate the dramatic archetypal fuel of the Mexican-American male experience. Finally, the audience will be invited to turn towards healing and discuss how the coordination of identity, culture, dreams and symbols potentiate a healing narrative that constitutes an indigenous way of knowing. Talk is **Nov 9**. Click here [for details and to register](#).



The Central Coast Jung Society—Speaking opportunity

[The Central Coast Jung Society](#), in San Luis Obispo, California, organizes four presentations each year on topics related to Jung, from Alchemy to Analytic Psychology. While interest increases a little from year to year, audiences are usually between 24 and 40 people. The next session will be a discussion of "the American Shadow and the Upcoming Elections" on October 16th at 2 PM. A speaker is still needed for the May 21st program. Many previous speakers have been Pacifica professors or graduates; A recent guest speaker (May 2016) was Pacifica Clinical Adjunct Faculty, **Dr. Azarm Ghareman**, who spoke on "Diversity from Depth Psychology's Perspective." **You are invited to apply to be a speaker** either this coming May or the following year. If you are interested please send a brief biography and description of your presentation to Dorothy Pitkin at doriePh.D.@yahoo.com.

APA Division 39 - Psychoanalysis and Social Responsibility

As many of you know, this section’s mission is to engage psychoanalysis as a field in important social issues. Past work has included the creation of socially engaged course material for inclusion in institute and graduate school training. Members also took a very active role in the years-long fight against the APA’s collusion with US torture policy. Their mission also includes supporting projects that seek to promote the provision of psychoanalytically oriented clinical services to underserved groups of people, and to expand the cultural applicability of psychoanalytic treatment. To this end, they have launched an initiative to create discussion and support groups for people doing psychodynamic community mental health work.

Please take a look at the newsletter, [The Psychoanalytic Activist](#), to see the kind of work the members of division 39 support and in which they participate. Click here for [more opportunities and information](#).

**Please consider joining or re-engaging these initiatives for
students across Pacifica campus/programs:**

- ♦ **Psychologists for Social Responsibility Student Chapter** on campus (please contact the Chair about more information to get in touch with students who started forming the chapter)
- ♦ **Diversity and Inclusion Council:** Diversity in the student body, faculty, staff, board, and administration is an essential component of the learning experience at Pacifica Graduate Institute. The purpose of the Diversity and Inclusion Council (DIC) is to nourish an atmosphere at Pacifica that promotes, respects, and encourages diversity in its fullest sense. The DIC consists of representatives from Staff, Faculty, Administration, Alumni, and Students. Please contact Lizzie Rodriguez, CLE student, at Elizbeth.Rodriguez@My.Pacifica.edu for more information.

**Mirrors of the Mind 5:
The Psychotherapist As Artist**

A juried exhibition of visual arts created by psychologists, psychotherapists and students, sponsored by the LA County Psychological Association's Community Outreach Committee. *Exhibition Dates: November 2 - 13, 2016 . RECEPTION, November 5, 2016, 5 to 9:30 p.m.*

Rumor has it that **Natali Thalji** and **Yasaman Mostajeran** may also be participating. **Vicki Stevens** is organizing performances, and **Juliet Rohde Brown** will have this photograph (right) in the exhibit, titled "Salt Marsh":

For all details click [here](#).



Denise Maratos (4th year Ph.D.) will deliver her paper "Psychosis as a Natural Reaction to an Abnormal Situation" at the 15th Annual [ISPS-US](#) this October in Boston, MA.

*After more than 20 years of service to Pacifica, and especially our clinical psychology community, **Diane Huerta**, our admissions counselor, is retiring. She has nurtured, midwived, shepherded, and advised so many who were both considering our programs and all the way through the course of studies (and for many, beyond that). Diane asked for quiet retirement leaving, but those of you who want to send a note to Diane you are invited to do so, whether by email or mail (dbuerta@pacifica.edu or PGI, 801 Ladera Lane, Santa Barbara CA 93108).
Thank you, Diane!*

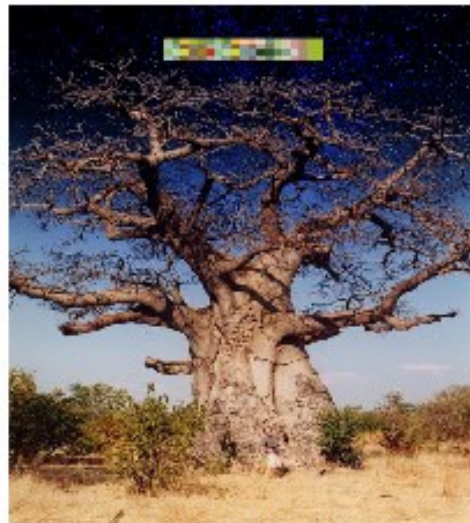
The Spectre of the "Other" in Jungian Psychology
2017 Multidisciplinary Conference on Jungian Psychology
Cape Town, South Africa

International Association for Jungian Studies
www.jungstudies.net

New CONFERENCE DATE: July 27-30, 2017
New Call for Papers (CFP) Due Date: October 31, 2016
New addition: Poster Presentation Proposals Accepted

Call for Papers

*"I do not know what Africa is really saying to me, but it speaks."
(Jung in a letter to Emma in *Memories, Dreams, Reflections*)*



African Baobab Tree

Confirmed Presenters:

Andrew Samuels, PhD, London, UK
Fanny Brewster, PhD, New York, USA
Nomfundo Mlisa, PhD, Alice, South Africa
Renos Papadopoulos, PhD, London, UK
Roger Brooke, PhD, Pittsburgh, USA

Clinical Dissertations Published—Congratulations!

Robert Beridha: *The Lived Experience of Individuation in Six Gender Variant People*

Richard Caro: *The Heroic Shadow: Development of the Ego/Shadow Complex*

Carol Cruz: *El Camino sin Palabras/A Road Without Words*

Marissa Gran: *Parent-Child Interaction Therapy: Effectiveness in Home-Based versus Office-Based Settings*

Michael Grubb: *Concurrent Psychotherapy and Twelve-Step Recovery for Compulsive Overeating: An Interpretative Phenomenological Analysis*

Patrice Jacob, *The Technological Mediation of Psychopathologies: Depth Psychology and the Philosophy of Technology*

Jaclyn Lafer: *Welcoming the Stranger: On the Importance of a Clinical Attitude of Curiosity When Working With Children as Patients*

Annie Maddox: *Psychoanalysis: A Philosophy of Mind*

Nihal Makhyoun: *The Nomadic Identity: The Phenomenon of Being Arab American Muslim Women in the Post-September 11 American Society*

Maria Martinez: *A Descriptive and Comparative Study of Students at Risk for Targeted School Violence and Students Who Perpetrated Targeted School Violence*

Sherry Martyn: *Facilitating Self-Forgiveness in Psychotherapy: Clinical Perceptions on The Efficacy of Treatment Interventions*

Andrea Newman: *Healing the Feminine: A Phenomenological Study of the Feminine Image and Animus of the Female Alcoholic*

Tiffany Nowlan: *Adoptees' Experiences Through a Depth Psychological Lens: An Interpretive Phenomenological Study*

Pamela Perry: *A Phenomenological Study of Identity and Meaning in the Lives of Older, Never-Married Women: Spinning New Yarns About Singlehood*

Pamela Percy: *Mourning and Transformation: A Phenomenological Study of Living Through the Journey of Grief*

Frank Sanchez: *Cultural and Religious Messages Leading to Shame in a Gay Man: A Phenomenological Study*

Daria Spino: *The Psychological Impact of Living in a Family with an Autistic Sibling*

John Valenzuela: *Psyche's Response to the Intersections of Cultural Complexes: Mexican American Male Identity Formation*

Jacqueline Williams: *Metabolizing Birth: The Impact of Labor and Birth on the Maternal Mind*

Lisa Wong: *A Self-Perceived Needs Assessment of Individuals with Serious Mental Illness*

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