

**Pacifica Graduate Institute  
Depth Transformative Practices  
Documentation of Hours**

*During the course of the M.A./Ph.D. Depth Psychology program, Depth Psychology and Community, Liberation, Ecopsychology students are expected to engage in 60 hours of depth transformative practices, within a relational context. Somatic Studies students are expected to complete 50 hours of such practice. Latitude is given to students to choose the form of this practice in accordance with their needs and interests. Examples of such practice may include, but are not limited to, individual depth psychotherapy, group dialogue work, facilitated vision questing, rites of passage, meditation or other psycho-spiritual retreat, or artistic engagement.*

Student Name: \_\_\_\_\_ Date: \_\_\_\_\_

Provider Name: \_\_\_\_\_ Date: \_\_\_\_\_

Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please provide a brief description of the practice you will engage in and submit to the Transformative Practice Coordinator for approval before beginning. Please record dates and total number of hours and submit to your Program Administrator upon completion of the practice.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Pre-approval: \_\_\_\_\_ Date: \_\_\_\_\_

Dates*	_____	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____	_____
	_____	_____	_____	_____	_____	_____

*\*additional dates may be recorded on the reverse if necessary*

Total Hours: \_\_\_\_\_

Provider Name: \_\_\_\_\_

Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Approval of Completed Hours: \_\_\_\_\_ Date: \_\_\_\_\_

**Please submit completed form to your Program Administrator.**