

Mary Watkins

134 Palisades Drive
Santa Barbara, CA 93109
(805) 698-2230

Education

	1968-70	Rice University, Psychology
A.B.	1970-72	Princeton University, Psychology (Cum Laude)
	1973-74	Training Program, C.G. Jung Institute, Zurich
M.A.	1974-75	Duquesne University, Phenomenological and existential psychology Teaching Fellowship
M.A.	1976-78	Clark University, Clinical and developmental psychology NIMH National Research Service Award Fellowship Thesis: "Self and object-representation in the dreams of schizophrenics and non-schizophrenics"
Ph.D.	1978-82	Clark University, Clinical and developmental psychology NIMH National Research Service Award Fellowship Thesis: "The development of imaginal dialogues"

Additional Training:

Clinical: Family Institute of Cambridge; Preschool Consultation Program, Judge Baker Guidance Center; Psychosomatic Division, Children's Hospital; Neuropsychology Division, Boston Veterans' Administration Hospital; Center for Ergonomic Studies; Psychosynthesis Institute (Florence); Clinic am Zurichberg, psychodrama training,(Zurich); Gestalt Institute of Princeton

Dialogue/Council Training: Dialogos with William Isaacs (large group dialogue training), The Dialogue Project (Cambridge); New England Society for Group Psychotherapy (large group dialogue training with Patrick de Mare); Ojai Foundation (three levels of council training); The Public Conversation Project (Watertown, MA)

Trauma Training: Certificate, International Trauma Study Program, Columbia University (yearlong program); basic and advanced training, Alternatives to Violence Program; Capacitar (body literacy approach to trauma healing) trainings I and II

Effects of Globalization on Local Communities: BorderLinks, Ambos Nogales; Global Exchange, Chiapas and Zapatista communities, U.S./Mexico border, Tijuana

Spanish Language Training: Oventik Caracol, Chiapas, Mexico; Miguel Cervantes Institute, Valenciana, Mexico; Institute Cultural de Oaxaca, Oaxaca, Mexico; Adult Education, Santa Barbara

Licenses: Psychologist, Massachusetts #3500 (1984-present, inactive); Psychologist, California, PSY 15542 (1997-present, inactive); National Registry of Health Service Providers, #41354

Teaching Experience

1997-present	Coordinator, Community/Ecological Fieldwork & Research; Core Faculty MA./Ph.D. Depth Psychology Program Pacifica Graduate Institute
2009	Chair, M.A./Ph.D. Depth Psychology Pacifica Graduate Institute Program
Spring/Summer 2005	Acting Chair, M.A./Ph.D. Depth Psychology Program Pacifica Graduate Institute
1998-1999	Chair, Ph.D. Depth Psychology Program, Pacifica Graduate Institute
1995-1998	Chair, Master's Program in Counseling Psychology, Pacifica Graduate Institute
1986-present	Core Faculty, Pacifica Graduate Institute (formerly the Human Relations Institute)

1986-present:

Ph.D. level courses on object relations theory, dream theory, advanced psychopathology, socio-cultural foundations of psychological theory, qualitative research (phenomenological, heuristic, feminist, voice-centered) and participatory action research methodology, psychologies of liberation, approaches to group and community process, introduction to and phenomenology of depth psychologically oriented community and ecological fieldwork and research, psychologies of liberation, theories of dialogue, reconciliation processes, oral traditions

M.A. level courses on developmental psychology, clinical methodologies;

Advisor for Ph.D.dissertations and M.A. theses.

Committees: Diversity (Co-Chair: 1996-2001), Curriculum, Education Council, PsyD/Ph.D. designation, Research, Faculty, Dissertation Council, Diversity Council,

WASC accreditation, Faculty Well-Being Committee (Chair), Circle of Chairs,
Faculty Review Committee

2006, Certificate of Excellence

1990

Part-time Assistant Professor, Department of
Psychology, Clark University

Upper level undergraduate and graduate seminar,
cultural pathology and socio-cultural foundations of
selfhood

1989-1994

New England Society of Jungian Analysts, C.G. Jung
Institute, Child Therapist Training Program, Boston.
Courses on object relations and child psychotherapy,
and desire and psychological theory, children's
experience of adoption.

1989-1995

Continuing Education Program, Massachusetts School
for Professional Psychology
Courses on the interdependent self, evolution of object
relations theory, Jungian theory, desire, young
children's experience of adoption

1992

Center for Advanced Studies in Depth Psychology
Post-Ph.D. training of therapists in depth psychology

1990-1992

Faculty, Institute for Depth Psychology, Wainwright
House. Post-Ph.D. training of therapists in depth and
object relations approaches to psychotherapy

1989-1991

Adjunct faculty, Union Institute. Supervision of
interdisciplinary doctoral theses

1986-1991

Team faculty member, Independent Study Program,
Lesley College Graduate School. Supervision of
Master's Theses

1982-1983

Faculty, Adult Degree Program, Vermont College
Taught adult learners in psychology and
interdisciplinary studies

1992-present

Lectures and workshops on children's experience of adoption:

Massachusetts School for Professional Psychology; Resolve of the Bay State; Open Door Society of Mass; C.G. Jung Institute, Boston; Resolve of Greater Westchester county; Walden Radio Station, Resolve of Greater Los Angeles; Adoption Resources

1981-present

Lectures, workshops, and groups on diversity, the development of commitment to social action, psychological responses to the threats of nuclear war and environmental crisis, community art and social change, socio-cultural aspects of psychotherapy, U.S./Mexico border issues:

Wright Institute; Vermont College; Clark University; Lesley College; Salve Regina College, Swarthmore College, Beth Israel Hospital (Grand Rounds); Pax Christi New England; Friends of Jung in Maine; Robert Bly's Mother Conference; Massachusetts Psychologists for Social Responsibility; University of New Mexico (Nuclear Reactions Conference); Association for Humanistic Psychology (invited address); Alliance of Churches in Quincy; Coalition of Labor Unions in Rhode Island; Interface Foundation; Burlington College; New England Psychological Association; Social Workers for Peace and Nuclear Disarmament; Massachusetts Psychological Association (invited workshop); Massachusetts School for Professional Psychology; Association for the Study of Dreams, Moscow; International Theatre Festival, University of Southern California; National Training Laboratory, Roundtable (Philadelphia); SEED (Santa Fe); Utah State Psychological Association (diversity initiatives in Utah); Friends Conference on Psychology and Religion (keynote speaker); Santa Monica Monthly Meeting (retreat leader for Quaker group); Santa Barbara Community Counseling Center; Santa Barbara County Chapter of California Association of Marriage and Family Therapists; Radical Philosophy Association; Union Theological Institute; Journey Conferences

1972-present

Lectures on depth psychology, object relations psychotherapy and imagination, desire, dreams:

Department of Religion, Canisius College; Counseling Department, Lesley College; Wright Institute; Counseling Department, Boston College; Archetypal Studies Center, Minneapolis; New England Association of Art Therapists, Keynote Address; Department of Continuing Education, Notre Dame University; Department of Art Therapy and Education, University of New Mexico; Inter-Regional Analytical Psychology Institute, Santa Fe; Department of Philosophy and Religion, Salve Regina College; Interface Foundation; Center for Analytical Psychology of Rhode Island; Department of Religion, Princeton University; Analytical Psychology Association of Western New York; Adult Degree Program, Vermont College, Keynote Address; Massachusetts School for Professional Psychology; Institute For the Study of Imagination; Common Boundary conference; Pacifica Graduate Institute; Center for Advanced Studies in Depth Psychology; Wainwright Institute; Association for the Study of Dreams (Moscow); Omega Institute; Journey to Wholeness; Fordham University

- 1977 Instructor, Department of Psychology, Clark University, The Interpretation of Dreams
- 1976-80 Teaching Fellow, Department of Psychology, Clark University: Introductory Psychology, Neuropsychology, Developmental Psychology, The Psychology of Love and Hate, Field Theory, Organismic-Developmental Approaches to Research
- 1974-75 Teaching Fellow, Department of Psychology, Duquesne University, Abnormal Psychology, Personality Theory

Clinical Experience

- 1983-2005 Private psychotherapy practice with children, adults and families. Supervision of child and adult therapy
- 1987 Psychotherapist, Westford Counseling Associates
Westford Women's Health Center, Nashoba Community Hospital
Helped design and initiate mental health services for women, with particular reference to education and mental health services for mothers with young children
- 1976-82 Psychotherapy Associates, Cambridge
Psychotherapist with children, adult and families
- 1976-82 Psychological Services Center, Clark University
Short-term psychotherapy with college age student
- 1978-79 Judge Baker Guidance Center, Boston
Full-time clinical intern; duties included: individual psychotherapy with children and parents, family therapy, and diagnostic testing and evaluation of children referred from the Department of Youth Service, the Psychosomatic Unit of Children's Hospital and the Manville School
- Psychological Consultant to Charlestown Head Start Program;
Diagnostic Evaluation of high-risk preschoolers, short-term psychotherapy with children and mothers; consultation to classroom teachers and neighborhood workers
- Psychosomatic Unit, Children's Hospital, Boston
Psychotherapy with in-patient children with psychosomatic disorders, family therapy with psychosomatic families, consultation with unit staff on play therapy

- 1977-78 Pediatric Associates, Memorial Hospital, Worcester
Diagnostic testing and evaluation of children and families, psychotherapy with children and families, consultation with pediatricians
- 1974-75 Center for Psychological Training and Research, Duquesne University, Pittsburgh
Diagnostic evaluations and testing, individual psychotherapy, consultation to halfway house for drug addicts
- 1972-73 Department of Psychiatry, Cambridge City Hospital
Mental health worker; duties included psychiatric emergency room evaluations, milieu therapy on inpatient adult unit, group movement therapy with chronic schizophrenic outpatients
- 1972 Wellmet Project, Cambridge
Live-in counselor in halfway house for young schizophrenic adults

Research

- 2007-2008 Participatory research with Immigration Committee, PUEBLO (Latino/a rights organization), Santa Barbara

Collection of and analysis of *testimonios* of immigrants without documents; creation of book for community education about immigration experience in Santa Barbara
- 2002-present Role of border art in creation of critical consciousness and trauma healing; art on walls in U.S./Mexico, Derry, W. Belfast, Berlin
- 2002-present Immigration and border issues: Impact of globalization on migration from Mexico; borders between communities; creation of intercommunities of resistance
- 2000-2003 Theoretical research on the impact of colonialism on psychological health and on the construction of psychological theory
- 2000 Participatory research group on the provision of a facilitating academic environment for the exploration of diversity
- 1996-present Theoretical research on the integration of liberation psychology and depth psychology
- 1994-1996 Research group on social construction of motherhood, with particular reference to the effects of dominant theories of motherhood on
m

marginalized groups of mothers
Stone Center, Wellesley College

- 1987-present Theoretical research on cultural construction of selfhood and reality and implications for psychological suffering; tracing how these structures are conserved by psychological theory and practice, thus limiting the healing that is possible; cross cultural work to aid how the paradigm of the self could be differently constructed to facilitate psychological, community, and intercommunity well-being
- 1985-1994 Theoretical research on desire in psychological theory and everyday life
- 1986-91 Study of how young adoptive children (ages 3-10) understand, and talk about their adoption.
- 1983-85 Research Associate, Department of Psychology, Clark University
Research on how individuals develop and sustain long-term commitment to social action
- 1983-84 Research consultant, Department of Psychiatry, Yale University School of Medicine

Project: The course of psychiatric disorder
Duties: 1) evaluate methodologies previously used in a longitudinal manner; 2) train staff to work with alternate methods of data analysis, particularly phenomenological approaches
- 1980 Research assistant, Department of Psychology, Clark University

Project: Longitudinal study on the transition from work to retirement
Duties: 1) trained research assistants to conduct open-ended interviews, and 2) to qualitatively analyze interview transcripts; 3) assisted in the final analysis of the data
- 1979-84 Theoretical research on the development of imaginal dialogues
- 1978 Research assistant, Clark University
Project: Development study of children's transition from home to daycare
Duties: Training research assistants in the rationale and application of phenomenological analysis to research data
- 1978 Master's thesis research: "Self- and object- representation in the

- dreams of schizophrenics and non-schizophrenics"
- 1971 Research assistant, Menninger Dream Laboratory, Maimonides Hospital, Brooklyn
Duties: Administration and scoring of tests, interviewing of subjects, development of research rationale
- 1971 Research assistant, Ittleson Center for Child Research
Longitudinal research on the etiology of childhood schizophrenia
- 1970-75 Historical research on the use of fantasy in psychotherapy since 1880

Published Work

Books

- 2008 *Toward psychologies of liberation*. Co-authored with Helene Shulman. London/New York: Palgrave Macmillan.
- 2008 *Living in the shadow of paradise*. Co-authored with The Immigration Rights Committee, PUEBLO Santa Barbara
- 2008 *Talking with young children about adoption*. Co-authored with Susan Fisher. Athens, Greece: GEMA (Greek translation).
- 1993 *Talking With Young Children About Adoption*. Co-authored with Susan Fisher. New Haven: Yale University Press.
- 1988 *Psychology and the Promotion of Peace, Journal of Social Issues*, 44, 2. Co-editor with R. Wagner and J. de Rivera.
- 1986 *Invisible Guests: The Development of Imaginal Dialogues*. Hillsdale, NJ: Analytic Press. (1991, paperback edition, Boston: Sigo Press; 1997, 3rd edition, Woodstock, CT: Spring Publication).
- 1976 *Waking Dreams*. New York: Gordon & Breach Science Publishers. (Paperback editions: New York: Harper & Row, 1977 and third edition, Woodstock, CT: Spring Publications, 1983

Articles

- Watkins, M. (2009). Restorative Practices in Small Group and Individual Work. In G. Nelson & I. Prelliltensky (Eds.), *Community psychology, 2nd edition* (pp. 219-236). NY: Palgrave Macmillan.

- Watkins, M. (2009). Creating restorative ecopsychological practices. In L. Buzzell and C. Chalquist (Eds), *Ecotherapy: Healing with nature in mind* (pp. 219-236). San Francisco: Sierra Club Books.
- Watkins, M. (2009). Healing and the half-dream. *San Francisco Medicine: Journal of the San Francisco Medical Society*, 82(2).
- Watkins, M. (2008). "Breaking the Vessels": Archetypal Psychology and the Restoration of Community, Ecology, and Culture." In S. Marlan (ed), *Archetypal psychologies: Reflections in honor of James Hillman edition* (pp. 414-437). New Orleans: Spring Books and Journals.
- Watkins, M. (2007). Psyches and cities of hospitality in an era of forced migration: The shadows of slavery and conquest on the "immigration" debate. *Spring* 78, 177-201.
- Watkins, M. (2005). Adoption and identity: Nomadic possibilities for reconceiving the self. In K. Weegar (Ed.), *Adoptive families in a diverse society* (pp. 259-274). Brunswick, NJ: Rutgers University Press.
- Watkins, M. (2005). Restorative practices in small group and individual work. In G. Nelson and I. Prelliltensky (Eds.), *Community psychology edition*. NY: Palgrave Macmillan.
- Watkins, M. (2004). Liberating soul sparks: Psyche, classroom, and community. In A. Dalke & B. Dixon (Eds), *Minding the light: A collection of Quaker pedagogies edition* (pp. 23-42). NY: Peter Lang.
- Watkins, M. (2003). Dialogue, development, and liberation. In I. Josephs (Ed.) *Dialogicality in development* (pp. 87-109). Westport, CT: Greenwood.
- Watkins, M. (2003). Afghan Refugee Girls' School: Prophetic dreaming and moral pilgrimage, *Among Friends*, Santa Barbara Friends Meeting Newsletter (July).
- Watkins, M. (2002). Lessons from Proteus, *Adopted Families*.
- Watkins, M. (2002). Waking up: Depth Psychology and Terrorism, *Psychological Perspectives*, 44, 14-24.
- Watkins, M. (2000). Seeding liberation: A dialogue between depth psychology and liberation psychology. In D. Slattery & L. Corbett (Eds), *Depth psychology: Meditations in the field* (pp. 204-225). Einsiedeln, SW: Daimon Verlag.
- Watkins, M. (2000). Depth psychology and the liberation of being. In R. Brooke (Ed.), *Pathways into the Jungian world* (pp. 217-233). London: Routledge.
- Watkins, M. (2000). On "'holding holy converse' with the stranger: The development of the capacity for dialogue." Afterword to Third Edition of *Invisible Guests*. Woodstock, CI: Spring Publications.

- Watkins, M. (1999). Pathways between the multiplicities of psyche and culture: The development of dialogical capacities. In J. Rowan & M. Cooper (Eds), *The plural self: Multiplicity in everyday life* (pp. 254-267). Thousand Oaks, CA: Sage Publications.
- Watkins, M. (1998). Foreword to Richard Frankel's *The adolescent psyche: Jungian and Winnicottian Perspectives* (pp. xi-xiii). London: Routledge.
- Watkins, M. (1997). The practice of liberation, *Pacifica Newsletter*.
- Watkins, M. (1997). "Six approaches to the image in art therapy." In B. Sells (Ed.), *Working With Images: The Theoretical Base of Archetypal Psychology* (pp. 186-207). Woodstock, CT: Spring Publications.
- Watkins, M. (1997). Talking with young children about adoption, *Adoptive Families*, 30, 4, 8-12.
- Watkins, M. (1992). *Perestroika* of the self: Dreaming in the U.S.S.R. *Dreaming*, 2, 2, 111-122.
- Watkins, M. (1992). From individualism to interdependence: Changing paradigms in psychotherapy. *Psychological Perspectives*, 27, 52-69.
- Watkins, M. (1990). Mother and child: Some teachings of desire. In P. Berry Hillman (Ed.), *Mothers and fathers* (pp. 120-135). Dallas: Spring Publications.
- Watkins, M. (1989). Worldly desires: From "the teacher within" to the "world as teacher," *Proceedings of the Friends Association for Higher Education*, Swarthmore College.
- Watkins, M. (1988). "Imagination and peace: On the inner dynamics of promoting peace activism, *Journal of Social Issues*, 44, 2, 39-58.
- Watkins, M. (1988). The image of the activist in psychological research, *Conference on Quaker Studies on Human Betterment*, Proceedings, Swarthmore College
- Watkins, M. (1987). "In dreams begin responsibilities": Moral imagination and peace action. In V. Andrews, R. Bosnak & K.W. Goodwin (Eds.), *Facing Apocalypse* (pp. 72-95). Dallas: Spring Publications.
- Watkins, M. (1985). Moral Imagination and peace activism: Discerning the inner voices." *Psychological Perspectives*, 16, 1, 77-93.
- Watkins, M. (1984). "In dreams begin responsibilities": Moral imagination and peace action. In E. Mc Coneghey & J. Mc Connell (Eds.), *Nuclear Reactions*. Albuquerque: Image Seminars.
- Watkins, M. (1984). Thinking about the future in a nuclear world. In E. Mc Coneghey & J. Mc Connell (Eds.), *Nuclear Reactions*. Albuquerque: Image Seminars.

- Watkins, M. (1983). "The characters speak because they want to speak." *Spring 1983*. Dallas; Spring Publications.
- Watkins, M. (1981). Six approaches to the image in art therapy. *Spring 1981*. Dallas: Spring Publications.
- Watkins, M. (1974). Waking dreams in European psychotherapy. *Spring 1974*. Zurich: Spring Publications, 33-57.

Co-Authored

- Bradshaw, G.A., Watkins, M. (2006). Transpecies psychology: Theory and praxis. *Spring 75*, *Psyche and Nature*, 69-94.
- Lorenz, H. & Watkins, M. (2003). Individuation, seeing-through, and liberation: Depth psychology and culture, *Quadrant*, 33, 11–32.
- Lorenz, H. & Watkins, M. (2002). Depth psychology and colonialism: Individuation, Seeing-through, and liberation. In D. Slattery & L. Corbett (Eds), *Psychology at the threshold*. Carpinteria, CA: Pacifica Graduate Institute Publications. Illustrated online version <http://www.mythinglinks.org/LorenzWatkins.html>
- Lorenz, H. & Watkins, M. (2002). Silenced knowings, forgotten springs: Paths to healing in the wake of colonialism. *Radical Psychology: A Journal of Psychology, Politics, and Radicalism* (online journal). <http://www.radpsy.york.ca>. Also see illustrated online version at <http://www.mythinglinks.org/LorenzWatkins2A.html>.
- Watkins, M., Fisher, S. (2000). Talking with young children about adoption, *Adoptive Families*, 24-28.
- Watkins, M., Rosenthal, L. (2000). Homecoming and the making of friends: Traveling to one's birthcountry, *Adoptive Families*, 22-23.
- Garcia-Coll, C., Surrey, J., Watkins, M., Weingarten, K. (1998). Introduction, *Mothering against the odds: Diverse voices of contemporary motherhood* (pp. 1-14). New York: Guilford Press.
- Smith, B., Surrey, J., Watkins, M. (1998). "Real" mothers: Adoptive Mothers Resisting Marginalization and Re-Creating Motherhood. In C. Garcia-Coll, J. Surrey, K. Weingarten (Eds.), *Mothering against the odds: Diverse voices of contemporary motherhood* (pp. 194-214). New York: Guilford Press.

Recent Volunteer Activity

- 2007-present Advisory Council, Ojai Foundation
- 2005-present PUEBLO (Immigrant rights organization), Community Meetings, immigrant rights committee, living wage initiatives, higher education opportunities for students without documents, oral history project of undocumented immigrants in Santa Barbara project
- 2005-present Board of Advisors, New Conversations and Cooperative Communication
- 2008 Helped to build Lubao Peace Center, Lubao, Kenya. African Great Lakes Initiative, Friends Peace Teams.
- 2007-present Convenor, Support Geneva Conventions website, and member of Coalition to Reaffirm and member of Extend the Geneva Conventions
- 2006-present Advisory Board, Spring Journal and Books
- 2007 Founding Member, Kerulos, International Association for Animal Trauma and Recovery
- 2005-2006 Planning Board, American Friends Youth Service Committee
Accompany youth on service projects and activities of social witness
- 2005-2007 Advisory Board, Golden Moon Foundation,
Transition program for teen girls from Chinese orphanages to independent living
- 2003-2005 Afghan Girls' School Committee, worked with Edith Coleman and others under Claremont Friends Meeting to create and sustain a school in refugee camp for Afghans in Pakistan

