Ph.D. in Clinical Psychology

WITH EMPHASIS IN DEPTH PSYCHOLOGY

Inaugurated in 1987, Pacifica’s Ph.D. Clinical Psychology Program is dedicated to educating scholar-practitioners who integrate theory, research and clinical practice within human science and depth psychology traditions. The curriculum is designed to lead to licensure as a clinical psychologist (based on educational requirements for psychologists in the State of California).

Within a human science model, the Ph.D. in Clinical Psychology Program focuses on the traditions of depth psychology. Found in multiple cultural contexts and perspectives, including the groundbreaking explorations of Freud and Jung, depth psychologies are distinguished by their recognition of a latent or unconscious dimension of psychological life. This unconscious element, or depth in human experience, is understood as essential to the transformative character of the therapeutic relationship.

The program is inspired by psychoanalytic, Jungian, and existential-phenomenological perspectives in their historical and contemporary formulations, including relational, archetypal, and hermeneutic psychologies. Significant attention is given to dialogue with related disciplines such as multiculturalism, postmodernism, feminist theory, gender studies, indigenous psychology, complexity theory, post-colonialism, ecological studies, Eastern thought, and contemplative practices and traditions.

Clinical instruction emphasizes the importance of the therapeutic relationship, particularly transference and counter-transference dynamics, the significance of dreams, early development including attachment and trauma, developmental stages across the lifespan, individuation as a process of psychic transformation, mind-body integration, therapeutic presence, and the cultural context of healing. A critical dialogue is maintained with contemporary developments in the field, such as neuroscience.

When I was a student and later a tenure-track faculty at a large state university, I thought that my inner life and my professional life had to be divided.

When I found Pacifica and our program, I was delighted to work in a place where we can openly integrate depth psychological principles in all aspects of our lives and work. It is this integration that I believe inspires us to be a community of students, faculty, and staff that share a commitment to tending the soul in and of the world.

~ ORSANA YAKUSHO
Program Chair
# ACADEMIC FORMAT

Clinical Psychology Ph.D. classes take place in four-day sessions (Thursday evening through Sunday afternoon) once each month during fall, winter, and spring. There is also one seven-day summer session each year. Between learning sessions, advising, mentoring, study and instruction continue through individual and group mentorship from faculty, web-enhanced learning, and cohort support groups.

# CURRICULUM OVERVIEW

## FIRST YEAR

**Practicum Seminars**
- Professional Development Seminar I, II, III
  - CL 755, CL 756, CL 757, 1 Unit each

**Annual Assessment**
- 1st Year Annual Assessment for Program Advancement – CL 758, 0 Units

**Clinical Practice Courses**
- History and Systems of Psychology – CP 700, 2 Units
- Psychological Assessment I, II – CP 930, CP 931, 2 Units each
- Legal, Ethical, and Professional Practice – CP 832, 2 Units
- Advanced Psychopathology I – CP 730, 2 Units
- Biological Foundations of Human Behavior – CP 735, 2 Units
- Phenomenological Psychology: Theory and Practice – CL 917, 2 Units
- Psychoanalytic-Based Psychotherapy I – CP 711, 2 Units
- Introduction to Depth Psychology and the Human Science Traditions – CL 819, 2 Units
- Jungian-Based Psychotherapy I – CP 810, 2 Units
- Special Topics – CP 799, 2 Units

**Research And Scholarly Inquiry Courses**
- Research Designs and Methodology I: Overview – CP 932, 2 Units
- Research Designs and Methodology II: Qualitative Methods – CP 933, 2 Units
- Quantitative Design and Univariate Statistical Analysis – CP 926, 3 Units

## SECOND YEAR

**Practicum Seminars**
- Supervision Practicum Seminar I, II, III
  - CL 759, CL 760, CL 761, 1 Unit each

**Annual Assessment**
- 2nd Year Annual Assessment for Program Advancement – CL 762, 0 Units

**Clinical Practice Courses**
- Principles of Psychopharmacology – CP 873, 2 Units
- Developmental Psychology Through the Lifespan – CP 830, 3 Units
- Alcohol, Chemical Dependency, and Addictive Behaviors – CL 900, 2 Units
- Indigenous Approaches to Psychology – CP 803, 1 Unit
- Cognitive Foundations of Human Behavior – CL 837, 2 Units
- Affective Foundations of Human Behavior – CL 838, 2 Units
- Psychoanalytic-Based Psychotherapy II – CP 712, 2 Units
- Archetypal Psychology: Theory and Practice – CP 840, 2 Units
- Social Foundations of Human Behavior – CL 800, 2 Units
- Special Topics – CP 799, 2 Units
- Jungian-Based Psychotherapy II – CP 811, 2 Units

**Research And Scholarly Inquiry Courses**
- Depth Psychological Methods I – CL 928, 2 Units
- Dissertation Development I – CP 961, 1 Unit
- Research Designs III: Test and Measurement – CP 934, 2 Units

## THIRD YEAR

**Practicum Seminars**
- Psychotherapy Practicum Seminar I, II, III
  - CL 763, CL 764, CL 765, 1 Unit each

**Annual Assessment**
- 3rd Year Annual Assessment for Program Advancement – CL 766, 0 Units

**Clinical Practice Courses**
- Advanced Psychopathology II – CP 731, 2 Units
- Psychotherapy with Diverse Populations – CP 845, 2 Units
- Principles of Clinical Supervision and Consultation – CL 752, 2 Units
- Projective Personality Assessment – CL 938, 1 Unit
- Evidence-Based Best Practices – CL 912, 2 Units
- Violence and Trauma – CP 834, 1 Unit
- Gender and Human Sexuality – CP 901, 1 Unit
- Post-Jungian Psychotherapy: Theory and Practice – CP 745, 2 Units
- Imaginal Psychotherapy – CP 814, 2 Units
- Special Topics – CP 799, 2 Units

**Research And Scholarly Inquiry Courses**
- Dissertation Development II – CP 962, 2 Units
- Depth Psychological Methods II – CL 929, 2 Units
- Dissertation Development III – CP 963, 2 Units
- Research Designs and Methodology IV: Advanced Qualitative Methods – CL 940, 2 Units

**Capstone Projects and Program Requirements**
- Comprehensive Portfolio – CP 889, 0 Units (Degree Requirement)
- Dissertation Writing – CP 990, 15 Units (Degree Requirement)
- Personal Psychotherapy – CP 950, 0 Units (Degree Requirement)

Selected Courses have web-enhanced learning components. The curriculum is not intended to meet all the requirements of each state for licensure in clinical psychology. The curriculum may vary depending upon changing academic needs. The required fourth and fifth years of study focus on internship training, reading, research, and dissertation writing.

This degree program is accredited by the Western Association of Schools and Colleges (WASC).
This degree program is not accredited by the American Psychological Association.
For gainful employment information, visit pacifica.edu/gainfulemployment
Ph.D. in Clinical Psychology

WITH EMPHASIS IN DEPTH PSYCHOLOGY

THIS PROGRAM PREPARES STUDENTS FOR LICENSURE IN CLINICAL PSYCHOLOGY*

The commitment to a human science model of psychology—a viable alternative to conventional psychology’s natural science approach—emphasizes human meaning as the fundamental component of psychological life. This focus on meaning, carried out by way of the program’s qualitative research orientation, yields an in-depth understanding of how things matter for people within their life situations. Acknowledging the cultural and historical character of meaning, human science psychology is deliberately affiliated with the humanities. Accordingly, our curriculum is infused with the study of mythology, history, religion, philosophy, and the arts.

By emphasizing the importance of scholarship in the education of psychologists, the program continues depth psychology’s longstanding approach to clinical training. The clinical orientation that infuses our curriculum facilitates the engagement of theory and research in addressing individual, community, and global concerns.

Our goal is to prepare students to become constructively engaged in diverse clinical, academic, and community settings as researchers and clinicians who are grounded in deeply humane, theoretically sophisticated, and socially conscious approaches to clinical psychology. The engaging beauty of the campus, an intense residency format, and class cohort configuration all lend themselves to an experience of scholarly and personal development keenly attuned to Pacifica’s mission of “caring for soul in and of the world.”

The Ph.D. program includes three years of coursework, followed by a two-year dissertation clock. The internship may be undertaken before, during, or after the dissertation phase (but after all coursework is completed).

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<th>Year</th>
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DOCTORAL CANDIDACY

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<th>Year</th>
<th>Dissertation Clock (Two Years)</th>
<th>Internship (1500 Hours)</th>
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*I want psychology to have its base in the imagination of people rather than in their statistics and their diagnostics.

~James Hillman

In learning to sail you do not change the current of the water nor do you have any effect on the wind, but you learn to hoist your sail and turn it this way and that to utilize the greater forces which surround you.

~June Singer

*The curriculum is not intended to meet all the requirements of each state for licensure in clinical psychology.
KEY FEATURES OF THE PH.D. PROGRAM INCLUDE:

A curriculum rooted in classical and emerging depth psychology scholarship that is also guided by the humanities (myth, literature, and religious studies).

A human science model of research that relies on phenomenological, interpretive, and constructivist approaches, as opposed to the quantitative framework of a natural science orientation.

Courses on Jungian scholarship and practice that emphasize classical analytical traditions as well as contemporary archetypal and imaginal approaches to psychology and psychotherapy. This coursework also emphasizes the symbolic and mythic significance of the soul, as well as the sacred dimensions of the psyche.

Coursework stressing the centrality of early experience and transference/counter-transference phenomena as well as contemporary relational, inter-subjective, and psychodynamic traditions.

A phenomenological focus that integrates social and critical psychology in order to reflect a deep appreciation of the cultural and historical character of psychological experience.

A depth psychological approach to research from a hermeneutic interpretive standpoint that takes the unconscious dimensions of research into account.

The embrace of multicultural and critical perspectives in understanding gender, sexuality, indigenous psychologies, and somatic and Eastern perspectives.

Advanced practicum seminars conducted as case colloquia that engage psychoanalytic, phenomenological, and Jungian/archetypal/imaginal approaches to clinical practice.

I thought I would have to give up my creativity in order to become a psychologist. One of the things that struck me about this program is that the creativity was welcomed. I did not have to feel split internally ... to become either a scholar or some creative type.

WILLIAM JAMES JONES, M.A.
DOCTORAL CANDIDATE
Clinical Psychology Student

The mentorship by the faculty was truly phenomenal. They required rigor, but had a depth of understanding and seeing that I have never encountered anywhere else.

MARY HARRELL, PH.D.
Clinical Psychology Graduate