

Spring –Summer 2017

Clinical Psychology Program Newsletter

A Note from the Program Chair

Contents

<u>Department News</u>	3-7
<u>Professional Directory</u>	8
<u>30th: Events</u>	9-10
<u>Faculty News</u>	11-12
<u>PGI at APA</u>	13
<u>Labyrinth Ceremonies and history</u>	14-16
<u>Student News</u>	17-19
<u>Student Profile: Yasaman Mostajeran</u>	20-21
<u>Dissertations Published</u>	22
<u>Alumni Profile: Allyn Enderlyn</u>	23
<u>More Alumni news</u>	24-26
<u>Announcements and Opportunities</u>	27-33
<u>Links and Contacts</u>	34

Dear Clinical Community,

I want to begin with the wisdom shared with me by my 8 year old daughter. In contrast to all the affirmations, sayings and admonishments children her age receive, she decided to start writing her own. Here is her only daily statement from few weeks ago:

All will not be well if you believe it is. Things in life sometimes go the way you don't want them to be.

Goddess Alive, I found this strikingly true for so many aspects of life. That said, we have to keep living our lives, learning, growing, serving our clients, speaking our voices, organizing, and caring for life as it is given to us.

I hope that this newsletter, with its many voices and perspectives, offers another glimpse into such life within our community. Our students, alums, and faculty are doing clinical and scholarly work that impacts many communities. Our staff are innovating and building our department's programs (PsyD and PhD) through use of technology, social media, and more. Pacifica is taking new steps to address the ever-shifting sands of political and social uncertainty, some of which have direct and dire consequences for members of our own community (see, for example, a story by our advanced student Yasaman Mostajeran [on page 18](#)). Pacifica's faculty, staff, and administration have voted to designate our campuses as Sanctuary campuses. Both PsyD and PhD faculty voted to include social justice and social action as part of our goals and objectives. All of us as individuals and as a community are influenced by these changing times.

What I am especially proud to report is that Clinical Psychology at Pacifica is celebrating 30th year anniversary! **Please see page 9 for more details on the exciting opportunities we have been hosting and more upcoming events for you.**

This letter, like life and work, holds a wide spectrum of feelings for me, and I imagine for many of you as well. Rather than dismissing such richness of inner experiences, my own work has taken me toward claiming this diversity of feelings and ideas for myself as well as writing about its importance in our lives (versus insisting on splitting our feelings and thoughts into “good” and “bad,” “positive” and “negative.”). My daughter and I share this understanding (and I’m sure I have quite an influence as her proud and vocal mama). Her newest statement read like this: “As long as you have mixed up feelings and you are not perfect, you will always be normal.”

So with this call to normal humanity, in celebration of our community, in gratitude for 30 years of Pacifica’s commitment to clinical depth psychology, I welcome you to reading this Newsletter.

Oksana Yakushko

Clinical Chair



**As long as you have mixed
up feelings and you are not
perfect, you will
always be normal**
Sonia

Thanks & Congratulations to Nick Sabatino as he joins the Pacifica Academic Affairs Office !

Nick has been an incredible asset to our students and program in his 2 ½ years as Program Administrator for the Clinical Programs and more recently for the DPP/DPT specialization. ☞ He will continue in his role as PA for DPP/DPT. He is also currently pursuing his Masters in Public Administration, gaining valuable knowledge and skills directly related to his new work in the Academic Affairs Office. ☞ It is hard for all of us to let Nick go, but at least he will be nearby.

Feel free to pop by his new office, located near the Executive Conference Room on Lambert, to share your good wishes on his new path!



A warm welcome to our new Clinical Staff



Lisbet Frey is our new Clinical PA

Lisbet comes to Pacifica's Clinical Department after a career based in community organization and non profit program administration. ☞ She holds a degree in Religious Studies from UCSB which has led her to live her life in service to others.

☞ Lisbet spent 5 years with Santa Barbara's Dream Foundation as their Senior Dream Coordinator facilitating final wishes for adults in their last six months of life. One thousand dreams later, Lisbet was inspired to pursue her own dream.

☞ In 2009, she co founded a Community Art and Music Center in Ventura, California where she was the President and Director of Programs for 6 years. The award winning organization empowered its community by providing art, music and conservation programs for both children and adults. ☞ It was through her experience working and living in a violent, underserved and drug addicted neighborhood that Lisbet's interest in Mental Health grew. The desire to learn and help those facing mental challenges led her to obtain a position in a crisis unit for dual diagnosed persons experiencing homelessness. ☞ Lisbet has over 20 years combined experience in administration, event planning and production. She is thrilled to join Pacifica and to be the new Program Administrator for Clinical Psychology Department.

Wendy Copca joins us as Clinical Training Coordinator



Bridget Carlson, our Training Coordinator for two years, has moved on to pursue her own business and creative goals. We are grateful for her and her work and also wish her many blessings for her new beginnings!

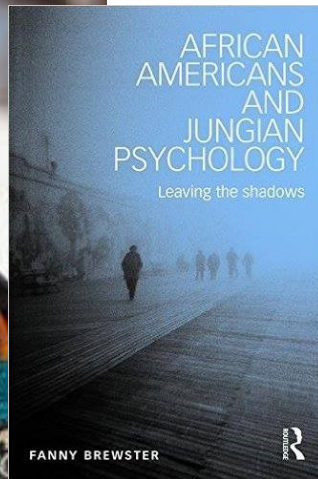
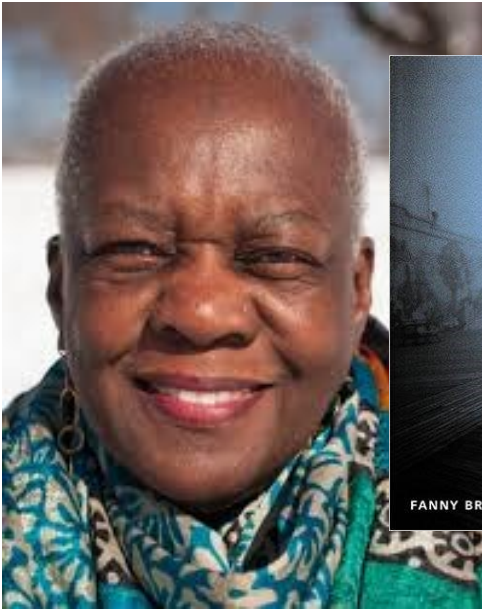
Wendy Copca, whom many of you know from Financial Aid Office, is now our new Clinical Training Coordinator. Wendy has been with Pacifica for almost 3 years in the Financial Aid Office so she is familiar with Pacifica's programs, students, environment and databases. She holds a MS degree and is currently pursuing her Ph.D. in psychology, gaining valuable knowledge directly related to our work in the Clinical Training Office. She is fluent in Spanish and has over a decade of experience in the education industry. She is thrilled to be the new Clinical Training Coordinator for the Clinical Psychology Department.

Alex Clarke is our new Admissions Advisor for the Clinical Programs

Alex comes to Pacifica after spending 2 years at Stanford University. While at Stanford, he worked in an advising and student services role for Stanford Introductory Studies, Thinking Matters program. This program is a liberal arts requirement for 1st year students, and offers a variety of courses from "Code Breaking" to "Empathy."

⌘ Before Stanford, Alex spent 4+ years working exclusively with international students at Kaplan International San Francisco. It specializes in ESL instruction, as well as graduate programs in GRE and GMAT preparation. Alex likes to call this time in international education "inverse-traveling" as he was able to meet so many people from across the world, all while staying put in San Francisco. ⌘ His experience with Santa Barbara came prior to Kaplan, working out of Santa Barbara Junior High for the Community Action Commission's Cal-SOAP program. It is an education non-profit that seeks to assist under-served youth in going to college, as well as providing tutors to secondary schools in the area. I've worked quite the spectrum of education: from junior high school to now post-undergrad and graduate work. I'm extremely happy to be here at Pacifica and I hope I can meet everyone soon!





We are delighted to welcome Dr. Fanny Brewster as a full-time core faculty member, with focus on teaching in the applied clinical programs!

In recent years Fanny has worked as a Jungian Analyst, including training analyst, in New York City. She has also been engaged in a growing number of presentations and publications that focus on African American experience from analytic perspectives. She also has degrees in creative writing, and is a published poet. Her book *African Americans and Jungian Psychology: Leaving the Shadows* explores the little-known racial relationship between the African diaspora and C.G. Jung's analytical psychology. In this unique book, she explores the culture of Jungian psychology in America and its often difficult relationship with race and racism. Her upcoming book *Archetypal Grief: Slavery's Legacy of Intergenerational Child Loss*, about African American women and grief, will focus on the archetypal historical legacy of slavery in the inner lives of Black Americans. In addition, she is a frequent contributor and keynote speaker for Jungian conferences with focus on issues of the Other, self, politics and culture.

Dr. Brewster is also a poet: her poems have been published in *Psychological Perspectives*. "Grace of God" is written in re-imagining and remembrance of enslaved African people at the moment of their bound torturous journey from their African homes to slave ships. *Grace of God* was indeed the name of one of such infamous slave ships...

Grace of God

The canoe pushes
against midnight blue water.
Our heads bow,
will fish,
silent stars,
look into our eyes.
Give us a promise of hope.
Only the canoe timber listens,
creaks out its own story of journey
from the inland forest,
knowing no other life,
cut from its roots,
leaving the others still standing tall,
branch fingers infinitely reaching upward.
The river accepts the canoe's tears,
making them its own.
Holding the wood spirit gently,
keeping it afloat,
all the while guiding us,
its human cargo to that impatient ship,
the Grace of God,
sitting in night's darkest shadow.
Ship sails unfurl,
hit the wind.
Small circles of water rise,
slap the ship's bottom.
Our fettered feet plant deeper into the canoe.
Fighting the journey to come.
Fighting the Grace of God.



Gratitude and Congratulations: Dr. Jim Broderick retires

This July, **Dr. Jim Broderick** taught his last class to students in Pacifica's Clinical Psychology Psy.D. program.

Shown here (center), flanked by students, Jim has been teaching at Pacifica for the last 10 years in the Clinical Psychology Department. He served as chair and helped to build the Psy.D. Clinical Psychology Program that procured WASC accreditation in 2012. Dr. Broderick has over forty years of experience in providing mental health services to individuals with serious mental illness. He was the Mental Health Director in two California counties for nearly twenty years (Shasta and Santa Barbara) and developed an APA approved pre-doctoral Internship program in Clinical psychology in Shasta County.

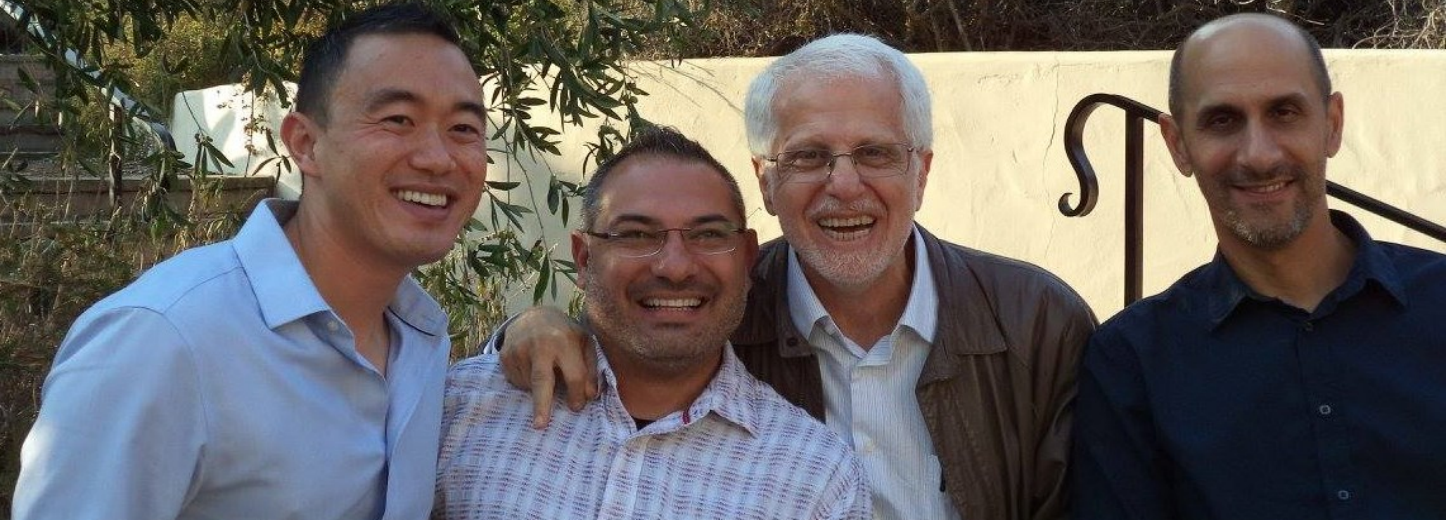
Dr. Broderick has been recognized by the California Mental Health Directors Association and two county Boards of Supervisors as a leading advocate for the mentally ill in California. Since 1995 he has been an APA site visitor for pre-doctoral internships and post-doctoral residency programs.

His professional interests include the study of serious mental illness and the application of critical theory and phenomenological methodologies in clinical research. His academic interests include phenomenology, existentialism, critical theory, and evidence-based psychotherapy. His major therapeutic interests include Depth-Oriented Brief Therapy and Sand Tray Therapy with a Jungian orientation.

We wish you a fantastic retirement Jim!



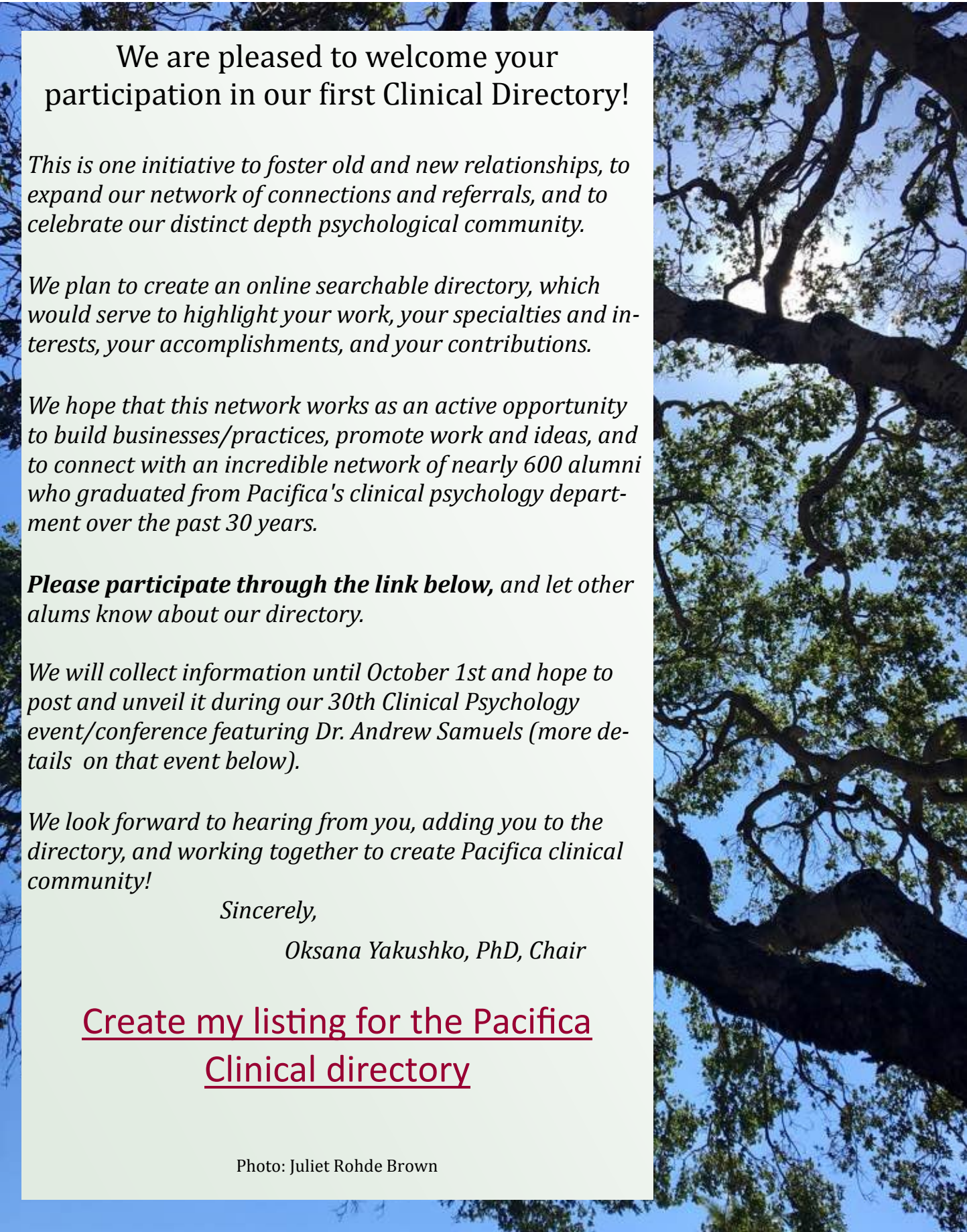
Congratulations: Dr. Avedis Panajian recognized



Dr. Avedis Panajian (3rd from left, with PhD students) has been awarded a certificate of recognition from the [Psychoanalytic Center of California](#) in recognition of his significant contributions to the founding and work of the PCC. Panajian is one of the main founders of this internationally approved advanced analytic training for psychiatrists, psychologists, and other mental health professionals.

Dr. Panajian shares about the vision and effort that have made the PCC one of the most respected institutes in the world, training candidates in the understanding and the treatment of primitive mental states: "I was actively involved as one of the original founders of Psychoanalytic Center of California. In the early 1980's, a small group of M.D. psychoanalysts and Ph.D. psychologists decided to create an institute that would provide analytic training to, not only M.D. professionals, but to other mental health clinicians. All the M.D. analysts had been analyzed and supervised by [Wilfred Bion](#) and highly influenced by the British school of [Melanie Klein](#). I was one of the Ph.D. psychologists doing the ground-work of serving on the Board of Directors, teaching clinical supervision and the work of Wilfred Bion, developing course curriculum, and collaborating for countless hours to realize a vision of training devoted to patients who were psychotic, with borderline and narcissistic personality disorders. After countless hours and years, we succeeded in establishing an analytic institute approved by the International Psychoanalytic Association. In 1986, the PCC granted its first certificate in psychoanalysis. It is now one of the most respected institutes in the world."

Dr. Panajian will give a two part seminar Oct 20 and 21 at The Seattle School of Psychology on Psychotic Sides of Psychotherapists and Patients. The class will explore the ways powerful but often denied forces undermine a therapist's work with patients. Dr. Panajian will lecture on the role that training, therapy, supervision, and unhealthy lifestyle adaptations play in this denied and how these problems can be counteracted.



We are pleased to welcome your participation in our first Clinical Directory!

This is one initiative to foster old and new relationships, to expand our network of connections and referrals, and to celebrate our distinct depth psychological community.

We plan to create an online searchable directory, which would serve to highlight your work, your specialties and interests, your accomplishments, and your contributions.

We hope that this network works as an active opportunity to build businesses/practices, promote work and ideas, and to connect with an incredible network of nearly 600 alumni who graduated from Pacifica's clinical psychology department over the past 30 years.

Please participate through the link below, and let other alums know about our directory.

We will collect information until October 1st and hope to post and unveil it during our 30th Clinical Psychology event/conference featuring Dr. Andrew Samuels (more details on that event below).

We look forward to hearing from you, adding you to the directory, and working together to create Pacifica clinical community!

Sincerely,

Oksana Yakushko, PhD, Chair

[Create my listing for the Pacifica Clinical directory](#)

Photo: Juliet Rohde Brown

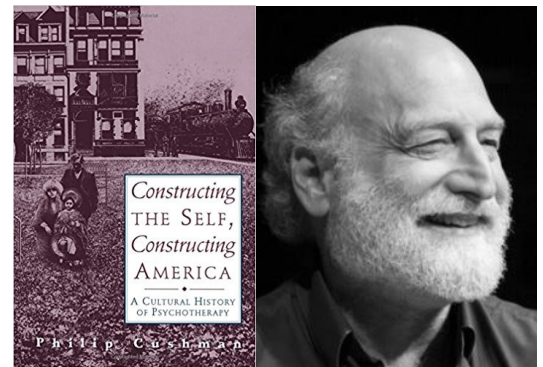
Photo : Juliet Rohde Brown

CELEBRATING 30 YEARS: THE CLINICAL PHD PROGRAM

From our beginnings, Pacifica has maintained its commitment to nurturing roots of depth psychology and developing its radical edges in the service of a multiplicity of souls, lives, and voices. Our mission and vision continue to grow, including our now five year old PsyD program, bringing depth into community-based mental health. Through the first half of 2017, we have been delighted to host top depth scholars as our special speakers and we extend a warm invitation to join us for these upcoming special presentations:

Friday, August 18th

Join us for an Evening Salon with prior Clinical social hour with [Phillip Cushman](#), author of *Constructing the Self, Constructing America*. Dr. Cushman is one of the most distinguished relational psychoanalysts and social critics with recent writings on torture and psychology and psychoanalysis as a form of resistance. He will be in conversation with Dr. Michael Sipiora and Dr. Oksana Yakushko. [RSVP required](#). (Free event)



Up Against the Wall: Politics, Community, Psyche

This conference celebrates the thirty-year history of Pacifica's Clinical Psychology program by continuing to advance a depth psychological orientation to the world.

October 14-15, 2017



The inherently intertwined relationship between the psyche and the *polis*, coupled with the urgent need for progressive action, demand that psychology become both politically conscious and socially engaged. This conference celebrates the thirty-year history of Pacifica's Clinical Psychology program by continuing to advance a depth psychological orientation to the world. Explore the relationship of depth psychological theory and practice applied to the current political situation with internationally known Jungian analyst and political commentator [Andrew Samuels](#), in both a keynote address and workshop. Additional conference sessions feature Pacifica faculty, alumni, and graduate students addressing issues of social oppression, social liberation, psychological citizenship, and the collective imagination. **Details and registration are at [The Retreat](#) at Pacifica.**

June 2017 programs

Kurt Goerwitz, Ph.D., Jungian Analyst

A Manual for Living with Defeat: The Songs of Leonard Cohen

Dr. Luigi Zoja, Ph.D.

Cultures of Paranoia: The Shadows of Western Fears in Politics and the Collective

Response at the Radical Edges - PGI Conference

In response to current global and national crises, Pacifica presented this landmark conference featuring thought leaders and community partners standing together at the radical edge of depth psychology and social engagement. Pre-conference workshops and keynote presentations on trauma, narcissism and rage, the role of “genius” and mythic thinking, as well as themes of embodiment, psyche and technology, archetypal activism, and war-induced trauma, wove their way throughout this powerful weekend of shared vision and renewed mission. Guest presenters included [Donald Kalsched](#), [Michael Meade](#), and [David Ragland](#).

Clinical Core Faculty, **Dr. Michael Sipiora**, presented a preconference workshop “*Psychology at the Edges of Blockadia*.”

Clinical Chair **Dr. Oksana Yakushko** welcomed guests on the morning of June 17th and gave some opening remarks. A video of her talk “Witches, Trauma, and Depth Psychology? The Practice of Psychology Today” (and the text, if you prefer) are [here](#).



More News from Clinical Faculty



Professor Emerita **Veronica Goodchild, Ph.D.** will be leading a Mary Magdalene Pilgrimage Journey this fall in the Languedoc region of SW France and northern Spain: "The Magdalene Mysteries and the Path of the Blue Rose." (Sept. 24th-Oct. 3rd, 2017).

See the flier on page 29 for pilgrimage details. Veronica's recent posts and publications, can be found at www.veronicagoodchild.com.



Professor Emeritus **Robert Romanyshyn, Ph.D.** did an interview for The London Based Psychotherapy Excellence Group as one talk in a series dealing with soul in therapy, research and culture. An interview for the Psychology Department Archives at Duquesne University can be viewed [here](#). In this 2 hour interview **he reminisces about the origins of the program in phenomenological psychology at Duquesne University** and the ways phenomenology influenced his life and work in psychology.



Adjunct Faculty **Paula Thomson, Psy.D.** has published *Creativity and the Performing Artist: Behind the Mask*, through Elsevier Press. She says, "this was a labor of love and an opportunity to share 8 years of research and a lifetime of experience both as an artist and a psychologist. I hope that this news can be shared amongst the faculty, staff and many students that I have been blessed to interact with over the years. I know that many expressed an interest in this topic and wanted to be notified when a book was published." **See page 32 for details.** The book can be purchased [here](#).



Juliet Rohde Brown, Ph.D. is not only Clinical core faculty and Director of Clinical Training, but she is an artist as well. Some of her recent photographs can be found throughout this newsletter on pages 8, 11, 12, 19, 26. Her APA presentation is found on page 16.



Photo : Juliet Rohde Brown



Christine Downing, Ph.D., has been teaching at Pacifica Graduate Institute since 1987, primarily in its Mythological Studies Program. Before that she taught in the Department of Religious Studies at San Diego State University and concurrently at the California School of Professional Psychology. Christine has also taught at the Jung Institute in Zürich and lectures frequently to Jungian groups internationally and at American and European universities. She has led five tours to Greece and one to classical sites in Turkey.

Chris is leading a tour:

THE GREEKS IN SICILY April 28-May 12, 2018 Details: Toni D'Anca tdanca@mac.com (805.455.9941)

Chris Downing chrisdowning@centurylink.net



Oksana Yakushko, Ph.D.

In addition to items on pages 10, 12 and 17, here are a few other recent co-authored articles:



[Global Love for Sale: Divergence and Convergence of Human Trafficking with “Mail Order Brides” and International Arranged Marriage Phenomena.](#)

[Whatever Happened to the Human Experience in Undergraduate Psychology? Comment on the Special Issue on Undergraduate Education in Psychology \(2016\).](#)

[Cultural unconscious in research: integrating multicultural and depth paradigms in qualitative research.](#)

[On Methods, Methodologies, and Continued Colonization of Knowledge in the Study of "Ethnic Minorities": Comment on Hall et al. \(2016\).](#)

Photo at left : Juliet Rohde Brown



August presentations by Pacifica Faculty and students:

Oksana Yakushko

Session Title: 1266 Don't Worry, Be Happy--- Cultural, Theoretical and Clinical Critiques of Positive Psychology Movement

Session Type: Symposium

Date: Thu 08/03 1:00PM - 2:50PM

Division/Sponsor: 32-Humanistic; Co-List: 10, 12, 24, 27, 48, APAGS

Building/Room: Convention Center/Room 140A Street Level

Session Title: 2290 SCP Fellows Addresses

Session Type: Fellows Address

Date: Fri 08/04 4:00PM - 4:50PM

Division/Sponsor: 17-Counseling

Building/Room: Convention Center/Room 146A Street Level

Oksana Yakushko and Nadia Thalji

Session Title: 3016 Women's Indigenous Psychologies---Social Justice Perspectives on Indigenous Women and Practices

Session Type: Symposium

Date: Sat 08/05 8:00AM - 8:50AM

Division/Sponsor: 35-Psychology of Women; Co-List: 9, 17, 24, 26, 42, 45, 52, APAGS

Building/Room: Convention Center/Room 140A Street Level

Indigenous Women of the Amazon Forest: The Woman Shaman of the Yawanawa Tribe by **Oksana Yakushko and Nadia Thalji** was published by Taylor and Francis: [Full article](#) here.

Nadia Thalji and Anna Lomovskaya

Session Title: 1215 Foreigners Inside-Out---Intra- and Interpsychic Conflicts of Foreign-Born Clinicians

Session Type: Symposium

Date: Thu 08/03 12:00PM - 1:50PM

Division/Sponsor: 39-Psychoanalysis

Building/Room: Convention Center/Room 146C Street Level

Juliet Rohde-Brown and Johanna Hays

Session Title: 4055 Dissociation and Depth---Integrating Kalsched's Concepts in Working With Complex Trauma

Session Type: Skill-Building Session

Date: Sun 08/06 9:00AM - 9:50AM

Division/Sponsor: 30-Hypnosis; Co-List: 35, 56

Building/Room: Convention Center/Room 143B Street Level

SPRING CEREMONY AT THE LABYRINTH

Both PhD and PsyD students took time out for reflection and intention setting at the height of the poppy bloom near our Labyrinth. Chumash elder Art Cisneros and Dr. Juliet Rohde Brown facilitated; students hung prayer flags that they decorated.

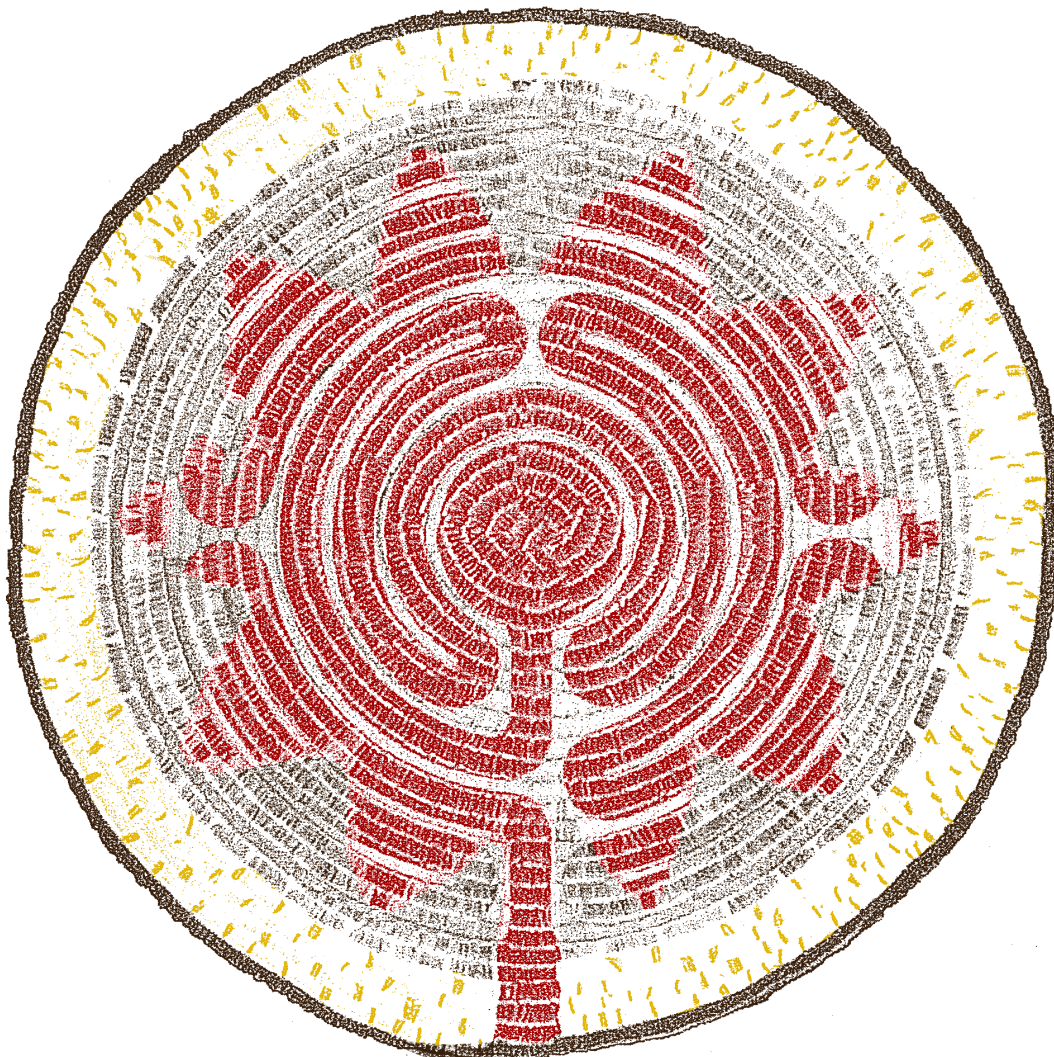


MORE ABOUT OUR LABYRINTH

The Lambert campus' labyrinth is a genuine sacred site whose authenticity resides in the spirit of the place and the traditions of the Chumash, the indigenous people who have inhabited this place for the greater part of perhaps 8000 years.

Located within an energy corridor that the Chumash imagined as a figure whose head was in the mountains and feet rested on the Channel Islands, the labyrinth is patterned after a Chumash basket and is surrounded with many of the native grasses with which these baskets were made. The labyrinth was designed by Whitney Kruger and built by Pacifica's recently retired Land Manager, Marshall Chrostowski (see next page). Adelina Alva-Padila, a Chumash spiritual leader conducted a ceremonial blessing at its installation in 2012.

The 2005 class in Counseling Psychology (Track C) initiated the labyrinth and, along with assistance from the 2015 class of the Community, Liberation, & Ecological Psychology program (P track), carried it through to completion. **Now, in celebrating its 30th anniversary, the Clinical Psychology program is called to care for the soul of the world by tending to the labyrinth. The design (below) is featured in our 30th Anniversary logo.**





One motivation for our time at the labyrinth was an important transition for all of us at Pacifica this year : the retirement of **Marshall Chrostowski**, the founder of the Organic Market Gardens and the land manager for both campuses for 27 years. Marshall's contribution to magical, lush beauty of our campuses that nourishes us daily, cannot be overstated. Many of us enjoyed tours of the grounds with Marshall in his final weeks here. His legacy will forever continue to shape our students, faculty, staff, and anyone else who has the good fortune to walk the grounds.

At a community gathering, honoring Marshall's work and retirement, **Dr. Michael Sipiora** told this story: “

“A few years back at the close of one of our day in the garden public programs, we ended up at the Chumash themed labyrinth at the far end of the property near the site of the original Lambert family homestead. Marshall raised his arm to the sky and, as if by magic or at least a gesture that defied scientific explanation, a hawk appeared with a snake dangling from its talons. Although he's never copped to it, it seemed to me awfully like an omen conjured by a shaman. “

Please go [here](#) to read all of Michael's comments in honor Marshall that day.

For highlights from the many projects Marshall stewarded, go [here](#).

Marshall holds advanced degrees in soil science, plant and tropical ecology, and ethnobotany. He came to Pacifica in 1989 to renovate the long abandoned grounds and orchards. In 1990 Marshall called on Pacifica and the greater South Coast community to plant the first major grain, garlic and fava bean grow-out in the field now occupied by South Hall. By 1993, several acres had been set aside for a demonstration urban mini-farm, expanding over the next 5 years into a local food source for Pacifica's community and the greater Santa Barbara area. Seed conservation continued to be featured, accompanied by special grow-outs and workshops on seed saving and organic gardening.



Students getting attention!



THE PSYCHOANALYTIC ACTIVIST

The online newsletter for Section IX, psychoanalysts for Social Responsibility, Division of Psychoanalysis, APA.

Eva Blodgett's (PhD - dissertation) piece "[Fears and the Will to Speak](#)" was published on Psychoanalytic Activist.org.



Marcia Nimmer, (PsyD—year 3) book entitled *Finding Meaning in Later Life* was accepted for publication through the Routledge Focus book series. Her book is based on her Pacifica dissertation on aging and meaning-making through the lens of depth psychology.

AGEIST

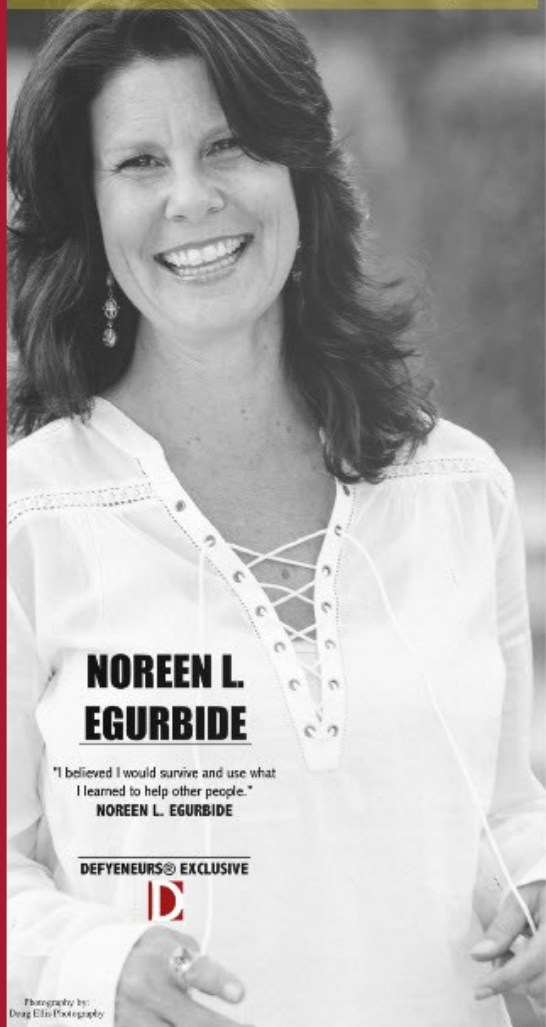
LIVE FAST DIE OLD

Bella McCloud (PsyD—year 4) was featured in an article in online magazine Ageist. For the full piece click [here](#).

"I don't see an 'over the hill', and maybe I'm naïve," she says. "I don't see an up and a down; I see this linear upward trajectory to life."



SCAN HERE to listen to the full interview with Noreen



NOREEN L. EGURBIDE

"I believed I would survive and use what I learned to help other people."
NOREEN L. EGURBIDE

DEFYENEURS® EXCLUSIVE



Photography by: Dray Ellis Photography

A Wellness Navigator

Noreen L. Egurbide ~ California

CEO/Founder My Wellness Navigator, Inc.
T. 818.442.7966 E. noreen@mywellnessnavigator.com
W. mywellnessnavigator.com

"I believed I would survive and use what I learned to help other people. This was my beacon in the darkness, my why."

W

hy have you chosen to serve others through health & wellness?

Noreen: 15 years ago, I had a defining moment that would shape my path of service from that day forward. I listened closely as my doctor shared malignant melanoma. Immediate surgery, the grim statistics of cancer. I recall the shock and disbelief as thoughts about life and death and how I wanted to approach, both collided and swirled somewhere deep inside of me. What did I believe? As I explored this and many other questions, my path became clear. I believed I would survive and use what I learned to help other people. This was my beacon in the darkness; my why.

Q How are you inspiring others through Health & Wellness?

Noreen: Inspiring others was a beautiful by-product of my personal challenges. My desire to make a difference and bring peace to those who were suffering led me to form my own corporation, **My Wellness Navigator, Inc.** with the intention to gently guide others to Wellness (Wholeness, Happiness and Fulfillment). I share my personal experiences of choosing love over fear. Moving from surviving to thriving as a way to inspire others to see even more clearly that they have choice in every situation. "Facilitating this change in

perspective provides infinite possibilities in the direction of every decision or situation."



DEFYENEURS

MAY 2018 The Top 50 Health & Wellness Tips



Q What is the difference you wish to make?

Noreen: As a transformational leader, educator, and author, I make a difference by asking the questions that move people into action providing a portal for both inspiration and transformation. By refining the skill of listening within to their internal navigation system when it is unclear what to do, clients learn to take the first steps and lead with love. Each choice makes a difference in the direction of our lives and, ultimately, our health. I share additional keys to optimum health on all levels: physically, mentally, emotionally and spiritually.

"I encourage each person's unique contribution and ability to make a difference."

Q What do you want to be remembered for?

Noreen: It would be nice to be remembered for my essence, for the way it felt to be with me - the laughter, the loving connection, the compassion, the caring and understanding, my open hearted way of being and my sincere kindness.

I also want to be remembered for my authenticity, my courage to tell the truth, and my ability to be decisive and follow my heart. In the end, it really all comes down to one thing. I want to be remembered for the way I LOVE (oh and maybe for making the best peanut butter chocolate chip cookies!)!!

DEFYENEURS® EXCLUSIVE 31

Noreen Egurbide (PsyD - 2nd year) was featured in online magazine DEFYENEURS.

For an enlargable version of the piece shown here, go [here](#).

To listen to a full interview with Noreen, go [here](#).



Nancy Withers (PsyD – 4th year) is now on the CAPIC board as a student rep for southern CA. Recent graduate, **Priscille Schwarz-Besson** is now a CAPIC board member at large as well.





Congratulations to advanced clinical student **Anthony Bonavita** who, together with Dr. Oksana Yakushko and several other collaborators, published an article entitled

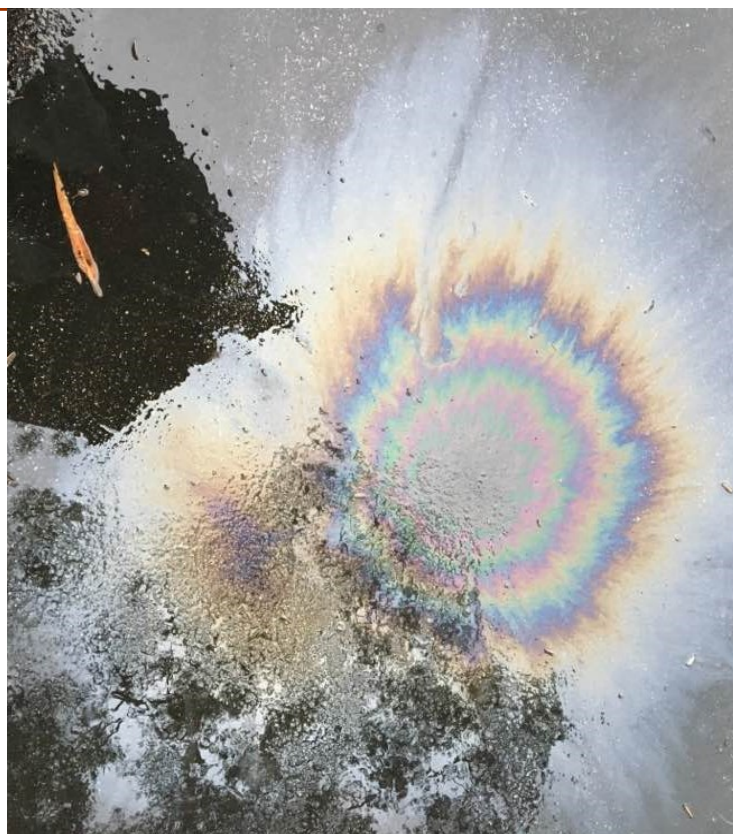
[Receiving Spiritual Care: Experiences of Dying and Grieving Individuals](#) in the journal OMEGA: Journal of Death and Dying.



Liz Schewe, PhD, CYT (left) marched in The Million Women's March with 750k women and allies in LA on January 21! The next day, she defended her dissertation at Pacifica! In this photo, Liz and her dissertation chair, **Juliet Rohde-Brown** review her dissertation defense during the march! "It was truly a special moment and weekend! Yes, I carried my powerpoint slides and notes in my backpack!" says Liz, who is completing her Postdoctoral Fellowship at Hampshire College in Amherst, MA.

Congratulations to the staff of the **Beatitude House** in Guadalupe, CA, which has explored practicum training for number of our students as well as received donations from our students (thank you all!) - these incredible individuals, named Local Heroes in the [Santa Barbara Independent](#) (6:00 video) serve the needs of migrant farm communities in California. We are privileged to have partnered with them in the past and hope to expand our partnership in the future!

Photo : Juliet Rohde Brown



Student Profile: Yasaman Mostajeran (PhD Dissertation student)



In August of 1999, after second attempt to secure a student visa and many rounds of travels to different countries, I finally arrived in LAX. My first encounter with an American flag was an emotional experience: it represented freedom and possibility for people like me, and I was filled with hope. Seeing ethnically diverse individuals on the streets confirmed that vision. I was no longer forcefully told to cover myself from head to toe but, more importantly, I was free to become who I envisioned myself to be. That day made a significant impression on me, even though I had lived in the US as a kid.

Being an Iranian American has not been easy sailing for me or my community. The political tension between our two countries has often impacted our integration into the new land and how we perceive ourselves. At times it feels like being a child of divorced parents who despise each other. Each is nurturing without the presence of the other, and there is a tremendous loss in this external tension. Each new administration has a new narrative about this relationship, which in turn impacts our identity as Iranian immigrants. Sometimes, we are under the attack of the father (represented by our new land) for having ties with the mother. Other times, the father is more understanding, embracing, and nurturing and we feel grounded. There have been times when our motherland was labeled "axis of evil" and other times when the two countries found common ground and made peace, despite differences.

In the sixteen years that I have been in the States, the political climate has been very alarming and confusing for many Iranian Americans.

The day that Trump became president, I sat on the edge of the chair and cried for a long time. I feared the splitting, labeling, vetting and marginalizing of immigrants and minorities in an effort to "Make America Great Again". I asked myself, "How am I going to explain to my kids that bigotry and racism wins?" My ten-year-old asked me in despair if Trump's picture will be in the future history books. A week after the inauguration, I saw an American flag and cried again, remembering the day I arrived here. This flag could not promise me the freedom that I envisioned once; I felt a tremendous loss. Two weeks after Trump's election, my motherland was listed as one of the seven countries on the terrorist watch list, and I witnessed my community in a state of shock, mourning and fear. Travelers from Iran were detained, questioned and some were sent back, despite their urgent need to be in the US. There was no exception and no humanity in this vetting process. Trump tweeted several times, mentioning Iran and how he would not be "kind" as Obama was. We all asked if this was a prelude to war. More than ever we feared being in the US as Iranian immigrants.

Data shows that no terrorist attack in the US soil, over the past sixteen years, has been attributed to someone from the seven countries on the ban. Yet, we suffer along with other immigrants with the consequences of this ban, which impacts the ordinary immigrants who find themselves with new demoralizing labels and diminished possibilities of seeing their family members back home. One of my friends, an accomplished engineer, wrote that she cannot bear the idea of being seen as a threat. How can you be a threat when you have worked so hard to escape all the tyranny at home? Another Iranian friend, a dentist, told me that someone called his

office and inquired about his ethnicity and refused to seek treatment after she learned that he is Iranian.

The labeling and categorizing of people may sound like a challenge that one can overcome and fight against in a democratic country, but the collective micro-aggressions work gradually. Through some political agenda, gradually and surreptitiously a certain group will be negatively labeled. Yes, a life of an immigrant can be really impacted with one hasty executive order and one speech.

I have worked for more than a year with immigrants in expressive art groups, and I feel that each immigrant brings forth a new possibility for living, but more importantly each immigrant brings with herself a deep rooted hope for improving. For the same reason many immigrants settle for lower paying jobs, knowing that gradually they can make a difference. Immigrants often muster a capacity for patient tolerance after going through many hurdles. The same capacity may, at times, prevent immigrants from expressing their frustrations and result in silenced and fear of retaliation.

These current challenges have also elicited support of many other communities in protest. Some have become creative in showing that this country has been founded by immigrants. There has also been an outpouring of love and support in many conscious communities like Pacifica. In these difficult times, it is important to speak out and object fiercely to injustice, but it is also a time to reflect on our collective shadows and find ways of repairing and healing the splits in our perceptions.

I recently heard this prayer, which goes well with our current state of affairs:

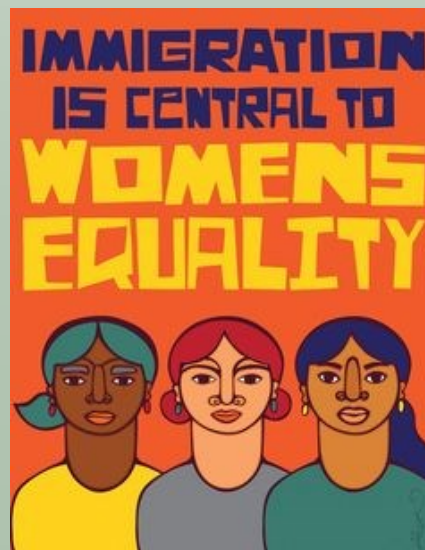
May God bless you with a restless discomfort about easy answers, half-truths and superficial relationships, so that you may seek truth boldly and love deep within your heart.

May God bless you with holy anger at injustice, oppression, and exploitation of people, so that you may tirelessly work for justice, freedom, and peace among all people.

May God bless you with the gift of tears to shed with those who suffer from pain, rejection, starvation, or the loss of all that they cherish, so that you may reach out your hand to comfort them and transform their pain into joy.

May God bless you with enough foolishness to believe that you really CAN make a difference in this world, so that you are able, with God's grace, to do what others claim cannot be done.

(A four-fold Benedictine blessing -
Sr. Ruth Marlene
fox, osb)



Artist: Favianna Rodriguez

Clinical Dissertations Published—Congratulations!

Sheaton Baskerville, *A Phenomenological Study of African American Women in Predominantly White Graduate Schools*

Fizura Pia Barker, *The Holes in Jacob's Ladder: Avoiding Pitfalls in Trauma Therapy*

Cristine Bruzzone, *Social Dreaming with Older Adults*

Kathryn Chappelle, *Undeath and the Maiden: Vampire-Human Romance in Contemporary Film and Television*

Charles Eckhart, *The Use of Personal Therapy in the Training of Psychologists*

Natasha Filippides, *Beyond the Couch: A Psychoanalytic Approach to Equine Assisted Psychotherapy*

Berne Fitzpatrick, *Men in Groups: Attachment and Masculinity*

Angela Garbin, *Blocked in Hollywood: A Phenomenological Study of Writer's Block*

Tracy Gillette, *Voices Reclaimed: The Lived Experience of Women who Left Protestant Fundamentalism*

Jeffrey Grant, *A Psychoanalytic Exploration of Father Death and its Impact on the Male Adolescent Ego-Ideal*

William Jones, *The Process of Self-Actualization among Three Historic African American Leaders*

Heather Kaplan-Santos, *Child Molesters' Wives' Experiences of Marriage in the Underworld: A Phenomenological Study*

Lisa Marie, *Seeing Through Language: Language as Instinct, Language as Archetype*

Christina Martinez, *The In-Between of Creative Processes: Songwriting and Psychotherapy*

Catherine May, *The Sacred Womb: The Evolution of the Psyche Through Pregnancy and Childbirth*

N. Leigh Nicholson, *When Mourning Comes: A Phenomenological Exploration of Dreams of the Bereaved Parent*

Norma Quintero, *Torn Apart: The Impact of Deportation*

Elizabeth Schewe, *Re-establishing Connections: Listening to Women Psychology Students Talk about Recovery*

Kathleen Taylor, *Experiencing a Secure Attachment to God Among Christians: A Phenomenological Inquiry*

Justin Weiss, *Source of Resilience: A Phenomenological Study*

Alumni Profile: Allyn Enderlyn, Ph.D.



My life's journey/work is really an embodiment of what I know, that is, that psyche is real and independent. Psyche is on a journey in which I am playing a role at this time. My treasured experience at Pacifica, my awakening to Jungian thought and to the unconscious in the early 1970's, my pilgrimage later that decade to my migrant paternal roots in central Switzerland, my work for the United Nations, and then the subsequent chapters, were and are all part of what I experience each day as truly amazing. What is practical to write in this short piece, perhaps, is my stance, which is essentially watching my professional life unfold, according to a priori arrangement, so to speak.

That is not to say I was only watching! First, after leaving the UN, my decision to spiral back to my original love for psychology was unwavering. My choice to apply to Pacifica was absolute. The many sacrifices and challenges during the PhD years were for me, as well as for fellow students, certainly difficult. Being able to house my writing, in particular my dissertation, but also all 74 papers, in a contained space with the wisdom and compassion of the professors, was priceless. I always held lightly in my mind the truth that I would be going back to Switzerland, this time not as a UN diplomatic level staff, but as a participant in the evolving consciousness in this complex parallel universe in the heart of Europe. I did not know to what extent I could be credentialed; yet, in 2004, I had sent my initial request for information to the

Swiss authorities. Now, 12 years later, I am fully independent and able to practice throughout the country. For this newsletter, I was asked "what would I be celebrating a year from now as my "dream" achievement." I think this is it, at least for now. Part of my journey also is spiraling back again to the inter-national world of Geneva, a home to at least 194 nationalities and diverse cultures. We are truly in the grip of the global refugee crisis and many other devastating humanitarian needs.

My private practice clients are usually, if not always, coming from cross-cultural backgrounds or currently in families of two, three, or more nationalities. My teaching currently is graduate level psychological assessment. My personal interests, not surprisingly, are the Rorschach and projective methods. An outside observer would say I keep my life balanced and healthy through, for example, sports, photography, and many diverse friendships. More privately, I continue the solitary tasks of research, writing, and working on the historic archives, which began with my dissertation.

I continue to be grateful for my Pacifica experience, and proud to represent our values, on my lifelong journey. [Allyn on [LinkedIn](#)]

More Clinical Alumni News



Janet Brito, Ph.D. has opened her specialty practice, Sex Therapy Hawaii – Center for Sexual and Reproductive Health. “I am thrilled to be back on Oahu. In 2013, I moved to Tempe, AZ to complete my internship, and from 2014 to 2016, I lived in Minneapolis, MN to train at the University of Minnesota Medical School's Program in Human Sexuality (PHS), one of only a few international and national programs devoted to sexuality training . My mission is to work with individuals and couples to help them improve their sexual self-esteem, gain knowledge, and secure competence, leading them to have a more confident sexual self, and more fulfilling relationships.” [LinkedIn](#) , [Newsletter](#)



Karen Peterson, Ph.D. “Of all the ways I participate in life, my service with [Freedom to Choose Project](#) fills me up in a giant way. I've volunteered in the prison more times than I can count at this point, and now serve on the Board of Directors. With each project and act of service, I experience and witness healing that is life-changing. Based on the work of Victor Frankl, the workshops provide an experiential educational process through which incarcerated men and women are both taught and inspired to make better choices resulting in positive changes in behavior reflecting enhanced self-esteem. The cornerstone of the workshop is developing respect for all people, regardless of cultural upbringing, education level, or circumstances.”



Richard Caro, MFT, Ph.D. has a private practice in Ventura, CA. He provides both in-person and online therapy for individuals and couples. He uses a depth oriented approach to treat clinical, non-clinical and personality disorders. He is currently accepting new clients.



Charlyne Gelt, Ph.D. writes a [column on film](#) for *Connections*, The San Fernando Valley Marriage and Family newsletter to illustrate how contemporary film can be used as a tool in therapeutic setting. In fall, 2016, she presented *Cinema, Therapy, Relationships and the Transformation of Consciousness* for the Creativity & Madness Conference in New Orleans.



John Valenzuela, Ph.D. gave a presentation in Miami on *Empathy Training for Improved Race Relations in the Classroom* to a community of independent school professionals for The Association of Boarding Schools at their Global Symposium Conference. He also presented at the International Association for the Study of Dreams Annual Conference this June in Anaheim. The title of that presentation was: Dreaming of Disneyland: What Dreams Tell us About our Cultural Identity.



Lee Weiser, Ph.D. is currently teaching doctoral students at UCSB in the Gevirtz Graduate School of Education. She has an article in the upcoming Summer 2017 edition of *Psychological Perspectives* titled **Acknowledging the Archetypal Elements of Grief**. The article is co-written with Jungian analyst **Barbara Sadak**, who is also a Pacifica graduate.



Lauren P. Barrett, Ph.D., RN is currently attending (and very much enjoying) a 2-year certificate program in "Psychoanalytic Psychotherapy for Children and Adolescents" offered by the New Center for Psychoanalysis (NCP) in Los Angeles.



David Johnston, Ph.D. recently published two books: *Jung's Global Vision: Western Psyche Eastern Mind* and *Prophets in Our Midst* and participated in the Author's Spotlight at the PGIAA Coming Home event. His books are available in the Pacifica bookstore. See page 31 for flier.



Maria L Martinez, Ph.D. was recently given an award for her significant contributions to the field of threat assessment by the LA Country Department of Mental Health.

Patrice Jacob, Ph.D. has had her paper “The Technological Mediation of Psychopathologies: Clinical Implications of the Philosophy of Technology.” accepted for the 20th conference of the [Society for Philosophy and Technology](#) in June, 2017 – Darmstadt, Germany.



Jennifer Wilhoit Ph.D. had her essay, *Ecotones: Convergence of Inner/Outer Landscapes*, published in *Nature Based Leadership* edited by the co-founder of Antioch University New England's Nature Based Leadership Institute, Stephen B. Jones. Seattle filmmaker and documentarian LD Willis interviewed her to explore the convergence of technology and creativity for a Women in Arts and Technology documentary series. [Click here](#) to see the trailer. Check out her [website](#).



Ian Kaminsky Ph.D. after almost 10 years of working at UCSB, has spent the last 5 in private practice.

kaminskypsychological.com



Johanna Hays, Ph.D., has received an adjunct teaching position in the Psy.D. program at Antioch (Santa Barbara) where she will be teaching Advanced Family therapy. She will be presenting at

the upcoming APA conference **with Dr. Juliet Rohde Brown (see page 13)**



Photo : Juliet Rohde Brown

Announcements and Opportunities

Make your voice heard about the new development of the EPPP-2 exam for licensure as a psychologist.

Response to EPPP-2 development:

Psychologists who are interested in assisting in the development of the EPPP Part 2 can volunteer at <https://www.surveymonkey.com/r/EPPPPart2>

APA Division 39 - Psychoanalysis and Social Responsibility

As many of you know, this section's mission is to engage psychoanalysis as a field in important social issues. Past work has included the creation of socially engaged course material for inclusion in institute and graduate school training. Members also took a very active role in the years-long fight against the APA's collusion with US torture policy. Their mission also includes supporting projects that seek to promote the provision of psychoanalytically oriented clinical services to underserved groups of people, and to expand the cultural applicability of psychoanalytic treatment. To this end, they have launched an initiative to create discussion and support groups for people doing psychodynamic community mental health work.

Please take a look at the newsletter, [*The Psychoanalytic Activist*](#), to see the kind of work the members of division 39 support and in which they participate. Click here for [more opportunities and information](#).



IMAGERY INTERNATIONAL: ENLIVENING THE MIND-BODY- IMAGERY CONNECTION

The 9th Annual Imagery International Conference, Menlo Park, CA, October 20-22, 2017
<http://imageryinternational.org/annual-conference/>

Scholarship deadline Aug 18.

Contact Darcie Richardson at

imageryconferencechair@gmail.com

**Antioch-Santa Barbara Faculty
Positions (PsyD program)**

<https://www.antioch.edu/santa-barbara/job/full-fixed-term-faculty-doctoral-program-clinical-psychology-psyd-program/>

<https://www.antioch.edu/santa-barbara/job/director-clinical-training-core-faculty-doctoral-program-clinical-psychology-psyd-program/>

University of Southern California Counseling Center

From Pacifica alumnus: We currently have two full time positions open for staff psychologists. We will probably have some part time (without benefits) psychologist positions later on.

Interested individuals can contact me at bryce.mcdavitt@usc.edu or Elizabeth Reyes, PhD, our Assistant Director for Clinical Services, at elizabeth.reyes@usc.edu



CPA Foundation Announces Two New Grant Opportunities

The CPA Foundation is pleased to announce two new grant opportunities to support our current priority program area related to support for the LGBT Community.

The grants are: (1) grant to support dissertation research in the topic area, and (2) grant to support a psychologist-led project in the topic area.

Details of the grant amounts, application deadlines, and qualifying criteria are available [here](#).

Click [here](#) for grant details.

THE MAGDALENE MYSTERIES AND THE PATH OF THE BLUE ROSE

A PILGRIMAGE JOURNEY TO THE HEART OF THE LANGUEDOC IN SW FRANCE

Sunday, September 24th, 2017-Tuesday, October 3rd, 2017

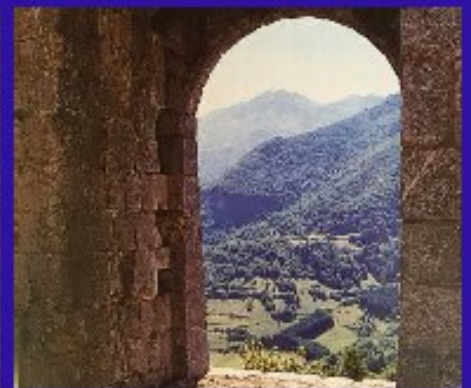
The Magdalene Mysteries relate both to 'hidden' histories and Gnostic Texts concerning Mary Magdalene and Jesus, and to the Tradition of the Blue Rose, the name given to MM's teachings, and a lineage of Grail Priestesses and Womb Shamans whose central symbol is the Chalice of the Grail, and whose guiding force is the Cosmic Sophia.

During our pilgrimage, we will journey to some of the sites sacred to these traditions.

Our focus will be a contemplative one, and our days will be informed by dream-work and meditation practice as well as visiting places, portals or doorways, that resonate with the energies of MM and the coming culture of Sophia.

This is an inner journey in the outer world!

Our hope is to deepen into what our own contribution might be to the new emerging story as we leave the Age of Pisces and welcome the Age of Aquarius. We will also enjoy and be inspired by the delicious food and wine of this special area of France.



**FOR MORE INFORMATION, VISIT
WWW.VERONICAGOODCHILD.COM**

**CONTACT VERONICA GOODCHILD:
VERONICA.GOODCHILD@GMAIL.COM
+1 (805) 722-7758**



Los Angeles County Psychological
Association's Community Outreach Committee

Is Pleased to Announce

A Call for Artists Mirrors of the Mind 6: The Psychotherapist as Artist

ART EXHIBITION DATES: November 15-26, 2017, **RECEPTION:** November 18, 6-10 PM

EXHIBITION LOCATION: Art Share LA, "Sanctuary for the Arts"
801 E 4th Place, Los Angeles, CA 90013

ELIGIBILITY: Open to all LACPA members as well all non-member psychologists, psychotherapists, psychoanalysts, clinical and research psychology professors/instructors, and psychotherapy graduate students, nationally and internationally.

SUBMISSIONS: A spacious art gallery is available for all varieties of multimedia, visual art. All art must be psychologically themed and/or psychologically meaningful. The theater is available for performing arts and a poetry reading. In order to defray event costs, there is a \$25 art submission fee for LACPA members, a \$35 fee for non-LACPA members, \$20 for students. Exceptions will be made in cases of financial hardship.

GALLERY VENUE: All varieties of multimedia visual art are welcomed: painting, drawing, photography, textiles, jewelry, sculpture, ceramics, woodwork, furniture, and other 3-D pieces;

THEATER VENUE: Music, dance, theater, stand-up comedy, poetry, and all varieties of performance arts;

SELECTION CRITERIA: artistic value, psychological significance, and originality

JURORS: Robert Bilder, PhD, James Catterall, PhD, Rebecca Catterall, Gus Harper

CURATOR: Terry Marks-Tarlow, PhD; **CO-CURATOR:** Pamela McCrory, PhD

PROCEDURE: For a Prospectus, including artist guidelines and rules for submission, and to access a Registration Form, go to the LACPA website at <http://www.lapsych.org/>
Go to the MIRRORS OF THE MIND tab on the top of the homepage.

EMAIL FOR ALL SUBMISSIONS: mirrorsofthemind2017@hotmail.com

SUBMISSION DEADLINE: September 5, 2017

QUESTIONS: Contact Terry Marks-Tarlow, PhD, markstarlow@hotmail.com or (310) 458-3418

SPONSORSHIP OPPORTUNITIES: Pamela McCrory, PhD, mccroryphd@earthlink.net

FOR IMMEDIATE RELEASE

Definitive new work released on Jung's kinship with the East

Swiss psychiatrist's path of *individuation* compared and contrasted with the *Integral* yoga of Sri Aurobindo and the Mother

(Victoria, BC) – Psychologist Dr. David T. Johnston has published *Jung's Global Vision: Western Psyche Eastern Mind*, the first major work in recent years on Carl Gustav Jung, the brilliant Swiss psychiatrist who founded analytical psychology.

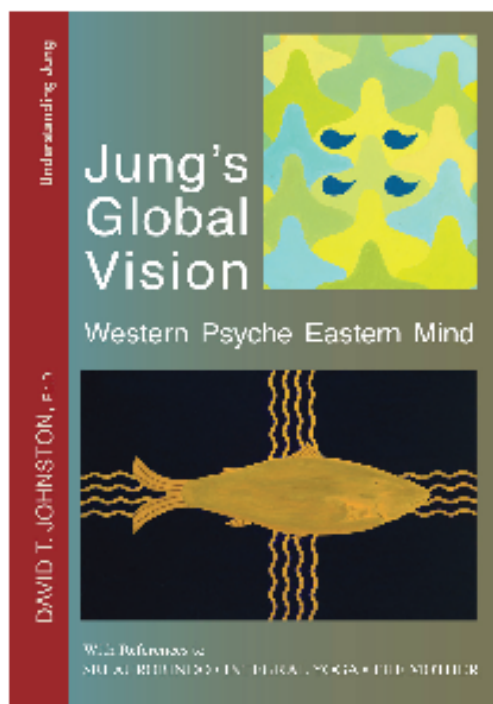
Jung's early collaboration with Sigmund Freud is well known and has been thoroughly dissected and discussed – it was featured in *A Dangerous Method*, a popular 2011 film directed by David Cronenberg. Much less known is the spiritual depth of Jung's thought. Comparatively little has been published until now on Jung's kinship with historical Eastern philosophy, either from India or China, or on the similarity between Jung's work and the most contemporary spiritual path emanating out of India today, that of Sri Aurobindo and the Mother. This is the main theme of Dr. Johnston's new book, *Jung's Global Vision: Western Psyche Eastern Mind*, which should intrigue anybody interested in Jung's thought and in religious and spiritual matters in the contemporary world.

Jung's Global Vision: Western Psyche Eastern Mind, With References to Sri Aurobindo, Integral Yoga & The Mother by David T. Johnston, Ph.D. is published by Agio Publishing House, Victoria (Canada), 468 pp., with illustrations, extensive footnotes, index, bibliography & glossary of terms; trade paperback edition US\$29.95, ISBN 978-1-927755-21-1; ebook edition US\$9.99, ISBN 978-1-927755-22-8.



About the author – David T. Johnston

David T. Johnston is a practicing psychologist living in Victoria, BC, Canada. He resided in Pondicherry [now Puducherry], India from 1970 to 1973, where he was introduced to the Integral Yoga of Sri Aurobindo and the Mother. He lived there during Sri Aurobindo's centenary in 1972. He subsequently studied at the C.G. Jung Institute in Zurich, Switzerland in 1975, the year of Jung's centenary. On several occasions, for extensive periods of time, he has visited Auroville, a township near Puducherry dedicated to the Mother's vision. He received his Ph.D., phil. in Clinical Psychology at the Pacifica Graduate Institute in Carpinteria, California in 1996. Dr. Johnston is also a visual artist whose art is a meditative means for him to enhance a living relationship between consciousness and the unconscious.



INTERVIEW QUESTIONS

- Do discoveries in quantum physics substantiate Jung's findings on the nature of the psyche?
- Did Jung discover a non-dual world, and a union between psyche and matter?

CONTACT

author David T. Johnston, Ph.D.
david.thomas.johnston@gmail.com
gusbear4@shaw.ca
phone 250-383-5651

Jung's Global Vision is available through Amazon.com and selected bookstores



CREATIVITY AND THE PERFORMING ARTIST

Behind the Mask

By Paula Thomson and S. Victoria Jaque

Reviews creativity research in the performing arts regarding creative process, increasing creativity, career trajectories, and enhancing performance.

ISBN: 978-0-12-804051-5

PUB DATE: January 2017

LIST PRICE: \$64.95

Audience:

Researchers in creativity in cognitive and personality psychology and researchers in performing arts.

Authors:

Paula Thomson, PsyD
California State University,
Northridge, CA

S. Victoria Jaque, PhD
California State University,
Northridge, CA

Creativity and the Performing Artist: Behind the Mask synthesizes and integrates research in the field of creativity and the performing arts. Within the performing arts there are multiple specific domains of expertise, with domain-specific demands. This book examines the psychological nature of creativity in the performing arts. The book is organized into five sections. Section I discusses different forms of performing arts, the domains and talents of performers, and the experience of creativity within performing artists. Section II explores the neurobiology and physiology of creativity and flow. Section III covers the developmental trajectory of performing artists, including early attachment, parenting, play theories, personality, motivation, and training. Section IV examines emotional regulation and psychopathology in performing artists. Section V closes with issues of burnout, injury, and rehabilitation in performing artists.

Key Features:

- Discusses domain specificity within the performing arts
- Encompasses dance, theatre, music, and comedy performance art
- Reviews the biology behind performance, from thinking to movement
- Identifies how an artist develops over time, from childhood through adult training
- Summarizes the effect of personality, mood, and psychopathology on performance
- Explores career concerns of performing artists, from injury to burn out

Table of Contents

Section I: Creativity Theory and Performing Artists

1. Understanding creativity in the performing arts
2. Domains in the performing arts
3. The person: Talent and performing artists
4. Creative experiences
5. Imagination and fantasy

Section II: Biological Manifestations of Creativity in Performing Artists

6. Neurobiology, creativity, and performing artists
7. Physiology and creativity
8. Flow and neurophysiological responses

Section III: Development of the Performing Artist

9. Early development
10. Play and theory of mind
11. Attachment, parenting, and childhood adversity
12. Personality and motivation
13. Training the performing artist

Section IV: Emotion: Regulation, Resilience, and Pathology

14. Self-regulation, emotion, and resilience
15. Mood and creativity in the performing artist
16. Unresolved mourning and posttraumatic stress disorder in performing artists
17. Performing artists and psychopathology

Section V: Professional Reality of a Performing Artist

18. Careers in the performing arts
19. Injuries and rehabilitation
20. Health concerns and burnout



For more information or to order a copy visit:

<http://bit.ly/2iWbSBs>



.....

Certificate in Somatic Psychotherapy

Starts October 2, 2017
10 Mondays + 3 weekends
Antioch University, Santa Barbara

Somatic psychotherapy is a unique therapeutic approach that examines the self through an integrated body-mind lens. AUSB's highly experiential learning environment offers specialized training in addressing trauma related symptoms, including PTSD.

"For real change to take place, the body needs to learn that the danger has passed and to live in the reality of the present." – Bessel Van der Kolk

.....

Meet the Faculty

Faculty are well known for their expertise in various aspects of Somatic Psychology and Practice.

Shira Musicant - MA, LMFT, BC-DMT, SEP

Rebeca Farca - MA, licensed in Humanist Counseling, Group Processing, Core Energetics and Gestalt Psychotherapy.

John Galaska - PsyD, BCIA, NGH, IPNB

Victoria Stevens - PhD, Licensed Clinical Psychologist

Angela DeVita - PhD, LMFT, ATR

Melissa Cordero - PsyD, RYT

Courses

- Movement, Mindfulness & the Expressive Arts
- Somatic Approaches to Trauma & PTSD
- Intro to Theories & Techniques
- Practicum: Somatic Consultation
- Standards of Practice & Ethical Issues
- Neurobiology, Stress and Somatic Psychotherapy

Total of 15 non-degree credits

Questions? Contact the Office of Admissions at 805.962.8179 x 5301

www.antioch.edu/somatic

.....

ANTIOCH UNIVERSITY
SANTA BARBARA

Helpful Links



[Student Services Page](#)

[My.pacifica.edu](http://my.pacifica.edu)

[Academic Calendar](#)

[Pacifica Bookstore](#)

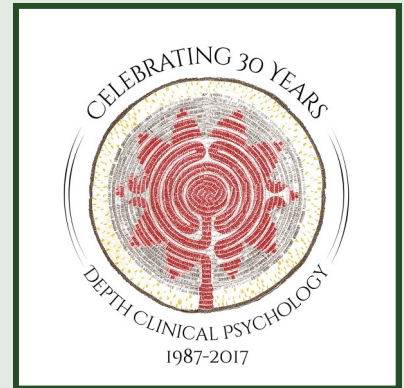
[Student Handbook](#)

[Student Accounts](#)

[Office of the Registrar](#)

[Financial Aid](#)

[Practicum and Internship Resources](#)



Clinical Program Staff

Program Chair

Oksana Yakushko, Ph.D.
805.969.3626 Ext. 181
oyakushko@pacifica.edu

Director of Clinical Training

Juliet Rohde-Brown, Ph.D.
805.969.3626 Ext. 139
jrohdebrown@pacifica.edu

Program Administrator

Lisbet Frey
805.969.3626 Ext. 124
lfrey@pacifica.edu

Clinical Training Coordinator

Wendy Copca
805.969.3626 Ext. 191
wcopca@pacifica.edu

Student Affairs and Accreditation Coordinator

Susan Evergreen Hericks, Ph.D.
805.969.3626 Ext. 153
shericks@pacifica.edu

Director of Research

Michael Sipiora, Ph.D.
805.969.3626 Ext. 189
msipiora@pacifica.edu