

Clinical Psychology Program Newsletter



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Dear Clinical Community,

We, the Pacifica Clinical faculty and staff, welcome you to the upcoming 2018-2019 academic year. Committing ourselves to this depth psychological perspective as central to how and what we learn/teach, to how we work clinically, and to how we see ourselves and the world, means also accepting our place on the margins in traditional worlds of U.S. psychology. That said, I think that our contributions can be as dynamic and vital to our communities and our own human lives as ever before. And in this task of being depth psychologists or psychologists-in-depth, I hope that we continue to hold to expanded notions of what it means to be psychological.

Half a year ago I had a chance to visit London, UK and present there on eugenics, positive psychology, and exclusion of depth perspectives. I also was lucky to visit the London Freud museum, which is housed in a small townhouse, to which Freud fled when his life became endangered because of Nazi eugenic persecutions (four of Freud's sisters died in Nazi concentration camps). The first level of the museum contains his famous couch (a very simple couch covered by rather ordinary old rug), his desk and thousands of mythological figurines and old books. The second level is dedicated to his daughter Anna Freud, who also lived and worked there. Anna Freud, a psychoanalyst, is often bashed along side her famous father. Little is remembered about her work that focused on war trauma, especially among children.

One of the artifacts presented there is a typed letter from Anna Freud to John, who wished to know what it takes to become a psychoanalyst. I believe her words resonate deeply with the type of depth psychological training we offer and that many of you (students and alums) practice:

"Dear John,

... You asked me what I consider essential personal qualities in a future psychoanalyst. The answer is comparatively simple. If you want to be a real psychoanalyst you have to have a great love of the truth, scientific truth as well as personal truth, and you have to place this appreciation of truth higher than any discomfort at meeting unpleasant facts, whether they belong to the world outside or to your own inner person.

Further, I think that a psychoanalyst should have... interests... beyond the limits of the medical field... in facts that belong to sociology, religion, literature, [and] history,... [otherwise] his outlook on... his patient will remain too narrow. This point contains... the necessary preparations beyond the requirements made on candidates of psychoanalysis in the institutes. You ought to be a great reader and become acquainted with the literature of many countries and cultures. In the great literary figures you will find people who know at least as much of human nature as the psychiatrists and psychologists try to do.

Does that answer your question?"

I hope that we keep asking our own questions and inviting ourselves to wonder what it means to be depth psychologists – what kinds of collective and personal truths may be challenging for us to embrace? Where can we further refine our capacity to understand what it means to be human outside of supposed "truths" found in experiments on caged animals or large sets of bell shape data? What cultures and indigenous views can challenge our own perspectives?

May this questioning help us all honor the richness and complexity of "inner" life that is lived in the worlds of both profound oppression and great beauty, and find our voice/passion/truth/imagination toward a world that is just and nurturing for all.

In shared commitment to growing and fighting,

Oksana Yakushko

Clinical Chair



Hello to the Pacifica community:

Alas, another autumn has arrived! For those of you I haven't yet met, my name is Liz Schewe, PhD, CYT and I am the Director of Clinical Training in the Clinical Psychology Program. I am delighted to join you all as we transition into the upcoming season and academic year. May the season and year ahead bring more opportunities for authentic connections, learning, healing, and community building! I look forward to working with each of you and I hope you will connect with me regarding your practicum and internship training, professional identity development, and research interests. I hope you will continue to establish meaningful working relationships with your patients and colleagues and that you will meet others with deep respect and curiosity. As you advocate for your patients and community members, I hope you will also advocate for yourself through creating ritual and spaces for self-care, nature, wellness, and creativity!

Announcements from the Clinical Training Office:

Support: As the Director of Clinical Training, I am eager to support your professional development; please connect with me to discuss your readiness for practicum, internship, licensing, and postdoctoral training. In addition, I am available to discuss your training goals, theoretical approach, clinical areas of interest, supervision experiences, advising needs, and professional regulations related to accruing Supervised Professional Experience (SPE). Our Clinical Training Office Coordinator, Wendy Gordon wgordon@pacifica.edu (formerly Wendy Copca, MS), organizes each student's clinical training file. She keeps records of the required clinical training forms and can answer questions related to meeting the clinical training requirements.

Organization: Be proactive with meeting the program and licensure requirements by developing a system or ritual to organize your personal Clinical Training file. Please keep both paper and digital copies of all clinical training forms and stay up to date on your Student Liability Insurance. The Clinical Training Office and State Licensing Board processes can be slowed or delayed when paperwork is missing or incomplete. The Clinical Training Agreements, Board of Psychology forms, and Hour Logs ought to be presented in an organized manner with attention to dates, information, and required signatures. Record Keeping and Documentation are important aspects of our work in the field of psychology, so please be mindful when completing the required documentation and calculating your clinical hours. Please submit completed documentation to Wendy Gordon and be in touch with her or Liz at eschewe@pacifica.edu if you have questions related to collecting or processing your documents.

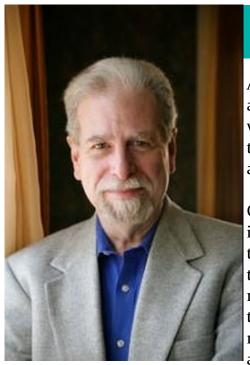
Connections: Wendy and I look forward to joining students for lunch on Fridays during the residential sessions. We will have a table setup with information related to clinical training so please stop by to chat. We look forward to connecting with you during lunch to talk about your clinical training experiences and we hope to answer questions related to your unique training plans! If you would like to setup an in-person or phone meeting with Liz or Wendy, please send an email or phone message.

Documentation: Please check the website for the 2018-2019 Clinical Training Manual and updated forms. Reach out to the Clinical Training Office if you have questions related to the Clinical Training Manual, Clinical Training forms, or training and licensure requirements. The Clinical Training Manual and Clinical Training forms for practicum, internship, and personal therapy can be accessed and downloaded via D2L and the Pacifica website.

Community Yoga: In closing, I am excited to announce that I will teach an all levels, Pacifica community yoga class during the residential sessions. If you are new to yoga or have practiced before, I would like to invite you to the deck off of the studio for gentle stretching, reconnection, and relaxation beneath the tree canopy and crows nests! Mats, blankets, and essential oils will be provided. Please wear clothing that you feel comfortable moving in. If you are interested, check the schedule and bulletin board to see when the next class is. If you have questions about the yoga offerings or ideas about integrating wellness and rituals during the residential sessions or beyond, please connect with me.

Líz Schewe, PhD, CYT Director of Clinical Training





From President Joe Cambray, Phd

As Clinical Psychologists, Depth Psychologists, and Marriage and Family Therapists teaching at Pacifica Graduate Institute, we feel compelled to publicly offer our professional perspectives regarding the current United States immigration policies and actions at the U.S. border with Mexico.

Our greatest concern is that the U.S. policies and the chaotic implementation of them are causing psychological trauma to the children and adults who are crossing the border, and that this trauma can have lifelong negative impacts. Many of the migrants are seeking asylum from horrendous conditions in their countries of origins, fleeing multiple forms of violence ranging from gang violence, to death threats to sexual slavery, and already have suffered trauma. Their existing trauma

should not be compounded by U.S. government sanctioned inhumane treatment of migrants.

We strongly support policies to keep children with their parents. This fundamental bond of children with their parents is core to psychological health and well-being. We strongly advocate that the U.S. government make it an urgent priority to reunite the 2,300 children who have already been separated from their parents. We further support humane, compassionate treatment of the migrants and asylum seekers, and due legal process according to the U.S. constitution.

How migrating families are treated when they get to the U.S. border is an issue of great consequence, both for them, and for us as American citizens. Some thought leaders in our country are framing this issue into an US versus THEM polarity. This is a dangerous psychological splitting, that leads to projection of our own shadow material onto vulnerable persons, who then are degraded and rejected. For the well-being of us all, we advocate an attitude of compassion toward the migrants, mindful of their suffering, need, and desperation, while still forming a coherent and realistic immigration policy.

Pacifica Graduate Institute and the Pacifica Alumni Association (PGIAA) have a number of projects on immigration currently underway:

A Task Force whose mission continues to offer support for those impacted and or displaced by the current administration's guidelines.

PGIAA Careline, providing support and help for those experiencing mental health issues and/or anxieties related to immigration/family circulation, etc.

PGIAA membership and support of CLUE (Clergy and Laity United for Economic Justice) Santa Barbara.

PGIAA supports Mixteco/Indígena Community Organizing Project (MICOP); MICOP will be hosting a backpack drive for students in need. Backpacks will be filled with school supplies. Please consider participating as you can: http://mixteco.org/

Carpinteria Children's Art Project.

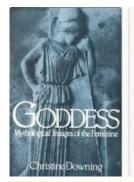


We are so proud to announce that **Dr. Christine Downing**is to be honored with
the Distinguished Educator Award from
the International Forum For
Psychoanalytic Education (IFPE) at Upcoming 29th Annual Interdisciplinary
Conference.

The 2018 Conference will convene in Seattle, Washington, October 25-17. Click here for full conference details.

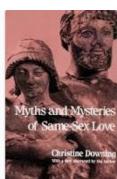
Chris is a core faculty member in the Mythological Studies Department, she has made extensive scholarly contributions to the fields of Religious Studies, Mythology, and Gender Studies. She is Professor Emeritus in Religious Studies from San Diego State University where she taught for almost twenty years. She has also taught concurrently at the San Diego campus of the California School of Professional Psychology, and at the C.G.

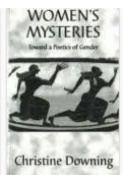
Jung Institute in Zurich. She lectures frequently to Jungian groups both here and abroad. Dr. Downing is the author of numerous scholarly essays and important books in the field. Read more about some of Dr. Downing's incredible accomplishments here. Also check out Chris's upcoming OPUS Mythological RoundTable.

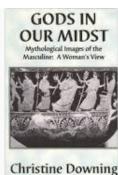








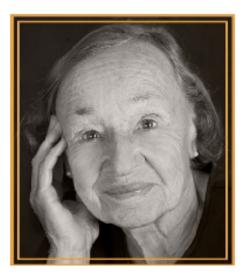




Clinical chair, Dr. Oksana Yakushko will be presenting at the conference, as well as Pacifica Clinical students:

- Michael Comlish (PhD dissertation)
- Diana Faydysh (2nd year Phd)
- Daniel Siuba (3rd year Phd)
- Nitsa Dimitrakos (recent PhD alumna)
- Margaret Hickman (PhD Dissertation)
- Dana Kline (PhD Dissertation)





Christine Downing Dissertation Fellowship

Accepting Applications for 2019

OPUS Archives & Research Center is offering a \$5,000 fellowship to foster scholarly exploration within the fields of depth psychology and mythology.

ELIGIBILITY REQUIREMENTS:

- Be a student in a doctoral program of any accredited institution writing a dissertation within the fields of depth psychology and mythology
- . Demonstrate the necessity of substantial on-site use of OPUS' collections
- · Have an approved concept paper
- Have a confirmed dissertation chair

DURATION OF FELLOWSHIP: Requires forty (40) hours of research in the archives. These funds are for one (1) year of research to be conducted between April 1, 2019 and March 31, 2020.

DEADLINE FOR SUBMISSION: All application materials must be received by 5:00 p.m. PST on January 3, 2019.

NOTIFICATION OF AWARD: March 15, 2019

TO APPLY: Complete Guidelines and Application Instructions are available on the OPUS website at www.opusarchives.org/fellowship



Spring 2018 — Our Amazing Graduates (and faculty)!

2018 Clinical Graduates & Faculty





Dr. Crystal Prung



Congratulations

Dr . Anthony Bonavita









Congratulations



Summer 2018 — Courses done: Congratulations!



Adrian Colon, Connie Baecheler, Marilyn Kleist, Victoria Shirazi, Dina Zaki, Patricia Ponceano, Dr. Avedis Panajian, Casey Simon (not pictured Jesse Jacob and Sarah Barnard-Moreland)

Summer graduation dinners with all of our students celebrate the year's end and the cohort completing course requirements. We are so honored and proud to wish you well... on internship and dissertation!

Individuation is by no means a rare thing or a luxury of the few, but those who know that they are in such a process are considered to be lucky.

Carl Jung, Letters Vol. 1, Page 14



L to R: Margaret Hickman, Alexandra Weaverling, Geni Duran, Dana Kline, Dawn Berry Front: Michael McAtee, Daniel Brown (not pictured -Diane Eardley)









The 3rd year PhD cohort presented a painting titled "Rebirth-Ojai Spring" by Clinical adjunct professor **Dr. Susan Guy** as a gift from the class. Dr. Guy, an accomplished painter who lives in Ojai, says of the work:

"It is a special piece for me- I did a series of paintings up in the mountains after the Thomas Fire and then after the debris flow. They were part of my way of dealing with the trauma. The first several were silver ash mountains- done before the roads closed with the rains- one titled "Burnout" is actually in a permanent Clinician Wellbeing gallery online for the National Institutes of Health. The next was after the silver was washed off by the rains and the debris flows. The painting at Pacifica is the last in the series and likely the last I complete before moving to Hawaii. It shows the tendrils of green hope and rebirth that came with Spring- and the Goddess above. I was painted from behind my house."

We offer our deep gratitude to Dr. Guy for her years of teaching as well as blessings on her move to Hawaii.

Susan Guy's website.



Dr. Jim Broderick and (our -now-fourth year)PsyD students share about using Sandplay



The Clinical Program would like to thank Linda Carter for donating her Sandplay collection to Pacifica. It is amazing and is already having a significant impact on our students. The once sparely filled cabinets in the Lambert Lécture Hall are now filled with rich symbols that enliven the room as well as the psyche.

I first experienced Sandtray therapy many years ago during my internship at Mercy Hospital in San Diego. However it was in 1981 in a study tour to the Jungian Institute in Kusnacht, Switzer-

land - Jung and the Spirit - Inner

Exploration - sponsored by UC

Berkeley - that I learned more deeply about the therapeutic power of Sandplay Therapy (the Jungian description and approach).

I was fortunate to have a therapeutic experience doing Sandplay Therapy with Dora Kalff - the originator of the Jungian approach. Since that time I have continued to learn and utilize the Sandtray as a therapeutic tool - I have a room in my home dedicated to Sandtray therapy.

With Dr, Carter's donation it was a dream come true in that I could include the Sandtray in my teaching. I have transformed my Comparative Psychotherapy class into a SandTray course. Although the Jungian approach provides the foundation for students to utilizé the sandtray in their psychotherapeutic practice, students also learn how to compare and contrast how Sandtray therapy is being utilized by many of the other major psychotherapy schools, i.e., psychoanalytic (Object Relations), humanistic-existential (Rogerian/Gestalt) and cognitive-behavioral (particularly with children).

The Comparative Psychotherapy course, besides exploring the various theoretical foundations for the Sandtray approach, also provided students with individual and group experiential experiences of depth psychology, including how the SandTray process could enhance and enrich their cohort experience.

> The Sandtray has provided an opportunity to learn in concrete ways how to connect my psyche to the symbolic process...Since the addition of Sandtray I have made significant progress in gaining better insight and understanding into my own depth oriente'd psychological processes. Sherry Marasse

I am also utilizing the SandTray in my other classes. For instance in Community Mental Health, Public Policy and Depth Psychology. The SandTray process can be a powerful tool in building stronger executive and management teams and administrative processes. In History and Systems it can show the power of symbol in deepening our understanding of human and psychological history - When we Change our Symbols, We Change Ourselves.

> I would have never imagined how influential incorporating SandTray into different classes could be. It provided depth to topics, that on the surface, appeared basic and without the meaning that the Sandtray process brought to the topic and experience. Keisha Mascal

The 3rd year PsyD Comparative Psychotherapy class was the first class to experience the Dr. Carter's collection. They all expressed their appreciation for the donation because the Sandtray experience has provided learning, in very concrete terms, on how to utilize an important depth-oriented psychotherapeutic approach in their clinical practice.

> Thank you Dr. Carter...SandTray Therapy is an incredibly powerful and insightful psychótherapeutic tool. Cristiná Bartlett

Fall 2018 — WELCOME new and returning students



On September 14 we welcomed our incoming PhD students, most of whom are pictured above (and bottom R.) with Clinical Chair, Dr. Oksana Yakusho (center row, far right).



PRAYER FOR AN INVITATION

I pray for you, world to come and find me, to see me and recognize me and beckon me out, to call me even when I lose the ability to call on you who have searched so long for me.

I pray to understand the stranger inside me who will emerge in the end to take your gift.

I pray for the world to find me in its own wise way.

I pray to be wanted and needed by those I have learned to love and those I must learn to love.

I pray to be wanted and needed by those I cannot recognize in my self-imposed aloneness.

And
I pray to be wanted and needed by those
I wish to be wanted by.

But I acknowledge the power of your beautiful disguise, and I ask for the patient heart of all things to understand the abiding fear I feel in following your unknown ways, in my fear of receiving, in my fear of taking your hand, in my fear of following your hidden, difficult and forever beckoning

~David Whyte

way.



4th year PsyD students Cynthia Galaviz, Sherry Marasse and Keisha Mascal





On September 27 we welcomed our 2018 cohort PsyD students, L to R: Desiree Ingram, Gracie Bishop, Ruby Corley, Rebecca O'Krent, Naomi Andrews-Jackson, Lisa Ramsey.

Student Achievements



Ron N. Gad is a licensed psychotherapist in Beverly Hills, California, a clinical psychology doctoral candidate (PhD program) with specialty in transitions through identity, and the Executive Director & Clinical Supervisor at the Beverly Hills Therapy Group where his emphasis is on "therapy by creatives, for creatives." A writer himself, Ron has a wonderful blog on the site. Here is a menu – including an insightful essay on the recent suicide of celebrity chef Anthony Bourdain.

Daniel Siuba (Phd 3rd year) has been writing (from a Depth Psychological perspective) for a new TV/Film website centered around the work of David Lynch, as well as many other TV series. His first three part project was about the first season of the HBO series, <u>True Detective</u>. Part 1 is about Jungian typology, as applied to some of the show's main characters. He is now writing about the series <u>Kidding</u> (three episodes so far!)



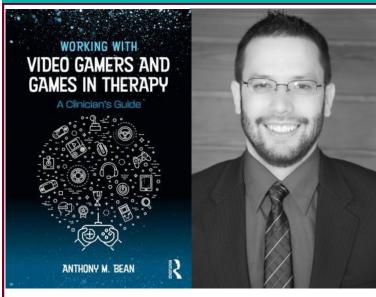






Did you know we have a daily rainbow unicorn parade on Lambert campus?

We love to hear from you! Please send your news to shericks@pacifica.edu for future newsletters.



Dr. Anthony Bean is a Licensed Psychologist in Fort Worth, Texas. He has worked across the lifespan focusing on various difficulties with life and emphasizes individual strengths and normalizing life experiences. Dr. Bean specializes in video games, children, adolescents, and adults who play video games. He is considered an expert in this growing field and has been published in the discipline; his new book is pictured here.

His clinical interests include archetypal identification, depth psychology, video games as therapeutic tools, play therapy, and personality research.



Pacifica Clinical was well represented at the APA convention in August!

Dr. Paula Thomson (Adjunct Faculty)

- "Embodied Practitioners: Through a Psychophysiologic Lens."
- "Performing Artists and Athletes: Coping, Stress, Flow and Creative Experience."
- "Childhood Adversity, Attachment, and Creativity in Performing Artists and Athletes."

AMERICAN **P**SYCHOLOGICAL Association



Dr. Allyn Enderlyn

- "Creativity, Chaos, and Nonlinear Psychology in Mind and Life.
- "Crucial Creative Arts Town Hall and Innovative Blitz Talks---Arts for Art Versus Arts for Therapy"
- "Global Perspectives on Psychology Education and Training"

Dr. Bryan McNutt (right)

Skill-Building Session "Death, Dying, and Intersectionality"





Dr. Jeff Grant has published a paper about Medard Boss and projective identification in The Society for Existential Analysis's journal, Existential Analysis. Please email shericks@pacfica.edu if you would like to receive a pdf including this article. (The PDF is also posted on our PGI FB group)

Chiron Publications is pleased to announce the release of <u>The Mythmaker</u> by award winning author and depth psychologist **Dr. Mary Harrell**.

The Mythmaker is a personal myth, a fiction, based on Harrell's life. and tells the extraordinary tale of Katie Neumann's childhood. After the sudden death of her mother, seven young children and an overwhelmed father were left to figure out what to do. Acknowledging that seminal happenings en-

Awakening

Heidi Taylor



wombed in our past seek re-membering, and in the tradition of personal myth-telling, Harrell began a writer's journey to re-collect the meaning of her story.

Dr. Heidi Taylor has published a book on recovery from depression, "Tales of Awakening." She has been providing services as a supervised visitation monitor to Ventura, Santa Barbara, Los Angeles and Orange Counties since 2000 and is the owner of Taylor Supervised Visitation.

"Coming to life again after a period of emotional deadness is something many struggle with. Historically, there has been a gap in this area of psychology, though work was found in the area of clinical psychology on related topics such as depression and happiness. The most appropriate supporting literature was found in work on ascent and descent myths, the transformational process of alchemy, and the symbolism in fairy tales. Little was known about the experience from a modern person's view. Heidi Taylor brings you on an autobiographical-heuristic journey of her descent into the Underworld and what it took to rise from the ashes. This work of literature is her dissertation that

was submitted for her PhD in clinical psychology. It includes fascinating interviews with five people who have made similar journeys and how they rose above adversity. "

Dr.Bryce McDavitt and **Dr. Jaclyn Lafer** opened an office in Studio City, CA for their growing private practices.



Bryce focuses on helping LGBTQ individuals with self-esteem and relationships (www.drbrycemcdavitt.com), while Jaclyn's focus is parent-child relationships and early childhood/early parenthood, including the process of becoming a parent (www.jaclynlafer.com)

Bryce also recently accepted a position as Assistant Director at Valley Community Counseling Clinic in North Hollywood. VCCC offers affordable psychoanalytic psychotherapy without session limits, and has helped train many Pacifica students and graduates.



Dr. David Burston is licensed as a sports and clinical psychologist in U.K., where he works as a sports psychologist for Tottenham Spurs (UK soccer/futbol league club), as well as parts of the year as a therapist in LA area. His forthcoming book is *Reclaiming the Lost Soul of the* Athlete. See page 30 below for a discount on the book.

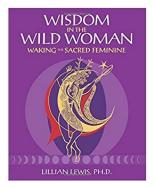


Dr. K. Alexandra Onno has been named the new chair of the Master of Arts in Counseling program at St. Martin's University in Lacey Washington. Dr. Onno will lead accreditation efforts and annual assessment activities and participate in the Master in Arts of Counseling program through teaching, student advising, professional development, research and other academic-related activities. Read more here.

Taylor & Francis Group

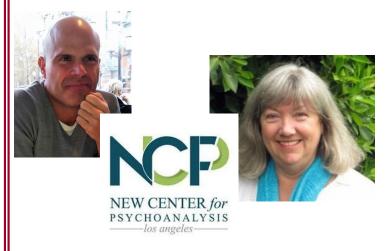


Dr. Lillian L. Lewis is author of two books: Wisdom in the Wild Woman: Waking the Sacred Feminine (2017) and All Shall Be Well: an Irish Inheritance, a novel (2012).





Dr. Doug Wilson and **Dr. Lauren Barrett** both recently graduated from the <u>New Center for Psychoanalysis</u> (NCP) in Los Angeles, CA. Doug completed the 2 year program in "Adult Psychoanalytic Psychotherapy." Lauren completed the 2 year program in "Child and Adolescent Psychoanalytic Psychotherapy."



Dr. Jason Butler is core faculty in the Holistic Counseling Psychology at JFK University program where he teaches in the transpersonal, depth and somatic psychology programs. He is the author of several peer reviewed articles and the book Archetypal Psychotherapy: The Clinical *Legacy of James Hillman.* Dr. Butler's research and practice include: dream work, the confluence of spiritual disciplines and psychotherapy, psychedelic integration, and depth psychological approached to cultivating intimacy in relationships. In this brief clip, he shares how he views the process of teaching -- as a human exchange from the "warm hand" of one person to another.





Dr. Salvador Trevino has joined the staff of PathPoint's Behavioral Health Division. Through a partnership with the Santa Barbara County Department of Public Health, he will provide mental health services at two neighborhood clinics: Franklin Health Care Clinic in downtown Santa Barbara and Carpinteria Health Care Center. Dr. Treviño specializes in Latino mental health and cultural trauma. He brings administrative and clinical experience to the position as a psychologist, marriage and family therapist, and professor. Prior to joining PathPoint, Treviño was the director of practicum for the Psychology Doctoral Program in Clinical Psychology at Antioch. Read the news article here.

Dr. William James Jones has recently begun serving as an adjunct professor at Pepperdine's Graduate School of Education and Psychology where he'll be teaching "Couple and Family Therapy II" for Pepperdine's Online MFT Program. In July, Dr. Jones presented "Individual, Couple and Family Development" at Pepperdine's West L.A. Campus. Also an adjunct professor at Azusa Pacific University, he continues to teach: *Career Exploration and Writing in the Social Science of Psychology, Adult Development across the Lifespan* and *Multicultural Psychology*. Dr. Jones maintains a supervised private practice at La Vie Psychology Group in Pasadena.



We love to hear from you!

Please send your news to shericks@pacifica.edu for future newsletters.

Join our PGI Clinical Facebook group to post events and news at any time.

Clinical Dissertations Published—Congratulations!

Glynda Nickerson

Getting to the Root of Suffering: Dialogues With Tibetan Refugee Expolitical Prisoners on What Heals Psychological and Somatic Sequelae of Trauma

Robin Ruth

Body Image, Eating Disorders, and the Implicit Processing of Photographic Portraits

Fiona Graham Mcleod

The Evolution of Unconscious-to-Unconscious Communication Within Psychoanalysis

Michelle Hansel

Trauma, the Psyche, and the Soma

Robert Antonacci

An Exploration of Aging in the Gay Community

Kari Saenz

Healing the Soul in Crisis: the Heroic Journey of Schizophrenia

Dina Zaki

Transgenerational Impact of Narcissistic Parenting

Jennifer Warren Lentenbrink

The Desexualization of Contemporary Psychoanalysis

Jamie McLaren

Implications of Dissociation in the Clinical Treatment of the Ego-Centric Paradigm

Katherine W. Smith

The Clinician Experience of Treating Suicidal Patients

News from Clinical Faculty

Dr. Oksana Yakushko, (Clinical Chair) has just returned from her sabbatical fro fall quarter. While on sabbatical, she completed and submitted several publications on problems with so-called "positive psychology," centrality of eugenics in U.S. academic psychology, on torture of human beings, and on exclusion of depth perspectives. She co-published an Op-Ed in Portland Oregonian on current U.S. leaders' use of the term "witch-hunts" to describe their political and social claims of persecution. (Many of you know that during Enlightenment era in Europe and "explorations" by conquistadors millions of mostly women were accused of witch-craft and tortured after being blamed for being perceived as a threat by the powerful elites).

With Pacifica student Eva Blodgett, MS, she published "Negative Reflections About Positive Psychology: On Constraining the Field to a Focus on Happiness and Personal Achievement" in the Journal of Humanistic Psychology. (Read at link).

Lastly, she finished her first solo book entitled *Modern-Day Xenophobia*, which will be released by Palgrave/McMillan in the next year. Read here a prequel of Oksana's work on xenophobia.

As many of you know, she is completing her psychoanalytic training in NYC over the next few years. In her spare sabbatical time, she enjoyed long-distance running (and plotting her writing), reading novels, traveling, and being with her family.



At the Aug 2018 annual convention, Dr. Yakushko was awarded the Woman of the Year award by Section for the Advancement of Women (SAW) Division 17.

In 2019, she will deliver a Woman of the Year address during the APA convention in Chicago.

More News from Clinical Faculty

Dr. Avedis Panajian returned in August from giving a set of lectures and a scientific presentations for the Rio de Janeiro Psychoanalytic Society. He also presented "Analyst's Dreams, and a Way to Deal with Them," at the <u>International Conference on Bion</u> in Sao Paulo, Brazil.

The Brazilians are the international scholars on Bion. They have been very organized and very selective in who they have asked to be on the organizing committee and who would be selected to present.

Dr. Panajian (3rd from left) with his colleagues in Rio de Janeiro.



Congratulations to **Dr. Jim Broderick**, who has been certified in a two year process by the American Board of Professional Psychology (ABPP) in Clinical Psychology. Since 1947 the American Board of Professional Psychology (ABPP) has certified various specialties in psychology; it is the highest acknowl-

edgment by the profession in Clinical Psychology. This certification represents an acknowledgement of depth psychology, particularly Dr. Broderick's Jungian orientation.

"I am really proud to announce becoming an ABPP. I feel it is a real acknowledgment of the richness of my career. I particularly want the students to know that as a faculty member I continue to strive to be a good role model for them in regard to achieving

the highest standards in depth and clinical psychology." While Dr. Broderick retired last year, he continues to teach in our PsvD program.

More News from Clinical Faculty

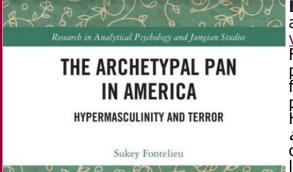
Dr. Vicki Stevens shares: "Just finished [in August] a super intense and truly inspiring week with the brilliant teaching staff at the Center for Teaching and Learning here in Abuja, Nigeria. We did a deep dive into specific standards, pedagogy, and assessments for creative and critical thinking, self-awareness, and empathy and applied them to all subjects pre-K-12th grade, including technology, swimming and music. Then we applied all of them to several collaborative projects throughout the year within classes, between classes, and school-wide focusing on experiential project-based learn-

ing, design thinking, and integrated arts. There was amazing collaboration and creativity from these teachers over the week. I am so excited to follow their work throughout the year.

We are really on our way to being a model for leadership and 21st century skills, as well as a teacher training school for new teachers throughout Africa and beyond as my dear friend Agodi Alagbe envisioned over 10 years ago. I am blessed to be in the company of these loving and talented educators who are so dedicated to the children they serve."



Dr. Stevens with the teaching staff at the Center for Teaching and Learning in Abuja, Nigeria



Dr. Sukey Fontelieu (former Clinical Adjunct faculty) has an upcoming <u>talk at Pacifica</u>. Until October 21 you can <u>preview her new book</u> for free! She is a Licensed Marriage and Family Therapist who practices Jungian-based psychotherapy in Santa Barbara. She brings her creative background in film and writing to her current work as an educator and psychotherapist.

Her book *The Archetypal Pan in America: Hypermasculinity and Terrorism*, reflects her research interest in amplifying cultural events through applications of Jungian and mythological theory.

Dr. Robert Tyminski (former Clinical Adjunct faculty) is a psychologist and Jungian analyst in San Francisco, CA. Past president of the C.G. Jung Institute of San Francisco, he is a Clinical Professor in the Department of Psychiatry at the University of California, San Francisco. He is the author of *The Psychology of Theft and Loss: Stolen and Fleeced* (Routledge). His new book looks at the male psyche from boyhood through adolescence and into adulthood, *Male Alienation at the Crossroads of Identity, Culture and Cyberspace* provides examples from clinical practice, current events, art, and literature that show what happens when alienation is severe and leads boys and men to discharge their emotional problems in the outside world.

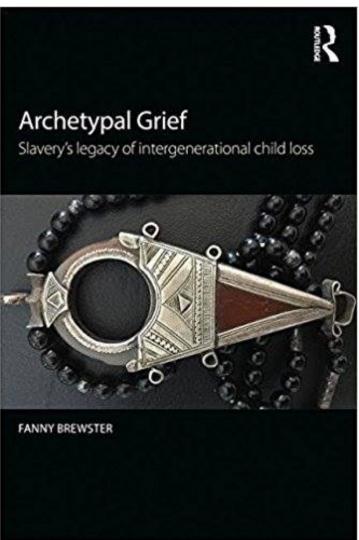


More News from Clinical Faculty

Dr. Fanny Brewster is a Core Faculty member in the Depth Psychotherapy Departments (DPT) at Pacifica and also teaches in the Clinical Program.

As a faculty member of the New York C.G. Jung Foundation she has taught classes and given public forum lectures on Jungian related topics. While a Board Member with the New York Analytical Psychology Club, Dr. Brewster developed and led experiential workshops on Dreams, Creative Writing and Mythology. She has given national and international workshops and lectures on Culture, Diversity and Creativity—the Depth Writing Workshop. She has received two Gradiva Award nominations for her writing from the National Association for the Advancement of Psychoanalysis. Her newly released book is *Archetypal Grief: Slavery's Legacy of Intergenerational Child Loss.* (Routledge)





Archetypal Grief: Slavery's Legacy of Intergenerational Child Loss is a powerful exploration of the intergenerational psychological effects of child loss as experienced by women held in slavery in the Americas and of its ongoing effects in contemporary society. It presents the concept of archetypal grief in African American women: cultural trauma so deeply wounding that it spans generations.

Calling on Jungian psychology as well as neuroscience and attachment theory, Fanny Brewster explores the psychological lives of enslaved women using their own narratives and those of their descendants, and discusses the stories of mothering slaves with reference to their physical and emotional experiences. The broader context of slavery and the conditions leading to the development of archetypal grief are examined, with topics including the visibility/invisibility of the African female body, the archetype of the mother, stereotypes about black women, and the significance of rites of passage. The discussion is placed in the context of contemporary America and the economic, educational, spiritual and political legacy of slavery.

Archetypal Grief will be an important work for academics and students of Jungian and post-Jungian studies, archetypal and depth psychology, archetypal studies, feminine psychology, women's studies, the history of slavery, African-American history, African diaspora studies and sociology. It will also be of interest to analytical psychologists and Jungian psychotherapists in practice and in training

practice and in training.

Dr. Robert Romanyshyn, (Professor Emeritus)

Clinical Faculty

The Journal of Humanistic Psychology just published an advance on line copy of Dr. Romanyshyn's article, "Diagnostic Fictions" to be published in print form sometime later in 2018.

The article opens with a case history to illustrate a key difference between the person who comes to therapy and the figures who come for therapy. In the second part, Romanyshyn describes some features of a literary approach that attend to this difference and animate DSM descriptions with images and stories found in literature. Using Mary Shelley's *Frankenstein* and drawing on his rereading of her tale, he shows in the final section how the character of Victor Frankenstein and his story vividly personify and enrich the DSM category of Narcissistic Personality Disorder.



This piece is part of the journal's ongoing series of alternative approaches to the DSM manual. The article uses a case study to show the place of the humanities in psychological diagnosis, and explores its application to the DSM category of Narcissistic Personality Disorder

Read the article here

Also, together with **Dr. Veronica Goodchild:**

Imaginal mind, indigenous Self: Dreams, poetry & pilgrimage November 10 – November 11

An experiential lecture-workshop weekend, presented by Dr ROBERT ROMANYSHYN and Dr VERONICA GOODCHILD, Professors Emeriti, Pacifica Graduate Institute

Life Artistry Center for Archetype, Imagination, vocation - Australia

IMAGINAL MIND, INDIGENOUS SELF: ACTIVATING DEEP RELATIONSHIPS WITH NATURE THROUGH DREAMS, POETRY AND PILGRIMAGE.

Drawing on Jung's ideas of synchronicity and the psychoid archetype, this lecture-workshop weekend engages participants in ideas, conversations, practices and rituals which open a numinous doorway towards healing our broken connections with the natural world. You are invited to bring your own dreams, poetry and experiences with which to work and share with participants,

For full information, reviews and tickets visit www.lifeartistry.com.au

Dr. Veronica Goodchild, (Professor Emerita) taught Jungian and Imaginal Psychology at Pacifica for 16 years. She has been a Jungian psychotherapist for over 35 years, and is an Affiliate Member of the Inter-Regional Society of Jungian Analysts. Pilgrimage Leader, and Author of <u>Songlines of the Soul</u>: **Pathways to a New Vision for a New Century.**

"I organized and am leading 2 Pilgrimages this year. One is completed, the other is in September. I love creating these Journeys as they unite my depth psychological background in archetypal, Jungian, and imaginal psychology with place and sacred sites visits. This work extends the writing in *Songlines of the Soul* where I explored some of the wider implications of synchronicity, in a very practical way by putting our feet on the ground and connecting with a broader field of nature and the stars, within the ritual of Pilgrimage and sacred sites travel, which opens us to the subtle domains of our worlds and the heart which resides at their centre."

May 18 - June, 2018: In the Footsteps of the Goddess: An Initiatory Journey to Crete and Mainland Greece. This Pilgrimage explored the vitality and beauty of the

ancient Minoan goddess religion on Crete. Every step was a mindful meditation on the recovery of the feminine in our time, meaning here especially the re-connection of our sacred bond with earth and the spirit of nature, and our timeless mysteries under the stars. We performed ritual at every venue, sinking deeply into the spirit of place, and drawing on the themes of death and rebirth, both personal and planetary, that are so pertinent to the mythology of Crete no less than to the Path of Pilgrimage. Thank you to the amazing women who came on this Journey!

September 27-October 6: The Magdalene Mysteries and the Path of the Blue **Rose Pilgrimage.** The Magdalene Mysteries relate both to 'hidden' histories and Gnostic Texts concerning Mary Magdalene and Jesus, and to the Tradition of the Blue Rose, the name given to MM's teachings, and a lineage of Grail Priestesses and Womb Shamans whose central symbol is the Chalice of the Grail, and whose guiding force is the Cosmic Sophia. MM has a strong presence throughout France, particularly in Provence, and in the Languedoc where the Cathar Gnostic Movement - devotees of MM and Jesus - also flourished. During our pilgrimage in this beautiful part of France, we will journey to some of the sites sacred to these traditions. Our focus will be a contemplative one, and our days will be informed by dream-work and meditation practice, history, legends, and conversation, as well as visiting places, portals or doorways, that resonate with the energies of MM and the coming culture of Sophia. This is an inner journey in the outer world! We will immerse ourselves in the extensive symbolism of the Grail Chalice as an archetypal image that is emerging again in our time. Our hope is to deepen into what our own contribution might be to the new emerging story as we leave the Age of Pisces and welcome the Age of Aguarius as 'Water Bearers' in the Grail tradition and code of personal transformation and service. Click on the link above for website and registration.

Clinical Faculty



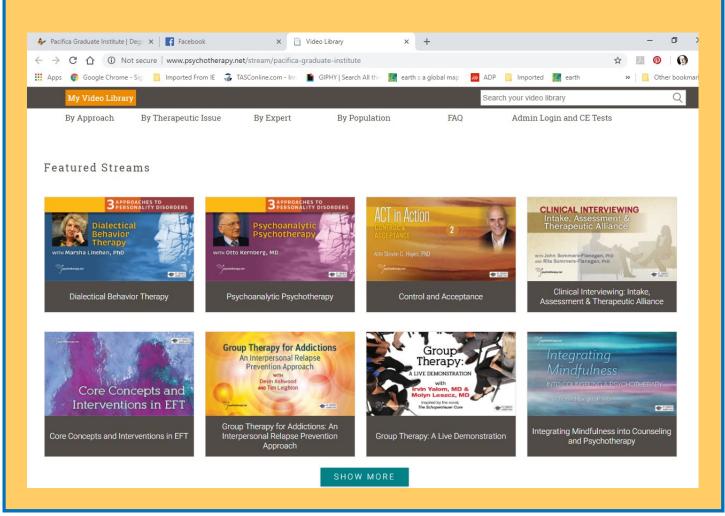
Announcements and Opportunities

For students with D2L access, a list of conferences and calls for proposals is available all in one place. Go to the "Conferences and Training Opportunities" folder in the Clinical Psychology Student Resource Center. Make sure to scroll to the bottom for newer opportunities that are listed as received.

Single postings are made immediately on our <u>PGI Clinical Psychology Group</u> on Facebook, when they are received. Please join to see posts or to share about your work in the field. The group is for current students and Alumni as well.

Did you know we have a <u>Psychotherapy.net</u> video collection database subscription?

<u>Psychotherapy.net</u> is available on our Research Databases page on the Pacifica website, and here is the direct link! https://pgi.idm.oclc.org/login...



There are many happenings at Pacifica this year that we invite our students to engage with, such as the Art and Psyche landmark international conference which will be held the University of California, Santa Barbara in April of 2019 featuring Sonu Shamdasani, among others, an exhibition of the unpublished art works of C. G. Jung along with a meet and greet with members of the Jung's family in conjunction with the launch of the new book **The Art of C.G. Jung** (Norton, 2018).





April 4-7, 2019

This March, on the Ladera campus, we will be hosting The Creative Self: Secrets, Dreams and Wishes writing workshop with Fanny Brewster who has received two Gradiva Award Nominations for her writing from the National Association for the Advancement of Psychoanalysis (NAAP).



Pacifica is also excited to announce that we are hoping to launch a Research Center at our Lambert Road campus where faculty and students can partner together in their particular and specialized research interests. More information about this to come. We hope you will find ways to deepen your relationship with Pacifica in the upcoming year- to re-discover the ways she is holding depth psychology in the world and re-imagine how you will use your education to tend the soul of the world.

Registration and details for all these events and more can be found at The Retreat at Pacifica.

IFPE

International Forum for Psychoanalytic Education

29th Annual Interdisciplinary Conference

UNSILENCING

October 25 – 27, 2018 Mayflower Park Hotel Seattle, Washington

George H. "Mike" Allison, M.D.

(Award accepted by his son, Michael Allison)

Hans W. Loewald Memorial Award

Christine Downing, Ph.D. and Rachel Newcombe, LICSW
Distinguished Psychoanalytic Educators

The International Forum for Psychoanalytic Education (IFPE) will hold its 29th Annual Interdisciplinary Conference, UNSILENCING, in Seattle, Washington, October 25th - 27th, 2018. Psychoanalysis has been known as the talking cure, and in this spirit, we invite you to a conference where we can explore the vicissitudes of expressing ourselves.

Unsilencing confronts us with what we are not talking about, the ways in which keeping quiet can be complicit, even dangerous. To unsilence is not to force speech. Rather, it is an invitation to consider the margins between what is said, what is wished to be avoided, and what cannot be said. Explore with us the ways we unsilence ourselves through our variety of presentations. IFPE's conference is inclusive and each presentation prioritizes time for discussion and dialogue.

IFPE fosters a unique, multidisciplinary alternative space to think, converse, and reflect on psychoanalysis, in and out of the consulting room, across disciplines and extending to art and culture. IFPE strives to create a conference environment where all are welcome to join the conversation. IFPE is especially delighted to be back in Seattle.

Please visit our website for our conference brochure, program, and registration: www.IFPE.org



Los Angeles County Psychological Association's Community Outreach Committee

Is Pleased to Announce

A Call for Artists Mirrors of the Mind 7: The Psychotherapist as Artist

ART EXHIBITION DATES: November 21-December 1, 2018,

RECEPTION: November 24, 6-10 PM

EXHIBITION LOCATION: Santa Monica Art Studios, South Gallery

3026 Airport Avenue, Santa Monica, CA 90405

ELIGIBILITY: Open to all LACPA members as well all non-member psychologists, psychotherapists, psychoanalysts, clinical and research psychology professors/instructors, and psychotherapy graduate students, nationally and internationally.

SUBMISSIONS: A spacious art gallery is available for all varieties of multimedia, visual art. All art must be psychologically themed and/or psychologically meaningful. A poetry reading will also be held in the gallery. To defray event costs, there is a \$25 art submission fee per piece for LACPA members, a \$35 fee per piece for non-LACPA members, and \$20 per piece for students. Exceptions will be made in cases of financial hardship.

GALLERY VENUE: All varieties of multimedia visual art are welcomed: painting, drawing, photography, textiles, jewelry, sculpture, ceramics, woodwork, furniture, and other 3-D pieces; SELECTION CRITERIA: artistic value, psychological significance, and originality

JURORS: Robert Bilder, PhD, Rebecca Catterall, Gus Harper CURATOR: Terry Marks-Tarlow, PhD; CO-CURATOR: Pamela McCrory, PhD

PROCEDURE: For a Prospectus, including artist guidelines and rules for submission, and to access a Registration Form, go to the LACPA website at http://www.lapsych.org/Go to the MIRRORS OF THE MIND tab on the top of the homepage.

POETRY READING: Original poetry welcome on a first come, first serve basis

EMAIL FOR ALL SUBMISSIONS: mirrorsofthemind2018@hotmail.com

SUBMISSION DEADLINE: September 10, 2018

QUESTIONS: Contact Terry Marks-Tarlow, PhD, markstarlow@hotmail.com or (310) 458-3418

SPONSORSHIP OPPORTUNITIES: Pamela McCrory, PhD, mccroryphd@earthlink.net



Dear Friends and Colleagues,

We invite you to a Memorial Gathering on January 19-20, 2019 in celebration of the life and work of Marion Woodman. We come together at Pacifica Graduate Institute in Santa Barbara to pay tribute to Marion, a woman who has touched many of our lives in very personal as well as professional ways. Her work continues to open our bodies and minds to the depths of a soul centered life. She brought to us wisdom gleaned from soulful explorations of embodied experience.

We, her students, colleagues, and friends come together now to honor, celebrate, and grieve the passing of Marion Woodman. We gather to remember what Marion brought into each of our lives in deeply personal ways and, too we will acknowledge the many people world -wide who have been touched by the blessings of her teachings.

Through story-telling, movement, song, ritual, and remembrance we will come together in sacred ceremony to celebrate how our lives have been forever changed by the work and gifts that Marion offered us through the years. The fires continue to burn bright, the flowers continue to bloom, and, together, in communitas, we will open our hearts to the sacred mystery of spirit that will forever be the blessing of Marion Woodman.

Please join us for this memorial gathering of loving tribute in Santa Barbara over the weekend of January 19-20.

Warmly,

Stephen Aizenstat Chancellor and Founding President Pacifica Graduate Institute



December 2018: 248pp 9 illustrations

Hb: 978-1-138-50096-9 | \$140.00 Pb: 978-1-138-50098-3 | \$39.95 eBook: 978-1-315-14407-8

David Burston, M.F.T., is a psychotherapist in Los Angeles, USA, dividing part of his time working as a UK chartered clinical and sports psychologist consultant with a Premier League soccer club in London. Initially a professional actor, 15 years ago David began using his experience to help athletes perform better integrating those ideas now with Jungian depth perspectives

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David Burston, Clinical Psychotherapist, USA

In Depth Sport Psychology: Reclaiming the Lost Soul of the Athlete is a unique exploration of the vital archetypal elements and themes that emerge when considering elite sports psychology through a depth psychological lens. It provides athletes, young people, coaches and clinicians with ways to harness the self, placing athletes on a path towards personal growth and sporting excellence by reconnecting their spirit to their sport.

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For more information visit: www.routledge.com/9781138500983

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