2015–2016 COURSE CATALOG

M.A. and Ph.D. in Depth Psychology with Specialization in Jungian and Archetypal Studies
Pacifica Graduate Institute is an accredited, employee-owned graduate school dedicated to excellence in education. The Institute’s programs in psychology, the humanities, and mythological studies are informed by the rich tradition of depth psychology.

Depth psychology calls attention to the importance of what lies beneath the surface of conscious awareness. That vital importance is clearly revealed in the arts and literature of every culture, as well as through the dreams and collective symptoms of individuals and societies.

At Pacifica, leading scholars have developed a cutting-edge curriculum that meets the complex needs of a diverse student body. Educational formats include three- and four-day monthly learning sessions, and blended distance learning, low-residency degree programs.

The Institute’s two campuses lie between the Pacific Ocean and Santa Ynez Mountains, a few miles south of Santa Barbara, California. Tranquil and beautiful, they form ideal settings for contemplation and study.

Pacifica was born during the cultural upheaval of the early 1970s—a time when existing paradigms were questioned and new ones came into being. That sense of innovation, coupled with an abiding respect for the power of ideas, has remained central to the Institute’s culture and curriculum.

Pacifica is accredited by the Western Association of Schools and Colleges (WASC). For gainful employment information, visit pacifica.edu/gainfulemployment

The information in this catalog is as accurate as possible at the time of publication; however, the Institute reserves the right to make changes during the life of this catalog.
Pacifica’s Depth Psychology Program educates students in the history and lineage of depth psychology, and explores the non-clinical frontiers of the field. While deepening their understanding of the roots and development of depth psychology, faculty, students, and alumni are also extending the field beyond the limits of clinical work and across the traditional lines of professional and academic disciplines.

The Depth Psychology Program offers incoming students three different options for degree specialization:

**SOMATIC STUDIES**

**JUNGIAN AND ARCHETYPAL STUDIES**

**COMMUNITY PSYCHOLOGY, LIBERATION PSYCHOLOGY, AND ECOPSYCHOLOGY**

All students in the program share a core course of study in depth psychological theory, interdisciplinary studies, and depth psychological approaches to research. This includes theories from psychoanalysis, Jungian studies, archetypal psychology, and ecopsychology; as well as attention to dreamwork, somatic practices, and the mythopoetic imagination.

Each degree specialization blends the core curriculum with courses in the area of specialization, leading to a highly focused and innovative graduate education.
SPECIALIZATION IN SOMATIC STUDIES

By infusing depth psychology with a somatic perspective, students learn to work deeply and skillfully at the intersection of body and soul across a range of professions. The interdisciplinary focus of the Somatic Studies specialization is grounded in embodied learning, fieldwork practice, and original research that illuminates for each student how the felt experience and understanding of the body can inform their work.

SPECIALIZATION IN JUNGIAN AND ARCHETYPAL STUDIES

This blended online/low-residency program affirms Pacifica’s mission to tend soul in and of the world through an in-depth engagement with the work of C.G. Jung and post-Jungians. It surveys Jungian and archetypal theories and practices most applicable to healing, transformation, self-expression, and the development of consciousness. Student critically evaluate both the limitations and the potentials of Jungian psychology in contemporary contexts, and work together in a dynamic learning community to advance, apply, and imagine new extensions for these theories and practices in the world.

SPECIALIZATION IN COMMUNITY PSYCHOLOGY, LIBERATION PSYCHOLOGY, AND ECOPSYCHOLOGY

This specialization is creating a 21st century depth psychologically informed critical community psychology. To address the personal, community, cultural, and ecological challenges of our time, Euro-American depth psychological theories and practices are placed in dynamic dialogue with ecopsychology, cultural studies, indigenous, and liberation psychologies. Students become sensitive to the interdependence of individual, cultural, and collective dynamics, and to the arts and the imaginal as catalysts to vision and transformation. Praxis classes mentor students in creative approaches to working in organizations, non-profits, community groups, and educational settings. Community and ecological fieldwork and research are designed to help students pursue their distinctive areas of interest, gathering the theoretical understanding and fieldwork and research skills to deepen their engagement.
M.A. and Ph.D. in Depth Psychology
WITH SPECIALIZATION IN
JUNGIAN AND ARCHETYPAL STUDIES

For those called to explore the personal and collective psyche, this program of study provides a unique opportunity to engage with, apply, and advance depth psychological theories and practices within the Jungian and archetypal traditions. Building on the work of C.G. Jung and James Hillman, students will consider approaches to the psyche that foster healing, transformation, self-expression, creativity, and the development of consciousness.

The Jungian and Archetypal Studies specialization moves depth psychology from the clinical consulting room out into the wider world. By stimulating and supporting the scholarship and creative research of students, the program promotes the crucial task of advancing depth psychological ideas and practices as catalysts for individual and cultural transformation.

The faculty is comprised of esteemed international scholars with a broad range of areas of expertise. They introduce students to foundational theoretical constructs in the field while helping them to engage critically and creatively with the course material. The coursework itself is aligned with Jung’s emphasis on the “ineluctable psychological necessity” of individuation, the process by which one might attain deep self-knowledge, further the development of consciousness, and better understand the unconscious factors shaping human experience.

STUDENTS IN THE JUNGIAN AND ARCHETYPAL STUDIES SPECIALIZATION:

Critically explore a range of topics central to our understanding of the role of the unconscious psyche in human experience, such as healing, myth, dream, film, soul, spirit, ecology, religion, creativity, personal transformation, individuation, the development of consciousness, and more.

Deepen the capacity for imaginal, symbolic, mythic, critical, theoretical, and archetypal thinking and being in the world.

Engage with the creative, dynamic unconscious in both its personal and collective dimensions.

Hone the expression of their unique voice and vision through courses in research, writing, publication, and presentation.

Study side-by-side with Jungian scholars and practitioners interested in envisioning new possibilities for extending contemporary thought and practices into the world.

Read deeply and broadly from the Collected Works of C.G. Jung, Jung’s Red Book, and other core texts in the depth psychological tradition.

Evaluate the limitations and potentials of Jungian and archetypal psychology within contemporary contexts.
This transformative and scholarly degree program takes advantage of online technology to allow students to work and learn in their home environments, while also taking part in engaged community sessions on Pacifica’s Ladera Lane Campus. Classes begin online and meet during four-day residential sessions (Thursday, Friday, Saturday, Sunday) once per quarter. During these on-campus sessions, students have access to the Institute’s extensive resources and are able to engage with their classmates and instructors face-to-face, combining lecture, discussion, and experiential and embodied learning. Residential retreat sessions also allow time for exploration and community building through shared meals, social events, film screenings, guest lectures, and circle councils.

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TRADITIONS, THEORIES, AND TRAJECTORIES

This portion of the curriculum grounds students in the trajectory of depth psychology from its ancient roots to its modern manifestations. Students learn about the psychoanalytic, Jungian, post-Jungian, archetypal, and developmental lineages of depth psychology, paying special attention to the cultural and historical contexts in which they arose. Commentaries and critiques of these fields are discussed, and controversies are explored in order for students to develop a critical and reflective eye about depth psychology, both its strengths and its limitations.

Introduction to Depth Psychology
DJA 700, 3 units

Although depth psychology formally began with the work of Freud, Adler, and Jung at the turn of the 20th century, it has multiple antecedents reaching far back into the history of human thought. This course serves as a general introduction to the background and fundamentals of depth psychology, helping to situate the field within an historical context and in relation to other areas of thought and the wider culture.

C. G. Jung in Context
DJA 710, 3 units

In order to fully appreciate, understand, and critique Jungian psychology, it is necessary to understand the personal, social, cultural, religious, and historical context in which it arose. This necessarily entails studying the life and times of C.G. Jung himself, for as Jung knew, the psychology one professes can never be separated from the context and milieu of the psychologist.

Jungian Psychology: The Individuation Journey
DJA 720, 3 units

The central process in Jungian psychology is the individuation process, which can be defined as the psyche’s journey toward wholeness, an embodiment of the archetype of the Self. In Jungian psychology, this is done in large part by balancing or uniting the opposites within the psyche, including the feminine and masculine principles, known as the anima and animus. This course explores the centrality of the individuation process to Jungian psychology, reviewing terms such as the ego-Self axis, the persona and the shadow, the transcendent function, and the personal and collective unconscious.

Archetypes: Universal Patterns of the Psyche
DJA 800, 3 units

Considering first the place of archetypes in the history of the Western thought—especially Greek mythology, Platonism, and German Romanticism—this course then traces the evolution of Jung’s understanding of the concept, drawing especially on The Archetypes and the Collective Unconscious. Students will explore a number of the major archetypes identified by Jung—including the shadow, anima, animus, rebirth, the wise old man, the mother, the hero, the spirit, the child, the trickster, and the Self—examining the evidence he gave in support of them from psychopathology, myth, religion, philosophy, literature, art, and culture. The course will also address the main characteristics of archetypes, and the different ways they can be conceptualized and described.

Archetypal Psychology
DJA 730, 3 units

Archetypal psychology is one of the central strands of post-Jungian theory. As envisioned by its main proponent, James Hillman, it emphasizes the development of a mythic sensibility in confronting the complexity and multiplicity of psychological life. Students learn the history and central ideas of this psychology, and become conversant with its four basic moves: personifying, or imagining things; pathologizing, or falling apart; psychologizing, or seeing through; and dehumanizing, or soul-making.

The Psychoanalytic Tradition: The Ongoing Conversation
DJA 740, 3 units

The first conversation between Sigmund Freud and C.G. Jung lasted over 13 hours, and explored many places of convergence and divergence. In many ways, this conversation continues today, with places of convergence and divergence in post-Freudian and post-Jungian theory and practice. Students will study the psychodynamics of early development and psychopathology and examine the influence of the object-relations, self-psychology, and other modern psychoanalytic theories on contemporary Jungian theory and practice.
Post-Jungian Critiques and Perspectives
DJA 770, 3 units

Depth psychology after Jung both has and has not exploited his deep-rooted commitment to cultural criticism as expressed as early as 1933 in the English publication of Modern Man in Search of a Soul. This course explicitly takes up this dimension of Jung’s work as it engages a range of perspectives that extend the application of Jungian and/or archetypal psychology into various fields of inquiry, which may include cultural history and cultural criticism, technology, deconstructive postmodernism, queer theory, gender theory, ecocriticism, politics, film theory, mythological studies, and more. It draws on key contributions of a selection of prominent figures in depth psychology, such as James Hillman, Jacques Lacan, Wolfgang Giegerich, Andrew Samuels, Rafael Lopez-Pedraza, Phillip Cushman, Patricia Berry, and Michael Fordham. The course invites students and scholars to explore together the leading edges of depth psychology, and, thus, the specific choice of topics may vary from year to year.

The Alchemy of Transformation
DJA 865, 3 units

When Jung realized that the arcane texts of alchemy symbolically portray the process of transformation inherent to individuation, he called it “a momentous discovery,” one that provided an historical precedent for his model of individuation and a framework within which to better understand his “confrontation with the unconscious.” This course explores Jung’s interpretation of alchemy through a detailed study of three volumes of his collected works: Psychology and Alchemy, Alchemical Studies, and Mysterium Coniunctionis.

Synchronicity and the New Sciences
DJA 855, 3 units

Jung’s exploration of synchronicity or “meaningful coincidence” was of critical significance for him personally, preoccupying him throughout much of his life. Indeed, the concept of synchronicity is arguably among the most important and controversial theoretical contributions of his life’s work, with far-reaching implications not only for depth psychology, but for the basis of the modern Western worldview and our understanding of the nature of reality. In this course, students will examine the complex relationship between synchronicity and the so-called new sciences, including modern physics (relativity theory and quantum theory), systems theory, complexity and chaos theory, organismic biology, and the “new cosmology.”

PRINCIPLES AND PRACTICES

These courses focus on the ideas and principles primarily arising from the Jungian and archetypal traditions that are most applicable to working with the individual and collective psyche today. Here the psyche is envisioned as having mythological, spiritual, political, archetypal, creative, mystical, erotic, and embodied dimensions. Students are exposed to practices of working with these multiple dimensions of psyche, such as dream-tending, active imagination, typology, authentic movement, art-making, and image work. Mentored by faculty and with the support of their peers, students are encouraged to adapt or refine these practices, or develop new practices most suited to their work in and with the world.

Mythopoetic Imagination: Viewing Film, Art, and Literature from a Jungian Perspective
DJA 805, 3 units

Symbols are one of the ways the unconscious speaks to us and through us, its visual language for conveying the deep mysteries of life. After exploring the psychological importance of symbols, we turn our focus to the manifestation of symbol-making in literature, film, and art. In addition, students will explore and amplify a symbol that speaks to their psyches through artistic creations of their own.

Complexes: Jung’s “Royal Road” to the Unconscious
DJA 810, 3 units

In his seminal essay “A Review of the Complex Theory,” Jung calls complexes the via regia, or royal road, to the personal and collective unconscious. The course explores complexes on multiple levels—personal, familial, group, workplace, cultural, and political—looking at their phenomenology, their autonomy, and their biology. Jung’s and Freud’s relationship and subsequent separation will be viewed in light of the complexes that gripped the men, leading to a discussion of the relationship between the psychological theories we may develop or be drawn to and our personal complexes. Andrew Samuel’s concept of the political psyche will be discussed, and the theory of cultural complexes laid out by Thomas Singer and Samuel Kimbles will be applied to a particular cultural or organizational group of interest to the student, and assessed for its efficacy in depotentiating the complex.
Mythic Tradition

Depth Psychology and the

DJA 815, 3 units

James Hillman wrote, “Psychology shows myths in modern dress and myths show our depth psychology in ancient dress.” Understanding the connection between mythology and psychology, Jung argued that it is important to our psychological health to know the myth we are living. The course will focus on archetypal motifs in fairy tales and myths as they appear in our personal and collective psychological lives. Students will study Jungian and post-Jungian mythological theory and interpretation; in addition, they will choose one author who has successfully brought the mythological psyche before the public eye, such as Joseph Campbell, Clarissa Pinkola Estes, Jean Shinoda Bolen, Marion Woodman, Robert Bly, etc., critically reviewing his or her contribution.

Imaginal Ways of Knowing:
Active Imagination, The Red Book,
and Psychic Creativity

DJA 820, 3 units

Active imagination is the name given to the technique Jung pioneered for working with unconscious material in the psyche, often through working with an image or through dialogue with an inner figure. The Red Book contains 16 years of Jung’s active imagination within its covers, and thus is the text par excellence for exploring this powerful technique and its relationship to psychic creativity and consciousness.

Dreamwork:
Tending the Living Images

DJA 825, 3 units

Ever since Freud released The Interpretation of Dreams in 1900, these mysterious nocturnal visitors have been of seminal importance to the field of depth psychology. In this course, students learn historical and cultural approaches to dreams, and practice a variety of dreamwork methods including working with dreams in groups, drawing upon Freudian, Jungian, post-Jungian, and archetypal theories.

Psychological Types

DJA 835, 3 units

Jung is probably best known in mainstream culture for his theory of psychological types, the basis for the Myers-Briggs Type IndicatorTM which is now known and used throughout the world. Students learn about Jung’s theory, including the rational and irrational functions, the eight basic types of people, and the importance of developing the inferior function. Various typological assessment tools are introduced, and discussions center around their reliability and validity, ethical use, and their contemporary and cross-cultural applicability. Attention will be paid to primary applications of typology, such as increasing self-awareness, decreasing stress by living “in type,” increased understanding of and appreciation of others, type development over the lifespan, and fostering tolerance in groups and organizations.

Somatic Studies: The Psyche-Soma Connection

DJA 845, 3 units

Jung wrote, “The spirit is the life of the body seen from within, and the body the outward manifestation of the life of the spirit—the two really being one.” This course explores this interrelationship between psyche and soma. Topics may include the body as shadow in depth psychology; the body as a site of trauma, healing, and contact with the divine; bodywork practices like dance, authentic movement, yoga, and breathwork; non-Western and indigenous healing traditions; the relationship of the body with the collective unconscious, including concepts like cellular memory, morphic fields, and archetypes as bodily-based inherited images; an exploration of various depth psychologists who have championed the importance of the psyche-soma connection; or the current interest in the intersection of neuroscience and psychology.

Depth Psychology and the Sacred:
Approaching the Numinous

DJA 850, 3 units

This course begins by contrasting Freud’s and Jung’s views of the psychology of religion. Though Freud was dismissive of religion, Jung explored it extensively from the beginning to the end of his life, arguing unequivocally for its psychological importance, going so far as to declare that all psychological problems are essentially spiritual problems which can be cured through an encounter with the numen, or god-image. This course focuses on the spiritual function of the psyche though key Jungian and post-Jungian works, exploring the variety of ways people approach and experience the divine.
Ecopsychology: The Psyche in Nature
DJA 860, 3 units
As Jung saw it, “Natural life is the nourishing soil of the soul.” In this course, students will explore archetypal and mythological motifs that emerge from the ensouled world, including differing natural landscapes and the animal world. The importance of place to the psyche will provide rich discussion material, including an observation of the natural world as it appears in our dreamscapes. Means of (re)connecting psyche and nature will be discussed, including traditional and contemporary wilderness rites of passage and nature-based healing practices from indigenous cultures. This course also includes an experiential engagement with nature.

Research and Reflection
The curriculum incorporates a number of courses specifically designed to cultivate essential skills in deep reflection, critical thinking, and research that prepare students for dissertation writing and their future vocations.

Foundations for Research in Depth Psychology
DJA 900, 3 units
This course introduces students to the distinctive theory and practice of research in depth psychology, with its unique demands—and rewards—that come from working in partnership the autonomous psyche. This course raises the all-important question: if we take seriously the existence of the personal and collective unconscious, what are the implications for our research? Special attention is paid to the vocational and transferential aspects of research, as research is conceived as a path to both personal and collective healing and transformation. Students begin exploring potential ideas for research topics, and learn about a variety of qualitative research methodologies. Students are encouraged to publish and present their work while in the program, and are introduced to some of the venues in the Jungian world for such ventures.

Our Soul’s Code: Depth Psychological Views of Vocation
DJA 910, 3 units
Freud claimed that love and work are the cornerstones of our humanness. And yet, compared to love, relatively little has been written in the depth psychological literature about our work in the world, with the exception of James Hillman’s most popular book, The Soul’s Code, where he views work as vocation, our calling in the world. This course explores Hillman’s seminal text, then asks, what other depth psychologists have contributed to our thinking about vocation? Turning to the vocation of depth psychology itself, this course also asks, outside of psychotherapy, what vocations call to/call for a depth psychologist, and how does one work with the psyche of others both efficaciously and ethically?

Reflective Studies I
DJA 920, 3 units
The courses in this sequence offer students an opportunity to engage in reflection upon their studies thus far. The intention is threefold: students will integrate the coursework they have completed in the past, reflect on their learning process in the present, and articulate how they are being called to work with the material in the future. In addition, in this first course, students are introduced to the dissertation process at Pacifica, and assess their personal desire and academic readiness to undertake such a venture by creating a mini-dissertation proposal. Pass/No Pass

Reflective Studies II
DJA 930, 3 units
Taken in the final quarter of the second year, this course serves as the container for the written comprehensive examinations, which assess how well students have met the program’s learning objectives. Students wishing to advance into the third year must meet the required standard of examination pass. In addition, during this course students make an oral presentation of a scholarly journal article developed from a term paper from a previous course, and then turn in the written article for formal evaluation. To take this course, students must have successfully completed six full quarters of coursework during the first two years of the program. Prerequisite: DJA 920. Pass/No Pass

Reflective Studies III
DJA 940, 3 units
Taken in the final quarter of the third year of the program, this course serves as a container for the oral comprehensive examination where students articulate the conceptualization of their dissertations based on their concept papers (see Dissertation Development, below). During this course, students continue to develop their concept papers, incorporating faculty feedback from the oral examinations, as they submit their concept papers for final approval—a prerequisite for beginning dissertation writing. Pass/No Pass Prerequisite: DJA 920, 930, 950.
Dissertation Development
DJA 950, 3 units
Writing a dissertation is arguably the most rigorous and ultimately rewarding work of any doctoral student’s academic life. This course prepares students for the task, guiding them through the crafting of a research project, with the aim of developing a concept paper for approval in Reflective Studies III, the next quarter. In Dissertation Development, students learn how to navigate through the dissertation landscape, including forming a committee, organizing a project of such magnitude, and confronting psychological roadblocks along the way.

Dissertation Writing
DJA 960, 15 units
During this course, the student assembles a committee, submits a proposal, writes the dissertation, and defends the dissertation in a public forum. This course traditionally follows the completion of all other coursework and successful completion of the comprehensive exams. However, a student who demonstrates readiness may choose to apply for this course while enrolled in regular coursework. This option requires approval from the Program Chair. Additional fees are required for this course. Pass/No Pass.
Prerequisites: Successful completion of the three years of coursework and an approved concept paper.

Self-Directed Studies
DJA 970, 3 units
The purpose of Self-Directed Studies is to allow students to explore areas of interest in depth psychology outside the boundaries of the curriculum. This may take the form of attending conferences, workshops, lectures, and/or seminars; engaging with an analyst or other practitioner/s for personal therapy or healing work; or seeking training in a modality that augments their practice of depth psychology. Students must complete a total of 30 hours and submit a reflective paper; this may occur anytime during the course of the program, and is required for the awarding of the Ph.D. All hours must be pre-approved through discussion with the program’s self-directed studies coordinator. Pass/No Pass.
M.A. and Ph.D. in Depth Psychology with Specialization in Jungian and Archetypal Studies

REQUIREMENTS AND EXAMINATIONS

M.A./Ph.D. in Depth Psychology, Jungian and Archetypal Studies Specialization

DEGREE REQUIREMENTS FOR GRADUATION

1. Students must complete a total of 90 quarter units for the Ph.D. to fulfill the degree requirements for graduation. A minimum grade of C is required in each completed course. A cumulative grade point average of 3.0 must be maintained.

2. Students must attend at least 2/3 of each course.

3. During the second year of coursework, students must pass a written comprehensive examination. The M.A. degree is awarded when the exam is passed and 48 units of first-year and second-year coursework are completed.

4. Students must prepare and submit a scholarly article suitable for publication.

5. Students must pass an oral examination at the end of the third year of coursework.

6. Students must submit and defend an original dissertation accepted by the faculty.

COMPREHENSIVE EXAMINATIONS

The written exam is taken after successful completion of at least six quarters of the first two years of coursework. This exam is an evaluation of the student’s understanding of the fundamentals of Jungian depth psychology and archetypal psychology covered during the first two years of the program, in accordance with specific program learning outcomes. The exam serves two main purposes:

1. To ascertain the student’s readiness and ability to continue on into the third year of coursework, and beyond this to undertake dissertation work for the successful completion of a Ph.D.

2. To provide an opportunity for students to integrate and consolidate the first two years of coursework.

Jungian and Archetypal Studies doctoral students who have passed the written comprehensive examination are eligible to take the oral examination in the final quarter of the third year (in the summer or winter, depending on the track). The oral examination is the final evaluation of students’ ability to integrate academic coursework, and it serves as partial fulfillment of the degree requirements.

The purpose of this assessment is to raise critical questions pertaining to the proposed dissertation project. Students must successfully incorporate the critique of this consultation into their dissertation concept papers in order to be advanced to candidacy.

ADVANCEMENT TO DOCTORAL CANDIDACY

A student will earn the designation of “doctoral candidate” after he or she has successfully completed all coursework, passed written and oral comprehensive exams, and a dissertation concept paper has been accepted by the Institute.

DOCTORAL DISSERTATION

The Depth Psychology Program has a Dissertation Handbook available online which includes a set of guidelines and forms for the dissertation process.

Students must have passed their written comprehensive exam and an approved concept paper to register for dissertation writing.

In order to work with the dissertation committee, the student must officially enroll in the two consecutive academic year period of dissertation writing. This is often referred to as the two-year dissertation “clock.” To begin the dissertation clock, the student must: a) have completed their third-year coursework, b) have an approved concept paper, c) be in good academic standing and have no outstanding failing grades, d) submit a Dissertation Registration Form to the Dissertation Office by the registration deadline, and e) be in good financial standing with the Business Office.

NOTE: The Depth Psychology Program and its specializations are designed to provide students with knowledge of theoretical traditions of depth psychology and its contemporary applications to personal, cultural, community, and ecological health and well-being. The program does not prepare students to become licensed or to practice psychotherapy. Although some students may wish to pursue licensure after gaining their doctorate in this program, the curriculum does not contain specific coursework aimed at any type of licensure, nor does it arrange or administratively support traineeships, pre- or post-doctoral internships, or other practice requirements related to licensure.