

The top half of the cover features a photograph of several dried, pressed leaves against a textured, warm-toned background of yellow and orange. The leaves are translucent, showing their intricate vein patterns and some dark spots. The stems are visible at the bottom of the leaves.

PACIFICA
GRADUATE INSTITUTE

2015–2016 COURSE CATALOG

Ph.D. in Depth Psychology
with Specialization in Psychotherapy

Pacifica Graduate Institute is an accredited, employee-owned graduate school dedicated to excellence in education. The Institute's programs in psychology, the humanities, and mythological studies are informed by the rich tradition of depth psychology.

Depth psychology calls attention to the importance of what lies beneath the surface of conscious awareness. That vital importance is clearly revealed in the arts and literature of every culture, as well as through the dreams and collective symptoms of individuals and societies.

At Pacifica, leading scholars have developed a cutting-edge curriculum that meets the complex needs of a diverse student body. Educational formats include three- and four-day monthly learning sessions, and blended distance learning, low-residency degree programs.

The Institute's two campuses lie between the Pacific Ocean and Santa Ynez Mountains, a few miles south of Santa Barbara, California. Tranquil and beautiful, they form ideal settings for contemplation and study.

Pacifica was born during the cultural upheaval of the early 1970s—a time when existing paradigms were questioned and new ones came into being. That sense of innovation, coupled with an abiding respect for the power of ideas, has remained central to the Institute's culture and curriculum.

Pacifica is accredited by the Western Association of Schools and Colleges (WASC). For gainful employment information, visit pacifica.edu/gainfulemployment

The information in this catalog is as accurate as possible at the time of publication; however, the Institute reserves the right to make changes during the life of this catalog.



Ph.D. in Depth Psychology

WITH SPECIALIZATION IN PSYCHOTHERAPY

This doctoral specialization is designed to deepen and expand the student's psychotherapeutic practice, and individuation work, as well as addressing the wide range of personal, social, and cultural challenges of our time.

Pacifica's Depth Psychotherapy specialization offers students the opportunity to engage in exciting conversations taking place in the field of psychodynamic psychotherapy and gain clarity about their own unique psychotherapeutic approach. Depth Psychotherapy is based upon the premise that becoming an excellent clinician is a life-long process of personal and professional transformation embodying C.G. Jung's process of individuation. At its heart, there lies an intrinsic connection to the collective psyche that crosses the boundaries of time and culture.

Each student develops the critical insights and skills of an advanced 21st century clinician-scholar, guided by experts rooted in the rich traditions of Jungian, archetypal, and psychoanalytic psychologies. Clinical acumen is enhanced through a series of seminars, colloquia, and case consultations that challenge the heart, mind, and soul, in addition to direct engagement with interdisciplinary studies such as myth, literature, philosophy, music, culture, nature, and contemporary sciences like complexity theory and neurobiology.

Courses are offered in three areas:

Theory and Traditions of Depth Psychotherapy

Psychotherapy Informed by the Humanities, Arts, and Sciences

Integrated Praxis: Research and Casework

The curriculum cultivates the intellectual and imaginal capacities to address a wide range of personal, social, and cultural challenges that are emerging in our complex world. Students also learn to sustain a profound reciprocal relationship with unconscious processes

and deepen their ability to share nuanced emotional connections with others. Graduates are often drawn to work as clinical supervisors and to teach in college and university settings.

The Depth Psychotherapy specialization is designed for students who have completed sufficient coursework for licensing at the master's level. This theoretical foundation allows for an emphasis on experiential, psyche-centered learning, particularly in the clinical case presentations, supervision courses, and research sequence. In addition to faculty mentoring, students are supported by the mutual respect, diversity, and collegiality of their cohort.

STUDENTS IN THIS PROGRAM:

Nurture their unique talents as psychotherapists by reimagining the practice of psychotherapy for the 21st century.

Deepen their understanding of the archetypal dimensions of human experience as applied to clinical practice and independent scholarly research.

Learn to integrate differing clinical approaches and develop a style of practice in keeping with their temperament and personal psychodynamics.

Develop the full range of their natural therapeutic ability through a rich curriculum integrating Jungian and post-Jungian psychology with contemporary psychoanalytic theory.

Cultivate greater awareness of the presence of the Self in the therapeutic situation and learn to work with dreams and other manifestations of unconscious process.

Ph.D. in Depth Psychology with Specialization in Psychotherapy

CURRICULUM OVERVIEW

Depth Psychology with Specialization in Psychotherapy classes take place during three-day sessions (Friday, Saturday, and Sunday) approximately once each month during the fall, winter, and spring quarters. Summer quarter coursework is offered in a single five-day session.

First Year

- Fall** The Inner Life: Dreams and Active Imagination – DPP 780, 2 Units
Relational Psychotherapies I – DPP 763, 2 Units
Foundations for Research in Depth Psychotherapy I – DPP 784, 2 Units
- Winter** Jungian Psychotherapy I – DPP 761, 2 Units
Depth Approaches to Psychopathology: Alternatives to the DSM – DPP 760, 2 Units
Case Consultation I – DPP 750, 2 Units
- Spring** Historical Foundations of Depth Psychology – DPP 730, 2 Units
Case Consultation II – DPP 751, 2 Units
Scholarly Writing and Publication – DPP 785, 2 Units
- Summer** Arts, Psychology, and the Poetic Imagination – DPP 896, 2 Units
Psychotherapy Informed by the Mythic Tradition – DPP 921, 2 Units

Second Year

- Fall** Relational Psychotherapies II: New Trends in Psychodynamic Treatment – DPP 863, 2 Units
Dissertation Development I: Imagination, Calling, and Rigor in Doctoral Scholarship – DPP 832, 2 Units
Case Consultation III – DPP 850, 2 Units
- Winter** Jungian Psychotherapy II – DPP 861, 2 Units
Archetypal Psychotherapy: A Mythopoetic Approach to Working with the Psyche – DPP 762, 2 Units
Psychotherapy and Culture I: Indigenous Healing Traditions – DPP 830, 2 Units
- Spring** Case Consultation IV – DPP 851, 2 Units
Dissertation Development II: Qualitative Methodology – DPP 782, 2 Units
Literary Foundations for Depth Psychotherapy: Narratives of the Personal and Collective Psyche – DPP 835, 2 Units
- Summer** Working with Dreams – DPP 872, 2 Units
Case Consultation V: Theories of Supervision – DPP 852, 2 Units

Third Year

- Fall** Jungian Psychotherapy III: 21st Century Approaches and Controversies – DPP 961, 2 Units
Interpersonal Neurobiology, Affective Neuroscience, and Depth Psychology – DPP 870, 2 Units
Case Consultation VI: Processes of Supervision – DPP 950, 2 Units
Dissertation Development III – DPP 942A, 2/3 Unit
- Winter** Psyche in Nature – DPP 732, 2 Units
Psychotherapy and Culture II: Digital Life, Cyborgs, and the Soul – DPP 974, 2 Units
Case Consultation VII – DPP 951, 2 Units
Dissertation Development IV – DPP 942B, 2/3 Unit
- Spring** Psychotherapy and Culture III: Developmental Trauma and the Body – DPP 975, 2 Units
Psyche and the Sacred – DPP 920, 2 Units
Case Consultation VIII – DPP 952, 2 Units
Dissertation Development V – DPP 942C, 2/3 Unit
- Summer** Oral Comprehensive Presentation – DPP 994, 2 Units
Advanced Imaginal Psychotherapy – DPP 962, 2 Units

CONTINUING

Dissertation Writing – DPP 999, 15 Units

This curriculum may vary depending upon changing academic needs. Selected courses may have online components. The required fourth and fifth years of study focus on reading, research, and dissertation writing.

Ph.D. in Depth Psychology with Specialization in Psychotherapy

COURSE DESCRIPTIONS

THEORY AND TRADITIONS OF DEPTH PSYCHOTHERAPY

Historical Foundations of Depth Psychology

DPP 730, 2 units

This course presents the organizing perspectives and therapeutic approaches which have shaped contemporary Western psychology. Students learn the philosophical principles of psychological models from antiquity to the present era, such as those associated with religious traditions, medicine, and the schools of psychoanalysis, behaviorism, existential, humanistic, post-modern, and multicultural and cross-cultural psychology. The course includes a discussion of the history and development of psychology as an intellectual and scientific discipline, and depth psychotherapy as a practice.

Jungian Psychotherapy I

DPP 761, 2 units

This course discusses such classical Jungian concepts as ego, persona, shadow, animus/anima, Self, complex, archetype, collective unconscious, transcendent function, and individuation. In addition, it explores dreams, active imagination, typology, and transference/countertransference considerations in the context of Jung's approach to psychotherapeutic practice. Further clinical application of Jungian thought is demonstrated through readings of primary texts and secondary source material as they elucidate Jung's original work. The course pays particular attention to how various forms of psychopathology can be viewed on multiple levels from the personal and cultural-historical to the archetypal, mythic, and imaginal.

Jungian Psychotherapy II

DPP 861, 2 units

This course explores the phenomena of synchronicity, which marked a new creative phase in Jung's later work that has far-reaching theoretical and psychotherapeutic implications. Synchronicity involved a redefinition of reality based on acausality, nonlocality, and the understanding that the inner world of psyche and the outer world of matter correspond to each other. Students examine the implications of these shifts for clinical practice including the centrality of the dream, visionary experiences, and the religious function of the psyche.

Jungian Psychotherapy III: 21st Century Approaches and Controversies

DPP 961, 2 units

This course begins with an overview and assessment of Jung's work as a psychiatrist and psychotherapist—the clinical roots of Jungian theory out of which its concepts emerged. The methods of Jungian psychotherapy are examined from their inception (including in and around Jung's "Red Book") through contemporary modifications. Drawing on complexity theory, with observations of systems that self-organize and have emergent properties, contemporary developments in the theory and practice of Jungian psychotherapy are explored. The course discusses the role of the interactive field in the therapeutic action of psychodynamically oriented therapy and the unique contributions of the Jungian model, including the use of alchemical ideas.

Advanced Imaginal Psychotherapy

DPP 962, 2 units

This course explores the traditions that comprise the field of imaginal psychology, particularly phenomenology, and elaborates the unique features of imaginal psychotherapy that flow from these traditions. Students develop an imaginal approach to issues such as transference, unconscious processes, symptoms, and dreams, and foster sensitivity to the symbolic depths and metaphorical richness of the patient's and therapist's ways of using language. In this course, psychotherapy is regarded as a vocation in which the awakened heart is the organ of vision essential to healing.

Relational Psychotherapies I

DPP 763, 2 units

This course introduces students to contemporary developments in relational psychotherapy, which places human relationships and mutuality at the center of the therapeutic endeavor. Relational theory integrates a wide range of current psychotherapeutic approaches, including object relations theory, self-psychology, intersubjectivity, interpersonal psychotherapy, and some aspects of modern Kleinian and Freudian thinking. The core concepts of technique studied include the transference/countertransference field, the therapeutic alliance, projective identification, co-creation of the therapeutic interaction, attachment theory, the psychoanalytic frame, defense and resistance, insight and interpretation, the mutual construction of meaning, and termination.

Ph.D. in Depth Psychology with Specialization in Psychotherapy

COURSE DESCRIPTIONS

Relational Psychotherapies II: New Trends in Psychodynamic Treatment

DPP 863, 2 units

This course continues the student's explorations of relational theorists since Freud, including Kohut, Klein, Bion, and others. It focuses primarily on current trends in psychoanalysis and relational psychotherapy. Students look at approaches to specific clinical situations and pathological structures and delineate the dynamics and treatments of various psychological symptoms including narcissist, borderline, and psychotic conditions.

Archetypal Psychotherapy: A Mythopoetic Approach to Working with the Psyche

DPP 762, 2 units

Focusing primarily on the work of James Hillman, this course first describes the Jungian roots and core ideas of archetypal psychology, including the reality of the psyche, its plural nature, and the importance of the image. It goes on to examine Hillman's critique of clinical psychology and analytical practice and his call to enlarge the frame of practice to include myth, metaphor, and culture. Using case material provided by students, lecture and discussions will explore how archetypal psychology calls for a revision of many traditional clinical strategies and approaches.

Depth Approaches to Psychopathology: Alternatives to the DSM

DPP 760, 2 units

This course examines various original psychoanalytic formulations of psychopathology and continues with contemporary psychoanalytic and Jungian views. Students study the psychodynamic view of character formation and looks at the major character disorders, neuroses, and psychotic states both from the point of view of their phenomenology and their unconscious underpinnings. In each case students explore the ways in which theorists of different schools have approached these disorders and have offered distinctive psychotherapeutic approaches, especially Freudian, Kleinian, self-psychological, intersubjectivist, and Jungian contributions.

Interpersonal Neurobiology, Affective Neuroscience, and Depth Psychology

DPP 870, 2 Units

This course examines contemporary research across a group of disciplines that constitute a paradigm shift in thinking about the brain and mind. It illustrates the principles of transformation common to living systems, including various hypotheses concerning the evolutionary role of ancient subcortical, emotional, bodily and imagistic processes. Students explore embodied models of mind/brain emphasizing intersubjectivity, nonlinearity, and self-organization, centering on the prototypic concept of regulation. Using our current neurobiological understandings of subjective states, consciousness, and the self, the course will describe contemporary issues such as the nature of the self and the radical interdependence of psyche, nature, and culture.

Arts, Psychology, and the Poetic Imagination

DPP 896, 2 Units

This course combines lecture, discussion, and experiential work to identify and explore the philosophical underpinnings of the relationship between one's internal muse, emotion, psychological states (including psychosis) and creativity. Students immerse themselves in the interrelationship of the arts, psychology, and poetic imagination to provide a platform for expanding affect tolerance and a greater facility in the utilization of countertransference in the course of the therapeutic hour.

PSYCHOTHERAPY INFORMED BY THE HUMANITIES, ARTS, AND SCIENCES

Psyche in Nature

DPP 732, 2 units

The ethos of psyche-centered psychotherapy is not merely a construct of interiority. It has important implications for how people situate their lives within the context of a field or system. This course departs from the fantasy of the autonomous ego and engages instead with the image of ego as a constellation within the psyche, with the result that imagination about the nature of the individual relationship to the world also shifts. Students explore the implications of an ecological view of human interactions, a metaphor that offers valuable directions for understanding systemic perspectives on couples, family, group, and organizational psychological practice.

Ph.D. in Depth Psychology with Specialization in Psychotherapy

COURSE DESCRIPTIONS

Psychotherapy and Culture I: Indigenous Healing Traditions

DPP 830, 2 units

This course places the practice of psychotherapy in dialogue with diverse indigenous traditions of counseling and healing from one or more non-Western cultural settings. By examining similarities and differences with other traditions students can begin to appreciate the deep common ground that unites all forms of working with the psyche. Students also develop greater awareness of culture-specific attitudes about pathology and health that tend to become codified in Western clinical practice.

Psychotherapy and Culture II: Digital Life, Cyborgs, and the Soul

DPP 974, 2 units

Contemporary culture has seen the human-machine interface decisively dissolve to such an extent that few people can exist without their technology, be it smart phones, titanium joints, or Facebook page. People now work, love, and play in cyber culture, unwilling and, in some cases, unable to retreat from it. This course examines the benefits and the costs of becoming cyborg—the enhanced human—which is an image of both horror and hope. Students explore their own dependence upon technology, discuss how digital life manifests in contemporary psychological symptoms, and consider how it shapes the practice of psychotherapy in the 21st century.

Psychotherapy and Culture III: Developmental Trauma and the Body

DPP 975, 2 units

Attachment wounds produced by developmental trauma—exhibited within the family and often reinforced through a sociocultural legacy of

poverty, oppression, and alienation—frequently generate dissociation as though the flesh is no longer a safe and hospitable home. Original clinical work in attachment theory by Bowlby and Ainsworth, now confirmed and extended by contemporary neurobiological research, points toward the need to address the entire bodymind. This course explains the renewed emphasis on somatosensory awareness in psychotherapy, a reversal of the durable cultural legacy of Cartesian dualism that affects so many healing modalities. Students learn the core principles and skillful use of a bottom-up therapeutic approach to trauma and develop a felt sense of the embodied psyche in their personal lives and clinical work.

Literary Foundations for Depth Psychotherapy: Narratives of the Personal and Collective Psyche

DPP 835, 2 units

When Aristotle wrote of tragedy in his *Poetics* in the 5th century BCE, he observed that some cathartic or therapeutic cleansing occurred by means of poetry. His discovery has remained true of poetry's power to assist psyche's healing by acknowledging its shadowed contours. Classic narratives have contemporary relevance. Through revealing the movement of soul in its struggles to know itself and its relation to a larger world order, literature holds up a mirror to the personal and collective psyche.

Psyche and the Sacred

DPP 920, 2 units

The psyche's capacity and affinity for sacred experience, as expressed in religion, ritual, and encounters with the numinosum, continually remind us of the importance of a spiritual consideration in all psychological work. Jung once said that all psychological problems are essentially religious problems. If

true, this idea becomes especially interesting to practitioners of depth psychotherapy in the ways it calls for a revision of our notions of self, suffering, pathology, and of approaches to treatment. This course explores ways that a depth psychotherapist might work with the religious function of the psyche.

Psychotherapy Informed by the Mythic Tradition

DPP 921, 2 units

Freud, Jung, and many of their critics and followers have consistently and directly recognized the natural connection between mythology and psychology. Mythology is often seen as a kind of psychology in its use of images, stories of struggle and transformation, and in the way it connects us across boundaries of culture, time, and space. Students examine this historical connection between mythology, psychology, and psychotherapy as well as the mythic base of psychology and the healing arts.

INTEGRATED PRAXIS: RESEARCH AND CASEWORK

The Inner Life: Dreams and Active Imagination

DPP 780, 2 units

Throughout time and across cultures, dreams have opened the door to the psyche, offering contact with the transcendent and nourishment for the soul. This class considers Jungian and post-Jungian approaches to the dream and explores their careful integration into psychotherapeutic work. The main focus of the class is on developing personal ability and style in relating to dreams. We invite a lived experience of dream consciousness to be present by sharing our own dreams and images throughout the class.

Ph.D. in Depth Psychology with Specialization in Psychotherapy

COURSE DESCRIPTIONS

Working with Dreams

DPP 872, 2 units

This course offers students further insights into the dreaming psyche, including cross-cultural approaches to dream figures and the dream time that contextualize traditional psychoanalytic assumptions. It expands students' skills in working with night-time dream and waking vision as autonomous images from the psyche that may be fruitfully addressed at the personal, cultural-historical, and mythical level in clinical work. The course may also explore different modes of active imagination useful in paying attention to the dream images, including art and dance/movement therapy.

Foundations for Research in Depth Psychotherapy I

DPP 784, 2 units

This course invites students to contemplate how the fathomless psyche affects the process of research. Taking seriously the core philosophical assumption of depth psychology, the reality of the unconscious, introduces profound shifts in one's ontology, epistemology, and methodology. In light of this, what can researchers claim to know and how do they know it? This course introduces students to some of the key ideas that affect research including psyche, archetype, image, and the imaginal, explains Jung's technique of active imagination, and teaches close reading and textual analysis as part of a general introduction to the practice of hermeneutics.

Scholarly Writing and Publication

DPP 785, 2 units

This course combines lecture and small group discussion to introduce and augment students' research and writing skills with the aim of publishing their work. The intention is to use the student's clinical experience with patients as the starting point and ground for theoretical contributions to scholarship in psychology. What research questions that have personal, professional, and cultural relevance live in the clinician's practice itself? The courses help students develop ideas for short journal articles as well as imagine and formulate their dissertation topic. As a result, topics may include a review of research methods and approaches, essential research skills such as finding and reviewing key literature, and a discussion of dissertation writing at Pacifica.

Dissertation Development I: Imagination, Calling, and Rigor in Doctoral Scholarship

DPP 832, 2 units

Working with image, dream, symptom, and synchronicity, this course helps students attune themselves to the vocational nature of depth psychological inquiry, then refine the topic into a focused research question. Lecture and discussion introduce the dissertation handbook and explain the research process at Pacifica in terms of its key milestones: concept paper, proposal, final draft, and the oral defense. Students critically review Pacifica dissertations to understand the scholarly form and also to augment their background knowledge of the topic. Through a thorough, systematic critique of their own work, students expand their knowledge of scholarly writing and learn the central importance of re-visioning their ideas and language to explore the deep psyche.

Dissertation Development II: Qualitative Methodologies

DPP 782, 2 units

This course compares and contrasts key qualitative methodologies, including their origin, history, epistemological assumptions, and theoretical basis as well as their practical and ethical implications. Discussion also focuses on contemporary critiques of traditional methods to address their limitations and biases. Students learn how questions of methodology are organically related to the research topic and affect the organization and outcome of the work. The course emphasizes data gathering and data analysis, which is intended to give students practical hands-on experience working with research data as well as guide them in choosing a possible methodology for their dissertation topic.

Dissertation Development III, IV, V

DPP 942 A, B, C, 2/3 unit per quarter

These seminars span the third year of coursework to slowly and organically guide students toward the completion of an approved dissertation concept paper. Each student, in consultation with the instructor, sets individual learning goals. The course answers any and all questions concerning dissertation writing at Pacifica, including how to refine a research question, select and review relevant literature, choose an appropriate research methodology, articulate a thoughtful approach to research ethics, and form a dissertation committee. By the end of the spring quarter, most or all students will emerge with an approved concept paper. Prerequisites: DPP 942 A for DPP 942 B and DPP 942 B for DPP 942 C. Pass/No Pass

Ph.D. in Depth Psychology with Specialization in Psychotherapy

COURSE DESCRIPTIONS

Oral Comprehensive Presentation

DPP 994, 2 units

A key aspect of doctoral studies is the gradual movement from the realm of student to the realm of professor. Whether or not a student ultimately becomes a teacher, each must still give back to the world a synthesis of what he or she has learned. In this course students develop effective presentation skills to prepare them for speaking and teaching, including an important capstone in the doctoral journey at Pacifica, the oral defense of the dissertation. The course is conducted like a professional conference, in which the presentations are timed and they conclude with a question and answer session. In addition, instructors will use their observations to discuss the principles of effective speaking and philosophies of teaching. Pass/No Pass

Case Consultation I, II, III, IV, VII, VIII

DPP 750, DPP 751, DPP 850, DPP 851, DPP 951, and DPP 952, 2 units each

The goals of the case consultation courses are to integrate theoretical learning with practical experience, and to demonstrate a variety of approaches to practice from a depth perspective. Students present a case for depth supervision at least once per quarter. In addition to case consultation, each course will address a particular theme that typically mirrors specific material in other coursework including topics such as maintaining a mythic sensibility, working with image, dream, and story, issues of race and cultural diversity, socioeconomic forms of suffering including poverty, oppression, and alienation, the

challenges of technology, depth approaches to assessment and diagnosis, transference, and ethical problems. During the third year, students present a control paper to examine their clinical work with one client in depth. Pass/No Pass

Case Consultation V: Theories of Supervision

DPP 852, 2 units

This course combines lecture and small group discussions that focus on various processes of becoming a supervisor of depth psychotherapists. Topics may include establishing the supervisory frame; issue of authority, competency, certainty and shame in beginning to conduct supervision; differentiating supervision from psychotherapy (teach/treat dilemmas, etc.); building a supervisory relationship; models of supervision (psychoeducation/mentor/developmental/interpersonal/intersubjective/self-psychological/Jungian and archetypal, etc.); transference/countertransference concerns, parallel process, enactments, impasses, evaluation and termination of supervision. Special topics such as dreamwork, active imagination, psychodrama, ethics, and uses of other therapies such as body work, and pharmacological treatments within the supervisory context are also topics for considerations. Pass/No Pass

Case Consultation VI: Processes of Supervision

DPP 950, 2 units

This course, which is experiential in nature, helps students become the most effective supervisor they can be through the use of

self rather than only considering technical mastery of a skillset. It emphasizes recognizing and engaging unconscious processes as they enter the supervisory setting, including parallel processes, enactments, and resonant and synchronistic phenomena. Students who already function as supervisors in their work will bring supervisory dilemmas to the class for reflection and discussion. Students without this experience will work with classmates, taking turns practicing the supervisory knowledge learned in Case Consultation IV. Everyone will have an opportunity to present a supervision experience, exploring and developing competency in psychodynamic supervision through group discussion facilitated by instructors who have long, established careers as supervisors. Prerequisite: DPP 852 Pass/No Pass

Dissertation Writing

DPP 999, 15 units

Under the supervision of a Dissertation Committee, the student submits a proposal, conducts original research, writes, and defends the doctoral dissertation. This course traditionally follows the completion of all other coursework and successful completion of the comprehensive exams. However, students who demonstrate readiness may choose to apply for this course while enrolled in regular coursework. This option requires approval from the Chair of the specialization. Additional fees will be assessed for this course. Pass/No Pass

Ph.D. in Depth Psychology with Specialization in Psychotherapy

REQUIREMENTS AND EXAMINATIONS

Requirements for Graduation

1. Students must complete a total of 83 quarter units to fulfill the degree requirement for graduation. A minimum grade of “C” is required in each completed course. A cumulative grade point average of 3.0 must be maintained.
2. Students must comply with attendance requirements as stated in the Student Handbook.
3. Students must successfully pass a comprehensive written examination at the end of the second year of coursework.
4. Students must successfully present a Control Paper describing their clinical work with one client to two faculty members during the third year of the clinical practica.
5. Students must successfully complete a comprehensive oral presentation at the end of the third year of course work.
6. Students must write, submit, and defend an original dissertation accepted by the faculty.
7. Students are advised to take part in depth-oriented psychotherapy or analysis while enrolled. While this is not monitored or required for graduation, it is strongly recommended.

Practicum requirements

There is no minimum number of required hours of practice, but students must be engaged in the practice of psychotherapy while enrolled in coursework. This assures that all students will be able to participate fully in the sequence of practicum courses. Pacifica does not provide supervision as required for licensure or any other purpose. Students must provide for their own insurance coverage for professional liability.

Notice regarding internship and licensure

The Depth Psychology with Emphasis in Psychotherapy specialization is designed specifically for those who are already licensed or already have sufficient academic and other credentials to pursue licensure at the level in which they intend to practice. The degree provides in-depth education in the theory and practice of psychotherapy and related research practices. Although some students may wish to pursue licensure after earning the doctorate, this curriculum does

not contain any license-specific coursework. Furthermore, although students will engage in some form of psychotherapeutic practice while in this specialization, Pacifica Graduate Institute does not authorize, monitor, or supervise that practice, nor do we arrange or administratively support traineeships, pre- or post-doctoral internships, or other licensing practice requirements.

Comprehensive examinations

The comprehensive examination consists of a written portion taken in the spring of second year and an oral portion taken in the summer of third year. The written exam is divided into three sections corresponding to the three study tracks of the specialization: Theory and Traditions of Depth Psychotherapy; Psychotherapy Informed by the Humanities, Arts, and Sciences; and Integrated Praxis: Research and Casework. It is designed to assess knowledge gained in the first two years of coursework and serves as a qualifying exam that students must pass in order to continue into the third year of study. The third year oral examination consists of the student’s formal oral presentation addressing the ways the three years of study have informed and seeded their work.

Control Paper

During the third year case presentation series, each student presents a control paper that demonstrates his or her clinical work and the ability to synthesize a variety of appropriate clinical perspectives while maintaining his or her own unique style of practice.

Doctoral Dissertation

The dissertation process involves the completion of all coursework in research methodologies, dissertation development, and dissertation writing. Students must complete Dissertation Development I and have an approved Concept Paper before enrolling in Dissertation Writing. The Dissertation Committee is composed of a Chair, a Reader, and an External Reader. Each committee member must possess an earned doctorate based in part on a dissertation unless the Research Coordinator for the specialization waives this requirement.