APA 6th Edition *Corrected* Quick-View Sample Pages

Page 1 (formatting)

- 1 inch margins on all sides, all pages.
- Text should be double-spaced. Single spacing can only be used as needed in tables or figures.
- Indent paragraphs and block quotations ½ inch.
- Font should be 12-pt Times New Roman.
- Do not justify text in the right margin.

Title Page

Using Prayer in Professional Counseling

Kristin L. Swindle

Regent University

- Running head is flush left in the header of every page. It is shortened title of max 50 characters, all capitalized.
- Page numbers flush right in the header.
- Keep the author's name uniform in all publications.
- Title is concise in 12 words or less.
- Affiliation at time of study
- Title information stays in the top half of the page.

Title Page (Author Note)

Running head: PRAYER PROFESSIONAL COUNSELING   1

Note: The prefix "Running head:" before the shortened title is **only** used on the title page.

Using Prayer in Professional Counseling

Kristin L. Swindle

Regent University

Author's Note is **only** used for publication.

Author Note

Research conducted by Kristin L. Swindle, School of Psychology and Counseling, Regent University.

Kristin L. Swindle is now at The University Writing Center, Regent University.

This paper is referenced as a sample paper for use by the University Writing Center. Special thanks to Martin L. Dignard for reformatting this paper in the New Sixth Edition of The Publication Manual of the American Psychological Association.

Correspondence concerning this paper should be addressed to The Regent University Writing Center, Student Center #117, 1000 Regent University Drive, Virginia Beach, VA 23464. Email: writing@regent.edu.

Abstract Page

Abstract

Because religion or spirituality is important to many people, mental health workers need to be aware of the issues surrounding each so the... Prayer plays a large part in the lives of m... ...e part of their therapy. Inte... health practitioners need to be aware of the ethical guidelines surrounding these issues. Also, they should be educated in when and how to incorporate spiritual treatment methods into therapy and then strive to remain updated on these topics.

- Abstract heading is **not bold**; it is centered at top of page 2.
- No indent
- The Abstract is typically between 150-250 words, depending upon the paper requirements. It should be an accurate, concise, objective, and specific summary of the whole paper without evaluation or opinion.

APA 6th Edition *Corrected* Quick-View Sample Pages

Using Prayer in Professional Counseling

Everyday, prayer is used in homes, workplaces, and schools across the world, but is it appropriate to use prayer in counseling

The title of the paper is repeated for the introduction. It should be Centered & Uppercase (no bold).

who simply claim to be spiritual, use
people use prayer as a means to find
with their anger (Gubi, 2001, p. 15).
dealing with emotional problems, 42% first turn to clergy rather than counselors or psychologists (p. 49). Furthermore, two-thirds of Americans view religion as important in their lives; two-thirds also said that when dealing with a serious issue, they prefer to see a therapist who holds

Level 1 Headings are Centered, Bold, and in an Uppercase font.

seeking counseling feel that
need to understand the role of
prayer in counseling. Therefore, this paper will discuss the need for Christian integration in counseling, what ethical concerns there are regarding prayer, and how spiritual issues such as prayer can be incorporated into the professional development of counselors.

Christian Integration

Paraphrases and references should include full citation (with page number if possible).

important part of
is much lower
psychologists said
that religion was not very important to them compared to only 11% of the general population (Russell & Yarhouse, 2006, p. 92).

population better, mental health profe

spirituality and religion. For

Papers usually have only 1 space after punctuation at the end of a sentence, but 2 spaces may be preferred for drafts sent to an editor for publication.

of medication for the treatment of me

For 40 or more words use a block quotation.

ly integrated into counseling. Gubi (2001)
or doctoral degrees on the topic of prayer, and
ounseling (p. 431). Some of the participants
viewed prayer as a way

1st citation option: put all items (Author, Year, Page #) at the end of the sentence.

it's that feeling
rather than desp
there will be some influence upon that outside of the relationship (Gubi, p. 428)
Although research has found that prayer is important for some counselors, the use of overt prayer with clients is treated with caution and is not a practice that is commonly engaged in (Gubi, 2004, p. 464).

Ethical Use of Prayer

Level 2 Headings are flush left, Bold, and in an Uppercase font.

Abernethy et al. (2006) discussed
during therapy (pp. 103-106). The clients that were involved in the session were Jamal, a 14-year-old African American male and his 36-year-old aunt and legal guardian, Martha Williams. Because of his mother's de
abandonment. Both clients

2nd citation option: put Author + (Year) in the text and the (Page #) at the end.

reason that prayer was used
an ethically correct prayer for several reasons:

1. The prayer was consistent with the clients' faith traditions.
2. The terminology was adapted to fit the clients (i.e. referring to God as Jehovah).
3. It focused on positive aspects of the clients' relationship, such as unconditional love.
4. The pray   them closer together.

Lists can be bulleted, numbered, or lettered. See 3.04 for specifics.

Center References heading at top of page; it is not bold.

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The database name or date accessed is not referenced.

Author Name is provided for each source even if multiple sources by the same Author are listed.

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Use the ampersand "&" symbol for multiple authors listed in references and citations.

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List references alphabetically by Author's Last Name, First Initial, and Year of Publication.

A comprehensive

If different Authors have the same Last Name and First Initial, provide their First Names in brackets. E.g., Smith, J. [John] and Smith, J. [Jane].