



Clinical Psychology Program Newsletter

Inside this issue:

News from the Clinical Training Office	3
Upcoming Webinars	4
Program Staff Updates	4,5
New Student Services	5
Call for Papers -ISEPP	6
Conference Invitations	7
Alumni Interviews	8,9
Student Highlights	10, 11
Faculty News	12
Dissertations	13

A Note from the Program Chair

Dear Clinical Students,

Recently, many of us returned from attending the Association of Women in Psychology (AWP) conference in San Francisco. AWP is one of the most established, long-running feminist psychology organizations/conferences in the U.S., and often welcomes generative ideas and diverse people who challenge the status quo (both inside and outside the field). This year we had a great number of presentations by Pacifica students, alumni, and faculty—on topics such as being immigrant therapists, depth psychology and social justice, working with LGBT clients, surviving historical trauma, women in relationships, goddesses, indigenous healing, racialized embodiment of immigrants and more (see some of our pictures in this newsletter).

I believe that many of us left the conference with feelings of deep gratitude for being at Pacifica where we can discuss these topics from profoundly personal places that are not just intellectual. (It was amusing to see the astonishment and envy of students and faculty from other institutions, where intellectual “freedom” is limited to status-quo discussions that certainly would not mention depth, goddesses, or indigenous shamanic practices). Hoorahs aside, I know that many others in many other psychology institutions are carrying forth their visions of what is needed in the world. However, I felt a sense of gratitude and connection to what many of us seek to create together by coming to a place like Pacifica.

Other conferences are coming up where our students, alumni and faculty will also present or participate. Several students are receiving prestigious multicultural scholar awards from the Division of Psychoanalysis (39) of the APA at their upcoming conference in San Francisco (please see a link to the conference in this newsletter). Our alumni are also presenting there. Another group is planning to attend and present at the historic Yale conference that will bring together Jungian and psychoanalytic scholarly communities akin to conversations between Freud and Jung held there nearly a hundred years ago. If you are presenting, publishing, or offering trainings, let me know – I believe it is valuable to share our work together.



Back to our work here on Pacifica campus, where we also have some developments and changes: Phi Luong, who has been our Student Affairs and Accreditation Coordinator, will move on to Pacifica's Information Technology (IT) department in a new capacity as an online learning specialist. I hope we can continue interactions with her in her new capacity. In the next few weeks, she will continue to work part time in our department (and put together this outstanding newsletter). Phi, thank you for all your work!

We also have hired a new staff person for the Student Affairs and Accreditation Coordinator position. Evergreen Hericks will be joining our department starting April 27th. Evergreen has a remarkable background that includes advanced training in religious studies as well as work in such settings as adolescent mental health treatment centers and retreat centers. We will be sharing more about her in the next newsletter. Welcome to our community, Evergreen!

Our series of webinars will continue. Please sign up and join in person if you can. Our next presentation will be on scholarly writing, CVs and professional applications. Even if you think you have a handle on scholarly writing in psychology and that APA manual and even if you have been very successful at writing a personal statement for clinical positions, you may want to listen to a refresher with information on how to write good (and publishable) papers and best present yourself to selection committees.

Research groups on Dreams and Synchronicity are about to take off. We needed to finalize a time that would work, and will be announcing it shortly. At this time we are looking at 1st Wednesdays of each month (from 5:30pm to 6:15pm for Synchronicity, and 6:15pm to 7pm on Dreams). We will use in-person GotoMeeting check-in times for follow-ups and mostly conduct our work via email groups.

I also hope to begin following up with all of you regarding the creation of a Student Council (let me know through current Reps if you have preferences about the title) as well as ask you to identify strategies for the selection of a student representative. Feedback about the Student Council's goals and tasks is also welcomed. I hope we can create a meaningful student leadership that brings student voices, concerns, suggestions, and wisdom to how our department operates.

On Memorial Day, many students ahead of you will return to walk in the graduation ceremonies. At Pacifica, the graduation is a powerful ritual. It is an ending to one part of your (and our) experience and beginning of a new one. This event reminds me that over the past 40 years (Pacifica will celebrate its 40th anniversary next year), a large community of like-minded individuals have come around an idea we call depth psychology(ies) in order to learn and grow toward personal, communal, and global transformation.

In that spirit of community and learning, I wish you a great Spring and Summer quarters.

Oksana Yakushko

Program Chair



News from the Clinical Training Office

The Clinical Training Office would like to congratulate Pacifica students who applied for and obtained internship sites this year via the arduous matching process with CAPIC and APPIC. We had 8 students who applied via CAPIC and 1 who applied via APPIC. Of these, 7 students matched via CAPIC during Match I and Match II, and 1 student who matched via APPIC on Match I. We wish you a full and rewarding year on internship.

The following is a list of CAPIC and APPIC sites that accepted a Pacifica student this year:

- Wright Institute – Los Angeles
- Providence Community Services
- Maple Counseling Center
- Community Institute for Psychotherapy
- BHC Alhambra Hospital
- California State University Dominguez Hills Student Health & Psychological Services
- C.G. Jung Institute Clinic – San Francisco

Benchmarks are helpful in securing a formal internship:

- **450 hours of face-to-face clinical work with clients involving assessment intervention**
- **150 total hours of supervision with a licensed psychologist employing “intensive supervision” (direct-observation, co-therapy, audio or video review).**
- **At least 1 peer-reviewed published article or book chapter**
- **Present at least 3 papers or workshops**

Please also note that APPIC will be restricting its doctoral program associates to only APA accredited programs, effective with the 2018 APPIC Match (i.e., the 2017-18 application cycle) for internship positions beginning in 2018 and thereafter. Therefore, Pacifica students may not be eligible to apply for APPIC internships as of the 2018 Match and later.

However, we anticipate many continued excellent placement options with CAPIC into the future, and Pacifica students also continue to create their own internship arrangements independent of APPIC and CAPIC by proposing an alternative training agreement. Please refer to the most recent Training Handbook for details on the requirements for internship approval with Pacifica.

Internship Application Presentation

The Clinical Training Office will be holding an Internship Application Presentation in the 3rd session of Spring quarter for the PhD program. This presentation is **mandatory** for all 2nd and 3rd year PhD students and all other students who plan to apply for internship this 2015-2016 academic year to start internship in the 2016-2017 academic year. All other students are welcome to attend.

Date and Time:

Friday, June 19

1:00PM -2:00PM, Lecture Hall

You will receive an email from the training office with further information and a request to RSVP. Please make sure that you RSVP to the email so that a handout will be prepared for you.

Practicum Training Sites

We recently heard of three agencies that are receiving applications for practicum training. They are located in:

1. San Clemente CA, Culver City CA, Palm Springs, San Diego, 2. Los Angeles, 3. Santa Monica and 4. Sherman Oaks.

If you are interested in applying, email Elira at egjata@pacific.edu. You must have established practicum readiness for the 2014-2015 academic year to be considered.

Please also note that, starting next year, the Southern California Association of Psychology Training Programs (SCATP) will be moving to an electronic format for matching and notification purposes.

We send you good wishes for the spring quarter!

The Clinical Training Office

Elira Gjata, MSW and Juliet Rohde-Brown, Ph.D.

Program Webinars

The next webinar in the Clinical Psychology 2015 Webinar Series will take place on April 29th at 6:30pm PST. Our topic will be ***Scholarly Writing, CVs, and Professional Letters: A Quick Guide to Best Practices***.

Whether you are writing a scholarly paper or submitting documents for practicum or internship training, it is important to put your best foot forward. This presentation will focus on the basics of best approaches to professional and scholarly self-presentation to others on paper. We will share not only strategies for improving your writing, your CV, and your application materials but also highlight common mistakes students (and others) make in their work that may result in not getting a position, not getting published, or getting a poor grade or review. We will also share examples of well-prepared documents and good writing.

Check your emails for the webinar invitation and link to register.

And stay tuned for more webinars in the future. Taking place on the last Wednesday of every month, we will be covering topics, such as dissertation data, starting a private practice, somatic approaches and more.

To view previous webinars, log onto the D2L Student Resource Center and look under the Webinar folder. You can also contact Nick Sabatino (nsabatino@pacific.edu) to request direct links. Previous topics included *Integrating Meditation and Spirituality into Psychotherapy Practice*, *Studying and Passing the Licensure Exams*, and *Dissertation: Moving Through and Moving Toward Your Goal*.

We hope you continue to join us for these engaging and connecting events.

Program Staff and Faculty Updates

Elira Gjata, Clinical Training Coordinator, and Nick Sabatino, Program Administrator, both welcomed new additions to the family recently. Congratulations to both!



Edmond (Elira's son)



Benjamin (Nick's son)



Saying Farewell

It is with a sense of sadness and deep gratitude that we share with you news of the resignation of Dr. Veronica Goodchild. In over 16 years at Pacifica, she taught classes close to her heart and soul: Jungian Psychology and Psychotherapy, Imaginal Psychology and Psychotherapy, Jungian Psychology and Quantum Physics, Alchemy, Dream Work, the Grail Myth, various Interdisciplinary subjects, Synchronicity, Depth Psychology and the Sacred, History and Systems from an archetypal perspective, Case Consultations and Practica, Research from the perspective of including the unconscious, and the vocational and complex nature of writing and research. In addition, she mentored many students, and guided many dissertations from a depth psychological point of view. Several of her dissertation students have become writers and teachers themselves.



Dr. Goodchild wanted to share that she is taking this step in response to her own deep listening to a calling toward "another adventure" after dedicating 16 years of her life to our Pacifica community. Together with others across Pacifica, we wish her blessings for her new journey as well as express hope that she will continue to return to teach and offer presentations.

Student Services Available



Pacifica has an ESL tutor, formally trained in ESL pedagogy, with an M.Ed. and TESOL certification.

Her name: Janna Mori

Email: jannamori1@gmail.com

Phone: [\(805\) 403-7504](tel:(805)403-7504)

She is ready to assist students immediately.

The Graduate Research Library is pleased to announce the creation of a [library diversity resources website](#), available from the library's navigation menu. It contains links to, and explanations of, library reference resources, journals, and Library of Congress Subject Headings on many diversity-related topics.

We know that the concept of diversity can be fluid and subjective, so this website is being developed on an iterative basis, meaning this is neither the final version nor an all-encompassing exhaustive guide to diversity resources.

Call for Papers



This year's focus will be on trauma and will include topics such as trauma informed care, impact of trauma at various developmental stages, developing a trauma model for the community, how trauma influences child and family development, and non-medical responses (e.g., mindfulness, CBT, etc.). There will be a limited number of breakout sessions on Saturday and Sunday. All presentations will be 45 minutes to 1 hour in duration. Group and panel presentations are encouraged.

ISEPP Annual Conference

*Understanding Trauma:
Responding Beyond the Medical Model*

October 9-11, 2015

Crowne Plaza (Boston/Newton) – Newton,
MA

PROPOSAL FOR BREAKOUT SESSION

(Information as it would appear in conference program)

Name of Presenter(s) and Credentials:

Title of Presentation:

Brief Summary of Presentation (200 words or less):

Learning Objectives:

Short Biography (200 words or less) of Presenter(s):

AV or other items needed (e.g., projector/screen, flipchart/markers, etc.):

Note: LCD Projectors, Screens, and power cords will be provided. Presenters are expected to bring their own laptop as well as any necessary adaptors (e.g., for Apple products).

DEADLINE FOR SUBMISSION: MAY 10, 2015

EMAIL INFORMATION TO MGILBERT@IACAF.ORG

Conference Invitations



Division 39, Psychoanalysis, is holding its annual conference in San Francisco during the weekend of **April 23-26th** with the topic of *Life in Psychoanalysis in Life*. Several of our students are receiving awards and several alums are presenting. You can learn more about the conference by visiting the weblink below.

[Division 39: Spring 2015 Meeting](#)



The California Psychological Association's annual meeting and conference is also over the **April 23-26th** weekend in San Diego. Our students and alums often present.

More information here:

[CPA Convention 2015](#)

Congratulations to current and former Pacifica students who will be presenting in this year's Division 39 conference. Below are sample presentation panels.

White-Washed: The Lived Experience of Trainees of Color in a Psychoanalytic Training Program (Omyda Hernandez)

Invited Panel: What Would Freud Do? Navigating the Psychoanalytic Superego in Graduate Training (Omyda Hernandez)

The Inhumanity of Measurement: A Critique of Natural Science Psychology
(Jason Butler)

Clinical Psychology Graduate Highlight

Celeste Howe, Ph.D.

Can you briefly tell us about your work experiences following graduation from Pacifica?

I worked as a psychological assistant for a Jungian analyst and started to develop a private practice. I also became a Registered Psychologist at a nonprofit men's rehabilitation (substance use) center. Both of these were to earn hours towards licensing. Once licensed, I went to work in the private sector at Passages in Malibu for two years. Following this, I took a position as the clinical director at the county's substance treatment center, for three years.

I've worked for the Department of Mental Health, Los Angeles County as a Quality Assurance Coordinator for the Juvenile Justice Mental Health Program. I've been here for 1.5 years. It is my intention to complete 25 years of service with Los Angeles county in the next few years and then focus on my private practice, writing, consulting and integrating a hands-on body psychotherapy approach with depth psychology.

My county career focus has been on substance use and forensic psychology. Understanding trauma has been a big part of my work in both places, and I am near completion of a Somatic Experiencing Practitioner certification.

How has your education at Pacifica prepared you for your professional career?

I recently picked up my diploma to read what it says again. I have a doctorate



in Clinical Psychology, with an emphasis in Depth Psychology. I am very proud of that. It gives me a unique perspective in what I am observing whether that is with an individual I am sitting with in a treatment center, my private practice, a clinician whose work I am supporting in their work with someone else, or in observing the recent collective dynamics of law enforcement (my prior career) and the people they serve. That perspective is valued as well by patients and supervisors. So much of what I learned at Pacifica colors my work.

What advice or encouragement could you share with current clinical students at Pacifica?

Enjoy your time there and immerse yourself in all it has to offer. Come to understand your own unique vision within the Depth Perspective. There are dreams I had while in school I am only now coming to understand the full meaning of. While Pacifica is unique, so are you. Having an education where that is supported in unfolding is priceless.

Clinical Psychology Graduate Highlight

Matthew Silverstein, Ph.D.

Can you briefly tell us about your work experiences following graduation from Pacifica?

I graduated from Pacifica in 2005. At the time I was working on the clinical staff at UCLA's Neuropsychiatric Hospital's Partial Hospitalization program. At UCLA, I became a research associate to a Pacifica alum, Dr. Lobsang Rapgay, investigating mindfulness-based approaches for anxiety reduction. I also was an affiliate faculty at Antioch University, Los Angeles and helped to develop the LGBT Specialization in the MA Psychology Program. Later in 2010, I became core faculty at Antioch and developed a new specialization in Spiritual and Depth Psychology, which I currently direct. I have been maintaining a private practice in West Hollywood serving the LGBTQ and general community.

How has your education at Pacifica prepared you for your professional career?

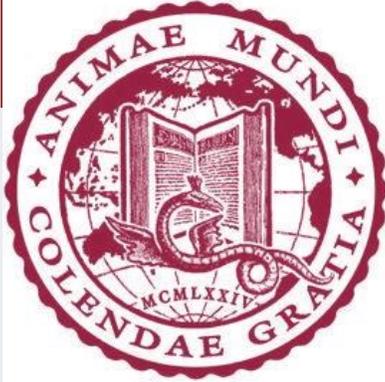
Most importantly, Pacifica modeled a way to be in a learning community in which depth psychology and particularly the Jungian legacy was honored. What a privilege! This has stayed with me and clearly informed my work in an explicit way with the Spiritual and Depth Psychology Specialization, but also in the way that I approach my clinical work generally. It helped to have the knowledge and confidence that there are communities that welcome and are validating depth oriented work despite its marginalization in mainstream mental health. If I were to consider where Pacifica

had room to grow, it would be in the domain of diversity consciousness. While I welcomed the opportunity to research gay affirmative depth psychology, which became my dissertation, I also felt that Pacifica's relationship to diversity was relatively underdeveloped compared to other aspects of the curriculum.

What advice or encouragement could you share with current clinical students at Pacifica?

Become bi-theoretical! Having the ability to move freely between solution-focused modalities like CBT and depth oriented work has been crucial in my professional practice. The old days in which the rivalries between these schools prevented their cross-pollination is giving way to a more integrative approach that I believe is the future of the field and more comprehensively responsive to a wider range of needs in the community. That said, follow your Call, as Jung advocated. And finally, celebrate that our current and future world is multicultural and gorgeously diverse, and help chart out this new paradigm.





Student Highlights and Accomplishments

Here are some things your current peers and program alumni have been working on. Of course, if you have any news you'd like to share, please send any updates to oyakushko@pacifica.edu. We would be happy to share your accomplishments with the department and your peers in future newsletters.

- **Viktoria Byczkiewicz**, a first-year Ph.D. student in Clinical Psychology, and a Senior Lecturer in the American Language Institute of the Dornsife College of Letters, Arts & Sciences at the University of Southern California, has edited the book *Democracy & Education: Collected Perspectives* (2014) for which she also penned an introduction titled "Teaching for a Democratic World." The book is the first in a series of collected essays and papers from scholars around the world on the subject of democracy and education. The series is the project of the John Dewey Center for Democracy and Education based at the University of Minnesota in Minneapolis. The ongoing work reflects the critical, reflective, and exploratory effort of thinkers working from a range of disciplinary perspectives to examine the problems and possibilities of achieving universal democracy through education. Her proposal for the **2015 Psychology and the Other** conference was also accepted. Her presentation is titled, "*Anti-Immigrant Attitudes: The Possibility of Social Transformation Through Letting Go of Attachment to Difference.*"
- Congratulations to **Omyda Hernandez, Kate McIntosh, and Eva Blodgett** for receiving prestigious awards and fellowships from Division 39, Psychoanalysis, American Psychological Association. The award ceremonies will take place at the Division conference in San Francisco on Thursday April 23d (Kate) and Friday April 24th (Eva and Omyda). They join a group of other outstanding current students (Jeff Grant) and recent alums (Dr. Jason Butler) who received awards and research fellowships from this division in the past.
- **Lauren Barrett's** proposal for APPPAH's 2015 Congress meeting was accepted. She will be presenting on December 4, 2015 and her presentation is titled, "*How Society Shapes Us; How We Shape Society – Exploring the Epigenetic Inheritance of Psyche.*"
- **Dana Hodgdon** will be presenting at the California Psychological Association's annual meeting this year. She will be presenting on April 24th and her presentation is titled, "*The Nature of Internalized Stigma: Comparison of Living With Verses Imagining Having HIV/AIDS*"
- **Josh Cohen's** book about filmmaking and psychotherapy was published in February 2015. More information about the publication can be found here: [Video and Filmmaking as Psychotherapy](#)
- **Beth Ananda-Stout's** proposal submission for the *Psychology and the Other* Conference has been accepted into the 2015 program. Her poster presentation is titled, "*Tender in the Field: Psychodynamics in Compassion Fatigue ~ A Hermeneutic Study*"

Here are some photos of students and faculty who attended this year's **Association for Women in Psychology Conference** in San Francisco. This year's conference focused on feminism and restorative justice.



Faculty News

- **Jim Broderick** continues to be a site visitor for APA accredited Internships. He recently completed a site visit on the east coast and will do another site visit in the pacific northwest in May. APA accredits academic programs, Internships and Postdoctoral Residencies. Jim has been a site visitor for accrediting APA Internships and Postdoctoral Residencies since 1995.
- **Robert Romanyshyn** will be doing part 3 of a webinar, *Conversations between a Psychologist and a Poet*, with Brian Tracy. The webinar is sponsored by the Depth Psychology Alliance. For information, please visit the [Depth Psychological Alliance](#) website or [RobertRomanyshyn.com](#).

Beginning August 12, he will also be doing a ten-part webinar sponsored by the Jung Platform. For more information, please visit the [Jung Platform](#) or [RobertRomanyshyn.com](#).

Details about the ten-part webinar are below.

The Frankenstein Prophecies: Jungian-Archetypal Reflections on Ecological Crises and the God Wars

Mary Shelley's *Frankenstein* is a re-telling of the mythic tale of Prometheus and the Christian story of creation within the context of science and technology. As such Shelley's story haunts our time as a prophetic unfolding of the origins of technological power. Using a Jungian-Archetypal approach, this series takes up these prophetic amplifications as a collective symptom that calls us to remember what we have forgotten regarding our place within nature and the cosmos.

- 1–August 12: Presentation of seven prophetic themes in Shelley's original story
- 2–August 26: Introduction: Technology as Cultural Symptom and Collective Dream
- 3–September 16: Stealing Fire from the Gods: Titanic Hubris
- 4–September 30: Conceived by Man, not Born of Woman
- 5–October 14: Flight from Death
- 6–October 28: The Eichmann Complex
- 7–November 11: The Last Generation?
- 8–November 18: The Orphan
- 9–December 2: Fire and Ice
- 10–December 16: What are Poets for in a destitute time?

- *Imagining Psychological Life: Philosophical, Psychological, and Poetic Reflections. A Festschrift in Honor of Robert D. Romanyshyn* was recently published by Trivium Publications (available on Amazon). The volume celebrates Professor Emeritus Romanyshyn's work on the occasion of his 70th birthday and includes essays by Pacifica faculty Patrick Mahaffey (Myth), Veronica Goodchild (Clinical), David Miller (formerly Myth), Joe Coppin (Depth), Mike Denny (Depth), Thomas Elsner (Counseling), Susan Rowland (Engaged Humanities), Glen Slatter (Depth), and Dennis Slattery (Myth).

Dissertation Completions

- **Richard Caro**

The Heroic Shadow: Development of the Ego/Shadow Complex
Chair: Michael Sipiora

- **Hallie Durchslag**

A Narrative Analysis of Bipolar Psychosis: An Empirical Relationship between Neurochemistry and the Collective Unconscious

Chair: Michael Sipiora

- **Rebecca Goettsche**

Lesbian, Gay, and Bisexual Client Experiences and Therapeutic Practice with Sexual Minorities: An Interpretive Phenomenological Analysis

Chair: Oksana Yakushko

- **Helen Mahfar**

The Homeless Mutes: The Psychological Exile of Persian Women under the Patriarchy

Chair: Avedis Panajian

- **Katherine Dublinski**

The Transformation of Consciousness: Self Knowledge and Mystical Union

Chair: Oksana Yakushko

- **Daniel Szuhay**

The Lived Experience of Long-Term Unemployment among Middle-Aged Managerial-Level U.S. Males: A Phenomenological Study

Chair: Oksana Yakushko

- **Michael Tebow**

Individuation Within Psychology and Spirituality: A Need for Pluralism

Chair: Michael Sipiora

- **Joy Mondragon-Gilmore**

Firefighters and the Experience of Increased Intuitive Awareness During Emergency Incidents

Chair: Paul Gabrinetti



Helpful Links

[Student Services Page](#)

[My.pacifica.edu](#)

[Academic Calendar](#)

[Pacifica Bookstore](#)

[Student Handbook](#)

[Student Accounts](#)

[Office of the Registrar](#)

[Financial Aid](#)

[Practicum and Internship Resources](#)

Clinical Program Staff

Program Chair

Oksana Yakushko, Ph.D.

805.969.3626 Ext. 181

805.565.9896 Fax

oyakushko@pacifica.edu

Director of Clinical Training

Juliet Rohde-Brown, Ph.D.

805.969.3626 Ext. 139

805.565.5796 Fax

mbennett@pacifica.edu

Program Administrator

Nicholas Sabatino

805.969.3626 Ext. 118

805.565.5796 Fax

nsabatino@pacifica.edu

Clinical Training Coordinator

Elira Gjata

805.969.3626 Ext. 191

805.565.5796 Fax

egjata@pacifica.edu

Student Affairs and Accreditation Coordinator

805.969.3626 Ext. 153

805.565.5796 Fax

Director of Research

Michael Sipiora, Ph.D.

805.969.3626 Ext. 189

805.565.9896 Fax

msipiora@pacifica.edu