

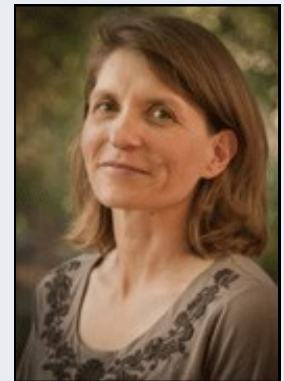


Clinical Psychology Program Newsletter

A Note from the Program Chair

Dear Clinical Psychology Students,

A warm New Year's greeting to you from our clinical faculty and staff for a meaningful and productive year in 2014! ! May all of us find places within ourselves and the world that make us alive, passionate, and connected with grace.



I want to begin the new year with an announcement regarding the restructuring of our clinical program. We are now the Clinical Psychology *Department* that houses two programs – the PsyD and PhD programs in clinical psychology. This re-structuring will not result in any significant changes because it mirrors the ways our program has grown and developed. Although we will have some of the faculty working more closely with one or the other program, all of the faculty will continue to teach and mentor students across both programs. I believe this new structure will facilitate the further development of both programs. Above all, our faculty and staff are committed to nurturing you within these programs.

I will serve as Chair of the Department and oversee both programs. We will also be developing other administrative functions, but more on that to come in the next months.

One of the visions I hold is that both programs can begin to focus on their respective strengths, incorporate greater attention to infusing depth in the curriculum while at the same time attending to issues of diversity in the context of today's world (serving *Anima Munda*e among marginalized communities and with compassion for our living planet). I also believe that both programs merit further efforts toward accreditation by the American Psychological Association although I am ever mindful of how such efforts require continued planning, nurturing, and work. As Chair, I am excited to work together with faculty, staff, and also with you as students to keep fostering these visions.

On a different note, I want to highlight a few things in this Newsletter:

- There are interviews with an alumna and an Adjunct Faculty member to give you a sense of the many paths open to depth-oriented psychologists.
- We've included news from the Training Office as well as from our Administrative Staff.
- We've highlighted some fantastic developments with our Alumni Association such as the Dissertation Café, the growing Buddy System (pairing alums with students) and more.
- We will begin our new Diversity in Depth lunch presentation with Dr. Mary Watkins, one of the foremost Liberation and community psychologists (and a trained Jungian analyst).
- We've listed some outstanding accomplishments by students.
- Conference submission links are provided.

The beginning of the new year and our growth as a department remind me that we are part of something larger than ourselves, something that continues to call us forward, asking us to expand our efforts to achieve the goals we seek. I hope to welcome the developments this year brings with a sense of openness and an entreaty for grace.

In the midst of the changes, my first and foremost commitment is to serving you. We will continue to work to improve varied aspects of your experience and training and to fostering the community we share as students, staff, and faculty.

Respectfully,

Oksana Yakushko

Chair, Clinical Psychology Department

Depth in Diversity Presentation

We are delighted to invite Dr. Mary Watkins, one of the most recognized Liberation psychologists in the world and Pacifica faculty member.

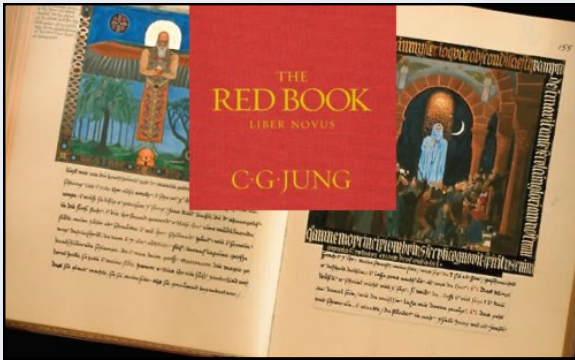
Dr. Watkins is a certified Jungian analyst who brings depth psychology to community work and issues that affect our world (e.g., building border fences).

You can read more about Dr. Watkins and also have access to many of her published works at: http://www.pacifica.edu/mary_watkins.aspx.

She will be speaking during second sessions' Saturday lunches.



C.G. Jung's Red Book Coming to Pacifica



Did you know that original art prints from Jung's **Red Book** will be on display at Pacifica during the month of February?

There will also be a remarkable public program that includes top Jungian scholars in the world presenting on the *Red Book* and its significance.

You can find more information here:

[Jung's Red Book at Pacifica](#)

New Professional Resource Center on D2L

Another exciting resource in development for our students (and all Pacifica students) is the Professional Resource Center on D2L. By the time the newsletter goes out, all of you who are current students and utilize D2L will see it appear on your front page options.

Among the resources you will find there are resume and CV help, interviews with alumni, information on presenting and publishing, links to career resources, updated information about organizations and conferences and much more. The Center is constantly developing and adding new resources and information you might find helpful for your professional development.

Alumni Association Resources for Current Students

Pacifica has a dynamic Alumni association with active chapters all across the country. Among its initiatives is creating a new alumni professional directory (in progress) as well as support for students in the dissertation/clinical research project writing stage.

Their new website will soon be updated, but for now you might find the following links helpful to you:

[Alumni Publications](#)

[Alumni in Action](#)

[Alumni Profiles](#)

[James Hillman Tribute](#)

[Pacifica Reading Lists](#)

[Faculty Blog-Aaron Kipnis](#)

[New Mentoring Program Pairs Alumni and Students](#)

Clinical Psychology Alumna

Linda O'Dell, Ph.D., 2012

Could you tell us briefly about yourself, especially your current work as a psychologist?

I graduated from Pacifica in August 2012, finished my post-doc fellowship at the Wright Institute Los Angeles in July 2013, and was licensed the same month. A whirlwind journey that has led me into private practice in Beverly Hills, CA. Currently, I work with those who struggle with writer's block - both dissertation struggles and screen writers alike. In addition, I work collaboratively with patients of all ages, doing therapeutic assessments for attention and memory disorders.

Could you share a bit about your background and reasons for choosing Pacifica?

I came to Pacifica Graduate Institute with an undergraduate degree in Applied Arts and a Master's degree in Pastoral Studies, as well as a Master's degree in Clinical Psychology. My inspiration to attend Pacifica came a couple years before attending, while I was working in a parish. During the days, those who were hurting would come to the church for solace and prayer.

At times, I would listen to their stories. Very quickly I learned that I needed more training to just begin to listen at this deep level of pain. Pacifica, with its focus on the depth and breadth of experience, gave me a broad base to conceptualize and thus be present within the Unconscious field to listen. My work at Pacifica prepared me well for my current work. I feel very fortunate for the experience.

What advice can you give to clinical students who are still engaged in coursework?

As far as advice to each of you working towards your degree... persevere, persevere, persevere! Do the reading and write your papers allowing the Unconscious inspiration and sacred 'Others' to flow through you. Time spent with research

methods and statistics has HUGE value when you take the EPPP... and yes, I would have spent more time here to learn more fully then, instead of having to move through the whole process again before taking the boards.

Tell us about your dissertation experience. What suggestions do you have for students currently working on their dissertation?

I joined a dissertation group (with four other students) during my second year at Pacifica. We met on Saturdays for two hours with a therapist who facilitated the process. This gave me a head-start on gaining an understanding of why I was exploring different subjects and how each related to my own healing process. So important. We met for approximately six months. Still, I was unsure what I was going to write. As I approached my third year, my future work began constellating and the foundational exploratory reading began. Because I had previously worked through the initial phases of my concept paper, in the Dissertation One Seminar, I was ready to fully integrate the work into a concept paper that was accepted during this initial writing phase.



Choosing a chair is an important part of the process. Find someone you feel comfortable working with, one who is supportive, and will respond on a timely basis. I was very fortunate to have Christine Lewis, Ph.D. walk the dissertation journey with me. Really a gift of containment as she was able to gently shape and reshape the work (and me as well). As far as timing, I put together a calendar of submission deadlines, and stuck to the schedule. I wrote each weekend for ten plus hours, and was able to finish my dissertation within the year allotted for the process. If I could add one crucial piece to this frame... trust the natural rhythm of the Unconscious. Sometimes the work has to sit and coagulate. Steam has to rise so that the work can deepen and move in exactly the way the Others want it to move. Trust yourself, trust those that are guiding you, and trust the Unconscious process.

What was your clinical and licensing experience following graduation? What are your secrets to success?

The licensing process is very different than academic work. For the EPPP, you will be given eight different areas to study, 225 questions to answer, with a 70% pass rate required. If I were to do the process differently, I would have taken the weekly preparatory series (Psych Prep). It offers you a built-in study structure, which is necessary because of the volume of information required to learn. I would allow nine months of preparation. In CA we take the CPSE after passing the EPPP. If you have put the time into the EPPP subject matter, you will feel prepared. What is a bit unnerving about the CPSE is that you can only take it once every six months. So, if you happen to not pass it, you wait to be licensed for another few months. Possibly look for a psychological assistant (P.A.) position as you end your post-doctoral training to allow you to see patients while you study for your boards. Advertising on psychological association list serves (LACPA in the Los Angeles area) that you are interested in a P.A. position will let others know you are interested. Again, no easy "might get lucky" commitment will help you pass these boards. You just need to roll up your sleeves and put the hours in. I will say, after passing through

it, there is life after school, internships, post-doc fellowships, and the boards. A gift awaits you and your patients as you are able to do the work you are called to do.

Looking back at your education, how do you perceive your education at Pacifica?

My education at Pacifica prepared me well. Along with psychoanalytic training at the Wright Institute Los Angeles, I feel that no matter who walks in my door, I have the tools to sit with the patient and assist them in the process of unpacking the pieces of the past that have stayed under the surface potentially creating sadness, anxiety, and pain. Because of my work at Pacifica, I have learned to work in the dynamic field. I feel that each person I meet with throughout the day is carrying one piece of the human story. As I open the door, time and time again throughout the day, I wonder to myself, which piece will be explored during the next hour? Without Pacifica's calling me to stay in the silence, walk into the unknown with each of my patients (and myself), I would not feel as prepared as I do today. It is here where the urging and inkling of the Unconscious is freed... and the patient too is freed to become all they are to be. Again, a gift. Enjoy your journey, it is uniquely yours.

Conference Opportunities

International Association of Jungian Studies conference at Arizona State University
June 27-29, 2014

Deadline for submissions:

February 15, 2014.

Link: **[IAJS Conference 2014](#)**

National Multicultural Conference and Summit
*Psychology without Borders: Reflecting Within,
Reaching Out*

Jan. 15-16, 2015 in Atlanta, GA

Deadline for submissions: **April 30, 2014**

Link: **[NMCS 2015](#)**

Upcoming Workshop Led by Avedis Panajian, Ph.D.

**Trauma and the Analytic Setting
as a Transitional Space
Avedis Panajian, PhD**

**Saturday, February 8, 2014
9 AM – 3 PM**

At The Seattle School
2501 Elliott Ave
Seattle, WA 98121

This workshop will focus on what takes place in the process of therapeutic listening. How can we listen to ourselves listening? How is listening affected with the presence of early trauma? When trauma to the infant occurs before he/she could speak, memory traces would be lacking. Therefore, amnesia of the traumatic events would dominate major portions of the patient's history. Memory becomes fragmented and filled with gaps. Interpretations, insights, and forming meaning often does not lead to remembering such traumatic situations. Investment in the transference, reverberations, and signifiers and resonances of different events in the present leads to amnesic remembering that is outside and beyond the repressed unconscious.

The focus becomes on constructions and actualizations of blocked and split off potentials. Analysts in such situations regress and do not resist becoming the patient's double. This double could be a mirror image of the patient, complementing the patient's split off selves. Analyst who trusts his countertransference uses it in the service of regression of his mental functioning in order to gain access to unknown elements in his patient's early traumas. Uncanny experiences

are welcomed in order to bring together conscious and unconscious experience both, in the patient and in the analyst.

Such lack of defensiveness on the analyst's part helps him to sharpen his listening capacity for rhythms, resonances in the patient's words and actions that lead him to make imaginative conjectures to provide form and life to the patient's unformed, fragmented memories. Face to face meetings without the use of the couch allow the opportunity for investment of new energy through being touched by the patient's gaze and the patient being touched by the analyst's gaze.

Fees

**Alliance, COR, and Seattle School Members
\$85**

Nonmembers - \$95, Students - \$80

Make your check to "The Alliance" and mail it to:
Terry Hanson, 7056 18th Ave NE, Seattle, WA
98115

This event is sponsored by The Alliance, COR,
and The Seattle School

For questions, please contact the COR office at:

office@nwfdc.org

Or visit the COR website at:

<http://www.nwfdc.org/>

Speaker Bio

Avedis Panajian, Ph.D., ABPP, is a Fellow of the International Psychoanalytical Association, a certified psychoanalyst, researcher, senior lecturer, and a faculty member of Pacifica Graduate School in Santa Barbara. He has served as a board member of the Western Regional Board for Diplomates in Clinical Psychology of the American Board of Professional Psychology. He has chaired Diplomate examinations and served as a licensure examiner for many years for the California Board of Psychology. He has also received the Distinguished Educator Award from the California Board of Psychology.

Dr. Panajian is also a supervising and training Analyst at the Psychoanalytic Center of California, Institute of Contemporary Psychoanalysis and at the New Port Psychoanalytic Institute. Dr. Panajian's research interests include infantile development, trauma, and the treatment of severe emotional disorders.

NEW Online Scholarly Journal

Survey REMINDER!

We are at the planning stages of launching an online journal that features work by our students and faculty.

Your feedback is important! Please submit your responses if you have not done so already.

The survey will remain open until **February 5th**:

[Student Feedback Survey](#)



Reminders from Program Administrator, Tammy Wilson

Please don't forget that there is **NO PARKING** on Fridays until after 5pm. Our students in particular have been parking on campus and on the property adjacent to campus which is not ours.

Students don't often think of the domino affect their parking on campus has. If you park in the lot on Friday, the employee whose space you take will then have to take another employee's space and so on. This causes our receptionist to spend most of her day shuffling cars and ticketing violators.

EVERY parking space in our lot is reserved. Although you may not see a car parked in the space because some employees have to shuttle between Ladera and Lambert, please know that when you park on the Lambert campus on Friday before 5pm, you are taking an employee's space (and that space you take may just belong to Dr. Aizenstat, which happens frequently).

Reminders from Program Administrator, Tammy Wilson (Cont.)

I also wanted to give you a timeline for grade reporting. I know waiting for grades to be posted can be stressful so I want to make you aware of the process.

*Students are given 17 days after the final class meeting to complete final assignments/turn in incomplete forms.

*Faculty have 6 weeks from the final class meeting to turn their grades in to me.

*I then have 1 more week to organize the grades, collect any missing materials and get them to the registrar.

*Once the grades are given to the registrar, they will enter them into the system. Students access their official grades via the my.pacifica Self Service Portal.

*Faculty are not required to enter grades into D2L so this is not where you should look for final grades. Some faculty will enter grades as a courtesy, but it is at their discretion and not mandatory.

*Fall and Winter incomplete work is due the day before the final session of the next quarter.

Spring incomplete work is due before the first day of the following fall session and Summer work is due the day before the last fall session starts.

So far, the 2013/2014 academic year is going great and you are all fantastic! Please remember that if you have any questions I am happy to help, but if I can't help you I will tell you who can. I am here 8:15am-4:45pm Tuesday through Saturday when you are in session and Monday through Friday during your off weeks.

Invitation to Join the Diversity Committee

From **Dr. Nuria Ciafalo**:

As you may know, Pacifica has been working to promote diversity in our student, faculty, and staff representation as well as in our curriculum and other activities. In the past, the committee was enriched by the involvement of our students.

I am writing to invite you to join this committee. Given that many of you reside in different places and that it would be challenging to meet face to face as well as that we would like to include our dissertation students, the structure of the committee is rather cyber-based.

However, we may be able to get together at times when you are on campus.

I hope that you will consider accepting this invitation. I will compile your replies and include you in the committee's email list and send you more in-

formation about our plans, hopes, and dreams for increased diversity representation at Pacifica.

You can email me at NCiafalo@pacifica.edu.



Clinical Psychology Faculty Highlight

Dr. Enrique Lopez, Psy.D.



Dr. Lopez is a two-spirited individual who grew up as a child field worker in central California and a native of Zacatecas, Mexico. He is a National Institute of Health (NIH) funded psychologist in the Department of Psychiatry and Behavioral Neurosciences at Cedars-Sinai Medical Center (CSMC)

and previously the Head of Psychology at CSMC.

He is funded to research HIV-associated Neurocognitive Disorders among Spanish-speaking individuals infected with HIV in the later stages of the disease progression. His research interests include issues impacting gay, lesbian, bisexual, and transgender People of Color. He is dedicated to investigating the interaction between psychological childhood trauma and HIV infection rates, especially related to treatment and medication adherence. Through his clinical and research experience, Dr. Lopez has come to understand and appreciate professionally and personally the importance of depth psychological work to address the impact that childhood trauma has on LGBTQ populations.

Dr. Lopez has chosen to be an academic professor at Pacifica Graduate Institute (PGI), a mainstay of depth psychological traditions. His goal is to critically collaborate with doctoral candidates by integrating depth psychological work to address the complex challenges currently faced by marginalized individuals, especially LGBT and People of Color. His aspiration is to continue to fight for the inclusion of depth psychological work within the current contemporary psychological culture that underestimates its value.

Beyond his research interests, he is committed to

his own personal psychological work and he is currently enrolled in the Advanced Training at the Institute of Contemporary Uranian Psychoanalysis.

Dr. Lopez immediately felt at home at Pacifica Graduate Institute while venturing through the prestigious campus library. The cultural artifacts and the collect works available through the OPUS Archives and Research Center at PGI, has allowed him to explore his two-spirit Native American nature from a depth psychological perspective (e.g., the original work of Mitch Walker's introducing the double archetype article for gay spirited individuals in *Spring*, 1976, Christine Downing's seminal work, C.G. Jung and Joseph Campbell's Collected Works, LGBT and Native American resources). The collection at PGI has provided him, more than any other academic psychological institute, the ability to begin to fill the void of the lost knowledge of two-spirited individuals.

Working at PGI has initiated a better understanding and deeper familiarity with the complex internal psychological issues faced by LGBT individuals at a top-research medical institute, Cedars-Sinai Medical Center, such as suicide, HIV infection, crystal meth addiction, and self-mutilation. Dr. Lopez predicts that PGI students that grasp depth psychological concepts as well as one's own personal inner psychological work, will be at the forefront of the field of psychology as neuroscience research continues to recognize the magnitude of the impact of childhood psychological trauma.

[Cedars-Sinai Medical Center Dr. Lopez website](#)

News from the Clinical Training Office

Words of encouragement

As the New Year is here, we are reminded that time goes by quickly. Many of you are applying for practicum and internship as we speak. This can cause a lot of anxiety as the application process can be stressful. Your time management, organizational, communication and interpersonal skills are put to test.

We want to wish you all the best during this process and remind you that we are here to support you in any capacity that we can.

Soon, you will look back at your training experience and at the time you went to school at Pacifica and wonder where the time went. Cherish the present and enjoy and learn from everything that comes your way.

So many before you have gone through the same experience and many more will after you. Congratulations for being here and may you all be placed at the training sites where you will gain the experience of a lifetime.

Some interesting facts for you:

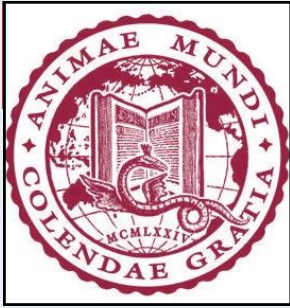
- We have **39** students applying for internship and **30** students applying for practicum training as we speak. This number may increase slowly as a few of you decide to apply at the last minute.
- The training office has **217** active student files as of January 2014. This number decreases as students complete the requirements we collect in the training file and increases every fall quarter with the first year students added to the total.



- The training office oversees three of your graduation requirements: **practicum, pre-doctoral internship, and your personal therapy documentation.**
- We issue official letters of completion for these three requirements when you submit all the necessary documentation.
- The training office maintains a database of approved practicum training sites on the website, both as a list and as a Google map.

[Practicum and internship resources](#)





Student Accomplishments

Your peers have accomplished much this past year. Below are a few highlights. Keep up the great work!

Kate McIntosh

Rekindling the Story of Children of Incarcerated Parents Through Art and Archetype, Illinois Art Therapy Conference Chicago, IL, October 2013

Constance A. Kellogg

Poster Presentations at the APA Division 32 Humanistic Conference held in Pittsburgh, PA

- 1) Dr. Viktor Frankl's Influences in His Development of Logotherapy
- 2) The Dr. Jekyll and Mr. Hyde of Psychopharmacology
- 3) Humanistic Psychology of Pacifica Graduate Institute

Poster Presentation at the APA Division 32 Humanistic Conference held at Pacifica Graduate Institute

A Hermeneutic Phenomenological Inquiry Into Psychotropic Medication Management of Children and Adolescents

Tracy Uloma Cooper

Published Book - Writer Contribution

Publisher: Soul Rocks Books - September 2012

Title: The Mystery of Woman: A Book for Men

Rita Porter

Jungian Society for Scholarly Studies

2012 Annual Conference (round-table presentation)

New Orleans, LA

Topic: Forced relocation and place attachment as a psychological resilience factor

J. Rodrigo Reyes-Alvarez del Castillo

First Things First: How the Event of Empathy Precedes Gender in the Psychotherapeutic Context. With Jeff Grant, APA Division 32 national conference, February 2013, Pacifica Graduate Institute, Carpinteria, CA.

Emotion and Motivation: A Humanistic Psychology Perspective. Book Chapter in Review, APA, Division 32

Bradford James White

White, B. J. (2012, August). How our Actions have shaped our Affect: A Social Constructivist, Depth Psychological perspective on Narcissism. Paper presentation at the 2012 International Conference of the Jungian Society for Scholarly Studies, New Orleans, LA.

White, B. J. (2012, March). Depth Psychology and Socially Constructed Narcissism. Paper presentation at the Annual Conference of the Society for Humanistic Psychology, Pittsburgh, PA.

Laurel Cleary

2013 APA Convention in Honolulu:

Poster Presentation with Ericka Hofmeyer, Jordan Perzik and Oksana Yakushko
Supervising Trainees Treating Addiction: Interpretive Phenomenological Study

Elizabeth Schewe

Schewe, E., Mangiola, C., Mason, K., and Yakushko, O. (August 2013). Breaking the Therapeutic Frame in Psychodynamic Therapy: A Phenomenological Investigation. Poster presentation at the American Psychological Association Annual Convention. (Future Presentation).

Liebich, E.M, Schewe, E., and Gordon, C. (March 2013). Collaborative Psychological Assessment. 1 hour presentation for CE credit at the American Psychological Association Humanistic Division Conference.

Anthony Bean

Bean, A., Jones, W., Weiss, J., & Enterline, M. (2013, August). Journey out of poverty: The place of resilience. Paper presented at the American Psychological Association, Honolulu, July 31-August 4, 2013.

Bean, A., & Groth-Marnat, G. (2013, August). Personality differences between world of warcraft players and styles of play. Paper presented at the American Psychological Association, Honolulu, July 31-August 4, 2013.

Bean, A., Enterline, M., Jones, W., & Weiss, J. (2013, February). Presenter. The journey through poverty. Symposium conducted at the Society for Humanistic Society, Carpinteria, CA.

Bean, A. & Groth-Marnat, G. (In Press). Video gamers and personality: A five factor model to understand game playing style. Psychology of Popular Media Culture.

Bryan McNutt

APA Annual Convention (2013) - Poster Presentation: "Disenfranchised Grief Among Gay Widowers: A Phenomenological Investigation" (co-presented with Dr. Oksana Yakushko)

McNutt, B. & Yakushko, O. (2013). Disenfranchised Grief Among Lesbian and Gay Bereaved Individuals. Journal of LGBT Issues in Counseling, 7, 87-116. doi: 10.1080/15538605.2013.758345

Bryce McDavitt

Mutchler, M.G., McDavitt, B., Wang, Y.A., Paul, J., Choi, K. "Sexual Talk or Social Healing:" Support from Gay and Non-Gay Friends. Paper accepted for presentation at the 2013 National Conference of the American Psychological Association, Honolulu, HI.

Mutchler, M.G., McDavitt, B., Gordon, K.K., & Bui, K. Becoming "Bold": Alcohol use and sexual exploration among Black and Latino young MSM. Paper presentation at the 2012 American Sociological Association Convention.

Helpful Links

[Student Services Page](#)

[My.pacifica.edu](#)

[Academic Calendar](#)

[Pacifica Bookstore](#)

[Student Handbook](#)

[Student Accounts](#)

[Office of the Registrar](#)

[Financial Aid](#)

[Practicum and Internship Resources](#)

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