Dear Clinical Alumni Community,

I want to start in a place of gratitude for an opportunity to create and nurture a community of students, faculty, and staff committed to bringing visions of depth psychology to the world, and knowing that there is a group of alumni who carry this commitment as well. Like all educational (and life) endeavors, this work is complex and dynamic. No place and person can be static, but at the same time changes are also difficult to embrace and manage at times. Yet it is this space of change where I know life is coursing at its fullest, where we as individuals, as a community, and as a global society can truly meet each other and ourselves.

In this newsletter, we want to share with you, our alumni, many different aspects and voices of our Department – student and faculty accomplishments, interviews with a couple of you (i.e., alumni), introduction to our adjunct faculty, opportunities to present, and updates from various offices.

I want to begin with warmly welcoming our newest faculty and the incoming Director of Clinical Training, Dr. Juliet Rohde-Brown. Please see her introduction in this newsletter.

I also wish to highlight the many accomplishments by our students and faculty.

Several of our students presented at APA last year, while others have attended meetings and trainings with the psychoanalytic and Jungian scholarly organizations. Congratulations to over 20 of our current clinical students who published and presented recently. I also want to acknowledge that most of our students are doing clinical training in diverse settings that serve communities, which experience marginalization and typically have no access to care. I feel inspired hearing about ways their work touches the lives of people in healing ways, and also feel delighted to hear that many of you, our alumni, are doing this work and supervising our students as well.

Our faculty have also been productive. In addition to teaching, supporting the program, publishing and providing clinical services, I want to share a few highlights from their accomplishments:

- In addition to many national presentations, Dr. Panajian has been working to organize the Bion conference in the LA area (see announcement). It promises to be one of the most comprehensive international conferences of its kind!
- Dr. Goodchild has not only given multiple national and international presentations, but is also engaged in training in indigenous shamanic traditions as well as the Wisdom traditions, whose living legacy influences much of Western spirituality.
- Dr. Sipiora’s work on Hillman’s legacy is soon to be in press, and his presentations at conferences on Hillman as well as phenomenological psychology around the country have been noted in this newsletter as well.
- Dr. Bennett has given multiple CEU presentations on his work on personality and integrative approaches to diagnosis and treatment.
- Dr. Broderick has received extensive training on integrating hypnosis in clinical work as well as expanding his work on depth psychological and community-based care for the severely mentally ill.
-Dr. Rohde-Brown has been invited to publish in humanistic and transpersonal journals, and continues to be involved in projects related to restorative justice and compassion-based approaches in local prisons.

I, too, have stayed engaged in both publishing and trainings. I have recently published with several alums on topics such as immigrant identity, integrating a depth and feminist lens in qualitative research, and human trafficking. My article on social justice related to immigration research (and its critique) is out in the Journal of Social Action in Counseling and Psychology. I am also an author of a chapter in the Oxford Handbook of Psychotherapy and Handbook of Multicultural Psychology going into press next year. I presented for the Global Network on Women’s Empowerment on the epidemic of human trafficking. And I am currently participating in the Leadership Institute for Women in Psychology through the APA, which selects top women-leaders in psychology for mentoring and training.

Being the Chair of our department has been one of the most profound and personally engaging experiences for me. I value my experiences of collaborative leadership with students, you our alumni, and within Pacifica at large. I deeply care for the growth of our programs. And while every position of this magnitude has its challenges and vicissitudes, I also have found it to be a calling and an invitation toward being truly engaged with life.

I want to finish with a list of a few highlights from the work of faculty and staff from this past year as well as with the list of what we are currently working on:

- Both the PhD and PsyD curricula have been modified to include visibility of topics and training areas of interest to both you as students and our faculty. They include such courses as Indigenous Approaches to Psychology, Violence and Trauma, Gender and Sexuality, and more.
- We have held a year of Diversity in Depth lunch presentations with such speakers as Drs. Mary Watkins, Susan Jones, Jason Butler (our alum), and Chris Downing. We will continue these throughout the year.
- We have begun our bi-annual on campus Dissertation Days and will continue these in the coming year. I am also developing an ongoing, monthly online Dissertation/Clinical Research Project Seminar and Café (look for information to come)
- Massages on Saturdays have been a great success and will continue.
- Sports equipment is now out to use, and yoga balls and mats are in most classrooms.
- We have created closer ties with your growing Alumni Association – we look forward to the unfolding of the Buddy program as well as developing a Professional Directory (many current students are eager to see where our alumni are located and we know that such a directory may also foster better referral opportunities).
- Closer relationships have been fostered with other programs on campus (via faculty teaching and presentations) including Community/Liberation/Ecopsychology, Counseling, Myth and others.

Here are few other initiatives we are working on:

- I would like to create research and clinical emphasis areas in each program. These may include Community/Liberation, Indigenous, Somatic, and Community/Independent Practice emphases.
- I would like to facilitate a creation of a Student Council – a way for students to be connected across years and cohorts, to discuss their needs, and to have a voice and input in both the day-to-day as well as the overall functioning of our program.
- I am fostering a closer relationship with the Opus Archives, and hope that we can find ways to train and engage our students in archival research, which can lead to publications, presentations and more.
- We are working to streamline our syllabi.
- The Comprehensive Exam will now be a Comprehensive Exam Portfolio, a take-home exam with a focus not only on assessment of competencies through answered questions but also on students’ own narratives of ways they see themselves as competent clinicians and scholars.
- We will begin offering a Meditation time (Sangha in the Buddhist tradition) during each session.
- There also will be other opportunities to engage with meaningful rituals and faculty presentations.
- I am actively working to create a monthly interactive webinar series for all students in the Dissertation and Clinical Research Project stage of their work.

While I am excited by these new developments, I know that it does “take a village” to nurture these into life. I am committed to continuing to stay in open, engaged communication with students, and look forward to another academic year that fosters growth intellectually, emotionally, and spiritually. I hope that you, as our alumni, also offer your wisdom, support, and care in this process.

Oksana Yakushko (Chair)
Elira Gjata will be going on maternity leave starting on **October 27th** and returning **January 19th**. Her duties will be covered by our new temp, **Nick Sabatino**. Nick is being trained by Elira during this time and looks forward to meeting with you during the time you are in session.

Nick comes to Pacifica after 8 years working in high school administration, specifically in the area of Student Services. Having served as Dean of Students at Laurel Springs School, a college prep, online school based in Ojai, CA, and most recently as Attendance Coordinator at Hueneme High School, Nick brings a wealth of experience in training and supporting students to help them meet their individual goals and needs. In his addition to his administrative work, Nick has been a member of five WASC accreditation committees, including once as chairperson, and has coached high school football for 8 seasons in Ventura County.

A native of San Diego and graduate of Villanova University outside of Philadelphia, Nick came back to his Southern California roots after college and found a home in Ventura County. Currently residents of Oxnard, CA, Nick and his wife, Michelle, are expecting their first child in early 2015. Outside of his professional life and preparations for parenthood, Nick values the relationships and experiences he has with family and friends, and enjoys writing, reading, watching films, and athletics.

Nick is extremely excited and grateful to for the opportunity join the Pacifica community. He looks forward to supporting the students, collaborating with faculty and staff, and contributing to the mission of our program.

**Director of Clinical Training, Juliet Rohde-Brown**

Juliet Rohde-Brown, Ph.D. is a Licensed Clinical Psychologist. She was a core faculty member as well as the Director of Practicum Training in the Doctoral Program in Clinical Psychology at Antioch University, Santa Barbara for a number of years and she served in the role of Interim Chair for two years. Her articles and reviews have been published in such journals as *Sutra—The Thread: Journal for Research on Education, Psychology, Traditional Sciences and Systems, Health and Consciousness*, the *Journal of Divorce and Remarriage*, *Psychological Perspectives*, and the *Journal of Humanistic Psychology* and she has served as a reviewer for the *Journal of Contemporary Religion*.

She has done research and writing on the topic of forgiveness and her book is entitled *Imagine Forgiveness*. Juliet is a past-president of Imagery International, an organization composed of health and wellness practitioners who honor the role of the imagination in healing. She is a founding board member of Tierra Sagrada: Sacred Earth Foundation, an organization that honors and advocates for indigenous ways of knowing.

Other meaningful endeavors have involved co-facilitating restorative justice workshops, in which she has introduced role play, trauma education, and compassion-based imagery practices to inmates at Corcoran Prison and facilitating workshops and retreats at La Casa de Maria and other venues. Her relationship with her brain-injured brother, John, has informed her life and perspective on many levels. Her philosophical approach to life and work is grounded in humanistic values and depth/transpersonal pursuits. She has been involved with meditative practices for the past twenty years.
2015 Association for Women in Psychology
National Conference
San Francisco, CA
March 5-8, 2015

Visit the website for full details: http://awpsf2015.com/
Deadline: All proposals must be submitted by 11:59pm PST on October 15, 2014.

Conference Theme:
Restorative justice within a feminist psychological context is the theme of the 2015 AWP conference. Restorative justice is an approach to repairing communities after a crime in which survivors, offenders, and community members decide on ways to move forward and heal. Restorative justice emphasizes

Art and Psyche in Sicily
Layers and Liminality

Sicily - September 2-6, 2015

Submissions from artists and therapists of all persuasions and anyone with an interest in depth psychology are encouraged. We are looking for creative proposals that may range from ancient to contemporary subjects and from experiential workshops to formal papers. Our hope is that the overarching theme of layers and liminality will offer flexibility and open space for imaginative expression of mind, body and soul.

Proposals can be sent to artandpsyche.sicily@gmail.com by January 1, 2015. Acceptances will be sent by March 15, 2015.

Please contact the Art and Psyche Working Group for additional details.
Upcoming Conferences and Workshops

8th International Bion Conference

October 23–26, 2014
Early Bird Registration ends May 1, 2014. SAVE $50.
Space is limited.

http://bionla2014.org/

“Joining Bion’s ideas about groups, we will offer small and large group learning opportunities where facilitators will call attention to deeper unconscious meanings that may arise in the groups from our collective efforts to grapple with O. In addition, artistic presentations in poetry and dance will offer further access to the emotional experience of the ideas presented. Above all, Bion believed in learning from experience. This dedication to open inquiry and learning is reflected in the theme — psych’O’analysis: explorations in truth — focusing on Bion’s concept of O, and the central place he gave it in clinical work.”

Maine Friends of Jung
October 3-4, 2014
Robert Romanyshyn, PhD
Veronica Goodchild, PhD

Inner Journeys in the Outer World
"At times I feel as if I am spread out over the landscape and inside things, and am myself living in every tree, in the splashing of the waves, in the clouds and the animals that come and go, in the procession of the seasons." - C. G. Jung, Memories, Dreams, Reflections

Kresge Auditorium
Bowdoin College, Brunswick, ME

Weblink:
http://www.mainejungcenter.org/index.php/programs

C. G. Jung Society
Seattle, October 10-11, 2014
Veronica Goodchild, PhD
Good Shepherd Center

Songlines of the Soul: Pathways to a New Vision for a New Century

Weblink:
http://www.jungseattle.org/f14/f14good.html

This offering is based on Veronica’s new book. She will present an overview of the themes of her book, outlining the signatures of a new worldview. This new story focuses on the emergence of the subtle and imaginal realms coming back into prominence as spirit and matter reach out to each other to heal the fractures of a split that has led to a devaluation of the feminine, the repression of the shadow, and the degradation of our Earth.

Salt Lake City, Dec 5-6, 2014
Robert Romanyshyn, PhD
Veronica Goodchild, PhD

Inner Journeys in the Outer World

Please contact Veronica Goodchild for more details about any of her workshops: vgoodchild@pacific.edu
I received my BA in Psychology from California State University Northridge in 2007, and completed my MA in Counseling Psychology at Pacifica Graduate Institute in 2009.

I completed my doctoral degree from Pacifica in December 2013 and conducted my research on the integration of Somatic Experiencing® with psychodynamic psychotherapy. Concurrent with my doctoral studies, I completed the three-year Somatic Experiencing® certification and currently have a private practice in which I integrate both SE and hypnotherapy together to work with individuals who experience symptoms of trauma and pain.

I attended the Hypnotherapy Motivation Institute in 2005 prior to beginning my graduate studies, and it was this connection to the unconscious and the power of image and story that resonated with me at Pacifica.

I am currently preparing for the national and state licensure exams, and plan to move into private practice in the winter.

I have discovered that being a graduate from Pacifica has provided me with a perspective unique to practitioners from more conventional schools. I have found that the Pacifica culture is highly regarded by both patients and professionals in the field.

It has been a humbling and profound experience to have the privilege to connect people to the wisdom within their own psyches, and to feel the collective voice that Pacifica has endowed me with to move through me and help others find their inner guidance.

I remember so clearly being at the beginning of my journey, of sitting with so many other first-year students, both in the Master’s and the doctoral programs, and wondering where it would take me. I remember worrying about finding not only a viable dissertation topic, but the right one, and wondering what my unique voice would be.

My advice to those just starting this adventure is to loosen your grip just a bit; don't forget to take in the sacred beauty of the Pacifica campus, to connect to your fellow students, and to soak up the experience as it flies by so quickly. But most of all let go and trust the process. It's a wonderful and wild ride!
Can you tell us a little bit about your background and current work?

I completed my undergraduate studies at the University of Calgary, Canada. From there I moved back to my hometown of Laguna Beach and began working in geriatric mental health. I worked for a company that screened older adults for various types of psychopathology. It was during this time that I decided to go back to school and pursue my doctorate at Pacifica. I liked the ideas of Jung and Freud, but I loved Hillman. Really I had no clear idea or intention to become a psychologist - and still don't -- but I was called to the work of these minds, and believed I could carve a career in some field with this kind of depth sensibility. Throughout my internship at various drug and alcohol treatment centers, I found this calling, or, rather, it found me. I'm currently the CEO of Akua Mind & Body, a holistic drug and alcohol detoxification center located in Orange County, CA.

What role does Pacifica training play in your professional and personal life now?

For me, Pacifica has not been a stagnant university I once attended and that propelled my career. What Pacifica does is....it shapes the way you live the world, the way you see events -- and see through events -- it provides deeper dimensions to all areas of life, as psyche is everywhere. The training specifically has allowed me to understand what's really going on in various situations, from clinical to business. Pacifica is in my bones. You don't just turn it off.

What advice could you give to current students about preparing for work after graduation?

Study business development, marketing, and finance!! Push for Pacifica to offer business courses or workshops in clinical program, especially, especially, especially marketing. The business of psychology was something I had to carve my own crash course in once I graduated. Every Pacifica student should pick up 'Selling the Invisible' and anything written by Drucker. Too many clinicians cannot create a living simply because they don't have a working understanding of running a business.
Meet our new adjunct faculty member...

Douglas Thomas, PhD, LCSW

Douglas Thomas, PhD, LCSW has a private Jungian-based psychotherapy practice in Pasadena and he teaches as adjunct faculty at Pacifica Graduate Institute in Carpinteria, California in both the depth psychotherapy and clinical PhD programs. He has presented workshops and talks throughout the state of California on LGBTQ issues and on dream therapy, his two areas of specialization.

Dr. Thomas holds a masters degree from the USC School of Social Work, and a PhD in Depth Psychology with an emphasis in psychotherapy from Pacifica Graduate Institute. With over 15 years of experience in the community mental health setting, he has worked as a supervisor, trainer, and program director overseeing field-based children’s programs located in the San Gabriel Valley.

Over the past decade he has studied and refined Steven Aizenstat's method of Dream Tending through ongoing training and collaboration with its creator in workshops, seminars, and retreats. With a background in music as a classically trained singer, Dr. Thomas has maintained a lively interest in the intersection between depth psychology and musical experience. He recently co-authored an article for the International Journal of Jungian Studies, Wagner’s Parsifal: Approaching the numinous unknown.

For more information, visit Dr. Thomas’ website at drdouglasthomas.com.

Student Updates and Highlights

* John Valenzuela recently published a blog post at Psychology Today about dream work. You can read it here [Dreaming: Random or Meaningful?](#)

* Janet Brito was accepted to the University of Minnesota Postdoctoral Clinical/Research Fellowship in Human Sexuality, one of the few training programs in the country specializing in sex therapy and education. As a fellow she will provide individual, family, couple and group psychotherapy for a wide range of sexual dysfunctions, and problems as well as complete a research project. After completing the two-year fellowship, her aim is to practice in the independent sector as a clinician, educator, and consultant in the area of sexual health.

* David Burston just published *Psychological, Archetypal and Phenomenological Perspectives on Soccer* (Routledge). Here is a brief overview: Soccer, or football, attracts vast numbers of passionate fans from all over the world; yet clinical psychology is yet to study it in depth. In this book, David Huw Burston, a consultant football psychology and performance coach, uses a phenomenological research method inspired by Amedeo Giorgi to consider what we can learn from the spirit of the game, and how this can be used positively in the consulting room and on the field of play. More details here: [David Burston](#)
Josh Cohen is working on publishing a book. Below are Josh’s own words about the publication. It is in the editing stage, and will hopefully be published some time in 2015.

“This book brings together experts and practitioners from around the world representing all kinds of perspectives and disciplines, all writing about one common theme: the healing potential of filmmaking. From psychologists to art therapists to anthropologists, the authors represented in this book have all found ways to use the process of filmmaking to help change individuals, groups, and communities and incite a therapeutic revolution that embraces the democratization of creative expression. This book is the first of its kind and as such will be a cornerstone of the literature representing this exciting and growing field.”

Denise Maratos was awarded the Cornelius Hopper Diversity Excellence Award, a national scholarship, for the research she is conducting in collaboration with the UCLA School of Medicine.

Tamara Bolding was one of 4 recipients of the Chahta Foundation Scholarship. You can read a press release here: Chahta Foundations presents awards to four scholars

Omyda Hernandez will be presenting at the Access Institute. If you will be in the Bay Area in October, details of her presentation are below.

Space is limited.

Please RSVP to Susan Mayer at susan@accessinst.org, or by phone at (415) 861-5449 ext. 301

Topic: Are These Problems Neurological or Psychological? A Nuanced Approach to Understanding Behavior Through Psychological Assessment

Presenters: Omyda Hernandez

When: Tuesday, October 28, 2014

Time: 12:15pm to 1:45pm *

Location: 110 Gough Street (between Page St. and Oak St.), 3rd Floor, Suite 303

*Brown-bag lunch

Topic Description: In 1948, the American Psychological Association officially adopted the medical model, by which it currently conceptualizes psychological illness. This natural science paradigm remains dominant in mainstream psychology today. Psychological testing, defined as an “objective and standardized measure of behavior” offers tools in understanding behavior, with neuropsychological evaluations being at the forefront of assessing attention, learning disorders and emotional issues, particularly among children and adolescents.

In the recent cultural trend toward seeking biological explanations for understanding behavior, the utility of comprehensive psychological testing is often poorly understood and devalued by psychoanalytically oriented clinicians. Psychological testing is often “othered” into the realm of behavioral psychology, and psychoanalytically informed clinicians sometimes find themselves unsure of how testing can lend itself to a psychoanalytic understanding of their clients.

The objective of this presentation will be to demonstrate the utility of psychological assessment in helping to clarify diagnostic issues, and to show how objective data can be integrated into a complex understanding of psychological functioning. This presentation will highlight a case of a 12-year-old boy that presented at the Access Institute for Psychological Services to be assessed for ADHD, learning problems, and behavioral issues. The presenter will elucidate the process of psychological testing, and demonstrate how integrating the findings of neurocognitive, achievement, and projective measures were used to help the boy and his family gain and better understanding of the unique and complex dynamics that were at play.


Dissertation and Clinical Research Project Completions

Daniel Anderson  
Giegerich’s Psychology of Soul: Psychotherapeutic Implications  
Chair: Michael Sipiora

Richard Caro  
The Heroic Shadow: Development of the Ego/Shadow Complex  
Chair: Michael Sipiora

Smadar de Lange  
The Field of Silence and Contact Layers  
Chair: Paul Gabrinetti

Deborah Ferera  
Maternal Attachment and the Transfiguration of Sorrow into Acts of Self-Injury  
Chair: Paul Gabrinetti

Bryce McDavitt  
Partnering the Felt Self: A Contemporary Uranian Psychoanalytic Approach to Active Imagination for Gay Men  
Chair: Avedis Panajian

Bryan McNutt  
Disenfranchised Grief and Resilience Among Gay Widowers: A Phenomenological Exploration  
Chair: Paula Thomson

Anne Perkins  
Experiences of Addiction: From Onset to Recovery, A Phenomenological Investigation of Six Adult Men in Substance Abuse Treatment Programs Concerning Their Experiences of Addiction  
Chair: Richard Kelliher

Ary Ziv  
Dynamics in Interactions with Digital Technology: A Depth Psychological/Theoretical Exploration of the Evolutionary-Biological, Symbolic, and Emotional Psyche in the Digital Age  
Chair: Richard Kelliher

Jaclyn Deilgat  
Involuntary Commitment: A Phenomenological Examination of Individuals Diagnosed with Schizophrenia  
Chair: James Broderick

Katherine Dublinski  
Self Knowledge and Mystical Union: The Transformation of Consciousness  
Chair: Oksana Yakushko

Jorge Gomez  
Shadow, Archetype, and Projection in Arizona Lawmaking: The Psychological Impact of SB 1070 on People of Hispanic Descent in Arizona  
Chair: Wendy Phillips

Andrew Kami  
Beyond Nature versus Nurture: The Development of Personality through Digital Projection  
Chair: Matthew Bennett

Lisa Marie  
Seeing Through Language: Language as Instinct, Language as Archetype  
Chair: Michael Sipiora

Ifat Peled  
Transformations in the Therapist’s Psyche Through Working With Borderline Patients  
Chair: Lisa Sloan

Pamela Percy  
Mourning and Transformation: A Phenomenological Study of Living Through the Journey of Grief  
Chair: Christine Peterson

Judy Radloff  
Affect and Archetype in Early Infancy  
Chair: Richard Kelliher

Jeffrey Riffle  
Corpsman Up: The Lived Experience of PTSD in Navy Hospital Corpsmen Who Have Served in Combat with Marine Corps Units in Iraq and/or Afghanistan  
Chair: Matthew Bennett

Janet Brito  
Chair: Wendy Phillips

Raymond Coppola  
Degrees of Freedom: The Experience of Character Armor and its Gradual Softening  
Chair: Lisa Sloan

Meghan McKenzie  
A Phenomenological Exploration of Adult Women’s Experiences of Indirect Aggression  
Chair: Oksana Yakushko

Om Sharma  
A Narrative analysis of the lived experience of Addiction and Sobriety in the context of Alcoholic Anonymous (AA) based sponsor/sponsee relationship  
Chair: Paul Gabrinetti

Mabel Vasquez  
A Study of Intergenerational Transmission of Resilience in Latina Mother/Daughter Dyads in Southern California  
Chair: Oksana Yakushko

Natalie Zhikhareva  
Interpretative Phenomenological Analysis of Projective Drawings of Pre-Operative Male-to-Female Transgender Individuals Perception of Their Genitalia  
Chair: Christine Peterson