

Winter 2016

Clinical Psychology Program Newsletter

A Note from the Program Chair

Dear Clinical Students,

As a greeting to this new calendar year I wanted to ask "What is it that bothers you in the world?"

As I write, I know that some of the answers will be individual personal responses to things not well in your life, and that (ahem) some of your academic needs may be addressed by me as the Chair of our Psy.D. and Ph.D. programs (do bring your concerns up to me and us).

But in my question, I wanted to invite you to consider being open to suffering and problems visible to you in our world. I know the list can be long. And I also know that many if not most of you are working with individuals and communities in the way that seeks to address these varied levels of suffering through your presence as clinicians.

Still, I wanted to invite myself and all of us as a clinical community is to support and nurture our radical edges that indeed become hot and bothered by cultural and institutional injustices. I believe that depth psychological perspective can contribute a great deal to addressing these injustices, and I want to garnish our collective rage and power to address them. To name a few that are visible in our culture:

- ◆ Racism that leaves so many dead and wounded
- ◆ Scapegoating of immigrants, especially undocumented immigrants
- ◆ Homophobia that continues to dictate relational spaces and vilify that which is not considered "the norm"
- ◆ Sexism that leads to denigration and violence
- ◆ Environmental crimes that place profits over value of the Earth
- ◆ Continued growing divide between those who are very rich and who are very poor

I know that we can address these issues on many varied levels (e.g. voting, writing petitions, being active in our communities), and hope that we do find spaces for our voice and actions that stand up to these problems – our depth perspective allows us to see how even subtle forms of these prejudices and actions can perpetuate hurtful unconscious attitudes at all levels; how collective social unconscious values will display themselves as "truths;" how the anger and rage at the injustice will be turned on communities themselves; and how personally retching it is to receive projections based on these split-off attitudes.

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I also wanted to recognize that many of us form our community around reflecting on and rejecting the push toward theoretical monoculture in the field – mental health treatment as defined only by behavioral and cognitive-behavioral standards and values. I hope all of you have seen what research actually shows: that CBT only experiments on large scale fail and hurt people; that depth approaches show amazing efficacy. Our library has put together a collection of articles and links on efficacy of depth approaches on Pacifica's website. It does bother me that, whereas there is such value and strength in depth traditions, and that it has such international recognition and standing, that it is vibrant in so many disciplines outside of psychology BUT not in our field.

I am in active dialogue (presenting, publishing, joining groups) with many in psychology and outside of psychology about these issues. And in this introduction to our newsletter, I want to highlight how many of YOU are also doing the same – through your clinical work, community activism, writing, presenting.

A large group of us will be attending and presenting at the psychoanalytic conference in Atlanta this April – the conference name is aptly "Hot and Bothered." Another large group of us will be presenting at the APA convention in Denver (I am co-chairing two cross-divisional presentations on ethics and theoretical monoculture as related to what we learned in the Hoffman report). Dr. Sipiora is presenting on the importance of humanities in psychological education and work as well as the dangers of stripping psychology of the focus on humanities. Another group of faculty and students is attending a conference on Psyche and the Earth in New Mexico with their work focused on environmental justice and embodiment.

Many of you are involved in forming a Chapter of *Psychologists for Social Responsibility* with students from other programs on campus [see page 6]. This organization draws on many psychologists to come together in addressing such issues as racism, prison system injustice, use of torture, immigration system, and environmental degradation. I also recommend joining other organizations, such as Chapter IX of the Psychoanalytic Division 39, APA, which focuses on the psychoanalytic community's response to social issues.

Among their members are remarkable psychoanalytic scholars and clinicians (such as Layton, Harris, Altman and others) with focus on using psychoanalysis to address poverty, racism, homophobia, gender discrimination, ethnocentrism and more.

I appreciate the space that all of us create and nurture in our clinical program and at Pacifica – to question, to diverge, to offer alternative perspectives and answers. I hope that we remain comfortable with things that bother us – make space for seeing and being with the suffering in the world – rather than using positive platitudes or individualized rationalizations.

And in the midst of it, I hope that we offer support, space for multiple perspectives, listening, comfort, and compassion to each other – as a community.

Honored to work with
you all as a Chair,

Oksana Yakushko



"But I don't want comfort. I want God, I want poetry, I want real danger, I want freedom, I want goodness. I want sin."

"In fact," said Mustapha Mond, "you're claiming the right to be unhappy."

"All right then," said the Savage defiantly, "I'm claiming the right to be unhappy."

"Not to mention the right to grow old and ugly and impotent; the right to have syphilis and cancer; the right to have too little to eat; the right to be lousy; the right to live in constant apprehension of what may happen to-morrow; the right to catch typhoid; the right to be tortured by unspeakable pains of every kind." There was a long silence.

"I claim them all," said the Savage at last.

Aldous Huxley, *Brave New World*

News from the Clinical Training Office

Greetings from the Clinical Training Office!

We hope that 2016 is going well for you thus far! It was wonderful checking in with many of you during the first session of our Winter term!

For all of you seeking **Practicum** placements, consistent communication is very important. That way, we get to know you better and we are able to check in about current needs and processes with your clinical work.

It is always a good idea to review the Clinical Handbook for the proper protocol and required paperwork. Some of the forms have a similar look, so do make sure that you double check which ones have been completed and do keep copies of everything for your own files.

For those of you applying to **Internship** programs, we are now in the time period of the APPIC and CAPIC application and interview process. Below, you will find a timeline for applications, interviews, and notification days for both APPIC and CAPIC. We posted these in the Fall newsletter as well, but it is always good to have reminders. Please register as soon as you can for either or both of these systems. You may jump on board at the APPIC Phase II or CAPIC Clearinghouse phase as well. Explore the sites thoroughly to make sure that you meet the application criteria and that the site meets your needs. It is also very important to review your state board of psychology website and/or to call their office so that you will know what they expect for licensure as well.

The predominant feedback from sites is exceedingly positive about those of you who are engaging in practicum or internship! The kind of training that you receive in depth psychology truly distinguishes you in regard to your capacity for clinical insight and case conceptualization. At least three sites have asked specifically for Pacifica students.

We look forward to seeing you in person when you are on campus! In the meantime, feel free to contact us anytime.

We are here to collaborate with you and serve you!

Juliet Rohde-Brown, Ph.D. and Bridget Carlson

CAPIC Match Schedule

- ♦ **11/30/15** Creation of Student Application Materials Is enabled.
- ♦ **2/5/16** Submission of Student Application Materials enabled.
- ♦ **2/26/16** CAPIC Match Student Application Deadline.
- ♦ **3/14/16** CAPIC Match Ranking Opens.
- ♦ **3/17/16** Do Not Intend to Rank deadline.
- ♦ **3/24/16** CAPIC Match Ranking deadline.
- ♦ **3/29/16 – 4/30/16** CAPIC Match Notification Day. Match results posted at 8 am (PDT).
- ♦ **5/1/16** CAPIC Post-Clearinghouse opens and runs indefinitely.

Click for the [full schedule](#)

APPIC Match Schedule

PHASE I:

- ♦ **2/3/16** Deadline for submission of Rank Order Lists for Phase I of the Match.
- ♦ **2/19/16** APPIC Phase I Match Day: Results of Phase I of the Match will be released to applicants and training directors.

PHASE II:

- ♦ **2/25/16** The deadline for applicants to submit applications to programs that are participating in Phase II of the Match.
- ♦ **3/14/16** Deadline for submission of Rank Order Lists for Phase II of the Match.
- ♦ **3/21/16** APPIC Phase II Match Day: Results of Phase II of the Match will be released to applicants and training directors.

Click for the [full schedule](#)

Psy.D. Program Update: Dissertation Innovation

Jim Broderick, Ph.D.

During the last *Pacifica Introduction Day*, applicants were asking why Pacifica decided to develop a Psy.D. degree. For me the answer was easy. Having been at Pacifica for nine years, I have been impressed that Pacifica is always looking for ways to innovate - to be current in developments in psychology and depth psychology.

Applicants were impressed that Pacifica had reached out to national scholars for consultation and support to evaluate current trends in clinical psychology, which led to the development of the Psy.D. Program.

In fact, we made decisions to move forward just after Jonathan Shedler's inspirational visit to Pacifica in 2011 (yes, psychodynamic psychotherapy is evidence-based!) In a very short time, with the support of Shedler and other national scholars, Nancy McWilliams and George Stricker, as well as strong administrative and faculty support, Pacifica successfully procured WASC accreditation in 2012 for the Psy.D. degree.

In 2013-2014 we admitted our first full class. Our current third year Psy.D. class has led the way through all the growing pains that normally occur with any new program and are now in the process of completing one of the major innovations of the Psy.D. degree: the integrated dissertation, during the fourth year of the curriculum.

At the end of their second year, Psy.D. students selected their dissertation Chairs and are currently being supported through their Psy.D. research courses, and by their dissertation Chair, to complete their proposal with the goal of dissertation approval by the end of the fourth year.

Through dissertation curriculum integration there is no more fighting to find a dissertation Chair. Because there are no summer sessions in the Psy.D. program, students have time, not only to work on their dissertations, but to also immerse themselves in clinical training at their practicum sites.


Certainly, the new process is a challenge for both students and faculty, but by the end of the fourth year Psy.D. students will now be free of dissertation pressures so they can spend their fifth year focused only on their internship.

Having a completed dissertation will make our Psy.D. students more competitive in procuring internships in this very challenging training environment. Another advantage of dissertation integration is that research interests can develop, not only from a student's conscious and unconscious processes, but also from the clinical experiences at their practicum sites.

In 1925, Loyal Crane first advocated for a special applied doctoral degree in psychology - a Doctor of Psychology (Psy.D.) degree. Although it has taken awhile to become a reality, those who were the founders and those who have become the current Psy.D. visionaries imagined a degree path where research serves to improve clinical work, whether the practice be in a psychotherapy office or in managing an organization. Their vision also emphasized that completing a dissertation should no longer delay a doctoral student's practice of clinical psychology: our Pacifica Psy.D. students are now putting that vision into reality.

Considering the challenges, I especially want to acknowledge our third year class (see page 5); they have inspired us as they have taken on the challenges of being the first Psy.D. class with openness and dedication - utilizing the archetypal energies of the adventurer, explorer and trailblazer. Through the spirit of the Psy.D. degree they are truly living and practicing the Pacifica Mission - *animae mundi colendae gratia* - for the sake of tending soul in and of the world.





**Congratulations and thanks
to our trailblazing
Psy.D. students!**

Third year Psy.D. Cohort

**Michelle Evans
Em Goodman
Jeannine McAdams
Deanna Mercado
Bella McCloud
Ciara Murray-Young
Marcia Nimmer
Katherine Smith
Nancy Withers**

Pacifica Graduate Institute Celebrates 40 years

Pacifica is celebrating its 40th anniversary!

In addition to outstanding presentations occurring year around to honor our Institute, please consider attending the 40th year conference, April 21-24, with focus on work and ideas that truly tend to both the body and soul of the Earth and ourselves. Such speakers as Vandana Shiva, Thomas Moore, Michael Meade, Patricia Berry, Toshio Kawai, Chris Hedges and Richard Tarnas are among presenters .

Wow!

Our own remarkable faculty and affiliate faculty such as Drs. Sipiora and Cambray are also presenting. Please click here [to register](#).



Welcome to PGI Provost, Dr. Joseph Cambray

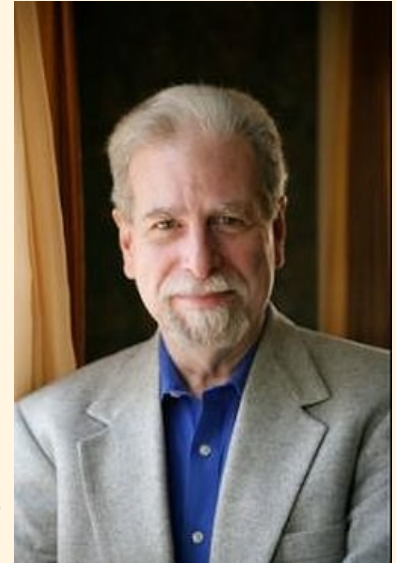
Join us in welcoming Dr. Joseph Cambray, Pacifica Provost.

We are delighted to have Joe teach courses in our clinical programs and to support him in his leadership role. This winter quarter he will be teaching CP 745 *Post-Jungian Psychotherapy* to our third year Ph.D. students.

As many of you know, Dr. Cambray is among the foremost Jungian scholars in the world.

Among his many accomplishments in the field, he is the Past-President of the International Association for Analytical Psychology (IAAP). He was also the President of the C. G. Jung Institute of Boston, U.S. Editor in Chief of the *Journal of Analytical Psychology*, and served on the editorial board of *Jung Journal: Culture & Psyche*. He was also a faculty member at the Center for Psychoanalytic Studies, Massachusetts General Hospital; Department of Psychiatry, Harvard Medical School; and Visiting Professor, Kyoto University, Graduate School of Education. He currently is a Regional Organizer for Asia on the IAAP's Educational Committee.

Dr. Cambray's publications include "Synchronicity: Nature & Psyche in an Interconnected Universe" (Fay Lecture Series); "Analytical Psychology: Contemporary Perspectives in Jungian Psychology", co-edited with Linda Carter (also our new adjunct faculty); and, numerous articles, book chapters and professional reviews. In addition, he served on various editorial boards, such as the *Israel Annual of Psychoanalytic Theory, Research and Practice* and *Psychoanalytic Psychology*, the professional journal of Division 39 of the APA.



Psychologists for Social Responsibility Chapter Coming to Pacifica



Students from across all PGI programs, including several from Clinical, are in the process of forming an official chapter of PsySR.

Our faculty, alumni, and students have long been involved individually in the organization and, as a natural evolution, this student-initiated chapter will focus on addressing and advancing PsySR's work on social issues facing communities and providing a strong voice for justice within the profession.

Once our chapter is formed, students will engage with events and projects with PsySr, including organizing webinars around topics of their interest, and, potentially, creating a student-organized PsySR regional conference that can bring together graduate students and faculty from a number of programs in the Western states. To join the PGI the chapter, please contact the Clinical Program Administrator, [Nick Sabatino](#). Click here for more about [Psychologists for Social Responsibility](#)



CONGRATULATIONS !

**These outstanding
current students have
received prestigious
mentoring awards from
APA's Division 39,
Psychoanalysis, Section
on Multicultural
Concerns :**

**William James Jones
Kenji Miyamoto
Nadia Khalil Thalji
Justin Weiss**

Elizabeth Schewe

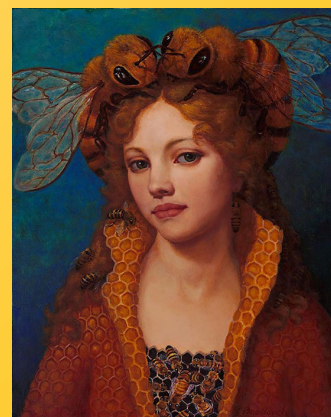
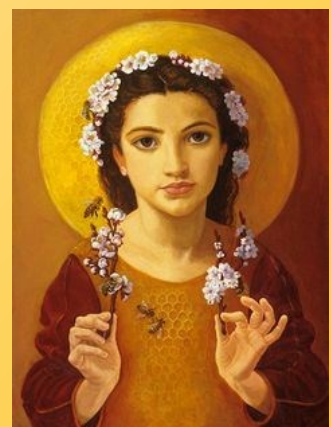
**(advanced dissertation and internship student)
was accepted for a two year post-doctoral
training position at Hampshire College, MA,
a site known for its psychodynamic and feminist
training!**

Professor Emerita, **Veronica Goodchild, Ph.D.**, walked a second part of the ancient *Le Puy* Camino in South-West France from mid-September to mid-October last fall. Beginning in the beautiful mediaeval village of Conques where she completed her pilgrimage in 2013, she walked solo for another 28 days to the small town of St. Jean-Pied-de-Port on the Spanish border, the place where all the pilgrimage paths from Europe link up before the Camino de Santiago ascends the Pyrenees and enters the routes across northern Spain as the *Camino Frances*.

Veronica responds to an inner call to make these meditative walks, and does so as a contribution to our Earth in these times of environmental stress on so many levels, both inner and outer. She finds that as she engages the challenges and arduousness of the Path, she slowly gets out of her mind and into her heart. In that place, the web of life - what the alchemists called the *lumen naturae*, light of nature, or *anima mundi*, soul of the world - comes alive and she experiences nature as vibrant, and herself as a small cell in a broader arc of creation that links earth and stars. She receives the message that our Earth wants to be loved, and not only fretted over.

Veronica is in the process of writing up her experiences along the Way, including her engagement with talking stones, ringing bells, sacred fountains, magical forests, and a snake on the floor of a chapel to the goddess. Her experiences have led her to two different but related shamanic traditions: the Path of Pollen, Way of the Melissae, an ancient indigenous European path based on the symbolism of the Sacred Bee; and an Andean mystical path, dedicated to personal and planetary healing service to our sacred Earth. These traditions extend Jung's individuation to a more direct relationship with Nature, sacred sites, oracular traditions, and pilgrimage walking, one that Veronica feels is essential in our current ecological and spiritual crisis. Following these inner journeys in the outer world, have led her to title her new book, *Walking the Songlines of the Soul*!

Veronica will be giving a talk on her book *Songlines of the Soul* and some of her experiences while walking, to the C. G. Jung Club in London on May 14th, 2016. The title of her workshop is: "Songlines of the Soul: Psyche, Nature and 'Celestial Earth.'" (www.jungclub-london.org)



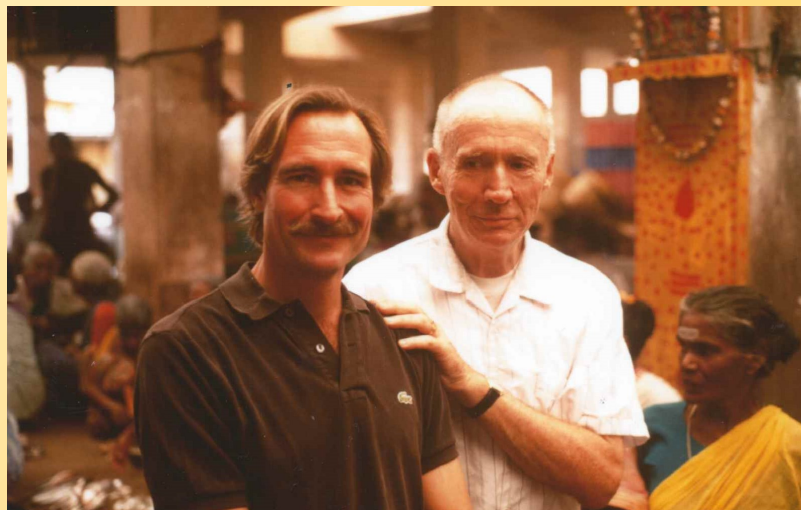
Faculty News – Winter 2015-2016



Robert Romanyshyn, Ph.D. retired this past August (2015) and is now an honored Emeritus Professor; this has not slowed him down. In February 2016, he will present his DVD, *Antarctica: Inner Journeys in the Outer World*, at the *World Soul Conference: Awakening Ancient Bonds with the Living Soul of the World*, sponsored by the Limerick School of Art and Design in Clonmel, Ireland. He will also conduct two workshops for art therapists on Dreams, Active Imagination and Body Work.

On March 13, Robert will give the keynote address at an art opening and three day conference *The Body Eclectic: Exploring the Diversity of Bodily Being*, sponsored by Thompson Rivers University Gallery in Kamloops, B.C., Canada. His presentation, *The Frankenstein Diaries: The Untold Story*, will be preceded by a panel discussion with artists on the topic of embodiment and phenomenological experience.

Duquesne University, Robert's *Alma Mater*, has invited him to present a lecture for their archives. His presentation, *On Be-coming and Un-becoming a Psychologist: A Biography of Psychology told from the Margins*, is scheduled for April 1, 2016. His lecture will be preceded by a filmed interview for the archives. The theme of the interview is Phenomenological Psychology: Re-Collections and Reflections.



Dr. Gary Groth-Marnat (left), our clinical Emeritus faculty and foremost authority on assessment, also has many other connections to depth psychology you may not know about. Among these is his life-long connection with Robert Johnson (the renowned Jungian scholar and writer, author of *He, She, We*, *Inner Work* and many other Jungian books that shaped our field).

This picture shows Gary and Robert in India—one of the trips that they frequently made together. Robert speaks about these trips to India, which he took yearly for many decades, in several of his books and recorded interviews. We hope that Gary might share about his connection with Robert in our upcoming newsletters.

Faculty News – Winter 2015-2016



Avedis Panajian, Ph.D. has just returned from lecturing at the Graduate School of Psychology and Insitutute of Object Relations in Seattle, WA. His lecture was "What Makes a Psychotherapist" and he offered a seminar on "Psychosis and Psychotic aspects of Personality." He has written two articles that will be forthcoming from Karnac Books in London: "Toleration" in honor of James Grotstein; and, on "Hysteria" to be published for an International Conference on Wilfred Bion. He will be editor of "Contemporary Freud: Lay Analysts," a series on contemporary readings of Freud, sponsored by the International Psychoanalytic Association.

Juliet Rohde-Brown, Ph.D. (with Dr. Elizabeth Wolfson) will present "Adults Giving Care to Adults: Existential Perspectives on What is Gotten, Given, and Given Up" as a two hour CE presentation at the [9th Annual Conference of the Society for Humanistic Psychology \(Division 32\) of the American Psychological Association](#) in March, 2016. In June, she will present "The Image of the Desert: An Experiential Workshop" at the [2016 Jungian Society for Scholarly Studies](#) Conference "Earth/Psyche: Foregrounding the Earth's Relations to Psyche" in Santa Fe, New Mexico.



Oksana Yakushko, Ph.D. will be taking sabbatical during most of the Spring 2016 to enjoy creative writing and to finish some of her research and publishing projects. She is:

- ♦ The primary editor of the Special issue on Indigenous Psychologies and Women in the *Women and Therapy* journal - including 20 articles from around the globe and the U.S., with work by Pacifica faculty and students. To be released in summer 2017.
- ♦ Co-author of an article with clinical student Anthony Bonavita on spiritual care, forthcoming in *OMEGA: Journal of Death and Dying Studies*.
- ♦ Member of the Training Committee of Division 39, Psychoanalysis, APA.
- ♦ Presenting on immigration, in April, with Pacifica students at the upcoming Division 39, Psychoanalysis, conference, ["Hot and Bothered: Coming Together Without Falling Apart"](#)
- ♦ Publishing upcoming chapters on integrative practices in the revised *Handbook of Multicultural Psychology* and on psychotherapy with immigrants and refugees in the *Oxford Handbook of Psychotherapy*.
- ♦ Working on several revisions of articles with students and colleagues. Among the new projects is an article recently submitted (together with Eva Blodgett, clinical student) entitled "Negative reflections on positive (counseling) Psychology" and an article (with Eva as the first author) entitled "Broken Lives - a phenomenological study of survivors of Stalinist persecutions."
- ♦ Enjoying an award received for a recent publication on attitudes toward immigrants.
- ♦ Sought out for interviews on her work on xenophobia: [Discovery News](#)
- ♦ Co-authoring several entries for the forthcoming *Encyclopedia of Gender* with our clinical students.

Adjunct Faculty News – Winter 2015-2016



Lee Weiser, Ph.D. (PGI 1999) has recently published an article in the Dec. 2015 edition of *Psychological Perspective: A Quarterly Journal of Jungian Thought*. The article is titled "The Zombie Archetype: Living in a Viral World." This follows a piece titled "[Zombies: A Brief Natural History](#)" written for the *Archive for Research in Archetypal Symbolism* (ARAS) published on the website in June. The ARAS article developed out of a presentation at an International Association of Jungian Scholars conference in Phoenix called "Why Do You Feed Salt to a Zombie?" Dr. Weiser has been teaching the Advanced Research courses in the Clinical Psy.D. program.

Sukey Fontelieu, Ph.D. LMFT presented at the IAAP's 2nd conference on Analysis and Activism: Social and Political Contributions of Jungian Psychology in December 2015. Her talk was on "The Nymphs' Relationships with the Greek God Pan: Thoughts Toward Bringing Balance to Hyper-masculinity in Modernity." She also published the journal article "Geronimo and a Puritan Complex in America: Exceptionalism, Manifest Destiny, and Cultural Complex Theory" in the *International Journal of Jungian Studies*. "



Paula Thomson, Ph.D. works in private practice in Tarzana, California and is a Professor at California State University, Northridge (Department of Kinesiology). She works primarily with individuals who have trauma histories, dissociative disorders and/or issues with blocked creativity. With Dr. S. Victoria Jaque she has many recent publications. She was recently the keynote speaker at the [International Association for Dance Medicine and Science](#), addressing "Differences between dancers with high and low internalized shame: A psychological profile." She has also recently given numerous presentations at conferences for the International Society for the Study of Trauma and Dissociation Conference (ISSTD), UCLA & Lifespan Learning Institute,

Jason Butler, Ph.D. (PGI 2012) is currently on the faculty of the Holistic Counseling department at John F. Kennedy University. He recently delivered a four part lecture series on Analytical Psychology to The Moscow Jungian Association and Institute, a vibrant large collaborative of Jungians in Russia. His book *Archetypal Psychotherapy: The Clinical Legacy of James Hillman*, is part of the Routledge series on Research in Analytical Psychology and Jungian Studies.



Gary Glickman, Ph.D. published *The Scrolls of Nef* (Hand to Hand, 2015), "a novel of transformation and healing in dire times," and co-produced "[Meine Seele](#)," a musical premier using lyrics from Jung's *Red Book*. In addition to his private practice in Santa Monica, he co-facilitates a training program for [ThreeFold Way](#) which integrates archetypal and body-centered group healing practices. In 2016 he will be co-facilitating the third annual Mindful Movement/ Talking Story retreat on the Big Island (www.kalani.com).

Clinical Psychology Graduate Highlights

Doug Henry, Ph.D.

What was your work path, following graduation from Pacifica?

I went to work full-time for four years in the inpatient psychiatric unit at Santa Barbara Cottage Hospital where I did evaluations, group, individual, and family therapy, was also in private practice in SB, and did training and consulting work with the SBPD (Hostage) Negotiation Team and the CIT – Crisis Intervention Team of the SBPD as well.

After working with acute patients, I was eager for a change. While locked inpatient hospital work is terrific training - you really see crises so often that you are less likely to be shocked or flustered over time - it is difficult and even unhealthy, for many psychologists, to sustain this for long periods. My next position was as lead assessor for Santa Barbara County department of Alcohol, Drug, and Mental Health Services (ADMHS), in the Calle Real Adult Outpatient Clinic. Upon licensure in California I was promoted became fluent in managing teams of mental health professionals. This too was a tremendously valuable experience: I gained insight how to be effective in an environment where clinicians are overloaded by the number of patients seeking services and the scope of their needs. As we all know, this is characteristic of the majority of the behavioral health systems in the U.S., particularly public systems.

After several years at Calle Real, and the birth of our first child, my wife Claudia and I decided to return to Pittsburgh, PA where I was born and raised. I took a position with the University of Pittsburgh Medical Center as Clinical Administrator for Child and Adolescent Psychiatry.

The hospital where I work is actually a large system with more than 400 dedicated inpatient



psychiatric beds, and more than 100 outpatient clinics and programs across Western PA, Ohio, and West Virginia. My role has grown over the years to include the UPMC Center for Autism and Developmental Disorders, Eating Disorders, and integrated BH services.

I am responsible for basically all of the operational components of three inpatient units, 45 or so outpatient clinics, and a licensed private school for students with acute BH challenges. I still see patients and provide direct supervision to pre and post doctoral interns, among others. My role is dynamic and includes lots of interesting elements including school and primary care-based clinics and specialty clinics. My focus remains providing families easy access to the highest quality behavioral healthcare – a continuously evolving goal, as new treatments and service models are both needed and discovered all the time.

How has Pacifica prepared you for your current position?

Pacifica's Clinical Psychology program was awesome for me. It provided a rock-solid foundation in so many areas: conceptualizing psychological development and personality formation; psychotherapy and interpretation; assessment; even research methodology. The faculty was outstanding generally, and offered some of the brightest luminaries that I am so blessed to have been exposed to: Avedis Panajian, Allen Bishop, Robert

"Pacifica has anchored me in soulfulness, in depth psychology which is the antidote, and the only antidote, for practicing in an increasingly concrete, trite, and superficial society."

Romanyshyn, Steve Aizenstat, Dawn George, and Lionel Corbett, among others. I enticed Michael Sipiora, my favorite professor from Duquesne University (my alma mater) to visit Pacifica because I thought it was so wonderful. [Dr. Sipiora is now a PGI core faculty member]

Most importantly, Pacifica has anchored me in soulfulness, in depth psychology which is the antidote, and the only antidote, for practicing in an increasingly concrete, trite, and superficial society. This is especially important as my professional career has been spent mostly practicing within a medical model, one which I hope that I have been able to add depth and humanity to, thanks to Pacifica.

What would you recommend to current students at Pacifica in preparation for their professional careers?

Do not limit your consideration of post-graduation employment options to arenas that have awareness and appreciation for depth perspectives. The world of medicine and the world in general is crying out for you - it is desperately in need of you! Today, there is a growing awareness of something missing in the training and practice of physicians and non-depth psychologists in the U.S. You, and what you know, are what is missing. It is far more effective to approach system-change by influencing from within, than by throwing stones from outside.

Clinical Psychology Graduate Highlights

Please tell us about your professional life since you graduated from Pacifica.

When I graduated from Pacifica in 2000, I had moved to Scottsdale Arizona. I did my post doc through the Superior Court of Arizona in the Probation Department. From there I went into private practice and continued to explore more alternative methods to help empower patients to truly value themselves and shine as vibrant divine beings. Through the years, I have also partnered with various clinics to ensure an integrative approach to care and have focused heavily on working with chronic pain at a physical, emotional, mental and spiritual level. I have a local, national and international patient base. On the side, I have taught as adjunct faculty at various universities and lectured prolifically on topics in my expertise, bringing awareness and empowerment to attendees to find their way.

How has Pacifica prepared you for your work?

When I came to Pacifica, I already had a Ph.D. in Clinical Psychology and I thought I would leave the field because many aspects of it did not agree with me and my thought process. *My discovery of Pacifica was a gift - from the professors and their openness in sharing and exploring, to the understanding that I am not alone in my perception that traditional modalities are stagnant.* After writing my second dissertation, and allowing myself to fall into the

Sarette Zecharia, Ph.D.



alchemical swirl, Pacifica truly supported and equipped me for my journey.

What advice can you share with current Pacifica students that could help them in their professional journey?

Be authentic and do not change who you are. Your healing comes from within and through your being. There are many modalities but they are only as good as the person who created them, as they reflect their essence. By giving yourself permission to truly explore how your healing happens and transfers to another, you can become an amazing psychologist who will be sought out by those in need. We are all pieces of the puzzle and weave of existence and we all have a valid place. Each gift we have to share is unique.



Clinical Alumni Accomplishments

“Each person enters the world called.”

~James Hillman

We are immensely proud of the way our graduates impact the world. Thanks to all who responded to our call to share here. For future newsletters please send any updates to shericks@pacifica.edu.

Maria Luz Martinez, LCSW (dissertation) is currently Mental Health Clinical Supervisor with the Los Angeles County Department of Mental Health. She was recently interviewed by Univision for a program on preventing early intervention of school shootings. She and her School Threat Assessment and Response Team (S.T.A.R.T) were also filmed for a [20/20 Special](#) with Diane Sawyer. The special program, which aired Feb. 12, 2016, features the mother of Dylan Klebold one of the Columbine HS shooters.

Jennifer M. Sandoval, Ph.D. (2013) is opening a new practice and will be publishing “A Psychological Inquiry into the Meaning and Concept of Forgiveness.” With fellow alum **John Knapp**, she has edited *Psychology as the Discipline of Interiority: 'The Psychological Difference' in the Work of Wolfgang Giegerich*, which will be released by Taylor & Francis in 2016. This is the first book of collected essays dedicated to the study and application of psychology as the discipline of interiority (PDI). It includes a new essay from Wolfgang Giegerich and contributions from Jungian analysts, clinical psychologists, and scholars from across the globe, including three recent Pacifica graduates (Daniel Anderson (2014) and the editors). This collection expounds upon the complexity, depth, and innovativeness of Giegerich’s thought, reflecting the various ways in which international scholars have creatively explored a speculative psychology founded upon the notion of soul.

Michael Mollura, Ph.D. (2013) is currently breaking ground in the field of dream consciousness. As a recognized award-winning music composer Michael is currently in private practice in Beverly Hills composing music to the dreams of his patients. Michael's work is currently the subject of a documentary film which intends to bring dream and music work to the forefront of clinical exploration with the hope of bringing depth psychology aesthetics into a broader spectrum of accessibility and understanding to the soul of the world. For more information on Michael's groundbreaking work, please visit his [websites](#) or [email](#) him with questions.

Jacinda Tucker, Ph.D. (2013) completed her postdoc hours as an Outcomes Analyst at the Harris Center, a community mental health agency in Houston. She worked in applied research/outcomes and then was promoted to Manager of Community Training. The department focuses on suicide prevention trainings for the community and develops protocols to contribute to the research for those trainings. She also teaches Evidence Based Practice at the University of Houston in the Graduate College of Social Work as the sole psychologist. Her focus is on understanding research methods and evaluating research in applied settings. Mental Health First Aid, Applied Suicide Intervention Skills Training, and safeTALK courses are provided for the community. Jacinda shares, “I really love teaching individuals outside of the mental health community how to respond to a crisis. We are working on a protocol to evaluate how MHFA works in our community in Houston—which is super cool for me! I am so glad that I focused on a quantitative research dissertation. It has opened many doors for me post graduation. If you have students who are working on quantitative projects and may need assistance, I would be glad to be a resource.”

Clinical Alumni Accomplishments

Indushree Rajan Ph.D. was recently interviewed by Dr. Dee Gaines, Clinical Neuropsychologist, on the [THE DR. DEE SHOW](#) for her insights and expertise on child sex trafficking. She is a Registered Psychological Assistant to Dr. Paula Bruce, a clinical and forensic psychologist in Beverly Hills, CA, where she works with children, adolescents and adults conducting individual, couple and family psychotherapy, as well as psychological evaluations. Dr. Rajan works with clients presenting with a wide range of concerns, and has particular expertise in working with trauma.

Jason Kelley, Ph.D. (2013) established his private practice in Frankfurt, Germany where he serves primarily the English-speaking expatriate community in the area and has the pleasure of working with people from all over the world. He says, "My experiences in Pacifica's Clinical program have been invaluable in servicing an incredibly diverse population abroad. I find in my practice that the soul-based approach I gleaned from my graduate studies is a precious gift as I reach daily across the bounds of nationality and ethnicity to do the work that I so deeply love. My practice has recently expanded to corporations where I enjoy integrating organizational psychology themes with a depth perspective in workshops and seminars intent on diversity training and team building."

Virginia Beaufort, M.S., LMHC, Ph.D. (2013) is the Undergraduate Mentorship/Health Science Program Manager for Undergraduate Education in the College of Letters and Science at the University of California, Santa Barbara (UCSB). In her previous role, as the Director of Academic Affairs for the Association for Advanced Training in the Behavioral Sciences, she helped many Pacifica graduates obtain state licensure in counseling, marriage and family therapy, and psychology. In addition, Virginia specializes in the treatment of eating disorders as well as extended research pursuits in physiognomy. She recently developed and launched an [Undergraduate Mentorship Program](#) at UCSB.

Lauren Barrett Ph.D. (2010) has a private practice in Los Angeles, CA. Her professional interests include promoting the physical and emotional well-being of women and children. She gave her first public talk at the Association for Prenatal and Perinatal Psychology and Health ([APPPAH](#)) international birth conference in Berkeley recently. It was a huge success and she has been invited to speak at another conference in British Columbia next year. She says "Now I'm inspired to write my book, give more talks, and feel so motivated to start a special interest "perinatal psychology" group for LACPA meetings in Encino."

Juanita Harb, Ph.D. (2008) is currently in [private practice](#) in Roseville, CA where she sees children, teens, and adults. Modes of therapy include CBT, EMDR, Psychodynamic, and Sandplay. She has taught at University of Phoenix since 2009.

Jennifer J. Wilhoit, Ph.D. (2005) is the founder of [TEALarbor stories](#), a business through which she mentors writers, facilitates Story & Nature Guiding®, offers life transition support, and mediates conflict conversations. Jennifer's writing focuses on inner and outer landscapes, spirituality, death, the writing life and process, community service and creativity. She has authored two books, [Common Ground Between Craft Collectives and Conservation](#) and [Weaving a Network: Women's Crafts Cooperatives and protected Are Managers](#).

Clinical Alumni Accomplishments

Annamarie Fidel-Rice, LPC, Ph.D. (2003) is currently a Full Professor at Regis University in Denver, Colorado and the Coordinator for a Depth Psychology Certificate that students can complete as an emphasis for their MA in Counseling. Her course, *Life Transitions and Grief Therapy* is taught from a Depth Psychological perspective. In 2014 she published [*The Alchemy of Grief: Embracing Mourning through Grace*](#). She participated in the author's book signing event last year at the PGI Alumni weekend. She will teach *The Alchemy of Grief* course in Italy in summer 2016 through the [Florence Seminars](#) and also take her 6th group of women to Peru in fall 2016 for the program [Celebrating the Feminine](#).

David Baker, Ph.D. (2001) is in private practice in Winter Park, Florida, specializing in psychoanalytic psychotherapy for adults, couples and families with individuals serving in the helping professions. He also provides management consulting services to health care institutions and other organizations, focusing on organization development, communication enhancement, conflict management and performance management. He has taught psychology at Rollins College, the University of Central Florida and The Seattle School for Theology and Psychology. He is now on the faculty of the Tampa Bay Institute for Psychoanalytic Studies, and has been presenting at conferences and workshops nationally on themes that integrate psychology and spirituality. He is immediate past president of his local APA Chapter of Division 39 (Psychoanalysis). David enjoys surfing, playing jazz and African percussion, travel photography and being the father of two teen-age boys.

Carmen M. Kobor, Ph.D. (2000) was certified in October 2015 as a Jungian Analyst at the C. G. Jung Institute of Los Angeles. She shares "I was at Pacifica in that cherished period when we had one campus, with Bishop, Corbett, Romanyshn, and Skafte at the helm."



Carmen (left) is pictured here proudly receiving her certificate from Wendy Wyman McGuinty, (right) Chair of the Certifying Board.

Roberta B. Corson Ph.D. (1998) is in private practice in an independent office in San Jose, CA. She shares, "While I work with a variety of people and issues, I work especially in the deep, unconscious, inner growth work. I'm now 72 and plan to continue to work for about two more years, when my office lease is up, and when I shall join my husband in retirement. No great external accomplishments to report, but I like to think that people's lives are changing and changed because of the work we do together. Never for a moment have I regretted the orientation and education of Pacifica."

Clinical Dissertation Completions – Fall 2015

Anthony Bean

Video Gamers' Personas: A Five Factor Study Exploring Personality Elements of the Video Gamer

Suzee Della Donna

Visions of the Mentally Ill: Experiences with the Numinous; The Saints and Angels

Omyda Hernandez

Cross-Cultural Considerations for Psychological Practice: Clinical Implications of an Indigenous Healing Epistemology

Brandon Hill

The Psychological Dimensions of the Shadow Side of War

Sabrina Meek

Literary Shadow in Poe's Selected Works: Literature as Conduit to Psyche Integration

Michael Mullard

Therapeutic Silence: The Positive and Negative Implications of Using Silence as a Clinical Tool in the Therapeutic Dyad

Karen Peterson

The Transformative Function of Truth-telling in a Woman's Midlife Journey

Rita Porter

Looking Homeward: Place Attachment and Forced Relocation

Ward Robak

Living with Mysticism in a Marital Relationship: A Phenomenological Study and Analytic Jungian Interpretation and Amplification

Rose Rutherford

Understanding the Role of Shame in Women with Depression

Maristela Smith

Silenced by the Myth: Racial Identity among Brazilian College Students of African Descent

Henriette van Eck

Peace Psychologists—Determining the Critical Contributions

Bradford White

The Clinical Implications of Narcissistic Phenomena in Contemporary Popular Music From a Depth Psychological Perspective

Events of Interest



APRIL 8-9, 2016 RACIAL JUSTICE IN PRAXIS CONFERENCE

RACIAL INJUSTICE & TORTURE: RESISTANCE, COLLABORATION AND LIBERATION

This conference is an opportunity for participants to collaborate and innovate with others seeking to end racial injustice, and understand the ways in which it has manifested as torture for people of color. The conference will host voices from communities, individuals, and organizations, working towards new approaches for confronting racial injustice.

Visit the website for submissions: www.racialjusticeactiongroup.org



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Call for Proposals

The 8th Annual Imagery Conference, October 21-23, 2016
Imagery International: On the Wings of Expansion



In 2016 we are spreading our wings and extending an invitation to all those who love imagery in its multitude of expressions, including but not limited to, Guided Imagery, Art, Shamanic practice, Movement, Deep Imagery, Dream Imagery and Active Imagination.

Imagery International is proud to initiate a dynamic conference that embraces diverse practices centering upon the power and importance of imagery. If you are interested in offering a professional, experiential, imagery-based 90-minute workshop, please submit the following:

1. Name, address, and e-mail.
2. 25-50 word biography including your area of expertise or your resume.
3. Title of the Workshop and how it directly pertains to working with Imagery.
4. 150 word workshop abstract.
5. Course outline which reflects the interactive nature of your session, ie., not entirely lecture.
6. Clearly state three learning objectives and applications for practice.
7. What are your space needs, AV needs, or special accommodations, if desired?

The 2016 conference will be held at the beautiful Vallambrosa Retreat Center in Menlo Park, CA. The conference is scheduled from Friday October 21st through Sunday October 23rd.

Send applications to Darcie Richardson at: **imageryconferencechair@gmail.com**. Contact Darcie for additional information or to make further inquiry if you are interested in presenting at the 8th Annual Conference, Imagery International: On the Wings of Expansion.

It is important for proposals to be submitted by March 15, 2016.



Conflict Resolution Workshop Alternatives to Violence Project



March 5 & 6

Saturday 8:30 AM - 4:00 PM
Sunday 8:30 AM - 4:00 PM

In Partnership with
Santa Barbara
Juvenile Probation Department
Alternative Detention Center

For more information or to
register, contact Lizzie at
LRodriguez@cscsb.org or
(805) 637-6332

In this 2-day workshop participants will:

- * Learn effective ways of resolving conflicts
- * Experience and practice specific, simple, and positive ways to communicate
- * Participate in hands-on, activity based experiences focused on:
 - * Communication and Listening
 - * Trust and Relationships Building
 - * Anger Management & Empathy Building
 - * Life Skills and Personal Growth
 - * Explore Strategies to Avoid Conflict
 - * Develop Roadmap to Reach Goals
- * Hear from a victim of crime and the unintended consequence as a result of harm

Registration: Donation of \$25 – \$125



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Ellen Stein, PhD

Dr. Michael Kerner and Dr. Ellen Stein have helped thousands of applicants pass their licensing exam. Our participants have consistently given them the highest ratings for their presentation style, insight, and humor.

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