

**Pacifica Graduate Institute
Depth Transformative Practices
Somatic Studies Specialization**

DPS 997a Documentation of Hours

Many traditions within depth psychology understand the process of personal transformation as inherently relational, typically held within the container of a therapeutic relationship with a professional counselor or psychotherapist. These traditions are dynamically linked to the transformative nature of the course material contained within this curriculum.

*In order to effectively support their transformative journey, students are expected to engage in a minimum of 25 hours of individual counseling or psychotherapy during their first year of coursework. Students must have an approved proposal for these depth transformative practice hours by the **end of the fall quarter of the first year** and submit documentation of 25 hours of completed therapy by the end of the first year.*

*Once these 25 hours are complete, students may then accrue the remaining 25 hours of the required 50 hours total in an approved somatic or depth modality offered in a group or individual context. These remaining hours must be submitted on the **DPS 997b Documentation of Hours Form**.*

Student Name: _____ Date: _____

Provider Name: _____ Date: _____

Provider Signature: _____ Date: _____

Faculty Pre-approval: _____ Date: _____

Dates:* _____

Total Hours: _____

Provider Name: _____

Provider Signature: _____ Date: _____

Faculty Approval of Completed Hours: _____ Date: _____

Please submit completed form to your Depth Transformative Practice (DTP) Coordinator.