Replying to a Discussion Post
1. Click on the **Discussions** tab in the mini navbar.
2. From here, you may need to scroll down to find the Discussion Topic you need.
Author Burns constructs a framework for evaluating, diagnosing, and treating the elderly. Describe how a treatment plan using a backbone of Person-Centered Therapy with Reminiscence as a technique can assist an elderly client overcome the negative effects of a triad of depression, anxiety, and dementia.

C Track: Write and Post

1. A 250 word (approximately) response to the above question and post it in Module 1 before Wednesday, 11:59 p.m. Pacific Standard Time.
2. A 100 word (approximately) response to another student’s post in Module 1 and post it “un... Sunday, 11:59 p.m. Pacific Standard Time.

Module 9 S1

— decades. (1) Attitude your personal viewpoints, self-benefits, and attitudes regarding Death and how this may affect the course of therapy with a client who is dying. (2) What are your thoughts about the therapeutic relationship between Minnie and her therapist?

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2. A 100 word (approximately) response to another student’s post in Module 1 and post it “un... Sunday, 11:59 p.m. Pacific Standard Time.
4. Click on the student post you want to reply to.
5. Click on the Reply to Thread button.
6a. Type or Edit title (optional).
6b. Type a reply.
6c. Click post.
Death is a difficult topic for any human being. Fortunately, I have not been around death too much in my life but when it occurs around the people I am close with it is often difficult to handle. The mortality of human beings is a difficult concept to grasp. I believe mainly because people have a difficult time coming to terms with their own mortality. It is a reminder that this life is not permanent and this can be extremely terrifying. My thoughts on death could possibly affect the course of therapy with a dying client because I will have natural human instincts to come to terms with my own mortality. Of course I will need to channel this countertransference and help the client to cope with the ominous news of dying in the most positive was possible and not make the session about my own thoughts. I made the mistake of saying to someone before that “aren’t we all dying in a way”, and that did not go over well. Trying to “normalize” death I do not believe will help the client (or even myself) to come to terms with death.

The therapeutic relationship between Minnie and her therapist was remarkable. Brought some tears while reading due to the genuine feelings from the author about Minnie and the extremely gentle and realness of Minnie herself. The relationship between the therapist and client does not always have to be “setting the container” (although this is important!) the therapist can show their personality and not forget who they are as a person just because they are attempting to stay stoic or strong for a client. I was very touched by the relationship between Minnie and her therapist and hope to have relationships such as this when working with my own clients.

What an incredible dream for your mother! I can only imagine the feelings that came up for her after she woke up from that dream. I would feel as if my grandmothers spirit lived on if that happened to me as well. I too feel pressure to live my life to the fullest and to the highest potential because what if it we really do just get one chance? So terrifying!

I think as therapists counter transference of death is inevitable. All therapists are human and all humans die. Although this statement is very true, it is extremely ominous and depressing at times. It is something we all have to face at some point and working through it with another human being (client) will bring up a lot of emotions. I am right there with you on feeling like clients like Minnie will be very moving and even life changing. I am so sorry to hear about your step-mother. What a difficult process to live through, for her and for your family. Big hugs to you Mandi!