

Subject Area Streams in Depth Psychology MA/PhD with a Specialization in Somatic Studies

Somatic Studies Program Streams 2017-2018	Somatic Movement (ISMETA) Stream	Health & Wellness Stream	Counseling & Psychotherapy Stream	Education Stream	Community Development Stream	Leadership Stream	Expressive & Performing Arts Stream	Individualized Stream
Ideal for...	Students wishing to pursue registration as a somatic movement therapist or educator through the International Somatic Movement Education and Therapy Association (ISMETA)	Students working in integrative healthcare and wellness practices who wish to expand their professional skills to include a somatic depth perspective	Students practicing as licensed counselors or psychotherapists wanting to specialize in somatic depth psychotherapy	Students working in educational settings who want to incorporate depth and somatic psychoeducational strategies into their teaching	Students working in non-profit or community settings wanting to incorporate somatic depth perspectives into social justice work or other community programming	Students in entrepreneurial or organizational settings wanting to develop tools for change that incorporate body and soul	Students working as artists, actors, dancers, poets, musicians, etc. who want to incorporate a somatic depth perspective into their creative work	Students pursuing a specific line of academic inquiry and professional development that is not captured through the other streams
Coursework includes...	Inquire about current list of pre-approved courses that qualify toward independent track application	Indigenous Healing Practices Trauma and Resilience Neuroscience and Somatic Depth Psychology	Embodied Depth Group Work Marion Woodman and the Jungian Tradition Embodied Alchemy	Relational Embodiment Embodied Depth Group Work The Body in Literature	Body, Soul and Social Justice Ecopsychology: The Body on the Earth Trauma and Resilience	Embodied Depth Group Work Relational Embodiment	Body, Soul, and the Expressive Arts Somatic Dreamwork Relational Embodiment	Dependent on the individual project or subject area interest
Possible Fieldwork Projects	ISMETA modality training and supervision	Embodied Healthcare Training	Specialized training in embodied depth psychotherapy, authentic movement	Embodied Peacemaking with Children	Embodied Social Justice Training	Embodied Leadership Training	Somatic Training for the Performer International Expressive Arts (IEATA) training	Dependent on the individual project or subject area interest
Possible Dissertation Research	Body Mind Centering and the embodied unconscious	Authentic movement in treating multiple sclerosis	Soul recovery in addiction treatment	Embodied depth experiences of immigrant college students	Embodied trauma in homeless youth	Cultivating embodied agency through equine assisted learning	Archetypal self-portraiture	Embodied interspecies communication with rescue elephants