



PACIFICA
GRADUATE INSTITUTE

M.A./PH.D. IN DEPTH PSYCHOLOGY

WITH SPECIALIZATION IN JUNGIAN AND ARCHETYPAL STUDIES (DJA)

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The Jungian and Archetypal Studies Specialization (DJA) is for students interested in exploring what Jung called archetypes: universal principles and organizing patterns that pre-condition and animate human experience from the depths of the collective unconscious, a dimension of the psyche common to each of us.

The program curriculum enables students to develop a comprehensive understanding of the process of psychological transformation C. G. Jung called “individuation,” which leads to the realization of a greater personality or what he termed “the Self.” This process was the focus of Jung’s study of religious and alchemical symbolism. Inspired by Jung’s understandings, James Hillman went on to develop archetypal psychology, which emphasizes the way mythic figures provide root metaphors for

understanding the psyche. By engaging life with a mythopoetic vision, we can perceive the gods and goddesses as present to all things and take up the work Hillman called “soul-making.”

This rigorous, creative exploration of Jungian and archetypal psychology provides students with a range of theories, skills, and practices they can apply directly to their professional, personal, and creative lives, while addressing the collective challenges and opportunities of our moment in history. For those called to explore the personal and collective psyche, this program of study provides a unique opportunity to engage with, apply, and advance depth psychological theories and practices within the Jungian and archetypal traditions. Building on the work of C.G. Jung and James Hillman, students will consider approaches to the psyche that foster healing, transformation, self-expression, creativity, and the development of consciousness.

The Jungian and Archetypal Studies specialization moves depth psychology from the clinical consulting room out into the wider world.

The faculty is comprised of esteemed international scholars with a broad range of areas of expertise. They introduce students to foundational theoretical constructs in the field while helping them to engage critically and creatively with the course material. **The coursework itself is aligned with Jung’s emphasis on the “ineluctable psychological necessity” of individuation**, the process by which one might attain deep self-knowledge, further the development of consciousness, and better understand the unconscious factors shaping human experience.



“By stimulating and supporting the scholarship and creative research of students, this program promotes the crucial task of advancing depth psychological ideas and practices as catalysts for individual and cultural transformation.”

~ KEIRON LE GRICE, PH.D., Specialization Co-Chair



“More than ever before, with so many collective problems facing us, we need to follow the ‘prime directive’ of depth psychology, which is to become conscious of the psychological forces shaping our perceptions and actions.”

~ GLEN SLATER, PH.D., Specialization Co-Chair

ACADEMIC FORMAT

This transformative and scholarly degree program takes advantage of online technology to allow students to work and learn in their home environments, while also taking part in engaged community sessions on Pacifica's Ladera Lane Campus. Classes begin online and meet during four-day residential sessions (Thursday, Friday, Saturday, Sunday) once per quarter. During these on-campus sessions, students have access to the Institute's extensive resources and are able to engage with their classmates and instructors face-to-face, combining lecture, discussion, and experiential and embodied learning. Residential sessions also allow time for exploration and community building

CURRICULUM OVERVIEW

FIRST YEAR

Introduction to Depth Psychology – DJA 700, 3 Units

Jungian Psychology: The Individuation Journey

– DJA 720, 3 Units

C.G. Jung in Context – DJA 710, 3 Units

Dreamwork: Tending the Living Images – DJA 825, 3 Units

Archetypes: Universal Patterns of the Psyche

– DJA 800, 3 Units

Mythopoetic Imagination: Viewing Film, Art, and Literature from a Jungian Perspective – DJA 805, 3 Units

Reflective Studies I: Foundations for Research

– DJA 920, 3 Units

Complexes: Jung's "Royal Road" to the Unconscious

– DJA 810, 3 Units

SECOND YEAR

Archetypal Cosmology and Astrological Hermeneutics

– DJA 880, 3 Units

Imaginal Ways of Knowing: Active Imagination, The Red Book, and Psychic Creativity – DJA 820, 3 Units

Archetypal Psychology – DJA 730, 3 Units

Depth Psychology and the Mythic Tradition – DJA 815, 3 Units

Psychoanalytic Openings: Evolving Understandings of the Human Personality in Psychoanalysis and Analytical Psychology

– DJA 740, 3 Units

Psychological Types – DJA 835, 3 Units

Reflective Studies II – DJA 930, 3 Units

Synchronicity and the New Sciences – DJA 855, 3 Units

THIRD YEAR

Technology and Psyche – DJA 882, 3 Units

Somatic Studies: The Psyche-Soma Connection

– DJA 845, 3 Units

The Poetic Basis of Mind – DJA 870, 3 Units

The Alchemy of Transformation – DJA 865, 3 Units

Depth Psychology and the Sacred: Approaching the Numinous

– DJA 850, 3 Units

Dissertation Development – DJA 950, 3 Units

Ecopsychology: The Psyche in Nature – DJA 860, 3 Units

Reflective Studies III – DJA 940, 3 Units

CONTINUING

Self-Directed Studies – DJA 970, 3 Units

Dissertation Writing – DJA 960, 15 Units

This curriculum may vary depending upon evolving academic needs. The required fourth and fifth years of study focus on reading, research, and dissertation writing.

This degree program is accredited by the Western Association of Schools and Colleges Senior College and University Commission (WSCUC).

Visit pacific.edu/gainfulemployment for gainful employment information.

The big question is whether you are going to be able to say a hearty yes to your adventure.

~JOSEPH CAMPBELL

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People who are enrolled in our academic programs with an online component will tell you that **community and intimacy build quickly in this environment**. While you may not “see” your classmates every month, you will “hear” from them weekly. In fact, online learning is particularly conducive to hearing the voices of all students, as it requires participation from everyone; students who normally may be very quiet in a traditional classroom may be more comfortable “speaking” online.

In this hybrid program, more than half of the direct instruction for each course is meeting face-to-face with your classmates. Over those four days per quarter on campus, you will continue online discussions over shared meals, watch films and have social time, attend classes and guest lectures, and work together in pairs and groups.

Community has been at the heart and soul of this specialization from its inception. In 1948, when Jung gave his dedication speech on the occasion of the founding of the C.G. Jung Institute in Zürich, he called for a community of scholars to come together to imagine extensions for depth psychology in the world. This specialization aims to be such a community, one where students and faculty come together to support each other in exploring, applying, and advancing Jungian and archetypal studies “without limit” in the world.

As part of every course, students will share their understanding of how the material is relevant to their lives and their vocational callings, with their classmates and instructors serving as sounding boards and tuning forks who will provide support, share resources, and help refine each other’s theories and practices.

STUDENTS IN THE JUNGIAN AND ARCHETYPAL STUDIES SPECIALIZATION:

- Critically explore a range of topics central to our understanding of the role of the unconscious psyche in human experience, such as healing, myth, dream, art, soul, spirit, ecology, religion, creativity, personal transformation, individuation, the development of consciousness, and more.
- Deepen the capacity for imaginal, symbolic, mythic, critical, theoretical, and archetypal thinking and being in the world, in order to better confront our present collective challenges.
- Engage with the creative, dynamic unconscious in both its personal and collective dimensions.
- Hone the expression of their unique voice and vision through courses in research, writing, publication, and presentation.
- Study side by side with Jungian scholars and practitioners interested in envisioning new possibilities for depth psychological understanding and transformative practice, both individually and culturally.
- Read deeply and broadly from The Collected Works of C.G. Jung, Jung's The Red Book, and other core texts in the depth psychological tradition.
- Evaluate the limitations and potentials of Jungian and archetypal psychology within contemporary contexts.



The meeting of two personalities is like the contact of two chemical substances. If there is any reaction, both are transformed.

~C.G. JUNG

ALUMNI OF THIS PROGRAM



DIANA ARIAS, PH. D.

"My dream was to be at Pacifica. It was not only a personal decision, it was my soul—my meaning in life. Pacifica was a calling."

EVIJA VOLFA VESTERGAARD PH.D.

Has a background in international banking and has been involved in bringing Jungian Psychology into her native Latvia. Her book on Latvian folktales, *Trauma, Cultural Complexes, and Transformation: Folk Narratives and Present Realities*, was based on her dissertation research.



STACEY SHELBY, PH. D.

In private practice in clinical depth psychotherapy. A Registered Clinical Counselor in Canada and certified dream tender who teaches workshops and lectures

internationally. Author of *Tracking the Wild Woman Archetype: A Guide to Becoming a Whole Indivisible Woman*.

ERIK JENSEN, PH. D.

Now on the faculty of Adler University, Vancouver, BC, where he integrates his Pacifica research on Nietzsche and depth psychology into his teaching. He is also a board member of the Jungian Society for Scholarly Studies.

