

PACIFICA  
GRADUATE INSTITUTE

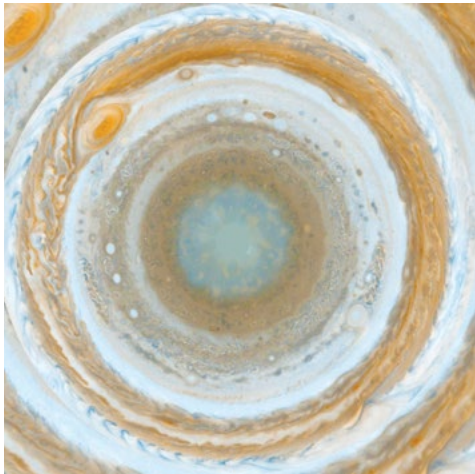


## PH.D. IN DEPTH PSYCHOLOGY

WITH SPECIALIZATION IN INTEGRATIVE THERAPY AND HEALING PRACTICES

# PH.D. IN DEPTH PSYCHOLOGY

## WITH SPECIALIZATION IN INTEGRATIVE THERAPY AND HEALING PRACTICES



An innovative doctoral specialization that re-imagines approaches to therapeutic practice, enhances, and supports the individuation work of students, and integrates the essential perspectives of depth psychology and applied healing traditions.

Students develop important mentoring relationships with Pacifica's unique faculty of clinicians, consultants, and scholars that include: Jungian analysts, post-Jungian theorists and therapists, clinical psychologists, indigenous elders, psychiatrists, psychodynamic therapists, systems therapists, existential/humanistic and archetypal therapists, constructivist therapists, spiritual counselors, ecotherapists, nurses and other health and medical professionals, and advanced scholars in research, mythology, consciousness, integrative health, multiculturalism, complex adaptive systems, and the humanities.

This doctoral specialization cultivates an integrative approach to professional development in the healing arts informed by bridging transdisciplinary frameworks with depth psychological inquiry. Working with leading faculty, students in this program engage in a deeply personalized experience with special consultation groups embedded into the curriculum and individual mentoring. The program fosters advanced therapeutic skills and practices that honor the contextualization and integration of body, mind, spirit, soul, and culture, including alternative and non-linear healing modalities.

We invite you to join a unique group of academic and practice-oriented professionals who are called to deepen their therapeutic work through an integrative study of healing based on the visionary aspects of depth psychology. Become a part of a learning community that explores the many ways

of knowing and relating, nonlinearity and the intersubjective field, and addresses critical connections between psychology, consciousness, culture, spirituality, and wellness.

We welcome students with profound curiosity about themselves and the world, and lifelong learners devoted to transformative engagement with the numinous, the psyche, the relational, complexity and emergence, artistic intuition, somatic engagement, multiculturalism, and the natural world.

Students and faculty work together to integrate essential healing traditions and cutting edge research—drawing from indigenous and ancient practices, mythological and transdisciplinary frameworks, ecotherapeutic and somatic modalities, multicultural and contemporary perspectives, and emerging science on affect, implicit/somatic contexts, intersubjectivity, contemplative practice, consciousness, creativity and the arts.



Our lives are full of paradox and uncertainty. This program invites deep compassion and curiosity about what is called for in current systems of healing. Students share that the program facilitates both personal and professional transformation and profound understandings about individuation processes and cultural and collective contexts. Grounded in the wisdom of depth psychology and its foundational meanings and applications, the program ventures into transdisciplinary inquiry, engaging dialogue, and contemplative and creative processes. We ask the difficult questions of consciousness while attending to current ways of addressing therapy and healing in this rapidly changing world. Honoring the many ways of knowing and holding a stance of equity and inclusion, drawing deeply on the power and relevance of the symbolic, we meet each other where we are and open to emergent possibilities.

~ JULIET ROHDE-BROWN, PH.D.  
Specialization Chair

## ACADEMIC FORMAT

Students matriculating in the Ph.D. in Depth Psychology with Specialization in Integrative Therapy and Healing Practices in fall 2022, will come to campus for 3 weekend residential sessions each quarter (fall, winter, spring) for their first two years of coursework. In their third year, residential sessions will take place once each quarter for 5 days from Monday through Friday. The web-enhanced learning components occur throughout the program. For students matriculating in fall 2022 and beyond, there will be no summer quarter.

## CURRICULUM OVERVIEW

### FIRST YEAR

#### Fall

- Foundations of Depth Psychology for the Healing Professions – DPT 730, 2 Units
- Jungian Psychology and Contemporary Healing I: Applied Theory and Practice – DPT 761, 2 Units
- Foundations of Scholarly Research and Writing – DPT 784, 2 Units

#### Winter

- Imaginal and Experiential Dimensions of Therapeutic Practice – DPT 962, 2 Units
- Cultural Dimensions of Psychological Life: Engaging Collective Trauma, Cultural Healing, and Social Justice – DPT 830, 2 Units
- Archetypal Psychology: Re-Visioning Approaches to the Psyche – DPT 762, 1.5 Units
- Selected Topics I – DPT 974, 1 Unit

#### Spring

- Dissertation Development I: Imagination, Calling, and Rigor in Doctoral Scholarship – DPT 832, 2 Units
- The Inner Landscape of Dreams and Active Imagination – DPT 780, 1.5 Units
- The Relational Field I: Theoretical Distinctions and Expanded Paradigms – DPT 763, 1.5 Units
- Practice Consultation Groups I – DPT 750, 1.5 Units

### SECOND YEAR

#### Fall

- Depth Approaches to Psychopathology – DPT 760, 2 Units
- Dissertation Development II: Qualitative and Mixed Methods Research – DPT 782, 2 Units
- Interpersonal Neurobiology, Affective Neuroscience, and Depth Psychology – DPT 870, 2 Units
- Practice Consultation Groups II – DPT 751A, 1.5 Units

#### Winter

- Eco-Spirituality and Eco-Therapy – DPT 732, 2 Units
- Practice Consultation Groups III – DPT 850, 1.5 Units
- Selected Topics II – DPT 992, 1.5 Units
- Psyche, Soma, Cyborg – DPT 781, 2 Units

#### Spring

- The Relational Field II: Psychic Pain and the Human Condition – DPT 863, 2 Units
- Psyche and the Sacred: Psychology and Spirituality in Dialogue – DPT 920, 2 Units
- Selected Topics IIA – DPT 990, 1 Unit
- Practice Consultation Groups IV – DPT 851A, 1.5 Units

### THIRD YEAR

#### Fall

- Body, Mind, and Soul in the Healing of Trauma: Somatic, Neurological, and Archetypal Approaches – DPH 975, 2 Units
- Advanced Dissertation Development – DPH 944, 2 Units
- Practice Consultation Groups VII – DPH 951, 1.5 Units
- Healing Narratives: Writing Compelling Practice Studies and Client Stories – DPH 785, 2 Units

#### Winter

- Jungian Psychology and Contemporary Healing II: Engaging Complexity and Diversity – DPH 861, 2 Units
- Selected Topics III – DPH 993, 2 Units
- Written Comprehensive Examination – DPH 950, 1.5 Units
- Practice Consultation Groups VI – DPH 952, 1.5 Units

#### Spring

- Working with Illness and Death: East-West, Depth, and Indigenous Perspectives on Suffering – DPH 894, 2 Units
- Enacting the Oral Tradition: Oral Comprehensive Presentation – DPH 994, 2 Units
- Practice Consultation Groups VII – DPH 951, 1.5 Units

### CONTINUING

- Dissertation Writing – DPT 999, 15 Units

The program also features a series of selected seminars and lectures on a range of important practice areas, including but not limited to the following possible topics: Dream Tending, Systemic Racism and Healthcare Disparity, Organizational and Group Dynamics, Jung and Shamanism, Expressive and Therapeutic Arts, Healing Mythologies, Sexuality and Gender, Addictions, Sociopolitical Contexts and Cultural Complexes, Family Constellations, Adverse Childhood Experiences and Wellness, Shadow and Power in the Healing Professions, The Meaning of Integration, Evolution of Jungian Analysis, James Hillman's Cultural Critique of Psychology, Traditional African and Mesoamerican Healing Perspectives, Interspiritual Contexts and Contemplative Practice, Alternative Healing Arts, Inner Life and Trauma, Mindfulness, Psychodrama, Implicit Processes, Jung's Red Book, Indigenous Healing Traditions, Treating the Soul in the Health and Medical Professions, Somatic Therapy, Yoga Philosophy, Intersubjectivity and the Quantum Field, Solastalgia in the Face of Climate Change, Earth-Based Modalities, Energy Medicine, Neurophenomenology, Non-Local Consciousness, the Biofield, Bibliotherapy, Therapeutic Vocations and Careers, East-West Frameworks and/or Restorative Justice, and other current issues and movements influencing the healing professions.

This curriculum may vary depending upon changing academic needs. Selected courses may have online components. The required two-year dissertation period, following coursework, focuses on scholarly research and writing.

This degree program is accredited by the Western Association of Schools and Colleges Senior College and University Commission (WSCUC). Visit [pacific.edu/gainfulemployment](http://pacific.edu/gainfulemployment) for gainful employment information.

# PH.D. IN DEPTH PSYCHOLOGY

## WITH SPECIALIZATION IN INTEGRATIVE THERAPY AND HEALING PRACTICES

The Ph.D. in Depth Psychology with Specialization in Integrative Therapy and Healing Practices requires master's-level education and commitment to healing-oriented research and applied work. The program is ideal for diverse practitioners in the following professions, including:

- Psychotherapists and Psychologists
- Marriage and Family Therapists, Social Workers, and Professional Counselors (licensed or pre-licensed)
- Health and Medical Professionals (Nursing, Physicians, Allied Health Providers)
- Jungian Analysts and Psychoanalysts
- Specialized Addiction and Treatment Counselors
- Expressive Arts Therapists
- Spiritual and Pastoral Counselors
- Health and Wellness Practitioners with Advanced Training
- Consciousness Researchers and Educators
- Energy Psychology Researchers and Practitioners
- Other qualified Consultants and Counselors



“At some point, on our way to a new consciousness, we will have to leave the opposite bank, the split between the two mortal combatants somehow healed so that we are on both shores at once and, at once, see through serpent and eagle eyes.”

~ GLORIA E. ANZALDÚA, *BORDERLANDS/LA FRONTERA* (1987)

## STUDENTS IN THE INTEGRATIVE THERAPY AND HEALING PRACTICES SPECIALIZATION:

- Join an advanced doctoral cohort of diverse professionals collaborating and deepening their work with clients and themselves.
- Explore the growing field of depth psychological research and develop perspectives that help address the critical needs of our world in the face of climate change, pandemics, and systemic racism.
- Develop a greater capacity to work symbolically with psyche and soma, exploring images, dreams, symptoms, individual and cultural complexes, synchronicity, and creativity.
- Work towards becoming advanced practitioners, academic educators, supervisors, scholarly researchers, or authors in the field.
- Examine the critical underpinnings of therapeutic processes, intersubjectivity and paradox, and the broad range of theoretical approaches to mental, physical, and spiritual well-being.
- Build mentoring relationships with distinguished faculty seasoned in depth work and devoted to supporting students in deepening their practice, individuation journey, and contribution to the collective.
- Study the works of leading scholars who have bridged psychological, cultural, mythological, historical, ecological, and social traditions in a transdisciplinary framework to advance broader understanding of human experience.
- Develop advanced skills in important depth-oriented practice areas.
- Investigate the important connections between the health of an individual or group and the health of their environment and culture through courses that consider ecology, non-linear systems, collective trauma, social justice, somatic experience, cross-cultural dynamics, and collaboration with the arts.

**The call may have been more like gentle pushings in the stream in which you drifted unknowingly to a particular spot on the bank. Looking back, you sense that fate had a hand in it.**

**~ JAMES HILLMAN**

## ALUMNI OF THIS PROGRAM



**CRYSTAL RAMIREZ**  
Ph.D., LMFT  
Depth Psychology  
Clinical Director of New Beginnings Counseling Center, a nonprofit mental health center providing psychological counseling and support to low-income families and individuals.



**DOUGLAS THOMAS**  
Ph.D., LCSW  
Depth Psychology  
Jungian-based psychotherapist in private practice who presents workshops and talks on LGBTQ issues and dream therapy.



**ANGELA DEVITA**  
Ph.D., LMFT  
Depth Psychology  
In private practice in Ventura, California, and a frequent traveler who offers depth-oriented online coaching to expats, business travelers, authors, teachers, and healers worldwide.



**GINGER SWANSON**  
Ph.D. Depth Psychology  
Founder of Asarum Retreats, who brings a shamanic history and sensibility to her private hypnotherapy practice and retreat work.

