



PACIFICA  
GRADUATE INSTITUTE

## M.A. IN COUNSELING PSYCHOLOGY

WITH EMPHASIS IN MARRIAGE AND FAMILY THERAPY, PROFESSIONAL CLINICAL COUNSELING, AND DEPTH PSYCHOLOGY

# M.A. IN COUNSELING PSYCHOLOGY

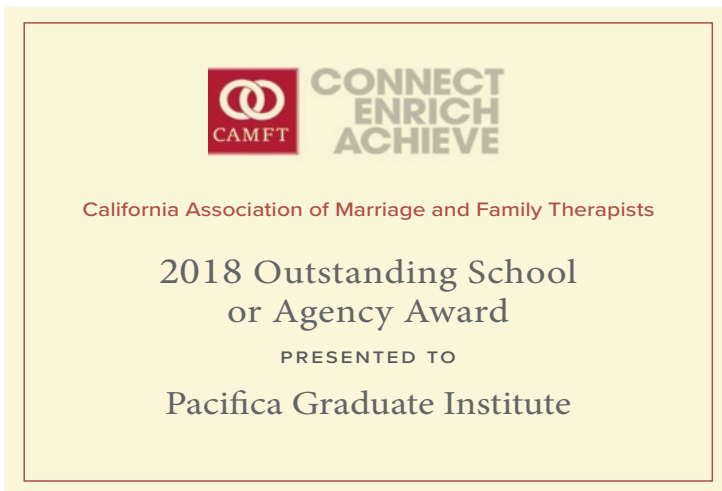
WITH EMPHASIS IN MARRIAGE AND FAMILY THERAPY, PROFESSIONAL CLINICAL COUNSELING, AND DEPTH PSYCHOLOGY



The M.A. Counseling Psychology Program with Emphasis in Marriage and Family Therapy, Professional Clinical Counseling, and Depth Psychology is dedicated to offering students unique and evidence-based comprehensive training in the art of marriage, family, and individual psychotherapy and professional clinical counseling with an appreciation for the systemic and immeasurable dimensions of the psyche.

Depth psychology invites a curiosity about the psyche and respect for the diversity and resiliency of the human experience. Transdisciplinary courses in literature, mythology, religion, and culture deepen students' abilities to link collective systems and archetypal themes to sociopolitical issues in the lives of individuals, families, and communities.

As preparation for professional licensure in Marriage and Family Therapy (LMFT) and Professional Clinical Counseling (LPCC), a rigorous two-and-a-half year academic program emphasizes theoretical understanding and experiential training in clinical skills, inclusive of a supervised practicum traineeship experience. Research studies and thesis writing prepare students to explore and contribute to the tradition of scholarship within the depth psychological tradition to further Pacifica's dedication to thoughtful and soulful practice.



The California Association of Marriage and Family Therapists honored Pacifica's Counseling Psychology program with its **2018 Outstanding School or Agency Award**.



**MATTHEW BENNETT, PSY.D.**  
Department Co-chair

At its core, the Counseling Psychology Program honors the distinctive call to the service of the individual and collective psyche.



**JEMMA ELLIOT, M.A.**  
Department Co-chair

Founded on a deep relational ethic, a commitment to experiential academia, and a focus on the integration of the imaginal, this program prepares future depth psychotherapists for the rigors of professional licensure.

## ACADEMIC FORMAT

Counseling Psychology classes occur in three-day sessions approximately once each month during the fall, winter, and spring quarters. There is a seven-day summer session each of the first two years.

## CURRICULUM OVERVIEW

### FIRST YEAR

#### Fall

- Counseling and Psychotherapeutic Theories and Techniques – CP 501, 2.5 Units
- Introduction to the Theories of the Depth Tradition – CP 534, 2 Units
- Counseling Skills: Process of Psychotherapy I – CP 515, 3 Units
- Professional Skills Development I.A. – CP 565, .25 Unit

#### Winter

- Human Growth and Development – CP 520, 2 Units
- Geropsychology and Long Term Care – CP 526, 1 Unit
- Ethics and the Law: Child Abuse Assessment and Treatment – CP 525, 1 Unit
- Depth Psychology Theory and Practice I: Analytical Psychology – CP 541, 2 Units
- Counseling Skills: Process of Psychotherapy II – CP 516, 3 Units
- Professional Skills Development I.B. – CP 566, .25 Unit

#### Spring

- Psychopathology – CP 502, 4.5 Units
- Family Systems and Domestic Violence – CP 605, 1.5 Units
- Depth Psychology Theory & Practice II: Imaginal/Archetypal Psychology – CP 542R, 1.5 Units
- Counseling Skills: Process of Psychotherapy III – CP 517, 3 Units
- Professional Skills Development I.C. – CP 567, .25 Unit

#### Summer

- Multicultural Counseling Theories and Techniques – CP 530, 2.5 Units
- Professional Orientation: Ethics and the Law – CP 523, 3.5 Units
- Research in Psychology – CP 620, .75 Unit
- Group Counseling Theories and Techniques I – CP 527, 1.5 Units
- Professional Skills Development I.D. – CP 568, .25 Unit

### SECOND YEAR

#### Fall

- Clinical Practice I – CP 610, 3 Units
- Child Psychotherapy – CP 532, 1.5 Units
- Counseling in Substance Use Disorders, Co-occurring Disorders and Behavioral Addictions I – CP 660A, 3 Units
- Community Mental Health Counseling I – CP 607A, 3 Units
- Seminar in Directed Research I.A. – CP 650A, .3 Unit
- Professional Skills Development II.A. – CP 665, .2 Unit

#### Winter

- Clinical Practice II – CP 611, 3 Units
- Marriage, Family, and Relationship Counseling I – CP 601, 3 Units
- Depth Psychology Theory & Practice III: Psychoanalytic Psychotherapy – CP 543R, 1 Unit
- Psychological Assessment I – CP 630A, 2.5 Units
- Seminar in Directed Research I.B. – CP 650B, .45 Unit
- Professional Skills Development II.B. – CP 666, .25 Unit

#### Spring

- Clinical Practice III – CP 612, 3 Units
- Counseling in Substance Use Disorders, Co-occurring Disorders and Behavioral Addictions II – CP 660B, 1.5 Units
- Marriage, Family, and Relationship Counseling II – CP 602, 3 Units
- Community Mental Health Counseling II – CP 607B, 1.5 Units
- Seminar in Directed Research I.C. – CP 650C, .3 Unit
- Professional Skills Development II.C. – CP 667, .25 Unit

#### Summer

- Seminar in Directed Research II.A. – CP 651A, .75 Unit
- Advanced Theories and Techniques: Human Sexuality – CP 522, 1 Unit
- Psychological Assessment II – CP 630B, 2 Units
- Depth Psychology Theory & Practice IV: Attachment and Trauma – CP 544R, 1 Unit
- Group Counseling Theories and Techniques II – CP 528, 2 Units
- Clinical Practice IV – CP 613, 1 Unit
- Professional Skills Development II.D. – CP 668, .25 Unit

### THIRD YEAR

#### Fall

- Cultural Psychology – CP 511, 2 Units
- Career Development I – CP 608A, .75 Unit
- Psychopharmacology I – CP 670A, 2 Units
- Seminar in Directed Research II.B. – CP 651B, 1 Unit
- Depth Psychology Theory & Practice V: Environmental Psychology – CP 545R, 1 Unit
- Clinical Practice V – CP 614, 1 Unit

#### Winter

- Psychopharmacology II – CP 670B, 2.5 Units
- Career Development II – CP 608B, 3.75 Units
- Depth Psychology Theory and Practice VI: Somatic Psychotherapy – CP 546, 1 Unit
- Seminar in Directed Research II.C. – CP 651C, 1 Unit
- Group Counseling Theories and Techniques III – CP 529, 1 Unit
- Clinical Practice VI – CP 615, 1 Unit

Some courses are conducted online or have online components. This curriculum may vary depending on evolving academic needs.

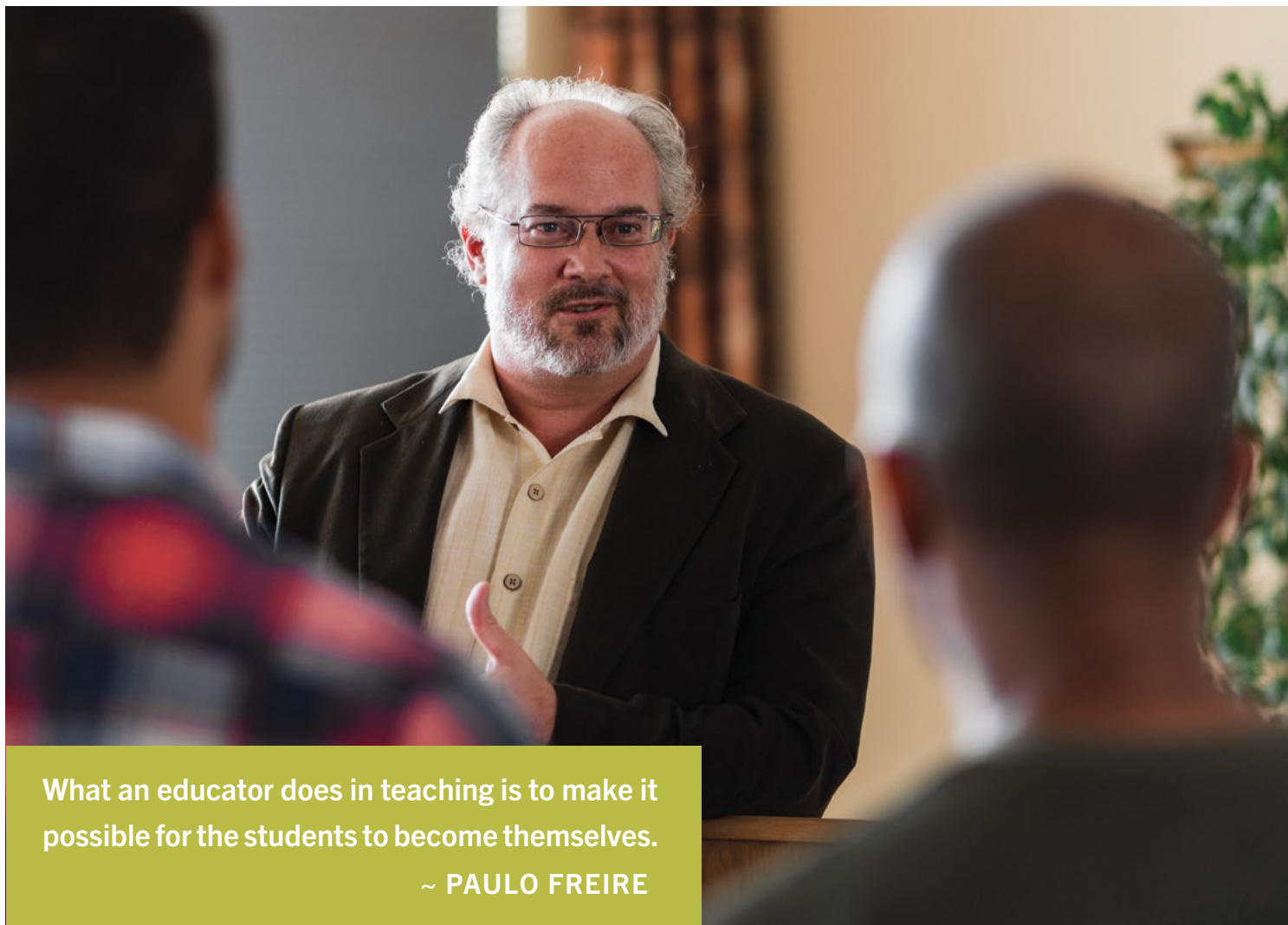
This program meets the licensure requirements for the State of California. The curriculum may not meet all the requirements that other states have for licensure. Each student is responsible for determining and remaining informed of licensure requirements in their state of residence.

This degree program is accredited by the Western Association of Schools and Colleges Senior College and University Commission (WSCUC).

For gainful employment information, visit [pacific.edu/gainfulemployment](http://pacific.edu/gainfulemployment).

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What an educator does in teaching is to make it possible for the students to become themselves.

~ PAULO FREIRE

Throughout the program, students are engaged in experiential learning and collaborative processes during quarterly sessions, in online and hybrid courses, and at their second- and third-year practicum sites.

Collaborative learning reflects Pacifica's team approach to the assessment and treatment of individuals, couples, families, and groups.

## ACHIEVEMENTS OF PACIFICA COUNSELING PSYCHOLOGY STUDENTS AND GRADUATES INCLUDE:

- Excellent pass rates on California state licensing exams
- Publishing theses and articles in a wide range of professional and depth-oriented journals
- Receiving MFT Consortium Grants
- Successful employment by mental health agencies upon completion of degrees
- Continuing education in doctoral programs
- High levels of job satisfaction, enriched growth and learning in the field

## STUDENTS IN THE M.A. IN COUNSELING PSYCHOLOGY PROGRAM LEARN TO:

- Be proficient in **theoretical orientations** that offer perspective and provide meaning to systemic patterns and human behavior.
- Demonstrate **process and clinical skills**, both face-to-face and via telehealth.
- Identify underlying psychological and systemic dynamics of human interaction.
- Determine and implement **effective interventions** and evidence-based treatment plans while demonstrating knowledge of **Family Systems theories**.
- Apply understanding to **case conceptualization** assessment and treatment in clinical practice.
- Enhance client functioning and well-being via **multiculturally sensitive** referrals and collaborative treatment team consultations.
- Understand individual, systemic, community, political, and biologic aspects of diversity and demonstrate knowledge and **respect for diversity**.
- Assess, diagnose, and treat the symptoms and characteristics of **behavioral addictions**, substance use, and dependence.
- Be knowledgeable, understand, and apply evidence-based assessment procedures to client cases and demonstrate awareness of **community mental health** and diversity-related considerations.
- Apply current **legal and ethical standards** and guidelines while working with diverse populations and demonstrate their knowledge and application in scholarly work and **supervised practicum** as they pertain to marriage and family therapy and professional clinical counseling.
- Identify and integrate **systemic depth psychological perspectives** of human interaction and demonstrate competence in the field of marriage and family therapy and professional clinical counseling.
- Demonstrate an evolving capacity to **self-assess** and articulate one's own strengths.

## ALUMNI OF THIS PROGRAM



**CARL CHAVEZ**  
M.A. Counseling  
Psychology

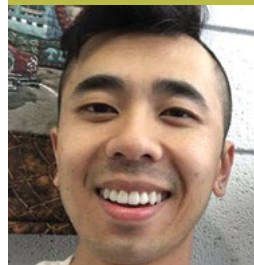
Associate Marriage  
Family Therapist  
(AMFT) serving  
children and  
families in the foster  
care system.



**KYRIE CARPENTER**  
M.A. Counseling  
Psychology

Tending the soul of  
the world to help  
move aging and  
dementia out of  
the shadow of our

culture through speaking, consulting,  
writing, and coaching. Author of *Healing  
Dementia* (2017).



**MINH TRAN**  
M.A. Counseling  
Psychology

Clinician III at a  
nonprofit partner  
of the Los Angeles  
County Department

of Mental Health that treats low-  
income individuals, and families of  
predominantly Latino descent.



**CIÚIN DOHERTY**  
M.A. Counseling  
Psychology

Associate Marriage  
and Family  
Therapist in private  
practice with  
emphasis on holistic

mind-body integration, and EMDR.