

# 2022-2023 Course Catalog

September 1, 2022-August 31, 2023



Masters and Doctoral Programs in the Tradition of Depth Psychology

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**Pacifica Graduate Institute** is an accredited, employee-owned graduate school dedicated to excellence in education. The Institute's programs in psychology, the humanities, and mythological studies are informed by the rich tradition of depth psychology.

**Depth psychology** calls attention to the importance of what lies beneath the surface of conscious awareness. That vital importance is clearly revealed in the arts and literature of every culture, as well as through the dreams and collective symptoms of individuals and societies.

**At Pacifica, leading scholars** have developed cutting-edge curricula that meet the complex needs of a diverse student body. Educational formats include three- and four-day monthly learning sessions, and hybrid, low-residency degree programs.

The Institute's two campuses lie between the Pacific Ocean and Santa Ynez Mountains, a few miles south of Santa Barbara, California. Tranquil and beautiful, they form ideal settings for contemplation and study.

Pacifica was born during the cultural upheaval of the early 1970s—a time when existing paradigms were questioned and new ones came into being. That sense of innovation, coupled with an abiding respect for the power of ideas, has remained central to the Institute's culture and curriculum.

Pacifica is accredited by the Western Association of Schools and Colleges (WASC) Senior College and University Commission (WSCUC).

The Catalog is updated annually. Annual updates may be made by the use of supplements or inserts accompanying the catalog. The information included in this catalog is as accurate as possible at the time of publication; however, the Institute reserves the right to make changes during the life of this catalog.

The mission of Pacifica Graduate Institute is to foster creative learning and research in the fields of psychology and mythological studies, framed in the traditions of depth psychology. By creating an educational environment with a spirit of free and open inquiry, consistent with the recognized values of academic freedom, Pacifica is dedicated to cultivating and harvesting the gifts of the human imagination. So that these insights may influence the personal, cultural, and planetary concerns of our era, this dedication is contained in the motto: animae mundi calendae gratia- for the sake of tending soul in and of the world.

**Origins & Orientation** Pacifica traces many of its central ideas to the heritage of ancient storytellers, dramatists, and philosophers from all lands who recorded the workings of the imagination. The legacies of these early men and women have evolved in multiple cultural contexts including the systematic explorations of the unconscious by Freud, Jung, and other theorists of the psychologies of this century.

The concepts of depth psychology results from this long development and are at the core of Pacifica's orientation. These ideas- such as the importance of symbol and metaphor in personal and cultural imagery or the recognition of the dynamic interplay between the natural world and the world of the human psyche are articulated in all of the Institute's programs. Pacifica students and faculty contribute further to this rich body of knowledge through the intricacies of the human imagination.

Extending the concepts of psychology and mythological studies beyond the personal, beyond the consulting room, and beyond the classroom, we see psychological life as an evolutionary development within nature, alive in all the phenomena and systems of our world. In studying and working with these multidimensional exchanges, we facilitate contributions to the contemporary concerns of our world through dialogues between the psyche of the individual, the mythologies of the culture, the collective human imagination, and the living planet.

# M.A. in Counseling Psychology

# WITH EMPHASIS IN MARRIAGE AND FAMILY THERAPY, PROFESSIONAL CLINICAL COUNSELING, AND DEPTH PSYCHOLOGY

The Masters in Counseling Psychology Program with an Emphasis in Marriage and Family Therapy, Professional Clinical Counseling, and Depth Psychology is dedicated to offering students unique and evidenced-based comprehensive training in the art of marriage, family, and individual psychotherapy and professional clinical counseling with an appreciation for the systemic and immeasurable dimensions of the psyche.

Depth psychology invites a curiosity about the psyche and respect for the diversity and resiliency of the human experience. Interdisciplinary courses in literature, mythology, religion, and culture deepen students' ability to link collective systems and archetypal themes to sociopolitical issues in the lives of individuals, families, and communities.

As preparation for professional licensure in Marriage and Family Therapy (LMFT) and Professional Clinical Counseling (LPCC), a rigorous two-and-a-half year academic program emphasizes theoretical understanding and experiential training in clinical skills, inclusive of a supervised practicum traineeship experience. Research studies and thesis writing prepare students to explore and contribute to the tradition of scholarship within the depth psychological tradition to further Pacifica's dedication to thoughtful and soulful practice.

At its core, the Masters in Counseling Psychology Program honors the distinctive call to the service of the individual and collective psyche. Founded on a deep relational ethic, a commitment to experiential academia, and a focus on the integration of the imaginal, the program prepares future depth psychotherapists for the rigors of professional licensure. Throughout the program, students are engaged in experiential learning and collaborative processes during quarterly sessions, in online and hybrid courses, and at

their second- and third-year practicum sites. Collaborative learning reflects Pacifica's team approach to the assessment and treatment of individuals, couples, families, and groups.

This dynamic program of study integrates marriage and family therapy and professional clinical counseling with depth psychology, preparing students for a meaningful career through enriched coursework, collaborative and experiential learning, and an engaged relationship with the mysteries of the psyche.

# Students in the Masters in Counseling Psychology program learn to:

- Be proficient in theoretical orientations that offer perspective and provide meaning to systemic patterns and human behavior.
- Demonstrate process and clinical skills, both face-to-face and telehealth.
- Identify underlying psychological and systemic dynamics of human interaction.
- Determine and implement effective interventions and evidence-based treatment plans while demonstrating knowledge of Family Systems theories.
- Apply understanding to case conceptualization assessment and treatment in clinical practice.
- Enhance client functioning and well-being via multi-culturally sensitive referrals and collaborative treatment team consultations.
- Understand individual, systemic, community, political, and biologic aspects of diversity and demonstrate knowledge and respect for diversity.
- Assess, diagnose, and treat the symptoms and characteristics of behavioral addictions, substance use, and dependence.
- Be knowledgeable, understand, and apply evidence-based assessment procedures to client cases and demonstrate awareness of community mental health and diversity-related considerations.
- Apply current legal and ethical standards and guidelines while working with diverse populations and demonstrate their knowledge and application in scholarly

work and supervised practicum as they pertain to marriage and family therapy and professional clinical counseling.

- Identify and integrate systemic depth psychological perspectives of human interaction and demonstrate competence in the field of marriage and family therapy and professional clinical counseling.
- Demonstrate an evolving capacity to self-assess and articulate one's own strengths.

### **Curriculum Overview**

Counseling Psychology classes take place in three-day sessions approximately once each month during the fall, winter, and spring quarters. There is a seven-day summer session each of the first two years.

### **FIRST YEAR**

### Fall

Counseling and Psychotherapeutic Theories and Techniques – CP 501, 2.5 Units Introduction to the Theories of the Depth Tradition – CP 534, 2 Units Counseling Skills: Process of Psychotherapy I – CP 515, 3 Units Professional Skills Development I.A. – CP 565, .25 Unit

### Winter

Human Growth and Development – CP 520, 2 Units

Geropsychology and Long Term Care – CP 526, 1 Unit

Ethics and the Law: Child Abuse Assessment and Treatment – CP 525, 1 Unit

Depth Psychology Theory and Practice I: Analytical Psychology – CP 541, 2 Units

Counseling Skills: Process of Psychotherapy II – CP 516, 3 Units

Professional Skills Development I.B. – CP 566, .25 Unit

## **Spring**

Psychopathology – CP 502, 4.5 Units
Family Systems and Domestic Violence – CP 605, 1.5 Units

Depth Psychology Theory & Practice II: Imaginal/Archetypal Psychology – CP 542R, 1.5 Units

Counseling Skills: Process of Psychotherapy III – CP 517, 3 Units

Professional Skills Development I.C. – CP 567, .25 Unit

### Summer

Multicultural Counseling Theories and Techniques – CP 530, 2.5 Units

Professional Orientation: Ethics and the Law – CP 523, 3.5 Units

Research in Psychology – CP 620, .75 Unit

Group Counseling Theories and Techniques I – CP 527, 1.5 Units

Professional Skills Development I.D. – CP 568, .25 Unit

#### SECOND YEAR

#### Fall

Clinical Practice I – CP 610, 3 Units

Child Psychotherapy – CP 532, 1.5 Units

Counseling in Substance Use Disorders, Co-occurring Disorders and Behavioral

Addictions I – CP 660A, 3 Units

Community Mental Health Counseling I – CP 607A, 3 Units

Seminar in Directed Research I.A. - CP 650A, .3 Unit

Professional Skills Development II.A. - CP 665, .2 Unit

### Winter

Clinical Practice II – CP 611, 3 Units

Marriage, Family, and Relationship Counseling I – CP 601, 3 Units

Depth Psychology Theory & Practice III: Psychoanalytic Psychotherapy - CP 543R, 1 Unit

Psychological Assessment I – CP 630A, 2.5 Units

Seminar in Directed Research I.B. – CP 650B, .45 Unit

Professional Skills Development II.B. - CP 666, .25 Unit

# **Spring**

Clinical Practice III - CP 612, 3 Units

Counseling in Substance Use Disorders, Co-occurring Disorders and Behavioral

Addictions II – CP 660B, 1.5 Units

Marriage, Family, and Relationship Counseling II – CP 602, 3 Units

Community Mental Health Counseling II - CP 607B, 1.5 Units

Seminar in Directed Research I.C. – CP 650C, .3 Unit

Professional Skills Development II.C. - CP 667, .25 Unit

### Summer

Seminar in Directed Research II.A. - CP 651A, .75 Unit

Advanced Theories and Techniques: Human Sexuality - CP 522, 1 Unit

Psychological Assessment II – CP 630B, 2 Units

Depth Psychology Theory & Practice IV: Attachment and Trauma - CP 544R, 1 Unit

Group Counseling Theories and Techniques II – CP 528, 2 Units

Clinical Practice IV - CP 613, 1 Unit

Professional Skills Development II.D. - CP 668, .25 Unit

#### THIRD YEAR

#### Fall

Cultural Psychology – CP 511, 2 Units

Career Development I - CP 608A, .75 Unit

Psychopharmacology I – CP 670A, 2 Units

Seminar in Directed Research II.B. - CP 651B, 1 Unit

Depth Psychology Theory & Practice V: Environmental Psychology – CP 545R, 1 Unit

Clinical Practice V – CP 614, 1 Unit

## Winter

Psychopharmacology II - CP 670B, 2.5 Units

Career Development II – CP 608B, 3.75 Units

Depth Psychology Theory and Practice VI: Somatic Psychotherapy – CP 546, 1 Unit

Seminar in Directed Research II.C. – CP 651C, 1 Unit

Group Counseling Theories and Techniques III – CP 529, 1 Unit

Clinical Practice VI – CP 615, 1 Unit

Some courses are conducted online or have online components. This curriculum may vary depending on evolving academic needs.

# PROFESSIONAL CLINICAL COUNSELING AND MARRIAGE AND FAMILY THERAPY COURSES

# Counseling and Psychotherapeutic Theories and Techniques CP 501, 2.5 Units

This course introduces students to the theory and practice of psychotherapy, marriage and family therapy, and professional clinical counseling and how theories and techniques serve clinically therapeutic interventions with couples, families, adults, children, and groups. To provide a thorough cultural and historical perspective, this course includes: counseling processes as they exist in a multicultural society; an orientation to wellness and prevention; counseling theories to assist in selection of appropriate counseling interventions; models of counseling consistent with current professional research and practice; training in multidisciplinary responses to crises, emergencies, and disasters. The traces the development course psychotherapy from precursors in ancient and indigenous culture to the contemporary Western world. Both the profession and vocation of being a psychotherapist are considered, and the fundamental assumptions of the main theories that define contemporary psychotherapy. This course examines: Person-Centered therapy, Gestalt, Cognitive Behavior, Feminist, Post-Modern and Depth Psychological approaches.

# Professional Skills Development I.A., I.B., I.C., I.D.

CP 565, CP 566, CP 567, CP 568, .25 Unit Each
The online courses CP 565, CP 566, CP 567 and CP
568 are designed to assist students in developing
knowledge of California state educational and
licensure requirements for applicant eligibility as a
Licensed Marriage and Family Therapist and/or
Licensed Professional Clinical Counselor. Each
course builds upon the previous one, and must be
taken in sequential order as prerequisites to enter
Professional Skills Development II.A., II.B., II.C.,
II.D., and CP 610. Throughout the series of
Professional Skills Development courses students
will learn to recognize the value of continuing
education in advanced clinical training, while
developing knowledge that will assist them to

professionally prepare and manage their trainee experience at an approved practicum site. Prerequisites: CP 565 for CP 566; CP 566 for CP 567; CP 567 for CP 568; Pass/No Pass.

# **Human Growth and Development CP 520, 2 Units**

Human growth and development are addressed in order to understand diverse approaches to developmental stages and issues across the with particular lifespan, emphasis paid developmental crises, psychopathology and the situational and environmental factors that affect both normal and abnormal behavior and development. The socio-cultural context of development and of theories about development will be emphasized, as well as the impact of socioeconomic status and other contextual issues affecting social position. Biological, social, cognitive, and psychological aspects of aging and development will be addressed within the context of depth psychotherapy.

# Geropsychology and Long Term Care CP 526, 1 Unit

This online course examines psychological, social, biological, and cognitive aspects of the aging process including theories of aging, developmental tasks of older life, normative changes in memory versus disease processes, ageism, sexuality and intimacy in later life, life review, end of life and grief, diversity in aging, and myths and misconceptions about the elderly. Assessment, diagnostic formulation, and treatment planning guidelines are

explored in working with the elderly and their significant others regarding housing, health care options, long term care needs, and end of life issues.

# Ethics and the Law: Child Abuse Assessment and Treatment CP 525, 1 Unit

This course provides a comprehensive overview of the ethics and laws regarding child abuse assessment, reporting, and intervention pertaining to clinical practice. This course integrates an understanding of various cultures and the social and psychological implications of socioeconomic status, as well as the principles of mental health recovery oriented care, and methods of service delivery in recovery-oriented practice environments.

# Psychopathology CP 502, 4.5 Units

The history and varieties of psychopathology in the Diagnostic and Statistical Manual of Mental Disorders are studied in this course. Mental illness, several mental disorders, and co-occurring

and co-occurring disorders, are examined with an understanding of the social and psychological implications of socioeconomics, age, gender, and other cultural matters that affect social position and social stress. Systemic dysfunction in relationships and families evaluated to develop awareness of are psychopathology in a relational context. Suicidality in relation to mental illness and disorder, including risk and assessment, is explored. In the spirit of Freud's drives and conflicts, and Jung's "the gods are in the diseases," suffering and the soul are explored in the tradition of depth and developmental psychology.

# Family Systems and Domestic Violence CP 605. 1.5 Units

This course introduces family systems and psychodynamic concepts and theories, with an emphasis on spousal or partner abuse assessment, detection, prevention, and intervention strategies. Coursework includes development of safety plans, identification of community resources, awareness of cultural factors, and same gender abuse dynamics. Ethical considerations are explored and the activation of community and familial support are considered as they impact effective prevention and treatment.

# Multicultural Counseling Theories and Techniques

#### **CP 530, 2.5 Units**

Recognizing and honoring cultural diversity is now accepted as an essential component to any effective psychotherapeutic process. Today's psychotherapist must have an understanding of cultural factors in working with an increasing culturally diverse population. However, creating a psychotherapeutic container that is considerate and relevant of cultural issues, as well as differences, can be quite a challenge. This course is designed as a dialog to give the student an introduction to how various cultural backgrounds influence psyche. The intention of the course is to engender an

appreciation for the cultural diversity in the therapist as well as their patients. In addition, this course will present practical tools for dealing with cultural diversity in clinical practice through the use of role-plays, vignettes, and a written self-assessment.

# Professional Orientation: Ethics and the Law CP 523, 3.5 Units

This course provides an in-depth consideration of legal and ethical issues related to the development of an ethical conscience in order to recognize, examine, respond, and apply legal and ethical considerations to professional practice. The course includes contemporary professional ethics and statutory, regulatory, and decisional laws that delineate the scope of practice of marriage and family therapy and professional clinical counseling. Professional behavior and ethics are applied to the differences in legal and ethical standards for different types of work settings. The course focuses on the current legal patterns and trends in the mental professions, including psychotherapistpatient privilege, confidentiality, patients dangerous to self or others, and the treatment of minors with and without parental consent. Child abuse assessment and reporting as well as suicide and homicide prevention and intervention emphasized. This course concentrates attention on the recognition and exploration of the relationship between a practitioner's sense of self and human values, functions, and relationships with other human service providers. strategies for collaboration, and advocacy processes needed to

address institutional and social barriers that impede access, equity, and success for clients. Case vignettes expand students' conceptualization of the ethical and legal concerns in a variety of potential situations, including but not limited to mandated reporting laws and professional standards of conduct.

# Group Counseling Theories and Techniques I CP 527, 1.5 Units

This course focuses on theories, principles, and methods of a variety of psychotherapeutic orientations related to group counseling. This includes principles of group dynamics, group process components, and therapeutic factors of group work. Special emphasis will be placed on individual and interpersonal dynamics of therapy groups fostering resilience and the improvement, maintenance restoration. and of healthy relationships. Class participation in an extensive group experience is designed to further the understanding of group interaction and strengthen facilitator skills.

# Advanced Theories and Techniques: Human Sexuality

**CP 522, 1 Unit** 

This course focuses on the development of a therapeutic approach that appreciates the diversity of human sexual expression, advances the assessment and treatment of psychosexual dysfunction with emphasis on resiliency and recovery-oriented care, and examines the

physiological, psychological, and socio-cultural variables associated with sexual behavior and gender identity.

# Community Mental Health Counseling I CP 607A. 3 Units

These courses will explore how the depth psychological traditions enhance community mental health service delivery. Each course builds upon the previous one, and must be taken in sequential order. They address the theories and skills required in contemporary community mental health settings, including recovery-oriented treatment for people with severe mental illness, disaster and trauma response, services for survivors of abuse, case management, client advocacy and empowerment, home-based and school-based services, bilingual client services, a collaborative approach to treatment, and knowledge of community resources. These courses provide a practical overview of public and private systems of care as well as opportunities to explore populations with severe mental illness. Special attention is also paid to the assessment and treatment of acute suicidality and suicidal ideation.

# Community Mental Health Counseling II CP 607B, 1.5 Units

This course will further explore how the depth psychological traditions enhance community mental health service in terms of wellness and prevention, as well as response to crisis and trauma, with a focus on whole communities. Maintaining a multicultural lens, the course will look at

multidisciplinary responses to crises, emergencies, and disasters, as well as the effects of chronic problems that affect the psychological well-being of a community. We will explore models of counseling consistent with current professional research and practice, as well as helping the student formulate a personal model of counseling that is congruent with personal values and strengths. The course will provide opportunities to meet and hear from consumers and professionals who have first-hand experience with community mental health.

# Professional Skills Development II.A, II.B, II.C, II.D.

CP 665, .2 Unit; CP 666, .25 Unit; CP 667, .25 Unit; CP 668, .25 Unit

The online Professional Skills Development II.A., II.B., II.C., and II.D. courses are designed to complement the Clinical Practice I, II, and III course lectures, experiential exercises, and assignments in which students continue to refine and apply the course curriculum and their assessment, diagnostic, and treatment skills to the approved and supervised practicum site experience within their community. Each course builds upon the previous one, and must be taken in sequential order. The supervised practicum integrates a multi-theoretical approach to marriage and family therapy and professional clinical counseling through clinical application and provides students with an introduction to the scope and of Licensed Professional Clinical practice Counseling and Licensed Marriage and Family Therapy. Prerequisites: CP 568 for CP 665; CP 568, CP 665 for CP 666; CP 568, CP 665, CP 666 for CP 667; CP 568, CP 665, CP 666, CP 667 for CP 668; Pass/No Pass

# Marriage, Family and Relationship Counseling I,

### CP 601, CP 602, 3 Units Each

Students complete coursework in theories. principles, and evidence-based/informed methods of assessment, diagnosis, and treatment of marriage, domestic partnership, and family while developing a working knowledge of systemic organization. Each course builds upon the previous one, and must be taken in sequential order. These courses examine how these theories and principles can be applied therapeutically with individuals, couples, same sex couples, families, children, adolescents, and groups to improve, restore, and maintain resiliency in relationships. Course content includes life span issues, genealogy, ethnicity, and cultural factors that affect individuals, pre-marital couples, couples, and families. Students will develop and cultivate theoretical. metaphorical. and experiential knowledge for application in the context of relationship theory. The psychological, psychotherapeutic, and health implications that arise within couples, families, adolescence, adulthood, marriage, divorce, blended families, intercultural families, and step parenting are also investigated. Students learn to integrate depth psychology as it applies to marriage and family therapy and professional clinical counseling.

# Psychological Assessment I CP 630A, 2.5 Units

This course is the first in a sequence covering the topic of psychological assessment as a means to conceptualize human behavior and individual differences in terms of skills, aptitudes, attitudes, values, personality, and intelligence. This part of the sequence focuses on the critical conceptual processes underlying sound assessment, including case conceptualization from a psychodynamic and depth psychological perspective, models of human psychological development, and other clinical, cultural, and developmental considerations of human development which are the subject of applied psychological testing. A major focus will be psychodynamic conceptualizations of personality. attachment, and trauma. The appropriate and ethical use of assessment with diverse and culturally different populations is emphasized.

# Psychological Assessment II CP 630B, 2 Units

This course is the second in a sequence covering the topic of psychological assessment as a means to conceptualize human behavior and individual differences in terms of skills, aptitudes, attitudes, values, personality, and intelligence. This part of the Psychological Assessment sequence focuses on applied clinical applications of test selection, test normalization and development, relevant psychometric and statistical theory such as reliability and validity, theories and models of human intelligence, and standardized administration with an

eye towards the implications of these constructs to understanding principles of scale development and applications of assessment in clinical and research contexts. The appropriate and ethical use of assessment with diverse and culturally different populations is emphasized. As means operationalizing these core concepts, the course will include a review of the development, administration, ethical application, and interpretation of a range of commonly used psychological assessment instruments such as the MMPI-2, MCMI IV, Rorschach, and Wechsler IQ batteries among others.

# Counseling in Substance Use Disorders, Cooccurring Disorders and Behavioral Addictions I, II

### CP 660A, 3 Units; CP 660B, 1.5 Units

Theories, skills, and techniques of bio-psycho-social therapy for substance use disorders are studied in these courses. Each course builds upon the previous one, and must be taken in sequential order. Students learn models for assessment, diagnosis, and treatment of substance use disorders. behavioral addiction, and co-occurring disorders. Coursework includes the study of at-risk populations, community resources, the role of support persons and support systems, follow-up programs for the affected person and family, methods for prevention and relapse prevention, and the legal and medical issues related to substance use disorders and behavioral addictions. Students learn how to work with both sides of the therapeutic relationship and through motivational interviewing techniques to increase conditions which support change in substance user. The relationship of alcohol and drugs to the functions of the psyche allows for the study of substance use and abuse in psychological depth.

# Child Psychotherapy CP 532, 1.5 Units

This course covers the history and treatment of childhood disorders including learning, behavioral, and emotional problems. Emphasis is placed on imaginative processes and expressive techniques useful in psychotherapy with children, such as drawings, sand tray, board games, puppets, and clay as well as analytical and phenomenological evaluations of the expressed content. Affective neuroscience with its recent attention to emotion, attachment, and child development, along with traditional play therapy and gestalt approaches to working with children, are integrated throughout the course. Students continue to increase their understanding of contextual issues such as the impact of culture, socioeconomics, and family systems in the treatment of children.

# Group Counseling Theories and Techniques II CP 528, 2 Units

This course focuses on theories, principles, and methods of psychotherapeutic modalities related to group counseling. Special emphasis will be placed on theories of developmental stages related to group work, group leadership styles and approaches, pertinent research and literature, and evaluation of effectiveness. In class participation in an extensive group experience is designed to further the understanding of group interaction and strengthen facilitator skills.

# Cultural Psychology CP 511, 2 Units

Psychological experience, development. and pathology occur in a cultural context. This class examines cultural phenomena such as race, gender, orientation, sexual group affiliation, age, environment, socioeconomics, politics, violence, media, and education to illuminate how they affect the individual and the community. The intermingling of cultural and depth psychologies brings culture into the consulting room of counseling psychology and psyche to the world whereby individual souls are found to be interrelated and interdependent. Special emphasis is given to liberation psychology and strategies for recovery from dependence, building individual and community resilience to crisis, multidisciplinary approaches to research and intervention that limit social barriers to mental health services and other resources, advocacy for diverse populations, fostering social justice, and develop greater awareness of mental health consequences which result from bias and oppression.

# Career Development I

# CP 608A, .75 Unit

This course examines career development theories and techniques, such as decision making models and interrelationships among, and between, work, family, and other life roles, including the role of multicultural issues. Students evaluate assessment tools for determining skills, values, interests, traits. psychological personality types, and archetypal categories. Emphasis is given to the importance of the relationship between work and vocation through the study of the organizational psyche and individual calling, destiny, and selfunderstanding.

# Career Development II CP 608B, 3.75 Units

This course builds on the career development framework presented in CP 608A and examines career development theories, techniques, decisionmaking models, and the interrelationships among and between work, family, and other life roles, including the role of gender and multicultural issues. Client centered advocacy, including researching, identifying, and accessing assessments and resources related to obtaining or providing services and support for clients will also be explored. Students engage in a variety of assessment activities designed to clarify interests, values, skills, psychological personality traits. types, and archetypal categories as they relate to engagement with the world of work. Emphasis is given to providing context in which to apply theories through

personal reflection, clinical case studies, and varied media.

# Psychopharmacology I, II CP 670A, 2 Units; CP 670B, 2.5 Units

These courses cover the general principles of psychopharmacology, as well as an overview of the pertinent neurochemistry, and the appropriate use of psychoactive drugs. Each course builds upon the previous one, and must be taken in sequential order. They include the use of psychopharmacological agents in psychotherapy and their consequences as well as the relationship with prescribing professionals in medication management. All of the course material will be explored within the sociopolitical context of the client and/or their system.

# Group Counseling Theories and Techniques III CP 529, 1 Unit

This course focuses on theories, principles, and methods of psychotherapeutic modalities related to group counseling. Special emphasis will be placed on developing group leadership styles and approaches, and evaluation of effectiveness. In class participation in an extensive group experience is designed to further the student's understanding of group interaction and strengthen facilitator skills.

#### THEORY AND PRAXIS COURSES

# Counseling Skills: Process of Psychotherapy I, II, III

### CP 515, CP 516, CP 517, 3 Units Each

The Counseling Skills courses occur in sequence and are designed to assist students in developing the personal and professional qualities and skills that are related to becoming effective mental health practitioners. Each course also introduces students to theoretical concepts, including those from the depth tradition, and clinical application related to special treatment issues and populations. Each course builds upon the previous one with successful completion of the earlier courses required for entrance into the subsequent courses. Students must pass an assessment of clinical readiness at the end of the final course in this sequence in order to progress to the clinical practicum. *Prerequisites: CP 515 for CP 516; CP 515, CP 516 for CP 517* 

# Research in Psychology CP 620, .75 Unit

This course introduces students to the distinctive theory and practice of research in marriage and family therapy, professional clinical counseling, and depth psychology including designing and conducting qualitative research, quantitative research designs, and mixed methods at the conceptual level. The organic relationship between methodological approach, research questions, and research findings will be studied and students will be introduced to a conceptual overview of statistical

analysis. An emphasis will be placed on the identification of research problems related to personal healing, collective healing, and human services with a depth psychological perspective. During this course students begin to organize their research for the Master's Thesis. This course is the first in the seven course research sequence of courses.

# Clinical Practice I CP 610, 3 Units

The course material and discussion in Clinical Practice I introduce and elaborate upon the therapeutic work of Marriage and Family Therapists, Licensed Professional Clinical Counselors, and depth-oriented counselors. Focus is placed on the temenos of the therapeutic container and the development of a therapeutic alliance through the utilization of specific techniques that include genuineness, positive regard, empathic attunement, active listening skills, and reflection. Coursework helps students develop skills to successfully complete intake assessments, and frame theorybased case formulation and treatment planning. Students are taught note-taking procedures, case reporting, case management, crisis intervention, and strategies for working with, and advocating for, diverse populations in community health settings. Application of the diagnostic process, including differential diagnosis, the use of the Diagnostic and Statistical Manual, the Psychodynamic Diagnostic Manual, and family systems diagnostic procedures are covered through case discussion and case

presentation. Students learn to integrate the art of depth psychotherapy by maintaining an awareness of the unconscious and its continuous healing and disruptive presence. *Prerequisites: CP 517, CP 568* 

# Clinical Practice II CP 611, 3 Units

The Clinical Practice II course continues the therapeutic work of Marriage and Family Therapists, Licensed Professional Clinical Counselors, and depth oriented psychotherapists. Focus is placed on case formulation that utilizes an assessment approach to co-creating a treatment plan with the client. Students will gather information through a biopsychosocial assessment to define or describe the clinical problem as it is evidenced in the particular client. Students will associate the client's symptom pattern with diagnostic criteria in the DSM-5 (APA, 2013). Based on the defined clinical problem will students create treatment goals interventions, as well as the selection of appropriate clinical strategies, and methods for evaluating the client's treatment progress.

Theory-based case formulation is introduced in a collaborative format, as well as training on multicultural competencies and diversity, and the system of care principles within the evidenced-based Recovery and Resiliency Models for mental health. The course addresses a clinical approach to the treatment of trauma to better understand how trauma is imprinted on the body, brain, and spirit. Simultaneously, professional skill development

focus is on the clinical capacity to understand, appreciate, and facilitate a traumatized client's resiliency and ability to heal. *Prerequisites: CP 517, CP 568, CP 610* 

# Clinical Practice III CP 612, 3 Units

The Clinical Practice III course continues the sequential focus on the practice of psychotherapy emphasizing the practical integration of depth psychology with the recovery model and other evidence-based treatment models that are utilized in community mental health settings. Particular attention is given in assisting students to refine assessment and diagnostic skills to master the elements that go into building treatment plans and intervention strategies that are commensurate with the practice of marriage and family therapy and professional clinical counseling standards. Students will present clinical cases from their respective practicum sites utilizing a variety of theoretical orientations and receive specific feedback to improve skills in assessment and diagnosis, clinical interventions, and tracking progress of treatment. Attention is given to the psychodynamic process; group therapy principles and interventions; the internal supervision model; ethical, legal, and professional issues in practice; therapeutic efficacy; the process of termination; and the vocations of marriage and family therapy, professional clinical counseling, and depth psychotherapy. Prerequisites: CP 517, CP 568, CP 610, CP 611

# Clinical Practice IV

### **CP 613, 1 Unit**

In this online course, students continue to refine assessment, diagnostic, and treatment skills. Each course in the Clinical Practice Sequence builds upon the previous one with successful completion of the earlier courses required for entrance into the subsequent courses. The importance of administrative and clinical management of client files, case notes, and other documentation is emphasized, as well as mastering a working knowledge of law, ethics, and HIPPA that regulates client confidentiality and privilege. Students will also self-care learn practices for therapists. Prerequisites: CP 517, CP 568, CP 610, CP 611, CP 612

#### **Clinical Practice V**

### **CP 614, 1 Unit**

In the CP 614 online course, students continue their professional development in the vocations of Marriage and Family Therapy, Professional Clinical Counseling, and community mental health service delivery systems. Each course in the Clinical Practice Sequence builds upon the previous one with successful completion of the earlier courses required for entrance into the subsequent courses. Students will develop a working knowledge of community mental health, client advocacy, and diverse populations. To assist the student in career preparation for community mental health work and/or the management of professional practice, the distinction and understanding between clinical

supervision and clinical consultation will be further refined. *Prerequisites: CP 517, CP 568, CP 610, CP 611, CP 612, CP 613* 

# Clinical Practice VI

## **CP 615, 1 Unit**

Clinical Practice VI explores the core professional values of the counseling profession. Students will consider both law and ethics that govern the practice of marriage and family therapy, and professional counseling. Professional expectations include the principles and standards for ethical practice described in the AAMFT Code of Ethics, the ACA Code of Ethics, and the CAMFT Code of Ethics. Ethical standards are rules of practice upon which the marriage and family therapist, and professional counselor is obliged and judged. These ethical codes are designed to establish expectations of conduct and assist members in constructing a course of action that best serve those utilizing mental health services. Students will complete the Clinical Practice I – VI series of courses by passing the Comprehensive Written Exam, Program Capstone I.B., in Module VIII. Prerequisites: CP 517, CP 568, CP 610, CP 611, CP 612, CP 613, CP 614

### Seminar in Directed Research I.A.

#### CP 650A, .3 Unit

Students enroll in this course in the fall quarter of the second year. Students explore specific research designs and qualitative approaches that involve library literacy and an imaginative approach to a research problem and research question grounded

in marriage and family therapy and professional clinical counseling. Students engage in research related to the recovery model and incorporate a depth perspective in the integration of the material. This course is the second in the seven course research sequence of courses.

# Seminar in Directed Research I.B. CP 650B, .45 Unit

Students enroll in this course in the winter quarter of the second year. The transferential aspects of depth psychological research and the importance of research in advancing the professions of marriage and family therapy, professional clinical counseling, and depth psychology are presented and explored. Reflection regarding the research question and healing is pursued. Students will explore specific research designs and qualitative methodological approaches that involve library literacy, an imaginative approach to a research question, and clinical applicability. This course is the third in seven course research sequence of courses.

# Seminar in Directed Research I.C. CP 650C, .3 Unit

Students enroll in this course in the spring quarter of the second year. Students will identify designs used in published research, and hone critical thinking skills in depth psychological research and methodology grounded in the fields of marriage and family therapy and professional clinical counseling. This course focuses on the vocational aspects of depth psychological research and its impact on the

clinical practice of marriage and family therapy and professional clinical counseling, inclusive of social justice implications. Each student is assigned a Portfolio Thesis Advisor to assist the student with the conceptualization of the thesis, feedback about written components of the thesis, and the thesis process. This course is the fourth in the seven course research sequence of courses.

# Seminar in Directed Research II.A. CP 651A, .75 Unit

The transferential aspects of depth psychological research and the importance of research in advancing the professions of marriage and family therapy, professional clinical counseling, and depth psychology are presented and explored. Methods of analysis needed for formative and summative program evaluation will be assessed inclusive of the depth perspective. The research and writing of the thesis is supervised by a Portfolio Thesis Advisor who guides the students through critiques of drafts of sections of the thesis assigned. Elements written by the student are archived in the student's Research Portfolio. This course is the fifth in the seven course research sequence of courses.

# Seminar in Directed Research II.B. CP 651B, 1 Unit

Students deepen their understanding of the vocational and transformational aspects of depth psychological research as a container for soul work and to foster individual, community, and cultural well-being grounded in marriage and family therapy

and professional clinical counseling. All components of the thesis capstone project are assessed and refined. Research and writing is supported by the instructor and supervised by a Portfolio Thesis Advisor. Elements of the thesis are submitted to the Research Portfolio. This course is the sixth in the seven course research sequence of courses.

# Seminar in Directed Research II.C. CP 651C, 1 Unit

Supervision of research and writing of thesis. Successful completion of the course requires completion and submission of the thesis which is archived in the student's Research Portfolio and approved by the Portfolio Thesis Advisor and Research Associate. The thesis is grounded in the fields of marriage and family therapy and professional clinical counseling and is published in ProQuest. This course is the seventh in the seven course research sequence of courses. *Pass/No Pass*.

# HUMANITIES AND DEPTH TRADITIONS COURSES

# Introduction to the Theories of the Depth Tradition

**CP 534, 2 Units** 

This course is a scholarly introduction to the theories and traditions of depth psychology with an emphasis on the role that depth psychology attributes to the unconscious. Exploration of the cultural-historical and multicultural contexts of depth psychology in

relation to myth, religion, and philosophy are highlighted. Particular attention is given to the origins of depth psychology in the analytic and psychoanalytic literature, subsequent scholarly and clinical developments in depth psychological traditions, as well as contemporary elaborations in depth psychology.

# Depth Psychology Theory and Practice I: Analytical Psychology CP 541, 2 Units

This course introduces the foundational concepts and theories of analytical psychology including the ego, persona, shadow, anima and animus, typology complexes, transference, and countertransference. The personal and archetypal dimensions of the unconscious, the individuation process, the nature and function of psychopathology, and the role of dreams and active imagination are explored. The emphasis is on the application of these concepts to psychotherapeutic practice. **Populations** and specific treatment issues amenable to analytic approaches are examined. The contributions of C.G. Jung, as well as post-Jungian theorists, to the field of analytical psychology are appraised.

# Depth Psychology Theory & Practice II: Imaginal/Archetypal Psychology

**CP 542R, 1.5 Units** 

Imaginal/Archetypal psychology is examined for the ways in which it revisions depth psychological approaches to therapy and culture. James Hillman's legacy of a polytheistic imagination and emphasis on

soul-making is explored. Consideration is given to the development of a poetic basis of mind, a metaphorical sensibility in confronting the complexity of psychological life and "seeing through the literal". Attention is placed on moving from theory to practice regarding the use of archetypal images and psychological reflection to deepen clinical work, and as a way of being in the world that honor diverse perspectives.

# Depth Psychology Theory & Practice III: Psychoanalytic Psychotherapy CP 543R, 1 Unit

This course focuses on the fundamental principles underlying psychoanalytic psychotherapy and a review of the foundational assumptions of psychoanalytic thought. The course will examine the historical and thematic developments governing the evolution of psychoanalytic models over time, including the classical Freudian model, the development of object relations, ego and self psychology theory, and contemporary intersubjective perspectives.

# Depth Psychology Theory & Practice IV: Attachment and Trauma CP 544R, 1 Unit

This course addresses the important influences of early and later attachment relationships on human cognitive, affective, relational, and neurobiological development, and the complex relationship between attachment, affective regulation, and trauma. The curriculum will explore current research suggesting

shifts in attachment theory to a regulation model. Course content will include review of neurobiological systems underlying attachment and developmental change, and how these systems should inform applied models of psychotherapeutic intervention. Various contemporary perspectives on trauma will be explored, including integration between neurobiological perspectives on attachment with psychodynamic depth psychological and perspectives.

# Depth Psychology Theory & Practice V: Environmental Psychology CP 545R, 1 Unit

Environment is intrinsic to the development and maintenance of a sense of self and individual identity. This course will explore the nature and nuances of interrelationships between people and their living environments, including both the natural world and human-built surroundings, and the larger social, cultural, and political contexts in which humans live, with the goal of exploring the individual's relationship to place and space. Through review of related literature, experiential activities and writings, and a willingness to listen to and through place, this course will provide a frame for including this form of work in our clinical awareness.

# Depth Psychology Theory and Practice VI: Somatic Psychotherapy CP 546, 1 Unit

Students will be introduced in this course to theories and therapeutic and depth psychological modalities that emphasize awareness of sensory, affective, cognitive, and imaginal impressions as manifestations of psyche in the sensed-felt-known

field of the body. These impressions and images are manifestations of the prima material and ground somatic psychotherapy in depth psychology within the professions of marriage and family therapy and professional clinical counseling. The functional unity between mind and body as evidenced in recently published research in neuroscience will also be reviewed.

### DEGREE REQUIREMENTS FOR GRADUATION

- 1. Each student must complete a total of 93 quarter units in order to fulfill the unit requirement for graduation.
- 2. A minimum grade of "C" is required in each completed course. A cumulative grade point average of 3.0 must be maintained.
- 3. Students must meet attendance requirements as articulated in the Student Handbook.
- 4. Students must complete a Master's Thesis accepted by the faculty and published on ProQuest.
- 5. Students must complete a minimum of 300 hours supervised practicum, including a minimum of 280 direct service hours.
- 6. Students must participate in 50 hours of personal psychotherapy, inclusive of a minimum of 5 hours each quarter during the 10 quarters of the program.
- 7. Students must pass the Comprehensive Oral Examination in the Spring Quarter of the second year, and the Comprehensive Written Clinical Examination in the Winter Quarter of the third year.

### FIRST YEAR ASSESSMENT

During the spring quarter of a student's first year, the faculty will assess each student's progress in process skills and readiness to begin a clinical practicum. The result of this assessment may include:

- 1. Endorsement of the student's progress as satisfactory.
- 2. Endorsement with reservations and recommendations.
- 3. Recommendation that the student discontinues the program.

### PRACTICUM REQUIREMENT

During the second year of study, students are required to be actively engaged in a supervised practicum site, approved by the program, in order to be eligible to sit for Pacifica's Comprehensive Examinations. Students may complete the supervised practicum as a trainee at a community counseling center, social service agency, hospital, or other approved facility. The program's Clinical Practicum Department provides practicum guidelines and consultation for students as they select supervised practicum sites in their home settings. The choice of a culturally diverse site is encouraged.

### COMPREHENSIVE EXAMINATIONS AND MASTER'S THESIS

Two comprehensive examinations and a master's thesis are to be completed in partial fulfillment of degree requirements. Students work closely with the instructors of Clinical Practice and Directed Research courses during the second and third years of the program in preparation for the comprehensive examinations and master's thesis processes. For a full description of all requirements, consult the current edition of the Pacifica Student Handbook.

The curriculum content areas required by the Board of Behavioral Sciences in the State of California are covered by the following Counseling Psychology Program courses. Each student is responsible for determining and remaining informed of licensure requirements in his or her own state.

#### **Preparation for California Marriage and Family Therapy Licensure**

The Masters in Counseling Psychology program meets the requirements of the California Board of Behavioral Sciences, Senate Bill 33, Section 4980.36 of the Business and Professional Code.

## **Applied Psychotherapeutic Techniques of Marriage and Family Therapy**

CP 610, 611, 612, 613, 614, 615 Clinical Practice I, II, III, IV, V, VI

### **Cross Cultural Mores and Values**

CP 530 Multicultural Counseling Theories and Techniques

CP 511 Cultural Psychology

# **Human Communication**

CP 515, 516, 517 Counseling Skills: Process of Psychotherapy I, II, III

### **Human Growth and Development**

CP 520 Human Growth and Development

### **Human Sexuality**

CP 522 Advanced Theories and Techniques: Human Sexuality

### **Aging and Long Term Care**

CP 526 Geropsychology and Long Term Care

## **Family Violence**

CP 605 Family Systems and Domestic Violence

# **Psychological Testing**

CP 630A, B Psychological Assessment I, II

# **Psychopathology**

CP 502 Psychopathology

# **Research Methodology**

CP 620 Research in Psychology

CP 650 A, B, C Seminar in Directed Research I: A, B, C

CP 651 A, B, C Seminar in Directed Research II: A, B, C

# Theories of Marriage, Family and Child Counseling

CP 601, 602 Marriage, Family, and Relationship Counseling I, II

CP 527, 528, 529 Group Counseling Theories and Techniques I, II, III

CP 501 Counseling and Psychotherapeutic Theories and Techniques

CP 532 Child Psychotherapy

### **Alcohol and Drug Abuse**

CP 660A, B Counseling in Substance Use Disorders, Co-occurring Disorders and Behavioral Addictions I, II

### **Psychopharmacology**

CP 670A, B Psychopharmacology I, II

### **Professional Ethics and Law**

CP 523 Professional Orientation: Ethics and the Law

#### Child Abuse Assessment and Reporting

CP 525 Ethics and the Law: Child Abuse Assessment and Treatment

### **Community Mental Health**

CP 607A, B Community Mental Health Counseling I, II

### **Preparation for California Professional Clinical Counselor Licensure**

The Masters in Counseling Psychology Program meets the requirements of the California Board of Behavioral Sciences, Senate Bill 788, Section 4999.33 of the Business and Professional Code.

#### **Core Courses**

- CP 501 Counseling and Psychotherapeutic Theories and Techniques
- CP 534 Introduction to the Theories of the Depth Tradition
- CP 520 Human Growth and Development
- CP 532 Child Psychotherapy
- CP 526 Geropsychology and Long Term Care
- CP 608A, B Career Development I, II
- CP 527, 528, 529 Group Counseling Theories and Techniques I, II, III
- CP 630A, B Psychological Assessment I, II
- CP 530 Multicultural Counseling Theories and Techniques
- CP 511 Cultural Psychology
- CP 502 Psychopathology
- CP 620 Research in Psychology
- CP 650A, B, C Seminar in Directed Research I: A, B, C
- CP 651A, B, C Seminar in Directed Research II: A, B, C
- CP 523 Professional Orientation, Ethics, and Law in Counseling
- CP 525 Ethics and the Law: Child Abuse, Assessment, and Reporting
- CP 670A, B Psychopharmacology I, II
- CP 660A, B Counseling in Substance Use Disorders, Co-occurring Disorders and Behavioral Addictions I, II
- CP 607A, B Community Mental Health Counseling I, II
- CP 522 Advanced Theories and Techniques: Human Sexuality
- CP 605 Family Systems and Domestic Violence
- CP 565, 566, 567, 568 Professional Skills Development I: A, B, C, D
- CP 665, 666, 667, 668 Professional Skills Development II: A, B, C, D

### **Advanced Coursework**

- CP 515, 516, 517 Counseling Skills: Process of Psychotherapy I, II, III
- CP 601, 602 Marriage, Family, and Relationship Counseling I, II

## **Depth Psychology Theory and Practice**

CP 541 Depth Psychology Theory and Practice I: Analytical Psychology

CP 546 Depth Psychology Theory and Practice VI: Somatic Psychotherapy

# **Supervised Practicum**

CP 610, 611, 612, 613, 614, 615 Clinical Practice I, II, III, IV, V, VI

# **Psy.D. in Counseling Psychology**

## WITH EMPHASIS IN DEPTH PSYCHOLOGY

Pacifica's Psy.D. Program in Counseling Psychology offers a uniquely immersive, experiential and relationally designed doctoral degree in Counseling Psychology designed to prepare graduates for licensure as licensed psychologists. This exciting new program is deeply informed and organized around principles of psychodynamic psychology, and emphasizes psychotherapy practice informed by an appreciation for the importance of the unconscious life in the individual and in communities, as well as an emphasis on the deeply relational quality of human psychology, both as a philosophy of psychotherapeutic intervention and as an organizing principle for the academic program itself. Following a practitioner-scholar model (also called the "Vail model"), this program represents Pacifica's commitment to grounding the principles of depth psychology in clinical practice within community settings. Its graduates will be prepared to function as licensed psychologists in a variety of applied settings, including private practice, community mental health, substance abuse and dual diagnosis settings, hospital and inpatient settings, the nonprofit and private sectors, and many other professional contexts.

Pacifica trains students toward an integration of broad and general knowledge in applied counseling psychology with research on the unconscious and relational factors that motivate individual and collective behavior. Depth psychology invites a curiosity about the psyche and respect for the diversity and resiliency of the human experience. Transdisciplinary courses exploring literature, mythology, religion, and culture deepen students' abilities to link collective systems and archetypal themes to sociopolitical issues in the lives of individuals, families, and communities. Although broadly psychodynamic in its orientation, the Psy.D. Program offers particular emphasis in psychotherapeutic training informed by both psychoanalytic and analytic (Jungian) perspectives.

This program develops psychologists who are skilled in a broad range of clinical work, including psychotherapy, assessment, supervision, and consultation, as well as integrative approaches to health, which are informed by depth psychological perspectives through a psychodynamic lens. As a Psy.D. Program, this degree offering is dedicated to educating future psychologists who prefer to focus on applied practice rather than research, although appreciation for and fluency with the

language and methodology of research also informs the program, culminating in a doctoral dissertation which represents a unique individual contribution to the established research literature. The emphasis on applied practice is grounded in the program's clinical training requirements, including progressively advanced supervised experiences in applied settings gained in practicum and pre-doctoral internship.

The Psy.D. in Counseling Psychology Program's intensive learning and its class cohort configuration lend themselves to an experience of scholarly and personal development. Throughout the program, students are engaged in experiential learning and collaborative processes during quarterly sessions. Collaborative learning reflects Pacifica's team approach to the assessment and treatment of individuals, couples, families, and groups.

The Psy.D. Program is rooted in the culture and academic methodology of Pacifica's long-standing and thriving M.A. Counseling Psychology Program. As an academic degree, it bridges the rich history of teaching depth psychology with the contemporary world of applied counseling psychology. This practical integration emphasizes depth psychological perspectives within current areas of psychological studies such as: relational and intersubjective approaches to psychotherapy; attachment and trauma; evidence-based practices; integrative assessment; interpersonal neurobiology and biopsychosocial approaches to integrative health care; community-based practice approaches; and mental health public policy.

# The Psy.D. in Counseling Psychology is designed to develop graduates who are able to:

- Develop literacy in the literature and tradition of classical and emerging depth psychology scholarship that is also guided by psychodynamic theory and the humanities.
- Critically explore Jungian scholarship and practice including classical analytical traditions as well as contemporary archetypal and imaginal approaches to psychology and psychotherapy.
- Apply principles of classical and contemporary psychoanalytic theory to the relational process of psychotherapy, including contributions of object relations, self psychology, and intersubjectivity theory.

- Be proficient in theoretical orientations that offer perspective and provide meaning to systemic patterns and human behavior.
- Identify underlying psychological and systemic dynamics of human interaction.
- Apply understanding to case conceptualization assessment and treatment in clinical practice.
- Enhance client functioning and well-being via multiculturally sensitive referrals and collaborative treatment team consultations.
- Assess, diagnose, and treat the symptoms and characteristics of behavioral addictions, substance use, and dependence.
- Apply evidence based assessment procedures to client cases and demonstrate awareness of community mental health and diversity-related considerations.
- Apply current legal and ethical standards and guidelines while working with diverse
  populations and demonstrate their knowledge and application in scholarly work and supervised
  practicum as they pertain to marriage and family therapy and professional clinical counseling.
- Identify and integrate systemic depth psychological perspectives of human interaction and demonstrate competence in the field of professional clinical counseling.
- Demonstrate an evolving capacity to self-assess and articulate one's own strengths and organizing principles.
- Understand individual, systemic, community, political, and biologic aspects of diversity and demonstrate knowledge and respect for diversity.
- Participate in advanced practicum seminars conducted as case colloquia that engage psychoanalytic, Jungian/archetypal/imaginal, and other evidence based approaches to clinical practice.

#### **Curriculum Overview**

Counseling Psychology Psy.D. classes occur in three-day sessions (Friday morning through Sunday afternoon) approximately once each month during Fall, Winter, and Spring quarters, with a seven-day Summer session, over a period of three years. Pre-doctoral internship is expected to take place during the fourth year of training in the program, following the completion of coursework, qualifying and comprehensive exam, and significant progress toward dissertation.

### **FIRST YEAR**

### Fall

Professional and Ethical Development Seminar I – PSY 755, 1 Unit Introduction to Depth Psychology – PSY 819, 2 Units Clinical Interview – PSY 940, 1 Unit Jungian Based Psychotherapy I – PSY 810, 2 Units History and Systems – PSY 700, 2 Units

#### Winter

Professional and Ethical Development Seminar II – PSY 756, 1 Unit Psychotherapy with Diverse Populations – PSY 845, 2 Units Gender and Human Sexuality – PSY 901, 1 Unit Advanced Psychopathology I – PSY 730, 2 Units Jungian Based Psychotherapy II – PSY 811, 2 Units

# **Spring**

Professional and Ethical Development Seminar III – PSY 757, 1 Unit
Alcohol, Chemical Dependency, and Addictive Behaviors – PSY 900, 2 Units
Community Mental Health, Public Policy and Depth Psychology – PSY 825, 2 Units
Developmental Psychology I: Childhood Through Adolescence – PSY 830, 2 Units

### Summer

Research Design and Methodology I – PSY 950, 3 Units

Legal, Ethical, and Professional Practice – PSY 832, 2 Units

Social Foundations of Human Behavior I – PSY 800, 2 Units

First Year Annual Assessment for Program Advancement – PSY 758, 0 Unit

### **SECOND YEAR**

### Fall

Objective Personality Assessment – PSY 931, 3 Units Assessment Practicum Seminar I – PSY 759, 1 Unit Psychoanalytic Based Psychotherapy I – PSY 711, 2 Units Research Design and Methodology II – PSY 951, 2 Units

### Winter

Research Design and Methodology III – PSY 952, 3 Units
Assessment Practicum Seminar II – PSY 760, 1 Unit
Advanced Psychopathology II – PSY 731, 2 Units
Psychoanalytic Based Psychotherapy II – PSY 712, 2 Units

# **Spring**

Cognitive and Intellectual Assessment – PSY 930, 3 Units
Assessment Practicum Seminar III – PSY 761, 1 Unit
Projective Personality Assessment – PSY 932, 2 Units
Dissertation Development – PSY 955, 2 Units

### Summer

Cognitive Foundations of Human Behavior – PSY 837, 2 Units

Developmental Psychology II: Adulthood through Old Age – PSY 831, 2 Units

Theories of Psychometric Measurement – PSY 933, 3 Units

Second Year Annual Assessment for Program Advancement – PSY 762, 0 Unit

### THIRD YEAR

# Fall

Advanced Research Methods in Counseling Psychology I – PSY 956, 3 Units Psychotherapy Practicum Seminar I – PSY 763, 1 Unit Psychoanalytic Based Psychotherapy III – PSY 713, 2 Units Evidence Based Best Practices – PSY 913, 2 Units Dissertation Completion I – PSY 958A, 2 Units

#### Winter

Violence and Trauma – PSY 834, 3 Units

Psychotherapy Practicum Seminar II – PSY 764, 1 Unit

Psychoanalytic Based Psychotherapy IV – PSY 714, 2 Units

Principles of Clinical Supervision, Consultation, and Community Assessment – PSY 752, 2 Units

Dissertation Completion II – PSY 958B, 2 Units

# **Spring**

Social Foundations of Human Behavior II – PSY 801, 3 Units

Psychotherapy Practicum Seminar III – PSY 765, 1 Unit

Advanced Research Methods in Counseling Psychology II – PSY 957, 2 Units

Post-Jungian Based Psychotherapy – PSY 815, 2 Units

Dissertation Completion III – PSY 958C, 2 Units

Comprehensive Portfolio – PSY 989, 0 Unit

#### Summer

Principles of Psychopharmacology – PSY 873, 2 Units
Biological Foundations of Human Behavior – PSY 735, 3 Units
Affective Foundations of Human Behavior – PSY 838, 2 Units
Dissertation Completion IV – PSY 958D, 2 Units

#### **FOURTH YEAR**

Pre-Doctoral Internship

Dissertation Completion V – PSY 959A, 3 Units

Dissertation Completion VI – PSY 959B, 3 Units

The required fourth year focuses on internship training and dissertation writing. The program meets the licensure requirements for the state of California. Selected courses have web-enhanced learning components. The curriculum is not intended to meet all the requirements of each state for licensure in clinical psychology. Students are encouraged to regularly check the requirement in the state(s) where they may be practicing. This degree program is accredited by the Western Association of Schools and Colleges Senior College and University Commission (WSCUC). This degree program is not

accredited by the American Psychological Association. The curriculum may vary depending upon changing academic needs.

# History and Systems PSY 700, 2 Units

Students will explore the evolution of psychological concepts in Western history from antiquity to the present era. The course will examine and critique how the historic development of the s psychodynamic, behavioral, contextual, systems, humanistic. existential. and other selected theoretical models has led to current practices in clinical psychology. The importance multicultural and critical perspectives will be emphasized. The systems developed throughout history to define and treat mental illness will be reviewed and evaluated. The course will examine the history of organized and professional psychology in the context of current trends in counseling psychology as a scientific discipline and an applied profession.

# Psychoanalytic Based Psychotherapy I PSY 711, 2 Units

This course focuses on the fundamental assumptions underlying psychoanalytic treatment and a review of the foundational assumptions of psychoanalytic thought. The course will examine the historical and thematic developments governing the evolution of psychoanalytic models over time, including the classical Freudian model, Kleinian perspectives and the development of object relations, and ego and self psychology theory. The

course provides the basis for exploration of current trends in psychoanalytic assessment and treatment.

# Psychoanalytic Based Psychotherapy II PSY 712, 2 Units

This course continues examining psychoanalytic theory and practice, including a scholarly and clinical focus on attachment, defenses, and psychoanalytic personality theory. This review will continue a discussion on the relationships among attachment experiences, defensive style, level of personality organization, and personality style. In addition to advanced conceptualization and diagnostic skills, students will examine and apply treatment considerations based on psychoanalytic case conceptualization. *Prerequisite*: *PSY 711* 

# Psychoanalytic Based Psychotherapy III PSY 713, 2 Units

This course provides an exploration of three related themes underpinning psychoanalytic technique: the capacity to mentalize, the effects and impact of trauma on the psyche, and the principle of intersubjectivity in psychotherapy. Foundational literature in these theoretical areas will be explored, and treatment implications elaborated within the broader context of practice. *Prerequisite:* PSY 711

# Psychoanalytic Based Psychotherapy IV PSY 714, 2 Units

The final course in the psychoanalytic sequence addresses the integration of psychoanalytic thought with other clinical and counseling traditions, including neuropsychology and neurophysiological advancements in the study of the unconscious, outcome research and developments in establishing the efficacy of psychodynamics and psychoanalytic psychotherapy, Jungian theory and ways in which analytic and psychoanalytic theory may function synergistically, and contextual models such as multicultural perspectives and feminist psychoanalytic perspectives. Students examine ways to integrate these integrative perspectives in their clinical practice. Prerequisite: PSY 711

# Advanced Psychopathology I PSY 730, 2 Units

This course emphasizes key concepts related to psychopathology, including dominant and critical contemporary paradigms in diagnosis conceptualization as well as various perspectives on defining metal health and illness. Mental illness, mental disorders, several and co-occurring disorders, are examined with an understanding of the social and psychological implications of socioeconomics, age, gender, and other cultural and political factors that affect social position and social stress. Psychodynamic therapeutic approaches to psychopathology will be illustrated.

# Advanced Psychopathology II PSY 731, 2 Units

This course represents a literature-based review of special topics in psychopathology through a psychodynamic lens, particularly focusing on presentations of trauma and character pathology. Selected topics include psychodynamic conceptualizations of different anxiety states, attachment disorder and trauma, narcissism, impairment in mentalization, and loss and mourning. *Prerequisite: PSY 730* 

# Biological Foundations of Human Behavior PSY 735, 3 Units

Students examine the theoretical concepts and constructs that explain the phylogenic origins underlying human experience, behavior, and the processes of change. This course reviews anatomical and neurological functioning, examining the importance on behavior of micro-biological systems (neuron. synapse, neurotransmitter systems) and macro-level biological systems (central and autonomic nervous systems). Current trends in psychological research regarding the neurobiological foundation of consciousness, dreaming, sensory-motor systems, cognitions, motivation, memory, mindfulness, and attention will be evaluated. The sense of a biological self in relation to attachment, trauma, empathy, and neuroplasticity will be examined.

# **Principles of Clinical Supervision, Consultation, and Community Assessment**

**PSY 752, 2 Units** 

This course provides an exposure to the professional role of psychologists as supervisors and consultants. Theories and approaches to clinical supervision and consultation are examined with special attention given to the interpersonal and psychodynamic aspects of the supervisorsupervisee interaction within broader practice and cultural context. Ethics, diversity, and other professional issues related to clinical supervision and consultation are examined within community mental health and independent practice settings. This course is also designed to introduce students to program evaluation theories and techniques related with focus on community-based assessment of psychological needs and access to care. Grant writing skills with implications for community mental health services will be emphasized.

### Professional and Ethical Development Seminar I PSY 755, 1 Unit

The Professional and Ethical Development Seminars occur in sequence and are designed to assist students in developing the personal and professional capacities and skills necessary for successful functioning as a counseling psychologist. Each installment of this seminar also introduces theoretical concepts informed by the psychodynamic and depth psychological tradition, as well as clinical applications related to boundaries and ethical practice. Students maintain a process journal which

is intended to help integrate course material with personal development. *Pass/No Pass* 

### Professional and Ethical Development Seminar II PSY 756, 1 Unit

The Professional and Ethical Development Seminars occur in sequence and are designed to assist students in developing the personal and professional capacities and skills necessary for successful functioning as a counseling psychologist. Each installment of this seminar also introduces theoretical concepts informed by the psychodynamic and depth psychological tradition, as well as clinical applications related to boundaries and ethical practice. Students maintain a process journal which is intended to help integrate course material with personal development. *Pass/No Pass* 

### Professional and Ethical Development Seminar III

#### **PSY 757, 1 Unit**

The Professional and Ethical Development Seminars occur in sequence and are designed to assist students in developing the personal and professional capacities and skills necessary for successful functioning as a counseling psychologist. Each installment of this seminar also introduces theoretical concepts informed by the psychodynamic and depth psychological tradition, as well as clinical applications related to boundaries and ethical practice. Students maintain a process journal which is intended to help integrate course material with personal development. *Pass/No Pass* 

### First Year Annual Assessment for Program Advancement

#### **PSY 758, 0 Unit**

The annual assessment is conducted through a face-to-face evaluation by Counseling Psychology faculty to assess academic, clinical, interpersonal, professional, ethical and research progress as well as professional values, attitudes and behaviors in order to advance to the second year of the Psy.D. program and to a Supervised Practicum. *Pass/No Pass; No Incompletes* 

#### Assessment Practicum Seminar I PSY 759, 1 Unit

This seminar is designed to assist students in the integration of applied practicum training with coursework at Pacifica. Students will examine and articulate their personal and professional identities through developing professional values, roles and behaviors consistent with the role of a counseling psychologist. To support student's socialization into the field of counseling psychology, the seminars will specifically focus on assessment, case conceptualization, and treatment planning. Ethical and cultural aspects of clinical practice and supervision are emphasized. Pass/No Pass

# Assessment Practicum Seminar II PSY 760, 1 Unit

This seminar is designed to assist students in the integration of applied practicum training with coursework at Pacifica. Students will examine and articulate their personal and professional identities

through developing professional values, roles and behaviors consistent with the role of a counseling psychologist. To support student's socialization into the field of counseling psychology, the seminars will specifically focus on assessment, case conceptualization, and treatment planning. Ethical and cultural aspects of clinical practice and supervision are emphasized. *Pass/No Pass* 

### Assessment Practicum Seminar III PSY 761, 1 Unit

This seminar is designed to assist students in the integration of applied practicum training with coursework at Pacifica. Students will examine and articulate their personal and professional identities through developing professional values, roles and behaviors consistent with the role of a counseling psychologist. To support student's socialization into the field of counseling psychology, the seminars will specifically focus on assessment. case conceptualization, and treatment planning. Ethical and cultural aspects of clinical practice and supervision are emphasized. Pass/No Pass

# Second Year Annual Assessment for Program Advancement

#### **PSY 762, 0 Unit**

In this assessment each student will be evaluated to assure readiness to perform in the advanced practicum with an emphasis on case conceptualization, integration of foundational psychological knowledge and practice, and

interpersonal skills. *Prerequisite:* PSY 758; Pass/No Pass; No Incompletes

#### Psychotherapy Practicum Seminar I PSY 763, 1 Unit

This seminar offers students a forum in which to integrate psychotherapy experiences of practicum with academic coursework at Pacifica. Professional and ethical values, attitudes and behaviors as well as communication and interpersonal skills are emphasized. *Pass/No Pass* 

#### Psychotherapy Practicum Seminar II PSY 764, 1 Unit

This seminar offers students a forum in which to integrate psychotherapy experiences of practicum with academic coursework at Pacifica. Professional and ethical values, attitudes and behaviors as well as communication and interpersonal skills are emphasized. *Pass/No Pass* 

#### Psychotherapy Practicum Seminar III PSY 765, 1 Unit

This seminar offers students a forum in which to integrate psychotherapy experiences of practicum with academic coursework at Pacifica. Professional and ethical values, attitudes and behaviors as well as communication and interpersonal skills are emphasized. *Pass/No Pass* 

#### Social Foundations of Human Behavior I PSY 800, 2 Units

This course continues the examination of social psychology with an emphasis on social influence which includes the principles and theory of group formation and development, impact of culture on group behavior, conformity, and persuasion. The course also examines current research in group dynamics, interpersonal behavior, intimacy, leadership, and helping. Discussion also includes relevance of social psychological research to clinical practice and depth psychology.

### Social Foundations of Human Behavior II PSY 801, 3 Units

This course studies current advancements in social psychology and provides an overview of the three main areas of social psychological thought which include social thinking, social influence, and social relations. Social thinking area includes discussion of self, beliefs, judgments, and attitudes. The study of social influence includes the impact of culture, conformity, persuasion, and group behavior on social functioning. Social relations area examines social relationships and how they are influenced by prejudice, aggression, attraction, and helping. This course emphasizes social thinking and social relationships as well as current social psychological research findings and the role of depth psychology in each of these areas.

#### Jungian Based Psychotherapy I PSY 810, 2 Units

Classical and contemporary scholarship on Jungian concepts related to personality structure and function such as ego, Self, persona, shadow, anima/animus, archetype, collective unconscious, transcendent function, and individuation are examined. Clinical application of Jungian thought is demonstrated through theoretical discussions, case examples, and the reading of primary Jungian sources. An analysis is provided of the critiques of Jungian concepts from postmodern and multicultural perspectives.

### Jungian Based Psychotherapy II PSY 811, 2 Units

This course will expand consideration of classical Jungian scholarship related to theories of affect and cognition (mind) such as the individuated ego, personal and collective shadow, the contra-sexual archetypes anima/animus, manifestations of the Self, dreams and numinous experiences, and their application to clinical practice. In addition, Jungian personality typology is examined, archetypal figures and patterns explored, and the use of myths in depth psychotherapy elaborated. Affective and cognitive applications of Jungian approaches psychotherapy are presented. Students continue the work of self-reflection to further their individuation process as central to their work as clinical depth psychologists. Prerequisite: PSY 810

### Post-Jungian Based Psychotherapy PSY 815, 2 Units

This course examines the scholarly works of post-Jungian theorists and psychotherapists who contributed to the development of Jungian/Post-Jungian psychotherapy and scholarship. The course discusses recent developments in the evolution of Jungian thought and practice, which includes multicultural, alchemical, somatic, and ecological considerations. Interactions between biological sciences. specifically contemporary developments. neuropsychological complexity theory, and biological systems theories are emphasized. The importance of myths, fairytales, mystery traditions and various cultural mythologies are discussed in relation to their applicability to culturally relevant clinical practice. Students are asked to engage in self-reflection to further their individuation process as central to their work as clinical and depth psychologists. Prerequisites: PSY 810, PSY 811

### Introduction to Depth Psychology PSY 819, 2 Units

This course is a scholarly introduction to the theories and traditions of depth psychology with an emphasis on the role that depth psychology attributes to the unconscious. Exploration of the cultural-historical and multicultural contexts of depth psychology in relation to myth, religion, philosophy, art and literature is highlighted. Particular attention is given to the origins of depth psychology in the analytic and psychoanalytic literature, subsequent scholarly and

clinical developments in depth psychological traditions, as well as contemporary elaborations in depth psychology.

#### Community Mental Health, Public Policy, and Depth Psychology PSY 825, 2 Units

This course emphasizes how public policy impacts all aspects of clinical practice in both the public and private mental health service delivery system. Mental health policy practices will be explored. Students learn how to utilize the principles of depth psychology in the community mental health system. The importance of learning administrative skills to improve service delivery is emphasized including the development of administrative strategies that include the Jungian concepts of organizational archetypes, complexes, and the shadow in order to create effective work place environments.

#### Developmental Psychology I: Childhood Through Adolescence PSY 830, 2 Units

Students study developmental theories, constructs, research, and methods as they contribute to understanding normative human development and its variants in early childhood and adolescence. Emphasis is on the psychological, biological and neurological development from conception through childhood and adolescence and attachment issues that shape early human development. Childhood experiences violence and trauma are emphasized. Current developmental and

biopsychosocial research, clinical implications, cultural considerations, and contemporary trends in childhood and adolescent development are examined.

# Developmental Psychology II: Adulthood through Old Age PSY 831, 2 Units

This course continues the study of developmental theories, constructs, research, and methods as they contribute to understanding normative human development and its variants in adulthood through old age. Emphasis is on the psychological, social, biological, and neurological development during adulthood and the later stages of life. Special focus is given to aging and long term care, elder violence and abuse, end of life meaning, and life-long psychological development as part of developmental human trajectory. Specifically, the course provides a review of biological, social, and psychological aspects of aging as well as multicultural and clinical considerations in regard to these experiences.

### Legal, Ethical, and Professional Practice PSY 832, 2 Units

The ethical and legal considerations involved in the practice of clinical and scientific psychology are examined with an emphasis on the American Psychological Association's ethical guidelines. The course features discussion of key issues involved in academic work, research and professional practice with an emphasis on the development of ethical and professional judgment. Child abuse assessment and

reporting as well as suicide and homicide prevention and intervention are emphasized. Topics include forensic psychology, cultural competence, malpractice, and legal responsibilities. This course meets the criteria set forth by the California Board of Psychology for training in Legal, Ethical, and Professional Practice required for California licensure.

## Violence and Trauma PSY 834, 3 Units

The course will review scholarship in relation to social, developmental, and relational theories of violence in intimate relationships and families with special focus on partner and child abuse, detection, intervention and prevention. The intrapersonal and interpersonal dynamics related to trauma and recovery will be discussed. The coursework also provides coverage of partner and child abuse assessment and reporting. The developmental impact of early trauma, including dissociation, and introjection as well as depth psychological treatment approaches will be emphasized.

# Cognitive Foundations of Human Behavior PSY 837, 2 Units

This course examines the interdependence of cognition and emotion in psychological experience and behavior. Discussion of this relationship includes the interactive influence of perception, attention, learning, memory, contextual appraisals and biases, emotional regulation, creative thinking,

conscious and unconscious processing and problem solving. Related topics include sensation, perception, memory, cognition, emotion, motivation, and psychophysiological processes.

### Affective Foundations of Human Behavior PSY 838, 2 Units

This course aims to provide an overview and clinical implications of understanding the development of affective regulation related to psychological functioning. In addition to discussing theories of emotions and emotional regulation, the course focuses on how capacity for affective self-regulation and communication is influential in intrapersonal and relational functioning of individuals communities. Discussion of emotion involves the biological and social bases of emotion, its cognitive correlates, and the impact on emotional states. Specifically, the course emphasizes classic and contemporary psychoanalytic and Jungian scholarship on affective foundations of human behavior.

### Psychotherapy with Diverse Populations PSY 845, 2 Units

Cultural competence or the knowledge, skills, and attitudes necessary to work effectively as a diversity-focused and social justice-oriented clinician are an ethical responsibility in a multicultural society. This course examines the role of culture in psychotherapy and assessment, as well as key issues in the provision of psychological services with individuals or communities, which face cultural and

institutional forms of oppression and have been marginalized within systems of social care. Biases in traditional clinical theory and practice are discussed, while culturally relevant intervention strategies with individuals of different cultural backgrounds are introduced. Depth psychological concepts in relation to culture, such as the notion of an ethnic or minority unconscious, cultural trauma, and cultural complexes are also explored.

### Principles of Psychopharmacology PSY 873, 2 Units

This course examines the principles of psychopharmacology as well as an overview of pertinent neurochemistry. The indications and side effects of common psychoactive medications are evaluated. Contemporary scholarship on plant based medicines and use of mood-altering substances in psychological treatment is introduced. The impact of medications on the psychotherapeutic process and the importance of a coordinated treatment plan with the prescribing medical provider are examined. Issues of ethical and cultural values in pharmacological questions are raised.

### Alcohol, Chemical Dependency, and Addictive Behaviors

#### **PSY 900, 2 Units**

This course covers the theory and treatment of addictive behaviors. Areas covered in this course include current theories of etiology, physiological and medical aspects of substance abuse and dependence, psychopharmacological and

interaction of varied classes of drugs, dualdiagnosis, cultural and ethnic considerations, iatrogenic dependency, treatment approaches, differences in populations related to substance abuse, prenatal effects of abuse, implications for elderly clients, referral process, family issues, prevention and education, and ethical and legal issues.

### Gender and Human Sexuality PSY 901, 1 Unit

This course will focus on cultural, historical, theoretical and clinical constructions of gender and sexuality. Biological and psychological as well as socio-cultural variables associated with gender, sexual identity, sexual desire, sexual behavior and disorders are discussed. Feminist, critical, crosscultural and depth psychological lens will be applied within the material.

### Evidence Based Best Practices PSY 913, 2 Units

This course is an overview of clinical treatments in relation to their efficacy in treatment of psychological disorders. Methods of evaluations of the efficacy of interventions and their limits are discussed. The findings in outcome research regarding therapeutic interventions are evaluated and critiqued. Interventions and combinations of interventions for the major disorders are examined, as well as the integration of individual, group, and psychopharmacological therapies are discussed. Specific focus is given to short term psychoanalytic

and psychodynamic approaches as well as the scientific evidence supporting the efficacy of depth psychological practices.

# Cognitive and Intellectual Assessment PSY 930, 3 Units

The psychological assessment course series begins with the study of psychometric theory including test construction, standardization, validity, reliability, and the appropriate and ethical use of assessment for individuals from diverse backgrounds. administration, scoring, and interpretation of the Wechsler intelligence scales, Wechsler Memory Scales, and selected achievement tests and tests of adaptive behavior are highlighted with special emphasis on integrating the results with clinical judgment, effective report writing, evidence-based treatment planning, and communication assessment results. Students are provided with an overview of neuropsychological assessment including structured interviewing, review of typical neuropsychological batteries, and strategies of interpreting and integrating neuropsychological assessment data. The course will focus on foundational psychometric theory in the context of emphasizing applied, evidence-based best practices in cognitive assessment.

### Objective Personality Assessment PSY 931, 3 Units

The course focuses on foundational psychometric theory in the context of emphasizing practical, evidence-based best practices in personality assessment. Students learn the principles of personality assessment and learn how to administer, score, and interpret instruments including the MMPI-2, MCMI-III, and BDI-II. Integrating results into client-centered, case-focused, and therapeutic reports for clinical, vocational, medical, and forensic settings is emphasized.

### Projective Personality Assessment PSY 932, 2 Units

This course focuses on psychometric theories and applications performance-based practical of personality instruments (projectives) with an emphasis on the Rorschach. Course also includes examination of the Thematic Apperception Test, Sentence Completion Test and projective drawings. Information derived from performance-based personality assessment is used to develop therapeutic, client-centered, case-focused reports that describe the psychological background of the client as well as answer the referral question. An emphasis on using assessment results to enhance the therapeutic process by utilizing evidence-based best practices is made.

### Theories of Psychometric Measurement PSY 933, 3 Units

The course covers classical and current psychometric theory and procedures involved in constructing and evaluating measurement instruments in clinical psychology including the key concepts of scale development. Cronbach's alpha, exploratory and confirmatory factor analysis, types

of reliability and validity, and other methodologies are examined.

### Clinical Interview PSY 940, 1 Unit

Students learn the essential skill sets involved in biopsychosocial assessment and related clinical interviewing techniques. The course focuses on how to conduct a clinical interview as part of an initial assessment. The course also examines the ethical dilemmas, interdisciplinary conflicts, human diversity and system of care issues that may surface during the clinical interview. Child abuse and reporting, suicide and homicide assessment are emphasized.

#### Research Design and Methodology I PSY 950, 3 Units

This course provides an overview of univariate statistical methods or those pertaining to analysis of a single, continuous, dependent variable. The goal of this overview is to prepare students to be competent and critical consumers of quantitative research for clinical practice. An applied overview of both descriptive and inferential statistics is provided. Topics covered include: (1) Descriptive statistics (Measurement scales, frequency distributions, measures of central tendency, measures of spread (variability), measures of linear relationships, and standard scores), and (2) Inferential statistics (hypothesis testing, correlation and regression, Ztests, t-tests, one way analysis of variance [ANOVA], Chi-Square tests and estimation of population parameters from sample data). Survey and experiential approaches to research and clinical investigations are examined.

### Research Design and Methodology II PSY 951, 2 Units

This course introduces students to the distinctive theory of research in clinical practice. A depth psychological approach to research is emphasized, and students will explore designing and conducting qualitative research. The organic relationship between methodological approach, research questions, and research findings will be studied, and emphasis is given to ethics in academic research, as well as multicultural perspectives. During this course students begin to explore and organize their research for the dissertation.

# Research Design and Methodology III PSY 952, 3 Units

This course continues to prepare students to be competent and critical consumers of quantitative research for clinical practice by the examination and applicability of advanced quantitative methods including multivariate statistical analysis. This course assists students in becoming skilled in reading, understanding, and using quantitative research designs. Course also examine the broad principles and application of multivariate statistical models for the design of quantitative studies and the treatment of data as well as the statistical methods employed in clinical research studies. Topics include multivariate analysis of variance and covariance,

factor analysis, power, multiple regression, and meta-analysis. *Prerequisites: PSY 950* 

# Dissertation Development PSY 955, 2 Units

This course emphasizes the development of critical thinking skills related to evaluating research studies and the writing of a dissertation in counseling psychology. Coursework is designed to culminate in a Concept Paper draft which describes a well-defined research inquiry and represents the organizing principles of the dissertation. *Prerequisites: PSY 950, PSY 951, PSY 952; Pass/No Pass* 

# Advanced Research Methods in Counseling Psychology I

#### **PSY 956, 3 Units**

This course focuses on the review of current approaches to applied research in clinical psychology. Particular attention is given to research methodologies as well as the philosophical and epistemological foundations of clinical research. The course results in an advanced review of the literature on a selected topic related to the clinical research question developed for the dissertation. *Prerequisite: PSY 955* 

# Advanced Research Methods in Counseling Psychology II

#### **PSY 957, 2 Units**

This course critically examines the variety of applied methods in clinical psychology, including both quantitative and qualitative methods as well as theoretical and interpretative approaches. The course results in an advanced application of selected research methods to the clinical research question of the dissertation. *Prerequisite:* PSY 955, 956

### Dissertation Completion I-IV PSY 958A/B/C/D, 2 Units Each

This course is intended to accompany student work with their dissertation committee in order to assure timely completion of the Dissertation. Students will work closely with their chair and committee to coordinate written drafts and committee feedback. Dissertation Completion is taken under the direction of the Chair of the dissertation committee and concurrently with third year academic courses.

Prerequisite: PSY 955; Pass/No Pass

### Dissertation Completion V-VI PSY959A/B, 2 Units Each

This course is intended to accompany student work with their dissertation committee in order to assure timely completion of the Dissertation. Students will work closely with their chair and committee to coordinate written drafts and committee feedback. Dissertation Completion is taken under the direction of the Chair of the dissertation committee and concurrently with third year academic courses.

Prerequisite: PSY 955; Pass/No Pass

### Comprehensive Portfolio

#### **PSY 989, 0 Unit**

The Comprehensive Exam Portfolio is designed to assess student competencies in the area of each of the three Program Domains: Depth Psychological Clinical Practice, Research and Scholarly Inquiry,

and Community Service and Clinical Engagement. Students must pass all components of the Comprehensive Portfolio in order to advance to Internship. *Prerequisite: PSY 762; Pass/No Pass; No Incompletes* 

#### DEGREE REQUIREMENTS FOR GRADUATION

- 1. Students must complete a total of 106 quarter units to fulfill the unit requirement for the degree.
- 2. A minimum grade of "B" is required in each completed course. A cumulative grade point average of 3.0 must be maintained.
- 3. Students must meet attendance requirements as articulated in the Student Handbook.
- 4. In order to proceed to the second and third years of coursework, students must pass the First and Second Year Assessment for Program Advancement, which encompass a comprehensive review of coursework, annual evaluations, advancement toward clinical practicum training goals, writing skills and readiness to conduct research.
- 5. Students must successfully pass the Comprehensive Portfolio.
- 6. Students must submit and defend an original dissertation accepted by the faculty.
- 7. Students are required to complete a minimum 1,000 hours of practicum and 1,500 hours of internship.
- 8. Students are required to complete a total of 60 hours of personal therapy.
- 9. Students must comply with all the policies and procedures articulated in the Student, Dissertation, and Clinical Handbooks.

#### FIRST AND SECOND YEAR ASSESSMENTS

During the spring quarter of a student's first year, the faculty will assess each student's progress in process skills and readiness to begin a clinical practicum. This process allows the faculty to remain in touch with student progress and to provide timely feedback.

#### COMPREHENSIVE PORTFOLIO ASSESSMENT

The Comprehensive Exam Portfolio is designed to assess student competencies in the area of each of the Program Domains. Students must pass all components of the Comprehensive Exam Portfolio in order to advance in the Clinical Psychology Program to Dissertation Writing or Internship.

#### **CLINICAL TRAINING**

A minimum of 1,000 hours of practicum and 1,500 hours of internship are required. Students will be placed in practicum in coordination with the Director of Clinical Training. Students must obtain Internship through a competitive application process. It is highly recommended that these internships be completed in a multidisciplinary setting offering a variety of training experiences. Pre-doctoral internship in clinical psychology is a supervised summative training experience, which integrates academic learning and previous applied clinical training at the practicum level. Upon completion of the academic program, comprehensive portfolio, dissertation, and 1,000 hours of practicum training, students in good standing are required to complete 1,500 hours of pre-doctoral internship in clinical psychology. Students from California may participate in the California matching system for internships through the California Psychology Internship Council (CAPIC). Candidates for internship must demonstrate readiness to apply for internship to the Director of Clinical Training.

#### PREPARATION FOR CLINICAL PSYCHOLOGY LICENSURE

This curriculum may not meet all the requirements of each state for licensure in clinical psychology. Students seeking licensure in California will acquire regional accredited doctoral training qualifying them to pursue licensure as a clinical psychologist in California; however because requirements do change, students are responsible for remaining aware of current licensure regulations. Other students may need to meet additional licensure requirements in their home states, and are likewise responsible for knowing their applicable state licensure requirements.

### **Doctoral Programs in Clinical Psychology**

Pacifica Graduate Institute's Clinical Psychology Programs seek to educate students through engaging their intellectual and relational clinical capacities in addition to inviting them toward a radically transformative relationship with themselves and the world. The programs offer training within both the human sciences and natural sciences paradigms, including broad and general foundational courses in psychology as well as courses that draw on areas such as humanities, philosophy, history, anthropology, physics (complexity theory), cultural studies, and the arts.

The programs emphasize training that integrates clinical practice and scholarship as well as include foundational courses provide training in areas of psychology required for licensure as a clinical psychologist, including social, affective, cognitive and biological bases of behavior, as well as assessment, ethics, and research. Depth psychological areas of emphases are viewed as central to all aspects of training, and courses are taught by faculty who bridge prevailing and depth psychological approaches in their scholarship and practice. Students also gain applied experience in advanced clinical and research training specific to depth psychological traditions. Integration of social justice and critical cultural awareness are stressed throughout both programs.

Depth psychology is found in multiple cultural contexts and perspectives, and often includes the systematic explorations of classic and contemporary psychoanalytic and Jungian/analytic theories with focus on the significance of the unconscious and relational phenomena in human experience. The programs' depth orientation is infused throughout the curriculum, emphasizing such depth psychological and related approaches as relational psychoanalysis, archetypal psychology, phenomenology, social constructivism, decolonial and feminist approaches, as well as other recent developments related to psychoanalytic and Jungian practices.

The following descriptions provide further information about the M.A. /Ph.D. and Psy.D. Clinical Psychology Programs, including their different models of education and specific course offerings.

### M.A. /Ph.D. in Clinical Psychology

#### WITH EMPHASIS IN DEPTH PSYCHOLOGY

Inaugurated in 1987, Pacifica's Ph.D. Clinical Psychology Program is dedicated to educating scholar-practitioner-activists who integrate theory, research and socially informed clinical practice within human science and depth psychology traditions. The program stresses engagement with issues of social justice and care as essential to the role of clinical psychologist as a citizen. The curriculum is designed to facilitate licensure as a clinical psychologist, based on current educational requirements for psychologists in the State of California.

The M.A. /Ph.D. in Clinical Psychology Program focuses on theoretical, cultural, and clinical traditions of depth psychology. Found in multiple cultural contexts and perspectives, including the groundbreaking explorations of Freud and Jung, depth psychologies are distinguished by their recognition of a latent or unconscious dimension of psychological life. This unconscious element, or depth in human experience, is understood as essential to the transformative character of the therapeutic relationship as well as engagement in scholarly inquiry.

Thus, the program is inspired by psychoanalytic, Jungian, and existential phenomenological perspectives in their historical and contemporary formulations, including relational, archetypal, and hermeneutic psychologies. Significant attention is given to dialogue with related disciplines such as multiculturalism, postmodernism, feminist theory, gender studies, indigenous psychology, complexity theory, liberation and decolonial critical approaches, ecological studies, and humanistic-existential values.

Clinical instruction emphasizes the importance of the therapeutic relationship, the significance of attention to interiority and complexity of human inner experience, early development (i.e., attachment, socio-historical context), developmental stages across the lifespan, processes of personal and community based transformation, mind-body integration, therapeutic presence, and the cultural context of healing. A critical dialogue is maintained with contemporary developments in the field, such as neurosciences and neuropsychoanalysis with critical historical examinations of factors that influence the practice and science of psychology.

The commitment to a human science model of psychology—a viable alternative to conventional psychology's natural science approach—emphasizes human meaning as the fundamental component of psychological life. This focus on meaning, carried out by way of the program's qualitative research orientation, yields an in-depth understanding of how things matter for people within their life situations. Acknowledging the cultural and historical character of meaning, human science psychology is deliberately affiliated with the humanities. Accordingly, our curriculum is infused with the study of mythology, history, religion, philosophy, literature, and the arts.

By emphasizing the importance of scholarship in the education of psychologists, the program continues depth psychology's longstanding approach to clinical training. The clinical orientation that infuses our curriculum facilitates the engagement of theory and research in addressing individual, community, and global concerns.

Our goal is to prepare students to become constructively engaged in diverse clinical, academic, and community settings as researchers, clinicians, and citizen-activists who are grounded in deeply humane, theoretically sophisticated, and socially conscious approaches to clinical psychology. The engaging beauty of the campus, an intense residency format, and class cohort configuration lend themselves to an experience of scholarly and personal development keenly attuned to Pacifica's mission of "caring for soul in and of the world."

#### **Curriculum Overview**

Clinical Psychology M.A. /Ph.D. classes take place in four-day sessions (Thursday evening through Sunday afternoon) once each month during fall, winter, and spring. There is also a week-long summer session each year. Between learning sessions, advising, mentoring, study and instruction continue through individual and group mentorship from faculty, web-enhanced learning, and cohort support groups.

#### FIRST YEAR

#### **PRACTICUM SEMINARS**

Professional and Ethical Development Seminar I, II, III - CL 755, CL 756, CL 757, 1 Unit Each

#### ANNUAL ASSESSMENT

1st Year Annual Assessment for Program Advancement – CL 758, 0 Unit

#### DEPTH PSYCHOLOGY CLINICAL AND FOUNDATIONAL PRACTICE COURSES

Psychoanalytic-Based Psychotherapy I: Developmental Perspectives – CP 711, 2 Units Jungian-Based Psychotherapy I: Personality Structure and Function – CP 810, 2 Units History and Systems of Psychology – CP 700, 2 Units Psychological Assessment I, II – CP 930, CP 931, 2 Units Each Legal, Ethical, and Professional Practice – CP 832, 2 Units Advanced Psychopathology I – CP 730, 2 Units Biological Foundations of Human Behavior – CP 735, 2 Units

#### **HUMAN SCIENCE RESEARCH AND SCHOLARLY INQUIRY COURSES**

Research Designs and Methodology I: Qualitative, Quantitative, and Mixed Methods – CP 932, 2 Units

Research Designs and Methodology II: Qualitative Methods of Analysis – CP 933, 2 Units

Research Designs and Methodology III: Quantitative Design and Statistical Analysis – CP 926, 3

Units

#### SOCIAL JUSTICE AND SOCIAL ACTIVISM COURSES

History of Depth Psychology and the Human Science Traditions – CL 819, 2 Units Phenomenological Psychology: Theory and Practice – CL 917, 2 Units Emergent Clinical and Social Theories in Depth Psychology – CP 799, 2 Units

#### **SECOND YEAR**

#### PRACTICUM SEMINARS

Supervision Practicum Seminar I, II, III: Assessment and Diagnosis – CL 759, CL 760, CL 761, 1 Unit Each

#### DEPTH PSYCHOLOGY CLINICAL AND FOUNDATIONAL PRACTICE COURSES

Psychoanalytic-Based Psychotherapy II: Personality and Psychopathology – CP 712, 2 Units

Jungian-Based Psychotherapy II: Affect, Mind, and Psyche – CP 811, 2 Units

Principles of Psychopharmacology – CP 873, 2 Units

Developmental Psychology through the Lifespan - CP 830, 3 Units

Alcohol, Chemical Dependency, and Addictive Behaviors – CL 900, 2 Units

Cognitive Foundations of Human Behavior – CL 837, 2 Units

Affective Foundations of Human Behavior – CL 838, 2 Units

#### HUMAN SCIENCE RESEARCH AND SCHOLARLY INQUIRY COURSES

Advanced Clinical Research Approaches and Dissertation Development I – CP 961, 1 Unit

Depth Psychological Designs and Methods I – CL 928, 2 Units

Research Designs III: Test and Measurement – CP 934, 2 Units

#### SOCIAL JUSTICE AND SOCIAL ACTIVISM COURSES

Indigenous Approaches to Psychology – CP 803, 1 Unit

Archetypal Psychology I: Social Basis of Human Experience - CP 840, 2 Units

Social Foundations of Human Behavior – CL 800, 2 Units

Emergent Clinical and Social Theories in Depth Psychology – CP 799, 2 Units

#### ANNUAL ASSESSMENT

2<sup>nd</sup> Year Annual Assessment for Program Advancement – CL 762, 0 Unit

#### Qualifying Exam for M.A. in Clinical Psychology

M.A. Qualifying Exam – CL 890, 0 Unit

#### THIRD YEAR

#### **PRACTICUM SEMINARS**

Psychotherapy Practicum Seminar I, II, III: Effective Psychological Interventions – CL 763, CL 764, CL 765, 1 Unit Each

#### ANNUAL ASSESSMENT

3rd Year Annual Assessment for Program Advancement – CL 766, 0 Unit

#### DEPTH PSYCHOLOGICAL CLINICAL AND FOUNDATIONAL PRACTICE COURSES

Post-Jungian Psychotherapy: Biological, Ecological, and Cultural Systems – CP 745, 2 Units

Theories of Group Psychotherapy - CP 719, 1 Unit

Archetypal Psychology II: Personality, Psychopathology, and Culture – CP 814, 2 Units

Advanced Psychopathology II - CP 731, 2 Units

Principles of Clinical Supervision and Consultation – CL 752, 1 Unit

Evidence-Based Psychotherapies – CL 912, 2 Units

Violence and Trauma: Developmental and Social Theories – CP 834, 2 Units

#### RESEARCH AND SCHOLARLY INQUIRY COURSES

Advanced Clinical Research Approaches and Dissertation Development II – CP 962, 2 Units Depth Psychological Designs and Methods II – CL 929, 2 Units

Advanced Clinical Research Approaches and Dissertation Development III - CP 963, 2 Units

Research Designs and Methodology IV: Advanced Qualitative Methods - CL 940, 2 Units

#### SOCIAL JUSTICE AND SOCIAL ACTIVISM COURSES

Gender and Human Sexuality – CP 901, 1 Unit

Psychotherapy with Diverse Populations – CP 845, 2 Units

Emergent Clinical and Social Theories in Depth Psychology – CP 799, 2 Units

#### **Capstone Projects and Program Requirements**

Comprehensive Exam Portfolio – CP 989, 0 Unit (Degree Requirement)

Dissertation Writing – CP 990, 15 Units (Degree Requirement)

Pre-doctoral Internship – CP 980 (Degree Requirement)

Personal Psychotherapy – CP 950, 0 Unit (Degree Requirement)

Selected Courses have web-enhanced learning components. The curriculum is not intended to meet all the requirements of each state for licensure in clinical psychology. The curriculum may vary depending upon changing academic needs. The required fourth and fifth years of study focus on internship training and dissertation writing.

#### PRACTICUM AND SUPERVISION SEMINARS

The Seminars prepare students for applied clinical work in practicum and internship sites. The seminars serve as a context for students to be mentored into the profession by the Clinical Psychology Faculty, through a seminar format wherein students learn from the clinical expertise of the faculty. Seminars are also designed to offer students a forum in which to integrate clinical experiences gained in practicum with their academic coursework.

# Professional and Ethical Development Seminar I CL 755, 1 Unit

In this initial seminar of the first-year series, students will be asked to develop educational and career goals as well as strategies toward becoming licensed as psychologists. Professional values, attitudes and behaviors are emphasized. Students will begin the process of developing a professional identity as a clinical psychologist, the needed interpersonal and emotional capacities vital to the discipline, and the importance of organizational knowledge about mental health systems and licensure. Topics covered in this seminar include an overview of Pacifica's clinical psychology training program, the professional identity of a clinical psychologist, and the career path to licensure. Ethical, legal, and professional behavior and attitudes within the context of working with diverse clients and communities are emphasized.

### Professional and Ethical Development Seminar II CL 756, 1 Unit

Students will continue the process of developing a professional identity as a clinical psychologist, the needed interpersonal and emotional capacities vital the discipline, and the importance organizational knowledge about mental health systems and licensure. Planned topics include basic psychotherapeutic processes and interview skills, including multicultural competencies. A practicum application workshop will also be included in this seminar. Professional values. attitudes behaviors within the context of working with diverse clients and communities are emphasized.

### Professional and Ethical Development Seminar III

#### **CL 757, 1 Unit**

The final seminar in the first-year series is intended to introduce the student to professional practice as a clinical psychologist, and to prepare the student to begin applied clinical work in a field practicum setting in the 2nd year. The seminar will include topics of the public mental health care system, levels of care, ethical and legal issues, career planning, and self-care. Professional values, attitudes and behaviors are emphasized. Ethical and legal standards in the field are specifically addressed.

#### 1<sup>st</sup> Year Annual Assessment for Program Advancement

#### CL 758, 0 Unit

In this module, each student will have a face-to-face evaluation by Clinical Psychology Faculty to assess academic, clinical, and research as well as professional values, attitudes and behaviors in order to advance to the second year of the clinical program and to a Supervision Practicum. *Pass/No Pass; No Incompletes* 

# **Supervision Practicum Seminar I: Assessment and Diagnosis**

#### **CL 759, 1 Unit**

This seminar is designed to assist students in the integration of their clinical training and issues at their practicum sites with coursework at Pacifica. Professional values, attitudes, and behaviors continue to be highlighted. The students discuss issues of case formulation, assessment, and treatment planning. Ethical and cultural aspects of clinical practice and supervision are emphasized. *Prerequisite: CL 758; No Incompletes* 

# **Supervision Practicum Seminar II: Assessment and Diagnosis**

#### **CL 760, 1 Unit**

This seminar continues assisting students in the ongoing integration of clinical training and issues at their practicum sites with coursework at Pacifica. The students discuss issues related to affective regulation, therapeutic communication, symptomology, and function of defenses.

Communication and interpersonal skills are specifically highlighted and examined. Ethical and cultural aspects of clinical practice and supervision are emphasized. *Prerequisite*: *CL* 758; *No Incompletes* 

# **Supervision Practicum Seminar III: Assessment and Diagnosis**

#### **CL 761, 1 Unit**

This seminar completes the second-year diagnostic practicum sequence. It offers students a forum by which to further integrate clinical training and issues at their practicum site with academic coursework at Pacifica. of Issues transference and countertransference, boundaries, and projective functions are discussed. Students specifically focus on examining and applying varied methods of applying scholarship on relational dynamics in assessment and diagnosis relevant for case formulation and treatment planning. Communication and interpersonal skills are specifically highlighted and examined. Ethical and cultural aspects of clinical practice and supervision are emphasized. Prerequisite: CL 758; No Incompletes

### 2<sup>nd</sup> Year Annual Assessment for Program Advancement

#### **CL 762, 0 Unit**

In this assessment, each student will be evaluated with focus on case formulation, conceptualization, academic and interpersonal functioning to assure readiness to perform in the advanced practicum. Professional values, attitudes and behaviors as well

as communication and interpersonal skills are reviewed. *Prerequisite: CL 758; Pass/No Pass; No Incompletes* 

# Psychotherapy Practicum Seminar I: Effective Psychological Interventions

CL 763, 1 Unit

This seminar offers students a forum in which to integrate psychotherapy experiences of practicum with academic coursework at Pacifica. This seminar will include topics on empathy and attunement to affect, relational function, managing boundaries in psychotherapy, and evidence-based practices. Professional values, attitudes and behaviors as well as relational skills continue to be highlighted. *Prerequisite: CL 762* 

# Psychotherapy Practicum Seminar II: Effective Psychological Interventions

CL 764, 1 Unit

This seminar offers students an additional forum in which to integrate psychotherapy experiences of practicum with academic coursework at Pacifica. Scheduled topics include contemporary scholarship in regard to effectiveness and application of imaginal techniques in therapy, use of dreams, the therapeutic frame, transference/countertransference, and continued discussion of appropriate therapeutic boundaries. Professional values, attitudes and behaviors as well as relational skills continue to be highlighted. *Prerequisite: CL* 762

## Psychotherapy Practicum Seminar III: Effective Psychological Interventions

CL 765, 1 Unit

This seminar is the final seminar in psychotherapy; it provides students a last forum in which to integrate psychotherapy experiences of practicum with academic coursework at Pacifica. Scheduled topics include contemporary scholarship on importance of active listening, making interpretations, additional consideration of boundaries in psychotherapy, and issues related to the development of practice. Professional values, attitudes and behaviors as well as relational skills continue to be highlighted. *Prerequisite: CL 762* 

### 3<sup>rd</sup> Year Annual Assessment for Program Advancement

**CL 766, 0 Unit** 

In this module, each student will have a written evaluation by Clinical Psychology Faculty to assess academic, clinical, and research progress in order to advance to the fourth year of the clinical psychology program. *Pass/No Pass; No Incompletes* 

#### M.A. Qualifying Exam

**CL 890, 0 Unit** 

During the spring quarter of the second year of coursework, students who have completed the previous six quarters of the first and second year of coursework take this exam in order to qualify for a Masters of Arts (M.A.) in Clinical Psychology with Emphasis in Depth Psychology and to continue to the doctoral phase of the program. The exam, which

covers the content of the initial two years of coursework, takes place during Supervision Practicum Seminar III and runs concurrent with the Second Year Assessment for Program Advancement. Students must obtain an 80% or more on the exam and pass the faculty in-person evaluation to obtain M.A. designation and continue toward completion of their doctoral training. A student whose score is between 70% and 80% is permitted to retake the exam a single time to raise their score. If a student does not raise their score to an 80% or above, their degree is terminated at this stage. This exam is only one part of the requirements for the M.A. degree. Refer to the Course Catalog for further details regarding M.A. degree requirements. Prerequisite: CL 758; Pass/No Pass; No Incompletes

### DEPTH PSYCHOLOGY AND CLINICAL PRACTICE COURSES

These classes stimulate dialogue among the traditions of clinical psychology, depth psychology, and cultural studies. The student is encouraged to understand that a wide variety of cultural sources inform the craft of psychotherapy. Literature, myth, history, and art infuse the science of clinical psychology with an essential sense of our connection to the recurring archetypal motifs of the psyche. The Clinical Practice courses provide a broad foundation for the development of a generalist practitioner, with diverse training in multiple psychotherapeutic orientations, assessment, supervision, consultation, and evidence-based

approaches within a framework of socio-historical context.

# Jungian-Based Psychotherapy I: Personality Structure and Function CP 810. 2 Units

Classical and contemporary scholarship on Jungian concepts related to personality structure and function such as ego, Self, persona, shadow, anima/animus, archetype, collective unconscious, transcendent function, and individuation are studied. Clinical application of Jungian thought is demonstrated through theoretical discussions, case examples, and the reading of primary sources. Particular attention is brought to understanding how various forms of psychopathology can be imagined as manifestations of ego-Self axis dynamics. Critiques from postmodern and multicultural perspectives are covered.

#### Psychoanalytic-Based Psychotherapy I: Developmental Perspectives CP 711, 2 Units

This course focuses on the fundamental assumptions underlying psychoanalytic treatment beginning with the seminal contribution of Sigmund Freud. Psychoanalytic scholarship related to issues human development is reviewed. The establishment of the therapeutic frame and the building of a therapeutic alliance are examined in light of developmental trajectories. Students explore of transferencethe complexities the countertransference field and develop an

understanding and rationale of specific types of psychoanalytic interventions within developmental psychoanalytic framework.

#### Psychoanalytic-Based Psychotherapy II: Personality and Psychopathology CP 712, 2 Units

This course continues examining psychoanalytic theory and practice, including a scholarly focus on individual personality and psychopathology considerations. In particular, the course emphasizes the contributions of classic and contemporary Object Relations and interpersonal psychoanalytic scholars who helped delineate the dynamics and treatment of severe forms of psychopathology related to such personality conditions as borderline, narcissistic, and psychotic. In addition to advanced conceptualization and diagnosis skills, students will examine psychoanalytic theories that address working with complex affective and cognitive states. Prerequisite: CP 711

# Theories of Group Psychotherapy CP 719, 1 Unit

Theories of group psychotherapy, specifically depth psychological group traditions, will be covered. Students will be exposed to varied aspects of initiating and facilitating therapeutic work in group settings with special attention to complex unconscious relational dynamics inherent in such interactions. In addition, group work with focus on specific concerns (e.g., substance abuse, eating and body issues) as well as specific therapeutic

modalities (e.g., social dreaming) will also be discussed.

# Jungian-Based Psychotherapy II: Affect, Mind, and Psyche

**CP 811, 2 Units** 

This course will expand consideration of classical Jungian scholarship related to theories of affect and cognition (mind) such as the individuated ego, personal and collective shadow, the contra-sexual archetypes anima/animus, manifestations of the Self, dreams and numinous experiences, and their application to clinical practice. In addition, personality typology will be examined, archetypal patterns explored, and the use of myths in depth psychotherapy elaborated. Affective (emotions) and cognitive (mindful processing) applications of Jungian approaches to psychotherapy are presented. Students will also continue to engage in self-reflection to further their individuation process as central to their work as clinical depth psychologists. Prerequisite: CP 810

#### Post-Jungian Psychotherapy: Biological, Ecological, and Cultural Systems CP 745, 2 Units

This course examines the scholarly works of post-Jungian theorists and psychotherapists who contributed to the development of Jungian/Post-Jungian psychotherapy and scholarship. The course discusses recent developments in the evolution of Jungian thought and practice, which includes multicultural, alchemical, somatic, and ecological considerations. Interactions between biological sciences. specifically contemporary neuropsychological developments, complexity theory, and biological systems theories are emphasized. The importance of myths, fairytales, the mystery traditions and various cultural mythologies are discussed in relation to their applicability to culturally relevant clinical practice. Students are asked to engage in self-reflection to further their individuation process as central to their work as clinical and depth psychologists. Prerequisites: CP 810, CP 811

# Archetypal Psychology II: Personality, Psychopathology, and Culture CP 814, 2 Units

Archetypal psychology is attentive to the imaginal process of psychotherapy and to the experience of being a psychotherapist. Within this approach, issues such as transference, countertransference, the unconscious, symptoms, and dreams are examined. Special attention is paid to the development of those imaginal capabilities which foster sensitivity to the symbolic depths and metaphorical richness of the patient's and therapist's ways of using language. Developmental, cognitive, biological, and affective aspects of archetypal psychology's approach to psychotherapy are emphasized. Diversity and sociocultural considerations are discussed in these contexts.

### Affective Foundations of Human Behavior CL 838, 2 Units

This course aims to provide an overview and clinical implications of understanding the development of affective regulation related to psychological functioning. In addition to discussing theories of emotions and emotional regulation, the course focuses on how capacity for affective self-regulation and communication is influential in intrapersonal and relational functioning of individuals and communities. Discussion of emotion involves the biological and social bases of emotion, its cognitive correlates, and the impact on emotional states. Specifically, the course emphasizes classic and contemporary depth psychological scholarship on affect.

# Cognitive Foundations of Human Behavior CL 837, 2 Units

This course examines the interdependence of cognition and emotion in psychological experience and behavior. Discussion of this relationship includes the interactive influence of perception, attention, learning, memory, contextual appraisals and biases, emotional regulation, creative thinking, conscious and unconscious processing and problem solving. Related topics include sensation, perception, memory, cognition, emotion, motivation, and psychophysiological processes. Neuropsychoanalytic and complexity theories of cognitive experience are emphasized.

### History and Systems of Psychology CP 700, 2 Units

This course focuses on examination of the evolution of consciousness and mind-body approaches to understanding human experience as foundational to development of Western psychology. Critical and constructivist viewpoints on the development of Western psychotherapeutic modalities will be presented. Non-Western approaches to psychological phenomena will be highlighted. Specific attention will be given to historical and contemporary foundations of depth psychologies, psychoanalysis, Jungian/analytic including psychology, post-colonial and liberation approaches, phenomenology, and existentialism. Primary source reading is emphasized.

#### Psychological Assessment I CP 930, 2 Units

The course focuses on the foundations of assessment practices in clinical practice, including integrative and multiculturally focused assessment strategies. Specifically, the course emphasizes cognitive and intellectual administration, scoring, and interpretation of the Wechsler intelligence scales including a depth psychology analysis of linguistic and imaginal activity, Wechsler Memory Scales-IV with analysis of working memory as a brain metaphor for Practical Hermeneutics, and the Bender Visual Motor Gestalt Test for neuropsychological value as well as the opportunity examine the lived imagination phenomenological perspectives. Special emphasis

will be placed on integrating the results with clinical judgment, report writing, evidence-based and imagination informed treatment planning, depth psychological perspectives, and communication of assessment results.

#### Psychological Assessment II CP 931, 2 Units

Students will learn the principles of personality assessment and become familiar with, and learn how to administer, score, and interpret the MMPI-2, MCMI-III, CPI, PAI, MBTI, and BDI-II. Students will be provided with overview also an neuropsychological assessment including interviewing, familiarity with common tests, and strategies of interpreting and integrating neuropsychological assessment data. A focus is given to integrating results into case-focused and issue oriented reports for clinical, vocational, medical, and forensic settings within a therapeutic assessment framework. Multicultural critique of assessment practices as well as their dialogue with depth psychological practices are emphasized.

# Legal, Ethical, and Professional Practice CP 832, 2 Units

The ethical and legal considerations involved in the practice of clinical and scientific psychology are reviewed, with an emphasis on the American Psychological Association's ethical guidelines as well as contemporary feminist and social justice critiques of Western ethics. Ethical Theory will be examined with emphasis on Ethical Subjectivity, The

Ethics of Desire, and Ethical Foundations of Imaginal Psychology. The course features discussion of key issues involved in academic work, research, and professional practice with a view towards the development of ethical and professional judgment. Topics include forensic psychology, cultural competence, malpractice, and legal responsibilities, ethics as first philosophy, ethics and desire, and postmodern ethical practice. Child abuse treatment and reporting are discussed. This course meets the criteria set forth by the California Board of Psychology for training in Legal, Ethical, and Professional Practice required for licensure.

# Advanced Psychopathology I CP 730, 2 Units

In the context of the historical and cross-cultural perspectives of psychopathology, students focus on scholarship related to the diagnosis, etiology, treatment, and prognosis of disturbed behavior. Developmental, relational, biological, and political influences on human differences in functioning are emphasized.

# Biological Foundations of Human Behavior CP 735, 2 Units

Students examine the theoretical concepts and constructs that explain the phylogenic origins underlying human experience, behavior and the processes of change. This course reviews anatomical and neurological functioning, examining the importance on behavior of micro biological systems (neuron, synapse, neurotransmitter

systems) and macro-level biological systems (central and autonomic nervous systems). Current trends in psychological research regarding the neurobiological foundation of consciousness, dreaming, sensory-motor systems, cognitions, motivation, memory mindfulness, and attention will be evaluated. The sense of a biological self in relation to attachment. trauma, empathy, neuroplasticity, and the expression of archetypes throughout the life cycle will be examined.

### Alcohol, Chemical Dependency, and Addictive Behaviors

#### **CL 900, 2 Units**

This course covers the theory and treatment of addictive behaviors. Areas covered in this course include current theories of etiology, physiological and medical aspects of substance abuse and psychopharmacological dependence, and interaction of varied classes of drugs, dualdiagnosis, cultural and ethnic considerations, iatrogenic dependency, treatment approaches, differences in populations related to substance abuse, prenatal effects of abuse, implications for elderly clients, referral process, family issues, prevention and education, and ethical and legal issues. The course meets the criteria set forth by the California Board of Psychology for training in Alcoholism/Chemical Dependency Detection and Treatment required for licensure.

### Principles of Psychopharmacology CP 873, 2 Units

This course covers the general principles of psychopharmacology, as well as an overview of the pertinent neurochemistry. The indications and side effects of common psychoactive medications will be evaluated. Contemporary scholarship on plant based medicines and use of mood-altering substances in psychological treatment is introduced. The impact of medications on psychotherapy process and working with prescribing medical providers will be examined. *Prerequisite: CP 735* 

# Advanced Psychopathology II CP 731, 2 Units

This course will focus on the depth psychologically informed diagnosis and conceptualization, including assessment of psychodynamics and treatment of psychopathology. Theories and applications of depth psychological personality theories with focus disintegrated and disordered personality organizations will be emphasized. Severe forms of psychopathology such as borderline, narcissistic, hysterical, obsessive, and paranoid organizations of self and consciousness will be focused. Issues of negation. destructiveness. masochism, narcissism will be studied in depth. Affective states such as envy, rage, shame, humiliation, and their relationship to early traumas and primitive mental states will be explored. Impairment in symbol formation, blank depression and difficulties in studied mourning will be in relation to

psychopathology and its treatment. *Prerequisite: CP* 730

### Evidence-Based Psychotherapies CL 912, 2 Units

This course is an overview of clinical treatments in relation to their efficacy in treatment of psychological disorders. Methods of evaluations of the efficacy of interventions and their limits are discussed. The findings in outcome research regarding therapeutic interventions are evaluated and critiqued. Interventions or combinations of interventions for the major disorders are examined, as well as the integration of individual. and group, psychopharmacological therapies are discussed. Specific depth psychological evidence approaches (e.g., brief dynamic psychotherapy, Mentalization, Transference-Based Psychotherapy) are emphasized.

### Violence and Trauma: Developmental and Social Theories

#### **CP 834, 2 Units**

The course is an overview of clinical treatments in relation to their efficacy in treatment of psychological disorders. Methods of evaluations of the efficacy of interventions and their limits are discussed. The findings in outcome research regarding therapeutic interventions evaluated critiqued. are and Interventions or combinations of interventions for the major disorders are examined, as well as the of integration individual. group, and psychopharmacological therapies are discussed.

Specific depth psychological evidence based approaches (e.g., brief dynamic psychotherapy, Mentalization, Transference-Based Psychotherapy) are emphasized.

#### Developmental Psychology Through the Lifespan

#### **CP 830, 3 Units**

Students study developmental theories, constructs, research, and methods as they contribute to understanding normative human development and its variants. Emphasis is on the psychological and neurological development from conception through old age and attachment issues that shape development through the lifespan. Childhood experiences of violence and trauma, including reporting and treatment issues, are emphasized. Clinical implications, cultural considerations, and contemporary trends are examined. Special focus is given to aging and long term care as part of developmental human trajectory. Specifically, the course provides a review of biological, social, and psychological aspects of aging.

### Principles of Clinical Supervision and Consultation

#### CL 752, 1 Unit

This course provides an exposure to theories, ethical standards, evaluation methods and professional roles of psychologists as supervisors and consultants. Approaches related to clinical supervision and consultation are examined with special attention paid to the interpersonal and

psychodynamic aspects of the supervisorsupervisee interaction. The development of an "internal supervisor" is emphasized. Ethics, diversity, and other professional issues are examined.

#### Personal Psychotherapy

#### CP 950, 0 Unit (Degree Requirement)

During the program, students must take part in a total of 60 hours of personal psychotherapy (preferably with a depth psychological orientation) with a licensed psychotherapist or a certified analyst of their choice.

### HUMAN SCIENCES RESEARCH AND SCHOLARLY INQUIRY COURSES

The program of study in research provides grounding in both quantitative and qualitative research traditions, while specializing in innovative human science methodologies addressing the multiple dimensions of psychological life. Research courses emphasize the complementary interdependence of clinical intervention and empirical inquiry, and provide the skills necessary to complete the doctoral dissertation as well as contribute to the academic field of clinical and depth psychology as a lifelong researcher.

### Research Designs III: Test and Measurement CP 934, 2 Units

The course covers classical and current psychometric theory and procedures involved in constructing and evaluating measurement

instruments in clinical psychology including the key concepts of scale development. Cronbach's alpha, exploratory and confirmatory factor analysis, types of reliability and validity, multi-trait and multi-method validation, item response theory, psychometric scaling and structural equation modeling are examined. *Prerequisites: CP 932* 

# Research Designs and Methodology I: Overview of Qualitative, Quantitative, and Mixed Methods CP 932, 2 Units

The intent of this course is to foster an introductory knowledge of design and methodology in psychological research, including an understanding of the history, characteristics, and applications of qualitative, quantitative and mixed methods designs. The theoretical frameworks, techniques, and critiques of a variety of research perspectives are surveyed, with a focus on the human science traditions. Additional issues discussed include positionality, reflexivity, ethics. diversity. postmodernism and critical theory, and the relationship between research and clinical practice. Research as a praxis for social engagement and social activism is emphasized.

#### Research Designs and Methodology II: Qualitative Methods of Analysis CP 933, 2 Units

The course examines major empirical human science traditions, including phenomenology, narrative approaches, heuristic approaches, ethnography, grounded theory, action research and

case study. Depth psychological approaches to qualitative approaches are discussed. Theory and praxes of these approaches are covered, and students gain applied experience with a particular qualitative approach (i.e., phenomenology). Emphasis is given to ethics and diversity, as well as the parallels between research and clinical practice.

Prerequisite: CP 932

# Research Designs and Methodology III: Quantitative Design and Statistical Analysis CP 926, 3 Units

This course provides an overview of univariate and multivariate statistical methods or those pertaining to analysis of a single, continuous, dependent variable. The goal of this overview is to prepare students to be competent and critical consumers of quantitative research for clinical practice. An applied overview of both descriptive and inferential statistics is provided. Topics covered include descriptive statistics, measures of linear relations; inferential statistics, multivariate analysis of variance and covariance, factor analysis, binary logistic regression, multiple regression, discriminant analysis, power, and metanalysis. *Prerequisite*: *CP* 932

### Depth Psychological Designs and Methods I CL 928, 2 Units

The foundation for a complex psychological epistemology as an approach to research design that keeps soul in mind is introduced. Students dialogue with traditions of empirical psychology, depth psychology with particular emphasis on

Jung's psychology, and phenomenology. The course articulates an ethical and therapeutic approach to research which takes into account dynamic unconscious factors in research. A key aim of the course is the development of critical scholarly attitudes that integrate attention to personal history and diverse cultures in research design and methods, as well as the connection of scholarship with the collective and ecological dimensions of experience.

### Depth Psychological Designs and Methods II CL 929, 2 Units

The vocational and transference dimensions of the research process are explored, and students practice psychological dialogues as a means to make more conscious their own unconscious transference to their material. In addition this course revisions the role of method as a metaphoric perspective and examines the ways in which various research methods, such as imaginal and archetypal approaches, relate to research topics and scholarly inquiry. *Prerequisite: CL 928* 

#### Research Designs and Methodology IV: Advanced Qualitative Methods CL 940, 2 Units

The course focuses on one or two of the major human science research methodologies, such as: phenomenology, hermeneutics, heuristic approaches, ethnography, grounded theory, biography, and case study. For example, theory and praxis of hermeneutics, with an emphasis on social

constructionism/ philosophical hermeneutics and metabletics (investigation of historical changes) are covered in depth. Students gain extensive, handson experience with these particular qualitative approaches. Emphasis is given to ethics and diversity, as well as the parallels between research and clinical practice, as well as social psychological praxis. *Prerequisites: CP 932, CP 933, CP 934* 

### Advanced Clinical Research Approaches and Dissertation Development I CP 961, 1 unit

This course focuses on the overview of clinical research practices in psychology, with specific emphases on the development of critical thinking skills, related to evaluating research studies and the writing of a doctoral dissertation in clinical psychology. Integration of human science and depth psychological research skills are examined and emphasized. No Incompletes

# Advanced Clinical Research Approaches and Dissertation Development II CP 962. 2 Units

This course continues addressing the knowledge, skills, and personal process involved with the development of clinical psychology research grounded in human sciences and depth psychological traditions. Scholarly and diversity issues relevant to advanced clinical research discussed. Students develop a draft of their concept paper related to the application of advanced research design to their doctoral dissertation. *Prerequisite: CP 961; No Incompletes* 

# Advanced Clinical Research Approaches and Dissertation Development III CP 963, 2 Units

The last course in the sequence focuses on honing the advanced clinical research skills. Advanced discussions of human and natural scientific research designs are included. Advanced depth psychological research practices are emphasized with focus on ethics, professional development, and diversity. Students are required to apply their knowledge of advanced clinical research design through completion of a Concept Paper related to their dissertation. *Prerequisites: CP 961, CP 962; No Incompletes* 

# Dissertation Writing CP 990, 15 Units

During this course, students assemble their dissertation committees, write their dissertation proposals, and complete the dissertation process. Students are required to complete all 15 units. This course may be taken concurrently with other courses. Additional fees are assessed for this course. *Pass/No Pass* 

# Comprehensive Exam Portfolio CP 989, 0 Unit

Upon completion of nine quarters of Ph.D. coursework, a student in good academic standing is eligible to take the Comprehensive Exam Portfolio. The Comprehensive Exam Portfolio is designed to assess student competencies in the area of each of the Program Domains with emphasis on depth

psychological scholarship and clinical applications: Depth Psychological Clinical Practice and Depth Psychological Research and Scholarly Inquiry. Students must pass all components of the Comprehensive Exam Portfolio in order to advance in the Clinical Psychology Program to Dissertation Writing (CP 990) or Internship. Students must retake any failed portion of the Portfolio by the end of the fall quarter of the year in which the exam was administered. A student is eligible to take an academic tutorial in preparation for re-examination. If a student does not pass any aspect of the Comprehensive Exam Portfolio within two attempts he or she will be academically disqualified. *Pass/No Pass; No Incompletes* 

### SOCIAL JUSTICE AND SOCIAL ACTIVISM COURSES

Students are invited to develop theoretical and applied understanding of issues of social justice and social activism related to their practice as clinical psychologists. Although most courses include this emphasis as part of their disciplinary focus, a specific set of classes are designed to introduce students to critical engaged paradigms in depth psychology that stress their role as citizen-activists within and outside their profession. Attention to issues of oppression, marginalization, deconstruction, interpretation, meaning, decolonization. and liberation especially is highlighted throughout the following courses.

### History of Depth Psychology and the Human Science Traditions

#### **CL 819, 2 Units**

This course is a scholarly historical introduction to the theories and traditions of depth psychology with an emphasis on the role that depth psychology attributes to the unconscious. Exploration of the sociocultural contexts of depth psychology in relation to myth, religion, philosophy, art and literature is explored. Particular attention is given to the historical origins of depth psychology in the works of Sigmund Freud and C.G. Jung, the traditions that followed, as well as contemporary developments in depth psychology.

### Phenomenological Psychology: Theory and Practice

#### **CL 917, 2 Units**

This course provides a detailed theoretical and historical introduction to the clinical practice and research orientation of phenomenological psychology. Topics to be investigated include: the nature of psychological life; the structure of thought, emotion, and embodiment; the character of of psychopathology; and the dynamics psychotherapy. Phenomenological understandings of freedom, engagement, and meaning will be explored in light of their relationship to existential philosophy, and in critical dialogue with both natural science psychology and depth psychology.

### Social Foundations of Human Behavior CL 800, 2 Units

This course explores human science approaches in social psychology--hermeneutic, existentialphenomenological, depth psychological, socialconstructionist, deconstructionist as alternatives to the conventional natural scientific orientation in the field. Social psychology is first situated in relation to a critical appraisal of the underlying philosophical assumptions, models of science, and disciplinary goals of both human science and natural science Additionally, approaches. psychological understandings of social influence are utilized in the analysis of contemporary relationship between self, others, and the world. Current research findings in human science social psychology are emphasized.

# Gender and Human Sexuality CP 901, 1 Unit

This course will focus on cultural, historical, theoretical and clinical constructions of gender and sexuality. Biological and psychological as well as socio-cultural variables associated with gender, sexual identity, sexual desire, sexual behavior and disorders are discussed. Feminist, critical, cross-cultural and depth psychological lens will be applied within the material. The course meets the criteria set forth by the California Board of Psychology for training in Human Sexuality required for licensure.

### Psychotherapy with Diverse Populations CP 845, 2 Units

This course integrates multicultural, cross-cultural, historical, and critical psychotherapeutic traditions with emphasis on depth psychological multicultural theories and practices. Historical and current systems of oppression as well as therapist unconscious biases and projections in traditional clinical theory and practice are discussed. Distinct traditions of clinical care with individuals of different cultural backgrounds are introduced. Depth psychological concepts, such as the notion of an ethnic or minority unconscious, collective trauma, cultural complex, and projections are also explored.

### Emergent Clinical and Social Theories in Depth Psychology

#### **CP 799, 2 Units**

This course utilizes a rotating schedule to introduce students to a wide range of topics relevant for psychological theory, practice and research with emphasis on theories critical to socio-political engagement and activism within and outside of clinical psychology. An interdisciplinary approach is applied to transformative practices, and community, diversity, and cultural issues. The goal of each course is to engage the students in a dialogue between their current clinical and research practices and depth psychological traditions that address vital global, community, and individual questions related to social justice and critical clinical care.

# Archetypal Psychology I: Social Basis of Human Experience CP 840, 2 Units

This course formulates differentiated understanding of archetypal psychology exemplified in the works of James Hillman. "Archetypal psychology," according to Hillman, "can be seen as a cultural movement part of whose task is the re-visioning of psychopathology, psychotherapy in terms of Western cultural imagination." The theory and practice of archetypal psychology will be critically engaged by way of an in depth examination of seminal texts and key themes including soul, imagination, psychologizing, the anima mundi, polytheism, pathologizing, character. Hillman's contributions to critical and multicultural social psychology will be highlighted, including his concepts in regard to group behavior. social identity formation, and the complex interactions between the individual and the society.

### Indigenous Approaches to Psychology CP 803, 1 Unit

The course will introduce students to indigenous approaches to psychology, which emphasize integration of culturally grounded healing practices as well as traditions that address the psychological, physical and spiritual challenges faced by diverse individuals, families, and communities. Integrative views on mind-body-spirit will be discussed. The course will review this history and current practices employed by indigenous healers both outside and inside the U.S. Plant based psychopharmacological

interventions are discussed in context of indigenous healing practices .The efficacy of alternative healing traditions will be explored in the context of marginalization of diverse forms of knowledge as well as current psychological practices that embrace liberatory and decolonial indigenous traditions.

#### DEGREE REQUIREMENTS FOR GRADUATION

- 1. Students must complete a total of 105 quarter units to fulfill the unit requirement for the Ph.D. degree.
- 2. A minimum grade of "B" is required in each completed course. A cumulative grade point average of 3.0 must be maintained.
- 3. Students must meet attendance requirements as articulated in the Student Handbook.
- 4. During the second year of coursework, students take a qualifying examination. An M.A. degree is awarded when the exam is passed, the faculty in-person evaluation is passed, and:
  - a. 56 units of first and second year designated coursework have been successfully completed.
  - b. Completion of 100 hours of practicum has been documented.
  - c. Documentation of 30 hours of personal therapy has been submitted.
- 5. In addition to completion of the M.A. degree requirements, in order to proceed with the third year of coursework, students must pass the Second Year Assessment for Program Advancement which encompasses a comprehensive review of coursework, annual evaluations, qualifying exam results (a minimum of 80% is required), advancement toward clinical practicum training goals, writing skills and readiness to conduct research.
- 6. Students must successfully pass the Comprehensive Portfolio at the end of the third year.
- 7. Students must submit and defend an original dissertation accepted by the faculty.
- 8. Students are required to complete a minimum of 1,000 hours of practicum and 1,500 hours of internship.
- 9. Students are required to complete a total of 60 hours of personal therapy.
- 10. Students must comply with all the policies and procedures articulated in the Student, Dissertation, and Clinical Handbooks.

#### **CLINICAL TRAINING**

A minimum of 1,000 hours of practicum and 1,500 hours of internship are required. Students will be placed in practicum in coordination with the Director of Clinical Training. Students must obtain Internship through a competitive application process. It is highly recommended that these internships be completed in a multidisciplinary setting offering a variety of training experiences. Pre-doctoral internship in clinical psychology is a supervised summative training experience, which integrates academic learning and previous applied clinical training at the practicum level. Upon completion of the academic program, comprehensive exam, dissertation, and 1,000 hours of practicum training, students in good standing are required to complete 1,500 hours of pre-doctoral internship in clinical psychology. Students from California may participate in the California matching system for internships through the California Psychology Internship Council (CAPIC). Candidates for internship must demonstrate readiness to apply for internship to the Director of Clinical Training. For a full description of all requirements, consult the current edition of the Pacifica Student Handbook, the Clinical Training Handbook, and the Dissertation Handbook.

#### **FACULTY MENTORSHIP**

Each student is assigned a Faculty Advisor for mentorship throughout the program. Faculty Advisors meet regularly with their student advisees to monitor their academic performance, discuss research interests, oversee clinical development, assist with dissertation decisions, engage with students in regard to issues of social and ecological justice, and provide personal and professional support.

#### PREPARATION FOR CLINICAL PSYCHOLOGY LICENSURE

This curriculum may not meet all the requirements of each state for licensure in clinical psychology. Students seeking licensure in California will acquire regional accredited doctoral training qualifying them to pursue licensure as a clinical psychologist in California; however because requirements do change, students are responsible for remaining aware-of current licensure regulations. Other students may need to meet additional licensure requirements in their home states, and are likewise responsible for knowing their applicable state licensure requirements.

### **Psy.D. in Clinical Psychology**

#### WITH EMPHASIS IN DEPTH PSYCHOLOGY

Currently not enrolling students in this program.

Following a practitioner-scholar model of training, this program represents Pacifica's commitment to grounding the principles and scholarship of depth psychology in clinical practice within community settings.

The Psy.D. Program's mission is to train clinical psychologists who can apply depth psychological knowledge and skills within diverse inter-professional practice settings. Community mental health practices in working with diverse community are emphasized. The program seeks to develop clinical psychologists who are skilled in a broad range of clinical work, including psychotherapy, assessment, supervision, and consultation, as well as integrative approaches to health, which are informed and enriched by depth psychological perspectives. Pacifica seeks to train students toward an integration of broad and general knowledge in clinical psychology with scholarship on the unconscious and relational factors that motivate individual and collective behavior.

Although the program is new, it is rooted in the in clinical psychology offerings by Pacifica since the late 1980s. Thus, the program bridges the rich history of depth psychology with the contemporary world of clinical psychology. This practical integration emphasizes depth psychological perspectives within current areas of psychological studies such as relational approaches and attachment; evidence-based practices; integrative assessment; interpersonal neurobiology and biopsychosocial approaches to integrative health care; community-based practice approaches; and mental health public policy.

The curriculum reflects a commitment to bringing compassionate and socially responsible scholarship and values to the important questions posed by applied clinical psychology, including work with traditionally underserved individuals and communities. The program offers courses that provide foundational knowledge in psychology as well as those that focus on depth psychological treatments, community mental health, diversity, and indigenous perspectives in psychology.

The Psy.D. Program includes four years of coursework designed to teach increasingly complex, sequential, and integrative content, which serves as the building blocks of professional expertise in clinical psychology. The first two years include emphasis on knowledge and practice skills in such core topics as psychopathology, diagnosis, psychological testing and assessment, ethics, and research, including depth psychology approaches in these areas. We also offer training in integrative approach to health, treatment of trauma, indigenous approaches to mental health, gender and sexuality, treatment of substance abuse disorders and cultural diversity. The third and fourth years include increasing focus on advanced psychotherapy skills, with particular focus on psychodynamic, brief psychodynamic, Jungian, post-Jungian, and psychoanalytic approaches.

The Dissertation is embedded within the curriculum during third and fourth year of studies, which is designed to help students complete their degree in a timely way and be competitive for pre-doctoral internships.

Pacifica's Psy.D. Program offers a uniquely integrative and depth-focused education, which carefully preserves the importance of the role of unconscious life not only in clinical practice but also within larger community structures, while fostering education critical to a successful career as a clinical psychologist working in diverse inter-professional settings.

#### **Curriculum Overview**

Clinical Psychology Psy.D. classes take place in four-day sessions (Thursday evening through Sunday afternoon) once each month during fall, winter, and spring over a period of four years. Between learning sessions, study and instruction continues through individual mentorship from faculty, web-enhanced learning, and cohort support groups. Pre-doctoral internship is expected to take place during fifth year of training in the program, following the completion of coursework, qualifying and comprehensive exam, and significant progress toward their dissertation.

There is no cohort in first year coursework.

SECOND YEAR

PRACTICUM SEMINARS

Supervision Practicum Seminar I, II, III – CY 759, CY 760, CY 761, 1 Unit Each

#### DEPTH PSYCHOLOGICAL CLINICAL AND FOUNDATIONAL PRACTICE COURSES

Cognitive Foundations of Human Behavior - CY 837, 3 Units

Biological Foundations of Human Behavior – CY 735, 3 Units

Gender and Human Sexuality - CY 901, 1 Unit

History and Systems of Psychology – CY 700, 2 Units

Alcohol, Chemical Dependency and Addictive Behaviors – CY 900, 2 Units

Evidence-Based Psychotherapy – CY 913, 2 Units

#### COMMUNITY MENTAL HEALTH AND ENGAGEMENT COURSES

Integrative and Interprofessional Treatment Approaches – CY 920, 1 Unit

Psychotherapy with Diverse Populations – CY 845, 2 Units

#### RESEARCH AND SCHOLARLY INQUIRY COURSES

Qualitative Research Designs and Methods – CY 952, 2 Units

Dissertation Development - CY 955, 2 Units

Theories of Psychometric Measurement – CY 933, 3 Units

#### **ANNUAL ASSESSMENT**

2<sup>nd</sup> Year Annual Assessment for Program Advancement – CY 762, 0 Unit

#### THIRD YEAR

#### **PRACTICUM SEMINARS**

Psychotherapy Practicum Seminar I, II, III – CY 763, CY 764, CY 765, 1 Unit Each

#### DEPTH PSYCHOLOGICAL CLINICAL AND FOUNDATIONAL PRACTICE COURSES

Psychoanalytic-Based Psychotherapy II – CY 712, 2 Units

Psychoanalytic-Based Psychotherapy III – CY 715, 2 Units

Projective Personality Assessment - CY 938, 2 Units

Advanced Psychopathology II – CY 731, 2 Units

Social Foundations of Human Behavior I – CY 800, 3 Units

Developmental Psychology I: Childhood through Adolescence – CY 830, 2 Units

#### RESEARCH AND SCHOLARLY INQUIRY COURSES

Advanced Research Methods in Clinical Psychology I – CY 956, 3 Units

Advanced Research Methods in Clinical Psychology II – CY 957, 2 Units

Dissertation Completion IA, IB, IC – CY 958A, CY 958B, CY 958C, 1 Unit Each

#### COMMUNITY MENTAL HEALTH AND ENGAGEMENT COURSES

Community Mental Health, Public Policy, and Depth Psychology – CY 825, 2 Units

Comparative Approaches to Psychotherapy in Community Based Practice – CY 770, 2 Units

#### ANNUAL ASSESSMENT

Third Year Annual Assessment for Program Advancement – CY 766, 0 Unit Comprehensive Portfolio – CY 989, 0 Unit

#### **FOURTH YEAR**

#### DEPTH PSYCHOLOGY CLINICAL AND FOUNDATIONAL PRACTICE COURSES

Psychoanalytic-Based Psychotherapy IV - CY 716, 2 Units

Jungian-Based Psychotherapy II - CY 811, 2 Units

Post-Jungian Based Psychotherapy - CY 815, 2 Units

Developmental Psychology II: Adulthood through Old Age – CY 801, 3 Units

Social Foundations of Human Behavior II: Group Processes – CY 802, 3 Units

Principles of Psychopharmacology – CY 873, 3 Units

Affective Foundations of Human Behavior – CY 838, 2 Units

Violence and Trauma – CY 834, 3 Units

#### RESEARCH AND SCHOLARLY INQUIRY COURSES

Dissertation Completion IIA, IIB, IIC – CY 959A, CY 959B, CY 959C, 1 Unit Each

#### COMMUNITY MENTAL HEALTH AND ENGAGEMENT COURSES

Indigenous Approaches to Psychology – CY 803, 1 Unit

Mindfulness and Imagery in Integrative Treatment - CY 923, 1 Unit

Principles of Clinical Supervision, Consultation, and Community Assessment – CY 752, 2 Units

#### **ORAL DEFENSE**

Faculty Approval of Dissertation

#### FIFTH YEAR

#### INTERNSHIP

Completion of 1,500 hours of a Pre-Doctoral Internship in Clinical Psychology – CY 980, 9 Units Personal Psychotherapy – CY 981, 0 Unit (Degree Requirement)

Selected courses may have online components. This curriculum is not intended to meet all the requirements of each state for licensure in clinical psychology. The curriculum may vary depending upon changing academic needs and program resources.

#### **PRACTICUM SEMINARS**

The Practicum Seminars prepare students for applied clinical work in practicum and internship sites. Practicum Seminars offer students a forum to integrate academic coursework with the clinical experiences from their practicum sites. Practicum Seminars also serve as a place for students to be mentored into the profession by the Clinical Psychology Faculty in order to develop a strong professional identity as a clinical psychologist with a depth specialty.

During the first year Practicum Seminars focus on professional development in preparation for clinical training. The Seminars will also emphasize engagement in community settings through organizations that serve the needs of diverse individuals and communities (e.g., non-profit mental health organizations). During the first year students begin the process of developing an identity as a

professional psychologist with a depth psychology specialty.

The second year focus is on diagnostic skills and early stages of psychotherapeutic practicum. Second year seminars are designed to offer students a forum by which to integrate diagnostic experiences of their practicum sites with their academic coursework.

The third year focus is on the practice of depth psychotherapy, particularly from а psychological perspective. Third year seminars are designed to offer students a forum by which to integrate psychotherapeutic experiences of practicum sites with academic coursework. During fourth year students may participate in other opportunities offered at Pacifica to extend their therapeutic skills or work toward completion of their dissertation.

### Supervision Practicum Seminar I CY 759, 1 Unit

This seminar is designed to assist students in the integration of their clinical training and issues at their practicum sites with coursework at Pacifica. Students will examine their personal professional identities through discussing professional values, roles and behaviors. To support student's socialization into the field of clinical psychology, the seminars will focus on will developing skills in case formulation, assessment, and treatment planning. Ethical and cultural aspects of clinical practice and supervision are emphasized. Prerequisite: CY 758; Pass/No Pass

### Supervision Practicum Seminar II CY 760, 1 Unit

This seminar continues assisting students in the ongoing integration of clinical training and issues at their practicum sites with coursework at Pacifica. Students will continue to examine their professional identities and will learn about the multiple roles of psychologists. The students will discuss issues related therapeutic process, affect regulation, therapeutic communication, symptomology, and the function of defenses. Ethical and cultural aspects of clinical practice, multidisciplinary patient care, and supervision are emphasized. Communication and interpersonal skills are specifically highlighted and examined. *Prerequisite*: CY 758; Pass/No Pass

### Supervision Practicum Seminar III CY 761, 1 Unit

This seminar completes the second-year practicum seminar sequence. Seminar discussions and assignments are intended to help students integrate their practicum training experiences with their coursework at Pacifica. Psychodynamic and depth psychological conceptualization skills are integrated within the context of other professional diagnostic frameworks, including DSM-5, ICD-10, and the PDM-2. Diagnostic criteria as well as issues of transference and countertransference, boundaries, and projective functions are discussed. Ethical and cultural aspects of clinical practice and supervision are emphasized. Communication and interpersonal skills are specifically highlighted and examined. *Prerequisite: CY 759, 760; Pass/No Pass* 

### 2<sup>nd</sup> Year Annual Assessment for Program Advancement CY 762, 0 Unit

In this assessment each student will be evaluated to assure readiness to perform in the advanced practicum with an emphasis on case conceptualization, integration of foundational psychological knowledge and practice. interpersonal skills. Prerequisite: CY 758; Pass/No Pass; No Incompletes

### Psychotherapy Practicum Seminar I CY 763, 1 Unit

This seminar offers students a forum in which to integrate psychotherapy experiences of practicum

with academic coursework at Pacifica. This seminar will include topics on empathy and attunement to affect, relational function, managing boundaries in psychotherapy, working with diverse client demographic and clinical characteristics, and integrating evidence-based best practices. Professional values, attitudes and behaviors as well as communication and interpersonal skills are emphasized. *Prerequisite: CY 762; Pass/No Pass* 

### Psychotherapy Practicum Seminar II CY 764, 1 Unit

This seminar offers students a forum to integrate the psychotherapeutic experiences of their practicum site with academic coursework. Scheduled topics include Imaginal techniques in therapy, therapeutic use of dreams. the therapeutic frame. transference/countertransference, and continued discussion of appropriate therapeutic boundaries. Institutional and relational dynamics of working in inter-professional community settings are reviewed. Professional and ethical values, attitudes and behaviors as well as communication interpersonal skills are reviewed. Prerequisite: CY 763; Pass/No Pass

### Psychotherapy Practicum Seminar III CY 765, 1 Unit

This seminar is the final seminar in the psychotherapy sequence. This seminar provides students a forum to continue the integration of their psychotherapeutic experiences at their practicum site with academic coursework. Topics include

advanced skills in active listening, appropriate use of interpretations, importance of personal and professional boundaries in psychotherapy and issues related to the development of independent practice or professional career in community mental health settings. Professional values, attitudes and behaviors as well as communication and interpersonal skills are reviewed. *Prerequisite: CY 762; Pass/ No Pass* 

### 3<sup>rd</sup> Year Annual Assessment for Program Advancement

#### CY 766, 0 Unit

In this module, each student will have an evaluation by Clinical Psychology Faculty to assess academic, clinical, and research progress in order to advance to the fourth year of the clinical psychology program. 

Prerequisite: CY 762; Pass/No Pass; No Incompletes

### DEPTH CLINICAL PSYCHOLOGY PRACTICE COURSES

The Clinical Practice courses provide a broad foundation for the development of a generalist practitioner in clinical psychology with diverse training in multiple psychotherapeutic orientations, assessment, consulting, and evidence-based best practices. The Depth psychology courses prepare clinical students for the practice of a specialty in depth (psychoanalytic and Jungian) psychology, including contemporary liberation and critical psychotherapies grounded in depth psychological traditions. These courses include emphases in

diverse applied practices in depth psychology, the humanities, as well as interdisciplinary and cultural studies. Students learn how literature, culture, myth, history, and art infuse the science of clinical psychology and the practice of psychotherapy with diverse individuals and communities.

The coursework in the theory and practice of Jungian and psychoanalytic psychotherapy is presented in an organized and sequential manner in order for students to develop strong psychotherapeutic skills in the practice of depth psychology throughout the academic program.

### Jungian-Based Psychotherapy II CY 811, 2 Units

This course will expand consideration of classical Jungian concepts to include the individuated ego, personal and collective shadow, the contra-sexual archetypes anima/animus, manifestations of the Self, dreams and numinous experiences, and their application to clinical practice. In addition, Jungian typology is examined, archetypal figures and patterns explored and the use of myths in depth elaborated. The course psychotherapy examines the works of post-Jungian scholars. Students continue the work of self-reflection to further their individuation process as central to their work as clinical and depth psychologists. Prerequisite: CY 810

### Post-Jungian Based Psychotherapy CY 815, 2 Units

This course examines the works of post-Jungian theorists and scholars. Archetypal and Imaginal psychology contributions are examined. The course discusses recent developments in the evolution of Jungian thought and practice, which includes cultural, alchemical, neuroscientific, somatic, and ecological considerations. The importance of cultural myths and wisdom traditions is explored in relation to their applicability to clinical practice. Social psychological processes and multicultural imagination are emphasized. *Prerequisites: CY 810, CY 811* 

### Psychoanalytic-Based Psychotherapy II CY 712, 2 Units

This course continues examining psychoanalytic theory and practice, including a focus on cultural dimensions of practice. In particular, the contributions of classic and contemporary psychoanalytic scholars who delineated dynamics and treatment of varied psychological states and conditions are emphasized. psychoanalytic techniques are examined from within multiple theoretical standpoints psychoanalytic frame. Different approaches to the therapeutic frame and psychoanalytic to interpretation are also highlighted. Multicultural and critical approaches within psychoanalysis are presented and applied. Prerequisite: CY 711

### Psychoanalytic-Based Psychotherapy III CY 715, 2 Units

The course in the psychoanalytic sequence addresses current trends in psychoanalytic thought including social psychoanalysis. multicultural psychoanalysis, neuropsychoanalysis and psychodynamic research and psychoanalytic psychotherapy. Students examine ways to integrate the variety of psychoanalytic perspectives into an analytic framework in their clinical practice. Prerequisites: CY 711, CY 712

### Psychoanalytic-Based Psychotherapy IV CY 716, 2 Units

The final course in the psychoanalytic sequence addresses current trends in psychoanalytic thought including neurophysiological advancements in the study of the unconscious and developments in research regarding efficacy of psychodynamics and psychoanalytic psychotherapy. In addition, the course will focus on multicultural perspectives within psychoanalysis, including psychoanalytic psychodynamic practice with diverse populations and marginalized communities, Latin American psychoanalysis. and feminist psychoanalytic perspectives. Students examine ways to integrate the variety of psychoanalytic perspectives in their clinical practice. Prerequisites: CY 711, CY 712, CY 715

### History and Systems of Psychology CY 700. 2 Units

Students will explore the evolution of psychological concepts in Western history from antiquity to the present era. The course will examine and critique how the historic development of the schools of psychoanalysis, behaviorism, Gestalt, humanistic and postmodern psychology has led to current practices in clinical psychology. The importance of a multicultural and critical perspectives will be emphasized. The systems developed throughout history to define and treat mental illness will be evaluated. The course will examine the history of organized and professional U.S. psychology in the context of current trends in clinical psychology as a scientific discipline and an applied profession.

### Advanced Psychopathology II CY 731, 2 Units

This course will focus on the diagnosis, psychodynamics, and treatment of disintegrated and disordered personality organizations. Borderline, narcissistic, hysterical, obsessive, and paranoid organizations of self and consciousness will be examined. Issues of negation, destructiveness, masochism, and narcissism will be studied in depth. Envy, rage, shame, humiliation, and relationship to early traumas and primitive mental states will be explored. Impairment in symbol formation, blank depression and difficulties in mourning will be studied. Prerequisite: CY 730

### Biological Foundations of Human Behavior CY 735, 3 Units

Students examine the theoretical concepts and constructs that explain the phylogenic origins underlying human experience, behavior, and the processes of change. This course reviews anatomical and neurological functioning, examining the importance on behavior of micro-biological neurotransmitter systems (neuron, synapse, systems) and macro-level biological systems (central and autonomic nervous systems). Current trends in psychological research regarding the neurobiological foundation of consciousness, dreaming, sensory-motor systems, cognitions, motivation, memory, mindfulness, and attention will be evaluated. The sense of a biological self in relation to attachment. trauma. empathy, neuroplasticity, and the expression of archetypes throughout the life cycle will be examined.

### Principles of Psychopharmacology CY 873, 3 Units

This course examines the principles of psychopharmacology as well as an overview of pertinent neurochemistry. The indications and side effects of common psychoactive medications are evaluated. The impact of medications on the psychotherapeutic process and the importance of a coordinated treatment plan with the prescribing medical provider are examined. Issues of ethical and cultural values in pharmacological questions are raised. *Prerequisite: CY 735* 

### Alcohol, Chemical Dependency, and Addictive Behaviors

#### CY 900, 2 Units

This course covers the theory and treatment of addictive behaviors. Areas covered in this course include current theories of etiology, physiological and medical aspects of substance abuse and dependence, psychopharmacological and interaction of varied classes of drugs, dualdiagnosis, cultural and ethnic considerations, iatrogenic dependency, treatment approaches, differences in populations related to substance abuse, prenatal effects of abuse, implications for elderly clients, referral process, family issues, prevention and education, and ethical and legal issues. The course meets the criteria set forth by the California Board of Psychology for training in Alcoholism/Chemical Dependency Detection and Treatment required for licensure.

### Social Foundations of Human Behavior I CY 800, 3 Units

This course studies current advancements in social psychology and provides an overview of the three main areas of social psychological thought which include social thinking, social influence, and social relations. Social thinking area includes discussion of self, beliefs, judgments, and attitudes. The study of social influence includes the impact of culture, conformity, persuasion, and group behavior on social functioning. Social relations area examines social relationships and how they are influenced by prejudice, aggression, attraction, and helping. This

course emphasizes social thinking and social relationships as well as current social psychological research findings and the role of depth psychology in each of these areas.

### Social Foundations of Human Behavior II CY 802, 3 Units

This course continues the examination of social psychology with an emphasis on social influence which includes the principles and theory of group formation and development, impact of culture on group behavior, conformity, and persuasion. The course also examines current research in group dynamics, interpersonal behavior, intimacy, leadership, and helping. Discussion also includes relevance of social psychological research to clinical practice and depth psychology.

# Developmental Psychology I - Childhood through Adolescence CY 830, 2 Units

Students study developmental theories, constructs, research, and methods as they contribute to understanding normative human development and its variants in early childhood and adolescence. Emphasis is on the psychological, biological and neurological development from conception through childhood and adolescence and attachment issues that shape early human development. Childhood experiences of violence and trauma are emphasized. Current developmental and biopsychosocial research, clinical implications, cultural considerations, and contemporary trends in childhood and adolescent development are examined.

## Developmental Psychology II - Adulthood through Old Age

CY 801, 3 Units

This course continues the study of developmental theories, constructs, research, and methods as they contribute to understanding normative human development and its variants in adulthood through old age. Emphasis is on the psychological, social, biological, and neurological development during adulthood and the later stages of life. Special focus is given to aging and long term care, elder violence and abuse, end of life meaning, and life-long psychological development as part of developmental human trajectory. Specifically, the course provides a review of biological, social, and psychological aspects of aging as well as multicultural and clinical considerations in regard to these experiences.

### Evidence-Based Psychotherapy CY 913, 2 Units

This course is an overview of clinical treatments that are supported by applied research in psychology. The latest findings in outcome research regarding therapeutic interventions are evaluated and critiqued. Interventions and combinations of interventions for the major disorders are examined, as well as the integration of individual, group, and psychopharmacological therapy. Specific focus is given to short term psychoanalytic and psychodynamic approaches as well as the scientific

evidence supporting the efficacy of depth psychological practices.

### Gender and Human Sexuality CY 901, 1 Unit

This course will focus on cultural, historical, theoretical and clinical constructions of gender and sexuality. Biological and psychological as well as socio-cultural variables associated with gender, sexual identity, sexual desire, sexual behavior and disorders are discussed. Feminist, critical, cross-cultural and depth psychological lens will be applied within the material. The course meets the criteria set forth by the California Board of Psychology for training in Human Sexuality required for licensure

### Cognitive Foundations of Human Behavior CY 837, 3 Units

This course examines the interdependence of cognition and emotion in psychological experience and behavior. Discussion of this relationship includes the interactive influence of perception, attention, learning, memory, contextual appraisals and biases, emotional regulation, creative thinking, conscious and unconscious processing and problem solving. Related topics include sensation, perception, memory, cognition, emotion, motivation, and psychophysiological processes.

### Affective Foundations of Human Behavior CY 838, 2 Units

This course aims to provide an overview and clinical implications of understanding the development of

affective regulation related to psychological functioning. In addition to discussing theories of emotions and emotional regulation, the course focuses on how capacity for affective self-regulation and communication is influential in intrapersonal and relational functioning individuals and communities. Discussion of emotion involves the biological and social bases of emotion, its cognitive correlates, and the impact on emotional states. Specifically, the course emphasizes classic and contemporary psychoanalytic and Jungian scholarship on affective foundations of human behavior.

### Violence and Trauma CY 834, 3 Units

The course will review the occurrence of violence in intimate relationships and families with special focus on partner and child abuse, detection, intervention and prevention. The intrapersonal and interpersonal dynamics related to trauma and recovery will be discussed. The coursework also provides coverage of partner and child abuse assessment and reporting. The impact of early trauma, including splitting, dissociation, and interjection as well as depth psychological treatment approaches will be emphasized. The course meets the criteria set forth by the California Board of Psychology for training in Child Abuse and Spousal/Partner Abuse required for licensure.

#### Personal Psychotherapy CP 950, 0 Unit

During the program, students must take part in a total of 60 hours of personal psychotherapy (preferably with a depth orientation) with a licensed psychotherapist or a certified analyst of their choice.

### RESEARCH AND SCHOLARLY INQUIRY COURSES

The program of study in research provides a solid grounding in both quantitative and qualitative research traditions while specializing in innovative human science methodologies addressing the multiple dimensions of psychological life. Research emphasize courses the complementary interdependence of clinical intervention and empirical inquiry providing the skills necessary to complete a Dissertation as a significant research contribution to the practice of clinical psychology. The Dissertation research process is integrated throughout the academic program in order to model the importance of research and scholarly inquiry in the daily practice of a clinical psychologist. The integration of the Dissertation with the academic program assures the completion of doctoral research in order to advance in a timely manner toward Internship and licensure as a clinical psychologist.

### Theories of Psychometric Measurement CY 933, 3 Units

The course covers classical and current psychometric theory and procedures involved in

constructing and evaluating measurement instruments in clinical psychology including the key concepts of scale development. Cronbach's alpha, exploratory and confirmatory factor analysis, types of reliability and validity, multi-trait and multi-method validation, item response theory, psychometric scaling and structural equation modeling are examined.

### **Qualitative Research Designs and Methods CY 952, 2 Units**

The course examines major human science traditions such as phenomenology, narrative approaches, ethnography, grounded theory, focus groups, hermeneutic approaches and case study. Theory and praxis of these approaches are examined within a particular qualitative methodology (i.e., phenomenology). Emphasis is given to ethics and cultural diversity as well as the parallels between research and clinical practice.

### Dissertation Development CY 955, 2 Units

This course emphasizes the development of critical thinking skills related to evaluating research studies and the writing of a dissertation in clinical psychology. The course focuses on the completion of an initial proposal, which contains a literature review of the seminal sources, a well-defined clinical research question, a preliminary review of methods used in addressing the question and an explication of the relevance of the question for the practice of

clinical psychology. *Prerequisites:* CY *950*, CY *951*, CY *952*; *Pass/No Pass* 

### Advanced Research Methods in Clinical Psychology I

**CY 956, 3 Units** 

This course focuses on the review of current approaches to applied research in clinical psychology. Particular attention is given to research methodologies as well as the philosophical and epistemological foundations of clinical research. The course results in an advanced review of the literature on a selected topic related to the clinical research question developed for the dissertation. Prerequisite: CY 955; No Incompletes

### Advanced Research Methods in Clinical Psychology II

**CY 957, 2 Units** 

This course critically examines the variety of applied methods in clinical psychology, including both quantitative and qualitative methods as well as theoretical and interpretative approaches. The course results in an advanced application of selected research methods to the clinical research question of the dissertation. *Prerequisite: CY 955, CY 956; No Incompletes* 

### Dissertation Completion IA CY 958A, 1 Unit

This is the first course in a series of three taken during each quarter of the third year of coursework in order to assure timely completion of the Psy.D. Dissertation. Throughout this series of courses in the third year, students must: 1) complete the composition of their committee, 2) complete Introduction, Literature Review and Methods sections and 3) finalize their ethics application. In addition, students are encouraged to begin their data collection and analysis. This course is taken under the direction of the Chair of the dissertation committee and concurrently with third year academic courses. Students are required to complete all three units of this course series by the end of the third academic year. *Prerequisite: CY* 955; Pass/No Pass; No Incompletes

### Dissertation Completion IB CY 958B, 1 Unit

This is the second course in a series of three taken during each quarter of the third year of coursework in order to assure timely completion of the Psy.D. Dissertation. Throughout this series of courses in the third year, students must: 1) complete the composition of their committee, 2) complete Introduction. Literature Review and Methods sections and 3) finalize their ethics application. In addition, students are encouraged to begin their data collection and analysis. This course is taken under the direction of the Chair of the dissertation committee and concurrently with third year academic courses. Students are required to complete all three units of this course series by the end of the third academic year. Prerequisite: CY 955; Pass/No Pass; No Incompletes

### Dissertation Completion IC CY 958C, 1 Unit

This is the third course in a series of three taken during each quarter of the third year of coursework in order to assure timely completion of the Psy.D. Dissertation. Throughout this series of courses in the third year, students must: 1) complete the composition of their committee, 2) complete Introduction, Literature Review and Methods sections and 3) finalize their ethics application. In addition, students are encouraged to begin their data collection and analysis. This course is taken under the direction of the Chair of the dissertation committee and concurrently with third year academic courses. Students are required to complete all three units of this course series by the end of the third academic year. Prerequisite: CY 955; Pass/No Pass; No Incompletes

### Dissertation Completion IIA CY 959A, 1 Unit

This is the first course in a series of three taken during each quarter of the fourth year of coursework in order to assure timely completion of the Psy.D. Dissertation. Throughout this series of courses during the fourth year, students must: 1) complete data collection, 2) complete data analysis, 3) complete the final dissertation document including Results and Discussion sections (the Discussion section need to include implications of dissertation for the advancement of the practice of clinical psychology), 4) participate successfully in the Oral Defense of the dissertation, and 5) complete the final

document edits as required by the Dissertation Office. This course is taken under the direction of the Chair of the dissertation committee and concurrently with fourth year academic courses. Students are required to complete all three units of this course series by the end of the fourth academic year to advance to Internship. *Prerequisites: CY 958A, CY 958B, CY 958C; Pass/No Pass; No Incompletes* 

### Dissertation Completion IIB CY 959B, 1 Unit

This is the second course in a series of three taken during each quarter of the fourth year of coursework in order to assure timely completion of the Psy.D. Dissertation. Throughout this series of courses during the fourth year, students must: 1) complete data collection, 2) complete data analysis, 3) complete the final dissertation document including Results and Discussion sections (the Discussion section need to include implications of dissertation for the advancement of the practice of clinical psychology), 4) participate successfully in the Oral Defense of the dissertation, and 5) complete the final document edits as required by the Dissertation Office. This course is taken under the direction of the Chair of the dissertation committee and concurrently with fourth year academic courses. Students are required to complete all three units of this course series by the end of the fourth academic year to advance to Internship. Prerequisites: CY 958A, CY 958B, CY 958C; Pass/No Pass; No Incompletes

### Dissertation Completion IIC CY 959C, 1 Unit

This is the third course in a series of three taken during each guarter of the fourth year of coursework in order to assure timely completion of the Psy.D. Dissertation. Throughout this series of courses during the fourth year, students must: 1) complete data collection, 2) complete data analysis, 3) complete the final dissertation document including Results and Discussion sections (the Discussion section need to include implications of dissertation for the advancement of the practice of clinical psychology), 4) participate successfully in the Oral Defense of the dissertation, and 5) complete the final document edits as required by the Dissertation Office. This course is taken under the direction of the Chair of the dissertation committee and concurrently with fourth year academic courses. Students are required to complete all three units of this course series by the end of the fourth academic year to advance to Internship. Prerequisites: CY 958A, CY 958B, CY 958C; Pass/No Pass; No Incompletes

### Psy.D. Dissertation Completion Extension CY 959EXT, 0 Unit per Quarter

Students who have not completed Dissertation Completion I or Dissertation Completion II during the fourth year register for a dissertation extension.

### COMMUNITY MENTAL HEALTH AND ENGAGEMENT COURSES

The Psy.D. Program emphasizes training in community mental health and engagement, related

to integration of culturally grounded, integrative, and interprofessional practices with depth psychological frameworks of care. Attention to unconscious dynamics and implicit social contexts is stressed. Applications of diverse forms of depth psychological clinical care related to community mental health needs are highlighted.

# Community, Mental Health, Public Policy, and Depth Psychology CY 825, 2 Units

This course emphasizes how public policy impacts all aspects of clinical practice in both the public and private mental health service delivery system. Mental health policy practices will be explored. Students learn how to utilize the principles of depth psychology in the community mental health system. The importance of learning administrative skills to improve service delivery is emphasized including the development of administrative strategies that include the Jungian concepts of organizational archetypes, complexes, and the shadow in order to create effective work place environments.

### Psychotherapy with Diverse Populations CY 845, 2 Units

Cultural competence or the knowledge, skills, and attitudes necessary to work effectively as a diversity-focused and social justice oriented clinician are an ethical responsibility in a multicultural society. This course examines the role of culture in psychotherapy and assessment, as well as key issues in the provision of psychological services with

individuals or communities, which face cultural and institutional forms of oppression and have been marginalized within systems of social care. Biases in traditional clinical theory and practice are discussed, while culturally relevant intervention strategies with individuals of different cultural backgrounds are introduced. Depth psychological concepts in relation to culture, such as the notion of an ethnic or minority unconscious, cultural trauma, and cultural complexes are also explored.

# Comparative Approaches to Psychotherapy in Community Based Practice CY 770, 2 Units

This course provides a theoretical and applied introduction to current approaches psychotherapeutic treatment and their applications within community based settings, including independent, group (non-profit) and publically funded mental health practice settings. Students examine the therapeutic applications and the theoretical tenets of the schools of psychoanalysis, Jungian analysis, cognitive-behavioral, personcentered, humanistic/existential, and postmodern psychology within the scope of practice in these settings. Students develop the ability to compare, contrast and integrate psychotherapeutic approaches in the context of clinical research, evidence-based best practices, and utility for serving the needs of diverse individuals and communities. Depth psychological practices used in a wide-range of practice settings, such as sandplay therapy, will be introduced. This class will also emphasize practical aspects of developing independent or group clinical practice that address varied mental health needs.

### Integrative and Inter-professional Treatment Approaches

CY 920, 1 Unit

The course introduces students to foundations of integrative and inter-professional functioning as a psychologist within health care and community-based settings. In addition to collaborative team approaches, students will learn about integrative assessment practices, family and community systems of care, prevention, and collaborative interventions. Integration of depth psychological values and principles within inter-professional settings serves as a framework for the course.

### Indigenous Approaches to Psychology CY 803, 1 Unit

The course will introduce students to indigenous approaches to psychology, which emphasize integration of culturally relevant forms of healing as well as diverse traditions in addressing the psychological, physical and spiritual challenges faced by individuals, families, and communities. Integrative views on mind-body-spirit will be discussed. The course will review history and current practices employed by indigenous healers both outside and inside the U.S. The efficacy of alternative healing traditions will be explored in the context of cultural diversity as well as current psychological practices.

#### Mindfulness and Imagery in Integrative

#### **Treatment**

#### CY 923, 1 Unit

This course is designed to introduce students to mindfulness practice and imagery as applied to integrative health service settings and patient-centered healthcare frameworks. Practical application will be emphasized. Ethical and cultural aspects are incorporated.

### Principles of Clinical Supervision, Consultation, and Community Assessment

#### **CY 752, 2 Units**

This course provides an exposure to the professional role of psychologists as supervisors and consultants. Theories and approaches to clinical supervision and consultation are examined with special attention given to the interpersonal and of psychodynamic aspects the supervisorsupervisee interaction within broader practice and cultural context. Ethics, diversity, and other professional issues related to clinical supervision and consultation are examined within community mental health and independent practice settings. This course is also designed to introduce students to program evaluation theories and techniques related with focus on community-based assessment of psychological needs and access to care. Grant writing skills with implications for community mental health services will be emphasized.

#### Personal Psychotherapy

#### CY 981, 0 Unit (Degree Requirement)

During the program, students must take part in a total of 60 hours of personal psychotherapy (preferably with a depth psychological orientation) with a licensed psychotherapist or a certified analyst of their choice.

### Comprehensive Exam Portfolio CY 989, 0 Unit

Upon completion of nine quarters of Psy.D. coursework, a student in good academic standing is eligible to take the Comprehensive Exam Portfolio. The Comprehensive Exam Portfolio is designed to assess student competencies in the area of each of the three Program Domains: Depth Psychological Clinical Practice, Research and Scholarly Inquiry, and Community Service and Clinical Engagement. Students must pass all components of the Comprehensive Portfolio in order to advance to Internship. Students must retake any failed portion of the Portfolio within a quarter following the initial submission of the Portfolio. A student is eligible to take an academic tutorial in preparation for reexamination. If a student does not pass any aspect of the Comprehensive Exam Portfolio within two attempts he or she will be academically disqualified. Pass/No Pass; No Incompletes

### Pre-Doctoral Internship in Clinical Psychology CY 980, 3 Units

Pre-doctoral internship in clinical psychology is a supervised summative training experience, which integrates academic learning and previous applied clinical training at the practicum level. Upon the academic completion of program, comprehensive exam, dissertation, and 1,000 hours of practicum training, students in good standing are required to complete 1,500 hours of pre-doctoral internship in clinical psychology. Students from California may participate in the California matching system for internships through the California **Psychology** Internship Council (CAPIC). Candidates for internship must demonstrate readiness to apply for internship to the Director of Clinical Training. Students may apply for financial aid for the initial 3 quarter enrollment period. A quarterly fee will apply. Students must submit quarterly evaluations to be eligible to pass

the quarter and register for the next quarter. The inability to pass Internship may result in loss of enrollment status, financial aid, and possible disqualification from the Clinical Psychology Program.

# Pre-Doctoral Internship Extension in Clinical Psychology CY 980A, 0 Unit

Upon completion of three quarters of pre-doctoral internship, all students who are continuing to accrue pre-doctoral internship hours will be eligible to enroll in pre-doctoral internship extension. Students must submit quarterly evaluations to be eligible to pass the quarter and register for the next quarter.

#### DEGREE REQUIREMENTS FOR GRADUATION

- 1. Students must complete a total of 116 quarter units to fulfill the unit requirement for the Psy.D. degree. This is comprised of 107 academic units and 9 predoctoral internship units.
- 2. A minimum grade of "B" is required in each completed course. A cumulative grade point average of 3.0 must be maintained.
- 3. Students must meet attendance requirements as articulated in the Student Handbook.
- 4. During the second year of coursework, students take a qualifying examination. An M.A. degree is awarded when the exam is passed and:
  - a. 52 units of first and second year designated coursework have been successfully completed.
  - b. Completion of 100 hours of practicum has been documented.
  - c. Documentation of 30 hours of personal therapy has been submitted.
- 5. In addition to completion of the M.A. degree requirements, in order to proceed with the third year of coursework, students must pass the Second Year Assessment for Program Advancement which encompasses a comprehensive review of coursework, annual

- evaluations, qualifying exam results (a minimum of 80% is required), advancement toward clinical practicum training goals, writing skills and readiness to conduct research.
- 6. Students must successfully pass the Comprehensive Portfolio at the end of the third year.
- 7. Students must submit and defend an original dissertation accepted by the faculty.
- 8. Students are required to complete a minimum 1,000 hours of practicum and 1,500 hours of internship.
- 9. Students are required to complete a total of 60 hours of personal therapy.
- 10. Students must comply with all the policies and procedures articulated in the Student, Dissertation, and Clinical Handbooks.
  - \*Students should note that M.A. designation does not meet requirements for masters level licensure in California or other states, and withdrawal from the program with only the M.A. designation will require students to obtain additional classes and training to meet Masters level licensure requirements.

#### **CLINICAL TRAINING**

A minimum of 1,000 hours of practicum and 1,500 hours of internship are required. Students will be placed in practicum by the Director of Clinical Training. Students must obtain Internship through a competitive application process. It is recommended that internships be completed in a multidisciplinary setting offering a variety of training experiences. The choice of a culturally diverse site is encouraged. Psy.D. students are encouraged to have their accepted dissertation proposal be accepted and be demonstrating that they are making progress on their dissertation before starting internship. For a full description of all clinical training requirements consult the current edition of the Clinical Training Handbook.

#### **FACULTY MENTORSHIP**

Each Student is assigned a Faculty Advisor for mentorship throughout the program. Faculty Advisors meet regularly with their student advisees to monitor their academic performance, discuss research interests, oversee clinical development, assist with dissertation progress, and provide personal and professional support, including in development of professional community engagement and activism. During the Dissertation phase of training, students' Dissertation committee Chair is assigned to serve

as their Faculty Advisor in order to help students actively integrate their academic, clinical, activist, and dissertation aspects of their learning.

#### PREPARATION FOR CLINICAL PSYCHOLOGY LICENSURE

This curriculum may not meet all the requirements of each state for licensure in clinical psychology. Students seeking licensure in California will acquire regional accredited doctoral training qualifying them to pursue licensure as a clinical psychologist in California; however, because state requirements change, students are responsible for remaining aware-of current licensure regulations. Other students may need to meet additional licensure requirements in their home states, and are likewise responsible for knowing their applicable state licensure requirements.

### M.A. and Ph.D. in Depth Psychology

#### Offered with Three Options for Degree Specialization

Pacifica's Depth Psychology Program educates students in the history and lineage of depth psychology, and explores the non-clinical frontiers of the field. While deepening their understanding of the roots and development of depth psychology, faculty, students, and alumni are also extending the field beyond the limits of clinical work and across the traditional lines of professional and academic disciplines.

The Depth Psychology Program offers incoming students three different options for degree specialization:

- Jungian and Archetypal Studies (M.A. /Ph.D.)
- Community, Liberation, Indigenous, and Eco-Psychologies (M.A. /Ph.D.)
- Integrative Therapy and Healing Practices (Ph.D.)

All students in the program share a core course of study in depth psychological theory, interdisciplinary studies, and depth psychological approaches to research. This includes theories from psychoanalysis, Jungian studies, archetypal psychology, and ecopsychology, as well as attention to dreamwork, somatic practices, and the mythopoetic imagination.

Each degree specialization blends the core curriculum with courses in the area of specialization, leading to a highly focused and innovative graduate education.

#### Specialization in Jungian and Archetypal Studies

This blended hybrid/low-residency program affirms Pacifica's mission to tend soul through an in-depth engagement with the work of C.G. Jung and post-Jungian thinkers. It surveys Jungian and archetypal theories and practices most applicable to healing, transformation, self-expression, and the development of consciousness. Students critically evaluate both the limitations and the potentials of Jungian psychology in contemporary contexts, and work together in a dynamic learning community to advance, apply, and imagine new extensions for these theories and practices in the world.

#### Specialization in Community, Liberation, Indigenous, and Eco-Psychologies

This specialization is creating a 21<sup>st</sup> century depth psychologically informed critical community psychology. To address the personal, community, cultural, and ecological challenges of our time, Euro-American depth psychological theories and practices are placed in dynamic dialogue with ecopsychology, cultural studies, indigenous, and liberation psychologies. Students become sensitive to the interdependence of individual, cultural, and collective dynamics, and to the arts and the imaginal as catalysts to vision and transformation. Praxis classes mentor students in creative approaches to working in organizations, non-profits, community groups, and educational settings. Community and ecological fieldwork and research are designed to help students pursue their distinctive areas of interest, gathering the theoretical understanding and fieldwork and research skills to deepen their engagement.

#### **Specialization in Integrative Therapy and Healing Practices**

This doctoral specialization cultivates an integrative approach to professional development in the healing arts informed by bridging multidisciplinary frameworks with depth psychological inquiry. Working with leading faculty, students in this program engage in a journey of personalized education that fosters advanced therapeutic skills and practices, alternative healing modalities, non-liner paradigms, individual and group consultation skills, and which supports them in making important and original contributions to their fields.

### M.A. /Ph.D. in Depth Psychology

### **Somatic Studies Specialization**

Currently not enrolling students in this specialization. There are no cohorts in coursework.

The Somatic Studies specialization is uniquely grounded in the tradition of depth psychology with its emphasis on the unconscious, imagery, archetypes, and dreams. From that ground, students in the program explore the intersections between body and psyche, connect image to sensation through active imagination, and follow the dance of their dreams. They study the body's role in the process of individuation and consider how physical symptoms may speak for the soul.

From a somatic perspective, body experience is always understood holistically, as part of a larger context in which that experience becomes meaningful. For example, a particular sensation or body movement may be considered in relation to psychological issues, physical health, interpersonal relationships, social and cultural contexts, spirituality, and the environment. The program incorporates an interdisciplinary range of practices and perspectives, including neuroscience, cultural studies, somatic education, and the expressive arts. Students are drawn from similarly diverse backgrounds, including counseling, education, health care, bodywork, and dance.

#### **Dissertation Writing**

#### **DPS 980, 15 Units**

During this course, students assemble their dissertation committee, write the proposal, complete the dissertation process, and defend the dissertation in a public forum. This course may be taken concurrently with other courses. Additional fees are assessed for this course. *Prerequisites: DPS 932A, B, C; Pass/No Pass* 

### M.A. /Ph.D. in Depth Psychology, Somatic Studies Specialization DEGREE REQUIREMENTS FOR GRADUATION

1. Students must complete a total of 90 quarter units for the Ph.D. to fulfill the degree requirements for graduation. A minimum grade of C is required in each completed course. A cumulative grade point average of 3.0 must be maintained.

- 2. Students must attend at least 2/3 of each course.
- 3. During the second year of coursework, students must pass a written comprehensive examination. The M.A. degree is awarded when the exam is passed and 48 units of first and second year coursework, and 50 hours of depth transformative practices are completed.
- 4. Students must petition to proceed with the third year. Faculty approval is based on a comprehensive review of coursework, exam results, writing skills, and readiness to conduct research.
- 5. Students must pass an oral examination at the end of the third year of coursework.
- 6. Students must submit and defend an original dissertation accepted by the faculty.

#### **DOCTORAL DISSERTATION**

The dissertation process involves the completion of Dissertation Development and Dissertation Writing courses. Students must have completed all requirements for the M.A. degree, passed the oral comprehensive examination and all pre-requisite coursework, and have an approved concept paper before enrolling in Dissertation Writing. The Dissertation Committee is comprised of a Chair, a Reader, and an External Reader. Each member of the committee must possess an earned doctorate based in part on a dissertation unless this requirement is waived by the Program Chair.

NOTE: The Depth Psychology Program and its specializations are designed to provide students with knowledge of theoretical traditions of depth psychology and its contemporary applications to personal, cultural, community, and ecological health and well-being. The program does not prepare students to become licensed or to practice psychotherapy. Although some students may wish to pursue licensure after gaining their doctorate in this program, the curriculum does not contain specific coursework aimed at any type of licensure, nor does it arrange or administratively support traineeships, pre- or post-doctoral internships, or other practice requirements related to licensure.

### M.A. /Ph.D. in Depth Psychology

### **Jungian and Archetypal Studies Specialization**

This rigorous, creative exploration of Jungian and archetypal psychology provides students with a range of theories, skills, and practices they can apply directly to their professional, personal, and creative lives, while addressing the collective challenges and opportunities at this moment in history.

For those called to explore the personal and collective psyche, this program of study provides a unique opportunity to engage with, apply, and advance depth psychological theories and practices within the Jungian and archetypal traditions. Building on the work of C.G. Jung and James Hillman, students consider approaches to the psyche that foster healing, transformation, self-expression, cultural advancement, and the development of consciousness.

The Jungian and Archetypal Studies specialization moves depth psychology from the clinical consulting room out into the wider world. By stimulating and supporting the scholarship and innovative research of students, the program promotes the task of advancing depth psychological ideas and practices as catalysts for individual and cultural transformation.

The faculty is comprised of esteemed international scholars with a broad range of areas of expertise. They introduce students to foundational theoretical constructs in the field while helping them to engage critically and imaginatively with the course material. The coursework itself is aligned with Jung's emphasis on the "ineluctable psychological necessity" of individuation, the process by which one might attain deep self-knowledge, further the development of consciousness, and better understand the unconscious factors shaping human experience.

#### Students in the Jungian and Archetypal studies specialization:

 Critically explore a range of topics central to our understanding of the role of the unconscious psyche in human experience, such as healing, myth, dream, art, soul, spirit, ecology, religion, creativity, personal transformation, individuation, the development of consciousness, and more.

- Deepen the capacity for imaginal, symbolic, mythic, critical, theoretical, and archetypal thinking and being in the world.
- Engage with the creative, dynamic unconscious in both its personal and collective dimensions.
- Hone the expression of their unique voice and vision through courses in research, writing, publication, and presentation.
- Study side-by-side with Jungian scholars and practitioners interested in envisioning new possibilities for extending contemporary thought and practices into the world.
- Read deeply and broadly from the Collected Works of C.G. Jung, Jung's Red Book, and other core texts in the depth psychological tradition.
- Evaluate the limitations and potentials of Jungian and archetypal psychology within contemporary contexts.

#### A BLENDED HYBRID LOW-RESIDENCY PROGRAM

#### **Curriculum Overview**

This transformative and scholarly degree program takes advantage of online technology to allow students to work and learn in their home environments, while also taking part in engaged community sessions on Pacifica's Ladera Lane Campus. Classes begin online and meet during four-day residential sessions (Thursday, Friday, Saturday, Sunday) once per quarter. During these on-campus sessions, students have access to the Institute's extensive resources and are able to engage with their classmates and instructors face-to-face, combining lecture, discussion, and experiential and embodied learning. Residential sessions also allow time for exploration and community building.

#### **CURRICULUM OVERVIEW**

#### FIRST YEAR

Introduction to Depth Psychology – DJA 700, 3 Units

Jungian Psychology: The Individuation Journey – DJA 720, 3 Units

C. G. Jung in Context – DJA 710, 3 Units

Dreamwork: Tending the Living Images – DJA 825, 3 Units

Archetypes: Universal Patterns of the Psyche – DJA 800, 3 Units

Mythopoetic Imagination: Viewing Film, Art, and Literature from a Jungian Perspective – DJA 805, 3 Units

Complexes: Jung's "Royal Road" to the Unconscious - DJA 810, 3 Units

Reflective Studies I: Foundations for Research – DJA 920, 3 Units

#### **SECOND YEAR**

Imaginal Ways of Knowing: Active Imagination, *The Red Book*, and Psychic Creativity – DJA 820, 3 Units

Archetypal Psychology - DJA 730, 3 Units

Depth Psychology and the Mythic Tradition - DJA 815, 3 Units

The Poetic Basis of Mind – DJA 870, 3 Units

Synchronicity and the New Sciences - DJA 855, 3 Units

Archetypal Cosmology and Astrological Hermeneutics – DJA 880, 3 Units

Psychological Types – DJA 835, 3 Units

Reflective Studies II - DJA 930, 3 Units

#### THIRD YEAR

Psychoanalytic Openings: Evolving Understandings of the Human Personality in Psychoanalysis and

Analytical Psychology - DJA 740, 3 Units

Somatic Studies: The Psyche-Soma Connection – DJA 845, 3 Units

The Alchemy of Transformation - DJA 865, 3 Units

Depth Psychology and the Sacred: Approaching the Numinous - DJA 850, 3 Units

Technology and Psyche- DJA 882, 3 Units

Dissertation Development - DJA 950, 3 Units

Ecopsychology: The Psyche in Nature - DJA 860, 3 Units

Reflective Studies III – DJA 940, 3 Units

The program may, on occasion, replace any of the above courses with alternative courses, and the curriculum may vary depending upon evolving academic needs.

#### CONTINUING

Self-Directed Studies – DJA 970, 3 Units

Dissertation Writing – DJA 960, 15 Units

The required fourth and fifth years of study focus on reading, research, and dissertation writing.

#### TRADITIONS, THEORIES, AND TRAJECTORIES

This portion of the curriculum grounds students in the trajectory of depth psychology from its ancient roots to its modern manifestations. Students learn about the psychoanalytic, Jungian, post-Jungian, archetypal, and developmental lineages of depth psychology, paying special attention to the cultural and historical contexts in which they arose. Commentaries and critiques of these fields are discussed, and controversies are explored in order for students to develop a critical and reflective eye about depth psychology, both its strengths and its limitations.

### Introduction to Depth Psychology DJA 700, 3 Units

Although depth psychology formally began with the work of Freud, Adler, and Jung at the turn of the 20th century, it has multiple antecedents reaching far back into the history of human thought. This course serves as a general introduction to the background and fundamentals of depth psychology, helping to situate the field within an historical context and in relation to other areas of thought and the wider culture.

### C. G. Jung in Context DJA 710, 3 Units

In order to fully appreciate, understand, and critique Jungian psychology, it is necessary to understand the personal, social, cultural, religious, and historical context in which it arose. This necessarily entails studying the life and times of C.G. Jung himself, for as Jung knew, the psychology one professes can never be separated from the context and milieu of the psychologist.

### Jungian Psychology: The Individuation Journey DJA 720, 3 Units

The central process in Jungian psychology is the individuation process, which can be defined as the psyche's journey toward wholeness, an embodiment of the archetype of the Self. In Jungian psychology, this is done in large part by consciously engaging the opposites within the psyche, including the feminine and masculine principles, known as the anima and animus. This course explores the centrality of the individuation process to Jungian psychology, reviewing terms such as the ego-Self axis, the persona and the shadow, the transcendent function, and the personal and collective unconscious.

### Archetypes: Universal Patterns of the Psyche DJA 800, 3 Units

Considering first the place of archetypes in the history of the Western thought—especially Greek mythology, Platonism, and German Romanticism this course then traces the evolution of Jung's understanding of the concept, drawing especially on The Archetypes and the Collective Unconscious. Students will explore a number of the major archetypes identified by Jung-including the shadow, anima, animus, rebirth, the wise old man, the mother, the hero, the spirit, the child, the trickster, and the Self-examining the evidence he gave in support of them from psychopathology, myth, religion, philosophy, literature, art, and culture. The also address course will the characteristics of archetypes, and the different ways they can be conceptualized and described.

### Archetypal Psychology DJA 730, 3 Units

Archetypal psychology is one of the central strands of post-Jungian theory. As envisioned by its main proponent, James Hillman, it emphasizes the development of a mythic sensibility in confronting the complexity and multiplicity of psychological life. Students learn the history and central ideas of this psychology, and become conversant with its four basic moves: personifying, or imagining things; pathologizing, or falling apart; psychologizing, or seeing through; and dehumanizing, or soul-making.

# Psychoanalytic Openings: Evolving Understandings of the Human Personality in Psychoanalysis and Analytical Psychology DJA 740, 3 Units

The first conversation between Sigmund Freud and C.G. Jung lasted over 13 hours, and explored many places of convergence and divergence. In many ways, this conversation continues today, with places of convergence and divergence in post-Freudian and post-Jungian theory and practice. Students will study the psychodynamics of early development and psychopathology and examine the influence of the object-relations, self-psychology, and other modern psychoanalytic theories on contemporary Jungian theory and practice. More broadly, this course is concerned with changing perspectives on human nature and the evolution of depth psychology over the course of the last century.

### The Alchemy of Transformation DJA 865, 3 Units

When Jung realized that the arcane texts of alchemy symbolically portray the process of transformation inherent to individuation, he called it "a momentous discovery," one that provided an historical precedent for his model of individuation and a framework within which to better understand his "confrontation with the unconscious." This course explores Jung's interpretation of alchemy through a detailed study of three volumes of his collected works: *Psychology and Alchemy, Alchemical Studies*, and *Mysterium Conjunctionis*.

### Synchronicity and the New Sciences DJA 855, 3 Units

Jung's exploration of synchronicity or "meaningful coincidence" was of critical significance for him personally, preoccupying him throughout much of his life. Indeed, the concept of synchronicity is arguably among the most important and controversial theoretical contributions of his life's work, with far-reaching implications not only for depth psychology, but for the basis of the modern Western worldview and our understanding of the nature of reality. In this course, students will examine the complex relationship between synchronicity and the so-called new sciences, including modern physics (relativity theory and quantum theory), systems theory, complexity and chaos theory, organicist biology, and the "new cosmology."

#### PRINCIPLES AND PRACTICES

These courses focus on the ideas and principles primarily arising from the Jungian and archetypal traditions that are most applicable to working with the individual and collective psyche today. Here the psyche is envisioned as having mythological, spiritual, political, archetypal, creative, mystical, erotic, and embodied dimensions. Students are exposed to practices of working with these multiple dimensions of psyche, such as dreamwork, active imagination, typology, authentic movement, artmaking, and image work. Mentored by faculty and with the support of their peers, students are encouraged to adapt or refine these practices, or

develop new practices most suited to their work in and with the world.

# Mythopoetic Imagination: Viewing Film, Art, and Literature from a Jungian Perspective DJA 805, 3 Units

Symbols are one of the ways the unconscious speaks to us and through us, its visual language for conveying the deep mysteries of life. After exploring the psychological importance of symbols, we turn our focus to the manifestation of symbol-making in literature, film, and art. In addition, students will explore and amplify a symbol that speaks to their psyches through artistic creations of their own.

### Complexes: Jung's "Royal Road" to the Unconscious

#### **DJA 810, 3 Units**

In his seminal essay "A Review of the Complex Theory," Jung calls complexes the *via regia*, or royal road, to the personal and collective unconscious. The course explores complexes on multiple levels—personal, familial, group, workplace, cultural, and political—looking at their phenomenology, their autonomy, and their biology. Jung's and Freud's relationship and subsequent separation will be viewed in light of the complexes that gripped the men, leading to a discussion of the relationship between the psychological theories we may develop or be drawn to and our personal complexes. Andrew Samuel's concept of the political psyche will be discussed, and the theory of cultural complexes laid out by Thomas Singer and Samuel Kimbles will be

applied to a particular cultural or organizational group of interest to the student, and assessed for its efficacy in depotentiating the complex.

### Depth Psychology and the Mythic Tradition DJA 815, 3 Units

James Hillman wrote, "Psychology shows myths in modern dress and myths show our depth psychology in ancient dress." Understanding the connection between mythology and psychology, Jung argued that it is important to our psychological health to know the myth we are living. The course will focus on archetypal motifs as they appear in our personal and collective psychological lives. Students will study Jungian and post-Jungian mythological theory and interpretation. In addition, they will critically review authors who have successfully brought the mythological psyche before the public eye, such as Joseph Campbell, Clarissa Pinkola Estes, and Marion Woodman.

# Imaginal Ways of Knowing: Active Imagination, The Red Book, and Psychic Creativity DJA 820, 3 Units

Active imagination is the name given to the technique Jung pioneered for working with unconscious material in the psyche, often through working with an image or through dialogue with an inner figure. *The Red Book* contains 16 years of Jung's active imagination within its covers, and thus is the text *par excellence* for exploring this powerful technique and its relationship to psychic creativity and consciousness.

### Dreamwork: Tending the Living Images DJA 825, 3 Units

Ever since Freud released *The Interpretation of Dreams* in 1900, these mysterious nocturnal visitors have been of seminal importance to the field of depth psychology. In this course, students learn historical and cultural approaches to dreams, and practice a variety of dreamwork methods including working with dreams in groups, drawing upon Freudian, Jungian, post-Jungian, and archetypal theories.

#### Psychological Types DJA 835, 3 Units

Jung is probably best known in mainstream culture for his theory of psychological types, the basis for the Myers-Briggs Type Indicator™ which is now known and used throughout the world. Students learn about Jung's theory, including the rational and irrational functions, the eight basic types of people, and the importance of developing the inferior function. Various typological assessment tools are introduced, and discussions center around their reliability and validity, ethical use, and their contemporary and cross-cultural applicability. Attention will be paid to primary applications of typology, such as increasing self-awareness, decreasing stress by living "in type," increased understanding of and appreciation of others, type development over the lifespan, and fostering tolerance in groups and organizations.

### Somatic Studies: The Psyche-Soma Connection DJA 845, 3 Units

Jung wrote, "The spirit is the life of the body seen from within, and the body the outward manifestation of the life of the spirit—the two really being one." This course explores this interrelationship between psyche and soma. Topics may include the body as shadow in depth psychology; the body as a site of trauma, healing, and contact with the divine; bodywork practices like dance, authentic movement, yoga, and breathwork; non-Western and indigenous healing traditions; the relationship of the body with the collective unconscious, including concepts like cellular memory, morphic fields, and archetypes as bodily-based inherited images; an exploration of various depth psychologists who have championed the importance of the psyche-soma connection; or the current interest in the intersection of neuroscience and psychology.

### Depth Psychology and the Sacred: Approaching the Numinous DJA 850, 3 Units

This course begins by contrasting Freud's and Jung's views on the psychology of religion. Though Freud was dismissive of religion, Jung explored it extensively from the beginning to the end of his life, arguing unequivocally for its psychological importance, going so far as to declare that all psychological problems are essentially spiritual problems which can be healed through an encounter with the numinosum, or god-image. This course focuses on the spiritual function of the psyche

though key Jungian and post-Jungian works, exploring the variety of ways people approach and experience the divine.

### Ecopsychology: The Psyche in Nature DJA 860, 3 Units

As Jung saw it, "Natural life is the nourishing soil of the soul." In this course, students will explore archetypal and mythological motifs that emerge from the ensouled world, including differing natural landscapes and the animal world. The importance of place to the psyche will provide rich discussion material, including an observation of the natural world as it appears in our dreamscapes. Means of (re)connecting psyche and nature will be discussed, including traditional and contemporary wilderness rites of passage and nature-based healing practices from indigenous cultures. This course also includes an experiential engagement with nature.

### The Poetic Basis of Mind DJA 870, 3 Units

This course addresses a pivotal dimension of archetypal studies, which Hillman called the poetic basis of mind, as well as the closely affiliated aesthetic dimension of soul. The topic requires attention to modes of expression characteristic of soul's interiority and to the style of language we employ in soulful writing, in order to catch psyche in the act. The course will forge connections between archetypal perspective and the work of poets, artists and visionaries of the instructor's choice.

### Archetypal Cosmology and Astrological Hermeneutics

#### **DJA 880, 3 Units**

With connections to virtually every aspect of Jungian psychology, astrology was envisaged by Jung as an example of "synchronicity on a grand scale," a form of divinatory practice, and a symbolic interpretive system for portraying and illuminating the workings of the psyche. This course critically considers Jung's lifelong interest in and study of astrology, exploring its relevance to the traditions and future directions of depth psychology as a hermeneutic practice and archetypally informed cosmology.

Working with examples from religious and literary texts, individual experience (personality, biography), cultural history, and the arts, the course introduces astrology as symbolic approach to understanding the movements of the psyche. Students will learn to astrological techniques to inform the "archetypal eye" and consider astrology's relevance to individuation and soul making as a form of spiritual practice and an aid to psychotherapy. The course traces the development of psychological and mythic approaches to astrology in the twentieth century, in relation to Jungian thought, and explores the emergence of the academic field of archetypal cosmology, with its roots in myth and Platonism and modern antecedents in archetypal and transpersonal psychology.

### Technology and Psyche DJA 882, 3 Units

Technology, the application of knowledge that leads to mechanical order, has determined the shape of modern existence. In the post-industrial Information Age, the artifacts of technology are less elective tools and more necessary facets of reality, giving rise to significant psychological implications. This course applies Jungian depth psychology to our relationship with machines. It engages topics such as the archetypal roots of invention, the coincidence of modern depth psychology and industrialization, the ties between automation and existential disorientation, and the overlap of postmodernism and the advent of cyberspace. Such topics background an exploration of the psychological impact of present and prospective innovations.

The goal of the course is to employ theories of the unconscious and the archetypal basis of mind in the study of such pressing phenomena as artificial intelligence, living online, virtual and augmented reality, and posthumanism. Special emphasis is placed on exploring utopian and dystopian fantasies associated with these and other expressions of the urge to remake the world and redesign ourselves.

#### RESEARCH AND REFLECTION

The curriculum incorporates a number of courses specifically designed to cultivate essential skills in deep reflection, critical thinking, and research that prepare students for dissertation writing and their future vocations.

### Reflective Studies I: Foundations for Research DJA 920, 3 Units

This course introduces students to the distinctive theory and practice of research in depth psychology, with its unique demands-and rewards-that come from working in partnership with the autonomous psyche. This course raises the all-important question: if we take seriously the existence of the personal and collective unconscious, what are the implications for our research? Special attention is paid to the vocational and transferential aspects of research, as research is conceived as a path to both personal and collective healing and transformation. Students are introduced to the dissertation process at Pacifica, and begin exploring potential ideas for research topics and learning about a variety of qualitative research methodologies. The course encourages reflection in three main ways: students will integrate the coursework they have completed in the past, reflect on their learning process in the present, and articulate how they are being called to work with the material in the future. Pass/No Pass

#### Reflective Studies II

#### **DJA 930, 3 Units**

Taken in the final quarter of the second year, this course serves as the container for the written comprehensive examinations, which assess how well students have met the program's learning objectives. Students wishing to advance into the third year must meet the required standard of examination pass. In addition, during this course students make an oral presentation of a scholarly

journal article developed from a term paper from a previous course, and then turn in the written article for formal evaluation. To take this course, students must have successfully completed six full quarters of coursework during the first two years of the program. *Prerequisite: DJA 920; Pass/No Pass* 

### Reflective Studies III

#### **DJA 940, 3 Units**

Taken in the final quarter of the third year of the program, this course serves as a container for the oral comprehensive examination where students articulate the conceptualization of their dissertations based on their concept papers (see Dissertation Development, below). During this course, students continue to develop their concept papers, incorporating faculty feedback from the oral examinations, as they submit their concept papers for final approval—a prerequisite for beginning dissertation writing. *Prerequisite: DJA 920, 930, 950; Pass/No Pass* 

#### **Dissertation Development**

#### **DJA 950, 3 Units**

Writing a dissertation is arguably the most rigorous and ultimately rewarding work of any doctoral student's academic life. This course prepares students for the task, guiding them through the crafting of a research project, with the aim of developing a concept paper for approval in Reflective Studies III, the next quarter. In Dissertation Development, students learn how to navigate through the dissertation landscape,

including forming a committee, organizing a project of such magnitude, and confronting psychological roadblocks along the way. *Prerequisite: Student must be in good academic standing and have successfully remediated all failing grades prior to beginning to this class* 

### Dissertation Writing DJA 960, 15 Units

During this course, the student assembles a committee, submits a proposal, writes the dissertation, and defends the dissertation in a public forum. This course traditionally follows the completion of all other coursework and successful completion of the comprehensive exams. However, a student who demonstrates readiness may choose to apply for this course while enrolled in regular coursework. This option requires approval from the Program Chair. Additional fees are required for this course. *Prerequisites: Successful completion of the* 

three years of coursework and an approved concept paper; Pass/No Pass.

### Self-Directed Studies DJA 970, 3 Units

The purpose of Self-Directed Studies is to allow students to explore areas of interest in depth psychology outside the boundaries of the curriculum. This may take the form of attending conferences, workshops, lectures, and/or seminars; engaging with an analyst or other practitioner/s for personal therapy or healing work; or seeking training in a modality that augments their practice of depth psychology. Students must complete a total of 30 hours and submit a reflective paper; this may occur anytime during the course of the program, and is required for the awarding of the Ph.D. All hours must be pre-approved through discussion with the self-directed studies coordinator. program's Pass/No Pass

### M.A. /Ph.D. in Depth Psychology, Jungian and Archetypal Studies Specialization DEGREE REQUIREMENTS FOR GRADUATION

- 1. Students must complete a total of 90 quarter units for the Ph.D. to fulfill the degree requirements for graduation. A minimum grade of C is required in each completed course. A cumulative grade point average of 3.0 must be maintained.
- 2. Students must attend at least 2/3 of each course.
- 3. During the second year of coursework, students must pass a written comprehensive examination. The M.A. degree is awarded when the exam is passed and 48 units of first-year and second-year coursework are completed.
- 4. Students must prepare and submit a scholarly article suitable for publication.
- 5. Students must pass an oral examination at the end of the third year of coursework.

6. Students must submit and defend an original dissertation accepted by the faculty.

#### **COMPREHENSIVE EXAMINATIONS**

The written exam is taken after successful completion of at least six quarters of the first two years of coursework. This exam is an evaluation of the student's understanding of the fundamentals of Jungian depth psychology and archetypal psychology covered during the first two years of the program, in accordance with specific program learning outcomes. The exam serves two main purposes:

- 1. To ascertain the student's readiness and ability to continue on into the third year of coursework, and, beyond this, to undertake dissertation work for the successful completion of a Ph.D.
- 2. To provide an opportunity for students to integrate and consolidate the first two years of coursework.

Jungian and Archetypal Studies doctoral students who have passed the written comprehensive examination are eligible to take the oral examination in the final quarter of the third year (in the summer or winter, depending on the track). The oral examination is the final evaluation of students' ability to integrate academic coursework, and it serves as partial fulfillment of the degree requirements. The purpose of this assessment is to raise critical questions pertaining to the proposed dissertation project. Students must successfully incorporate the critique of this consultation into their dissertation concept papers in order to be advanced to candidacy.

#### ADVANCEMENT TO DOCTORAL CANDIDACY

A student will earn the designation of "doctoral candidate" after he or she has successfully completed all coursework, passed written and oral comprehensive exams, and a dissertation concept paper has been accepted by the Institute.

#### DOCTORAL DISSERTATION

The Depth Psychology Program has a Dissertation Handbook available online which includes a set of guidelines and forms for the dissertation process. Students must have passed their written comprehensive exam and an approved concept paper to register for dissertation writing.

In order to work with the dissertation committee, the student must officially enroll in the two consecutive academic year period of dissertation writing. This is often referred to as the two-year dissertation "clock." To begin the dissertation clock, the student must: a) have completed their third-year coursework, b) have an approved concept paper, c) be in good academic standing and have no outstanding failing grades, d) submit a Dissertation Registration Form to the Dissertation Office by the registration deadline, and e) be in good financial standing with the Business Office.

NOTE: The Depth Psychology Program and its specializations are designed to provide students with knowledge of theoretical traditions of depth psychology and its contemporary applications to personal, cultural, community, and ecological health and well-being. The program does not prepare students to become licensed or to practice psychotherapy. Although some students may wish to pursue licensure after gaining their doctorate in this program, the curriculum does not contain specific coursework aimed at any type of licensure, nor does it arrange or administratively support traineeships, pre- or post-doctoral internships, or other practice requirements related to licensure.

### M.A. /Ph.D. in Depth Psychology

### Community, Liberation, Indigenous, Eco-Psychologies

### **Specialization**

This degree program specialization is a bold initiative to forge transdisciplinary and transformative approaches to some of the most critical personal, community, cultural, and ecological challenges of our time. Accomplishing this necessitates a radical engagement in re-conceiving psychology as a potentially liberatory and restorative force in society, one engaged in initiatives to promote social, economic, and environmental justice, peacebuilding, and ecological sustainability. The specialization is committed to rebuilding fragmented cultural and ecological connections, and to co-creating democratic, dialogical, joyful, sustainable, equitable and nonviolent living.

To study community and ecopsychology in the light of liberation and indigenous psychologies commits us to deeply explore and address the profound effects of injustice, violence, and exploitation on psychological, communal, and ecological well-being.

The curriculum places intercultural and decolonial approaches to depth psychological theories and practices in dynamic dialogue with ecopsychology, environmental justice, indigenous psychologies, critical community psychology, and psychologies of liberation from diverse localities around the world. Students gain an understanding of the interdependence of individual, community, cultural, and ecological well-being.

Coursework nurtures creative approaches to collaboration in organizations, non-profits, community groups, and educational settings. Through community and ecological fieldwork and research, students are supported in the pursuit of their distinctive areas of interest, and in strengthening their research and practice skills. Students are able to make their own significant contributions to the attainment of a just and sustainable world, in which—as Paulo Freire said— "it is easier to love."

# STUDENTS IN THE COMMUNITY, LIBERATION, INDIGENOUS, AND ECO-PSYCHOLOGIES SPECIALIZATION:

- Deepen insight about individual, group, and cultural life through the study of depth psychology
- Develop scholarly and creative writing skills
- Learn innovative and historical approaches to trauma healing, restorative justice, ecological sustainability, community building, economic justice, forced migration, alternatives to violence, anti-racism work, peacebuilding, and reconciliation
- Practice participatory action research and program and organizational evaluation, while deepening ethical discernment on issues of power and privilege
- Train in a wide variety of group approaches to cultural and ecological work
- Heighten sensitivity to the imaginal, the metaphorical, and the mythical
- Develop the capacity to teach in academic and community learning environments
- Apply insights to leadership positions in a wide variety of professions, including the following:
  health services; youth, adult, and alternative education; organizational development and
  transformation; prison reform and restorative justice initiatives; non-profits and nongovernmental organizations; social justice, advocacy, and grass roots coalitions; arts-based
  community building; trauma healing; anti-racism work; and environmental justice and
  sustainability

#### **Curriculum Overview**

Classes for the Community, Liberation, Indigenous, and Eco-Psychologies specialization take place in nine three-day sessions (Monday, Tuesday, Wednesday), approximately once each month during fall, winter, and spring (October to July). In the first and second summers, students complete fieldwork and research in their home communities or other off-campus sites. In the third summer and subsequent year(s), students are involved in writing their dissertations in their home communities.

#### **FIRST YEAR**

#### Fall

Introduction to Decolonial Depth Psychology – DPC 730, 2 Units Introduction to Critical Community Psychology – DPC 700, 2 Units

Indigenous Psychologies I – DPC 710, 2 Units Council Practice – DPC 871, 2/3 Unit

#### Winter

Psychoanalytic Tradition: Social Psychoanalysis - DPC 760, 2 Units

Psychologies of Liberation – DPC 781, 2 Units

Ecopsychology I: Earth Democracy - DPC 732, 2 Units

Critical Community Inquiry – DPC 872, 2/3 Unit

#### **Spring**

Jungian Psychology - DPC 761, 2 Units

Foundations for Research in Depth Psychology: Participatory and Qualitative Inquiry – DPC 881, 2 Units

Theatre of the Oppressed – DPC 873, 1.33 Units

Community Dreamwork - DPC 874, 1.33 Units

#### Summer

Community/Ecological Fieldwork Practicum – DPC 783, 5 Units

#### **SECOND YEAR**

#### Fall

Archetypal Psychology – DPC 762, 2 Units

Phenomenology and Communication of Depth Psychological Cultural and Ecological Work – DPC 880, 2 Units

Depth Psychology of Violence and its Prevention – DPC 731, 2 Units

Practicing Decoloniality and Anti-Racism – DPC 926, 2/3 Unit

#### Winter

Hermeneutic and Phenomenological Traditions – DPC 991, 2 Units Liberation Studies and Action – DPC 965, 2 Units Indigenous Psychologies II – DPC 860, 2 Units Restorative Justice - DPC 875, 2/3 Unit

#### **Spring**

Community Program and Organization Evaluation – DPC 879, 2 Units Ecopsychology II: Environmental and Earth Justice – DPC 847, 2 Units Special Topics in Liberatory Qualitative Inquiry – DPC 930, 2 Units Somatic Approaches to Trauma Healing – DPC 877, 2/3 Unit

#### Summer

Community/Ecological Fieldwork and Research Practicum – DPC 883, 5 Units Depth Transformative Practices – DPC 997, 0 Unit

#### THIRD YEAR

#### Fall

Participatory Research Practicum: Creating an Interpretive Community – DPC 990, 2 Units Community Building and Empowerment – DPC 720, 2 Units Social Network Analysis – DPC 878, 1 Unit Decolonial Philosophy – DPC 925, 1.66 Units

#### Winter

Advocacy and Policy Development – DPC 886, 2 Units Psychosocial and Collective Trauma – DPC 923, 2 Units Reconciliation and Peacebuilding – DPC 740, 2 Units Dissertation Development I – DPC 932A, 2/3 Unit

#### **Spring**

Critical Topics in Depth Psychology – DPC 963, 1 Unit
Critical Topics in Liberation Psychology – DPC 964, 1 Unit
Liberatory Pedagogy – DPC 992, 2 Units
Critical Topics in Environmental Justice – DPC 832, 1 Unit
Dissertation Development II – DPC 932B, 2/3 Unit

Critical Topics in Indigenous Psychologies – DPC 861, 1 Unit

#### Summer

Research Writing: Conceiving the Dissertation – DPC 933, 5 Units

#### Continuing

Dissertation Writing – DPC 980, 15 Units

This curriculum may vary depending upon evolving academic needs.

The required fourth and fifth years of study focus on reading, research, and dissertation writing.

### TRADITIONS, LEGACIES, AND FRONTIERS OF DEPTH PSYCHOLOGY

This portion of the curriculum grounds students in the psychoanalytic, Jungian, archetypal, and phenomenological lineages of depth psychology, as well as in the contemporary flowering of these traditions that aid cultural, community, and ecological understanding and transformation.

# Introduction to Decolonial Depth Psychology DPC 730, 2 Units

This introductory course explores the theoretical and practical links among the four major concentrations of the CLIE specialization: community psychology, indigenous psychologies, liberation psychologies, and ecopsychologies. Emerging critical philosophies of decoloniality and complex living systems from Africa and the Americas help to place the evolution of historical paradigms through which these psychologies have been understood as separate and dissociated in the past, and connected and

interdependent in the present. Depth psychological theories and practices are also placed in historical and cultural perspective, emphasizing symbolic, creative, and healing dimensions of the work. Finally we will sort through how we are implicated in current First Nations activist demands for climate justice, sustainability, and defense of the earth.

### Psychoanalytic Tradition: Social Psychoanalysis

**DPC 760, 2 Units** 

Freud's students, colleagues, and dissenters generated a body of work that extended the focus of psychoanalysis to the relation between psyche and culture. The works of key psychoanalysts who have made important contributions to this body of work are explored.

# Jungian Psychology DPC 761, 2 Units

The basic concepts of Jung's late work such as the psychoid, synchronicity, spirit, psychological rebirth, collective consciousness, and the transcendent function will be explored in relation to the cultural context of his time and our own. We will analyze the links between Jung's work and indigenous epistemologies and ontologies, contemporary biological theories, community-building, and current emergent social and political trends.

### Archetypal Psychology DPC 762. 2 Units

Archetypal psychology, as envisioned by James Hillman, moves beyond clinical inquiry and locates its identity within the Western imagination, finding affiliation with the arts, culture, and history of ideas. Its central aim is the appreciation and development of soul through the cultivation of the life of the imaginal. We investigate the history and central ideas of this rich psychological perspective, focusing on concepts such as archetype, image, seeing-through, and the soul of the world, anima mundi.

# Critical Topics in Indigenous Psychologies DPC 861, 1 Unit

This course offers an exploration of critical topics currently facing Indigenous communities, such as sovereignty, social and economic justice, water and land rights, and the preservation and resurgence of traditional spiritualties, and relational practices. Students will study Indigenous philosophies and

generative methodologies that offer alternative approaches to environmental and human rights organizing.

### Psychosocial and Collective Trauma DPC 923, 2 Units

The effects of many forms of collective woundings have been assimilated into medicalized and individualized diagnoses and psychological treatment models that are divorced from the historical and cultural contexts in which they occur. This has given rise to a vast literature on individual trauma and PTSD. Liberation psychology critiques this approach to disruptive events and calls attention to "collective" or "psychosocial trauma." This course contextualizes the misery that is experienced in the face of destructive conditions and events that affect whole groups and communities. This approach will help us to understand the impacts of structural violence and racism. the experiences of marginalized groups that have been historically written out of individualized trauma theories, those who feel "misnamed" by such theories, and the unique political contexts that give rise to these interactions.

#### **Community Dreamwork**

#### **DPC 874, 1.33 Units**

This class will reclaim dreams as a community resource and practice methods (i.e., social dreaming, cultural dreaming, dream theater, communal vision questing) that allow us to hear the metaphorical resonance between dreaming and

waking life, and to widen our perception to include the imaginal.

# Depth Transformative Practices DPC 997, 0 Unit

Various schools of depth psychology have created therapeutic contexts for personal transformation and/or healing. These practices are related to transformative rituals and rites across cultures and history. Ecological, cultural, and organizational work have also created transformative practices. During the first two years of the program, students are expected to engage in a minimum of 60 hours of depth transformative practice within a relational context. Latitude is given to students to choose the form of this practice in accordance with their needs and interests. Examples of such practice may include, but are not limited to, individual depth psychotherapy, group dialogue work, community theater, facilitated vision questing, rites of passage, arts-based community work, appreciative inquiry. Students are invited to use this requirement to gain experience and further training in a group or community modality they hope to use in their work. Students are required to submit a proposal in advance of beginning and a log recording the hours they complete. Pass/No Pass

### Decolonial Philosophy DPC 925, 1.66 Units

This introduction to decolonial philosophy leads to the questions of the coloniality of temporality and aesthetic experience that underlies the colonizing of imaginaries. Beneath the political, social, economic, and military domination of the colonized exists the colonization of the consciousness of the colonized. This course exposes aesthetic and affective dimensions of decolonial struggle and opens towards poietic engagements of the lives, histories, and senses of being of the excluded and colonized.

### Critical Topics in Depth Psychology DPC 963, 1 Unit

Depth psychological theories and practices are placed in dynamic dialogue with ecopsychology, psychologies of liberation, and cultural studies from diverse cultural settings as we create a critical depth oriented community psychology for the 21st century. Contemporary work in Freudian, Jungian, archetypal, and phenomenological schools is explored, enabling students to begin to place their own evolving scholarship in dialogue with the frontiers of depth psychology.

### CRITICAL COMMUNITY PSYCHOLOGY, LIBERATION PSYCHOLOGY, ECOPSYCHOLOGY

These courses enlist us to create a depth psychologically informed critical and liberatory community and ecopsychology for the 21st century. Community psychology, liberation psychologies, and ecopsychology are placed in conversation with depth psychology to explore the interface between psyche, culture, and nature, as we seek to create paths for psychological, community, cultural, and environmental well-being.

### Introduction to Critical Community Psychology DPC 700, 2 Units

Students will be introduced to the history of community psychology and the application of critical theory to examine its concepts, methodologies, and frameworks within diverse socio-cultural, economic, and political contexts (i.e., social and human services, schools, youth development, the health care system, non-governmental, governmental, and community-based organizations). The process and outcome of the community mental health movement be examined, showing how a depth will psychological understanding of community assets and stressors, coping strategies, social networks, and social support contributes to the application of community-based approaches to holistic community health and well-being. Discourse on key concepts such as oppression, social class, ethnicity and racism, social justice, and social change will lead to the acquisition of practical skills in assessing community health and in utilizing lessons learned for social change and policy development.

# Psychologies of Liberation DPC 781, 2 Units

This course explores psychologies that attempt to understand and address the impact of colonialism and coloniality on individuals, communities, and ecosystems. Beginning with Fanon and Memmi's descriptions of the impacts of colonial violence, racism, and exploitation, we locate the legacy of colonialism and neoliberal globalization in the contemporary world and in our own local

communities and relationships. Through Freire and Martín-Baró, we enter liberation psychology in the American context, and Latin explore the development of critical consciousness, critical dialogical pedagogy, prophetic imagination, and actions-in-solidarity to transform oppressive structures and to create libertory environments and public homeplaces. Our shared undertaking is to explore the possible roles of liberation psychologies in the healing of the sequelae of collective traumas, in the understanding and addressing of their roots, and in the co-creation of sustainable, just, and dynamically peaceful communities.

### Indigenous Psychologies I DPC 710, 2 Units

This class will highlight the historical, social/cultural, and psychological risk factors that Indigenous people experienced on contact with colonial settlers. Definitions of these will also be included to see variations through an Indigenous cultural lens and the impact on behaviors related to traditions, ceremonies, and way of life. Discussion will include psychological worldviews, Indigenous ways of thinking, and traditional knowledge shared by Indigenous scholars and elders. This will include the process and parts of stories shared by the keepers of Indigenous knowledge. In addition, this class will present an overview of modern Indian psychology and methodology, as well as Indigenous healing definitions. Ceremonies of Awakening are reviewed in relation to dreams, therapist and shaman parallels, and spiritual power.

### Indigenous Psychologies II DPC 860, 2 Units

Psychological knowledge with scientific ambitions has primarily emerged in the Western World. New movements around the world are seeking to create ownership of psychological and cultural knowledge in an expanded sense as a means of liberation from centuries of intellectual imposition. As a result, indigenous psychologies are proposing emic versus etic research, ethno-cultural methodologies, ethnosemantics. and ethno-epistemologies. movements are furnishing the making of a promising Ethno-Depth Psychology. This course will address the plurality of perspectives and voices representing cultural analyses of depth psychology and psychological phenomena in diverse geographical settings. Students will critically apply indigenous psychologies' methodologies, tools, and approaches and discern the interplay of intersubjectivity in the description of depth psychological cultural phenomena, as well as in the interaction of selfculture-ecology.

# Community Building and Empowerment DPC 720, 2 Units

Students will analyze studies on community participation and empowerment, learning to assess (diagnose) pathways of community change, and designing interventions to foster community health. Students will learn to apply community capacity building strategies, interventions, and assessments to promote community empowerment, organizing, mobilization, and social activism. Lastly, students

will be exposed to the analysis and development of participatory community visioning, planning and action models, and community learning, fostering a sense of community efficacy to strengthen holistic community health.

### Liberation Studies and Action DPC 965, 2 Units

Roderick Watts coined the term "liberation studies and action (LiSA)," reminding liberation psychologists that psychology is not sufficient for the challenges we face. We need to work in a transdisciplinary manner (i.e., arts, spirituality, economics, history, philosophy, civil resistance) to create the social movements that are needed to achieve greater justice, dynamic peace, and sustainability. This course will distill lessons learned from liberatory social movements that can be used in our current and future work.

### Depth Psychology of Violence and Its Prevention DPC 731, 2 Units

With the hope of deepening our capacities for the prevention of violence, we will explore the relationship between structural, intrapersonal, and interpersonal violence in a variety of cultural settings, and the psychological theories that account for it. Innovative community and ecological approaches to violence reduction programs will be presented.

### Ecopsychology I: Earth Democracy DPC 732, 2 Units

Ecopsychology is an important corrective to Western psychology by underscoring what many other societies have understood: that our human selves are part of a vast nexus that includes not only other selves, but animals, plants, earth, water, and sky. Ecopsychology helps us to rethink nature and psyche at once and together, and to illuminate our place as humans within the surrounding environment. Environmental justice helps us to focus not only on nature's effects on us as humans. but on humans' destructive effects on nature and the disproportionate distribution of these effects to marginalized (or disenfranchised) communities. These foundations help us to live and work to create what Vandana Shiva has named as Earth democracy. where economic justice and environmental responsibility supplant greed and violence.

### Ecopsychology II: Environmental and Earth Justice

#### **DPC 847, 2 Units**

Ecopsychology introduces into Euro-American psychology knowledge common to Indigenous environmental justice leaders and their communities: the idea that all living beings are part of a complex web of interconnection, and that culturally embedded strategies for ecological sustainability are critical to the Earth's future. Knowledge in this area can provide insights and opportunities for dialogue with Westernized modes

of thought that not only separate humans from otherthan-human nature. but segregate some communities from others and needed resources, disproportionately exposing them to toxicities, and other forms of violence. This course connects structural violence imposed on human communities with violence against other-than-human nature, emphasizing the role of racial disparities, neoliberal corporate and state interests in undermining local economies and ecologies, and environmental and earth justice movements that address this destruction.

### Critical Topics in Environmental Justice DPC 832, 1 Unit

This course explores ecopsychological approaches to selected environmental issues, such as climate change, environmental justice, interspecies communication, sustainability, addiction to consumerism, and the human/earth interface.

### Critical Topics in Liberation Psychology DPC 964, 1 Unit

This course offers theoretical and experiential study of various participatory, dialogical, and restorative approaches being developed throughout the world to foster critical consciousness, build community, reconcile divisive differences, heal community trauma, transform oppressive social conditions, and imagine utopic possibilities.

### Liberatory Pedagogy DPC 992, 2 Units

In this culminating course, students create their philosophies of teaching, and then embody them as they teach the work that draws them into their dissertations and professional work beyond the dissertation. This course fulfills the oral exam requirement. *Pass/No Pass* 

### APPROACHES TO GROUP AND COMMUNITY PRACTICE

These didactic-experiential classes introduce students to a variety of dialogical, somatic, and arts-based approaches to community issues and dynamics, building capacities to listen across differences, creatively address conflict and division, create pathways to individual and community healing in the aftermath of trauma, and to rehearse for desired futures.

### Council Practice DPC 871, 2/3 Unit

Circle and council practices build on ancient traditions of many cultures. They draw upon practices of deep listening to self and other, the honoring of contributions of all participants, and the sharing of leadership. Attention will be given to the use of council in educational and organizational environments.

### Critical Community Inquiry DPC 872, 2/3 Unit

In this experiential course, students will be introduced to collective processes for group inquiry. Practices are rooted in critical feminisms, critical race and queer theories, and Indigenous epistemologies to address conflict and community transformation.

### Theatre of the Oppressed DPC 873, 1-1/3 Units

Founded principles Paulo on the of Freire's Pedagogy of the Oppressed, Brechtian epic theatre, and Brazilian circus, Augusto Boal's theatre techniques have been used by activists, therapists, educators, and artists on seven continents as a "rehearsal for revolution" in everyday life. Students in the class will be introduced to three of Boal's theatrical formats: Image Theatre, Forum Theatre, and Cop-in-the-Head, engaging both the philosophical principles that drive the work and the techniques themselves.

### Restorative Justice

DPC 875, 2/3 Unit

From Gacaca rituals in Rwanda to juvenile restorative justice courts in the U.S., people are exploring both old and new alternatives to retributive justice. In the hope of re-including perpetrators into the human community, practices are developed to share the effects of the action in question and to search for ways to make human recompense,

opening the path for forgiveness, mutual understanding, and community inclusion.

# Somatic Approaches to Trauma Healing DPC 877, 2/3 Unit

Community-based somatic approaches to healing trauma, re-establishing a sense of trust in the wake of violence, and engendering resilience will be explored.

### Reconciliation and Peacebuilding DPC 740, 2 Units

This course explores how cycles of revenge can be interrupted, as well as how efforts of reconciliation and reparation in post-conflict situations can pave the path to ongoing and sustainable peace. The limits of peacebuilding in the aftermath of violent conflict will be confronted.

#### PARTICIPATORY FIELDWORK AND RESEARCH

Through participatory and dialogical fieldwork and research, students learn how to apprentice to community groups and issues, to be a witness to the ongoing work of such groups, to work collaboratively toward mutually desired transformations and actions, and to evaluate to what extent these goals have been reached. Research approaches—such as hermeneutic, phenomenological, critical, participatory action, and feminist—enable students to deeply engage a group's questions and concerns, while deepening ethical discernment around issues of power and privilege.

# Foundations for Research in Depth Psychology: Participatory and Qualitative Inquiry

**DPC 881, 2 Units** 

Students are introduced to a set of theoretical frameworks and methodological tools to engage in qualitative inquiry in community and ecological settings. The participatory research paradigms presented draw on standard qualitative methods, with Indigenous, visual, arts-based. along participatory, and emergent methodologies. Stated inquiry goals to address the disruption of social, economic. and environmental injustice coloniality. Research design within this framework requires that inquiry be conducted collaboratively with community members, to foster individual and group self-reflection, and to value and share local knowledge sources and strategies for social transformation.

# Community/Ecological Fieldwork Practicum DPC 783, 5 Units

This summer externship helps students to create a bridge from their growing theoretical knowledge of depth, community, indigenous, and liberation psychologies to cultural and ecological fieldwork that supports psychological and community well-being. Through participatory work in community settings connected to a contemporary cultural, community, or ecological issue that interests them, students explore and practice applications of depth psychology that extend beyond the consulting room. *Pass/No Pass* 

### Community/Ecological Fieldwork and Research Practicum

#### **DPC 883, 5 Units**

In this externship students either return to the site of their original fieldwork or choose a new one. Some fieldwork may involve the student in the ongoing work at that site; some may involve work that is initiated by the student in consultation with members of the community. This summer students also have the option to engage in a pilot piece of research in order to hone the research skills that will assist them in the work of their dissertation. Through deep listening to or dialogue with the community where they are working, students generate research questions that may be explored using various phenomenological/heuristic/hermeneutic/Indigenou s methodologies and/or participatory action research approaches. *Pass/No Pass* 

### Phenomenology and Communication of Depth Psychological Cultural and Ecological Work DPC 880, 2 Units

Students reflect on and orally present their community and ecological fieldwork and research. They examine how depth, community, liberation, and ecopsychologies oriented their work and what their fieldwork can contribute to these psychologies. Through reflection on the array of fieldwork, students work toward discerning a phenomenology of decolonial depth psychological cultural and ecological work. Scholarly and community-based communication of fieldwork is explored, including approaches to oral presentation, development of

posters, creation of videos, websites, and community publication venues.

### Hermeneutic and Phenomenological Traditions DPC 991, 2 Units

This course introduces students to hermeneutics and phenomenology, two broad philosophical traditions that underlie the theory and practice of research in depth psychology. Historical, conceptual, and methodological foundations of both traditions are examined. Critical problems and conundrums in the theory and practice of hermeneutics and phenomenology are addressed, as well as cultural and ethical perspectives and implications. Students gain hands-on practice in doing decolonial phenomenological analysis and feminist voice-centered analysis.

# Social Network Analysis DPC 878, 1 Unit

Students will learn the theory and methodological approaches to conduct Social Network Analysis. They will learn how to assess group and community relations and to determine pathways to improve community health, identifying key organizational and community assets to design and evaluate community and group interventions.

# Advocacy and Policy Development DPC 886, 2 Units

This course will focus on processes and outcomes of community advocacy that address policy development for sustainable systems

change. Students will learn skills in analyzing the social, cultural, economic, and ecological impacts of policies. Strategies and interventions that mobilize communities to participate in advocacy and policy development from the bottom up will be highlighted. Further, students will understand, analyze, and evaluate diverse procedures such as rapid response briefs, bills, and ordinances to influence legislation. psychological factors that influence Depth community mobilization will shed light into conscious and unconscious dynamics that emerge in the process of coalition and partnership formations to effect sustainable policy change. Important lessons learned from community case studies will bring these strategies and techniques into real life scenarios from which students will learn how to apply skills to influence policy development for social and environmental justice.

### Community Program and Organization Evaluation

#### **DPC 879, 2 Units**

Students will learn to conduct community program and organizational evaluations using empowerment and participatory frameworks, as well as other types of evaluation data to determine processes and outcomes of interventions and collective action. Students will learn to interpret results and apply lessons learned for community and organizational growth and development. Particular emphasis will be given to the importance of worldview and political ideology in addressing evaluative inquiry and the framing of a participatory and empowering

evaluation approach. Students will learn to design evaluations, develop evaluation plans, and align evaluation questions to program and organizational learning needs. In addition, students will learn to conduct needs assessments, define and prioritize program goals and objectives, and develop procedures and techniques to identify evaluation data sources and target population. Emphasis will be placed on participatory and empowering evaluation approaches that increase program sustainability.

# Practicing Decoloniality and Anti-Racism DPC 926, .67 Unit

This course will examine theories of decoloniality and analyze how they could be applied in various community contexts, including that of American education. We will develop effective practices of decoloniality, anti-racism, and resistance to modernist paradigms. Participants will work on recognizing racist micro-aggressions. As a group, we will discover ways to become transformative witnesses and accomplices, rather than bystanders to multi-level structural systems of oppression.

# Special Topics in Liberatory Qualitative Inquiry DPC 930, 2 Units

This course will explore current and emergent areas in qualitative inquiry, including new empiricisms, art-based methods, and Indigenous methodologies. Students will engage in practicum projects to develop theorization, data collection and analysis skills, with an emphasis on liberatory goals.

# Participatory Research Practicum: Creating an Interpretive Community

#### **DPC 990, 2 Units**

Students will work with a variety of qualitative interpretive frameworks, including visual, participatory action research, and thematic analysis, in order to learn how to strengthen their data collection skills. Students will apply various methodological approaches that promote participation, inclusion of diverse and conflicting voices and worldviews, and crystallization of data interpretation. By engaging together in research, students will deepen their sensitivity to ethical issues and the impact of social location within the structural factors that continue to maintain coloniality on data collection and interpretation, as well as practice strategies analysis in the of their experiences. Students will learn how to use research results for transformative social change. Emphasis will be given to the importance of "giving psychology away" throughout the research process and in developing research products for community use and sustainable systems change.

### Dissertation Development I DPC 932A, 2/3 Unit

The Dissertation Development three-course sequence provides the framework for writing the Concept Paper, which serves as the basis for the dissertation proposal. The focus of the first course is on crafting a research question/area, establishing the purpose of the research, and drafting a literature review. *Pass/No Pass* 

### Dissertation Development II DPC 932B, 2/3 Unit

Students design a research methodology and ethical procedures for addressing their research question. Prerequisite: DPC 932A; Pass/No Pass

# Research Writing: Conceiving the Dissertation DPC 933, 5 Units

This course is designed for the completion and approval of the concept paper. Students refine their research question and literature review, and hone their methodology for submission of a final concept paper. *Prerequisites*: *DPC 932A, DPC 932B*; *Pass/No Pass* 

# Dissertation Writing DPC 980, 15 Units

During this course, students assemble their dissertation committees, write their proposals, conduct their research, complete the dissertation process, and defend their dissertations in a public forum. This course may be taken concurrently with other courses. Additional fees are assessed for this course. *Prerequisites: DPC 932A, DPC 932B, DPC 933; Pass/No Pass.* 

### Current Topics in Community, Liberation, Indigenous, and Ecopsychologies I DPC 891, 2/3 Unit

This course will explore current topics within Community, Liberation, Indigenous, and Ecopsychologies. *Pass/No Pass* 

### Current Topics in Community, Liberation, Indigenous, and Ecopsychologies II DPC 892, 1 Unit

This course will explore current topics within Community, Liberation, Indigenous, and Ecopsychologies.

# Current Topics in Community, Liberation, Indigenous, and Ecopsychologies III DPC 893, 1.33 Units

This course will explore current topics within Community, Liberation, Indigenous, and Ecopsychologies.

### Current Topics in Community, Liberation, Indigenous, and Ecopsychologies IIII DPC 894, 2 Units

This course will explore current topics within Community, Liberation, Indigenous, and Ecopsychologies.

# M.A. /Ph.D. in Depth Psychology, Community, Liberation, Indigenous, Eco-Psychologies Specialization

#### DEGREE REQUIREMENTS FOR GRADUATION

- 1. Students must complete a total of 90 quarter units for the Ph.D. to fulfill the degree requirements for graduation. A minimum grade of C is required in each completed course. A cumulative grade point average of 3.0 must be maintained.
- 2. Students must attend at least 2/3 of each course.
- 3. During the second year of coursework, students must pass a written comprehensive examination. The M.A. degree is awarded when the exam is passed and 50 units of first and second year coursework and fieldwork, and 60 hours of depth transformative practices are completed.
- 4. Students must petition to proceed with the third year. Faculty approval is based on a comprehensive review of coursework, exam results, writing skills, and readiness to conduct research.
- 5. Students must pass an oral examination at the end of the third year of coursework.
- 6. Students must submit and defend an original dissertation accepted by the faculty.

#### **COMPREHENSIVE EXAMINATIONS**

The comprehensive examinations consist of a written portion at the end of the second year, and an oral portion at the end of the third. The written examination is designed to assess knowledge gained in the first two years, and is a requirement for the awarding of the M.A. degree.

The third year oral examination consists of the student's formal oral presentation addressing the ways the three years of study have informed and seeded their work leading to the dissertation.

#### DOCTORAL DISSERTATION

The dissertation process involves the completion of Dissertation Development and Dissertation Writing courses. Students must have completed all requirements for the M.A. degree and have an approved concept paper before enrolling in Dissertation Writing. The Dissertation Committee is comprised of a Chair, an Internal Reader, and an External Reader. Each member of the committee must possess an earned doctorate based in part on a dissertation unless this requirement is waived by the Program Chair.

# OTHER REQUIREMENTS: COMMUNITY AND ECOPSYCHOLOGICAL FIELDWORK AND RESEARCH (DPC 783, 883)

Students are required to arrange for community/ecological fieldwork in their home communities or other settings during the first and second summers. A minimum of 70 hours of direct participation in a setting, and 140 hours of related reading, writing, and reflection are required in the first summer. In the second summer, the number of hours of direct participation may be modified if in-depth data analysis is required.

NOTE: The Depth Psychology Program and its specializations are designed to provide students with knowledge of theoretical traditions of depth psychology and its contemporary applications to personal, cultural, community, and ecological health and well-being. The program does not prepare students to become licensed or to practice psychotherapy, nor does it arrange or administratively support traineeships, pre- or post-doctoral internships, or other practice requirements related to licensure.

### Ph.D. in Depth Psychology

### **Integrative Therapy and Healing Practices Specialization**

An innovative doctoral specialization that re-imagines approaches to therapeutic practice, enhances and supports the individuation work of students, and integrates the essential perspectives of depth psychology and applied healing traditions.

This doctoral specialization cultivates an integrative approach to professional development in the art and science of therapeutic practice and offers diversity and inclusion frameworks. The specialization honors the healing traditions of the world and societal, environmental, and other contextual impacts on psychological health. Working with leading faculty, students in this program engage in a journey of personalized education that fosters their practice and supports them in making important and original scholarly contributions to their fields.

For established and emerging practitioners, we invite you to join a diverse group of academic and practice-oriented professionals who are called to deepen their applied work through an integrative study of healing based on the visionary aspects of depth psychology. Become a part of a learning community focused on exploring the critical connections between psychology, spirituality, contextual frameworks, soma and psych, the arts, and healing.

We welcome students with a deep personal calling to their therapeutic work, individuals with profound curiosity about themselves and the world, and lifelong learners devoted to a transformative engagement with diversity and inclusion, the numinous, the psyche, and the natural world.

Students arrive on campus for nine three-day residential learning retreats during each of the first two years of study and three five-day learning retreats in the third year of study surrounded by the natural landscape of Pacifica's Lambert campus. Students and faculty work together to integrate essential healing traditions and contemporary research—drawing from indigenous and ancient practices, multicultural and contemporary perspectives, transdisciplinary frameworks, and emerging science on human experience, complexity, and consciousness.

The Ph.D. in Depth Psychology with Specialization in Integrative Therapy and Healing Practices requires master's-level education and training in a distinct healing-oriented profession. The program is ideal for diverse practitioners in the following professions, including (partial list):

- Psychotherapists and Psychologists
- Marriage and Family Therapists, Social Workers, and Professional Counselors (licensed or pre-licensed)
- Health and Medical Professionals (Nursing, Physicians, Allied Health Providers)
- Jungian Analysts and Psychoanalysts
- Specialized Addiction Treatment Counselors
- Expressive Arts Therapists
- Spiritual and Pastoral Counselors
- Health and Wellness Practitioners with Advanced Training
- Other Qualified Consultants and Counselors

Students develop important mentoring relationships with Pacifica's unique faculty that include: Jungian analysts, clinical psychologists, psychiatrists, psychodynamic therapists, systems therapists, archetypal psychologists, spiritual counselors, health and medical professionals, and advanced scholars in research, mythology, and the humanities.

This academic specialization includes two and a half years of coursework, followed by completion of an original dissertation emanating from the student's own selected area of research interest. Students in this program:

- Join an advanced doctoral cohort of diverse professionals collaborating and deepening their work with clients and themselves.
- Explore the growing field of depth psychological research and develop perspectives that help address the critical needs of our world.
- Develop a greater capacity to work symbolically with images, dreams, symptoms, complexes, and synchronicity.

- Work towards becoming advanced practitioners, academic educators, supervisors, or scholarly researchers in the field.
- Examine the critical underpinnings of therapeutic processes and the broad range of theoretical approaches to mental, physical, and spiritual well-being.
- Build mentoring relationships with distinguished faculty and experts devoted to supporting students in deepening their practice and their individuation journey.
- Study the works of leading scholars who have bridged psychological, cultural, mythological, historical, and social traditions to advance broader understandings of human experience.
- Develop advanced skills in important practice areas, such as somatic healing, sexuality, dream work, and spirituality.
- Investigate the important connections between the health of an individual or group and the health of their environment and culture through courses that consider ecology, collective trauma, social justice, and cross-cultural dynamics.

#### **Curriculum Overview**

#### **ACADEMIC FORMAT**

Students matriculating in the Ph.D. in Depth Psychology with Specialization in Integrative Therapy and Healing Practice in fall 2022, will come to campus for 3 weekend residential sessions each quarter (fall winter, spring) for their first two years of coursework. In their third year, residential sessions will take place once each quarter for 5 days from Monday through Friday. The webenhanced learning components occur throughout the program. For students matriculating in fall 2022 and beyond, there will be no summer quarter.

#### **FIRST YEAR**

#### Fall

Foundations of Depth Psychology for the Healing Professions – DPT 730, 2 Units

Jungian Psychology and Contemporary Healing I: Applied Theory and Practice – DPT 761, 2 Units

Foundations of Scholarly Research and Writing – DPT 784, 2 Units

#### Winter

Imaginal and Experiential Dimensions of Therapeutic Practice – DPT 962, 2 Units

Cultural Dimensions of Psychological Life: Engaging Collective Trauma, Cultural Healing, and Social Justice – DPT 830, 2 Units

Archetypal Psychology: Re-Visioning Approaches to the Psyche – DPT 762, 1.5 Units Selected Topics I – DPT 974, 1 Unit

#### **Spring**

Dissertation Development I: Imagination, Calling, and Rigor in Doctoral Scholarship – DPT 832, 2 Units

The Inner Landscape of Dreams and Active Imagination – DPT 780, 1.5 Units

The Relational Field I: Theoretical Distinctions and Expanded Paradigms – DPT 763, 1.5 Units

Practice Consultation Groups I – DPT 750, 1.5 Units

#### **SECOND YEAR**

#### Fall

Dissertation Development II: Qualitative and Mixed Methods Research – DPT 782, 2 Units Interpersonal Neurobiology, Affective Neuroscience, and Depth Psychology – DPT 870, 2 Units Depth Approaches to Psychopathology – DPT 760, 2 Units Practice Consultation Groups II – DPT 751A, 1.5 Units

#### Winter

Eco-Spirituality and Eco-Therapy – DPT 732, 2 Units
Selected Topics II – DPT 992, 1.5 Units
Psyche, Soma, Cyborg – DPT 781, 2 Units
Practice Consultation Groups III – DPT 850, 1.5 Units

#### **Spring**

The Relational Field II: Psychic Pain and the Human Condition – DPT 863, 2 Units Psyche and the Sacred: Psychology and Spirituality in Dialogue – DPT 920, 2 Units Selected Topics IIA – DPT 990, 1 Unit

Practice Consultation Groups IV – DPT 851A, 1.5 Units

#### THIRD YEAR

#### Fall

Body, Mind, and Soul in the Healing of Trauma: Somatic, Neurological, and Archetypal Approaches – DPH 975, 2 Units

Advanced Dissertation Development – DPH 944, 2 Units

Practice Consultation Groups V – DPH 852, 1.5 Units

Healing Narratives: Writing Compelling Practice Studies and Client Stories - DPH 785, 2 Units

#### Winter

Jungian Psychology and Contemporary Healing II: Engaging Complexity and Diversity – DPH 861, 2 Units

Selected Topics III – DPH 993, 1.5 Units

Written Comprehensive Examination - DPH 899, 1 Unit

Practice Consultation Groups VI – DPH 950, 1.5 Units

#### **Spring**

Working with Illness and Death: East-West, Depth, and Indigenous Perspectives on Suffering – DPH 894, 2 Units

Enacting the Oral Tradition: Oral Comprehensive Presentation – DPH 994, 2 Units

Practice Consultation Groups VII – DPH 951, 1.5 Units

#### **CONTINUING**

Dissertation Writing – DPT 999, 15 Units

This curriculum may vary depending upon changing academic needs. Selected courses may have online components. The required two-year dissertation period, following coursework, focuses on scholarly research and writing.

The program will also feature a series of special seminars and lectures on a range of important practice areas, such as: Addictions, Dream Tending, Family Systems Theories, Sexuality and Gender, Organizational and Group Dynamics, Jung and Shamanism, Expressive and Therapeutic Arts, Healing Mythologies, Sociopolitical Contexts and Cultural Complexes, Adverse Childhood Experiences and Wellness, Shadow and Power in the Healing Professions, The Meaning of Integration, Evolution of Jungian Analysis, James Hillman's Cultural Critique of Psychology, Alternative Healing Arts, Inner Life and Trauma, Somatic and Implicit Processes, Jung's Red Book, Indigenous Healing Traditions, Treating the Soul in the Health and Medical Professions, Yoga Therapy, Therapeutic Vocations and Careers, and other current issues and movements influencing the healing professions.

### THEORY AND TRADITIONS OF DEPTH THERAPY AND HEALING PRACTICES

### Foundations of Depth Psychology for the Healing Professions DPT 730, 2 Units

Depth psychology acquired its name in 1910, but its lineage reaches back into antiquity across many cultures, philosophies, and disciplines of wisdom and practice. This course will trace that lineage by conversing with the ancestors of the field: ancestors from Mesopotamia, Africa, Asia, Europe, and other parts of the world. Students will learn the approaches they developed and see them move forward from healing and reflective arts in antiquity to include, in the present, various schools of analytical, relational, existential, humanistic, family, multicultural post-modern, psychology, psychoneuroimmunology, trauma, and affective research frameworks. The course will also explore and appreciate what complimentary healing

practices, somatic psychology, multicultural and gender contexts, ecopsychology, mythology, cosmology, alchemy, and systems/complexity theory have contributed to depth psychology as we dream it onward in theory and in practice.

# Jungian Psychology and Contemporary Healing I: Applied Theory and Practice DPT 761, 2 Units

Students learn classical Jungian concepts such as ego, persona, shadow, Self, complex, archetype, collective unconscious, transcendent function, and individuation. The course explores dreams, active imagination, typology, and transference/ countertransference considerations in the context of Jung's approach to therapeutic practice and complimentary healing contexts. Contemporary perspectives and applications of Jungian thought are demonstrated through readings that elucidate Jung's original work and modern integrations. The course pays particular attention to how various

forms of trauma and unwellness may be viewed on multiple levels from the personal and cultural-historical to the archetypal, somatic, mythic, and imaginal. These approaches are compared and contrasted with traditional and current psychoanalytic theory and practice with emphasis on the unique framework of what is being asked of depth psychology in the world today and in the context of integration, transdisciplinary frameworks and equity and inclusion.

# Imaginal and Experiential Dimensions of Therapeutic Practice DPT 962, 2 Units

This course explores the traditions that comprise the field of imaginal psychology and elaborates the unique features of imaginal approaches to therapeutic work that flow from depth psychological and transdisciplinary perspectives. Students develop an imaginal approach to issues such as transference, unconscious processes, physical and emotional symptoms, and dreams, and foster sensitivity to the symbolic depths and metaphorical richness emerging in therapeutic relationships and expanded considerations of such including cultural, technological ecological and impacts complimentary healing practices. In this course, one's integrative practice is regarded as a vocational commitment in which the awakened heart is the organ of vision essential to support healing and embodiment. Pass/No Pass

# Jungian Psychology and Contemporary Healing II: Engaging Complexity and Diversity DPH 861, 2 Units

Explore the phenomenon of synchronicity, a discovery that marked a new creative phase in Jung's later work that has far-reaching theoretical and therapeutic implications. Synchronicity involves a redefinition of reality based on acausality, nonlocality, complexity and emergence, and the understanding that the inner world of psyche and the outer world of matter correspond to each other. Students examine the implications of these shifts for practice, including the centrality of the dream, visionary experiences, and the religious function of the psyche.

### Relational Field I: Theoretical Distinctions and Expanded Paradigms

**DPT 763, 1.5 Units** 

Students are invited into discussions about contemporary developments in psychodynamic and psychoanalytic practices, which place human relationships and mutuality at the center of the therapeutic and healing endeavor. The discussion expands to integrating considerations of subtle energy aspects of the intersubjective field and includes human-animal relations, relationships with nature, and cultural and sociopolitical impacts on relationality. Relational psychology must include the "easy" and "difficult" questions of consciousness and the assumed boundaries and phenomenology of such as well as what it means to be "other" and experiences of embodiment and attunement.

Dissociative defenses, resistance, transference and counter-transference, therapeutic alliance, mutual construction of meaning, somatic, internal family systems, and waking and dream imagery enter the relational field.

### Relational Field II: Psychic Pain and the Human Condition

#### **DPT 863, 2 Units**

Students look at approaches to specific situations and pathological structures, and foster a deeper understanding of the dynamics and presentations of various psychological symptoms including narcissist and borderline conditions, as well as the relational components of addictions and recovery. This course continues the student's explorations of relational theorists since Freud, including Kohut, Klein, Bion, and others. It focuses primarily on current trends in contemporary psychodynamic and psychoanalytic theory with applied techniques for working with individual and group dynamics and does so from the perspective of equity and inclusion.

### Archetypal Psychology: Re-Visioning Approaches to the Psyche DPT 762, 1.5 Units

Focusing primarily on the work of James Hillman, this course describes the Jungian roots and core ideas of archetypal psychology, including the reality of the psyche, its plural nature, and the importance of the image. Students examine Hillman's critique of clinical psychology and analytical practice and his call to enlarge the frame of practice to include myth,

metaphor, and culture. Using practice material provided by students, lectures and discussions explore how archetypal psychology calls for a revision of many traditional therapeutic strategies and approaches.

# Depth Approaches to Psychopathology DPT 760, 2 Units

This course explores the original formulations of psychopathology and its diverse expressions. Students study theories of character formation and look at the major character disorders, neuroses, and states both from the point of view of their phenomenology and their unconscious underpinnings. The course includes a critical analysis of historical impacts of systemic racism and heterocentrism on perceptions of psychopathology. Students explore the ways in which theorists of different schools have approached disorders and have offered distinctive therapeutic approaches, with an emphasis on depth-oriented contributions.

### Interpersonal Neurobiology, Affective Neuroscience, and Depth Psychology DPT 870, 2 Units

Contemporary research across several disciplines, ranging from systems theory and depth psychology to neuroscience, somatic studies, and contemplative/spiritual practice, are leading to a paradigm shift in our understanding of the mind/brain. These new research findings illustrate the principles of transformation common to living systems, including various hypotheses concerning

the role of ancient subcortical, emotional, bodily, and imagistic processes. Students will explore embodied models focusing on interpersonal neurobiology as differentiated from reductive neuroscience, and covering such topics as: intersubjectivity: phenomenology; nonlinearity and self-organization; the prototypic concept of affect regulation; the relationship between individual and collective trauma; the HPA Axis; polyvagal theory; immune function; and epigenetics. Throughout these explorations will be discussions of the prevalence of "neuro-myths" and a differentiation of these from critical thinking about brain research, testing, and statistics, including historical and current systemic biases regarding gender, race, and ethnicity, and the relative usefulness and limitations of brain research for therapeutic healing and a holistic understanding individuals. of Using these interdisciplinary understandings of subjective states, consciousness, complexity and emergence, and subtle energy aspects, the course will provide an investigation into contemporary issues such as the nature of the self and the radical interdependence of psyche, nature, and culture.

# Psyche, Soma, Cyborg DPT 781, 2 Units

Quasi-human monsters, physically wounded, disfigured, or enhanced in unnerving ways, figure large in cultural works including literature and cinema. These images of the Other express some of humanity's deepest fears and most poignant longings. As manifestations of the Jungian shadow,

they also offer a deeper sense of our whole humanity. This course examines a particular fantasy of the monstrous in the Western imagination—the enhanced human or cyborg—a creature who is manufactured, not born, the offspring of humanity's long love affair with technology. In an age that has decisively dissolved the human-machine interface to such an extent that few people in the first world can live without their technology, be it smart phones or Facebook pages, one may meaningfully ask, how am I cyborg? Also explored are somatic aspects regarding considerations of embodiment and integration as students reflect on their own lives and practices.

## THERAPY INFORMED BY THE HUMANITIES, ARTS, AND SCIENCES

# Eco-Spirituality and Eco-Therapy DPT 732, 2 Units

C.G. Jung wrote, "If one touches the earth one cannot avoid the spirit." Nature is the bedrock of spirit and spirit the life force of the natural world. Traditionally, depth psychology has explored the union of nature and spirit and the healing that comes about through conscious engagement with such. Post-Jungian interest in the advent of complexity theory expands this conversation and considers parallels with ancestral/indigenous ways of knowing that include practical applications of plant medicine and subtle energy considerations. As such, this course departs from the modernistic fantasy of separation of humankind from nature and explores a

psyche that is rooted in nature, infused by spirit, and at the same time deeply personal. In other words, consciousness is not separated with categorical distinctions such as mind/spirit and body/nature. This course fosters an integral approach to healing that addresses the large and important scope of the societal and environmental issues we face today.

### Cultural Dimensions of Psychological Life: Engaging Collective Trauma, Cultural Healing, and Social Justice DPT 830, 2 Units

An integrative approach to the healing of collective trauma and issues of social justice requires a collaborative study between important contemporary approaches and indigenous traditions of healing. Moreover, psyche, soma, and culture are interdependent and co-arising phenomena. To nourish this understanding, theorists who have focused on the cultural dimensions of the psyche will be studied. In addition, this course reviews diverse expressions through LGBTQ culture, sexual fluidity, and archetypal expressions of gender. The course explicitly acknowledges the historical contexts of language and honors the non-binary conceptualizations and inclusivity. Students will look at emerging research on the impacts of various forms of trauma, from natural disasters to the effects of genocide, human trafficking, poverty, marginalization, The causes and war. psychosocial and collective trauma, such as racism and the oppression of specific communities, will be thematized and examined. Students will explore the

necessary work for justice (social, economic, and environmental) and study restorative techniques designed to address the critical peace-building efforts needed to support healing on individual and group levels.

#### Selected Topics I

#### **DPT 974, 1 Unit**

Selected Topics courses are offered each year to focus on particular areas of depth inquiry as decided by the program. These may include, but not be limited to, indigenous psychology, digital life, the problem of evil, sanctuary medicine and complimentary healing practices, restorative practices, community engagement and depth psychology, trauma contexts, somatic contexts, Earthdreaming, and quantum system frameworks, Jungian and Post-Jungian, and the arts in healing.

### Selected Topics II DPT 992, 1.5 Units

Selected Topics courses are offered each year to focus on particular areas of depth inquiry as decided by the program. These may include, but not be limited to, indigenous psychology, digital life, the problem of evil, sanctuary medicine and complimentary healing practices, restorative practices, community engagement and depth psychology, trauma contexts, somatic contexts, Earthdreaming, and quantum system frameworks, Jungian and Post-Jungian, and the arts in healing.

#### Selected Topics II A

#### **DPT 990, 1 Unit**

Selected Topics courses are offered each year to focus on particular areas of depth inquiry as decided by the program. These may include, but not be limited to, indigenous psychology, digital life, the problem of evil, sanctuary medicine complimentary healing practices, restorative practices, community engagement and depth psychology, trauma contexts, somatic contexts, Earthdreaming, and quantum system frameworks, Jungian and Post-Jungian, and the arts in healing.

### Selected Topics III DPH 993, 1.5 Units

Selected Topics courses are offered each year to focus on particular areas of depth inquiry as decided by the program. These may include, but not be limited to, indigenous psychology, digital life, the problem of evil, sanctuary medicine and complimentary healing practices, restorative practices, community engagement and depth psychology, trauma contexts, somatic contexts, Earthdreaming, and quantum system frameworks, Jungian and Post-Jungian, and the arts in healing.

### Body, Mind, and Soul in the Healing of Trauma: Somatic, Neurological, and Archetypal Approaches

#### **DPH 975, 2 Units**

Attachment theory, developed by Bowlby and Ainsworth, is now confirmed and extended by contemporary neurobiological research, and points

toward the complex interconnections between the body, mind, and spirit. This course examines the renewed emphasis on somatosensory awareness in therapeutic practice, a reversal of the cultural legacy of Cartesian dualism and colonialism that continues to affect many healing modalities. Kalsched's archetypal perspective extends awareness of the healing process and dimensions of traumatic experience, including a careful exploration of the means necessary to support the individuation journey. Included are recent approaches to addressing adverse childhood experiences (ACES) in community endeavors such as childhood wellness centers, the role of traumatic stress on the immune one's system in lifespan as well intergenerationally, and compassionate approaches to working with physical, spiritual, and emotional unwellness. Individual, collective, cultural and gender contexts are explored. Students learn core principles and skillful use of a whole-person approach to trauma and develop a felt sense of the embodied psyche in their professional practice.

# Psyche and the Sacred: Psychology and Spirituality in Dialogue DPT 920, 2 Units

The psyche's capacity and affinity for sacred experience, as expressed in religion, ritual, and encounters with the numinosum, continually remind us of the importance of a spiritual consideration in all psychological work. Jung once said that all psychological problems are essentially religious problems. If true, this idea becomes especially

interesting to practitioners in the ways it calls for a revision of our notions of self, suffering, pathology, and of approaches to treatment. This course explores ways that many therapists and helping professionals might work with the religious function of the psyche.

### Working with Illness and Death: East-West, Depth, and Indigenous Perspectives on Suffering

#### **DPH 894, 2 Units**

This course will integrate critical perspectives from Eastern and Indigenous traditions in the context of working with those who are facing the uncertainties of illness and death. The course will compare and contrast these approaches with depth and Western orientations and invite elders to share their perspectives. Students will explore their own family, ancestral, and spiritual traditions around illness and death and review the impact of adverse childhood experiences on the immune system. Students will explore their own capacity for ambiguity, compassion versus sympathy, transference and countertransference in companioning others, somatic responses, and emergent imagery. The course will further inquire into spirituality, questions of consciousness, interdisciplinary communication, ecotherapeutic considerations, and potential roles of complimentary healing modalities and environments in serving the needs of others in the face of suffering as well as attending to meaning-making and the inevitability of one's own death.

### INTEGRATED PRAXIS: RESEARCH AND CASEWORK

# The Inner Landscape of Dreams and Active Imagination

#### **DPT 780, 1.5 Units**

Throughout time and across cultures, dreams have opened the door to the psyche, offering contact with the transcendent and nourishment for the soul. This class considers Jungian and post-Jungian approaches to the dream and explores their careful integration into therapeutic work. The main focus of the class is on developing personal ability in relating to dreams. We invite a lived experience of dream consciousness to be present by sharing our own dreams and images throughout the class.

# Foundations of Scholarly Research and Writing DPT 784, 2 Units

This course invites students to contemplate how the fathomless psyche affects the process of research. Taking seriously the core philosophical assumption of depth psychology, the reality of the unconscious, introduces profound shifts in one's ontology, epistemology, and methodology. In light of this, what can researchers claim to know and how do they know it? This course introduces students to some of the key ideas that affect research including psyche, archetype, image, and the imaginal, based upon epistemologies that are inclusive, multicultural, and decolonizing. The course explains Jung's technique of active imagination, and teaches close reading and textual analysis as part of a general introduction to

the practice of hermeneutics. It also sharpens students' ability to evaluate and write scholarly prose, identifying the key characteristics of a well-argued academic essay, article, or dissertation.

### Healing Narratives: Writing Compelling Practice Studies and Client Stories

**DPH 785, 2 Units** 

Writing about integrative work with clients and conveying compelling stories is critical to depth practitioners who understand the power of narrative for healing and advancing professional knowledge. This special seminar course will support students in exploring their own creativity and imagination, and will support them in honoring their work with clients in individual, group, and cultural contexts through advanced writing skills specifically attuned to the work of healing professionals.

### Dissertation Development I: Imagination, Calling, and Rigor in Doctoral Scholarship DPT 832, 2 Units

Working with image, dream, symptom, and synchronicity, this course helps students attune themselves to depth psychological inquiry, conduct preliminary research to become familiar with the current conversation on the topic, and use this information to generate a focused research question. Students explore their multiple overlapping identities that inform the choice of topic and learn to design inclusive, culturally-sensitive studies. Lecture and discussion introduce the dissertation handbook and explain the research process at Pacifica in terms

of its key milestones: concept paper, proposal, final draft, and the oral defense. Through a thorough, systematic critique of their own work, students expand their knowledge of scholarly writing and learn the central importance of re-visioning their ideas and language to explore the deep psyche.

# Dissertation Development II: Qualitative Methodologies and Mixed Methods Research DPT 782, 2 Units

This course compares and contrasts key qualitative methodologies, including their origin, history, epistemological assumptions, and theoretical basis as well as their practical and ethical implications. In addition, students learn how to blend qualitative and quantitative studies in a mixed-methods research Discussion focuses on contemporary study. critiques of traditional methods to address their limitations and biases, including lingering elements of colonialism and systemic oppression. Students learn how questions of methodology are organically related to the research topic and affect the research design, procedures, and outcome of the work. The course is intended to guide students in choosing a possible methodology for their dissertation topic.

# Advanced Dissertation Development DPH 944, 2 Units

Dissertation Development guides students in researching and composing a thoughtful formulation of their research idea. The goal is an approved dissertation concept paper. Students use the tools and techniques of an imaginal, psyche-

centered approach to research to explore the personal and cultural foundations of their dissertation idea. They will learn to welcome archetypal images active in the research topic and cultivate relationship with them through each stage of the process. In addition, the course helps students develop the attitude and habits needed to sustain them during their independent scholarly work after coursework is concluded. *Pass/No Pass; No Incompletes* 

# Enacting the Oral Tradition: Oral Comprehensive Presentation DPH 994, 2 Units

A key aspect of doctoral studies is the gradual movement from the realm of student to the realm of professor. Whether or not a student ultimately becomes a teacher, each must still give back to the world in a depth-oriented way a synthesis of what he or she has learned. In this course students develop effective presentation skills to prepare them for speaking and teaching. In particular, this course helps to prepare students for the important capstone in the doctoral journey at Pacifica, the oral defense of the dissertation. The course is conducted like a professional conference, in which the presentations are timed and followed by a question and answer session. In addition, instructors will use their observations to discuss the principles of effective speaking and philosophies of teaching. Pass/No Pass

# Practice Consultation Groups I, II, III, IV, VII, IX DPT 751A, DPT 851A, 1.5 Units Each DPT 750, DPT 850, DPH 951, 1.5 Units Each

The goals of the practice consultation courses are to integrate theoretical learning with experience, and to demonstrate a variety of approaches to practice from a depth perspective. Students present cases in confidential small-group formats for the purposes of depth consultation from an instructor/practitioner at least once per quarter. In addition to practice consultation, each course will address a particular theme that typically mirrors specific material in other coursework. These may include such topics as maintaining a mythic sensibility, working with image, dream, and story, issues of race, gender, and cultural diversity, socioeconomic forms of suffering, oppression, and alienation, the challenges and hopes of technology, mindfulness and contemplative/spiritual inquiry, expressive arts, interdisciplinary collaboration, somatosensory and affective aspects, trauma and psychoneuroimmunology, eco-therapy and the world soul/consciousness, complimentary healing practices, creativity, depth approaches assessment and pathology, human-non-human relations, transference, and ethical problems. During the two quarters of the third year of coursework, students present a control paper to examine their own learning around theory and their own applied integrative practice work in depth. Pass/No Pass

# Practice Consultation Groups V DPH 852, 1.5 Units

This course introduces students to foundational aspects of the supervisory relationship. In small groups, each led by an experienced supervisor, students will be exposed to particular themes in which to deepen their understanding of and capacity for applied work in a supervisory and consulting role. introductory course will address basic This foundational expectations of a supervisor and/or consultant as well as expand into themes and discussions around the impact of relational and unconscious processes in these types relationships. The course offers a rich opportunity for students already experienced in supervisory and consultation roles to share experiences of strengths and growing edges with those who are in the beginning phases of learning supervisory work. Licensed psychotherapists and social workers will be in a different group than those from the nursing professions or pastoral counseling, for instance, so as to attend to the important ethical component unique to each profession. Included in the course may be topics such as establishing a supervisory frame, differentiating supervision from therapy, issues of power and privilege, enactment, transference and countertransference, incorporating dreams and imagery, boundaries of particular complimentary healing modalities and practitioners, addressing conflict, among others. Pass/No Pass.

# Practice Consultation Groups VI DPH 950, 1.5 Units

This course expands upon the practice consultation group V course which addressed foundational aspects of the role of the supervisor and offers opportunities for role play and the use of self in emphasizing functional aspects of the lived experience of the supervisory relationship as well as how subtle aspects of the work being discussed enters into the field of awareness. Such aspects as enactment, resonant and synchronistic phenomena, engaging unconscious processes, and addressing dilemmas will be explored and each person will have an opportunity to present a supervisory experience within their particular practice modality and to explore experiences through the use of role play exercises. Small groups will be established based on the context of professional work and each group will be supervised be an instructor experienced in the relevant approach. Pass/No Pass

# Written Comprehensive Examination DPH 899, 1 Unit

# Dissertation Writing DPT 999, 15 Units

Under the supervision of a Dissertation Committee, the student submits a proposal, conducts original research, writes, and defends the doctoral dissertation. This course traditionally follows the completion of all other coursework and successful completion of the comprehensive exams. However, students who demonstrate readiness may choose to

apply for this course while enrolled in regular coursework. This option requires approval from the

Chair of the specialization. Additional fees will be assessed for this course. *Pass/No Pass* 

#### Requirements for Graduation

- Students must complete a total of 74 quarter units to fulfill the degree requirement for graduation.
- A minimum grade of "C" is required in each completed course.
- A cumulative grade point average of 3.0 must be maintained.
- Students must comply with attendance requirements as stated in the Student Handbook.
- Students must successfully pass a comprehensive written examination at the end of the second year of coursework.
- Students must successfully present a Control Paper describing their therapeutic or depthoriented practice work with a particular client, family, or select group to two faculty members during the third year of practice consultation courses.
- Students must successfully complete a comprehensive oral presentation at the end of two and a half years of coursework.
- Students must write, submit, and defend an original dissertation accepted by the faculty.
- Students are required to take part in 50 hours of depth-oriented therapy, counseling, analysis,
  or an engaged self-reflective process with a provider in their field while enrolled. This is
  required for graduation and strongly recommended to support students in their educational
  experience in the program.

#### **Notice Regarding Boundaries of Internship and Licensure**

The Ph.D. in Depth Psychology with specialization in Integrative Therapy and Healing Practices is designed specifically for those who, before enrolling, already are licensed or have sufficient academic and other credentials to pursue their chosen professional practice in compliance with applicable guidelines and regulations within their jurisdiction. The degree provides in-depth education in theory, applied contexts, and related-research contexts. Unlike the counseling and clinical doctoral programs at Pacifica Graduate Institute which have developed curricula and clinical training support for those

wishing to sit for licensure exams to become psychologists, this specialized depth psychology program does not arrange, authorize, monitor, or supervise practice for licensure purposes.

#### **Comprehensive Examinations**

The comprehensive examination consists of a written portion taken at the end of the second year and an oral portion taken at the end of the third year. The written exam is divided into three sections corresponding to the three study tracks of the specialization: Theory and Traditions of Depth Therapy; Psychology; Therapy, Counseling, and Healing Practices Informed by the Humanities, Arts, and Sciences; and Integrated Praxis: Research and Applied Contexts. It is designed to assess knowledge gained in the first two years of coursework and serves as a qualifying exam for students before continuing into the third year of study. Students in the Integrative Therapy & Healing Practices specialization who have successfully completed at least 29 units of Ph.D. coursework and who are in good standing are eligible to complete the written comprehensive examination. The third year oral examination consists of the student's formal oral presentation addressing the ways the program has informed their work and their proposed dissertation topic.

#### **Control Paper**

During the third year applied presentation series, each student presents a control paper that demonstrates their applied work and the ability to synthesize a variety of appropriate therapeutic and/or healing arts perspectives while maintaining their own unique style of practice.

#### **Doctoral Dissertation**

The dissertation process involves the completion of all coursework in research methodologies, dissertation development, and dissertation writing. Requirements and procedures for enrolling in dissertation writing are detailed in the Dissertation Handbook. The Dissertation Committee is composed of a Chair, a Reader, and an External Reader. Each committee member must possess an earned doctorate based in part on a dissertation unless the Research Coordinator for the specialization waives this requirement.

The curriculum may vary depending upon changing academic needs. Selected courses may have online components. The required two-year dissertation period, following coursework, focuses on scholarly research and writing.

## M.A. /Ph.D. in Mythological Studies

## With Emphasis in Depth Psychology

As the only doctoral program in the country dedicated to the exploration of human experience through the transdisciplinary and multicultural study of myth, ritual, religion, literature, depth psychology, and art, the Mythological Studies Program cultivates scholarship, self-inquiry, and imagination in those who seek to understand and express the depths of the psyche. The program is richly informed by the pioneering works of Sigmund Freud, C.G. Jung, Marie-Louise von Franz, James Hillman, and the renowned mythologist, Joseph Campbell, who taught that myth has the power to touch our deepest creative energies, and to generate symbolic images that confer significance upon the complexity of modern life and history. Myth thrives on paradox, ambiguity, and the shape-shifting ways that metaphor informs and transforms our lives. Cultivating the mythic imagination leads to self-revelation and a profound and dynamic understanding of cultures—both our own and other's.

The curriculum is animated by two basic questions: 1) how is this material meaningful in my life and work, and 2) how is it meaningful to the world within which I live? The sequence of coursework provides a sustained inquiry into the diverse mythologies of the world, situating them in the global context of the postmodern world. Throughout the program, students engage in the close reading of classic works of world literature, including Homer's *Odyssey*, the Greek tragedies, the Hebrew Bible, the *Ramayana* and *Mahabharata*, the medieval grail legends, and fairy tales. The rituals and contemplative practices of religious traditions are investigated along with mythic and archetypal aspects of modern literature, contemporary events, and popular culture. Several methods of scholarly interpretation are taught with a special emphasis on the hermeneutical approaches of depth psychology.

At the cusp of a paradigm shift in which outmoded mechanistic, reductive modes of thinking are being replaced by a more complex, reanimated worldview, the study of myth, story, and fable has an exciting new relevance. The study of myth can help guide us with its storehouse of narratives and images, facilitating our personal and collective transition into a more vibrant reality. Myth reveals the unconscious narratives of past and present, making the study of myth vitally important to our times.

Issues of faith and violence, sexuality and gender, the sacred and the secular, all co-mingle in the history of world religions and literature to comprise the transdisciplinary tapestry that is mythological studies.

Pacifica's degree program in Mythological Studies invites students to understand the mythological, folkloric, and archetypal structures of the stories that play out in many different arenas all around us—culture and the arts, the environment, education, and religion. The program explores new ways to detect and study the mythic and folkloric motifs revealed in current events, tell stories, and mentor others in the in the use of storytelling as a tool of cultural transformation and renewal. Drawing inspiration from the works of Joseph Campbell, Sigmund Freud, and C.G. Jung, and guided by internationally recognized scholars, authors, and educators, students craft research projects specific to their interests and concerns.

Inquiry in the curriculum is sustained through coursework that investigates:

- Similarities and differences that may be discerned within and between Hindu and Buddhist traditions in the East, and Abrahamic traditions of Judaism, Christianity, and Islam in the West.
- The relationship between ritual, oral traditions, and indigenous cultures.
- Literature courses focusing on the Arthurian romances, alchemy, epics, mythologies of the
  underworld, and folklore that begin with the classics of the canon and progress toward
  contemporary and postmodern re-visionings in literature, film, music, and art history.
- Personal development courses on dreams, visions, and myths; personal mythology and creative writing; evolving God-images in the context of postmodernity; and memoir and autobiography.
- Depth psychological courses devoted to the perspectives of C. G. Jung, Joseph Campbell, and James Hillman.
- Research courses on theoretical approaches to the study of myth, myth and philosophy, methods, and contemporary issues in religious studies and dissertation writing.

Students consolidate their learning through a sequence of special topics courses taught by alumni who utilize their training in their professional careers as well as by distinguished faculty members

from other Pacifica programs, including Stephen Aizenstat, Susan Rowland, and Joseph Cambray. A student literary journal provides opportunities for publication. The curriculum is further augmented by an annual colloquium lecture given by distinguished guest scholars—such as Robert Segal (University of Aberdeen), Maria Tatar (Harvard University), and Jeffrey Kripal (Rice University)—who address critical issues in the study of myth and contemporary culture. Students are mentored by core faculty throughout their matriculation through course work. Graduates of the program enrich their personal and professional lives through the transformative power of myth. Alumni utilize their degree in a range of professions such as education, psychology, healthcare, the arts, filmmaking, religion, business, politics, law, and community and environmental affairs.

The program is designed as an integrated M.A. and Ph.D. sequence with courses in four areas of study:

- Mythology and Religious Traditions
- Myth and Literature
- Depth Psychology and Culture
- Research

Students in the Mythological Studies Program:

- Investigate mythologies and cultural traditions through the lenses of religious studies,
   literature, and depth psychology.
- Discover recurring mythic themes in classic and contemporary literature, ritual, theater, art, music, film, and philosophy, and explore their cultural, sociopolitical, and historical contexts.
- Uncover the common patterns in human life throughout much of history and the varied ways human beings live and make meaning of their experience through the study of diverse cultural mythologies.
- Engage in the transformative experiences of deep reading, scholarly and creative writing, and generative discussions that advance our personal mythology in relation to communities and culture.

### **Curriculum Overview**

The Master of Arts degree is awarded after the first two years of study and successful completion of a comprehensive examination. Students seeking the doctorate degree engage in a third year of course work that includes a sequence of research courses and the development of a concept paper for the dissertation. The fourth and fifth years of study focus on dissertation writing and research. Continuing supervision is provided for the completion of the dissertation.

Mythological Studies classes take place once each month during fall, winter, and spring. There is also one five-day summer session each year.

#### **FIRST YEAR**

### Fall

Greek and Roman Mythology I – MS 505, 2 Units

Dreams, Visions, Myths – MS 521, 2 Units

Arthurian Romances of the Holy Grail – MS 502, 2 Units

Special Topics in Mythological Studies IA – MS 599A, .5 Unit

#### Winter

Hindu Traditions – MS 503, 2 Units

Ritual and the Embodied Imagination – MS 603, 2 units

Epic Imagination – MS 604, 2 Units

Special Topics in Mythological Studies IB – MS 599B, .5 Unit

## **Spring**

Jungian Depth Psychology – MS 511, 2 Units

Approaches to the Study of Myth – MS 620, 2 Units

Myth and Philosophy – MS 515, 2 Units

Special Topics in Mythological Studies IC – MS 599C, .5 Unit

#### Summer

Colloquium – MS 540, 1 Unit Mythic Motifs in Cinema – MS 626, 3 Units

### **SECOND YEAR**

### Fall

Psyche and Nature – MS 615, 2 Units

Buddhist Traditions – MS 605, 2 Units

Hebrew and Jewish Mythology – MS 702, 2 Units

Special Topics in Mythological Studies IIA - MS 699A, .5 Unit

#### Winter

Alchemy and the Hermetic Traditions — MS 616, 2 Units

African Diaspora Traditions - MS 506, 2 Units

Greek and Roman Mythology II - MS 705, 2 Units

Special Topics in Mythological Studies IIB - MS 699B, .5 Unit

## **Spring**

Archetypal Psychology - MS 611, 2 Units

Comic Books as Modern Mythology — MS 670, 2 Units

Native Mythologies of the Americas — MS 522, 2 Units

Special Topics in Mythological Studies IIC – MS 699C, .5 Unit

#### Summer

Colloquium – MS 640, 1 Unit

Myth and the Underworld – MS 619, 3 Units

Comprehensive Exam – MS 800, 0 Unit

### **THIRD YEAR**

### Fall

Methods and Contemporary Issues in Religious Studies – MS 720, 2 Units

Folklore & Fairy Tales – MS 602, 2 Units

Islamic Traditions – MS 608, 2 Units

Special Topics in Mythological Studies IIIA – MS 799A, .5 Unit

### Winter

Cultural Mythologies I – MS 514, 2 Units

Christian Traditions – MS 703, 2 Units

Sex and Gender – MS 609, 2 Units

Special Topics in Mythological Studies IIIB – MS 799B, .5 Unit

## **Spring**

Egyptian Mythology — MS 717, 2 Units

Research Strategies for Dissertation Writing – MS 730, 2 Units

Dissertation Formulation – MS 733, 2 Units

Special Topics in Mythological Studies IIIC – MS 799C, .5 Unit

#### Summer

Colloquium – MS 740, 1 Unit

Myths of the Self: Memoir and Autobiography - MS 726, 3 Units

## Continuing

Dissertation Writing\* – MS 900, 15 Units Self-Directed Studies – MS 970, 3.5 Units

\*Writing projects for this course take place away from campus.

This curriculum may vary depending upon evolving academic needs.

The required fourth and fifth years of study focus on reading, research, and dissertation writing.

#### MYTHOLOGY AND RELIGIOUS TRADITIONS

The foundation of Mythological Studies at Pacifica is the close reading of primary texts from a variety of cultural and religious traditions. These courses encourage interdisciplinary scholarship, giving particular attention to myths, iconography, symbols, religious beliefs, and ritual practices. Historical and contemporary approaches to the study of myth are also carefully reviewed.

## The Arthurian Romances of the Holy Grail MS 502, 2 Units

An exploration of the origins and development of the mythologies of the Arthurian knights and quests for the Holy Grail. The course begins with the sacred traditions of the European Middle Ages, as manifested in the literature and arts of the period and then tracks the transmission and transformation of the myths in the Romantic and Modern periods of the nineteenth and twentieth centuries.

#### **Hindu Traditions**

### **MS 503, 2 Units**

This course examines the primary Indian mythic complex embodied within Vaishnava, Shaiva, and Shakta traditions. Special attention is given to prominent myths and symbols, epic literature and other primary texts, as well as influential philosophies and practices such as Yoga, Sankhya, Vedanta, and Tantra. Depth psychological interpretations of key thematic issues and spiritual practices are also examined.

## Greek and Roman Mythology I MS 505, 2 Units

This course explores the most important contemporary approaches to the study of classical mythology. Its focus on how the poets of ancient Greece and Rome reworked inherited mythic themes and plots entails close readings of the cultic, bardic, and lyric poetry of the archaic period and the dramatic poetry of 5th century Athens. It also looks at the very different Roman understanding of myth

conveyed in the epic poems of Virgil and Ovid. Attention is given both to the role these myths played in their original historical context and to their ongoing archetypal significance. As Nicole Loraux has observed, "There is no statement about Athens that does not nourish very contemporary passions."

## African and African Diaspora Traditions MS 506, 2 Units

The myths and rituals of Africa are a rich legacy, still vital today. Moreover, they endure in adaptive form, in Vodou, Santeria, and other religions of the African Diaspora. The course explores common mythic characters, themes, rituals, symbol systems, and worldviews in Africa and traces their connection to New World Traditions.

## Myth and Philosophy MS 515, 2 Units

This course examines the historical relationship between myth and philosophy in the West. Rationality and science emerged revolutionary critique of myth, but that revolution is not beyond criticism. Myth represents a meaningful expression of the world, different from, and not always commensurate with, the kind understanding sought by philosophers. The notion that philosophy has corrected the ignorance of the past is challenged while philosophy itself is shown to exhibit elements of the mythic world from which it emerged.

## Native Mythologies of the Americas MS 522, 2 Units

This course explores the meanings of selected mythic texts from North American, Mesoamerican, and South American traditions. It considers these texts not only in regard to their manifest narratives and images, but also seeks an understanding of their potential interpreters. This factor, involving history and hermeneutics within a context of Euro-American colonialism, presents important methodological as well as political issues for working in mythological studies, and the course engages such issues as it surveys these texts.

# Yoga Spiritualties: Traditional and Contemporary MS 707, 2 Units

Yoga has become a transnational phenomenon. Over 20 million Americans practice modern postural yoga. However, yoga is far more than physical exercises that engender flexibility, health, and an attractive body. Traditionally, yoga is a philosophy and array of psycho-spiritual practices designed to liberate human beings from existential suffering and the limitations of conditioned experience—a worldview and praxis that often seeks a transcendence that eclipses the value of worldly existence. This course examines how core teachings and practices of traditional yoga derived from classical texts are reframed in contemporary culture. Modern sages such as Swami Vivekananda, Sri Aurobindo, and Sri T. Krishnamacharya revision yoga spirituality as a means of addressing challenging social, political, and environmental issues. In this way, contemporary yoga spiritualities seek Self-realization and freedom in the world rather than beyond it. Special attention is given to the immanent presence of the divine in nature and the human body, the role of goddesses in yogic practices, kundalini, chakra symbolism, and the complementarity of yoga and depth psychology.

### Colloquium

### MS 540, 640, 740, 1 Unit Each

This series is an exploration of critical issues pertaining to the study of myth in relation to religious traditions, literature, depth psychology, and culture. The course is based on a guest lecture by a major scholar in the field of mythology. *Pass/No Pass* 

## Ritual and the Embodied Mythic Imagination MS 603, 2 Units

Myth and ritual are inextricably related. This course proposes that ritual offers an equally eloquent, though non-discursive, commentary on the human condition. The aims are: to make students familiar with classic theories of ritual process; to explore comparatively fundamental ritual phenomena across cultures, such as initiation, divination, purification and healing, pilgrimage, sacrifice, masking, and funerary rituals; and to assess the association of myth and ritual in religious traditions and depth psychology.

## **Buddhist Traditions MS 605, 2 Units**

This course focuses on selected aspects and primary texts of Theravada, Mahayana, and Vajrayana traditions. Particular attention is given to the life story of Shakyamuni Buddha, as well as the myths associated with major bodhisattvas. Key thematic issues, doctrines, and contemplative practices are examined from philosophical, feminist, and depth psychological perspectives.

## Alchemy and the Hermetic Tradition MS 616, 2 Units

This course focuses on the Hermetic tradition (broadly conceived as a synthesis of alchemy, Kabbalah, Platonic philosophy, theology, and mythology) from its Egyptian, Greek, and Arabic origins during the Hellenistic era, to its development in the twelfth to the twentieth centuries. The approach is interdisciplinary, embracing Jungian psychology, literature, music, and the visual arts.

## Egyptian Mythology MS 717, 2 Units

The mythology that informs the ancient Egyptian way of life and death is the subject of this course. It explores the principal Egyptian creation myths, gods, goddesses, motifs, symbols, temple ritual, pyramid building, and mummification. The night sea journey of the sun god Re and that of the deceased Pharaoh, and eventually of all deceased Egyptians, is studied through Pyramid, Coffin, and mortuary texts, particularly the Amduat. The Isis and Osiris

myth receives particular attention, and its reverberations across literature, alchemy, and depth psychology are followed.

## Hebrew and Jewish Mythology MS 702. 2 Units

This course studies Hebrew and Jewish monotheism from a mythological perspective. The focus is on the emergence of monotheism in early Israel and on trying to understand the ways in which this mythic system differs from polytheistic traditions. Attention is given to how this mythology develops and changes in relation to changing historical circumstances, not only within the Biblical period but throughout the course of Jewish history.

## Christian Traditions MS 703, 2 Units

This course examines Christian narratives, images, archetypes and symbols within a historical context. It provides an epistemological basis for a mythological and depth psychological hermeneutics. Key themes include cultural influences and theological paradigms of the Greek East and the Latin West, mysticism, iconoclasm, and post-Reformation worldviews.

## Islamic Traditions MS 608, 2 Units

This course explores the major historical traditions of Islam, including Sufism, as well as modern religious movements. Special attention is given to central themes in the Qur'an and the life of

Mohammad. The cultural clash between Islam and the West is also examined.

#### **MYTH AND LITERATURE**

These courses focus on the interpretation of classical literature, poetry, and literary works from the medieval, modern, and postmodern periods.

## Cultural Mythologies I, II, III MS 514, 614, 714, 2 Units Each

These courses are taught on a periodic basis as means for investigating a cultural tradition or thematic topic that is not addressed in the current curriculum.

## Joseph Campbell: Metaphor, Myth, and Culture MS 516, 2 Units

Following on Joseph Campbell's insight that "metaphor is the native tongue of myth," this course explores the centrality of myth in subjects as diverse as history, cosmology, religion, and poetry as well as the wide range of world narratives as inflections of one great monomyth. These explorations examine the nature of mythic consciousness and provide insight into the power of myth in psyche and culture.

## Folk and Fairy Tales MS 602, 2 Units

This course studies the origins, structure, and interpretations of folk and fairy tales with a focus on the archetypal mythological symbolism of the stories. In addition, the course will explore the revisioning of fairy tales in the folk ballad tradition, fairy

tale illustrations, and postmodern literature. Finally, the course analyses and critiques the various theories of interpretation of folktales.

## **Epic Imagination**

### MS 604, 2 Units

Epics are stories created by poets to give an entire people a sense of their history and their destiny. As stories that give shape and coherence to the collective myth, epics engage the figure of the epic hero, who either breaks through the conventional wisdom of the people or re-establishes their most profound wishes.

## Myth and the Underworld MS 619, 3 Units

This course explores the changing faces of the mythologies associated with the underworld, in representative Ancient, Classical, Medieval, Romantic, Victorian, and Modern texts. What was the primary focus of the myth in each of these periods? How does it reflect the changing spiritual, psychological, intellectual, and social issues of these periods? The course emphasizes the syncretic aspect of the mythologies of the underworld, which typically bring together motifs from a wide range of artistic, literary, and spiritual traditions.

## Personal Myth and Creative Writing MS 613, 2 Units

This course combines the fields of mythological studies as well as the theory and practice of creative writing. Its intention includes: defining the nature of myth generally and personal myth specifically; utilizing cursive writing as an expressive art form to shape one's meditations on myth both personally and collectively; discovering the psychic patterns imbedded in students' writings that expose many of the contours and creative impulses that give form to the myth we are living within; exploring the energy fields out of which arise the specific novelty of one's personal mythology. The course includes body movement, exercises in active imagination, as well as poetry and short story writing. Other areas of the include mimesis. imagination, course psychology, neurology and creativity to supplement the above works.

## Comic Books as Modern Mythology MS 670, 2 Units

From comic books and graphic novels to blockbuster films based on superhero characters, mythological and archetypal material is exploding in popular culture. Through a variety of academic lenses, this course considers the comic book genre alongside, and as part of, such divergent disciplines as mythological studies, comparative religion, and gender and cultural studies, with an eye toward the (im)possible capacities of the (super)human psyche. The combined reading of comic books and recent superhero films alongside and as part of critical discourse from within historical, theoretical, and depth psychological traditions, empowers students to unpack and interpret a variety of mythological themes and examine their impact on contemporary culture.

## Myths of the Self: Memoir and Autobiography MS 726, 3 Units

This course examines the mythic aspects of two literary genres (memoir and autobiography) and engages questions concerning the relation of memory and the imagination, the individual and the archetypal, self and others, and narcissism and guilt. Attention is given to classic examples of the genres, as well as reflections on the defining characteristics of these genres by literary critics, depth psychologists, and feminists. *Pass/No Pass* 

#### **DEPTH PSYCHOLOGY AND CULTURE**

Depth psychology is an important resource for the study of myth, literature, religious traditions, and culture. These courses draw substantially on the work of Freud, Jung, and Hillman and provide hermeneutical approaches that complement methods used in other disciplines such as religious studies and literature.

## Jungian Depth Psychology MS 511, 2 Units

Key Jungian concepts such as the collective unconscious, archetypes, and the individuation process are surveyed with attention to the evolution of these theoretical constructs. The influence of Jung's ideas on the arts, literature, and religious thought is explored.

## Dreams, Visions, Myths MS 521, 2 Units

Examination of dreams arises out of certain assumptions: that psyche is nature revealing herself in images, that psyche is multidimensional, and that the images of dreams give form to the various expressions of psychological life. The focus is on dream theory and amplification methods. *Pass/No Pass* 

## Archetypal Psychology MS 611. 2 Units

The depth psychology of C.G. Jung and his successors enables us to see how mythology expresses psychology and how psychology may be understood as mythology. Special attention is given to insights from James Hillman's archetypal psychology, including the notions of personifying, pathologizing, psychologizing, and dehumanizing. The works of other post-Jungian writers are also examined to exemplify selected aspects of the archetypal approach.

## **Psyche and Nature**

### **MS** 615, 2 Units

Geographies of paradise, wilderness, frontier, desert, and ocean are mythic interior landscapes as well as external habitations of divinities and demons, where individuals experience tests, revelations, and illuminations. This course explores external landscapes and their (archetypal) analogues as mythopoetic spaces to discern how mythic consciousness is rooted in the poetry of landscapes.

## Mythic Motifs in Cinema MS 626, 3 Units

A myth, like a movie script, is a story that is *false* outside (not a true story) and true inside (like a symbol). The power of film to provoke emotions comes from the archetypal core of all conflicts that define human nature. Each generation of artists reinterprets the eternal stories to evoke the everchanging cultural context. Using a mythological approach, the instructor presents selected portions of films to isolate the universal archetypal pattern at play. It also offers an explanation for mistakes and failures to evoke an emotional response from the audience.

## Sex and Gender

### MS 609, 2 Units

Every culture seems to have had myths and rituals through which it has sought to contain and constrain human sexuality and to define gender roles. This course will focus on Hindu and Graeco-Roman traditions and on ostensibly post-mythic contemporary attempts to move beyond the binarisms so central to the traditional understanding, though it will also include reference to indigenous American and Jewish-Christian perspectives.

## Evolving God-Images and Postmodernity MS 711, 2 Units

Nietzsche's announcement of the "death of God" still ripples through the Western psyche. Against the backdrop of individual and cultural dependence on a fundamental mythos, this course examines God-

images in the context of secularization, religious pluralism, and postmodern network culture. Attention is also given to Jung's recovery of soul, the retrieval of the divine feminine, and other emergent forms of postmodern spirituality. Self-inquiry is conjoined with critical reflection on the relationships between religion, culture, and the psyche. *Pass/No Pass* 

## Graphic Mythologies MS 708, 2 Units

This course explores the ancient roots of the socalled "graphic novel" in the postmodern tradition. Those roots include the synthesis of text and image that we find in the Egyptian Books of the Dead, the Mayan Codices, and, more recently, Jung's Red Book—all of which fuse narrative and image in ways that pre-figure, enrich, deepen, and challenge those associated with such forms of expression as comic books, graphic novels, video games, and animated films.

#### RESEARCH

Research skills are cultivated through a series of courses leading to dissertation writing.

## Approaches to the Study of Myth MS 620, 2 Units

An exploration of philosophical, artistic, literary, musical, and psychological approaches to myth, from Antiquity to Modernism. The course will introduce the student to the major schools of the interpretation of myth, with a focus on key figures in

the field. In addition to theoretical approaches to myth, the course will explore responses to myth in major works of film, painting, literature, and music. Finally, the course will track changing approaches to certain key myths as they reflect the theoretical and artistic preoccupations of different periods (Classical, Renaissance, Romantic, and Modernist).

## Methods and Contemporary Issues in Religious Studies

### MS 720, 2 Units

In many ways Religious Studies can be seen as a forerunner of Mythological Studies. Awareness of the debates that shaped this field and the methodological approaches that emerged from them can help students determine how best to hold the phenomenon of myth up to view. The aim of this course is to understand these various possible approaches and the wider implications of those choices.

## Research Strategies for Dissertation Writing MS 730, 2 Units

This course examines dissertation research options supported by the program including theoretical studies in the humanities, humanistic social sciences approaches, and production style projects. It explores the technical aspects of conducting research such as style, rhetoric, and utilization of library resources. The psychological aspects of research and writing processes are also addressed. *Pass/No Pass* 

## Dissertation Formulation MS 733, 2 Units

The issues, tasks, and processes of conducting research and drafting initial concepts are addressed. This course provides the framework for implementing a research idea and writing the concept paper which serves as the basis for the dissertation proposal. The classes also teach strategies and techniques for research and completion of the concept paper. *Pass/No Pass; No Incompletes* 

## Special Topics in Mythological Studies I, II, III MS 599A,B,C; 699A,B,C; 799A, B, C, .5 Unit Each

This course consists of lectures by institute faculty and guest speakers on a wide range of topics pertaining to myth, religious traditions, literature, depth psychology, and culture. The lectures provide opportunities or learn about traditions, text, and themes that are beyond the scope of other courses and/or to present alternative perspectives on course material. *Pass/No Pass* 

## Self-Directed Studies

MS 970, 3.5 Units

The purpose of Self-Directed Studies is to allow students to explore areas of interest in mythological studies and depth psychology outside boundaries of the curriculum. This may take the form of attending conferences, workshops, lectures, and/or seminars; engaging in relevant depth transformative practices; participant observation research or fieldwork; or other training that augments the three disciplinary components of the program: mythology and religious traditions; myth and literature; depth psychology and culture. Student must complete a total of 35 hours and submit a reflective paper; this may occur anytime during the course of the program, and is required for the awarding of the Ph.D. All hours must be preapproved through discussion with a self-directed studies coordinator. Pass/No Pass

## Dissertation Writing MS 900, 15 Units

Under the supervision of a Dissertation Committee, students submit a proposal, conduct original research, write and defend a doctoral dissertation. Additional fees will be assessed for this course.

Prerequisite: MS 733; Pass/No Pass

## **DEGREE REQUIREMENTS FOR GRADUATION**

- 1. Students must complete 89 quarter units to fulfill the unit requirement for graduation.
- 2. A minimum grade of "C" is required in each completed course. A cumulative grade point average of 3.0 must be maintained.
- 3. Students must attend at least two-thirds of each course.

- 4. Students must successfully pass a Comprehensive Examination during the second year of course work. Each exam essay must receive at least 70 points. The M.A. degree is awarded when this is achieved along with the completion of 47 quarter units. To be eligible to continue taking course work for the Ph.D. degree, students must receive at least 80 points for each exam question.
- 5. Students must pass an Oral Consultation pertaining to a concept paper for the dissertation.
- 6. Students must submit and defend an original dissertation accepted by the faculty.

#### COMPREHENSIVE EXAMINATION

The Comprehensive Examination is a written exam taken during the second year of the program that examines students' understanding of theoretical perspectives pertaining to myth, as well as their ability to apply them to particular cultural traditions. It also assesses students' ability to reflect on myth in relation to depth psychology, literature, and cultural issues. In addition, an oral consultation takes place in the Dissertation Formulation course during the third year of the program. The purpose of this assessment is to raise critical questions pertaining to the proposed dissertation project. Students must successfully incorporate the critique of this consultation into their dissertation concept papers in order to be advanced to candidacy.

### **DOCTORAL DISSERTATION**

The dissertation requirements include successful completion of the advanced research courses: Religious Studies, Approaches to Mythology, Research Strategies for Dissertation Writing, and Dissertation Formulation. Students must produce an acceptable Dissertation Concept Paper before enrolling in Dissertation Writing. The Dissertation Committee is composed of a Chair, a Reader, and an External Reader. Each member must possess an earned doctorate degree based on a dissertation, unless this requirement is waived by the Research Coordinator of the Mythological Studies Program.

## M.A. in Depth Psychology and Creativity

## with Emphasis in the Arts and Humanities

Creativity is an enigma. As poet and psychoanalyst Clarissa Pinkola Estés has observed, it is a "shapeshifter," a "dazzling spirit" that appears in all our lives while eluding our attempts to explain its radiance. C.G. Jung regarded creativity as a vital human instinct; a force akin to nature itself, which drives the unfolding and shaping of every life. Creativity is also a calling, one that makes its claim upon individuals who in turn devote themselves to crafting the stories, objects, and experiences that illuminate and transform our world. In fact, the world itself has its own creativity, manifested in the archetypes of the collective unconscious, whose symbols, images, metaphors, and movements are all the *prima materia* for our inexorably interrelated lives.

This M.A. program's approach is broad, highly transdisciplinary, and satisfying for those who seek to combine intellectual exploration with creativity. Honoring Pacifica's mission to tend soul in and of the world, the program emerges from the depth psychological perspective that artmaking is soul-making as it supports students who crave deeper levels of understanding and devotion in their creative lives. Intellectual rigor is combined with creative expression, and dialogue between students and faculty with a focus on expanding individual and collective potentials as contributors to the unfolding of a more just, vibrant, and soulful world. The program is designed for those who seek to live and work more intuitively, meaningfully, and expansively while fostering the same qualities in others. This program attracts individuals in the visual, performing, narrative, film, video, and media arts; advertising, marketing, architecture, fashion, and design; teachers of every grade level from K-12 to college, plus many from diverse and overlapping fields such as social services, community organization, corporate leadership, somatics, yoga, the healing arts, and ministry. The program culminates in the completion of a significant individual creative project and/or portfolio. A previous professional creative background is not required for admission.

## Students in the M.A. in Depth Psychology and Creativity program:

 Discover strategies for tapping into the deep well of the collective unconscious as the primary source of imagination and creativity.

- Study how people working in any creative capacity inspire and influence each other, along with how they foster awareness, passion, and empathy in others.
- Increase their creative generativity and cultivate their aesthetic sensibilities by entering into
  deep, sustained, and meaningful conversation about the creative life with faculty and peers,
  with contemporary and historic literature, films, and works of art spanning diverse genres,
  cultures, and periods of time.
- Find rich sources of inspiration and understanding about the call to create in the humanities, including the study of mythology, philosophy, psychology, history, literature, spirituality, and ecology.
- Complete substantial creative projects and critically reflect upon their personal creative processes and goals.
  - Receive an empowering and authoritative degree that expands their vocational options and opens up new career possibilities.

## A BLENDED HYBRID LOW-RESIDENCY PROGRAM

This hybrid degree program takes advantage of online distance-learning technologies that allow students to work and learn in their home environments. Additionally, once each quarter, students gather on campus for a four-day weekend (Thursday, Friday, Saturday, and Sunday) in a retreat-style residency. During these on-campus sessions, students have access to the Institute's extensive resources and are able to further community involvement and professional collaboration. They join classmates from around the world in forming professional relationships and networks of like-minded individuals. This convenient format brings Pacifica's graduate degree programs to global citizens and the life-long learners who otherwise might not be able to fulfill their educational calling.

The M.A. program in Depth Psychology and Creativity with Emphasis in the Arts and Humanities provides a versatile, transdisciplinary, and highly applicable education informed by the interrelated concerns of the arts, the humanities, and depth psychology. The program's unique learning format combines the best aspects of a connected, soulful, and transformative inter-personal experience with the convenience of distance-learning technologies.

### **CURRICULUM OVERVIEW**

### FIRST YEAR

Creativity and Aesthetic Sensibility – HMC 100, 3 Units

Comparative Mythology and Contemporary Mythopoesis – HMC 110, 3 Units

The Complex Nature of Inspiration – HMC 120, 3 Units

Creative Influence Across the Humanities – HMC 130, 3 Units

The Expressive Power of Archetypes – HMC 140, 3 Units

C. G. Jung, Individuation, and the Symbolic Life – HMC 150, 3 Units

The Purpose and Power of Image – HMC 160, 3 Units

Project Workshop I: Creative Dialogue and Design – HMC 170, 3 Units

The Multicultural, Multimedia, Transformative Fairy Tale – HMC 190, 3 Units

#### **SECOND YEAR**

Active Imagination, Dreams, and Psychic Creativity - HMC 200, 3 Units

Mythic Narratives: Eternal Sources and Contemporary Inflections - HMC 210, 3 Units

Time, Place, Space, and the Ecology of Creative Expression – HMC 220, 3 Units

The Healing Power of Creativity – HMC 230, 3 Units

The Artist as Activist and Agent of Social Change – HMC 240, 3 Units

The Purpose and Power of the Moving Image – HMC 180, 3 Units

Technology and the Psyche – HMC 250, 3 Units

Creativity, Vocation and Alchemical Work – HMC 260, 3 Units

Project Workshop II: Creative Expression and Reflection – HMC 270, 3 Units

Selected Topics in Engaged Humanities – HMC 280, 3 Units\*

This curriculum may vary depending upon changing academic needs.

Courses may be offered in years different from what is listed and is dependent on when students matriculate in the program.

\* This course may replace any of the above and the curriculum may vary depending upon evolving academic needs.

## Creativity and Aesthetic Sensibility HMC 100, 3 Units

While on the surface, creativity seems a simple phenomenon, it is actually quite complex. Though often studied, we still do not know the source of creativity: is it the right-brain, is it our unconscious psyche, is it the muse, or is it God? Throughout the course, students read from a wide variety of interdisciplinary texts on the nature of creativity, ranging from science to psychology to spirituality to philosophy, identifying some of the key debates in the field. In addition, students will engage with both historic and contemporary theories on aesthetics and aesthetic response from a variety of cultures as they explore questions such as: Is the sense of beauty in our biology, or is it socially constructed? Why are we moved by some artworks and experiences and not by others? Should art have a purpose? Throughout the course, students discover the rich, yet relatively unknown, insights that Jungian and archetypal psychologies offer to the field of aesthetics as they critically reflect upon their own beliefs about the nature of creativity and the cultivation of aesthetic sensibility.

## Comparative Mythology and Contemporary Mythopoesis

**HMC 110, 3 Units** 

Joseph Campbell understood mythology to be humankind's most creative act. In her introduction to Campbell's Hero with a Thousand Faces (2004), Clarissa Pinkola Estés writes, "[Campbell] shows

how the heroic self...offers depth of insight and meaning. It is attentive to guides along the way, and invigorates creative life." Taking a critical look at Campbell's work from a contemporary perspective, students will explore how myths manifest in each new era, across a broad range of literary, artistic, psychological, and educational practices as means for analyzing mythology itself. In addition, students will study multi-cultural mythemes as models for engaging in comparative mythology, focusing on archetypal motifs, as these serve as fertile ground for creative mythopoesis.

## The Complex Nature of Inspiration HMC 120, 3 Units

Creative people have all experienced those moments when our work seems as if it's emerging from somewhere wholly "Other." Characters become autonomous, surprising their writers. The hands chip away at the stone until a figure emerges. The fingers hover over the keyboard, then move seemingly with their own will. Later, we wonder to ourselves. "Who created that?" What is it that inspires, even possesses the creative artist? Do we draw from mythology and consider it the arrival of a Muse? Do we envision it as our daimon, an ancient idea revived by James Hillman? Or dare we wonder whether it's the presence of a psychological complex, which Jung called the via regia, or royal road, to the personal and collective unconscious. This course explores multiple theories of the source of inspiration from both Western and non-Western traditions. Students will read case studies of wellknown creatives, their sources of inspiration and the complexes which are reflected in their work, as they consider their own personal complexes and their connection to their creative life.

## Creative Influence Across the Humanities HMC 130, 3 Units

This course explores the rich terrain of creative influence by examining several notable case studies of artists who have influenced one another, other forms of art, and history and culture at large. We define "artist" broadly as anyone working creatively in their field in diverse cultures including indigenous traditions; in this sense, environmentalist John Muir is an artist who was influenced by poets such as William Wordsworth, John Milton, and Ralph Waldo Emerson; civil rights activist and preacher Martin Luther King, Jr. is an artist who was influenced by Mahatma Gandhi and Henry David Thoreau; psychoanalyst and dancer Marion Woodman is an artist who was influenced bν Emilv Dickinson. William Shakespeare, and many other poets. Students will present their own personal case study of the artists, pieces of art, art forms, and movements which have most influenced them.

## The Expressive Power of Archetypes HMC 140, 3 Units

Archetypes can be defined as universal patterns which reside in the collective psyche. We all know the characters when we see them: the Lover, the Innocent, the Sage, the Villain, etc. We all

recognize the themes when we see them: the Fall from Innocence, the Battle Between Good and Evil, the Hero's Journey, etc. These archetypes are found in classic pieces of art, in diverse cultures across the globe as well as the artifacts of pop culture; the stronger the archetypal presence, the more powerful, evocative, and resonant the product is likely to be. This course begins with an overview of archetypal theory from Jungian, post-Jungian and archetypal perspectives, and then turns toward an examination of art and cultural artifacts which express archetypal themes. Particular emphasis is placed on the archetypes of the Artist and the Creator as they are manifested in film, literature, and other mediums. Throughout the course, students will become more aware of the archetypal presences which manifest in their creative projects, while discovering ways to invite and amplify the archetypal energies that inform and guide a creative life.

## C. G. Jung, Individuation, and the Symbolic Life HMC 150, 3 Units

Classical Jungian concepts such as ego, Self, persona, shadow, anima/animus, collective unconscious, transcendent function, and individuation are studied in light of the creative process. Jung's own relationship with his creativity will be explored, especially his struggle between what he called Personality Number One and Personality Number Two, between the Scientist and the Artist within. This course also takes a tour through some of Jung's seminal

essays in Volume 18 of the Collected Works, *The Symbolic Life*, including the title essay, which states that people "are creative on account of the symbolic life." Jung's example and theoretical works provide a process for whereby students can utilize creativity in the individuation process, including finding their voice, following their calling, and discovering the myths they are living in order to create a more authentic life. Students are encouraged to embody the symbolic life in ways that support multicultural and gender diversity.

## The Purpose and Power of Image HMC 160, 3 Units

Depth psychology has always maintained a close relationship with Image—the literal images which visit in our sleep, the fantasy images we flirt with while awake, the autonomous images that appear "out of nowhere," the metaphorical images we have of ourselves and others—the psyche is always creating images. In turn, those images give shape to our psyche, an idea which archetypal psychologist James Hillman explores in his work. Hillman proposes that "at the soul's core we are images," and that life can be defined as "the actualization over time" of the images in our hearts and souls. Hillman goes even further by suggesting that our unique images are the essence of our life, and "calls [us] to a destiny." Students will study the writings of a diverse group of scholars and creators on the oftentimes contentious history, purpose and power of Image in psychological, cultural, social, spiritual and creative life, as they meditate upon the core images meaningful to their own lives and work.

# The Multicultural, Multimedia, Transformative Fairy Tale HMC 190, 3 Units

C. G. Jung noted that "I am stuck" is the theme of fairytales and myth, and also that of everyone who comes into psychotherapy. Fairy tales, variously related to folktales, legends, and mythology occur globally in ancient, modern and indigenous societies as oral narratives with centuries of history and cultural shaping. Often conspicuously lacking fairies, these tales historically transition archetypal creativity into new artistic media such as the novel, theater, music, fashion-design, television, film, and gaming, as well as providing psychological treatments of power and identity from folklore.

Fairy tales affect history and power on the one hand - as in the perception of leaders and the sacred while also making structures of creativity in the individual psyche. Today they are vehicles for reenchantment with potential for healing and invigorating a troubled world. Fairy tales transform being and doing as, on the one hand, an intrinsically democratic heritage, while simultaneously informing social structures in ways that can be oppressive as well as liberatory. As such, fairy tales are core material of the HMC program in linking psyche to history. Often indebted to more complex myths, fairy tales build cultural being from oral transmission. There are therefore both a

tremendous resource for psychic creativity and an important subject for ethical criticism from within the humanities traditions. The Multicultural, Multimedia, Transformative Fairy Tale course will examine fairy tales as the psychic mechanism of archetypes in the context of developing creativity and of mobilizing critiques of their use to mystify social injustice. The course will consider fairy tales from marginalized and indigenous cultures as well as well-known examples in multimedia form. Above all, The Multicultural, Multimedia, Transformative Fairy Tale will give students the means to use fairy tales for creative practice, and as individuation stories that are open to revision, on both a personal and collective level.

## Active Imagination, Dreams, and Psychic Creativity

### **HMC 200, 3 Units**

Active imagination is the name given to the technique C. G. Jung pioneered for accessing unconscious material in the psyche, often by working with an image or by dialoging with an inner figure; *The Red Book* contains 16 years of Jung's active imagination within its covers. Students will study *The Red Book* in addition to Katherine Sanford's *The Serpent and the Cross: Healing the Split through Active Imagination* which contains 62 archetypal paintings along with dreams and active imaginations representing 30 years of Sanford's personal inner journey. In addition to active imagination, the role of dreams in the creative life will be explored. For millennia, people across

cultures have received inspiration and guidance from their dreams while asleep and their visions while awake, and from the rituals they have undertaken to explore the creative unconscious. As one of the final products in this course, students will create and share an artistic product inspired by one of their own dreams or active imaginations.

# Mythic Narratives: Eternal Sources and Contemporary Inflections HMC 210, 3 Units

In the book series *The Myths*, contemporary worldrenowned authors re-tell ancient myths, writing them in their unique style with their own particular spin. Though a relatively new series, there is nothing new about the concept: artists across mediums have always drawn on myths for inspiration and source material. Sometimes, they recreate them using modern technology, such as the animated version of *Hercules*, or the 3-D version of Clash of the Titans. Other times, they borrow ancient mythic themes to create an entirely new story; for example, C. S. Lewis' novel *Till We Have* Faces retells the Cupid and Psyche myth; the South African novel Cry the Beloved Country by Alan Paton retells the myth of the prodigal son. In truth, the most impactful films, novels, plays, and other artistic expressions not only reflect eternal mythic narratives, but do so in a way that feels fresh and timely. Students will compare several original myths from a wide variety of cultures with both historical and contemporary retellings of them, and will produce their own creative retelling of a myth.

## Time, Place, Space, and the Ecology of Creative Expression

### **HMC 220, 3 Units**

Artists and creators have long been influenced and inspired by nature and place. Ansel Adams had Yosemite, Woody Allen had Manhattan, and Georgia O'Keefe had the American Southwest. The Lost Generation had Paris in the 20's, while in America at that time, what was known then as the New Negro Movement had Harlem, bringing about the Harlem Renaissance. In fact, it is difficult to imagine what these artists or groups of artists would have been without being in that place. Similarly, artists were doing ecology before the discovery of climate change and the ecological crisis. In fact, artists from very different cultures have much to contribute to the climate debate and to revisions of nature as animate, creative and speaking to us. This course explores the artist as Ecocritic; extends the topic of art and nature into deep questions on the origins of creativity in the ecosphere, complexity theory and the tradition known as alchemy. Students will explore the importance of the nonhuman to the creative artist, including the literal space in which one creates, and consider ways to enhance their own creative ecology.

## The Healing Power of Creativity HMC 230, 3 Units

Art therapy, music therapy, dance therapy, sandtray therapy, psychotherapy, and narrative therapy are recently established therapeutic modalities in contemporary psychology. Other therapeutic forms such as bibliotherapy, landscape therapy, film therapy, horticultural therapy, and architectural therapy have also recently emerged. Though these forms of therapy are relatively new to Western psychology, they have ancient cross-cultural roots. This course will study those diverse and timeless roots, along with their contemporary manifestations in Western, non-Western and indigenous settings. Students will discuss the ethical implications of working with the creative psyches of others with the intent to heal or transform, while meditating on the kinship of the artist and therapist. Throughout the course, students will reflect upon the pieces of art, art forms, and creative practices that have been a source of personal healing and transformation.

## The Artist as Activist and Agent of Social Change

### **HMC 240, 3 Units**

Artistic expression has always had the power to raise consciousness and contribute to social change. The photographs of Dorothea Lange which chronicled the tragic poverty of the Great Depression, Upton Sinclair's novel The Jungle which highlighted the corruption of meatpacking industry at the turn of the 20th century, and the documentary films of Michael Moore. In fact, art and artists have played a powerful role in many revolutionary movements: for example, Mexican muralism which arose in the 1930's in post-revolutionary Mexico, and the Black Arts Movement in the United States during the 1960's. Great works of art often open up taboo

conversations: one recalls movies like *Guess Who's Coming to Dinner* which used humor to explore interracial relationships, and *Brokeback Mountain* which used tragedy to challenge heteronormality. Through examples like these and more, this course explores the artist as activist and agent of social change. Working in groups, students will select a social issue of importance to them, and use various forms of creative expression to raise critical consciousness.

## The Purpose and Power of the Moving Image HMC 180, 3 Units

Film is one of the most dominant mediums of contemporary life and culture. As such, it can inspire numerous archetypal connections and transformational themes via the cinematic framing of reality, the complex process of creating a story in the moving visual idiom, and through the use of mythic themes.

This course takes a relevant and useful approach to understanding films' vocabulary of form and mythic connections by carefully examining some specific mythological patterns contained within notable films and specific genres. The course will also explore selected films and television shows through archetypal and depth psychological lenses that will allow us to recognize and analyze archetypal patterns contained within them. Discussions will further include the amplifications of personal and cultural resonances contained within these mythic themes.

Primary aims of the course include heightening our awareness of film as a primary vehicle for personal and cultural narratives and cross-cultural understanding, while increasing our understanding of film's ability to give voice to the collective psyche. Students will also have the opportunity to creatively explore the course content by making their own short (30 sec – 1 min) video.

## Technology and the Psyche HMC 250, 3 Units

From the alphabet to motion capture, technologies have been integral to human expression. Technologies shape the landscape of the physical worlds we inhabit as well as the stories and images of the human experience. The interchange between technology and the psyche stimulates the flow of creative thinking, influences our dreams, and is the gift from the gods that fires human enterprise. This gift brings with it light (literally, as in the case of Edison's invention of the light bulb) and shadow (literally, as in the case of the atomic bombs which covered Hiroshima and Nagasaki in a shroud of darkness). A significant heritage of technology and psyche is alchemy. Thought to originate in Africa (Egypt), alchemy also emerged from ancient China and was developed in Islamic cultures in the medieval period before profoundly influencing the arts and sciences of medieval Europe. Linked to magic and astrology, alchemy was transported to America and continued in the arts. Adopted by C. G. Jung as historical precursor to his psychology, alchemy is the creative and symbolic technology of the soul. This course will therefore include alchemy as philosophical praxis rooted in the archetypal psyche. Students will consider how technology sculpts diverse cultures and affects not only the way we live, but more specifically, the ways we create and what we create. A particular focus will be placed on the Internet and digital technologies as a source of enchantment of, and within, human expression.

## Creativity, Vocation, and Alchemical Work HMC 260, 3 Units

Given the rapid technological and cultural changes of the twenty-first century, a program that prepares students for the creativity of soul in the world needs a space to develop ideas, theories and practices of vocation. To what are we "called" in our deepest selves? What is evoked within us that guides us to a life's work; the work of a life that is both an inner direction and an outer calling? Alchemy has long been regarded as the art of psychic, artistic, spiritual and social transformation. This course uses alchemy to orient the student to the depths of one's life work. The course will combine the study of alchemy as practical transformation and creativity, with imaginal knowing that opens a way into vocation, calling, and creativity that is applied to work in its economic, social, cultural and spiritual dimensions. While the first half of this course will use the lens of alchemy, the second will enable transformative practice of creativity within practical applications, such as finding new ways to promote creative work; developing outreach through the web; working new media in alchemical ways and

applying depth psychological processes to existing business, career and promotional models. Above all, the course seeks to re-configure vocation towards meaning in the context of alchemical transformation of psyche and world.

## Project Workshop I: Creative Dialogue and Design

**HMC 170, 3 Units** 

This asks students to work together in dyads or small groups to envision, design, and then create a shared artistic product that arises from a creative, collaborative dialogue between them. For example, an animator may pair with a dancer, a chef may pair with a painter, a poet may pair with a photographer, a writer may pair with a filmmaker and a musician, etc. Students share their process through online discussions and present their final outcomes during the residential session. Readings for the course focus on diverse understandings of the collaborative process and on examples of historic and contemporary creators who have worked together. *Pass/No Pass* 

## Project Workshop II: Creative Expression and Reflection

**HMC 270, 3 Units** 

This course takes place at the end of the second year. Students will reflect upon what they have learned in the program, and will create a project or portfolio that expresses and reflects their learning. This may take the form of a performance piece, a series of photographs, a collection of essays or

poetry, a digital media expression, collage work, sculpture, a film, etc. Students will share their work at the final residential session, and will submit an accompanying scholarly paper, which summarizes their learning and growth while in the program. Students are encouraged to incorporate issues of diversity and social justice as they take their creativity out into the world. *Pass/No Pass* 

## Selected Topics in Engaged Humanities HMC 280, 3 Units

Course content varies and may be repeated for credit.

## **Requirements for Graduation**

- 1. Students must complete a total of 48 units to fulfill the unit requirement for graduation.
- 2. A minimum grade of "C" is required in each completed course. A cumulative grade point average of 3.0 must be maintained.
- 3. Students must attend at least two-thirds of each course (both online and residential).

## **Executive Administration**

President/CEO	Joseph Cambray, Ph.D.
Provost	Peter M. Rojcewicz, Ph.D.
CFO	Larry Byer
General Counsel	Marvin E. Richards, Jr., JD

### **Board of Trustees**

Pacifica is supported by a uniquely gifted and hard-working Board of Trustees. They have fiduciary responsibility for the Institute, approving and monitoring the budget. The Board oversees all policy and long-range planning, and provides ongoing advice in their various areas of expertise. Their outstanding contributions and ongoing involvement are invaluable to the growth and well-being of the school.

## Thyonne Gordon, Ph.D., Chair

Holding a Ph.D. in Human and Organizational Development from Fielding Graduate University, Dr. Thyonne brings an extensive experiential background in organizational structure and management to Pacifica's Board of Trustees. Dr. Gordon is a Business Profit Strategist, Producer and Writer working with small business Executives to accelerate their growth through her proven methodology of S.T.O.R.Y. (Structure, Targets, Ownership, Relatability and YOU). She joined the Pacifica Board of Trustees in 2007 and became Chair in 2015.

## Nancy Swift Furlotti, Ph.D., Trustee

Nancy Swift Furlotti, Ph. D. is a Jungian Analyst in private practice in Carpinteria, CA. She is past president of the C.G. Jung Institute of Los Angeles, where she trained, and founding board member and a president of the Philemon Foundation. She has numerous publications and lectures internationally on Jungian topics, mythology, the environment, and narcissism. Dr. Swift Furlotti established the Carl Jung Professorial Endowment in Analytical Psychology at the Semel Institute for Neuroscience and Human Behavior at UCLA. She is also on the board of the Foundation for

Anthropological Research and Environmental Studies (FARES) and is delighted to have joined the Pacifica Graduate Institute Board of Trustees in 2014.

### Kate Hogensen, Trustee

Kate Hogensen is a strategic consultant in experiential and retention marketing for Fortune 500 companies across a variety of industries. She also do pro bono work for the International Association of Analytical Psychology and the CG Jung Institute of Chicago.

### Paul C. Hudson, J.D., Trustee

Paul is the founder and Managing Director of Hudson & Holland Advisors LLC, a financial advisory firm that assists nonprofit organizations with designing and implementing sustainability initiatives and planning, structuring, negotiating and implementing strategic restructures, including strategic mergers, collaborations and other nonprofit organizational alliances. He is the immediate past Chairman and CEO of Broadway Federal Bank, a certified Community Development Financial Institution that has operated in South Los Angeles since 1947. His practice also includes executive coaching and conducting seminars and workshops for executives on "Understanding Financial Statements" and "Strategic Restructuring". Paul received his BA in Political Science from the University of California at Berkeley and his JD from the U.C. Berkeley School of Law. He is a member of the State of California and District of Columbia bars. Paul joined the Pacifica Graduate Institute Board of Trustees in 2016.

### Frank McMillan, Trustee

Frank McMillan is an award-winning author, educator, and speaker—and the founder of the McMillan Institute for Jungian Studies in Houston, Texas. He currently lectures in Physical and World Geography at Texas A&M University in Corpus Christi.

## Thomas L. Steding, Ph.D., Trustee

Dr. Steding has been CEO of over ten high tech companies and active Chairman of several others. He is also Chairman and Founder of Quadrix Partners, a leadership consulting organization providing powerful leading edge consultation and intervention for creating high execution organizations. Dr. Steding holds a Ph.D. in Electrical Engineering from University of California, Berkeley, California, and

a MS in Management (Sloan Fellow) from Stanford University Graduate School of Business, Stanford, California where he graduated top of his class. He was a commissioned officer and the Distinguished Graduate of Armor Officer Basic at Ft. Knox, Kentucky. He is the co-author of <u>Built on Trust – How to Gain Competitive Advantage in Any Organization</u>, Contemporary Press, 2000, and <u>Leadership in Depth</u>, currently in preparation. Dr. Steding joined the Pacifica Graduate Institute Board of Trustees in 2013.

### Dick Osborn, Ph.D., Trustee

Dr. Osborn spent 49 1/2 years in K-university education as a 7th/8th grade classroom teacher and principal, parochial high school teacher/principal, superintendent, college president, and accreditation officer. He has a bachelor's degree in history from Columbia Union College and a master's and Ph.D. in history from the University of Maryland. He and his wife have two children who have given birth to five grandchildren. He is retired living in Moreno Valley, CA. Dr. Osborn joined the Pacifica Graduate Institute Board of Trustees in 2021.

### **PROGRAM CHAIRS**

Matthew Bennett, Psy.D, serves as Core Faculty and Co-Chair of the Counseling Psychology Department. Matthew is a licensed clinical psychologist, lecturer, and administrator with experience in public sector mental health and substance abuse treatment. He has broad experience in program development. He was formerly founder and first Director of Training for the Ventura County Behavioral Health Pre-Doctoral Internship in Clinical Psychology and Chair-Elect of the Psychology Department at Ventura County Medical Center in Ventura, California. His research interests include personality disorders, comparative personality theory, and internet applications for mental health. Dr. Bennett is also a returned Peace Corps volunteer (Poland III, 1991-1993).

Jemma Elliot, M.A., L.M.F.T., L.P.C.C., serves as Department Co-Chair and Core Faculty for Pacifica Graduate Institute's Counseling Psychology Department. She supports administrative, curricular, and developmental aspects of the Department, as well as teaches both research and clinical courses in the M.A. Counseling Psychology Program. Jemma has a clinical focus on adoption and separation trauma, and has provided trainings and spoken on panels to advance the understanding of the needs of children and families on the adoption spectrum throughout Los

Angeles County. She also has a special interest in working with PTSD from a depth psychological perspective, and in witnessing and hosting the extrasensory gifts and energetic awakenings that often arise in clients after traumatic experiences. Jemma is a Clinical Member of the California Association for Marriage and Family Therapists. She has a great love for the arts, and is a long-time advocate for farmed animal and greyhound rescue and rehabilitation.

**Peter Dunlap, Ph.D.,** serves as the Acting Chair for the Clinical Ph.D. and Psy.D. Programs. Peter Dunlap is a psychologist working in private and political practice. He is engaged in research at the interface between Jung's thinking about the role of the psychological attitude in the future transformations of the human species, systems-centered group theory and practice, and emotion-focused psychotherapy for individuals and groups.

Glen Slater, Ph.D., is Core Faculty and Co-Chair of the Jungian and Archetypal Studies specialization of the Depth Psychology program at Pacifica. Glen studied psychology and comparative religion at The University of Sydney before coming to the United States in 1992 for doctoral work in clinical psychology. He has been teaching at Pacifica for over twenty years and is currently the Associate Chair of the Jungian and Archetypal Studies specialization. He also teaches in the Mythological Studies program. His publications have appeared in a number of Jungian journals and essay collections, and he edited and introduced the third volume of James Hillman's Uniform Edition, Senex and Puer, as well as a collection of faculty writings, Varieties of Mythic Experience: Essays on Religion, Psyche and Culture. Beyond his work in Jungian and Archetypal Psychology, he writes on psyche and film as well as the psychology of technology. He lectures internationally in these areas of interest.

**Keiron Le Grice, Ph.D.** is Core Faculty and Co-Chair of the Jungian and Archetypal Studies specialization of the Depth Psychology program at Pacifica. He was educated at the University of Leeds, England (B.A. honors Philosophy and Psychology) and the California Institute of Integral Studies in San Francisco (M.A. and Ph.D. Philosophy and Religion).

**Susan James, Ph.D.**, serves as Core Faculty and Chair of the Community, Liberation, Indigenous, and Eco-Psychologies specialization, and is a community psychologist and digital media producer.

Dr. James' work focuses on understanding cultural ecologies and disseminating social science research findings using visual design solutions and film, a practice she pioneered over a decade ago. Dr. James established innovative action research agendas and directed large-scale projects while holding senior positions at New York University, University of Chicago, and the National Center on Addiction and Substance Abuse (CASA) at Columbia University. Her own research focuses on structural violence as a determinant of well-being, and is published in American Journal of Community Psychology and Violence Against Women. She created Research Imaging Productions, a research and design consultancy that conducts social research and produces digital communications products for the nonprofit sector. She earned a B.A. from Sarah Lawrence College and a Ph.D. from New York University. Dr. James has been a guest member of the psychology faculty at Sarah Lawrence College, and a faculty member in the department of Africology at University of Wisconsin-Milwaukee.

Rae Johnson, Ph.D., RSMT, is Core Faculty and Co-Chair of the Community, Liberation, Indigenous, and Eco-Psychologies specialization. Dr. Johnson presents internationally on the embodied experience of oppression and somatic research methods, and is the author of *Knowing in Our Bones*, a study on the embodied knowledge of somatic educators, and *Elemental Movement*, a movement practice that integrates cross cultural somatic literacy with the depth-oriented expressive arts. She has held academic leadership roles in somatic psychology at the Santa Barbara Graduate Institute, Naropa University, Meridian University and the Chicago School of Professional Psychology.

**Evans Lansing Smith, Ph.D.**, serves as Core Faculty and Chair of the Mythological Studies program. Dr. Smith has degrees from Williams College, Antioch International, and The Claremont Graduate School. He is the author of ten books and numerous articles on comparative literature and mythology, and has taught at colleges in Switzerland, Maryland, Texas, and California. In the late 1970s, he traveled with Joseph Campbell on study tours of Northern France, Egypt, and Kenya, with a focus on the Arthurian Romances of the Middle Ages and the Mythologies of the Ancient World.

**Juliet Rohde-Brown, Ph.D.**, serves as Core Faculty and Chair of the Integrative Therapy and Healing Practices specialization. Her articles and reviews have been published in journals such as Psychological Perspectives, Journal of Divorce and remarriage, and the Journal of Humanistic

Psychology, among others. Her main areas of interest are in what is currently referred to as the biofield and in transpersonal inquiry. Dr. Rohde-Brown is past-president of Imagery International, an organization composed of health and wellness practitioners who honor the roe of the imagination of healing. She is a founding board member of Tierra Sagrada: Sacred Earth Foundation, an organization that honors and advocates for indigenous ways of knowing. She has introduced role play, trauma education, and compassion-somatic-based imagery practices to inmates at Cocoran Prison as a volunteer through Restorative Justice Resources and she has facilitated workshops and retreats at La Casa de Maria and other venues. She has been involved with meditative practices for the past two decades and she is a licensed psychologist with a small practice in Carpinteria.

Mary Antonia Wood, Ph.D., serves as Associate Core Faculty and Chair of the Depth Psychology and Creativity program. She is the owner of <a href="Talisman Creative Mentoring">Talisman Creative Mentoring</a>, a practice that supports artists and creators of all types. Through one-on-one consultations, group workshops and classes, Wood assists creative individuals who desire a stronger and more authentic connection to the deepest archetypal sources of creativity. Wood has been a visual artist for over twenty years, working in a variety of media. Her work has been featured in numerous solo and group exhibitions and has been collected by both public institutions and individuals. In addition, she has collaborated with writers and artists on public art commissions. Wood received her doctorate in Mythological Studies from Pacifica Graduate Institute where her thesis was entitled, "The Archetypal Artist: Reimagining Artistic Expression at the Crossroads of Fate and Free Will." In addition to mentoring fellow artists, Wood is currently at work on a book for creators of all types based on her doctoral and post-doctoral research on the archetypal forces that shape a creative life.

### PH.D. and PSY.D. PROGRAMS IN CLINICAL PSYCHOLOGY

Acting Chair, Peter Dunlap, Ph.D.

Associate Chair, Michael Sipiora, Ph.D.

Program Administrator, Vaughn Zitzer

Director of Clinical Training, Charles Eckhart, Ph.D.

Director of Research and Research Coordinator, Michael Sipiora, Ph.D.

Clinical Training Coordinator, Andrea Alfaro

Student Affairs Coordinator, Susan Evergreen Hericks, Ph.D.

### COUNSELING PSYCHOLOGY DEPARTMENT

Co-Chair, Matthew Bennett, Psy.D., Licensed Psychologist

Co-Chair, Jemma Elliot, M.A., L.M.F.T., L.P.C.C.

Department Administrator, Lori Myers, M.S.

Program Administrators, Amy Nash, M.S.S., Ana Guerrero, Ph.D.

Student Affairs Coordinator, Oralia Limon, M.S.

E-Learning Administrator, Maddie Hodges, M.Ed.

Director of Clinical Training, Michele Wolf, M.A., L.M.F.T.

Clinical Practicum Associate II, Cynthia Fredericksen, M.A., L.M.F.T.

Clinical Practicum Associate II, Taryn Holvick, M.A., L.M.F.T.

Clinical Practicum Coordinator, Tania Parra-Marin

Director of Research, M.A. Counseling Program, Gioia Jacobson, M.A., L.M.F.T.

Director of Research, Psy.D. Counseling Program, Jaclyn Deilgat, Ph.D.

Process of Psychotherapy Coordinator, Jorgé de la O, M.A., L.M.F.T., S.T.R., Jungian Analyst Faculty Liaison, Kathee Miller, M.A., L.M.F.T.

### M.A. /PH.D. PROGRAM IN DEPTH PSYCHOLOGY

Specialization Co-Chairs, Jungian and Archetypal Studies, Keiron Le Grice, Ph.D. and Glen Slater, Ph.D.

Research Coordinator, Jungian and Archetypal Studies, Keiron LeGrice, Ph.D.

Program Administrator, Jungian and Archetypal Studies, Nina Falls

Research Coordinator, Somatic Studies, Rae Johnson, Ph.D.

Specialization Chair, Community, Liberation, Indigenous, Eco-Psychologies Susan James, Ph.D.

Specialization Co-Chair, Community, Liberation, Indigenous, Eco-Psychologies, Rae Johnson, Ph.D.

Program Administrator, Community, Liberation, Indigenous, Eco-Psychologies, Nina Falls

Community and Ecological Fieldwork Coordinator, Community, Liberation, Indigenous, Eco-

Psychologies, Rae Johnson, Ph.D.

Research Coordinator, Community, Liberation, Indigenous, Eco-Psychologies, Susan James, Ph.D.

Coverdell Fulbright Advising, Community Liberation, Indigenous, Eco-Psychologies, Nuria Ciofalo, Ph.D.

## PH.D. PROGRAM IN DEPTH PSYCHOLOGY WITH SPECIALIZATION IN INTEGRATIVE THERAPY AND HEALING PRACTICES

Specialization Chair, Juliet Rohde-Brown, Ph.D.

Program Administrator, Susan Evergreen Hericks, Ph.D.

Director of Research and Research Coordinator, Elizabeth Nelson, Ph.D.

### M.A. PROGRAM IN DEPTH PSYCHOLOGY AND CREATIVITY

Chair, Mary Wood, Ph.D.

Program Administrator, Nina Falls

### M.A. /PH.D. PROGRAM IN MYTHOLOGICAL STUDIES

Chair, Evans Lansing Smith, Ph.D.

Program Administrator, Sondra Gatewood

Associate Chair and Research Coordinator, Patrick Mahaffey, Ph.D.

### **DISSERTATION OFFICE**

Dissertation Process Supervisor, Deborah Cluff, Ph.D.

Chair, Graduate Research Council, Rae Johnson, Ph.D.

Dissertation Administrator, Angie Jimenez

Dissertation Administrator, Meadow Rhodes

## **Core and Adjunct Faculty**

### Stephen Aizenstat

Ph.D., Clinical Psychology, Fielding Graduate University

PUBLICATIONS INCLUDE: DreamTending; Imagination and Medicine (co-editor)

AREAS OF EMPHASIS: Depth Psychotherapy; Dream Research; Archetypal Psychology

### **Avrom Altman, Professor Emeritus**

M.A., University of Missouri, Kansas City; Licensed Marriage and Family Therapist; Licensed Professional Counselor; Certified Hakomi Psychotherapist

AREAS OF EMPHASIS: Research in Psychology; Directed Research; Clinical Practice, Process of Psychotherapy; Group Process; Body-Centered Depth Psychotherapy; Human Sexuality; Matrixial Borderspace and Aesthetics

### Megan Auster-Rosen

Psy.D., Adult Clinical Psychology, Yeshiva University, Ferkauf Graduate School of Psychology AREAS OF EMPHASIS: Interpersonal / relational psychotherapy; Trauma focused therapy; Psychosocial Support; Research in Psychology

#### **Matthew Bennett**

Psy.D., Clinical Psychology, Georgia School of Professional Psychology

AREAS OF EMPHASIS: Diagnosis and treatment of personality disorders; Comparative Personality theory;

Psychology in Literature and Art; Psychological assessment and testing

### **Patricia Berry**

Ph.D., Psychology, University of Dallas, Braniff Graduate School

PUBLICATIONS INCLUDE: Echo's Subtle Body: A Contribution to Archetypal Psychology; Image in Motion;

Rules of Thumb; A Little Light

AREAS OF EMPHASIS: Jungian Analyst, Archetypal Psychology

### Allen Bishop, Professor Emeritus

Ph.D., Educational Psychology, University of Southern California; Certified Psychoanalyst, Psychoanalytic Center of California; Licensed Psychologist

AREAS OF EMPHASIS: Psychoanalysis; Music and Psychoanalysis; Psychoanalytic Practice

#### **Kesstan Blandin**

Ph.D., Depth Psychology, Pacifica Graduate Institute

PUBLICATIONS INCLUDE: The Emotional Journey of the Alzheimer's Family

AREAS OF EMPHASIS: Dementia, Therapeutic research intervention design, Self and identity in

consciousness

### **Barbara Boyd**

M.A., Counseling Psychology, Pacifica Graduate Institute

AREAS OF EMPHASIS: Depth Psychology, Trauma, Attachment, The sacred feminine

### **Fanny Brewster**

Ph.D., Clinical Psychology, Pacifica Graduate Institute; M.F.A., Creative Writing, Goucher College PUBLICATIONS INCLUDE: Archetypal Grief: Slavery's Legacy of Intergenerational Child Loss AREAS OF EMPHASIS: Depth, Archetypal and Jungian Psychology; Integrative Therapy and Healing Practices; Dreams, Creative Writing and Mythology

#### **James Broderick**

Ph.D., Clinical Psychology & Community Change, California School of Professional Psychology, San Diego; Licensed Clinical Psychologist

AREAS OF EMPHASIS: Evidence-Based Practices and Diagnostics; Phenomenology; Critical Theory (of Frankfurt School of Social Research); Sand Tray Therapy; Humanistic-Existential Psychology; Innovative Approaches to Serious Mental Illness; Depth Psychology in Management

### Joseph Cambray

Ph.D., Chemistry, University of California, Berkeley

Certified Jungian Analyst, C. G. Jung Institute, Boston

PUBLICATIONS INCLUDE: Synchronicity: Nature and Psyche in an Interconnected Universe; Analytical Psychology: Contemporary Perspectives in Jungian Analysis, (ed).

### **Edward Casey**

Ph.D., Philosophy, Northwestern University

PUBLICATIONS INCLUDE: Imagining: A Phenomenological Study; Getting Back Into Place; Spirit and Soul: Essays in Philosophical Psychology

AREAS OF EMPHASIS: Philosophical foundations of archetypal psychology; Phenomenological psychology; Phenomenology and hermeneutics; Ecopsychology; Frontiers of depth psychology; Somatic psychology

#### Jane Castillón

M.A., Counseling Psychology, Southern Illinois University at Carbondale

## **Emily Chow-Kambitsch**

Ph.D., Classics, University College London (UCL)

PUBLICATIONS INCLUDE: An Alternative 'Roman Spectacle': Fragmentation, Invocations of Theatre, and Audience Engagement Strategy in Kalem's 1907 Ben-Hur

AREAS OF EMPHASIS: Greek and Latin language and literature; Greco-Roman mythology; Greek tragedy;

#### **Nuria Ciofalo**

Ph.D., University of Hawaii

AREAS OF EMPHASIS: Depth psychology applied to community studies; Jungian approaches to youth development; Ethno-cultural aspects in depth psychology; Indigenous psychologies; Participatory action research; Indigenous approaches to knowledge generation; Depth psychology and psychodrama; Archetypal psychology and cultural issues; Liberation psychology

#### Joseph Coppin, Professor Emeritus

Ph.D., Clinical Psychology, Pacifica Graduate Institute; Licensed Marriage & Family Therapist PUBLICATIONS INCLUDE: *The Art of Inquiry: A Depth Psychological Approach*AREAS OF EMPHASIS: Depth Psychology; Clinical Practice; Therapeutic Dialogue; Organizational Psychology; Depth Psychological Approaches to Research

#### **Lionel Corbett**

M.D., University of Manchester; Certified Jungian Analyst, C.G. Jung Institute, Chicago
PUBLICATIONS INCLUDE: The Religious Function of the Psyche; The Sacred Cauldron: Psychotherapy as a
Spiritual Practice; Psyche and the Sacred: Spirituality Beyond Religion
AREAS OF EMPHASIS: Religious Function of the Psyche; Interface of Analytical Psychology and

Psychoanalytical Theories

## **Roger Dafter**

Ph.D., Clinical Psychology, University of North Texas, Licensed Clinical Psychologist Ph.D., Behavioral Medicine, University of North Texas

## Jorgé de la O

M.A., Counseling Psychology, Pacifica Graduate Institute; Licensed Marriage & Family Therapist AREAS OF EMPHASIS: Chicano Studies; Process of Psychotherapy; Group Process; Domestic Violence; Jungian Psychology; Sand Play

## **Jaclyn Deilgat**

Ph.D., Clinical Psychology with an emphasis in Depth Psychology, Pacifica Graduate Institute AREAS OF EMPHASIS: defense mechanisms, archetypes, schemas, cognitive distortions, and socio-political-historical influences on psychology functioning.

## **Alonso Dominguez**

M.A., Counseling Psychology, Pacifica Graduate Institute

AREAS OF EMPHASIS: Therapy for at-risk youth, Marriage Family Therapy

## **Christine Downing, Professor Emerita**

Ph.D., Religion & Culture, Drew University

PUBLICATIONS INCLUDE: The Luxury of Afterwards; Prelude: Essays in Ludic Imagination; Disturbances in the Field: Essays in Honor of David L. Miller (editor); Gleanings: Essays 1982-2006

AREAS OF EMPHASIS: Greek Mythology; Women's Studies; Psychoanalysis

#### **Peter Dunlap**

Ph.D., Psychology, Institute of Imaginal Studies

AREAS OF EMPHASIS: Systems-centered group theory and practice; Emotion-focused psychotherapy; Jungian political psychology

#### Jemma Elliot

M.A., Pacifica Graduate Institute; Licensed Marriage and Family Therapist; Licensed Professional Clinical Counselor

AREAS OF EMPHASIS: adoption and separation trauma; PTSD from a depth psychological perspective

#### **Michael Elliott**

Ph.D., Clinical Psychology, with Emphasis in Marriage And Family Therapy, United States International University; Licensed Clinical Psychologist; MFT Certified Supervisor.

AREAS OF EMPHASIS: Philosophical Psychology; Archetypal, Existential, and Imaginal Psychotherapy; Soul-Centered and Eros-Focused Couples and Family Therapy; The Narration and Phenomenology of Desire; Assessment, Diagnosis, and Treatment of Learning Disabilities; Attention Deficit Disorder and Behavior Disorders in Children and Adolescents.

#### David M. Fetterman

Ph.D., Educational and Medical Anthropology, Stanford University

AREAS OF EMPHASIS: educational evaluation; ethnography; educational technology; policy analysis; programs for dropouts and gifted and talented education

## **Carolyn Finney**

Ph.D., Geography, Clark University

#### **Matthew Fishler**

Ph.D., Clinical Psychology, Pacifica Graduate Institute; J.D., U.C.L.A.

AREAS OF EMPHASIS: Jungian analytic, psychoanalytic, existential, and mindfulness-based approach

#### Stephen P. Fitzgerald

Ph.D., Organizational Psychology, Alliant International University

#### **Sukey Fontelieu**

Ph.D., Psychoanalytic Studies, University of Essex; Licensed Marriage & Family Therapist AREAS OF EMPHASIS: Jungian and Archetypal Theory; Mythological Studies; Clinical Issues

#### **Cynthia Fredericksen**

M.A., Counseling Psychology, Pacifica Graduate Institute

AREAS OF EMPHASIS: Depth Psychotherapy; Jungian Analysis; Alchemy, Fairytales, dreams, and copper etching; Individual, group, and family counseling

#### Elisabeth Gonella

M.A., Counseling Psychology, Pacifica Graduate Institute

AREAS OF EMPHASIS: Marriage and Family Therapy; Wilderness Therapy; Gestalt based group therapy;

Expressive arts; Depth Psychology

## Veronica Goodchild, Professor Emerita

Ph.D., Clinical Psychology, Pacifica Graduate Institute

PUBLICATIONS INCLUDE: Eros and Chaos: The Sacred Mysteries and Dark Shadows of Love; Songlines of

the Soul: Pathways to New Vision for a New Century

AREAS OF EMPHASIS: Jungian Thought and Practice; Imaginal Perspectives in Research; Dreams; Religious

Experience; Synchronicity; Anomalous Encounters

#### **Matthew Green**

Ph.D., Depth Psychology, Pacifica Graduate Institute; M.S., International Agricultural Development, University of California, Davis

## **Gary Groth-Marnat, Professor Emeritus**

Ph.D., Clinical Psychology, California School of Professional Psychology, San Diego; Diplomate American Board of Professional Psychology (Clinical); Diplomate American Board of Assessment Psychology; Licensed Psychologist

PUBLICATIONS INCLUDE: Neuropsychological Assessment in Clinical Practice: A Practical Guide to Test Interpretation and Integration; Handbook of Psychological Assessment; Integrative Assessment of Adult Personality

AREAS OF EMPHASIS: Psychological Assessment; Eating Disorders; Dreams of Terminally III Patients; Clinical Hypnosis; Near Death Experience

## **Maren Tonder Hansen**

Ph.D., Psychology, Saybrook Graduate School; M. Div., Starr King School for the Ministry; Licensed Marriage,

Family and Child Therapist; Ordained Unitarian Universalist Minister

PUBLICATIONS INCLUDE: Mother Mysteries; Teachers of Myth

AREAS OF EMPHASIS: Psychological and Educational Uses of Myth; Women's Spirituality; Human

Development

## Benjamin Heilveil

M.A., Counseling Psychology, Pacifica Graduate Institute

AREAS OF EMPHASIS: Depression, Child or Adolescent Counseling, Trauma

## **Taryn Holvick**

M.A., Counseling Psychology, Pacifica Graduate Institute

AREAS OF EMPHASIS: Adolescent and Young Adult Counseling; Counseling Psychology

#### Gioia Jacobson

M.A., Counseling Psychology, Pacifica Graduate Institute

AREAS OF EMPHASIS: Creative Writing; Holistic Medicine; Yoga; Counseling Psychology

#### **Susan James**

Ph.D., Community Psychology, New York University

AREAS OF EMPHASIS: Racial socialization; Structural violence, Indigenous technologies

#### Rae Johnson

Ph.D., Holistic and Aesthetic Education, University of Toronto

#### **Patricia Katsky**

Ph.D., Sociology, University of California, Los Angeles; Certified Jungian Analyst, C.G. Jung Institute of Los Angeles; Licensed Marriage & Family Therapist

AREAS OF EMPHASIS: Dreamwork; Training and Growth of Therapists; Religious Function of the Psyche

#### **Aaron Kipnis, Professor Emeritus**

Ph.D., Clinical Psychology, Pacifica Graduate Institute; Licensed Clinical Psychologist

PUBLICATIONS INCLUDE: The Midas Complex: How Money Drives Us Crazy and What We Can Do About It;

Knights Without Armor; What Women and Men Really Want; Angry Young Men AREAS OF EMPHASIS:

Gender Studies; Depth Psychology; Psyche and Culture; Clinical Psychology; Ecopsychology; Research

#### Allen D. Koehn, Professor Emeritus

D.Min., Fuller Theological Seminary; Certified Jungian Analyst, C.G. Jung Institute, Los Angeles; Licensed Marriage & Family Therapist

AREAS OF EMPHASIS: Theoretical Foundations of Depth Psychology; Myth, Literature, and Religion; The Trickster; The Creative Process

#### **Keiron Le Grice**

Ph.D., Philosophy and Religion, California Institute of Integral Studies

PUBLICATIONS INCLUDE: The Rebirth of the Hero: Mythology as a Guide to Spiritual Transformation; The Archetypal Cosmos: Rediscovering the Gods in Myth, Science and Astrology; Discovering Eris: The Symbolism and Significance of a New Planetary Archetype

#### **Helene Lorenz, Professor Emeritus**

Ph.D., Philosophy, Tulane University; Diploma in Analytical Psychology from C.G. Jung Institute

## Kathryn Madden

Ph.D., Psychology and Religion, Union Theological Seminary, Licensed Psychoanalyst. PUBLICATIONS INCLUDE: *Dark Light of the Soul* 

#### Michael Madden

M.A., Experimental Psychology, Northeastern University; M.A. Clinical Psychology, Antioch University AREAS OF EMPHASIS: Trauma and Recovery; Couples and Family Systems Therapy; Domestic Violence Assessments and Treatment; Spiritual and Buddhist Approaches to Psychotherapy & Transformation

#### **Patrick Mahaffey**

Ph.D., Religious Studies, University of California, Santa Barbara

AREAS OF EMPHASIS: Hindu Traditions, Buddhist Traditions, Contemplative Yoga and Mysticism, Psychology and Religion

#### **Chris Miller**

Ph.D., Mythology, Pacifica Graduate Institute

AREAS OF EMPHASIS: Analytical Psychology; Depth Psychology; Cinema and Culture

#### Kathee Miller

M.A., Antioch University, Santa Barbara; Licensed Marriage and Family Therapist

AREAS OF EMPHASIS: Process of Psychotherapy; Clinical Practice; Imaginal Psychology; Active Imagination and Sandplay; Authentic Movement—A Pathway to Psyche; The Body as Sacred Text; Symbol & Image in Visual Art

## **Angela Mohan**

M.A., Marriage and Family Therapy, Phillips Graduate Institute; Licensed Marriage and Family Therapist AREAS OF EMPHASIS: Couples, Adolescents, Family Systems; Interpersonal Dynamics; Philosophy and Rituals; Multi-cultural Issues; Legal and Ethical Issues in the Helping Professions; Use of Literature and Film in Therapy

## **Mark Montijo**

Ph.D., Clinical Psychology, Pacifica Graduate Institute; Marriage and Family Therapist AREAS OF EMPHASIS: Native American Healers; Anima Mundi; Sacred Work of a Psychotherapist

#### **Elizabeth Nelson**

Ph.D., Depth Psychology, Pacifica Graduate Institute

PUBLICATIONS INCLUDE: The Art of Inquiry: A Depth Psychological Perspective, (co-authored); Psyche's

Knife: Archetypal Explorations of Love and Power

AREAS OF EMPHASIS: Research Methodologies and Dissertation Development

#### Marilyn Owen

M.A., Counseling Psychology, Pacifica Graduate Institute

AREAS OF EMPHASIS: Somatic interventions, imaginal/creative process, Tibetan Buddhism; Integral Philosophy, and Depth Astrology

#### **Avedis Panajian**

Ph.D., Clinical Psychology, U.S. International University; Certified Psychoanalyst; Training and Supervising Analyst; Licensed Psychologist; Diplomate in Clinical Psychology, American Board of Professional Psychology AREAS OF EMPHASIS: Clinical Psychoanalysis; Psychopathology; Primitive Mental States

#### **Ifat Peled**

Ph.D., Clinical Psychology

AREAS OF EMPHASIS: Depth Psychology; Adolescence Development and Psychopathology; Human Development; Personality Disorders; Mindfulness; Dreams and Healing

#### **Elizabeth Perluss**

Ph.D., Depth Psychology, Pacifica Graduate Institute; Licensed Marriage and Family Therapist and Credentialed School Counselor

AREAS OF EMPHASIS: Ecopsychology; Wilderness rites of passage; Jungian psychology

## Lori Pye

Ph.D., Mythological Studies with an Emphasis in Depth Psychology, Pacifica Graduate Institute AREAS OF EMPHASIS: Health; Environmental and Marine Conservation; Ecopsychology

#### Juliet Rohde-Brown

Ph.D., Clinical Psychology, Fielding Graduate University

PUBLICATIONS INCLUDE: Imagine Forgiveness (2010); Exploring Disability from the Lens of Humanistic Psychology (chapter in Humanistic Approaches to Multiculturalism and Diversity: Perspectives on Existence and Difference (2019) Edited by L. Hoffman, H. Cleare-Hoffman, N. Granger, and D. St. John), Routledge. AREAS OF EMPHASIS: Forgiveness, Spiritual inquiry

## Robert Romanyshyn, Professor Emeritus

Ph.D., Clinical Psychology, Duquesne University; Affiliate Member of The Inter-Regional Society of Jungian Analysts

PUBLICATIONS INCLUDE: The Wounded Researcher: Research with Soul in Mind; Ways of the Heart: Essays toward an Imaginal Psychology; Mirror and Metaphor: Images and Stories of Psychological Life; Technology as Symptom and Dream; The Soul in Grief: Love, Death, and Transformation; and Psychological Life: From Science to Metaphor

AREAS OF EMPHASIS: Imaginal Psychology as the Outcome of a Dialogue between Phenomenology and Jungian Psychology and Its Application to Research, Cultural Issues, and Psychotherapy; Exile, Homecoming and the Mythic Roots of Technology; Writing Down the Soul and the Creative Process; Issues of Language and Embodiment

#### Safron Rossi

Ph.D., Mythological Studies with emphasis in Depth Psychology, Pacifica Graduate Institute

PUBLICATIONS INCLUDE: Joseph Campbell *Goddesses: Mysteries of the Feminine Divine* (editor); *Jung on Astrology* (editor)

AREAS OF EMPHASIS: Archetypal Astrology and Cosmology; Mythology; Goddess Studies; Archetypal Psychology

#### **Susan Rowland**

Ph.D., Literature and Depth Psychology, University of Newcastle

PUBLICATIONS INCLUDE: The Ecocritical Psyche: Literature, Complexity, Evolution, and Jung; C.G. Jung in the Humanities; Jung as a Writer; Jung: A Feminist Revision; From Agatha Christie to Ruth Rendell; C.G. Jung and Literary Theory; Psyche and the Arts (editor)

AREAS OF EMPHASIS: Depth psychology; Jung; Writing; Literature; the Arts; Gender; Feminism; Ecocriticism; Ecopsychology; Poetry

## Robert A. Ryan

Ph.D., Counseling Psychology, University of South Dakota-Vermillion

#### Chela Sandoval

Ph.D., University of California, Santa Cruz

#### **Gregor Sarkisian**

Ph.D., Community Psychology, University of Missouri, Kansas City, Postdoctoral fellow in the Clinical Services Researching Training Program at the Department of Psychiatry, University of California, San Francisco (UCSF) AREAS OF EMPHASIS: Community Psychology: Theories and Methods; Community Consultation and Collaboration; Program Development and Evaluation; Prevention and Promotion, Power, Empowerment, and Community Practice; Community Organizing; Community Coalition Building; Qualitative Interviewing; Field Study in Applied Community Psychology.

#### Michael Selby

Ph.D., Clinical Psychology, University of Memphis

AREAS OF EMPHASIS: Assessment of learning disabilities and forensic psychology

#### **Elizabeth Schewe**

Ph.D., Clinical Psychology with a specialization in Depth Psychology, Pacifica Graduate Institute

AREAS OF EMPHASIS: Psychodynamic Psychotherapy; Eating Disorders; The Meaning of Voice and Selfdisclosure in Eating Disorder Recovery; Yoga and Mindfulness

#### Jeanne Schul

Ph.D., Depth Psychology, Pacifica Graduate Institute

AREAS OF EMPHASIS: Somatic Movement Therapy; Dance; Therapeutic Work in Dreams; Reiki and Somatic Movement Therapy; Yogic Chakra System and Dance Improvisation

## **Mady Schutzman**

Ph.D., Performance Studies, New York University

PUBLICATIONS INCLUDE: The Real Thing: Performance, Hysteria, and Advertising; Playing Boal: Theatre,

Therapy, Activism; A Boal Companion: Dialogues on Theatre and Cultural Politics

AREAS OF EMPHASIS: Ritual; Theatre and Social Justice; Trickster Figure in Culture; Humor/Comedy/Parody

## Michael P. Sipiora

Ph.D., Psychology with a concentration in Literature, University of Dallas; Licensed Clinical Psychologist AREAS OF EMPHASIS: Phenomenological philosophy and psychology; Archetypal psychology; Narrative, hermeneutics, and rhetoric; Critical theory; Organizational development.

## **Glen Slater**

Ph.D., Clinical Psychology, Pacifica Graduate Institute

PUBLICATIONS INCLUDE: Senex and Puer (editor); Varieties of Mythic Experience (editor)

AREAS OF EMPHASIS: Jungian and Archetypal Psychology; Psychology and Religion; Cinema and Psyche; Psychology and Technology

#### **Dennis Patrick Slattery, Professor Emeritus**

Ph.D., Literature & Phenomenology, University of Dallas

PUBLICATIONS INCLUDE: Harvesting Darkness: Essays on Literature, Myth, Film and Culture; Casting the Shadows; Grace in the Desert: Awakening to the Gifts of Monastic Life; Just Below the Water Line; Depth Psychology: Meditations in the Field (editor)

AREAS OF EMPHASIS: Psyche and Nature; Literary Classics; Genre Theory; Theories of Mytho-poeisis; Pedagogy; Body and Psyche; Epic Narrative; Phenomenology; Joseph Campbell's Theory of Myth

## **Evans Lansing Smith**

Ph.D. Comparative Literature, Claremont Graduate School

PUBLICATIONS INCLUDE: Sacred Mysteries: Myths about Couples in Quest; The Descent to the Underworld in Literature, Painting, and Film: The Modernist Nekyia; Figuring Poesis: A Mythical Geometry of Postmodernism

AREAS OF EMPHASIS: Myth in Literature from Antiquity to Postmodernism; Arthurian Romances; The Hermetic Tradition

## Paul W. Speer

Ph.D., Baker University

#### **Brian Stachowiak**

M.A., Counseling Psychology, Pacifica Graduate Institute

AREAS OF EMPHASIS: empowerment and cultivation of PGBT personhood that honors and values the social role and visionary aspects of the LGBT experience from an affirmative and psychodynamic Jungian orientation

#### Zaman Stanizai

Ph.D., Political Science, University of Southern California; M.A. Linguistics, University of Washington AREAS OF EMPHASIS: Islamic Studies; Theosophy, Political Philosophy; Islamic Mysticism; Sufism; Poetic Expression in Mystic Thought

#### **Thomas Steffora**

M.A., Counseling Psychology, Pacifica Graduate Institute

AREAS OF EMPHASIS: Archetypal Psychology; Philosophically-Informed Psychology; Medically-integrative Therapy; Somatic Symptom Pathology; Phenomenological Modalities; Systems-focused Couples and Individual Psychotherapy

#### **Andrew Teton**

M.A., Clinical Psychology, Antioch University, Santa Barbara; Licensed Marriage and Family Therapist AREAS OF EMPHASIS: Theories of Psychotherapy; Marriage, Couples, and Family Systems; Law and Ethics; Clinical Skills; Group Psychotherapy; Trauma Recovery; Body Inclusive Therapeutic Approaches; California Licensing Preparation

#### **Paula Thomson**

Psy.D., Psychology, American Behavioral Studies Institute; Licensed Clinical Psychologist AREAS OF EMPHASIS: Developmental Psychology through Adolescence, Strong Focus on Neurobiology and Attachment Theory

## **Joanna Walling**

M.A., Counseling Psychology, Pacifica Graduate Institute

AREAS OF EMPHASIS: Thesis Advising; Intersection of Depth Psychology, Cognitive Behavioral Therapy;

#### Mary Watkins, Professor Emerita

Neuroscience with Culture and Creative Identity

Ph.D., Clinical and Developmental Psychology, Clark University; Licensed Clinical Psychologist PUBLICATIONS INCLUDE: Waking Dreams; Invisible Guests; Talking with Young Children about Adoption; Toward Psychologies of Liberation co-author with Helene Shulman).

AREAS OF EMPHASIS: Imaginal/Archetypal Psychology; Object Relations Theory; Liberation Psychology; Participatory and Phenomenological Research; Dialogue Theory/Praxis

#### **Roderick Watts**

Ph.D., Psychology, University of Maryland

#### **Gary White**

M.A., Antioch University; Licensed Marriage & Family Therapist

AREAS OF EMPHASIS: Sexual Violence; Sexuality; Multi-Cultural Issues; Men's and Women's Issues;

Multiple Personality Disorder

#### **Michele Wolf**

M.A., Counseling Psychology, Pacifica Graduate Institute

AREAS OF EMPHASIS: Substance Abuse Treatment Programs; Depth Psychology; Art, Story and Sand Tray

#### **Mary Antonia Wood**

Ph.D., Mythological Studies, Pacifica Graduate Institute

AREAS OF EMPHASIS: Jungian and Archetypal Approaches to Soul and Creativity; Depth Psychology's Relationship to the Arts, Humanities and Ancient Healing Traditions; Mentoring and Creative Practice

#### Oksana Yakushko

Ph.D., Counseling Psychology, University of Missouri

AREAS OF EMPHASIS: Immigration; Indigenous Healing Practices; Feminist Spirituality; Qualitative and

Mixed Methods Research; Dissertation Development

## **Jonathan Young**

Ph.D., Clinical Psychology, Alliant International University

AREAS OF EMPHASIS: Storytelling; Training for Health Professionals; Lectures for Arts Organizations;

Expressive Arts Therapy; Screenwriting; Mythology expert

## Willow Young, Professor Emerita

M.A., Counseling Psychology, Pacifica Graduate Institute; Licensed Marriage and Family Therapist; CAMFT Certified Supervisor

AREAS OF EMPHASIS: Jungian and Self-Psychology; Archetypal Research; World Arts, Culture, and Mythology; Psyche and Dreams; Clinical Practice Issues

# **Admission Requirements**

Pacifica Graduate Institute welcomes a culturally diverse academic community. Applicants are selected for matriculation in the programs at the Institute according to the potential Pacifica perceives they have to succeed in master's or doctoral level work. While maintaining rigorous standards for admission relative to professional and personal attributes, the Institute seeks to emphasize qualities that measure a student's aptitude for success in Pacifica's courses of study. Thus, the application review process focuses on past educational performance, letters of recommendation, emotional maturity, and the presentation of self in the application essays and interview. All applicants are asked to demonstrate research skills and writing ability by submitting writing samples. The Institute's graduate degree programs require separate applications and admission evaluations. Completion of one of Pacifica's M.A. programs does not guarantee admission to one of the Institute's doctoral programs.

# M.A. in Counseling Psychology with Emphasis in Marriage and Family Therapy, Professional Clinical Counseling, and Depth Psychology

Applicants must have a bachelor's and/or master's degree from a regionally accredited or state-approved institution of higher education. The M.A. Counseling Psychology Program seeks individuals who are psychologically minded, and who show evidence of emotional resilience, cultural awareness, and commitment to the scholarly questioning necessary to work with diverse individuals and communities. The Program values students whose backgrounds include work in social, psychological, religious, or human services, and academic training in psychology or the humanities. Successful applicants will display scholarly writing skills, interest in research, and preferably experience with their own personal psychotherapy.

## Psy.D. in Counseling Psychology with Emphasis in Depth Psychology

Applicants must have a master's degree from a regionally accredited or state-approved institution of higher education. The Psy.D. Counseling Psychology Program seeks individuals who are psychologically minded, and who show evidence of emotional resilience, cultural awareness, and commitment to the scholarly questioning necessary to work with diverse individuals and communities. The Program values students whose backgrounds include work in social, psychological, religious, or

human services, and academic training in psychology or the humanities. Successful applicants will display scholarly writing skills, interest in research, and preferably experience with their own personal psychotherapy.

## M.A. /Ph.D. in Clinical Psychology with Emphasis in Depth Psychology

Applicants must have a bachelor's and/or master's degree in psychology or related field from a regionally accredited institution of higher education. Students with an education that emphasized scholarship in human sciences, psychoanalytic, Jungian, and other depth psychological approaches are especially considered. Applicants to the Clinical Psychology Program are expected to bring a strong foundation in scholarly research and writing, as well as a demonstrated interest and aptitude for the study of depth psychology, which will be assessed during the application process. The program seeks individuals who are psychologically minded and who show evidence of emotional resilience, deep cultural awareness, and a commitment to scholarly questioning necessary to work with diverse individuals and communities. In addition to advanced writing and scholarship skills, successful candidates will have supervised clinical experience and manifest an interest in the relationships among psychology, the humanities, and human sciences. The experience of personal depth psychotherapy is highly valued.

## Ph.D. in Depth Psychology with Specialization in Integrative Therapy and Healing Practices

Applicants must have a master's degree from a regionally accredited or state-approved institution of higher education. In addition, this doctoral specialization requires candidates to have experience and training in a distinct healing-oriented or therapeutic profession. The program is ideal for diverse practitioners (licensed, pre-licensed, or license-exempt) in the following professions (partial list): Psychotherapists, Psychologists, Marriage and Family Therapists, Social Workers, Professional Counselors, Health and Medical Professionals (Nursing professionals, Physicians, Allied Health Providers), Jungian Analysts, Psychoanalysts, Specialized Addiction and Treatment Counselors, Expressive Arts Therapists, Spiritual and Pastoral Counselors, Health and Wellness Practitioners with Advanced Training, and Other Qualified Consultants and Counselors. Applicants must either be practicing or have a plan in place to start practicing once they have enrolled in the program.

Because the program maintains a strong emphasis on learning through practice consultation groups, we seek candidates who are psychologically-minded and show evidence of emotional resiliency. Prior commitment to personal growth and development as a client or patient working with a therapeutic professional is an important factor in the consideration of the application.

In addition to having advanced skills in writing and scholarship, successful candidates will hold some familiarity with, and aptitude for, the perspectives of depth psychology, and demonstrate a commitment to practice and research in a therapeutic and healing-oriented profession.

# M.A. /Ph.D. in Depth Psychology with Specialization in Community, Liberation, Indigenous, and Eco-Psychologies

Applicants must have a bachelor's and/or master's degree from a regionally accredited or state-approved institution of higher learning. Applicants must also demonstrate aptitude in the following areas: a background in psychology through formal coursework or personal study and experience; a background in interdisciplinary studies, such as the humanities and social sciences with an emphasis in cultural studies, social justice studies, and environmental studies; a demonstrated interest in scholarly research and active community engagement around an issue of their concern.

## M.A. /Ph.D. in Depth Psychology with Specialization in Jungian and Archetypal Studies

Applicants must have a bachelor's and/or master's degree from a regionally accredited or state-approved institution of higher education. Applicants may also demonstrate aptitude in the following areas: a background in psychology through formal coursework, personal study and/or experience; a background in interdisciplinary studies, such as the humanities, sciences, and social sciences; a demonstrated interest and ability in scholarly writing; and a familiarity with the perspectives of depth psychology, such as psychoanalytic, Jungian, and archetypal psychology.

## M.A. /Ph.D. in Mythological Studies with Emphasis in Depth Psychology

Pacifica's Mythological Studies Program seeks students who have the potential to succeed in the creative application of mythological themes and psychological insights. In the process of reviewing applicants, attention is focused on past educational, creative, and professional endeavors. Applicants must have a bachelor's and/or master's degree from a regionally accredited or state-approved

institution of higher education. While a degree in the humanities, arts, or social sciences is preferred, other degrees will be considered. Successful completion of a Comprehensive Examination during the second year of the program and demonstrated proficiency in academic research are required for continuation into the third year (Ph.D. coursework) of the program.

## M.A. in Depth Psychology and Creativity with Emphasis in the Arts and Humanities

Applicants must have a bachelor's and/or master's degree from an accredited or state-approved institution of higher education. While the program seeks students with a background in the humanities, psychology, the arts, or social sciences, other degrees will be considered. Successful applicants will also display scholarly writing skills and show an interest in the application of depth psychological principles.

## **Applying to Pacifica**

Prospective students are asked to submit the online application (available at <a href="www.pacifica.edu">www.pacifica.edu</a>) with a non-refundable \$75 application fee. To complete the application file, a personal statement, resume, writing sample, official transcripts, and recommendation forms and letters should be emailed to Pacifica Graduate Institute. Early applications are encouraged due to limited space in Pacifica's programs. The Admissions Committees review completed application files and, upon recommendation, schedule interviews for qualified applicants.

## **International Applicants**

International applicants must have their transcripts evaluated to determine U.S. equivalency. We will accept evaluations from <u>current</u> members of the NACES (<u>National Association of Credential Evaluation Services</u>) and AICE (<u>Association of International Credential Evaluators, Inc.</u>). In addition, international applications must submit TOEFL (Test of English as a Foreign Language) results. All TOEFL scores must be submitted to Pacifica in advance of acceptance and must meet the minimum score requirements of 230 computer-based test; 570 written test; or 90 internet-based test.

The Institute is authorized under Federal Law to enroll non-immigrant students (F-1 Visa only). Upon acceptance to Pacifica Graduate Institute and completion of necessary documentation, Pacifica will prepare and send international students an I-20 Certificate of Eligibility for non- immigrant F-1 student

status, which the student will use to apply for an F-1 visa. The Institute will also vouch for international students when needed. There is no charge for this service.

## **Interview Procedure**

Interviews are a required step in the Pacifica admissions process. The interview addresses a number of important topics concerning the applicant's potential to engage in graduate studies. They include past educational experience, emotional maturity, personal readiness, and experience related to the applicant's chosen program of study and future goals.

## **Acceptance and Enrollment**

Applications for enrollment are currently being accepted. Upon completion of the application file, all applications must be reviewed by the Admissions Committee. Upon review, all recommended applicants must interview for a place in the program. Please consider the accepted student renewable scholarship deadline in the preparation of an application for the Admissions Committee.

Applicants who have been accepted submit a non-refundable deposit of \$250 and enrollment agreement forms for confirmation. The deposit and forms must be received within 14 days of receipt of acceptance. Those who are unable to attend the current academic year must submit a new application and updated documents in order be considered for acceptance at a later date. Check Pacifica's website at <a href="http://www.pacifica.edu">http://www.pacifica.edu</a> for additional information.

#### **Transfer of Credits**

Due to the unique instructional nature of the doctoral and master's degree programs, prior coursework usually may not be equivalent to the approach and methodology used at Pacifica Graduate Institute. Pacifica does not award credit for prior experiential learning. Additionally, because of the sequential nature of the programs, students are strongly advised against transferring in prior coursework

A maximum of sixteen (16) units may be transferred from outside institutions, if there is significant overlap with current courses offered in the applicable Pacifica program. Courses completed at

another institution more than four (4) years prior to matriculation at Pacifica Graduate Institute will not be considered for transfer.

A maximum of sixteen (16) units may be transferred from one degree program to one other program within Pacifica Graduate Institute, unless there is an approved Transfer Credit Agreement between programs that specifies an alternate number of units. To be considered for transfer credit, the coursework must have been completed at Pacifica within the past five (5) or eight (8) years, depending on the program. The units for courses transferred must meet or exceed the unit values of petitioned courses, and students must have earned "B" grades or better in each course.

Additional information about transfer of credits can be obtained from the Office of Admissions. Students must submit all requests for transfer of credit to the Office of Admissions six weeks **prior** to the start date of the first year classes to allow time for transfer credit requests to be reviewed and approved.

A student's financial aid may be affected by a decrease in the number of enrolled units resulting from receipt of transfer credit. Potential students should consult with the Financial Aid Office about their financial aid eligibility.

For students eligible for education benefits through the Veterans Administration, all previous education and training will be evaluated. Credit will be awarded where appropriate and the program will be shortened accordingly. The student and the Veterans Administration will be notified promptly of his/her eligibility.

Pacifica does not have any current transfer or articulation agreements with any other colleges or universities; however, upon admission, students may request to transfer units from another institution per our Transfer of Credits policy.

Pacifica does not accept ability-to-benefit students.

## Notice concerning transferability of credits and credentials earned at our Institution

The transferability of credits you earn at Pacifica Graduate Institute is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the degree or diploma you earn in an educational program is also at the complete discretion of the institution to which you may seek to transfer. If the credits or degree/diploma that you earn at this institution are not accepted at the institution to which you seek to transfer, you may be required to repeat some or all of your coursework at that institution. For this reason you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you may seek to transfer after attending Pacifica Graduate Institute to determine if your credits or degree/degree will transfer."

**The Institute's two campuses** lie between the Pacific Ocean and Santa Ynez Mountains, a few miles south of Santa Barbara, California. Tranquil and beautiful, they form ideal settings for contemplation and study.

#### **Instructional Facilities**

Pacifica Graduate Institute is a private corporation with campuses located at 249 Lambert Road and at 801 Ladera Lane in Carpinteria, CA 93013. Situated approximately five miles south of Santa Barbara, the Lambert Road campus is comprised of six buildings on thirteen acres. Pacifica's Ladera Lane campus is situated on thirty-five acres in the coastal foothills of Montecito, just north of the Lambert Road Campus. The Ladera Lane campus has lodging as well as dining facilities. Pacifica Graduate Institute has two campuses located in Santa Barbara County California. Our Ladera Lane campus consists of five buildings situated on 35 acres. Our classrooms are located in our administration building and consist of one auditorium, two large classrooms, two medium classrooms, and one small classroom. Other instructional spaces include one yurt, one computer lab, and three conference rooms. All classrooms and meeting spaces are equipped with either built in or mobile AV equipment which includes a sound system, a computer, projector, DVD players, projection screens, whiteboards, and markers. Table and chairs are also provided for all instructional spaces. Our two large classrooms are equipped with sand play therapy equipment, which includes professional sand play trays and figurines that are used for training and instruction. Our Lambert Road Campus consists of 6 buildings and is situated on 11 acres. There are two large classrooms,

one medium classroom, one small classroom and two conference rooms. All classrooms and meeting spaces are equipped with either built in or mobile AV equipment which includes a sound system, computer, projector, DVD players, projection screens, whiteboards, and markers. Table and chairs are also provided for all instructional spaces. Both campuses house a fully functional library and research area, as well as a campus bookstore. Each campus has a dining facility which includes a fully equipped professional kitchen and student dining room.

Pacifica Graduate Institute does <u>not</u> offer distance learning programs. All programs have a residential component, which by definition is not distance learning.

# **On-Campus at Pacifica**

## Housing, Transportation, and Meal Policies

Pacifica Graduate Institute aims to host students in an environment that promotes academic growth and personal comfort. Student life at Pacifica is based on respect for self and others, responsibility, and consciousness of behaviors and attitudes that form the basis of a community of learners. Additionally, Pacifica strives to provide students with a space that supports physical, emotional, and spiritual wellness while engaging in challenging academic, intellectual, and social growth. Pacifica's vision for its students is for them to remain in community with their group, both in and out of the classroom. Meal times and the time spent while in residence are key opportunities for students and faculty to generate cohesion and camaraderie. These interactions are essential to fully experience and understand life at Pacifica. Residential students are required to stay in Institute provided housing during their class sessions. Students may contact the Guest Services Manager for detailed information about lodging arrangements for their individual track.

Pacifica Graduate Institute has a 61 room residential building, and 11 additional guestrooms located in our administration building, at the Ladera Lane Campus. Our Residential students at our Lambert Road Campus are housed at the Best Western Carpinteria Inn; these accommodations are arranged through Pacifica's Office of Guest services.

Pacifica students are classified into two categories for purposes of determining housing and meal service: Residential and Non-Residential. Residential students utilize Pacifica's housing and meal service and non-residential students utilize Pacifica's meal service, but not the housing service. Further explanation of the two categories follows so that you may assess which category applies to you.

#### **RESIDENTIAL STATUS**

• This status classifies students who do not reside in either Santa Barbara or Ventura County. They are required to reside with Pacifica for their in session nights, and are provided with the standard meal service during residential visits.

• Residential students are required to complete the online Guest Services Form with the chosen room type. The residential agreement provides two nights of housing and meals, per class session, except for summer Quarter. The Hybrid Programs are provided three nights of housing each quarter.

#### NON-RESIDENTIAL STATUS

- To meet the conditions of Non-Residential status, students must reside in either Santa Barbara or Ventura County. Both new and returning students are required to submit proof of residency annually. Non-Residential students must complete the online Guest Services Form, indicating they are a "Commuter".
- Students who do not reside in either Santa Barbara or Ventura County but who wish to apply for Non-Residential status may do so by submitting a written request to the Pacifica Housing Committee.

\*If a student's petition for Non-Residential status is approved, this status is valid only for the corresponding academic year. A petition is required at the start of each academic year for the student to continue eligibility for Non-Residential status.

Pacifica does not provide assistance to the student in finding housing. The median price of a home in the Santa Barbara area is approximately \$1.3M and rent for a 1 bedroom apartment is approximately \$2,400.00.

# **Introduction to Library Resources and Services**

Pacifica Graduate Institute's library resources and services support graduate-level study in the areas of counseling psychology, clinical psychology, depth psychology, depth psychotherapy, mythological studies, and humanities. Subject area strengths are in Jungian and archetypal psychology, depth psychology, psychoanalysis, clinical psychology, folklore and mythology, religious studies, psychological studies of literature, and research methodology.

## **Library Collections**

The Graduate Research Libraries on the Lambert and Ladera campuses provide over 25,000 books, 200,000 eBooks, 4,000 theses and dissertations, and 2,000 audio and video materials. They also provide access to thousands of journals, both in print and electronic formats. Special reference collections include faculty publications, rare and hard-to-find books, and other unique multimedia materials. Desktop computers (both Macs & PCs) are available for students at both campus libraries to support word processing, web-based email, and Internet/database searching. Printers and photocopiers are also available and wireless Internet access is available throughout both campuses for personal laptop use. Library items can be sent by shuttle between the two campuses upon request, though transferring can take one business day or more. These items are available through the library catalog, which is available from the library's website.

The smaller Ladera campus library is staffed only when Ladera campus students are in session. When Ladera classes are not in session, the Ladera library is closed, and students are asked to use the Lambert campus main library. Shuttle service is offered between the two campuses at designated times so students can make use of both library facilities.

OPUS Archives and Research Center is an independent 501(c) 3 non-profit organization located on both campuses. The Joseph Campbell and Marija Gimbutas library, consisting of approximately 4,600 books, is housed on the Lambert campus. These books do not circulate and cannot be checked out. The archival collections of Joseph Campbell, Marija Gimbutas, James Hillman, Jane Hollister and Joseph Wheelwright, Marion Woodman, Christine Downing, and Katie Sanford are at the Ladera campus OPUS facility. Various parts of these collections include manuscripts, drafts of published and

unpublished books, correspondence, audio lectures, research notes, photos, slides, paintings, and personal items. These collections and the Campbell and Gimbutas library are open to the public by appointment only. If you would like to visit the archives for research or become a volunteer archival assistant, contact OPUS at (805) 969-5750 or visit the OPUS Archives website.

## **Library Account and Off-Campus Resource Access**

You can access all electronic library resources off-campus, including your library catalog account. Your username is your firstname.lastname and your password is your 5 or 6-digit student ID number (found on your student ID card). For example:

Username: Joe.Student

Password: 12345

Logging into your library catalog account lets you renew your checked-out items online, see what you have assigned to your account, and see what, if any fines accruals you may have. Contact library circulation if you have trouble accessing resources off-campus.

#### **Reference Services**

Reference librarians are available (in-person, by phone, email and Zoom) to assist you in finding relevant academic resources related to your research interests. They also provide in-class and individualized information literacy instruction and can help you to fine-tune your library research skills.

#### **Circulation Services**

Most of the library's print materials circulate except for reference books, print journals, and special collections (e.g., rare items). Currently enrolled Pacifica students may check out up to 50 library items at one time, and the standard loan period is six weeks. Contact Circulation staff for assistance with checking out materials.

## **Writing Resources and Tutors**

Students who experience difficulty in writing papers are encouraged to seek assistance early in their academic work in order to prepare for thesis or dissertation writing. Available resources include texts and articles on writing, online services, independent tutors, editors, and writing tutors. It is up to the

student to seek help. Writing assistance resources can be found at: https://www.pacifica.edu/student-services/writing-resources-tutors/. English as a Second Language writing resources are available from that page as well.

Pacifica-created resources include recorded webinars and presentations by Pacifica faculty members on scholarly writing and APA Style, as well as online guides, tutorials, and handbooks on APA and MLA Style. Resources from external organizations, such as Purdue's Online Writing Lab (OWL) include links to materials on MLA and APA Style, scholarly writing, proofreading, the writing process, and plagiarism.

Pacifica currently provides access to writing tutors, free of charge to currently enrolled students who need help with *course papers* (not dissertations or theses). This includes English as Second Language (ESL) writing assistance. Tutors may help with grammar, structure, MLA and APA formatting, and more. Please contact tutors for appointments well in advance of due dates so that you can work with them in enough time to receive feedback, and at different points in the writing process. This will give you enough time to revise your papers as necessary. Support is provided on a first-come, first-serve basis.

Instruction will not occur in a language other than English.

## 2022-2023 Tuition and Fees

All students are responsible for the Tuition, other Academic Fees and Residential/Non-Residential Fees as listed below. Tuition and Fees are reviewed annually and periodically adjusted as a matter of policy.

**Application Fee** A \$75 fee must accompany the Application for Enrollment. This fee is non-refundable.

**Tuition Deposit** Once an applicant is accepted to Pacifica, a \$250 non-refundable deposit must be received with the signed Enrollment Agreement in order to confirm your registration in the program. Should the applicant decline acceptance, this deposit is non-refundable.

## **Tuition**

M.A. /Ph.D. Mythological Studies	\$30,200						
M.A. /Ph.D. Depth Psychology, Jungian and Archetypal Studies Specialization							
M.A. /Ph.D. Depth Psychology, Community, Liberation, Indigenous, Eco-Psychologies							
M.A. Depth Psychology and Creativity	\$20,800						
M.A. Counseling Psychology, 1 <sup>st</sup> and 2 <sup>nd</sup> Year Only	\$25,000						
M.A. Counseling Psychology, 3 <sup>rd</sup> Year Only	\$17,264						
Psy.D. Clinical Psychology, 2 <sup>nd</sup> , 3 <sup>rd</sup> , and 4 <sup>th</sup> Year Only	\$29,400						
Psy.D. Counseling Psychology	\$29,100						
M.A. /Ph.D. Clinical Psychology	\$30,200						
Ph.D. Depth Psychology, Integrative Therapy and Healing, 1 <sup>st</sup> and 2 <sup>nd</sup> Year Only	\$28,500						
Ph.D. Depth Psychology, Integrative Therapy and Healing, 3 <sup>rd</sup> Year Only	\$15,200						

## Residential

Category	M.A. COUNSELING	M.A. ENGAGED HUMANITIES & CREATIVE LIFE	M.A./PH.D. MYTHOLOGICAL STUDIES	M.A./PH.D. DEPTH COMMIND/ECO SPECIALIZATION	M.A./PH.D. DEPTH JUNGIAN & ARCHETYPAL SPECIALIZATION	PH.D. DEPTH INTEGRATIVE THERAPY & HEALING PRACTICES	MLAJPH.D. CLINICAL	PSY.D. CLINICAL	PSY.D. COUNSELING
Tultion	\$25,000	\$20,800	\$30,200	\$30,200	\$30,200	\$28,500	\$30,200	\$29,400	\$29,100
Residential Fee	\$7,610	\$3,680	\$7,080	\$5,895	\$3,680	\$5,895	\$9,833	\$8,145	\$7,610
Living Expenses	\$25,441	\$22,722	\$25,441	\$25,441	\$22,722	\$25,441	\$25,441	\$25,441	\$25,441
Travel/Misc. Expenses	\$4,245	\$0	\$4,245	\$3,184	\$0	\$3,184	\$4,245	\$3,184	\$4,245
Loan Fees	\$220	\$220	\$220	\$220	\$220	\$220	\$220	\$220	\$220
Books	\$1,897	\$1,215	\$1,408	\$1,099	\$1,208	\$901	\$1,432	\$1,656	\$1,656
Total	\$64,413	\$48,637	\$68,594	\$66,039	\$58,030	\$64,141	\$71,371	\$68,046	\$68,272

## Non-Residential

Category	M.A. COUNSELING	M.A. ENGAGED HUMANITIES & CREATIVE LIFE	M.A./PH.D. MYTHOLOGICAL STUDIES	M.A./PH.D. DEPTH COMM/IND/ECO SPECIALIZATION	M.A./PH.D. DEPTH JUNGIAN & ARCHETYPAL SPECIALIZATION	PH.D. DEPTH INTEGRATIVE THERAPY & HEALING PRACTICES	M.A./PH.D. CLINICAL	PSY.D. CLINICAL	PSY.D. COUNSELING
Tuition	\$25,000	\$20,800	\$30,200	\$30,200	\$30,200	\$28,500	\$30,200	\$29,400	\$29,100
Non-Residential Fee	\$4,250	\$2,000	\$4,000	\$3,375	\$2,000	\$3,375	\$5,246	\$4,392	\$4,250
Living Expenses	\$25,441	\$22,722	\$25,441	\$25,441	\$22,722	\$25,441	\$25,441	\$25,441	\$25,441
Travel/Misc. Expenses	\$4,245	\$0	\$4,245	\$3,184	\$0	\$3,184	\$4,245	\$3,184	\$4,245
Loan Fees	\$220	\$220	\$220	\$220	\$220	\$220	\$220	\$220	\$220
Books	\$1,897	\$1,215	\$1,408	\$1,099	\$1,208	\$901	\$1,432	\$1,656	\$1,656
Total	\$61,053	\$46,957	\$65,514	\$63,519	\$56,350	\$61,621	\$66,784	\$64,293	\$64,912

# M.A. Counseling Psychology with Emphasis in Marriage and Family Therapy, Professional Clinical Counseling, and Depth Psychology

			г	sychology			
Residential						Residential Students:	
	Fall 2022	Winter 2023	Spring 2023	Summer 2023	Total	The Residential Fee covers 3 day/2	
Tuition	6,667	6,667	6,667	4,999	25,000	night accommodations each session during the fall, winter, spring quarters	
+Residential Fee	1,965	1,965	1,965	1,715	7,610	and 7 day/6 night accommodations in the summer quarter at the Best	
Total Charges	8,632	8,632	8,632	6,714	32,610	Western or Ladera Campus, meals,	
Net Loans (-)	5,071	5,071	5,071	5,071	20,284	shuttle service and misc. day use fees.	
Balance	3,561	3,561	3,561	1,643	12,326	1000.	
Non-Residential						Non-Residential Students:	
	Fall 2022	Winter 2023	Spring 2023	Summer 2023	Total	The Non-Residential/ Commuter Fee	
Tuition	6,667	6,667	6,667	4,999	25,000	covers meals, shuttle service, and misc. day use fees for those living in	
+Non-Res Fee	1,125	1,125	1,125	875	4,250	the Santa Barbara or Ventura County	
Total Charges	7,792	7,792	7,792	5,874	29,250	area.	
Net Loans (-)	5,071	5,071	5,071	5,071	20,284		
Balance	2,721	2,721	2,721	803	8,966		

## M.A./Ph.D. Depth Psychology with Specialization in Jungian & Archetypal Studies

Residential Students:

	Fall 2022	Winter 2023	Spring 2023	Summer 2023	Total	The Residential Fee covers 4 day/3
Tuition	7,550	7,550	7,550	7,550	30,200	night accommodations (meals, shuttle service, misc. day use fees) once
+Residential Fee	920	920	920	920	3,680	each quarter.
Total Charges	8,470	8,470	8,470	8,470	33,880	
Net Loans (-)	5,071	5,071	5,071	5,071	20,284	
Balance	3,399	3,399	3,399	3,399	13,596	
Non-Residential						Non-Residential Students:
	Fall 2022	Winter 2023	Spring 2023	Summer 2023	Total	The Non-Residential/Commuter Fee
Tuition	7,550	7,550	7,550	7,550	30,200	covers meals, shuttle service, and misc. day use fees once each quarter
+Non-Res Fee	500	500	500	500	2,000	for those living in Santa Barbara or
Total Charges	8,050	8,050	8,050	8,050	32,200	Ventura County area.
Net Loans (-)	5,071	5,071	5,071	5,071	20,284	
Balance	2,979	2,979	2,979	2,979	11,916	

M.A. Depth Psychology and Creativity with Emphasis in the Arts and Humanities										
Residential						Residential Students:				
	Fall 2022	Winter 2023	Spring 2023	Summer 2023	Total	The Residential Fee covers 4 day/3				
Tuition	5,200	5,200	5,200	5,200	20,800	night accommodations (meals, shuttle service, misc. day use fees) once				
+Residential Fee	920	920	920	920	3,680	each quarter.				
Total Charges	6,120	6,120	6,120	6,120	24,480					
Net Loans (-)	5,071	5,071	5,071	5,071	20,284					
Balance	1,049	1,049	1,049	1,049	4,196					
Non-Residential						Non-Residential Students:				
	Fall 2022	Winter 2023	Spring 2023	Summer 2023	Total	The Non-Residential/Commuter Fee				
Tuition	5,200	5,200	5,200	5,200	20,800	covers meals, shuttle service, misc. day use fees once each quarter for				
+Non-Res Fee	500	500	500	500	2,000	those living in the Santa Barbara or				
Total Charges	5,700	5,700	5,700	5,700	22,800	Ventura County area.				
Net Loans (-)	5,071	5,071	5,071	5,071	20,284					
Balance	629	629	629	629	2,516					

		M.A./Ph.D. Clin	nical Psycholog	y with Emphasis ir	n Depth Psy	chology
Residential						Residential Students:
	Fall 2022	Winter 2023	Spring 2023	Summer 2023	Total	The Residential Fee covers 4 day/3
Tuition	8,053	8,053	8,053	6,041	30,200	night accommodations each session

+Residential Fee	2,715	2,715	2,715	1,688	9,833	during the fall, winter, spring quarters and 7 day/6 night accommodations in
Total Charges	10,768	10,768	10,768	7,729	40,033	the summer quarter at the Best
Net Loans (-)	5,071	5,071	5,071	5,071	20,284	Western or Ladera campus, meals, shuttle service and misc. day use
Balance	5,697	5,697	5,697	2,658	19,749	fees.
Non-Residential						Non-Residential Students:
	Fall 2022	Winter 2023	Spring 2023	Summer 2023	Total	The Non-Residential/Commuter Fee
Tuition	8,053	8,053	8,053	6,041	30,200	covers meals, shuttle service, and
Tuition +Non-Res Fee	8,053 1,464	8,053 1,464	. 0	6,041 854	30,200 5,246	covers meals, shuttle service, and misc. day use fees for those living in the Santa Barbara or Ventura County
	·	,	8,053	- , -	,	misc. day use fees for those living in
+Non-Res Fee	1,464	1,464	8,053 1,464	854	5,246	misc. day use fees for those living in the Santa Barbara or Ventura County

Psy.D. Clinical Psychology with Emphasis in Depth Psychology										
Residential						Residential Students:				
	Fall 2022	Winter 2023	Spring 2023	Summer 2023	Total	The Residential Fee covers 4 day/3				
Tuition	9,800	9,800	9,800	0	29,400	night accommodations each session during the fall, winter, spring quarters.				
+Residential Fee	2,715	2,715	2,715	0	8,145	Psy.D. students are not enrolled during the summer quarter and therefore do not incur summer charges.				
Total Charges	12,515	12,515	12,515	0	37,545					
Net Loans (-)	6,762	6,761	6,761	0	20,284					
Balance	5,753	5,754	5,754	0	17,261					
Non-Residential						Non-Residential Students:				
	Fall 2022	Winter 2023	Spring 2023	Summer 2023	Total	The Non-Residential/ Commuter Fee				
Tuition	9,800	9,800	9,800	0	29,400	covers meals, shuttle service, and misc. day use fees for those living in				
+Non-Res Fee	1,464	1,464	1,464	0	4,392	the Santa Barbara or Ventura County				
Total Charges	11,264	11,264	11,264	0	33,792	area. Psy.D. students are not enrolled during the summer quarter and				
Net Loans (-)	6,762	6,761	6,761	0	20,284	therefore do not incur summer				
Balance	4,502	4,503	4,503	0	13,508	charges.				

M.A./Ph.D. Mythological Studies with Emphasis in Depth Psychology										
Residential						Residential Students:				
	Fall 2022	Winter 2023	Spring 2023	Summer 2023	Total	The Residential Fee covers 3 day/2				
Tuition	8,053	8,053	8,053	6,041	30,200	night accommodations each session during the fall, winter, spring quarters and 5 day/4 night accommodations in the summer quarter at the Best				
+Residential Fee	1,965	1,965	1,965	1,185	7,080					
Total Charges	10,018	10,018	10,018	7,226	37,280	Western or Ladera campus, meals,				

Net Loans (-)	5,071	5,071	5,071	5,071	20,284	shuttle service and misc. day use
Balance	4,947	4,947	4,947	2,155	16,996	fees.
Non-Residential						Non-Residential Students:
	Fall 2022	Winter 2023	Spring 2023	Summer 2023	Total	The Non-Residential/Commuter Fee covers meals, shuttle service, and misc. day use fees for those living in
Tuition	8,053	8,053	8,053	6,041	30,200	the Santa Barbara or Ventura County
+Non-Res Fee	1,125	1,125	1,125	625	4,000	area.
Total Charges	9,178	9,178	9,178	6,666	34,200	
Net Loans (-)	5,071	5,071	5,071	5,071	20,284	
Balance	4,107	4,107	4,107	1,595	13,916	

Ph.D. Depth Psychology with Specialization in Integrative Therapy and Healing Practices										
Residential		Residential Students:								
	Fall 2022	Winter 2023	Spring 2023	Summer 2023	Total	The Residential Fee covers 3 day/2 night accommodations each session during the fall, winter, and spring				
Tuition	9,500	9,500	9,500	0	28,500	quarters.				
+Residential Fee	1,965	1,965	1,965	0	5,895					
Total Charges	11,465	11,465	11,465	0	34,395					
Net Loans (-)	6,762	6,761	6,761	0	20,284					
Balance	4,703	4,704	4,704		14,111					
Non-Residential						Non-Residential Students:				
	Fall 2021	Winter 2022	Spring 2022	Summer 2022	Total	The Non-Residential/Commuter Fee covers meals, shuttle service, and misc. day use fees for those living in				
Tuition	9,500	9,500	9,500	0	28,500	the Santa Barbara or Ventura County				
+Non-Res Fee	1,125	1,125	1,125	0	3,375	area.				
Total Charges	10,625	10,625	10,625	0	31,875					
Net Loans (-)	6,762	6,761	6,761	0	20,284					
Balance	3,863	3,864	3,864	0	11,591					

M.A./Ph.D. Depth Psychology with Specialization in Community Psychology, Liberation Psychology, Indigenous, and Ecopsychology						
Residential						Residential Students:
	Fall 2022	Winter 2023	Spring 2023	Summer 2023	Total	The Residential Fee covers 3 day/2 night accommodations each session during the fall, winter, spring quarters,
Tuition	8,053	8,053	8,053	6,041	30,200	meals, shuttle service and misc. day use fees. CLIE students are not in residence during the summer quarter
+Residential Fee	1,965	1,965	1,965	0	5,895	

Total Charges	10,018	10,018	10,018	6,041	36,095	and therefore excluded from the summer charges for residential fees.	
Net Loans (-)	5,071	5,071	5,071	5,071	20,284		
Balance	4,947	4,947	4,947	970	15,811		
Non-Residential						Non-Residential Students:	
	Fall 2022	Winter 2023	Spring 2023	Summer 2023	Total	The Non-Residential/Commuter Fee covers meals, shuttle service, and misc.day use fees for those living in the Santa Barbara or Ventura County area. CLIE students are not in residence during the summer quarter and therefore excluded from the summer charges for non-residential fees.	
Tuition	8,053	8,053	8,053	6,041	30,200		
+Non-Res Fee	1,125	1,125	1,125	0	3,375		
Total Charges	9,178	9,178	9,178	6,041	33,575		
Net Loans (-)	5,071	5,071	5,071	5,071	20,284		
Balance	4,107	4,107	4,107	970	13,291	1663.	

Psy.D. Counseling Psychology with Emphasis in Depth Psychology						
Residential						Residential Students:
	Fall 2022	Winter 2023	Spring 2023	Summer 2023	Total	The Residential Fee covers 3 day/2
Tuition	7,760	7,760	7,760	5,820	29,100	night accommodations each session during the fall, winter, spring quarters
+Residential Fee	1,965	1,965	1,965	1,715	7,610	and 7 day/6 night accommodations in the summer quarter at the Best
Total Charges	9,725	9,725	9,725	7,535	36,710	Western or Ladera Campus, meals,
Net Loans (-)	5,071	5,071	5,071	5,071	20,284	shuttle service and misc. day use fees.
Balance	4,654	4,654	4,654	2,464	16,426	1003.
Non-Residential						Non-Residential Students:
	Fall 2022	Winter 2023	Spring 2023	Summer 2023	Total	The Non-Residential/Commuter Fee
Tuition	7,760	7,760	7,760	5,820	29,100	covers meals, shuttle service, and misc. day use fees for those living in
+Non-Res Fee	1,125	1,125	1,125	875	4,250	Santa Barbara or Ventura County area.
Total Charges	8,885	8,885	8,885	6,695	33,350	
Net Loans (-)	5,071	5,071	5,071	5,071	20,284	
Balance	3,814	3,814	3,814	1,624	13,066	

## **Dissertation Fee: Doctoral Programs**

The Dissertation Fee for all doctoral programs is the Doctoral level tuition for the year the student entered into the Ph.D. program. The Dissertation Fee covers nine (9) quarters of work with the committee. Students will be billed 1/9<sup>th</sup> of the total fee each quarter. Dissertation work usually begins after the third year of course work. In the event any student withdraws and is re-admitted to Pacifica, the Dissertation Fee is equal to the annual tuition for the year the student was re-admitted to a Doctoral program.

#### **Dissertation Extension Fee**

The Dissertation Extension Fee is for students who need additional time to finish their dissertation. Students may enroll for additional one-year enrollment periods; the annual fee is based on one-half of the Ph.D. level tuition from three years prior to the current academic year. One-fourth of the annual Dissertation Fee will be billed quarterly. Students will only be financially responsible for the quarters that are started or needed to complete their dissertation.

#### Miscellaneous Fees

Student Tuition Recovery Fund (STRF) .0005 of total program fee (varies per program)

Tevera Clinical Training Management Fee (CTM) \$195 (Ph.D. Clinical, M.A. Counseling, Psy.D.

Counseling students only)

Leave of Absence (LOA) \$100

Academic Tutorial (1 month) \$150

Extended Academic Tutorial (3 months) \$300

Ph.D. Internship/Practicum Only (1 quarter) \$300

Psy.D. Internship Fee (initial 3 quarters) \$999 per quarter

Psy.D. Internship Extension (1 quarter) \$300

Late Payment Fee \$100 per quarter

Tuition and Residential/Non-Residential Fees are due 14 days prior to the first day of the quarter. The Late Payment Fee will be assessed if payment is not received in full by the first day of each quarter, excluding secured anticipated Financial Aid.

Late Registration Fee \$75 per quarter

Late Registration Fee is assessed for continuing students who do not register on or before 14 days prior to the beginning of the first day of the quarter.

Transcripts, per copy \$4

Program Change Fee \$250

You must pay the state-imposed assessment for the Student Tuition Recovery Fund (STRF) if all of the following applies to you: 1. You are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all or part of your tuition either by cash, guaranteed student loans, or personal loans, and 2. Your total charges are not paid by any third-party

payer such as an employer, government program or other payer unless you have a separate agreement to repay the third party. You are not eligible for protection from the STRF and you are not required to pay the STRF assessment, if either of the following applies: 1. You are not a California resident, or are not enrolled in a residency program, or 2. Your total charges are paid by a third party, such as an employer, government program or other payer, and you have no separate agreement to repay the third party."

The State of California created the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic losses suffered by students in educational programs who are California residents, or are enrolled in a residency programs attending certain schools regulated by the Bureau for Private Postsecondary and Vocational Education. You may be eligible for STRF if you are a California resident or are enrolled in a residency program, prepaid tuition, paid the STRF assessment, and suffered an economic loss as a result of any of the following:

- The school closed before the course of instruction was completed.
- The school's failure to pay refunds or charges on behalf of a student to a third party for license
  fees or any other purpose, or to provide equipment or materials for which a charge was
  collected within 180 days before the closure of the school.
- The school's failure to pay or reimburse loan proceeds under a federally guaranteed student loan program as required by law or to pay or reimburse proceeds received by the school prior to closure in excess of tuition and other costs.
- There was a material failure to comply with the Act or this Division within 30 days before the school closed or, if the material failure began earlier than 30 days prior to closure, the period determined by the Bureau.
- An inability after diligent efforts to prosecute, prove, and collect on a judgment against the institution for a violation of the Act.

## **Residential and Non-Residential Fees**

The Non-Residential Fee covers all meals, shuttle transportation between off-site accommodations and both campuses. The Residential Fee includes the above-listed services plus shared accommodations for the in-session nights and 12% Santa Barbara County Occupancy Use Tax.

## **Residential Fee**

M.A. /Ph.D. Mythological Studies						
M.A. /Ph.D. Depth Psychology, Jungian and Archetypal Studies specialization						
M.A. /Ph.D. Depth Psychology, Community, Liberation, Indigenous, and Eco-Psychologies						
specialization	\$5,895					
M.A. Depth Psychology and Creativity	\$3,680					
M.A. Counseling Psychology	\$7,610					
M.A. Counseling Psychology (3 <sup>rd</sup> year only)	\$3,930					
Psy.D. Counseling Psychology	\$7,610					
Psy.D. Clinical Psychology	\$8,145					
M.A. /Ph.D. Clinical Psychology	\$9,833					
Ph.D. Depth Psychology, Integrative Therapy & Healing	\$5,895					
Ph.D. Depth Psychology, Integrative Therapy & Healing (3 <sup>rd</sup> year only)	\$3,930					
Non-Residential Fee:						
M.A. /Ph.D. Mythological Studies	\$4,000					
M.A. /Ph.D. Depth Psychology, Jungian and Archetypal Studies Specialization	\$2,000					
M.A. /Ph.D. Depth Psychology, Community, Liberation, Indigenous, and Eco-Psychologies						
specialization	\$3,375					
M.A. Depth Psychology and Creativity	\$2,000					
M.A. Counseling Psychology	\$4,250					
M.A. Counseling Psychology (3 <sup>rd</sup> year only)	\$2,250					
Psy.D. Counseling Psychology	\$4,250					
Psy.D. Clinical Psychology	\$4,392					
Ph.D. Clinical Psychology	\$5,246					
Ph.D. Depth Psychology, Integrative Therapy and Healing	\$3,375					
Pd.D. Depth Psychology, Integrative Therapy and Healing (3 <sup>rd</sup> year only)						

## **FINANCIAL AID**

If the student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund, and that, if the

student has received federal student financial aid funds, the student is entitled to a refund of the monies not paid from federal student financial aid program funds.

If the student is eligible for a loan guaranteed by the federal or state government and the student defaults on the loan, both of the following may occur:

- The federal or state government or a loan guarantee agency may take action against the student, including applying any income tax refund to which the person is entitled to reduce the balance owed on the loan.
- The student may not be eligible for any other federal student financial aid at another institution or other government assistance until the loan is repaid.

## **Refundable Tuition Policy**

Students withdrawing, taking a leave of absence, or dropping a course from Pacifica: To be eligible for a refund of tuition, timely written notification must be submitted to the Office of the Registrar as specified below. The effective date of withdrawal, Leave of Absence, or dropped courses will be determined by the date written notification is received by the Office of the Registrar. If you withdraw, file a Leave of Absence, or drop a course from Pacifica after instruction has begun, you will receive a partial refund based on a "per unit tuition calculation" as specified below:

\*"Per unit tuition calculation": the Tuition for the specific quarter, program, and academic year, divided by the number of units offered in that specific quarter and program.

You have the right to cancel your agreement for a program of instruction, without any penalty or obligations, through attendance at the first class session or the seventh calendar day after enrollment, whichever is later. After the end of the cancellation period, you also have the right to stop school at any time; and you have the right to receive a pro rata refund if you have completed 60 percent or less of the scheduled days in the current payment period in your program through the last day of attendance.

#### **Academic Quarter Refund Deadline**

On or before the first day of class of the quarter 100% OR,

7<sup>th</sup> Day after Enrollment Date 100%

Day 2 to day 7\* 80%

Day 8 to day 14\* 70%

Day 15 to day 21\* 60%

Day 22 to day 28\* 50%

Day 29 to day 35\* 40%

Day 36 to day 42\* 30%

After day 42 0%

# **Summer Quarter Policy**

On or before the first day of class 100%

After the first day: The tuition refund is prorated based on the number of days in the quarter, up to and including the date written notification is received by the Office of the Registrar.

# Refundable Residential/Non-residential Fee Policy

You have the right to cancel your agreement for a program of instruction, without any penalty or obligations, through attendance at the first class session or the seventh calendar day after enrollment, whichever is later. After the end of the cancellation period, you also have the right to stop school at any time; and you have the right to receive a pro rata refund if you have completed 60 percent or less of the scheduled days in the current payment period in your program through the last day of attendance.

For Students Who Have Received Federal Student Financial Aid: If the student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund, and that, if the student has received federal student financial aid funds, the student is entitled to a refund of the monies not paid from federal student financial aid program funds.

<sup>\*</sup>Unless 7 days or fewer after the Enrollment Agreement is signed.

# **Attendance Policy – On-Campus**

Students are expected to attend all class sessions. Students are also expected to be on time and to be physically present for the entire duration of all class meetings for each of their courses. Attendance via skype, phone, or other electronic calling device is not permitted. If an absence should become necessary, it is the student's responsibility to inform the instructor. A student should also inform the Program Administrator and the Housing and Guest Services Coordinator before the absence occurs. Instructors may deduct participation points for absences.

Religious holiday observance does not negatively affect attendance; however, advance written notice must be given to the Program Chair. With the exception of students in the hybrid programs, students cannot miss more than five (5) class days per academic year. Additionally, in order to ensure academic excellence, students must attend a minimum of 2/3 of the total classroom hours for each course. Students in the hybrid degree programs may miss no more than 1/3 of the contact hours during the residential session per course. In addition, students cannot may miss more than 1/3 of online modules per course.

Please Note: Missing more than 1/3 of any course during a quarter will result in a failing grade and necessitate retaking the course. Only under profound circumstances will Education Council waive or alter this requirement. Excessive unexcused absences may be cause for academic probation or academic disqualification (see section on Academic Standing).

#### Attendance Policy – Hybrid/Online Modules

Students completing coursework online are required to participate actively in online course activities. Online course activities include, but are not limited to: reading or listening to lesson presentations; reading and responding to discussion topics posted by instructors and fellow students; completing lesson assignments, group projects, and term projects; and maintaining contact with instructors and peers by using course email, chat rooms, and/or discussion boards.

Students in the hybrid programs meet the required contact hours for each course by attending the oncampus residential (approximately 15.5 hours for each three unit course), and by completing the necessary contact hours for each course online (14.5 hours for each three unit course). Students should expect to login several times a week to complete the discussion questions and assignments.

Although students in the hybrid programs are allowed to miss up to 1/3 of online and 1/3 of on campus coursework, absences can severely compromise the learning experience and retention of information in a distance-learning environment. For this reason, Pacifica strongly discourages students from missing any on-campus class sessions or assigned online activities. Excessive absences may result in academic probation or disqualification (see section on Academic Standing).

For courses taught entirely online, students must carefully review and follow the guidelines, requirements, and due dates in each course syllabus. Students are expected to engage in regular activity for the online course and complete all assigned coursework. For online classes, students must be present and active for a minimum of 2/3 of the course hours in order in order to meet the attendance requirement for the course.

Students in a virtual classroom are expected to keep their camera on during class instruction and discussion. Students may turn off their camera for up to 15 minutes per hour, but any longer will require that the student contact the instructor for permission. If students do not have their camera on, they may be marked absent by the instructor. Exceptions to this policy can be made through a request to the ADA Office.

Please Note: Attendance requirements may be altered in the event that courses must be offered online due to natural disaster, public health crisis, etc. In such event, students will be notified of any alterations to the attendance policy. Attendance may include synchronous and asynchronous online activity.

# **Complaint and Grievance Policies and Procedures**

The Student Relations Liaison position is intended as an additional support for students who are seeking information and mediation regarding the grievance processes related to policies described in the Student Handbook. One of the key responsibilities of the Liaison is to create communication between students and their faculty, staff, and administration regarding creation of fair and positive

solutions that uphold Pacifica's standards and values as well as to address student's questions and concerns.

The Student Relations Liaison can be reached at a confidential phone line (805) 220-8707 or at <a href="mailto:studentliaison@pacifica.edu">studentliaison@pacifica.edu</a>.

Students can contact the Bureau at any time and not required to use Pacifica's internal process first.

#### **Procedure for Resolving Academic and Administrative Complaints**

Students are encouraged to first discuss complaints with the person(s) who is (are) directly involved in the complaint in an effort to come to a satisfactory, informal resolution.

If these informal direct discussions are not successful, the student may pursue further informal avenues as defined within each academic program. The Program Chair, Student Affairs Relations Liaison, or the Director of the appropriate administrative department may be involved in discussing possible resolutions or can be of assistance in directing a student to the appropriate person. If the matter relates to the student's financial account, it may be referred to the Student Accounts Committee.

Before filing a formal grievance, Pacifica encourages students to use established program procedures for addressing and resolving complaints whenever possible. In some cases, students or faculty may be directed to the Educational Council for consideration of exceptions to academic policies. If it is determined that the student complaint is appropriate for consideration by the Education Council, the Education Council will review the matter in accordance with its procedures and its decision will be final, subject to review by the Provost as described in Education Council procedures. When Education Council review is not appropriate, or where other specific and separate grievance procedures are not applicable, students may file a formal grievance according to the procedures described below. When an Education Council review is conducted, there will not be a duplicative grievance procedure.

## **Procedure for Addressing Grievances**

The grievance policy and procedures provide students with a method for addressing any concerns that may arise regarding possible violations to Pacifica's academic or administrative policies that pertain to students, or an arbitrary or discriminatory application of, or failure to act in accordance with, the academic or administrative policies of Pacifica Graduate Institute pertaining to students. The procedure provides a thorough review of the student's complaint and affords due process rights to dispute participants with the intent of arriving at a mutual agreement. The grievance procedures are only for non-Education Council matters.

#### **Definitions**

# Complaint

A student complaint is an allegation by a student that there has been an arbitrary or discriminatory application of, or failure to act in accordance with, the academic or administrative policies of Pacifica Graduate Institute pertaining to students. A student complaint may involve a faculty or staff member(s) and/or the Program Chair or it may be related to an academic or administrative process.

#### Grievance

A grievance is made when complaints have not been resolved and the student alleges that there has been an arbitrary or discriminatory application of, or failure to act in accordance with, the academic or administrative policies of Pacifica Graduate Institute. A formal written grievance is made by a student to a designated academic (Program Chair) or administrative officer (Director) in which specific remedies may be requested.

# **Formal Procedure for Resolving Grievances**

A grievance is initiated by completing and filing a Grievance Form available on Pacifica's website or by writing a letter that includes the following description. This form requires a detailed description of the grievance, the parties involved, the attempts to resolve the grievance informally, and the remedies sought. Most frequently, the grievance is addressed to the Program Chair or, if it involves non-academic matters, to the administrative director of that function, e.g., Financial Aid, Student Accounts Office, etc. If the Program Chair or an administrative director is a party to the grievance, the formal written grievance must be addressed to the Provost, who will assign the matter for review. If the Provost is a party to a grievance, the formal written grievance should be directed to the President, who will assign the matter for review.

The person receiving the formal written grievance will review it and within 30 days will gather information from the grievance parties, keeping a record and/or summary of this information. He or she will recommend a solution to the grievance based on mutual agreement. If a mutual agreement cannot be reached, a resolution will be determined and the grievant will be notified of the resolution in writing. Copies of all records will be sent to and maintained by the Academic Affairs Office or, for administrative department grievances, by the Human Resources office.

# **Appeal Process**

For both academic and administrative grievances, if the parties accept the resolution, the grievance is considered settled. If the resolution is not accepted, then the grievant(s) may appeal the resolution in writing within 15 days of the date the resolution is mailed to the grievant(s). If the appeal is not submitted within the prescribed time limit, the resolution is final.

If the grievant(s) elects to appeal, appeals are submitted to the Provost, along with the written record from the previous steps. If the Provost is the object of the grievance, the grievance will be referred to the President.

Within 30 days of appeal to the Provost, the Provost may decide the matter or may convene a Special Hearing Committee to further investigate the grievance. The Committee may include any of the following members, depending upon the circumstances: Core Faculty members, any Administrative Director, Ethics Committee members, or others. The Committee will make its recommendations to the Provost within 45 days after being convened.

The Provost will accept, reject, or revise the Committee's decision and communicate it to the grievant(s). This decision will be based on the record and the Provost will not reopen the matter for additional evidence or argument. The action of the institutional management will be final.

#### **Academic Probation**

Students are placed on academic probation upon failure to achieve or maintain a cumulative grade point average of 3.0. Students may also be placed on academic probation for excessive unexcused absences or for failure to follow the Honesty or Conduct Policies of the Institute. After being notified of probationary status, it is recommended that a probationary student contact the Program Chair for advisement. Probationary status is removed when a student has raised his or her cumulative GPA to at least a 3.0 and/or when the honesty, conduct, or attendance issues have been addressed satisfactorily.

A student may be on academic probation for no more than two consecutive quarters of enrollment. If probationary status is not remediated and removed within two enrolled quarters, a student will be academically disqualified.

#### **Academic Disqualification**

Academic disqualification discontinues a student's current enrollment and bars further registration and attendance/participation in any course pending a review by the Education Council. There are five circumstances under which a student would be placed on academic disqualification status:

- 1. Students who fail to resolve their academic probation status within two consecutive quarters of enrollment will automatically be placed on academic disqualification status.
- 2. Students who do not make satisfactory progress during the six-month remedial work period of their clinical probation may be placed on academic disqualification status. Students in this situation have the opportunity to make a written and oral presentation to show cause for remaining in the program.
- 3. Students who engage in additional unethical or illegal behavior in regard to the practice of psychotherapy while on clinical probation will undergo an immediate review. If evidence of this

- behavior is substantiated by the Education Council, the student may have his/her probation extended or may be placed on academic disqualification status.
- 4. If a student does not pass either the written or oral exam in the Doctoral or Master's program after two attempts, he or she shall be placed on academic disqualification status.
- 5. Violation of the Honesty Policy or the Conduct Policy is cause for academic probation and/or disqualification.

When any of these situations occur, the Registrar will notify the student in writing of the status. Students who are academically disqualified will receive a prorated refund of tuition and fees based on Pacifica's Refund Policy as described in this handbook. Financial aid recipients will be evaluated based on the Return of Federal Funds policy required by federal regulations as outlined in the Financial Aid section of this handbook.

# **Disqualification Appeal Procedure**

In the event a student is academically disqualified, he or she may submit a petition to the Education Council to appeal the disqualification. Petitions to the Education Council must be submitted to the Registrar within one week of receipt of the disqualification notice. The Council will review and consider all materials that are submitted and will respond to the student in writing. A copy of the Council's action, along with the student's petition, will be placed in their permanent file.

If the Education Council denies the appeal for reinstatement, the student has the option to apply for readmission unless the disqualification was based on the Conduct and Impairment Policy or the Honesty Policy. Students who are disqualified for violations of the Conduct and Impairment Policy or the Honesty Policy are eligible to appeal the disqualification by petitioning the Provost's Office who may appoint a review committee. The review committee will make a suggestion to the Provost and the decision of the Provost will be final.

#### Remediation for Problematic Behavior

Pacifica students, faculty and staff are encouraged not to respond to rude or abusive communication, other than to encourage rephrasing in a more professional and civil behavior. Departmental review of problematic behavior occurs throughout the year in certain programs, and may be specifically

addressed in the annual student evaluations/assessments. The faculty and staff may require time to collect information, documentation, and varied opinions before approaching a student with specific concerns.

In case of identified and specific problematic behavior, faculty, staff or other students may fill out an Incident Report document, which is forwarded to the Program Chair and Program Administrator. The Chair should contact the student and other parties for further clarification, and the student may be able to add their own summary of the events. The Chair, in conjunction with appropriate to the case faculty (e.g., student's advisor) and staff, will examine the nature of complaint and initiate other procedures that may require student to be issued a written warning (Problem Identification process), placed on probation, or be disqualified or withdrawn from the program. For example, repeated lateness to class or disruptive use of electronic equipment may be documented as a warning and addressed with student via Problem Identification forms (which will include specific violations and their remediation). However, incidences of plagiarism, violence, hate speech/crime, or extreme emotional or behavioral instability that influences cohort learning or disrupts operations at Pacifica, may be addressed immediately by Chair in conjunction with the Educational Council and the Registrar, which may result in the initiation of the probation procedures with required remediation steps, a required Leave of Absence with compulsory remediation steps, or immediate disqualification from the program. The student will have a chance to submit documentation of their own assessment of what occurred as well as be able to appeal the Education Council's decision to the Provost's office (see Grievances procedures process below).

Probation procedures may also be evoked after repeated or unaddressed incident reports and problem identification procedures.

As part of the probation process, the Chair of the program will document specific violations, steps toward remediation (if applicable), time frame for remediation to occur, and consequences in case the behavior is not addressed or remediation steps are not completed. Students' probation status and all the supporting documents (including students' own summary of the problem) will be evaluated by the Educational Council. If the Educational Council, based on Chair recommendation, approves probation, this document (signed by program Chair and the Educational Council representative) will

be placed in students' files. Education Council, in conjunction with the Program Chair, will review student progress on the terms of the probation at the conclusion of the probationary period, or as circumstances call for, in order to determine if student is able to come off probation or if further action is required.

Decisions by the committee which involve immediate disqualification from the program are forwarded to the Provost, who can hear appeals and then makes final decisions. Students disqualified from the program are not permitted to re-enroll or seek admission into another program.

## Suspension

Students who are suspended due to violations of the Honesty Policy or the Conduct and Impairment Policy may not attend classes in person or online. Within three weeks of the date of the suspension, there will be a review by the Program Chair and the Provost to determine whether the student will be removed from suspension and allowed to return to classes, continued on suspension for a determined period of time, placed on academic probation, or academically disqualified. The student will be notified of the date of this review and will have the option of providing a written response to the reviewing committee. Suspension of classes includes those conducted online; the suspended student will be denied access to the Learning Management System.

# **Financial Aid**

The purpose of financial aid is to provide financial assistance to students enrolled at least half-time basis (minimum 3 units) in an eligible program at Pacifica. Pacifica's Board of Trustees, administrators, faculty, and staff do all they can to ensure that quality education is accessible to all students. Pacifica is committed to a policy of non-discrimination in its regulations pertaining to the award of financial aid.

Important Note: The financial aid information published in this catalog is current and accurate at the time of publication. Institutional policies along with federal and state regulations may change periodically. Contact the Financial Aid Office for the most up-to-date information regarding applications, deadlines, policies, and procedures or visit <a href="Pacifica's Financial Aid webpage">Pacifica's Financial Aid webpage</a>.

#### **GENERAL ELIGIBILITY REQUIREMENTS:**

A student must adhere to the following in order to qualify for federal financial aid at Pacifica:

- 1) Be admitted to an eligible program at Pacifica and enrolled in that program on at least a half-time basis (minimum 3 units/quarter);
- 2) Complete and submit the <u>Free Application for Federal Student Aid (FAFSA)</u> form each year to determine eligibility for federal financial assistance. Pacifica's School Code is **G31268**.
- 3) Be in good standing in order to qualify for federal financial assistance (a student may not have federal liens, or be in default, or owe a refund on any federal financial aid program).
- 4) Be a United States Citizen, legal permanent resident of the United States or eligible non-citizen; provide proof of compliance with selective service and drug conviction regulations
- 5) Be making Financial Aid Satisfactory Academic Progress (FSAP) toward the completion of degree requirements (See FSAP policy for details).
- 6) Complete an entrance counseling session online prior to receiving the first loan disbursement and an exit counseling session when dropping below half-time status, taking a Leave of Absence, or upon completion from Pacifica.

#### TYPES OF ASSISTANCE:

Pacifica provides students with a number of financial assistance options including scholarships, loans, and financing alternatives.

#### PACIFICA GRADUATE INSTITUTE SCHOLARSHIPS:

To make education accessible to students who show high financial need and academic merit,

Pacifica is pleased to offer a number of scholarship programs to our graduate students. Applications
are available through the Financial Aid Office and on our website after January 1st.

Newly admitted students to be considered must meet the following requirements by: August 15th

- 1) Be accepted into a program of study.
- 2) Complete and submit the scholarship application and essay.
- 3) Results of the FAFSA must be on file in the Financial Aid Office for U.S Citizens or eligible noncitizens in order to qualify.
- 4) International students must instead of the FAFSA, complete the International Student Addendum form (page 2 of the application) along with the application and essay.

Returning students to be considered must meet the following requirements by: August 15th

- 1) Be enrolled full-time (minimum 6 units) each quarter.
- 2) Complete and submit the scholarship application and essay.
- 3) Results of the FAFSA must be on file in the Financial Aid Office for U.S. Citizens or eligible non-citizens in order to qualify.
- 4) International students must instead of the FAFSA, complete the International Student Addendum form (page 2 of the application) along with the application and essay.

# **Program Scholarships**

# C.G. and Emma Jung Scholarship

Offered to newly admitted students entering into the Ph.D. Depth Specialization in Integrative Therapy and Healing Practices. Average awards range from \$2,000-\$3,000. The number and amount of individual awards is contingent upon the number of eligible applications received. This scholarship is renewable, provided recipients meet the required grade point average.

## Founders Scholarship

Offered to newly admitted students entering into the M.A. Counseling Psychology Program. The scholarship will be awarded to 4 students in the amount of \$4,000 and is renewable provided recipients meet the required grade point average. Applicants should show high financial need and strong academic excellence.

## Global Innovators Scholarship

Offered to newly admitted students entering into one of the following programs: M.A. Depth Psychology and Creativity, or the M.A. /Ph.D. Depth Psychology with Specialization in Jungian and Archetypal Studies. Average awards range from \$2,000-\$3,000. The number and amount of individual awards is contingent upon the number of eligible applications received. This scholarship is renewable, provided recipients meet the required grade point average.

# Herman Warsh Scholarship

Offered to newly admitted students entering the M.A. /Ph.D. Depth Psychology with Specialization in Community, Liberation, and Ecopsychology program. Average awards range from \$2,000-\$3,000. The number and amount of individual awards is contingent upon the number of eligible applications received. This scholarship is renewable provided recipients meet the required grade point average.

## Joseph Campbell Scholarship

Offered to newly admitted students entering into the M.A. /Ph.D. Mythological Studies Program. Average awards range from \$2,000-\$3,000. The number and amount of individual awards is contingent upon the number of eligible applications received. This scholarship is renewable provided recipients meet the required grade point average.

# Jung/Freud Clinical Scholarship

Offered to newly admitted students entering into either the Ph.D. Clinical Psychology or Psy.D. Counseling programs. Awards range \$2,000-\$3,000. The number and amount of individual awards is contingent upon the number of eligible applications received. This scholarship is renewable, provided recipients meet the required 3.5 cumulative grade point average.

#### **Education Assistance**

Offered to new and returning students based on extreme financial hardship and strong academic excellence. The award is \$1,000 to be equally divided between four quarters. For students in the M.A. Counseling Program enrolled in the 3<sup>rd</sup> year, the award is \$500. This scholarship is not renewable and students must apply each academic year. Students enrolled in the dissertation phase are not eligible for consideration.

## Post 9/11 GI Bill Yellow Ribbon Scholarship

Pacifica Graduate Institute is pleased to announce that we have entered into an agreement with the Veteran's Administration in support of veterans continuing their education under the Post 9/11 GI Bill. Pacifica has agreed to provide up to ten Yellow Ribbon Scholarships each year for qualifying veterans under the Post 9/11 GI Bill on a first-come, first-serve basis. Students in the M.A. Counseling program will qualify for up to \$6,500 per year, M.A. Depth Psychology and Creativity students will qualify for up to \$5,400 per year, and those in the doctoral programs will qualify for up to \$7,800 per year.

## **Segal AmeriCorps Matching Scholarship**

Offered to new and returning students. Pacifica Graduate Institute is a proud participant in the Segal AmeriCorps Matching Education Award program and is pleased to offer the Segal AmeriCorps Matching Scholarship to qualified AmeriCorps Alumni enrolled in one of our M.A. or Ph.D. programs. The matching scholarship amount will be a dollar-for-dollar match up to \$4,725 per year with a maximum of \$9,450 throughout enrollment in the program of study. To qualify for the matching scholarship program, students must submit to the Financial Aid Office the AmeriCorps voucher confirming benefit eligibility. A total of five new scholarships will be available on a first-come, first-serve basis. These scholarships are not transferable, have no cash value, and will be applied directly toward tuition charges.

#### **CLIE Tuition Matching Grant**

Offered to newly admitted students entering into the M.A. /Ph.D. Depth Psychology with Specialization in Community, Liberation, Indigenous, and Eco-Psychology program. Pacifica

Graduate Institute will match (through tuition grant) up to \$12,500 per year, tuition support offered by an incoming student's employer, non-profit organization, sponsoring member of the community, or foundation. The number and amount of individual awards is contingent upon the number of eligible applications received. Applicants should have experience in and commitment to working in community based settings or on environmental or cultural issues. The matching funds awarded in 2020-2021 will be renewable throughout a student's course of study in conjunction with their sponsoring source. This opportunity has been created in recognition of how difficult it can be for those committed to community and ecopsychological work to fund their education, particularly in the context of the enhanced needs our communities are currently experiencing.

# Peace Corps Paul D. Coverdell Fellows Program

Pacifica Graduate Institute partners with <u>The Peace Corps'</u> <u>Paul D. Coverdell Fellows Program</u> to provide graduate school scholarships to Returned Peace Corps volunteers (RPCV). The <u>Community</u>, <u>Liberation</u>, <u>Indigenous</u>, <u>and Eco-Psychology Specialization</u>, the <u>Psy.D. Counseling Psychology</u> <u>Program</u> and the <u>M.A. Counseling Psychology Program</u> invite RPCVs to apply.

Students are encouraged to apply for all applicable scholarships. However, scholarships cannot be combined with other Pacifica Graduate Institute Scholarships. Only one scholarship per student can be awarded.

#### **EXTERNAL SOURCES:**

## **Outside Scholarship Searches**

There are many free sources providing scholarship listings and databases available to students on the Internet. Please be aware that you should not pay for a search service. Pacifica's website provides a listing of several scholarship search resources. Log on to www.pacifica.edu, under Financial Aid, click on Scholarship Searches.

#### **International Student Resources**

We encourage students to apply for the Pacifica Graduate Institute Scholarships. Please refer to the Scholarship section for more information or visit <u>Pacifica's website</u>. Under Financial Aid, click International Students.

# **State Sources**

Many states offer grants and/or other types of financial aid to their residents. Contact the U.S. Department of Education in your state for information, or check the <u>U.S. Department of Education's</u> website.

# **Student Employment**

Pacifica does not participate in the Federal Work-Study program.

## Tax Breaks for College

There are a number of federal tax benefits for college, including credits, deductions, and savings incentives. All benefits have income limitations and other qualifications.

Consult your tax advisor or IRS for complete details.

Web resources: <u>IRS Tax Information for Individuals webpage</u>.

For questions regarding the 1098-T tax form, please contact Pacifica's Student Accounts Office.

#### **Tribal Benefits**

Pacifica accepts tribal benefits. Several American Indian tribal nations provide tuition assistance for students who are recognized members. For additional information on tribal funding, please visit the U.S. Department of the Interior's webpage.

#### **Veterans Administration Educational Benefits**

Pacifica's programs are approved for the training of veterans and other eligible persons under Title 38, U.S. Code. To determine eligibility requirements under any of the education benefit programs, call 1-888-GIBILL1 or logon to the <u>VA website</u>.

Pacifica has agreed to participate in the Post 9/11 GI Bill Yellow Ribbon Matching Scholarship program. For details of Pacifica's Yellow Ribbon Matching Scholarship program contact the Financial Aid Office or visit the Pacifica Scholarship Programs link on the Financial Aid website. For students eligible for education benefits through the Veteran's Administration, all previous education and training will be evaluated. Credit will be awarded where appropriate and the program will be shortened accordingly. The student and the Veteran's Administration will be notified by the Registrar Office promptly.

#### **Vocational Rehabilitation**

Pacifica accepts Vocational Rehabilitation benefits. The services available through these programs vary depending upon the state. For more information, please visit the <u>VA Veteran Readiness and Employment webpage</u>.

#### STUDENT LOANS

#### **Federal Student Loans**

Pacifica Graduate institute participates in the U.S. Department of Education's Direct Loan program. The Direct Loan program provides students with access to federal Unsubsidized Loans as well as PLUS Loans for graduate and professional students by allowing students to borrow directly from the federal government. To learn more about these Federal Direct Loan programs, visit the <a href="Federal Student Aid website">Federal Student Aid website</a> or the <a href="Pacifica Financial Aid website">Pacifica Financial Aid website</a>. You may also learn more about these loan programs in the Pacifica Financial Aid guide, which is available for download online or in the Financial Aid Office.

The Direct Unsubsidized Loans are low interest loans made to students admitted to an eligible academic program and attending at least half-time (minimum 3 units). The interest rates for federal student loans are determined by federal law each year. The interest rate on Direct Unsubsidized loans for 2020-2021 will be released during the summer. All new Direct Unsubsidized loans offer a six month post-enrollment grace period. All Direct Unsubsidized Loans are subject to an origination fee which is deducted from each disbursement.

Graduate students may borrow an annual maximum of \$20,500 in the Direct Unsubsidized Loan program. The aggregate loan limit of all federal Stafford Loans (FFELP + Direct combined) for a graduate student is \$138,500 (including undergraduate loans and a maximum of \$65,500 in Subsidized Stafford Loans).

#### **Direct Unsubsidized Loans**

Direct Unsubsidized Loans are available to students regardless of financial need. The annual maximum for graduate students is \$20,500. Interest on this loan begins to accrue upon disbursement. The student is responsible for the interest on this loan during eligible periods of enrollment and deferments (interest deferment options are available).

#### **Direct Subsidized Loans**

Direct Subsidized Loans are no longer available for graduate and professional students effective for loans made for periods of enrollment (loan periods) beginning on or after July 1, 2013. The terms and conditions of Direct Subsidized Loans received by any student for loan periods beginning before July 1, 2013 for either graduate or undergraduate study are not affected by this change.

#### **Direct Graduate PLUS Loans**

Direct Graduate PLUS Loans are available to qualifying graduate/professional students to assist with education expenses (tuition, housing, books, travel, and reasonable personal expenses). Direct PLUS Loans are not based on income or assets. However, to qualify borrowers must:

- 1) Be a U.S. Citizen or eligible non-citizen and have a valid Social Security Number.
- 2) Complete the FAFSA and apply for the maximum amount of Unsubsidized Loans for which you are eligible.
- 3) Meet credit eligibility requirements as determined by the U.S. Department of Education.
- 4) Complete/submit a Master Promissory Note (MPN) to the U.S. Department of Education. Direct Grad PLUS Loans are also subject to an origination fee which is deducted from each disbursement.

The interest rates on Grad PLUS loans are determined by federal law each year. The interest rate on Direct Grad PLUS loans for 2020-2021 will be released during the summer. Interest begins to accrue as the funds are disbursed each quarter. New Direct PLUS loans will have a six month postenrollment grace period.

# Student Loan Repayment

There are several repayment plans for Direct Loans that range between 10-30 years of repayment. Early repayment in whole or in part may be made without penalty at any time. Income based, extended repayment plans and loan forgiveness programs are available to assist in successful repayment of student loans. Consult with the Direct Loan Servicing Center for complete details on the repayment options available or visit the Federal Student Aid Loan Repayment website.

## **Student Loan Counseling**

All students who borrow from the Federal Loan Programs are required to complete an online Entrance Counseling session prior to receiving the first loan disbursement and an online Exit Counseling session prior to leaving Pacifica. The purpose of these loan counseling sessions is to inform students of their rights and responsibilities as a student loan borrower.

PLUS Credit Counseling is required if the U.S. Department of Education has informed you that you have an adverse credit history and you have:

- Obtained an endorser or
- Documented extenuating circumstances to the satisfaction of the U.S. Department of Education

#### **Private Alternative Loans**

Private Alternative Loans are non-federal loan programs that require at least half-time enrollment (minimum of 3 units at Pacifica), a good credit history, and ability to repay the loan, and U.S. citizenship or permanent resident status. Some loans may require a credit worthy U.S. citizen or permanent resident co-signer. For complete details of the alternative loans available, please contact

the Financial Aid Office. U.S. Department of Education regulations on private education loans require that:

- 1. The lender present full disclosure of the terms and conditions of the loan (including fees, interest rates, repayment amounts) and
- 2. The school certify a student's cost of attendance and eligibility prior to the lender disbursing funds and
- 3. The lender obtains written confirmation through a signed self-certification from the borrower that they understand the terms and conditions prior to releasing loan funds to the school. This process may extend the processing time for private loans and may delay the release of loans funds to the school. Please allow a minimum of two to three weeks for processing of private alternative loans.

#### **Financial Aid Disbursements**

In general, all financial aid will be released to Pacifica in multiple disbursements that coincide with the start of each enrollment period (quarter). The Financial Aid Office must confirm attendance and registration each quarter in order to release funds. Payment for all outstanding charges not covered by financial aid is due 14 days prior to the start of each quarter to the Student Accounts Office.

#### **Financial Aid Refunds**

If the student's financial aid exceeds the total charges each quarter, the student is entitled to a financial aid refund. Excess financial aid funds are available after the start of each quarter. Pacifica has partnered with Nelnet Business Solutions to provide timely refunds to students. Students have the option of receiving refunds through direct deposit or paper check. All refunds will be processed within 14 days after the financial aid funds are received from the U.S. Department of Education. If you do not sign up for the direct deposit option, a paper check will be mailed to you directly from Nelnet Business Solutions approximately 14 days after the funds are received. For questions regarding direct deposit and/or refund process please contact Pacifica's Student Accounts Office.

#### POLICIES APPLYING TO ALL FINANCIAL AID RECIPIENTS:

#### Return of Federal Funds/Refunds

Pacifica Graduate Institute adheres to the Return of Federal Funds (R2T4) regulated by federal policy(Sect. 668.22 Higher Education Amendments of 1998). For those students who are eligible and

receive federal financial aid and find it necessary to withdraw from all courses at Pacifica prior to the completion of the current quarter, the following federal policy applies. The focus of the policy is to return the **unearned** portion of the federal financial aid for the enrollment period. Only the amount of financial aid that has been earned (based on the number of calendar days completed in the period of enrollment) will be retained on the student's behalf. Any unearned aid will be returned to the U.S Department of Education (ED).

Return of Federal Funds will be calculated based on the date an official withdrawal notice is received by the Registrar's Office (i.e. written notification, the last date of documented date of attendance).

If withdrawing from school on or before the 60% point in the term, the school, and possibly the student, shall return the percentage of unearned Title IV federal financial aid.

The distribution of returned funds is as follows:

- 1) Federal Direct Unsubsidized Loan
- 2) Federal Direct Plus Loan
- 3) State, private, or institutional aid
- 4) The student

A "refund" refers to the calculation of institutional charges and is a separate calculation from the Return of Federal Funds calculation. The amount of refundable institutional charges (tuition and residential/non-residential fees) will be prorated based on school policy. Please refer to Refundable Tuition and Fee Policy in this catalog. If there is a balance due by the student as a result of the unearned financial aid being returned, the student will be responsible for payment of the difference.

Details of the Return of Federal Funds Policy are available in the Financial Aid Office. Details of the Refund Policy are available from the Student Accounts Office.

# Financial Aid Satisfactory Academic Progress (FSAP) Policy

#### Students enrolled in coursework

All students who apply for and receive financial aid must be making FSAP toward completion of degree requirements. FSAP annual evaluation will occur after summer grades are posted each year

(in August or September depending on the summer track end dates). For Psy.D. Clinical Psychology program the FSAP annual evaluation will occur after spring grades are posted each year.

A cumulative grade point average of 3.0 must be maintained AND a minimum of 67% of attempted units must be successfully completed with a grade of "C" or better (grade of "B" or better required for Counseling and Clinical doctoral students). Transfer credit (TR) will be considered as both attempted and completed units. Incomplete grades (I), failing grades (F, NP), withdrawn grades (W), repeated courses (R) and courses in progress with grades pending (J) will be counted as attempted units and excluded from completed units until successful grades are posted to the transcript.

Example: The percentage of completed units is calculated by dividing the number of successfully completed units by the number of attempted units. For example, if you attempt 6 units in each of the Fall, Winter, and Spring terms for a total of 18 attempted units and you successfully complete a total of 12 units, you have completed only 66.7% and are not maintaining FSAP. Your eligibility for federal aid would be suspended. Review the Appeal Process section for further details.

Dissertation students completing the Ph.D. dissertation phase of the program are considered to be in progress and will be counted as attempted credits and will not receive a grade until the student is able to complete their dissertation. Students who are completing their Ph.D. dissertation demonstrate FSAP by having a committee formed, having on-going consultation, and submitting acceptable written work to their dissertation committee chair by the end the first year. The student and committee chair must confirm that such progress has occurred. At the end of the ninth quarter of Ph.D. dissertation, in order to be making FSAP, a student must have a committee approved proposal to receive aid during a third year of dissertation work. All pending financial aid will be cancelled once the final draft is approved. Federal financial aid is not available beyond the thirteenth quarter of Ph.D. dissertation work. Please be aware that all pending financial aid will be canceled once the final draft of your Ph.D. dissertation is approved. The final draft approval date is considered the separation date from Pacifica and is the effective date used in notifying the Department of Education. Dissertation Processing Fees are not eligible for financial aid. Please review the Ph.D. Dissertation Satisfactory Academic Progress flyer for more details. Also, refer to the Psy.D. Clinical Dissertation Completion Extension flyer and

the Psy.D. Clinical Internship flyer for specific details, or equivalent policy documented elsewhere for the Psy.D. in Counseling Psychology.

## **Financial Aid Suspension**

It is the student's responsibility to ensure FSAP is maintained. Students will not receive prior FSAP warnings. Students who fail to maintain a minimum cumulative grade point average of 3.0 and/or fail to successfully complete a minimum of 67% of attempted units each year will lose eligibility for Federal Unsubsidized and Grad Plus Loans. Dissertation students who fail to meet the FSAP requirements will also lose eligibility for federal financial aid. Students will be notified in writing if or when their eligibility for federal aid is suspended.

# **Appeal Process**

Students for whom federal aid has been suspended may appeal if extenuating circumstances (such as a death in the family, injury, illness, or other special circumstances) has hindered academic performance.

Students are strongly encouraged to submit a written appeal within two weeks after receiving notification that financial aid has been suspended. Appeals must be in writing and describe the basis for the appeal. The appeal should include the following items:

- An explanation as to what has changed that would allow the student to demonstrate FSAP at the next evaluation.
- A Corrective Action Plan (CAP) that provides a detailed explanation of how and when deficiencies will be resolved.
- A proposed academic plan for completion of the degree requirements.

The appeal and the CAP must be submitted in writing to the Director of Financial Aid at Pacifica Graduate Institute, 249 Lambert Road, Carpinteria, CA 93013. Phone: (805) 969-3626 x137. The FSAP Committee will review each student's appeal and CAP to determine whether the FSAP standards will be met and if eligibility for federal aid will be re-instated.

# Students Enrolled in Psy.D. Clinical Psychology Internship

Students that are enrolled in the Internship phase of the Psy.D. Clinical Psychology Program are eligible for financial aid only during the first three quarters of Internship enrollment period.

#### **Maximum Timeframe**

Students must successfully complete the program within the maximum timeframe. Students in the Master's programs must complete the degree requirements within 5 years and Doctoral programs within 8 years. The maximum number of units a student may attempt in the process of completing the degree is:

	Number of Units	Maximum Number of
Program	required for	Attempted Units Allowed
	Degree	*
M.A. /Ph.D. Clinical Psychology	105	157.5
Psy.D. Clinical Psychology	116	174
M.A. Counseling Psychology	93	139.5
Psy.D. Counseling Psychology	106	159
M.A. /Ph.D. Depth Psychology	90	135
Community/Liberation/Indigeno	90	135
us/ Ecopsychologies		
Jungian and Archetypal Studies specialization	90	135
Somatic Studies	90	135
M.A. Depth Psychology and Creativity	48	72
M.A. /Ph.D. Mythological	89	133.5
Studies		100.0
Ph.D. Integrative Therapy & Healing Practices	74	111
* The maximum number of unite	attamentad may var	hand day days

<sup>\*</sup> The maximum number of units attempted may vary based on degree requirements at the point of admission to the program of study

# **Notice of Penalties of Drug Law Violations**

Federal law provides that a student who has been convicted of an offense under any federal or state law involving the possession or sale of a controlled substance during a period of enrollment for which the student was receiving financial aid shall not be eligible to receive any federal financial aid during the period beginning on the date of such conviction and ending after the interval specified in the following table.

If convicted of an offense involving:

Possession of a Controlled Substance:	Ineligibility Period:
First Offense	1 year
Second Offense	2 years
Third Offense	Indefinite
Sale of a Controlled Substance:	Ineligibility Period:
First Offense	2 years
Second Offense	Indefinite

A student whose eligibility has been suspended based on a conviction for possession or sale of a controlled substance may resume eligibility before the end of the ineligibility period if:

- A. The student satisfactorily completes a drug rehabilitation program that:
  - 1. Complies with the criteria prescribed in the federal regulations; and
  - 2. Includes two unannounced drug tests;
- B. The student successfully passes two unannounced drug tests conducted by a drug rehabilitation program that complies with the criteria prescribed in the federal regulations; or
- C. The conviction is reversed, set aside, or otherwise rendered nugatory.

# Student Rights and Responsibilities

## Student Rights:

Students have the right to ask the Institute:

- What it costs to attend and what its refund policies are if you take a Leave of Absence or withdraw.
- How the Institute determines whether you are making FSAP and what happens if you are not.
- What financial help is available, including information on federal, state, and college financial aid programs, not just loans.
- About the deadlines for submitting applications for each financial aid program and how recipients are selected.
- How your financial need is determined, including the costs for tuition, fees, housing, food, transportation, books, supplies, personal and miscellaneous expenses are considered in your cost of attendance.

- To explain the various elements in your financial aid package including how and when you will receive your aid.
- To reconsider your financial aid application, if you believe you have been treated unfairly.
- How much of your financial aid must be paid back, and what portion is grant or gift aid.
- If you are offered a loan, you have the right to know the interest rate, the total amount that
  must be repaid, payback procedures, when repayment begins and how long you have to
  repay.
- How to apply for additional aid, if your financial circumstances change.
- About the effect outside scholarships may have on your financial aid award.
- For its statistics on crimes, including sexual violence committed on and off campus, and for its campus safety policies and procedures.
- To disclose the percentage of its student who complete the Institute's programs, the percentage that transfer out, and its job placement rates.

## Student Responsibilities:

## Students must:

- Accurately complete and submit all application by the required deadlines;
- Promptly respond to requests for additional required documentation;
- Avoid intentional misreporting of information on financial aid forms;
- Read, understand, and retain copies of all forms signed and submitted;
- Read, understand, and accept responsibility for all signed agreements;
- Review and understand all information about the program of study prior to enrollment;
- Understand and comply with all requirements of federal, non-federal, and Pacifica financial aid programs;
- Repay your student loans plus interest that accrues, even if you do not complete your education, cannot get a job, or are not satisfied with your education;
- You must use your federal student loan for educational expenses only;
- File for a deferment or forbearance, or change repayment plans if you are at risk of default;
- Remain continuously enrolled, i.e. not have a break in enrollment such as a leave of absence for sequential continuation of financial aid;

- Complete the required Entrance Counseling session prior to the receipt of the first loan disbursement;
- Complete an Exit Counseling session prior to leaving Pacifica (i.e., upon completion of degree requirements or prior to a leave of absence or withdrawal); and
- Notify the Department of Education and alternative loan lenders and the administrative offices
  at Pacifica of all changes to a student's address, phone number, email address, and
  enrollment status. Failure to notify the Financial Aid Office may result in delayed processing of
  the financial aid.

# **Student Consumer Information**

For student Consumer Information, please visit Pacifica's Student Consumer Information website.

# **Administrative Information**

#### Accreditation

As an accredited institution, Pacifica Graduate Institute is committed to high standards of quality, integrity, capacity, and effectiveness. Pacifica's academic programs are subject to review and approval on multiple levels:

- 1. WASC Senior College and University Commission (WSCUC);
- 2. State of California Bureau of Private Postsecondary Education (BPPE);
- 3. U.S. Department of Education (ED)

The WASC Senior College and University Commission (WSCUC) is a regional accrediting agency serving a diverse membership of public and private higher education institutions throughout California, Hawaii, and the Pacific, as well as a limited number of institutions outside the U.S. Through its work of peer review, based on academic standards agreed to by the membership, the Commission encourages continuous institutional improvement and assures the membership and its constituencies, including the public, that accredited institutions are fulfilling their missions in service to their students and the public good. WSCUC is recognized by the U.S. Department of Education (ED)

as certifying institutional eligibility for federal funding in a number of programs, including student

access to federal financial aid.

WSCUC is reviewed periodically for renewal of recognition by the <u>U.S. Department of Education</u> (ED)

and by the Council for Higher Education Accreditation (CHEA).

Accredited membership in WSCUC is achieved and maintained after an institution undergoes a series

of self-studies and peer reviews by educators from member schools. These reviews are planned

periodically to ensure that each institution is achieving its mission, educational purposes, and other

academically-oriented standards of quality, integrity, capacity, and effectiveness.

**WSCUC Accreditation Status** 

In March 2019, Pacifica's accreditation was re-affirmed with the next review scheduled for 2024.

Current Accreditation Status: ACCREDITED

First Accredited: June 30, 1997

Most Recent Commission Action: Reaffirmation of Accreditation – March 4, 2019

Visit the accreditation webpage on Pacifica's website for more information.

For standards of accreditation and information regarding the WSCUC, including information about policy and process for compliance complaints, visit WSCUC's webpage, or contact WSCUC at the

address below.

WASC Senior College and University Commission (WSCUC)

985 Atlantic Avenue, Suite 100

Alameda, CA 94501

Telephone: (510) 748-9001

Fax: (510) 748-9797



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To comply with new ED requirements for proprietary schools, Pacifica Graduate Institute applied to the California Bureau for Private Postsecondary Education (BPPE) and in April 2014 was approved to operate by means of accreditation.

This approval to operate signifies that an institution is in compliance with state standards as set forth in the Private Postsecondary Education Act.

For more information, visit Pacifica's Student Consumer Information webpage.

This institution is a private institution approved to operate by the California Bureau for Private Postsecondary Education. Approval to operate means the institution is compliant with the minimum standards contained in the California Private Postsecondary Education Act of 2009 (as amended) and Division 7.5 of Title 5 of the California Code of Regulations.

#### School Performance Fact Sheets:

- M.A./Ph.D. Clinical Psychology
- Psy.D. Counseling Psychology
- M.A. Counseling
- M.A. Depth Psychology and Creativity
- M.A./Ph.D. Mythological Studies with Emphasis in Depth Psychology
- M.A./Ph.D. Community Psychology, Liberation Psychology, Indigenous, and Ecopsychology
- M.A./Ph.D. Jungian and Archetypal Studies
- Ph.D. Integrative Therapy and Healing Practices

Please note that the data collection process only yields results based on the number of participants. Thus, lower numbers coincide with the low number of participants. School Performance Fact Sheets (SPFS) are a state required document that has required regulatory fields that must be submitted. Institutions and the State have been working together to meet these requirements when an institution does not meet the standard undergrad or certificate programs. Pacifica Graduate Institute (PGI), began an Alumni survey to attempt to calculate the require data in correlation with the Bureau of Labor Statistics (BLS) database, to provide an example when possible.

• PGI completes the required data for On-Time Completion rates based what the Department of Education (DE) considers on-time completion to be, typically 5 years for a doctoral program.

- PGI data on Graduates Available for Employment are based on survey data for Graduates
   Employed in the Field. Since Graduates Employed in the Field are extremely undercounted,
   the Placement Rate Employed in the Field may not reflect a true or accurate percentage.
- Many PGI Programs may result in freelance or self-employment. This type of work may not be reported or accounted for in a consistent or quantitative manner that meets the required fields on the SPFS.
- View the <u>2019-2020 Time to Completion Pie Charts (PDF)</u>.

Other Resources for job and career information that may be useful:

- Bureau of Labor Statistics (BLS)
- Standard Occupation Classification (SOC)
- Pacifica Graduate Institute Alumni Association

Please note, therefore, that the performance data relies solely on student survey.

# **BPPE Annual Report:**

View Pacifica Graduate Institute's 2019 BPPE Annual Report Summary.

For more information about the BPPE, including its policies and procedures, visit the <u>BPPE webpage</u>.

A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 or by completing a complaint form, which can be obtained on the bureau's internet web site (BPPE webpage).

Any questions a student may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education at 2535 Capitol Oaks Drive, Suite 400, Sacramento, CA 95833 or P.O. Box 980818, West Sacramento, CA 95798-0818, <a href="https://www.bppe.ca.gov">www.bppe.ca.gov</a>, (888) 370-7589 or by fax (916) 263-1897.

This institution does not have a pending petition in bankruptcy, is not operating as a debtor in possession, has not filed a petition within the preceding five years, or has not had a petition in bankruptcy filed against it within the preceding five years that resulted in reorganization under Chapter 11 of the United States Bankruptcy Code (11 U.S.C. Sec. 1101 et seq.).

#### **Student Records**

Pacifica Graduate Institute is in compliance with the Family Educational Rights and Privacy Act of 1974 as amended in 1979, 1990, 1992, 1994, and 1998, guaranteeing students the right to inspect and review their education records, have some control over the disclosure of information from their education records, and seek to amend education records. For details on students' rights and issues relating to disclosure of directory information, consult the current Student Handbook.

#### **Retention of Student Records**

Pacifica maintains a permanent record of all student transcripts and degree information, including: 1. The degree or certificate granted and the date on which that degree or certificate was granted; 2. The courses and units on which the certificate or degree was based, 3. The grades earned by the student in each of those courses. This information is kept indefinitely. All other records are maintained for a minimum of ten years.

#### Non-discrimination Policy and equal opportunity statement

Pacifica Graduate Institute does not discriminate on the basis of race, color, national origin, religion, creed, gender, sexual orientation or identity, physical or mental disability, citizenship status (within the limits imposed by law or Institute policy), marital status, medical condition, or age in any of its policies, procedures, or practices. This non-discrimination policy covers treatment in institutionally approved academic programs and activities. In conformance with Institute policy, Pacifica Graduate Institute is an Affirmative Action/Equal Opportunity Employer. If a student believes s/he has been subjected to any form of unlawful discrimination, please submit a written complaint to the Provost.

# Withdrawal Policy

Students wishing to withdraw from Pacifica Graduate Institute are required to notify the Registrar's Office in writing. Upon receipt, the Registrar will notify the appropriate departments. The Refund Policy will be administered by the Business Office.

#### **Leave of Absence Policy**

Students requesting a leave of absence are required to submit a completed Leave of Absence Form to the Registrar. Upon receipt, the Registrar's Office will notify the appropriate departments. The Refund Policy will be administered by the Business Office.

#### **Standards for Student Achievement**

Good Standing: A graduate student is considered to be in good academic standing when a minimum 3.0 (B) grade point average is maintained. A full description of grading standards and academic regulations is contained in the current edition of the Pacifica Graduate Institute Student Handbook.

## **Campus Security**

In accordance with the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act, the Department of Education requires all higher education institutions to track, report, and distribute this information each year (in the fall) to all students and employees. Statistics are available online at <a href="https://www.pacifica.edu">www.pacifica.edu</a>.

# **Changes in Policies and Procedures**

Pacifica may from time to time alter the policies or procedures stated in this catalog in order to address emerging needs, or if otherwise in the best interest of the Institute. In that event the Institute would make all reasonable efforts to notify students. Thus students should be aware that the policies and procedures described in this catalog may not necessarily remain in effect during their entire program of studies at Pacifica. Also, to the extent there may be discrepancies in any time period between the Tuition and Fee Agreement and this catalog, the Agreement signed by Pacifica and the student shall be binding.

# **Applying to Pacifica Graduate Institute**

Students are selected for admission in the Institute's programs on the basis of their perceived potential to succeed in master's or doctoral level work. The application review process focuses on past educational performance, letters of recommendation, emotional maturity, application essays, and an interview. Applicants are asked to demonstrate research skills and writing ability by submitting an academic writing sample. Notification letters will be mailed upon completion of the interview. For

additional information on the admissions process see pages 205-209. For more information, contact Pacifica's Admissions Office at (805) 969-3626, x305. You may apply online at www.pacifica.edu.

# **Visiting Pacifica Graduate Institute**

We welcome visitors to both Pacifica campuses. To arrange a campus visit, please call the Reception Office at (805) 969-3626, x101 for information on parking and shuttle bus schedules. The best way to see the campuses is to attend The Pacifica Experience: A One-Day Introduction to Pacifica's Degree Programs. This special event is held several times each year. It includes a tour of the campuses and detailed presentations on the Institute's degree programs. For more information on the One-Day Introduction events, call (805) 969-3626, x305 or visit Pacifica's webpage. Weekday tours at Ladera Lane Campus are provided by the Admissions Team. Call (805) 969-3626 x305 to arrange a meeting with one of our Admissions Counselors.

Visit <u>Pacifica's webpage</u> and explore the resources we have available online:

- Schedules, descriptions, and online registration for One-Day Introductions to Pacifica and other public programs
  - Additional information on admissions and financial aid
  - Online admissions application
  - Informational videos featuring Pacifica's faculty and campuses
  - Detailed information on Pacifica's Graduate Research Library and other educational resources.