

TOWN HALL LLC PRESENTATION and REPORT & MAY HAPPENINGS AT PACIFICA

Greetings Pacifica Community,

With our spring quarter underway, I wish to share updates and reflections from this past month, as well as happenings during May. May is Mental Health Awareness Month and a time when the nation comes together to spread the word about the vital role mental health plays in our overall health and well-being, individually and as a collective. Your mental health matters!

Originating as a center to serve the mental health needs of Santa Barbara communities, Pacifica Graduate Institute has always been rooted in the mission of tending to the soul. Almost 50 years later, the mission remains to prepare future scholar-practitioners with high-quality graduate education, training, and research underpinned by depth psychology so that they may go on to tend the soul of and in the world.

During these times of crisis, we need one another. Pacifica Graduate Institute Alumni Association has established a <u>CARELINE</u> just in case you or someone you know need to talk. We want everyone to know that people with mental illness can experience soul healing, transform their lives, and positively impact their communities.

Thanks to the distinguished faculty, scholar-practitioners, and staff for your commitment to equipping your learning community with tools to promote emotional health and wellbeing. We know that the more connected we are to ourselves, the more easily we can advocate for others. The ongoing engagement in our community and the investment in deepening into who we are and where we are going is greatly appreciated.

With that in mind, here are some timely updates from across the Institute:

 The recording from our April 11th Town Hall and the presentation of my first 100 day Listening, Learning, and Connecting Tour report is now available: <u>Pacifica - April 11 Town Hall - Dr. Lee's LLC Presentation</u>. If you were not able to attend live, I encourage you to review the presentation to hear about what I learned in my listening tour, as well as how it helped shape and inform the institute's strategic priorities moving forward. A pdf version of the report can also be found in the attached.

- May is also a busy month with exciting and enriching events across the institute, Mental Health Awareness Month, Asian American and Pacific Islander Heritage Month, Faculty/Author Spotlights, Thesis Presentation Day, Commencement, and more. See below for more information on activities with dates and links:
 - May 9th (6-8PM PT) <u>Counseling Community Webinar: Clinical</u> <u>Roundtable</u>
 - May 15th (5-7PM PT) <u>Asian American and Pacific Islander Heritage</u> <u>Month Celebration at Ladera</u>
 - May 17th (5-6:30PM PT) <u>A Myth from the Philippines: A Drooling Ten-</u> <u>Headed Being: Insights into Our Life of Communications and Change</u>
 - May 15th Pacifica Board of Trustees Meeting
 - May 16th (noon-1:30PM PT) <u>Superheroes and an Emergent Modern</u> Mythology - Author Spotlight with Dr. David Odorisio and Contributing Pacifica Student and Alumni Authors of A New Gnosis: Comic Books, Comparative Mythology and Depth Psychology
 - May 23rd (noon-1:00PM PT) <u>The Firey Feminine: Susan Rowland on The</u> <u>Alchemy Fire Murder: Feminine Heroism, American origins and the</u> <u>Climate Emergency</u>
 - May 26th <u>MA Counseling Psychology Program Thesis Presentation Day</u>
 - o May 27th <u>2023 Commencement Ceremonies at the Hilton Santa Barbara</u>

Stay tuned for more to come! Thank you all for the work you do at Pacifica and in the world.

Leonie Matthew

Dr. Lee President & CEO, Pacifica Graduate Institute