



# JOURNEY WEEK

JOIN US FOR THE JOURNEY

**WHEN DEEP  
CALLS TO DEEP:**  
*Journeys of the Soul for a  
World in Need*

**September 29th - October 1st, 2023**



# JOURNEY WEEK

JOIN US FOR THE JOURNEY

**WHEN DEEP  
CALLS TO DEEP:**  
*Journeys of the Soul for a  
World in Need*

**September 29th - October 1st, 2023**

# Welcome to the Journey!



Dear PGI Students, Prospective Students, Alumni, Faculty, and Friends,

Welcome to *When Deep Calls to Deep: Journeys of the Soul for a World in Need*. We are so glad you could join us as we come together, in community, to listen, to learn, to imagine and dream, to connect in deep and authentic ways.

We exist in the paradox of an age where psychological material, modalities and therapies are more prevalent and accessible than ever before, while at the same time we continue to struggle with an ongoing mental health crisis, a climate crisis and on-going social justice challenges. We consciously and unconsciously, individually and collectively, carry the psychic weight of this existential suffering.

Prioritizing a depth psychological understanding and approach to individual and collective challenges is what makes Pacifica Graduate Institute and Pacifica Extension a one-of-a-kind educational experience. Some of the last words C.G. Jung offers us in the Red Book are: “I bring you the beauty of suffering.” In its pages, we read of his journey as he creatively approaches suffering as teacher rather than a pathologized symptom. In taking this approach, he makes room for the inherent resilience of the creative unconscious to lead him on a journey of profound transformation.

In times of crisis, it’s vital that we come together at a soul level and open our arms to a larger community, and open our minds to more creative approaches and collaborations. These times are calling for a collective heroism, a recognition that if we are going to survive the journey, we must make this journey together. It is my hope that as you journey through this weekend and engage with the incredible scholarship of PGI faculty, alumni, students and nationally recognized leaders, you will forge new friendships, engage with new ideas, and discover much that speaks to and encourages the deep places within you.

With You on the Journey,

Loralee M. Scott, MFA

Senior Director

Pacifica Extension

<https://retreat.pacifica.edu>

# Conference Schedule



## Friday, September 29, 2023

9:00 - Noon	Landshark Tour - Pre-registration required
Noon - 5:00 PM	Arrivals & Check-Ins - Lobby
1:00 - 3:00 PM	Prospective Students Welcome Reception and PGI Stories from the Journey Tour
5:30 - 6:30 PM	Wine & Cheese Reception - East Lawn
7:00 - 9:30 PM	Archetypal Theater - Awakening the Collective Soul: A Depth Psychological Role in Healing the World with Dr. Jaiya John - Barrett Center

## Saturday, September 30, 2023

7:00 - 8:30 AM	Breakfast - <u>*Food Served from 7:00AM - 8:00AM*</u>
8:45 - 10:00 AM	General Session - Depth Psychology and Transdisciplinarity: Creativity for our Crisis with Dr. Susan Rowland - Barrett Center
10:15 - 11:45 AM	Learning Sessions I - Classrooms & Barrett Center
12:00 - 12:30 PM	Keynote Address with Dr. Thema Bryant - Barrett Center
12:30 - 2:00 PM	Lunch - <u>*Food Served from 12:30 PM - 1:30 PM*</u>
2:00 - 3:15 PM	Learning Sessions II - Classrooms & Barrett Center
3:30 - 5:00 PM	Learning Sessions III - Classrooms & Barrett Center
5:00 - 6:30 PM	Dinner - <u>*Food Served from 5:00PM - 6:00PM*</u>
7:00 - 8:30 PM	Author Salon with Dick Russell and Dr. Dylan Hoffman - Barrett
8:45 - 10:00 PM	Movie - Barrett Center

## Sunday, October 1, 2023

7:00 - 8:30 AM	Breakfast - <u>*Food Served from 7:00AM - 8:00AM*</u>
9:30 - 11:00 AM	Learning Sessions IV - Classrooms & Barrett Center
11:00 - Noon	Dreaming the Dream Onward - Closing Ceremony with Dr. Leonie H. Mattison - Barrett Center
Noon	Prospective Students Pizza & Psyche Q&A - A-102

# Learning Sessions Schedule

## Saturday, September 30, 2023

Time	Room	Title	Presenters
10:15-11:45	A-102	Film Screening & Discussion: UNIDAD: Gay and Lesbian Latinos Unidos/PBS Documentary	<i>Roland Palencia, Executive Producer</i>
10:15-11:45	Barrett	Interactive Learning Session: Language as Trauma, Language as Healing: Decolonizing Depth Psychology by Retrieving the Soul's Indigenous Ways of Speaking	<i>Dylan Hoffman</i>
10:15-11:45	A-140	Panel Discussion: New Approaches in Depth Psychology Neuroqueering Depth Psychology Depth Psychology as Essential in Mental Health Crisis Work	<i>Sara Raskin Sarah Peters</i>
2:00 - 3:15	Barrett	Immersive Learning Session: Somatic-based Liberation and Healing Work with Children and Adolescents: Collaborations in Best Practices in the Consulting Room and the Commons	<i>Camille Harris</i>
2:00 - 3:15	A-140	Panel Discussion: Beyond Heroic Journeys Emerging Mythologies of Feminine Heroism Voices of Jamacian Elders, the Symbiotic Relationship between the Environment and the Human and the Need for Connection	<i>Shari Tarbet Dr. Winsome Alston</i>
2:00 - 3:15	A-102	Immersive Learning Session: The Therapeutic Triad: Creatively Reshaping Illness into Something Completely New	<i>Janet Blaser</i>
3:30 - 5:00	A-102	Immersive Learning Session: Cultivating Psychological Belonging: A Psychocultural Approach	<i>Minh Tran</i>
3:30 - 5:00	Barrett	Immersive Learning Session: Putting Down our Grain: Reflections on the Othering of the Mother	<i>Jemma Elliott</i>
3:30 - 5:00	A-140	Panel Discussion: Soul in Communities, Organizations and Culture Community and Creativity in Cultivating Kinship Ontological Fractal Dialogues in Creating Psychologically Safe Environments	<i>Eduardo Viezca Cai Carvalhaes</i>

# Learning Sessions Schedule

## Sunday, October 1, 2023

Time	Room	Title	Presenters
9:30 – 11:00	Barrett	Workshop: Mythic Meditation – Labyrinth Journey	<i>Dr. Emily Chow-Kambitsch</i>
9:30 - 11:00	A-140	Panel Discussion: Teen Mental Health Mental Health Crisis Among Adolescents Social Media and Teen Mental Health Linking Youth to Elders and Mycorrhizal Networks	<i>James Smallwood Dr. Gina Wind Cynthia Fredericksen</i>
9:30 - 11:00	A-102	Immersive Learning Session A Journey for Eco Allyship – A Somatic and Shamanic Exploration – –	<i>Andrea-Marie Stark</i>
9:30 - 11:00	A-101	Immersive Learning Session: The Archetypal Voice: Liberating the Voice, Liberating the Soul	<i>Marieke Cahill</i>



# **Wine & Cheese Reception**

**Friday, September 29 from 5:30 - 6:30 PM**

**Join us on the East Lawn for a Wine & Cheese Reception to kick off the Journeys of the Soul conference!**

**Friday, September 29, 2023**

**5:30 PM - 6:30 PM**

**East Lawn at the Ladera Lane Campus**

**Hors d'oeuvres and wine will be provided.**

**The first keynote presentations will start directly after the reception at 7 PM in the Barrett Center.**

**Hope to see you there!**





# Continuing Education Credit Instructions & Information

The Journeys of the Soul Conference provides **12 hours** of Continuing Education Credits for Psychologists, LMFTs, LCSWs, LPCCs, LEPs, and Registered Nurses. Please note that CECs are offered for *on-campus attendees only*.

If you are looking to obtain Continuing Education Credits (CECs) for this conference, you must have paid the \$30 CEC fee on your registration form, sign-in and sign-out on the provided sign-in forms for each day of the conference, and turn in an evaluation form at the end of the conference. The sign-in forms and evaluation form will be on a table in the back of the Barrett Center. You can return your evaluation form in the marked box in the Barrett Center or in the lobby at the reception desk. The required presentations are listed on the next page.

**\*It is your responsibility to sign-in and sign-out on the provided sheets for each day of the conference AND turn in your evaluation form on Sunday, 10/1/23 after the final required presentation. Full attendance is required to obtain a certificate - no partial certificates will be issued.\***

Failure to sign-in and out each day and/or failing to turn in an evaluation form will result in disqualification from earning CEC hours for this program.

CEC Certificates will be emailed out to those who qualify in the second half of October.







# Required Presentations For Continuing Education Credits

## **Friday, September 29:**

- 7:00 – 9:00 PM – Archetypal Theater

## **Saturday, September 30:**

- 8:45 – 10:00 AM – General Session – Dr. Susan Rowland.
- 10:15 – 11:45 PM – Immersive Learning Session: Language as Trauma, Language as Healing: Decolonizing Depth Psychology by Retrieving the Soul’s Indigenous Ways of Speaking– Dylan Hoffman
- 12:00 – 12:30 PM – Lunch & Learn with Dr. Thema Bryant, President, APA
- 2:00 – 3:15 PM – Immersive Learning Session: Somatic-based Liberation and Healing Work with Children and Adolescents: Collaborations in Best Practices in the Consulting Room and the Commons – Camille Harris
- 3:30 – 5:00 PM – Immersive Learning Session: Putting Down our Grain: Reflections on the Othering of the Mother – Jemma Elliott
- 7:00 – 8:30 PM – Author Salon –The Life and Ideas of James Hillman: Volume III: Soul in the World with award-winning author Dick Russell and PGI Faculty, Dr. Dylan Hoffman.

## **Sunday, October 1:**

- 9:30 – 11:00 AM –Workshop: Mythic Meditation – Labryinth Journey, Dr. Emily Chow-Kambitsch
- 11:00 – Noon – Dreaming the Dream Onward – Closing Ceremony



# Meet our Keynote Presenters!



## ***Dr. Jaiya John***

### ***Freedom Worker, Author, Poet, Professional Speaker***

Dr. Jaiya John was orphan-born on Ancient Puebloan lands in the high desert of New Mexico, and is an internationally recognized freedom worker, author, and poet. Jaiya is the founder of Soul Water Rising, a global rehumanizing mission to eradicate oppression. The mission has donated thousands of Jaiya's books in support of social healing, and offers grants and scholarships to displaced and vulnerable youth. He is the author of numerous books, including *Fragrance After Rain*, *Daughter Drink This Water*, and *Freedom: Medicine Words for your Brave Revolution*. Jaiya writes, narrates, and produces the podcast, *I Will Read for You: The Voice and Writings of Jaiya John*, and is the founder of Freedom Project, a global initiative reviving traditional gathering and storytelling practices to fertilize social healing and liberation. He is a former professor of social psychology at Howard University, and has spoken to over a million people worldwide and audiences as large as several thousand. Jaiya is a former National Science Foundation fellow, and holds doctorate and master's degrees in social psychology from the University of California, Santa Cruz, with a focus on intergroup and race relations. As an undergraduate, he attended Lewis & Clark College in Portland, Oregon, and lived in Kathmandu, Nepal, where he studied Tibetan Holistic Medicine through independent research with Tibetan doctors and trekked to the base camp of Mt. Everest. His Indigenous soul dreams of frybread, sweetgrass, bamboo in the breeze, and turtle lakes whose poetry is peace.

Jaiya's book titles include *Dear Artist*, *All These Rivers and You Chose Love*, *No Man Came*, *Fragrance After Rain*, *Freedom: Medicine Words for Your Brave Revolution*, *Your Caring Heart: Renewal for Helping Professionals and Systems*, *Daughter Drink This Water*, *Calm: Inspiration for a Possible Life*, *Sincerity of Sunlight*, *Fresh Peace*, *Legendary: A Tribute to Those Who Honorably Serve Devalued Children*, *Beautiful: A Poetic Celebration of Displaced Children*, *Reflection Pond: Nurturing Wholeness in Displaced Children*, *Clear Moon Tribe*, *The Day Jumoke Found His Name*, *Father to Son: Ode to Black Boys*, *Habanero Love: A Poem of Sacred Passion*, *Lyric of Silence: A Poetic Telling of the Human Soul Journey*, and *Black Baby White Hands: A View from the Crib*.

# Meet our Keynote Presenters!



## ***Thema Bryant***

### ***President American Psychological Association (APA)***

Dr. Thema Bryant Ph.D., is the 2023 President of the American Psychological Association. She completed her doctorate in Clinical Psychology at Duke University and her post-doctoral training at Harvard Medical Center's Victims of Violence Program. Upon graduating, she became the Coordinator of the Princeton University SHARE Program, which provides intervention and prevention programming to combat sexual assault, sexual harassment, and harassment based on sexual orientation. She is currently a tenured professor of psychology in the Graduate School of Education and Psychology at Pepperdine University, where she directs the Culture and Trauma Research Laboratory. Her clinical and research interests center on interpersonal trauma and the societal trauma of oppression. She is a past president of the Society for the Psychology of Women and a past APA representative to the United Nations. Dr. Thema also served on the APA Committee on International Relations in Psychology and the Committee on Women in Psychology. The American Psychological Association honored her for Distinguished Early Career Contributions to Psychology in the Public Interest in 2013. The Institute of Violence, Abuse and Trauma honored her with their media award for the film Psychology of Human Trafficking in 2016 and the Institute honored her with the Donald Fridley Memorial Award for excellence in mentoring in the field of trauma in 2018. The California Psychological Association honored her for Distinguished Scientific Achievement in Psychology in 2015. She is the editor of the APA text Multicultural Feminist Therapy: Helping Adolescent Girls of Color to Thrive.



## ***Leonie H. Mattison***

### ***President/CEO, Pacifica Graduate Institute***

Dr. Leonie H. Mattison, Ed.D., the fourth president, and Chief Executive Officer of Pacifica Graduate Institute, ushers in a new chapter as the first black female to assume leadership of the 45-year-old institution. Formerly Chief Operating Officer of a community agency that provides education and support services for vulnerable Santa Barbara residents. She began her term on October 3, 2022. Other leadership

# Meet our Keynote Presenters!



## ***Leonie H. Mattison (Cont.)***

positions include adjunct professor and lecturer at Antioch University and Santa Barbara City College School of Extended Learning and Chief of Organizational and Talent Development at the County of Santa Barbara, where she was instrumental in developing the Employees University, an open-source university created through a partnership between the county and Santa Barbara City College that has provided high-quality training and cutting-edge leadership development for over 4,700 county employees.



## ***Dick Russell***

### ***Award-winning Investigative Journalist, James Hillman, Soul in the World***

Dick Russell is a nationally respected activist, environmentalist, and author of several New York Times bestsellers. He has published fifteen books on subjects ranging from natural history to the assassination of President Kennedy. The second and third volumes of Russell's monumental biography, *The Life and Ideas of James Hillman*, are also scheduled to appear in 2023. The first volume, "The Making of a Psychologist," was published in 2013 and chronicled the early years of the pioneering founder of archetypal psychology. Russell is currently serving as a researcher and commentator for a 10-part podcast series about the assassination of President John F. Kennedy, hosted by Rob Reiner and Soledad O'Brien to coincide with the sixtieth anniversary. He is the author of two ground-breaking books on the subject, including *The Man Who Knew Too Much* (1992 and 2003), hailed by *Publisher's Weekly* as "a masterpiece of historical reconstruction." His 2005 book, *On the Trail of the JFK Assassins*, will appear in an updated edition in November 2023. For the past three decades, the environment has been a primary focus of Russell's magazine writing and personal activism, particularly the crisis impacting the world's fisheries and oceans. Russell's book *Eye of the Whale* (Simon & Schuster hard-cover; paperback edition by Island Press/Shearwater Books), follows the migration of the California gray whale from Mexico's Baja peninsula all the way to northern Alaska and Russia. According to *L.A. Times'* reviewer Richard Ellis, this book "will change the way you think about the natural

# Meet our Keynote Presenters!



## ***Dick Russell (Cont.)***

world.” Eye of the Whale was named among the Best Books of 2001 by three major newspapers: the Los Angeles Times, the Washington Post, and the St. Louis Post-Dispatch. He has been a guest on many national TV and radio programs, including the Joan Rivers Show and NBC Nightly News, and has been a guest lecturer at universities including Harvard and the University of California, at the National Arts Club, and elsewhere. In earlier “incarnations,” Russell was a staff writer in the Hollywood Bureau of TV Guide Magazine (1977-79), and a staff reporter for Sports Illustrated (1969-70) in New York.



## ***Susan Rowland***

### ***Author, Core Faculty PGI, 2023 C.G. Jung Award Recipient***

Susan Rowland, Ph.D., is Core Faculty, and Advisor in Research and the Humanities in MA Depth Psychology and Creativity, as well as teaching in the Doctoral Program in Jungian and Archetypal Studies. She earned her Ph.D. from the University of Newcastle and her MAs from the Universities of London and Oxford. In 2003 Susan became the first Chair of the International Association of Jungian Studies (IAJS). She is author of many studies of Jung, literary theory, the arts and gender including Jung: A Feminist Revision (2002), Jung as a Writer (2005), and also edited Psyche and the Arts (2008). Another recent book is C.G. Jung and the Humanities (2010), showing how Jung’s work is a response to the creative, psychological, spiritual, philosophical and ecological crises of our age. In 2012 her book, The Ecocritical Psyche: Literature, Complexity Evolution and Jung was published by Routledge, followed by Remembering Dionysus (2017) and Jungian Literary Criticism: the Essential Guide (2019). Particularly important is Susan’s exposition with Joel Weishaus in Jungian Arts-Based Research and the Nuclear Enchantment of New Mexico. Here Susan shows that depth psychology animates art into providing therapy with the world. Her own work in JABR is represented by her first mystery novel, The Sacred Well Murders (Chiron 2022). See her website: <https://www.susanrowland-books.com/>

# Meet our Featured Presenters!



## ***Dylan Hoffman Ph.D.***

Dylan Hoffman Ph.D., studied liberal arts at Georgetown University and psychology at Adelphi University before completing his Ph.D. in Depth Psychology at Pacifica Graduate Institute—concentrating in Jungian and Archetypal Studies. His work focuses on C. G. Jung’s theory of archetypes—on archetypes as the deepest nature of the psyche and how they interconnect spirit, psyche, and matter as numinous and mythic powers that animate, govern, and structure the cosmos as a whole. Dylan grounds his work in indigenous/shamanic perspectives and practices that provide a primordial, holistic, and sacred worldview within which to understand the archetypal psyche, to embody its wholeness individually, and to serve it culturally through creative imagination.



## ***Roland Palencia***

### ***Executive Producer, UNIDAD: Gay and Lesbian Latinos Unidos.***

Roland Palencia, MA, is a Professor at California State University Northridge’s (CSUN) -Tseng College in the Diverse Community Development Leadership MA program, and an award-winning filmmaker. He is the former Community Benefits Director and corporate trainer at L.A. Care Health Plan, the largest public health plan in the nation. He is also the former Executive Director of Clinica Monseñor Oscar A. Romero and Equality California, and former multi-County Regional Director at The California Endowment and Chief of Operations and Vice-President at the AIDS Healthcare Foundation.

In 2001, he was honored as a “Local Hero” by KCET (PBS affiliate) and Union Bank of California. In the early 1980s, he became one of the founders and a pioneer of the blossoming LGBTQ Latine movement in the greater Los Angeles area, including co-founding Gay and Lesbian Latinos Unidos (GLLU) and VIVA!, a Queer Latine artist collective. Palencia has been featured in a number of books and publications such as “Gay L.A.: A History of Sexual Outlaws, Power Politics, and Lipstick Lesbians” by Stuart Timmons and Lilian Faderman (2006). “Central Americans in Los Angeles” by Rosamaria Segura (2010); and “The Gay Revolution: The Story of the Struggle” by Lilian Faderman (2015).

# Meet our Featured Presenters!



## ***Roland Palencia (Cont.)***

The 165-page Master thesis by David Guzman, M.A., (CSUN 2014) records Palencia's life journey as a Guatemalan political refugee and community activist. His Executive Producer film credits include "TransVisible: Bamby Salcedo's Story," a documentary depicting the life and activism of the nationally renowned Trans Latina activist Bamby Salcedo, "UNIDAD: Gay & Lesbian Latinos Unidos," which chronicles the early 1980s queer Latino activism in Los Angeles, and "Art as Activism," which depicts the history of Self-Help Graphics & Arts, the seminal East L.A. based arts organization founded in 1970. Palencia received a B.A. in History from UCLA and a Masters in Depth Psychology & Creativity – Arts & Humanities from Pacifica Graduate Institute based in Montecito, CA.



## ***Jemma Elliot, M.A., LMFT, LPCC***

Jemma Elliot, M.A., LMFT, LPCC, is Department Co-Chair and Core Faculty for Pacifica Graduate Institute's Counseling Psychology Department. She supports administrative, curricular, and developmental aspects of the MA and PsyD Counseling Psychology programs, teaches in the MA program, and is a passionate contributor to faculty governance. Jemma has a clinical focus on adoption and separation trauma, and has provided trainings and spoken on panels to advance the understanding of the needs of children and families on the adoption spectrum throughout California. She also has a special interest in working with PTSD from a depth psychological perspective, and in witnessing and hosting the extrasensory gifts and energetic awakenings that often arise in clients after traumatic experiences. Jemma is a Clinical Member of the [California Association for Marriage and Family Therapists](#). She has a great love for the arts, and is a long-time advocate for farmed animal and greyhound rescue and rehabilitation.

# Meet our Featured Presenters!



## ***Camille Jarmie Harris, Ph.D.***

Camille Jarmie Harris, Ph.D., is a licensed psychologist in private practice, as well as Core Faculty and Associate Chair in the Clinical Psychology program at Pacifica Graduate Institute. She received her Ph.D. in Clinical Psychology from Pacifica in 2018 following a Master's Degree in Clinical Psychology from Lewis & Clark Graduate School of Education and Counseling specializing in counseling with children and adolescents in 2011. Her clinical areas of expertise focus on supporting birthing families during pregnancy, childbirth, and postpartum periods, as well as early attachment, work with children and adolescents, and animal-assisted therapy through a depth orientation. Dr. Jarmie Harris's areas of interest in research and scholarship also include the larger impact of society on individual wellbeing, best practices in psychotherapy with birthing families, children and adolescents, as well as eco-psychology, sustainability, and social justice.



## ***Emily Lord-Kambitsch, Ph.D.***

Emily Lord-Kambitsch, Ph.D., is Co-Chair and an Associate Core Faculty member of the Mythological Studies Program. A scholar, poet-storyteller, and native of Santa Barbara, her lifelong exploration of classical mythology is rooted in the study of Greek and Latin language and literature. After completing a BA in Classics at UCSB, Emily received a Master's degree from the University of Oxford, where her thesis focused on the healing of grief in Roman stoicism, and where she worked as a research assistant for the Oxford Emotions Project, a cross-disciplinary study of definitions of emotions in ancient Greece.



# Meet our Featured Presenters!



## ***Janet Blaser***

Janet Blaser (MA, MFT, Jungian Analyst, Sandplay Practitioner), is a Pacifica Graduate Institute Alumna, with a Master of Arts in Counseling Psychology. She is a certified Jungian Analyst member of the C. G. Jung Study Center of Southern California, where she has been a training analyst for five years and is currently serving as vice president. Janet has a private practice in Los Angeles, California. Her passion for Jungian psychology and Greek mythology has taken her to several Asklepan sanctuaries where she has immersed herself in the study of the ancient healing mysteries. She has written several articles published in the Journal for Sandplay Therapy, the most recent entitled: The Asklepan: Archetype of Sickness and Healing in Sandplay Therapy.



## ***Andrea-Marie Stark***

Andrea-Marie Stark is an intuitive practitioner rooted in Hakomi, Shamanic, Trauma, Depth, and Animal Assisted Therapies embracing the sacred feminine, eco-consciousness, intergenerational trauma, racial and ethnic equality, non-colonial attitudes, and indigenous wisdom traditions. Along with her partner Dr. Chris Tickner, she owns California Integrative Therapy in Pasadena CA. She also teaches workshops and long-term programs in Mystic Shamanism, tarot, energy work, and intuition. She is a dissertation student at Pacifica in the Integrative Therapy and Healing Practices track.



# Learning Sessions

## **Film Screening & Discussion: UNIDAD: Gay and Lesbian Latinos Unidos/PBS Documentary with Executive Producer *Roland Palencia***

**Saturday, September 30, 10:15 – 11:45 AM, A-102**

Gay and Lesbian Latinos Unidos (GLLU) was founded in 1981, only a dozen years after the Stonewall rebellion and only a couple of years before the HIV/AIDS pandemic began to ravage LGBTQ communities. GLLU was the greater Los Angeles area's first major Queer Latin@ organization, and the film chronicles events surrounding GLLU at a pivotal time in the history of LGBTQ equality, women's rights, and civil rights movements that shaped the destinies of GLLU's communities for decades to come.

## **Interactive Learning Session: Language as Trauma, Language as Healing: Decolonizing Depth Psychology by Retrieving the Soul's Indigenous Ways of Speaking with *Dylan Hoffman***

**Saturday, September 30, 10:15 – 11:45 AM, Barrett Center**

The language of trauma (how it is described, discussed, diagnosed) can itself become the cause of a deeper trauma, the trauma of language—language that severs us from our suffering, its meaning, and its healing. This trauma of language has deep roots in Western colonialist attempts to eradicate indigenous languages—languages that can be viewed as native to the soul, native to the soul's understanding of wounding and healing, and native to the soul's view and experience of the world. Since its origins, depth psychology has honored the soul's indigenous ways of communicating—in dream, metaphor, symbol, image, myth. In doing so, depth psychology has placed itself in service to how the soul understands suffering, trauma, and healing. Nevertheless, the task of decolonizing depth psychology's language is unfinished, and thus there are still ways that even within depth psychology we speak a language about the soul that isn't always commensurate with the soul's native ways of speaking. However, indigenous languages challenge dominant aspects of the Western worldview at its core, a worldview that pervades depth psychology. Often, then, decolonization is experienced as threatening to depth psychology itself, at least when it identifies itself with the West. But this identification is increasingly problematic, since the West has never had privileged or exclusive access to the soul. More problematic still is the fact that many of the major crises that face the world can be traced to fundamental tenets of the West. The question for depth psychology going forward, then, is whether its loyalty is to psyche-logos (the soul's language)—and thus, to a decolonized, re-enchanted vision of the world that come with this language—or to the dominant Western paradigm that both wounds the soul with the trauma of its language and wounds the world that is indigenous to the soul.



# Learning Sessions

## **Panel Discussion: New Approaches in Depth Psychology**

***Sara Raskin & Sarah Peters***

**Saturday, September 30, 10:15 – 11:45 AM, Room A-140**

**Neuroqueering Depth Psychology - Sara Raskin** – Neuroqueering depth psychology: How unsymbolized thinking and autistic experience expand our understanding of the psyche. This presentation offers an innovative exploration into the intersections of unsymbolized thinking, ecological awareness, and decolonial perspectives through an autistic lens. As an autistic researcher, Sara brings a unique perspective that challenges prevailing constructs and revises our understanding of both autism and depth psychology. Through a synthesis of personal experiences and extensive research, this presentation paves a possible way toward increased inclusivity, empathy, and social justice within depth psychology and, more broadly, within our cultural landscape. Unsymbolized thinking encompasses nonverbal, intuitive, and preverbal cognitive processes that extend beyond explicit symbolic representations – fluid, expansive forms that resist confinement to rigid mental categories. By embracing the insights offered by unsymbolized thinking, this presentation questions the prevailing notion that individuals are primarily defined by internalized symbolic systems. Instead, we will explore the profound interplay between cognition and the external environment, emphasizing the significance of relationality, contextuality, and interconnectedness in shaping our experiences and understanding. This exploration invites us to foster empathy, respect, and inclusivity by embracing neurodiversity and neurodivergent insights. By centering the experiences of autistic individuals, we challenge traditional paradigms and expand our understanding of the human psyche within the depth psychology framework. Through the integration of research findings and personal insights, this presentation will deepen our understanding of the human experience, foster inclusive practices within depth psychology, and pave the way for a more compassionate and expansive approach to autism.

**Depth Psychology as Essential in Mental Health Crisis Work - Sarah Peters** – In Crisis, It's all Depth: Drawing on four years of experience specializing in acute psychiatric crisis stabilization in San Francisco, Sarah will explore why and how Depth Psychology is an essential and practical perspective in mental health crisis work. Sarah will detail the approach and clinical skills used when working with her clients, some of the most vulnerable citizens of San Francisco: unhoused people living on the streets and in shelters, struggling tremendously with mental illness, with daily use of substances to self-medicate, and with profound personal, systemic, and intergenerational trauma.



# Learning Sessions

## **Panel Discussion: New Approaches in Depth Psychology (Cont.)**

Exploring examples of psychosis, PTSD, mood, and personality disorders, Sarah will outline how the approach and practice of depth psychology creates the opportunity for transformative outcomes for clients in crisis. Principles of depth psychology practice allow therapists to sit with suffering people in this broken world. At the clinic where Sarah served as a Clinical Counselor and Assistant Director, heart-rending images of katabasis were vivid in the room as she listened to client after client describe how they are surviving their present circumstances. She listened as they described the hope that kept them alive and seeking safety, seeking change, seeking healing. Nearly all of them wanted to regain for themselves a sense of meaning, belonging, and purpose. In those sessions there were no easy questions and nothing but hard answers. Sarah learned very quickly: in crisis work, it's all depth. In this presentation she will honor the complexity of the topic by offering questions as take-aways for further exploration that will help participants contextualize their own depth psychological work where it intersects with personal and global crisis.

## **Immersive Learning Session: Somatic-based Liberation and Healing Work with Children and Adolescents: Collaborations in Best Practices in the Consulting Room and the Commons - *Camille Harris***

**Saturday, September 30, 2:00 – 3:15 PM, Barrett Center**

The first portion of this presentation will contain an overview of the way depth psychological practitioners are uniquely poised to respond to the key problems of our time related to social injustice and oppression within the modern Western socio-historical context. In their work outlining the connection between depth psychological traditions and de-colonial liberation practices, Watkins and Shulman (2008) described how healing practices must listen to the expertise of the person or people impacted by the experience. This aligns with best practices within the larger depth psychological literature such as those outlined by Aron and Star (2012) and Ogden (2012) among many others who have drawn attention to the idea that as opposed to being an expert of the patients' experience, the depth psychological practitioner is a guide whose expertise is to create a safe container within which the patient is able to make a deeper connection with their own internal process: thoughts, feelings, dreams, emotional experience, needs, and the expertise of the body. The presenter will further share how the work of Violet Oaklander's (1978/2015) clinical work with children and adolescents has provided a powerful example of this collaboration in action. In Oaklander's estimation, children are often identified within the clinical community as identified patients whose behavior, thoughts, or emotional experience has been labeled as unacceptable.



# Learning Sessions

## **Immersive Learning Session: Somatic-based Liberation and Healing Work with Children and Adolescents: Collaborations in Best Practices in the Consulting Room and the Commons (Cont.)**

As a result, she created a cycle of engaging community experts, children themselves, which led to a cycle where the experience of children informed best practices in within the therapeutic container. Individual patients then benefited from the practice, which has further informed social justice work in the commons in a cyclical way. Oaklander's work creating a best practice for clinical work with children and adolescents can then be seen as an example of de-colonial and patient-informed liberation work which occurs on a somatic experiential level.

The second portion of this presentation will include an interactive somatic-based experiencing of the types of engagement Oaklander (1978/2015) became well known for. Participants will engage in experience-based learning of methods which include best practices for clinical work with children and adolescents. These methods also speak to the larger healing traditions of engaging in a somatically-oriented process to create a closer relationship with oneself and others within the community. Specific experiential components of the session will include creative avenues of exploration through art and sand tray.

## **Panel Discussion: Beyond Heroic Journeys**

***Shari Tarbet & Dr. Winsome Alston***

**Saturday, September 30, 2:00 – 3:15 PM, A-140**

**Emerging Mythologies of Feminine Heroism – Shari Tarbet** - Maureen Murdock is a pioneer in the field of feminine heroism. Her book, *The Heroine's Journey* has taken Campbell's *The Hero with a Thousand Faces*, and completely reworked the Journey to show the steps for women to take to heal, recover, individuate, and transform into our true selves. Thinking along the lines of the steps she outlines in *The Heroine's Journey*, they are applicable to myths and fairy tales in which a woman or a girl is the central character. Up to this time, Shari's focus in this area has been on those narratives that have been part of culture for some time. Some examples are Psyche, Rapunzel, Dorothy Gale in *The Wizard of Oz*, Cinderella, Snow White, Rey in the Disney Star Wars franchise, and Marian Leatherby the heroine of *The Hearing Trumpet*. Currently, Shari is finishing a book that details how Dorothy Gale in *The Wizard of Oz* follows the steps of Murdock's *Heroine's Journey*. This presentation will give a brief but comprehensive synopsis of this work and offer some of the activities Shari has included at the end of each chapter for how a woman can follow these steps to embark on her own Journey.



# Learning Sessions

## **Panel Discussion: Beyond Heroic Journeys (Cont.)**

**Voices of Jamaican Elders, the Symbiotic Relationship between the Environment and the Human and the Need for Connection – Dr. Winsome Alston** - It is synchronistic that this conference is entitled Journey Week since the population that Winsome wishes to highlight journeyed through colonialism and attained independence – that population being the Jamaican elders. They too, like the deer that yearned for running streams (Psalm 42:1-2), longed for freedom, independence, autonomy, and respect. They too longed to toil and reap the rewards of their labor, rather than making the then mother country rich through their toil and production of sugar, agricultural products, and other rich and precious commodities that made the crown or monarch wealthy and supreme. Frequently, these Jamaican elders relied on religion, spirituality, and the numinous to propel them through this colonial period. As the famous Robert Nesta Marley (Bob Marley) writes, “But my hand was made strong by the hand of the Almighty we forward in this generation, triumphantly” (Redemption Song, 1980). This presentation seeks to share the voices and lived experiences of Jamaican elders, to provide a platform for them, and to give voice to a people who were once silenced. The Jamaican people were used for their physical strength and viewed as property of the crown. Having said this, there was a constant reminder to the people of who was in charge of the country (the crown) and what being in charge meant. When Carl G. Jung visited the Pueblo Indians in New Mexico, the Pueblo chief shared with Jung that he and his people think with their hearts. When Jung asked the chief, what does he believe the Europeans (Whites) think with? The chief responded that they think with their heads; they are always seeking and wanting; they are restless and mad (Jung, 1956, p. 300). In summary, this presentation exemplifies resilience since it sheds light on how colonialism impacted people within the Caribbean, particularly Jamaicans, since it is through their lens, voices, and lived experiences that this account is offered and shared.



# Learning Sessions

## **Immersive Learning Session: The Therapeutic Triad: Creatively Reshaping Illness into Something Completely New – Janet Blaser**

**Saturday, September 30, 2:00 – 3:15 PM, A-102**

In the introduction to the Call for Papers the image of stepping onto the shores of an unknown land brought another picture to my mind. It is of a mosaic I recently saw in the archaeological museum on the island of Kos in Greece. Asklepios, the god of medicine, carrying his staff and serpent, steps out of a boat onto the shore of Kos. Also present are Hippocrates and another man of the island. The learning session I am proposing is based on an amplification of the figures in the mosaic: the god-image of the Self as disease and cure, the human physician and the individual, perhaps the one in need of care. I see this as an archetypal image of the therapeutic triad of patient, therapist and illness; illness being a symptom of the suffering Self. In his book *Healing Dream and Ritual*, Jungian analyst C. A. Meier writes about the curative practices in the Asklepeion of ancient Greece. He relates them to our work in Jungian analysis and identifies them as our archetypal roots. According to him, “the cure can be explained by the assumption that the whole system of patient, illness and doctor has in the course of treatment undergone a certain transformation of meaning and that this has made a solution of the problem possible. This solution would accomplish... something in effect completely new” (p.129). In the process, “The illness is creatively reshaped by successfully combatting it and incorporating it meaningfully into the totality of the patient’s life, with the patient really understanding and learning the lesson” (p. 132). The process of creatively reshaping the illness into something completely new will be explored using a clinical example. Participants will be invited to examine their own dream work through the lens of *Healing Dream and Ritual*.



# Learning Sessions

## **Immersive Learning Session: Cultivating Psychological Belonging: A Psychocultural Approach – *Minh Tran***

**Saturday, September 30, 3:30 – 5:00 PM, A-102**

Following Pulitzer-nominated Jungian analyst and archetypal psychologist, James Hillman, in turning clinical attention toward the polis, this experiential and experimental presentation will focus on manners which psychologically minded people can learn how to come together to cultivate psychological belonging to both celebrate differences and at the same time to co-create a new emergent mythos of unity. The experiential component will be demonstrated with audience participation on ways to explore how to come together with our sometimes radical differences, and to “see-through” to the emotional core which ultimately brings us together, utilizing systems-center training (SCT), complex adaptive systems (CAS), and depth psychology. The experimental component will be facilitated in the delivery of the presentation itself—utilizing both traditional didactic lecture-style presentations, as well as the innovative “musical-lectures” style of performing arts (singing, movement, dramatization) as performance art (conceptual, experiential, social action activism). Cross-cultural examination will be utilized to explore how contemporary issues of social inequity, racism, xenophobia, ethnocentrism, sexism, and queerphobia are handled across the Pacific, history, and generations. Leveraging the rise of liberation psychology, decoloniality, and ecological-consciousness, this presentation will also explore the indigenous epistemology and cosmology of the ancient Vietnamese mother-goddesses system, *Đạo Mẫu Tứ Phủ* (2016 UNESCO designation) to provide amplification for deeper understanding and relatedness to contemporary social and political issues. The audience will have a learning experience involving the physical senses, sense memory, and ancestral connections. Qualitative data will be presented, mental heuristics will be challenged, and archetypal hermeneutics will be reconstructed. The presenter will preview findings from his own, fresh, and current doctoral dissertation research on the *Đạo Mẫu Tứ Phủ*, as well as purview of and from the presenter’s own personal involvement in a systems-centered training (SCT) experimental process group centered on cultivating psychological belonging and vectoring political energy toward psychocultural engagements.





# Learning Sessions

## **Immersive Learning Session: Putting Down our Grain: Reflections on the Othering of the Mother – *Jemma Elliott***

**Saturday, September 30, 3:30 – 5:00 PM, Barrett Center**

In 2021, one year into a global pandemic, I wrote and presented on what I called *The Othering of the Mother*, a witnessing of the deepening of patriarchal divides and the further collective relegation of the feminine, writ large during a time of multi-systemic cultural upheaval. At the time, emerging early pandemic data reflected what those who identify as women and mothers already knew: they were exponentially impacted by the physical, emotional, psychological, and vocational threats of the pandemic crisis. And for those, like me, who are depth psychologically focused educators and clinicians, it was impossible not to see the echoes of millennia of both conscious and unconscious wars on women's psyches and bodies unfolding in real time, yet again.

In the two years that have passed since I began that work, the Othering has not abated, but intensified. The overturning of *Roe v. Wade*. The acceleration of a climate catastrophe (perhaps the ultimate relegation of Gaia herself). The repeal of laws that protect basic rights for those who have uteruses, whether or not they identify as women. The drumbeat grows louder. What say you, Hekate? What wisdom, Isis? What healing, Yemaya?

From a space of authentic reflection, and ethical action, how might we as psychotherapists, healers, advocates, teachers, and allies respond to this moment, in this war against that which is woman? How might a depth psychological lens, and a calling in of collective wisdom, inform broader opportunities for transcendence of patriarchal norms, and an integration of women and mothers into the collective whole. As Demeter put down her grain, so may we acknowledge the seismic grief, while also imagining into the broad possibilities for healing within the intrinsic power held there.



# Learning Sessions

## **Panel Discussion: Soul in Communities, Organizations and Culture**

***Eduardo Viezca & Cai Carvalhaes***

**Saturday, September 30, 3:30 – 5:30 PM, A-140**

**Community and Creativity in Cultivating Kinship – Eduardo Viezca** - The primary question that this panel presentation tackles is: What are the roles that community and creativity play in cultivating a deeply felt sense of kinship with others and the world at large? This question is posed given the current mental health crisis of our time and the pervasive social fragmentation and division that our society—and nation—our grappling with. This question is first addressed by dialoguing what Jungian practitioners—including C.G. Jung himself—have to say on the topic through their discourse on inter/dependence and the function of groups via the collective unconscious. Creative exploration of the ego-self will be addressed in relation to notions of the interdependent self, which Mary Watkins frames as an ontological exploration of being in the world. Her writings on the topic of selfhood will be further explored, where she attempts to wrestle with ontological matters to better understand the roles of community, society and culture in forming an inclusive and sustainable psychology, particularly within the larger backdrop of Jungian psychology. What then proceeds is a dialogue about community via the weaving in of topics of soul and feminine principle. While forging into the topic of soulful kinship, a close reading of some of Clarissa Pinkola Estes’ work will be interwoven, specifically from *Women Who Run With Wolves*. Her considerations of the body will be explored and elucidated, and the journey of what the presenter calls the “healer-dash-creative”. The presenter concludes with their proposition, which is that the healer is tasked to create and the creative is indeed tasked to heal. The presenter poses that this is an imperative during what depth psychological practitioner, Gina Belton, calls treacherous times.



# Learning Sessions

## **Panel Discussion: Soul in Communities, Organizations and Culture (Cont.)**

### **Ontological Fractal Dialogues in Creating Psychologically Safe Environments – Cai**

*Carvalhaes* - Journal of the Soul for a Culture in Crises: Ontological Fractal Dialogues to Create Psychologically Safe Environments in Community Gatherings, Therapeutic Groups, Classrooms, and Workplaces. Cai argues that it is necessary to bring an ontological fractal approach to facilitate dialogues in community gatherings, therapeutic groups, classroom, and workplace environments. Political theory scholar A. T. Kingsmith (2017), referenced French philosopher and epistemologist Michel Serres' (1980/2007) foundational work, *The Parasite*, which Kingsmith (2017) said, "reminds us that the primary grounding of noise is chaos: the pure multiplicity behind things, without any pre-existing order or organization" (para. 3). Kingsmith explained that systems bring turbulence, chaos, and multiplicity and that "ontology is always parasitic, always a background noise, always a depth and darkness beyond the flows between order and disorder" (para. 3). Kingsmith introduced the idea of a fractal ontology as an attempt to bring order to chaos by forcefully putting together in an "asymmetrical block of concurrent becoming," wherein ideas and exchanges are always in movement, constantly changing (para. 4) in opposition of protecting personal bias. To explain fractal ontology, Kingsmith emphasized that the edges of things and ideas are always ambiguous, not defined, and there is an interference of one in the other. During an interaction, the qualities of one thing are interpenetrated with the qualities of the other thing, and thus being mixed, not distinguished, they can be seen as fractals forming and blending together. Cai intends to bring these fractal ideas to create a model that can be applied in community gatherings, therapeutic groups, classroom spaces, and workplaces to incentivize collaborative dialogues that cultivate ethic of radical hospitality in difficult times. Gina Belton (2023) defined the practice of cultivating an ethic of radical hospitality as a way of embracing paradox in the embodiments of generosity, curiosity, humility-cultural, and intellectual celebrating diversity and remembering that we have always belonged to each other.



# Learning Sessions

## **Workshop: Mythic Meditation – Labyrinth Journey**

***Dr. Emily Chow-Kambitsch***

**Sunday, October 1, 9:30 - 11:00 AM - Barrett Center**

Once we hear a story, we become stewards of it. We allow it to take up residence in our minds, hearts, and bodies and infuse each of us with unique wisdom that stems from the intersection between personal and mythic narrative. This experiential workshop is intended to provide a creative space for this process. We begin with a retelling of a myth, followed by a guided meditation practice that revisits the core themes and characters in the story. The meditation includes an accompanying soundscape and prompts participants to envision and reauthor the story in their imaginations, experiencing the narrative through their choice of intuitive movement/dance, stillness, journaling, or a combination of modalities. (*No movement experience is necessary. Participants may wish to bring a yoga mat and a journal, and wear loose-fitting, comfortable clothes to move in*). The focal myth in this workshop is 'Labyrinth': enter the maze, encounter the being at the center, find the way out...

## **Panel Discussion: Teen Mental Health**

***James Smallwood, Dr. Gina Wind, & Cynthia Fredericksen***

**Sunday, October 1, 9:30 - 11:00 AM - A-140**

**Mental Health Crisis Among Adolescents – James Smallwood** - James is offering a somatic-based process for this presentation, specifically addressing the current mental health crisis among adolescents. A somatic process that goes beyond the outdated and outgrown psychological models that do not speak to the lived realities of a diverse humanity and suffering world. It is a proven somatic-based process that I have been using with some of James' clients for the past few years, that takes the individual inside, into their heart center for guidance, instruction, and “intuitively” provides solution-based ideas for healing and helping oneself and the environment. Several years ago, James developed a dynamic community-based group model for youth called “Architects of the Future” which will give them the tools and resources they need to help solve their mental health crisis, and a way to create their own future rather than try to cope with the future they have been left with. Other aspects of this paradigm, this new process, incorporate the 5 stages of the Hero's Journey, including a dynamic process James refers to as “Shapeshifting”, and the Five Agreements authored by Don Miguel Ruiz. It is a somatic process that connects the individual with their own heart (feminine), and with mother earth.



# Learning Sessions

## **Panel Discussion: Teen Mental Health (Cont.)**

**Social Media and Teen Mental Health – *Gina Wind*** - This presentation will cover the evolution of the landslide of teen mental health observed as Gina practiced and watched media overtake the development of the self during this vital time (adolescence). It will illuminate a possible depth psychological theory on why this is emerging in the collective unconscious now. It will cover the importance of using objective measures (assessments) and creative approaches to diagnosing puzzling teens, including one intriguing and difficult case study. It will end with inspiring teens utilizing positive psychology - aspiring to guide them with their use of media into a deeper journey of finding the self.

**Linking Youth to Elders and Mycorrhizal Networks – *Cynthia Fredericksen*** - Cynthia's presentation will focus on the current mental health crisis among adolescents, and youth while correlating and linking the importance of our youths connection to elders, mycorrhizal networks, and technology. She will be looking at the symbiotic relationship between the environment, the human need for connection, and the lack thereof. Cynthia will correlate the need for connection between elders and youth by looking at the relationship between the Mother Trees of the forest and their saplings. Why do they rely on one another and what is the importance, and how can we as humans learn from them? She will utilize recent psychological studies around connection, addiction, suicide, and incarceration to illuminate the human need to be a part of something bigger than themselves. Humans are losing connection to nature, and human interaction due to technology pervading all areas of life. The focus of this presentation will be to illuminate the importance of elders, story, nature, and the human and environmental connection to the collective unconscious. Research around the connection between fungi and trees by way of communication underground via mycorrhizal networks has recently gained momentum. Cynthia's work as a therapist as well as her depth psychological studies have prompted her to connect the mycorrhizal network, the loss of human connection, and the collective unconscious. Cynthia wants to bridge the gap of humanities current mythos and connection. By losing physical connection over a device we are also losing purpose and meaning. She sees the desire to find meaning with many of her clients but the lack of awareness that purpose is missing. We are connecting by way of a false network. The forests and the fungi have the answer humans are lacking. Cynthia wants to push the union of human and environmental connection while in a technological world.



# Learning Sessions

## **Immersive Learning Session A Journey for Eco Allyship – A Somatic and Shamanic Exploration – *Andrea-Marie Stark***

**Sunday, October 1, 9:30 - 11:00 AM - A-102**

Trauma work calls for expansive resilience in the healer/therapist. This workshop introduces participants to a Hakomi-based (somatic) experience and shamanic journey with the intent to connect and encourage a relationship with Eco Ally/Allies, a bond that can be fostered and deepened, creating a lifetime of support. Building a connection to shamanic practices in healing creates personal pathways of appropriate power and cultivates expansive resilience in the face of mental health crises. This workshop answers the conference themes of creative unconscious actions in trauma work and the creation of a psychologically safe workplace for the therapist and the client and may touch upon personal mythologies and archetypal energies.

Hakomi therapy inspires mindful somatic states of being. This opens opportunities for self-tracking and unhindered self-exploration, providing a portal to deeper trance states like those used in shamanic journeying. Eco Allyship is a modern term for an ancient and sacred practice generously passed on to this non-indigenous presenter from her indigenous teachers who authorize her to provide this opportunity for others. Eco (ecological - meaning animal, plant, or mineral) allies are powerful and grounding for working with trauma and dissociative disorders arising from developmental or other traumas. Eco Allyship fosters a profound connection between the healer/therapist and the natural world. Eco allies offer healing qualities and wisdom. The appearance of an eco ally will directly relate to a practitioner and to their work. The presenter will help participants interpret the signs, symbols, and synchronicities that arise during the workshop. Participants are invited to bring their own tarot, oracle, or other depth tools and a journal if they wish. This workshop offers the potential to experience a “felt sense” of wisdom and connection with the ally or allies and a first step toward a lifelong kinship in care and healing.



# Learning Sessions

## **Immersive Learning Session: The Archetypal Voice: Liberating the Voice, Liberating the Soul – Marieke Cahill**

**Sunday, October 1, 9:30 - 11:00 AM - A-101**

The way that C. G. Jung uses the term *image* goes beyond the scope of visual image alone. Sound is capable of creating *felt* archetypal images that arise in both the conscious and unconscious. When it comes to the human voice, this is particularly potent. The voice can embody archetypal image in the context of vocal science, artistic expression, and the psyche, in ways that support resilience and liberatory practices.

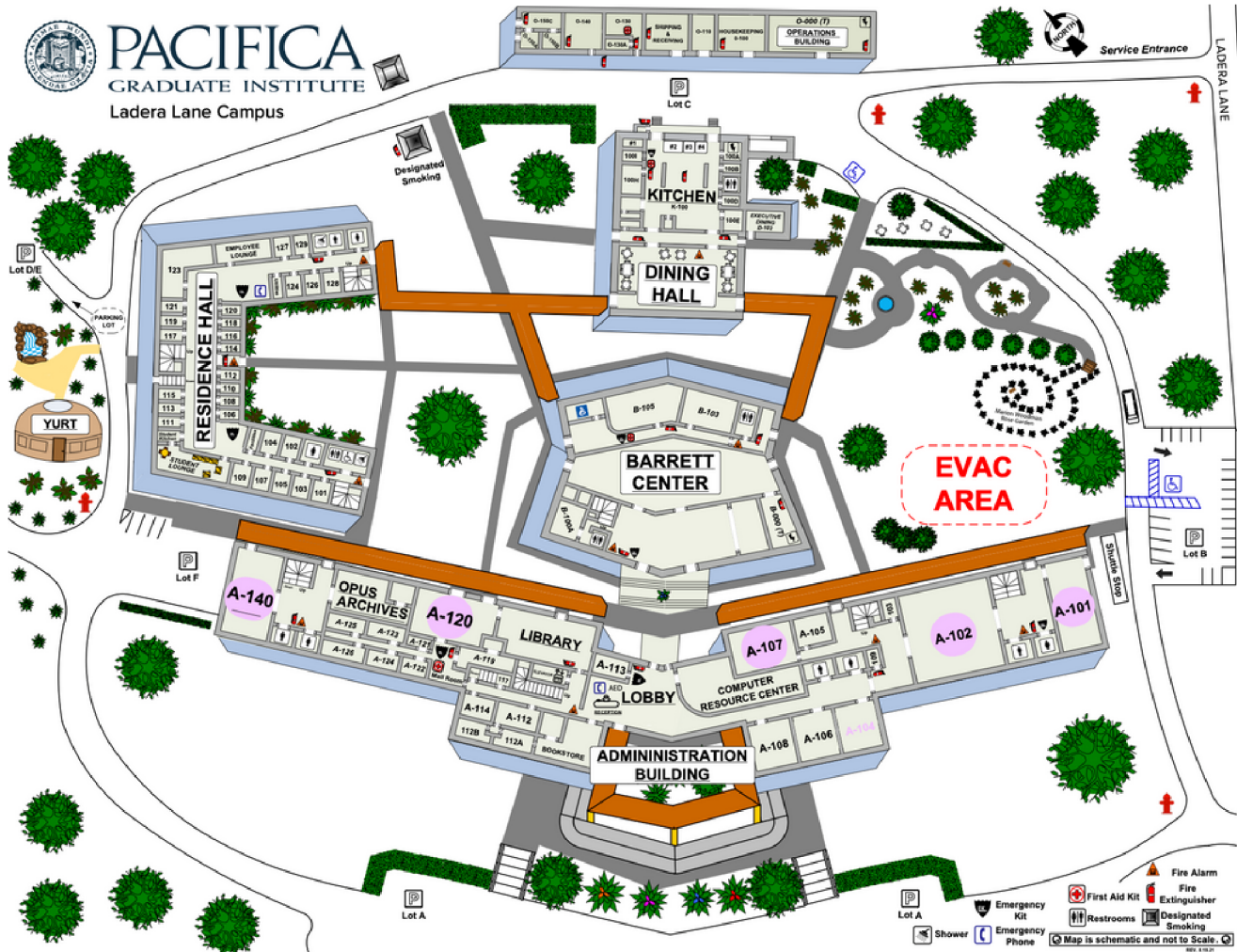
I propose that each element of the psyche has its own *inner voice* image. For example, the voice of the higher *Self* is the uplifting inner voice; the *ego*, the conscious parts of ourselves that are often self-protective, may be the critical, anxious, or neurotic inner voice; the *persona*, the conscious parts of ourselves we want to show the world, is our activism or personal messaging; and the *complex* may be the internalized voices of others. The voices of these complexes can either serve to oppress or to liberate the psyche individually and collectively.

Vocal expressions of archetypes, such as the trickster, siren, or mother, function in three ways: Sound Association, Perception, and Performance. In this experiential workshop I will first briefly share my theories on vocal archetypes through a liberatory lens. We will then explore these archetypes aurally and somatically, using the physical voice to liberate the creative unconscious and find healing and connection to our psyches and each other. When our voices are often silenced, liberating the physical voice can be a powerful and soulful experience that integrates and heals our vocal complexes.

# Campus Map



**PACIFICA**  
GRADUATE INSTITUTE  
Ladera Lane Campus

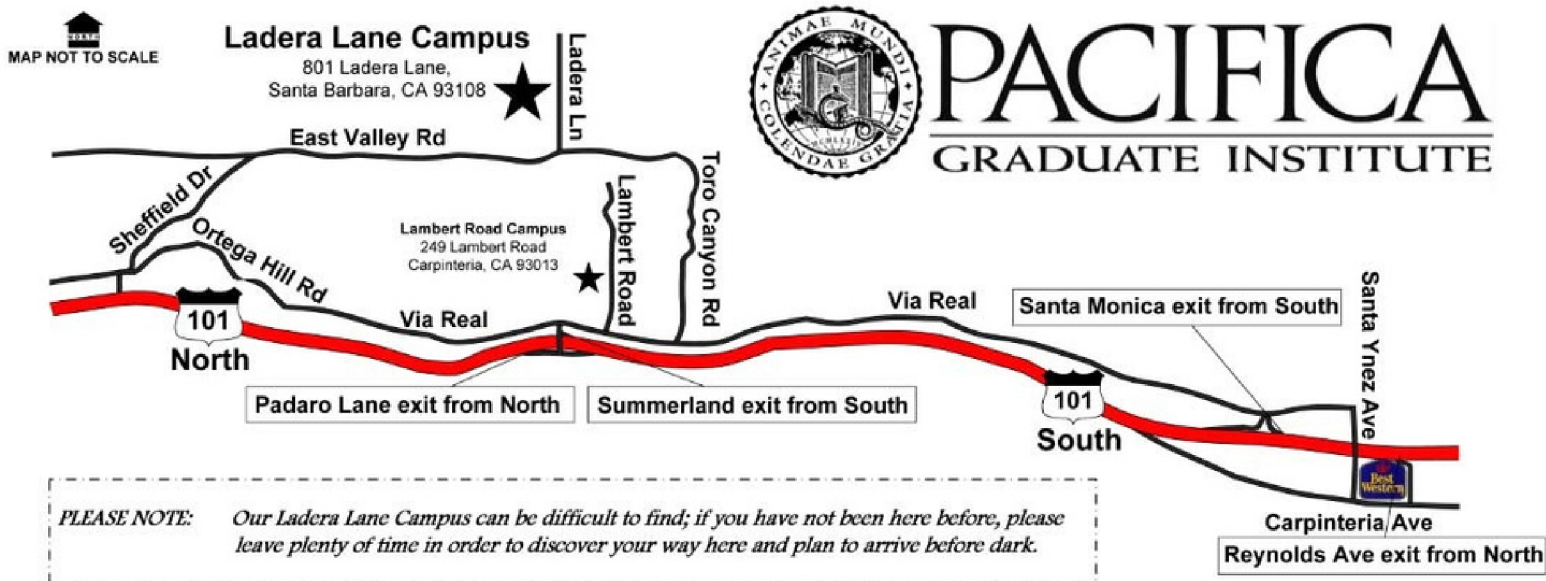


## SECOND FLOOR AND BASEMENT





# Directions to Campus



## Directions to Pacifica's Ladera Lane Campus 805.969.3626 ext. 301

### 101 North from Los Angeles:

- Northbound through Carpinteria.
- EXIT Summerland.
- RIGHT turn at the end of exit ramp.
- RIGHT turn on to Via Real, the frontage road (for 0.4 miles).  
Pass Lambert Road (Pacifica's Lambert Campus).
- 2<sup>nd</sup> LEFT turn onto Toro Canyon Road, follow Toro Canyon Road (for about 1.4 miles): Toro Canyon winds up the hill, pass the intersection of Foothill Road.
- Curves to the LEFT to become East Valley Road (for 0.4 mile).
- RIGHT turn on Ladera Lane (for 0.4 mile).
- LEFT turn into driveway, at sign for Pacifica Graduate Institute at **801 Ladera Lane**.

### 101 South from San Francisco:

- Southbound through Santa Barbara.
- EXIT Sheffield Drive—Note: Sheffield is a left hand exit.
- LEFT turn at the end of the exit ramp.
- RIGHT turn at the stop sign onto Jameson Road (for 0.1 mile).
- Curves immediately LEFT onto Sheffield Drive, continue on Sheffield Drive (for 1.3 miles) to stop sign at East Valley Road.
- RIGHT turn onto East Valley Road (for approximately 1 mile).
- LEFT turn onto Ladera Lane (for 0.4 mile).
- LEFT turn into driveway, at sign for Pacifica Graduate Institute at **801 Ladera Lane**.

# General Information

## **Accommodations:**

### **Pacifica's Ladera Lane Campus**

**801 Ladera Lane, Santa Barbara, CA 93108.**

*Housing accommodations can be reserved at the time of registration, or by contacting [retreat@pacifica.edu](mailto:retreat@pacifica.edu)*

*A 14% Santa Barbara County Occupancy Tax is additionally added to the lodging fee.*

Accommodations in the Residence Hall at Pacifica's Ladera Lane Campus consist of standard, single rooms. These rooms include a full or twin-sized bed, sink, mirror, desk, chair, small desk fan, and alarm clock, as well as shelves and hangers for clothing. All linens and towels are included. Our Residence Hall has shared men's and women's bathroom and shower facilities. All shower stalls include bath mat and soap. We recommend that guests bring all of their own toiletries. Our recently renovated Semi-Suite rooms, located on the second floor of the Main Building, include a queen-sized bed with a shared bath and shower per every two rooms.

The Residence Hall has a Guest Lounge on the First Floor, complete with couches and a large screen TV. There is also a small kitchenette with refrigerator, water dispenser, and microwave.

**\*\*Please note that if you are staying on campus, you can check-in any time after 3 PM on Friday, September 29th. If you arrive before 3 PM, there is a luggage storage room where you can keep your belongings until you can check into your room. We kindly ask that you check out of your room by 11 AM on Sunday, October 1.\*\***

## **FAQs**

### **Who can I contact with any questions?**

Please contact The Retreat at Pacifica Graduate Institute at [retreat@pacifica.edu](mailto:retreat@pacifica.edu).

### **What are my transportation and parking options?**

If you are not renting a car, transportation is available to Santa Barbara from LAX airport via the Santa Barbara Airbus. Amtrak stops in both Carpinteria and Santa Barbara. Taxi service is available from Santa Barbara Airport, and all public transportation depots. Open parking is available at our Ladera Lane Campus 7 days a week.

### **How does the check-in and check-out process work?**

Please check-in with reception at the Ladera Lane Front Lobby any time after 3 pm. You will be given a key to your room at that time. Check out time is 11 am. Please return your key to the front desk when checking out. Please do not leave the key in the room. We greatly appreciate your timeliness in the check-out process. This allows our housekeeping staff to turn the rooms around before our next program checks in.

### **Which meals are included in my stay?**

If you purchased the meal package, Saturday Breakfast, Saturday Lunch, Saturday Dinner, and Sunday Breakfast are included. A table will be set up at the entrance to the dining hall to collect meal tickets during each meal. Meal tickets can be picked up at the reception desk upon check in.

### **What types of meals do you offer? What if I have dietary concerns?**

Our catering company offers healthy, whole meals. They offer vegetarian as well as vegan options and include local and organic ingredients whenever possible. If you have medically restricted dietary concerns, please note it on your registration form or send an email to [retreat@pacifica.edu](mailto:retreat@pacifica.edu).

# Pacifica Extension

📅 Thursdays, September 21st - October 12th, 2023



Out of the Shadows: A Depth Psychoanalytic Approach for Working with Dementia

Offered Live via Zoom

4 Live Classes

Kyrié Carpenter

📅 Thursdays, October 19th, 26th, November 2nd, 9th 2023



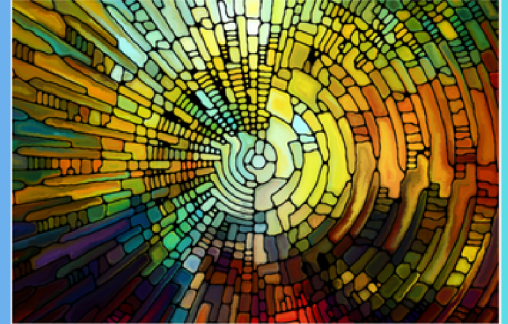
Growing Older: A Process of Deepening with Best Selling Author, Thomas Moore

Offered Live via Zoom

4 Live Classes

Thomas Moore

📅 October 4th, 11th, 18th, 25th, 2023



Singing Over Bones: Creative Responses to Grieving

Offered Live via Zoom

4 Live Classes

Kim Bateman

## Psychedelics and Individuation A Joint Conference with IAAP and PGI

📅 December 15th - 17th, 2023



Individuation and Psychedelics Conversations with Jungian Analysts

A Joint IAAP and Pacifica Graduate Institute Conference

Hosted onsite at our beautiful Ladera Lane campus

## **Visit the Pacifica Graduate Institute Bookstore!**

**The Pacifica Graduate Institute Bookstore  
will be open throughout the  
conference weekend.**

**The Bookstore is located in the lobby at  
the Ladera Lane campus next to the  
reception desk.**

**The bookstore will be featuring many Pacifica  
Graduate Institute faculty books including  
those by Journeys of the Soul Conference  
presenters.**